Mental Health Crisis Center Advisory Board

Meeting Minutes

07/12/2017

12:00pm

MEMBERS PRESENT: Tom Cardwell, Gail Anderson, Bill Avery, Scott Etherton, Arnold Remington, Terri Burchess, Tim Kennett, Phil Tegeler, Ruth Lavin

MEMBERS ABSENT: None OTHERS PRESENT: Debra Haeffner

Advance public notice of the Advisory Board Meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site on July 11, 2017.

The Chair noted the location of the Open Meetings Act and opened the meeting at 12:02 p.m.

I. Approval of minutes of the May 10, 2017 Advisory Board.

Motion: Gail moved for approval of the May 10, 2017 Advisory Board minutes. Roll call vote of Cardwell, Anderson, Avery, Remington, Burchess, Etherton, all ayes. Motion carried 6-0.

II. Mental Health Crisis Center Current Status

Tim Kennet and Phil Tegeler joined the meeting at 12:05pm.

- a. Building Warranty Items Meeting ~ Scheduled June 20th. Some items are still out there, i.e., lock issues and still waiting for window peeks to be completed/installed.
- b. The HVAC system ~ Working fairly consistently at the present.
- III. County Board Agenda Items

Budget Update: Budget hearing was May 11, after the regular session. This agency was not under the exact projection due to increased costs. These overages were points of discussion with the Board. It was noted that no additional appropriations were requested nor mid-year increases. Increased rent is direct result of a better building and more square footage. Ruth Lavin joined the meeting at 12:14pm.

- IV. Electronic Health Record Software
 - a. Credible Status: We are entering into the final stages of contract language negotiations and then it will move to the County Board for

approval. Funding to be reviewed. Projected start date will be based on the contract implementation and install dates.

V. Miscellaneous

- a. Financial Audit ~ This two-part audit will take place this week and the second part in September. This external review is done annually. Scott gave an overview of fiduciary versus performance audits.
- b. Year End Statistics ~ Review of the numbers. (Attachment)
- c. Mental Health Board Commitments ~ Information provided regarding the various levels of commitments during these civil proceedings. The group was given brief synopses of Outpatient vs Inpatient commitments and 90 Day Suspensions. Currently the Crisis Center is not able to get anyone moved to Mary Lanning Hospital in Hastings due to other hospital staffing issues. It is also difficult to get clients into Lincoln Regional Center.

Case Overview: In April 2017 a 62 year old female was brought from County Jail to the Crisis Center as she was decompensated and doing self-harm. She was stabilized and discharged from here back to jail. She returned here a second time and was unsuccessfully committed to Lincoln Regional Center. She was then discharged from the Crisis Center back to the jail and subsequently discharged from there to community. The subject then committed a crime within few days of her discharge. She was again (3rd time) lodged at the jail, and then a Judge ordered subject go to LRC to restore competency but, in the meantime, she had again decompensated while at the jail and was returned to the Crisis Center. The irony of this case is MHCC tried to get her committed to inpatient treatment for mental health reasons but now she has been court ordered treatment due to a crime and will probably remain at LRC for extended period of time.

- d. Medicaid Issues ~ Heritage Health newspaper article referenced.

 Medicaid has not been paying like they should and this is also a concern for budget issues.
- e. Staffing ~ Two full time employees were hired to fill technician openings. The psychologist will be out for five weeks coming August 7th. Contracted coverage with the Board will be done soon.

Motion made to adjourn at 1:04pm by Anderson and second by Burchess. With a roll call vote, the meeting adjourned at 1:05pm.

DATE OF NEXT MEETING: August 9, 2017 at noon LOCATION: 825 J Street

July 17, 2017

Region V Systems 1645 "N" Street, Suite A Lincoln, NE 68508

RE: Annual Report FY 16-17

The Crisis Center received 656 admissions during Fiscal Year 2016-2017, which reflects data from 557 different persons. A total of 3985 patient days were logged during this time period with an average length of stay of 6.1 days.

The percentage, this year, of persons dually diagnosed with substance abuse and mental illness was 49%, those with only a diagnosis of mental illness was 44%, while those with only a substance abuse diagnosis was 7%.

Two hundred & four individuals (31%) attended a Montal Health Board Hearing. Seventy Five admissions resulted in commitment to an inpatient setting (11.4%) and stayed at the CC an average of 18.7 days. Those

persons were placed as follows:

| Placement | LRC | Mary Lanning | Lasting Hope | Richard Young | VA | Faith Regional | NRC | Change to Out Patient & discharged | Not Yet Placed |
|---------------|-----|--------------|-----------------|------------------|----|-------------------|-----|------------------------------------|----------------------|
| | 12 | 43 | 4 | 1 | 3 | 1 | 1 | 8 | 2 |

One hundred & six individuals were placed on an outpatient commitment (16.2%) and stayed an average of 9.6 days. Nineteen were placed on a 90 day suspension 3%). Four hundred fifty two (69%) were released to community services with referral but no hold, and stayed on average 3.1 days. There were four board discharges and two individuals were pending discharge.

The Crisis Center accumulated 595 post commitment bed days this fiscal year.

Please feel free to contact me with any questions.

Sincerely,

Scott Etherton,

Mental Health Crisis Center

LANCASTER COUNTY CRISIS CENTER DATA SUMMARY

07/01/16 - 06/30/17

Emergency Protective Custody & Mental Health Board Warrant

| Number of Admissions | 656 |
|-----------------------------|-----|
| Number of Different Persons | 557 |
| Sex | |
| Female | 228 |
| Male | 329 |
| Race | |
| Caucasian | 473 |
| Black | 57 |
| Native American | 18 |
| HIspanic | 0 |
| Asian | 6 |
| Other | 3 |
| Age | |
| 0-12 | 0 |
| 13-18 | 17 |
| 19-29 | 250 |
| 30-39 | 166 |
| 40-49 | 105 |
| 50-64 | 100 |
| 65-74 | 14 |
| 75 and over | 4 |
| Reason for EPC/MHB hold | |
| Danger to self | 556 |
| Danger to others | 31 |
| Danger to self & others | 69 |
| | |
| | , |
| | |
| County of Admission | |
| Butler | 7 |
| Fillmore | 6 |
| Gage | 43 |
| Jefferson | 10 |
| | |

LANCASTER COUNTY CRISIS CENTER DATA SUMMARY

07/01/16 - 06/30/17

Emergency Protective Custody & Mental Health Board Warrant

| | <u> </u> |
|------------------------------|----------|
| Johnson | 1 |
| | 12 |
| Lancaster | 491 |
| Nemaha | 3 |
| Otoe | 23 |
| Pawnee | 2 |
| Polk | 1 |
| Richardson | 2 |
| Saline | 17 |
| Saunders | 9 |
| Seward | 10 |
| Thayer | 1 |
| York | 16 |
| Employment Status | |
| Employed | 171 |
| Unemployed | 386 |
| | |
| Emergency Protective Custody | 598 |
| Mental Health Board Warrant | 58 |
| Diagnostic Categories | |
| Mental Iliness | 287 |
| Chemical Dependency | 44 |
| Dually diagnosed (MICA) | 324 |
| | |
| Length of stay | |
| 1 day | 66 |
| 2 days | 157 |
| 3 days | 123 |
| 4 days | 73 |
| 5 days | 28 |
| 6 days | 34 |
| 7 days | 33 |
| 8 or more days | 142 |
| Average LOS (days) | 6 |
| | |

LANCASTER COUNTY CRISIS CENTER DATA SUMMARY

07/01/16 - 06/30/17 Emergency Protective Custody & Mental Health Board Warrant

| No. of client days | 3985 |
|--|------|
| | |
| Release Mechanism | |
| Committed Inpatient | 75 |
| Committed Outpatient | 106 |
| Board Discharged | 4 |
| Discharged with no hold | 452 |
| 00 day suspension | 19 |
| Fransferred prior to legal disposition | O |
| | |
| Destination at Discharge | |
| Residential Alcohol & Drug Treatment | 18 |
| npatient Psych Treatment | 74 |
| Community Services | 531 |
| Other (Jail or Medical) | 31 |
| Discharge Pending | 2 |
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