

**MINUTES**  
**LANCASTER COUNTY BOARD OF COMMISSIONERS**  
**COUNTY-CITY BUILDING, ROOM 112**  
**TUESDAY, MAY 31, 2016**  
**9:00 A.M.**

*Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on May 27, 2016.*

Commissioners present: Roma Amundson, Chair; Todd Wiltgen, Vice-Chair; Bill Avery, Larry Hudkins and Deb Schorr

Others present: Kerry Eagan, Chief Administrative Officer; Gwen Thorpe, Deputy Chief Administrative Officer; David Derbin, Deputy County Attorney; Dan Nolte, County Clerk; Cori Beattie, Deputy County Clerk; and Kelly Lundgren, County Clerk's Office

*The Chair called the meeting to order at 9:00 a.m., the pledge of allegiance was recited and the location of the Nebraska Open Meetings Act was announced.*

**1) MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, May 24, 2016.**

**MOTION:** Schorr moved and Hudkins seconded approval of the minutes. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

**2) CLAIMS: Approval of all claims process through May 31, 2016.**

**MOTION:** Hudkins moved and Schorr seconded approval of the claims. Hudkins, Schorr, Wiltgen, Avery and Amundson voted aye. Motion carried 5-0.

**EMERGENCY ITEM:**

**MOTION:** Wiltgen moved and Hudkins seconded to amend the agenda to add an emergency item regarding the status of Bridge J-126. Avery, Schorr, Hudkins, Wiltgen and Amundson voted aye. Motion carried 5-0.

**3) SPECIAL PRESENTATION:**

**A. Region V Annual Report – Dave Merrill, Region V Services and C. J. Johnson, Region V Systems.**

C.J. Johnson, Regional Administrator, Region V Systems, presented the Lancaster County Annual Report. (Exhibit A) Johnson said Region V Systems is responsible for providing mental health services to individuals who are under insured or uninsured. He stated they provide emergency service throughout Southeast Nebraska. Johnson added rental assistance is also provided which allows those individuals to establish a positive rental history.

Johnson provided an overview of the emergency protective custody hold procedure, the Professional Partner Program and funding contributions.

Johnson said state statutes requires counties to match state general fund money. Due to changes in state funding there has been a substantial increase to county contributions. Johnson said a portion of the funds are being used to enhance the emergency system. He said Mary Lanning Hospital in Hastings, Nebraska is now being utilized for inpatient admissions which has resulted in a drastic reduction in the average number of inpatient stay days compared to the Lincoln Regional Center.

Wiltgen inquired if there are any plans with community providers for emergency services. Johnson said Region V Systems continues to look at other options such as Omaha and Fremont. He noted that the Division of Behavioral Health has had conversations with Bryan Health.

In response to Wiltgen's question regarding how the County match is determined, Johnson said the state legislature requires counties to match state general funding based on a 1 to 3 match.

Schorr asked what other programs beside the crisis component will be impacted by the additional funds. Johnson stated medication management and halfway house rates have increased. He said funds will be shifted to those areas so as to not lose any service capacity.

Hudkins commented on the youth survey section of the report and noted the increase in marijuana usage in 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students. Johnson said with many states legalizing marijuana, the attitude towards it has dramatically changed.

Dave Merrill, Executive Director Region V Services (RVS), presented the Board with the RVS 2015 Annual Report. (Exhibit B) Merrill explained that RVS provides direct support for those that experience developmental disabilities.

Merrill said the number of individuals with developmental disabilities employed is at an all-time high. He stated the success of a new program in Bellevue has prompted discussion on adding one in Northwest Omaha. This year Beatrice will break off into their own program and a new training center in Lincoln will open around Christmas.

Merrill said funding is based on the number of people supported and the services provided. He stated the majority of the funding is federal and there is no required statutory match for developmental disabilities. Merrill noted that Lancaster County is the only county in the state that does not provide funding for developmental disabilities.

Wiltgen asked Merrill to provide an explanation on offering services in Region VI. Merrill said that the regions are not bound by the same geography that makes up the 16 counties. He stated Region V has been asked to come to different communities within Region VI. Merrill said it spreads the fixed cost over more people and benefits Lancaster County.

4) **OLD BUSINESS:**

- A. **Amended recommendation from the Purchasing Agent and County Engineer to award and execute a purchase order for two (2) 1-ton, full size 4-wheel drive crew cab truck pickups with two (2) utility bodies to Husker Auto Group, LLC (previous award recommendation was to Gene Steffy Chrysler Jeep Dodge and LCL Truck Equipment, Inc). The amount of the order is \$81,199.54. (B-16-118)**

Sharon Mulder, Assistant Purchasing Agent, said after last week's meeting the vendor was contacted to verify the bid. She stated Gene Steffy Chrysler Jeep Dodge had a contingency if the order was placed after May 20, 2016 there would be a 3% increase making the price greater than the original award recommendation. Following a recalculation, it was determined that Husker Auto provided the lowest bid.

Pam Dingman, County Engineer, noted the increased cost was due to holding the item for one week. Hudkins said the deadline of May 20<sup>th</sup> was prior to last week's meeting date of May 24<sup>th</sup> making the original bid null and void anyway. Avery stated that the Board was not provided with that information at the May 24<sup>th</sup> meeting.

**MOTION:** Hudkins moved and Wiltgen seconded approval of the recommendation. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.

**EMERGENCY ITEM:**

Dingman said Bridge J-126 located on 112<sup>th</sup> Street, a quarter mile south of Holdrege Street, is a scour critical bridge. She noted a rather high car count of 306 cars per day. Dingman stated that due to recent rains and flooding there has been bank erosion and channel change. She said because of its instability and for public safety she recommends closing the bridge. Dingman said the cost-benefit ratio will determine if this will be a temporary or permanent closure.

**MOTION:** Hudkins moved and Wiltgen seconded to close Bridge J-126. Hudkins, Wiltgen, Schorr, Avery and Amundson voted aye. Motion carried 5-0.

5) **NEW BUSINESS:**

- A. **Special designated license application for Seward Grocery, LLC d/b/a Pac N' Save for an event to be held on June 24, 2016 at Prairie Creek Inn, 2400 South 148<sup>th</sup> Street, Walton, Nebraska.**

Tim Folkerts, representing Pac N' Save, said the application is for a reception to be held at Prairie Creek Inn. He stated Pac N' Save has served at two events at this facility in the past two weeks and have had no issues. **NOTE:** Pac N' Save submitted an amended map to include an outdoor tent area prior to the meeting.

**MOTION:** Hudkins moved and Schorr seconded approval of the special designated license. Wiltgen, Schorr, Hudkins, Avery and Amundson voted aye. Motion carried 5-0.

**B. Appointment of Brad Johnson as the Lancaster County Corrections Interim Director at an annual salary of \$94,000, effective May 31, 2016.**

Brad Johnson, Lancaster County Corrections, expressed his appreciation to the Board for the opportunity. He said he has been an employee of County Corrections since 1992 and has served in many different capacities during his time with the County.

**MOTION:** Schorr moved and Hudkins seconded approval of the appointment. Schorr, Hudkins, Avery, Wiltgen and Amundson voted aye. Motion carried 5-0.

**C. Reappointment of William "Bill" Bowman to the Lancaster County Veterans Service Committee for a five-year term commencing July 1, 2016 and ending June 30, 2021.**

Rick Ringlein, County Veterans Service Officer, said the Vietnam Veterans of America recommended that Bowman be reappointed to the committee.

Amundson, on behalf a grateful nation and the County Board, extended appreciation to Mr. Bowman for his service.

**MOTION:** Schorr moved and Avery seconded approval of the reappointment. Hudkins, Avery, Wiltgen, Schorr and Amundson voted aye. Motion carried 5-0.

**D. Resolution in the matter of extending the deadline for hearing protests regarding real property in Lancaster County from July 25, 2016 to August 10, 2016. (R-16-0028)**

Tom Kubert, Great Plains Appraisal, said the purpose to extend the deadline is to provide more time for hearing and reviewing real property protests.

**MOTION:** Hudkins moved and Wiltgen seconded approval of the resolution. Avery, Wiltgen, Schorr, Hudkins and Amundson voted aye. Motion carried 5-0.

**E. Adoption of 2016 Lancaster County Board of Equalization Policies and Procedures for property valuation protests.**

Kubert stated the policies and procedures are similar to those used in the past. He noted there have been slight modifications to clarify specific statutes.

**MOTION:** Hudkins moved and Schorr seconded approval of the policies and procedures. Wiltgen, Hudkins, Avery, Schorr and Amundson voted aye. Motion carried 5-0.

**F. Resolution in the matter of authorizing use of the County Visitors Improvement Fund for visitor promotion covering the period of January 2016 through April 2016 in the amount of \$180,000. (R-16-0030)**

**MOTION:** Schorr moved and Wiltgen seconded approval of the resolution. Avery, Schorr, Hudkins, Wiltgen and Amundson voted aye. Motion carried 5-0.

- G. Contract between FDI Consulting, Inc., and Lancaster County, on behalf of the Southeast Region, for the Southeast Region Emergency Management - Debris Management Plan (Bid No. 16-091). Cost of the contract is \$28,000. (C-16-0235)**

**MOTION:** Avery moved and Schorr seconded approval of the contract. Hudkins, Wiltgen, Schorr, Avery and Amundson voted aye. Motion carried 5-0.

- H. Contract between Trevor and Torri Lienemann and Lancaster County for the temporary improvement of Pella Road, a minimum maintenance road, in conjunction with the Cattlemen's Ball on June 4, 2016. (C-16-0252)**

**MOTION:** Schorr moved and Hudkins seconded approval of the contract. Schorr, Avery, Wiltgen, Hudkins and Amundson voted aye. Motion carried 5-0.

- I. Acceptance of proposal from Fesiburg Holt and Ullevig (FHU) by the County Engineer to prepare wetland reports and permitting materials in support of seven County erosion control projects. Cost to the County is \$19,600. (C-16-0253)**

Dingman noted seven locations whereby an Army Corps of Engineers permit for erosion control around bridges is needed. She said the County Engineer's Office does not have a certified wetlands or waterway expert, thus, the County needs to contract for this service.

**MOTION:** Wiltgen moved and Avery seconded approval of the proposal. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

- J. Utility Permit No. 1424 allowing Windstream Communications to install new fiber optics in the area of Firth Road (Village of Firth – South 120<sup>th</sup> Street ) and South 96<sup>th</sup> Street (Firth Road – Gage Road). There is no cost to the County. (C-16-0254)**

Jim Shotkoski, County Engineer's Office, provided an overview of the areas included in the utility permits. (Items 5J – 5M)

**MOTION:** Schorr moved and Avery seconded approval of the utility permit. Hudkins, Schorr, Wiltgen, Avery and Amundson voted aye. Motion carried 5-0.

- K. Utility Permit No. 1425 allowing Windstream Communications to install new fiber optics in the area of North 40<sup>th</sup> Street (Davey Road – Mill Road) and Raymond Road (North 40<sup>th</sup> Street – North 27<sup>th</sup> Street). There is no cost to the County. (C-16-0255)**

**MOTION:** Hudkins moved approval of the utility permit. Schorr, Wiltgen, Avery, Hudkins and Amundson voted aye.

**NOTE:** Following a review of the audio recording, it was determined that there was not a second to the motion. Therefore, the item will be rescheduled on the June 7, 2016 Board of Commissioners agenda.

- L. Utility Permit No. 1426 allowing Windstream Communications to install new fiber optics in the area of Davey Road (North 14<sup>th</sup> Street – North 1<sup>st</sup> Street), Branched Oak (North 14<sup>th</sup> Street – North 1<sup>st</sup> Street) and North 14<sup>th</sup> Street (Rock Creek Road – Branched Oak Road). There is no cost to the County. (C-16-0256)**

**MOTION:** Wiltgen moved and Avery seconded approval of the utility permit. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.

- M. Utility Permit No. 1427 allowing Windstream Communications to install new fiber optics in the area of A Street (Southwest 84<sup>th</sup> Street – Southwest 112<sup>th</sup> Street). There is no cost to the County. (C-16-0257)**

**MOTION:** Schorr moved and Hudkins seconded approval of the utility permit. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

- N. Agreement with the Department of the Treasury - Internal Revenue Service to assess and collect additional tax in the amount of \$11,418.32. (C-16-0258)**

**MOTION:** Schorr moved and Avery seconded approval of the agreement. Hudkins, Schorr, Avery and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- O. Contract between Cleveland J. Furby, M.A., L.A.D.C., P.L.M.H.P and Lancaster County, on behalf of the Lancaster County Mental Health Crisis Center, for certified alcohol and drug abuse counselor services. The services will be provided at the rate of \$29 per hour for up to 20 hours per week. Term of the contract is June 1, 2016 through June 30, 2017. (C-16-0259)**

Scott Etherton, Crisis Center Director, said the contracted mental health provider performs evaluations.

**MOTION:** Avery moved and Schorr seconded approval of the contract. Schorr, Wiltgen, Avery, Hudkins and Amundson voted aye. Motion carried 5-0.

- P. Contract between Midwest Medical Transport Company and Lancaster County to provide medical transportation services for the Lancaster County Mental Health Crisis Center. Term of the contract is four (4) years from the date of execution. Cost to the County is not to exceed \$8,000. (C-16-0249)**

Etherton told the Board the contract will provide transportation from the Crisis Center to the hospital.

Avery inquired if the amount was per year or the entire term of the contract. Dave Derbin, Deputy County Attorney, stated \$8,000 is for the term of the contract.

**MOTION:** Avery moved and Wiltgen seconded approval of the contract. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.

- Q. Amendment to County Contract C-14-0247 with New Heights Tree Service for tree trimming and removal services (Bid No. 14-009). The amendment renews the contract from May 20, 2016 through May 19, 2017. The estimated cost to the County is not to exceed \$10,000. (C-16-0251)**

**MOTION:** Wiltgen moved and Schorr seconded approval of the amendment. Wiltgen, Schorr, Hudkins, Avery and Amundson voted aye. Motion carried 5-0.

- R. Amendment to County Contract C-15-0520 with Vigilnet America, LLC for electronic monitoring equipment and services (Johnson County, Kansas RFP 2014-118). The amendment renews the contract from April 1, 2016 through March 31, 2017. The estimated cost to the County is not to exceed \$8,000. (C-16-0250)**

**MOTION:** Schorr moved and Hudkins seconded approval of the amendment. Schorr, Hudkins, Avery, Wiltgen and Amundson voted aye. Motion carried 5-0.

- S. Amend Jennifer Hiatt's term to the Lancaster County Board of Zoning Appeals to a five-year term ending April 30, 2021.**

**MOTION:** Hudkins moved and Wiltgen seconded approval of the amended term. Hudkins, Avery, Wiltgen, Schorr and Amundson voted aye. Motion carried 5-0.

**6) CONSENT ITEMS:** These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:

**A. Right-of-way contracts between Lancaster County and the following:**

- 1. Gary and Kathy Shunkwiler, Southwest 72<sup>nd</sup> and West Hallam Road, in the amount of \$145. (C-16-0260)**
- 2. Retzlaff Residuary Trust, South 134<sup>th</sup> Street and Van Dorn, in the amount of \$1,513. (C-16-0261)**
- 3. Phyllis Johnson, Northwest 126<sup>th</sup> Street and West Mill Road, in the amount of \$1,141.60. (C-16-0262)**
- 4. Bryce and Barbara Bentzinger, South 25<sup>th</sup> Street and Pella Road, in the amount of \$1,951.60. (C-16-0263)**

**B. Setting of a public hearing on Tuesday, June 14, 2016 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10<sup>th</sup> Street, Lincoln) regarding a Class C liquor license application from Bluestem Tree Farm, 5895 West Sprague Road, Crete, Nebraska.**

**MOTION:** Avery moved and Hudkins seconded approval of the consent items. Avery, Wiltgen, Schorr, Hudkins and Amundson voted aye. Motion carried 5-0.

- 7) **PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

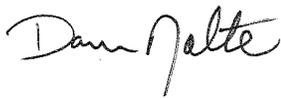
No one appeared for public comment.

8) **ANNOUNCEMENTS:**

- A. The Lancaster County Board of Commissioners will hold departmental budget meetings Tuesday, May 31, 2016 at 1:30 p.m., in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10<sup>th</sup> Street, Lincoln).
- B. The Lancaster County Board of Commissioners will not hold a staff meeting on Thursday, June 2, 2016 due to their attendance at a Nebraska Association of County Officials (NACO) workshop in Kearney.
- C. The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, June 7, 2016 at 9:00 a.m., in Room 112 of the County-City Building (555 S. 10<sup>th</sup> Street, Lincoln) with the Board of Equalization immediately following.
- D. The County Commissioners can be reached at 402-441-7447 or [commish@lancaster.ne.gov](mailto:commish@lancaster.ne.gov).
- E. The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesdays (1:30 p.m. and 7:00 p.m.), Wednesdays (12:00 a.m.-midnight) and Saturdays (3:30 p.m.) on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on the internet at [lancaster.ne.gov](http://lancaster.ne.gov) under 5 City-TV, Video on Demand or 5 City-TV on YouTube.

9) **ADJOURNMENT**

**MOTION:** Schorr moved and Wiltgen seconded to adjourn the Lancaster County Board of Commissioners meeting at 10:12 a.m. Wiltgen, Hudkins, Avery, Schorr and Amundson voted aye. Motion carried 5-0.



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Dan Nolte, County Clerk



**MINUTES**  
**LANCASTER COUNTY BOARD OF EQUALIZATION**  
**COUNTY-CITY BUILDING, ROOM 112**  
**TUESDAY, MAY 31, 2016**  
**IMMEDIATELY FOLLOWING THE LANCASTER COUNTY**  
**BOARD OF COMMISSIONERS MEETING**

*Advance public notice of the Board of Equalization meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on May 27, 2016.*

Commissioners present: Roma Amundson, Chair; Todd Wiltgen Vice-Chair; Bill Avery, Larry Hudkins and Deb Schorr

Others present: Scott Gaines, County Assessor/Register of Deeds Office; Kerry Eagan, Chief Administrative Officer; Gwen Thorpe, Deputy Chief Administrative Officer; David Derbin, Deputy County Attorney; Dan Nolte, County Clerk; and Kelly Lundgren, County Clerk's Office

*The Chair called the meeting to order at 10:12 a.m., and the location of the Nebraska Open Meetings Act was announced.*

**1) MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, May 24, 2016.**

**MOTION:** Wiltgen moved and Hudkins seconded approval of the minutes. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

**2) ADDITIONS AND DEDUCTIONS TO THE TAX ASSESSMENT ROLLS: (See attached additions and deductions.)**

**MOTION:** Schorr moved and Hudkins seconded approval of the additions and deductions. Hudkins, Schorr, Wiltgen, Avery and Amundson voted aye. Motion carried 5-0.

**3) PUBLIC HEARING:**

**A. Motor Vehicle Tax Exemption Applications**

**Tabitha, Inc.**

The Chair opened the public hearing.

No one appeared to testify in support, opposition or in a neutral position.

The Chair closed the public hearing.

**MOTION:** Wiltgen moved and Schorr seconded approval of the motor vehicle applications. Schorr, Wiltgen, Avery, Hudkins and Amundson voted aye. Motion carried 5-0.

4) **PUBLIC COMMENT**: Those wishing to speak on items relating to County Board of Equalization business not on the agenda may do so at this time.

No one appeared for public comment.

5) **ADJOURNMENT**

**MOTION:** Schorr moved and Wiltgen seconded to adjourn the Lancaster County Board of Equalization meeting at 10:14 a.m. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.



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Dan Nolte, County Clerk



EXHIBIT  
tabbles  
Exhibit A



REGION V SYSTEMS

FY 14-15

# Lancaster County Annual Report

**PROMOTING COMPREHENSIVE PARTNERSHIPS IN BEHAVIORAL HEALTH**

## Our Mission

*The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.*

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[www.region5systems.net](http://www.region5systems.net)  
[www.facebook.com/region5systems](http://www.facebook.com/region5systems)

Dear Colleagues,

We would like to sincerely thank the Regional Governing Board members, Behavioral Health Advisory Committee members, Network Providers, Department of Health and Human Services representatives, Legislative representatives, individuals we serve, and our many other stakeholders who help us carry out our strategic intent, “*promoting comprehensive partnerships in behavioral health.*” Fiscal year 14-15 saw a number of initiatives begin to build foundations that will support the newly emerging behavioral health landscape in Nebraska. Increased awareness that vulnerable populations exist in all of our public systems of care have promoted increased communication and collaborations across long-standing silos.

Here are a few highlights from FY 14-15:

**\$2.5 Million Reallocation** - The Regions worked with state legislators to see a reinstatement of \$2.5 million from the previous reduction of \$5 million in FY 13-14. This funding became available after August 1, 2015, and allowed for the maintenance of services from FY 13-14.

**Electronic Behavioral Health Information Network (eBHIN)** - With the Division of Behavioral Health (DBH) embarking on the development of a new electronic data system, Region V Systems has worked closely with DBH representatives, Network Providers, and other vendors to maximize inter-connectibility, functionality, and data reporting throughout the system.

**Behavioral Health Integration** - With People’s Health Center (a Federally Qualified Health Center) establishing a “Quick Care” facility, processes for providing primary care to residential treatment was altered to provide more efficient care with the end goal of establishing medical homes. Lutheran Family Services and People’s Health Center entered into a partnership to establish Health 360, an integrated model of health care.

**www.NebraskaBehavioralHealthJobs.com** - Through a collaboration with the Behavioral Health Education Center of Nebraska (BHECN), Region V Systems took the lead on establishing [www.NebraskaBehavioralHealthJobs.com](http://www.NebraskaBehavioralHealthJobs.com), a website that promotes awareness of the behavioral health workforce and allows entities involved in behavioral health to post unlimited job openings for free. In addition, potential job seekers can post their resumes at no expense for an unlimited amount of time.

**Co-Occurring and Trauma-Informed Care Network** - Through continued collaboration with Network Providers, the Division of Behavioral Health, and Region V Systems, these initiatives continue to strengthen and impact the services within the system of care. Both statewide and local trainings were held to promote an understanding of supporting individuals with complex needs.

**System of Care Continuous Quality Improvement** - Region V Systems worked with the UNL Public Policy Center to establish a white paper that outlines the resources necessary to support system-wide continuous quality improvement efforts. In addition, Region V Systems participates on a Statewide Quality Improvement Team and facilitates a Regional Quality Improvement Team that focuses on specific quality outcome measures.

**LB 853** - Extensive work occurred with the Division of Children and Family Services and other stakeholders to develop and pass LB 853, an Alternative Response System piloted in five Nebraska counties, including Lancaster County. Alternative Response

## CONTENTS

STRUCTURE & GOVERNANCE .....	3
FUNDING & EXPENDITURES .....	5
NETWORK ADMINISTRATION .....	6
NETWORK INITIATIVES .....	8
SERVICE ENHANCEMENTS .....	13
NETWORK MANAGEMENT .....	13
SYSTEM COORDINATION .....	15
LEVELS OF CARE .....	21
CHILDREN & FAMILY SERVICES .....	24
COMMUNITY BENEFIT NETWORK .....	27
DIRECTORY .....	28
LANCASTER COUNTY CONSUMER DEMOGRAPHICS .....	30
FY 16-17 COUNTY CONTRIBUTIONS .....	33



This logo represents Region V Systems’ commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of the behavioral health system and its consumers.



Region V Systems accredits its FYI and Prevention programs through the Commission on Accreditation of Rehabilitation Facilities.

is a “front-end” system of assessment in child welfare cases that provides an individualized approach based upon the varying levels of severity and risk. If properly implemented, Alternative Response can help stabilize families and reduce the number of children taken into state custody.

**LB 561** - Region V Systems worked with juvenile justice system partners as LB 561 was being implemented. LB 561 calls for the Office of Juvenile Services to be dissolved, all youth rehabilitation and treatment centers to be permanently closed by January 1, 2016, and the creation of a new Office of Juvenile Assistance to address the treatment and rehabilitation of juveniles in the juvenile justice system.

**LB 901** - The Mental Health First Aid Training Act was passed in 2013, giving all Regional Behavioral Health Authorities funds to develop a Mental Health First Aid (MHFA) training program. This program provides the public with the skills to help a person who is developing or experiencing a mental health or substance abuse crisis and to de-escalate a crisis situation if needed. Ten individuals trained as trainers in MHFA and began training in the community during FY 14-15.

**The Office of Probation Administration** - The Regions have worked closely with Probation Administration to determine how to best address the behavioral health needs for both adults and youth who are involved in the probation system. This work has greatly improved the understanding of how each system works and how each can support vulnerable individuals.

Furthermore, pilot programs in Region V and Region 6 are being considered to support youth to:

- establish comprehensive mental health, substance use, and co-occurring evaluations as needed by juvenile courts;
- provide wraparound services for justice-involved youth.

Thanks again to all our system partners who make our work possible. With our changing landscape we continue to expand and look for new partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.



Dennis Byars  
Regional Governing Board Chair

C.J. Johnson  
Regional Administrator

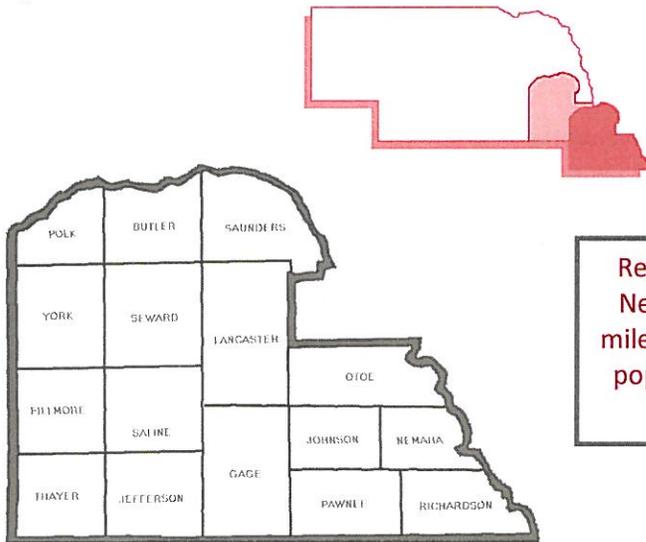
# STRUCTURE & GOVERNANCE

As one of Nebraska's six behavioral health regions, Region V Systems was originally created by state statute in 1974 as a quasi-governmental entity with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the Legislature added responsibility to each of the six regions for the development and coordination of substance abuse services.

In 2004, **LB 1083 (the Behavioral Health Services Act)** was passed, repealing the original statutes but re-establishing and renaming the regions as **"Behavioral Health Authorities."** These Behavioral Health Authorities make up **Nebraska's public behavioral health system**, providing administration, integration, coordination, and monitoring the performance of behavioral health services. The regional structure strengthens partnerships and collaborations among public and private systems as well as with individuals, families, agencies, and communities which are important components in systems of care.

Region V Systems' major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at [www.region5systems.net](http://www.region5systems.net).

## Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2010*, Region V has a population of 444,920, constituting approximately 24 percent of the state's population.

## Regional Governing Board (RGB)

Per Nebraska state statute, the state is divided into six behavioral health regions. Each region is governed by a Regional Governing Board, which is comprised of an appointed county commissioner from each of the counties it serves. Current membership:

- Butler County..... Greg Janak
- Fillmore County ..... Susan Johnson
- Gage County ..... Dennis Byars (Chair)\*
- Jefferson County..... Gale A. Pohlmann
- Johnson County ..... Les Agena
- Lancaster County ..... Todd Wiltgen (Secretary)\*
- Nemaha County ..... Marvin Bohling
- Otoe County..... Steve Lade
- Pawnee County..... Jan Lang

- Polk County ..... LeRoy Gerrard
- Richardson County ..... Jim Davidson
- Saline County ..... Janet Henning
- Saunders County ..... Doris Karloff (Treasurer)\*
- Seward County..... Roger Glawatz
- Thayer County..... Dean Krueger (Vice Chair)\*
- York County..... Bill Bamesberger

\* Executive Committee members

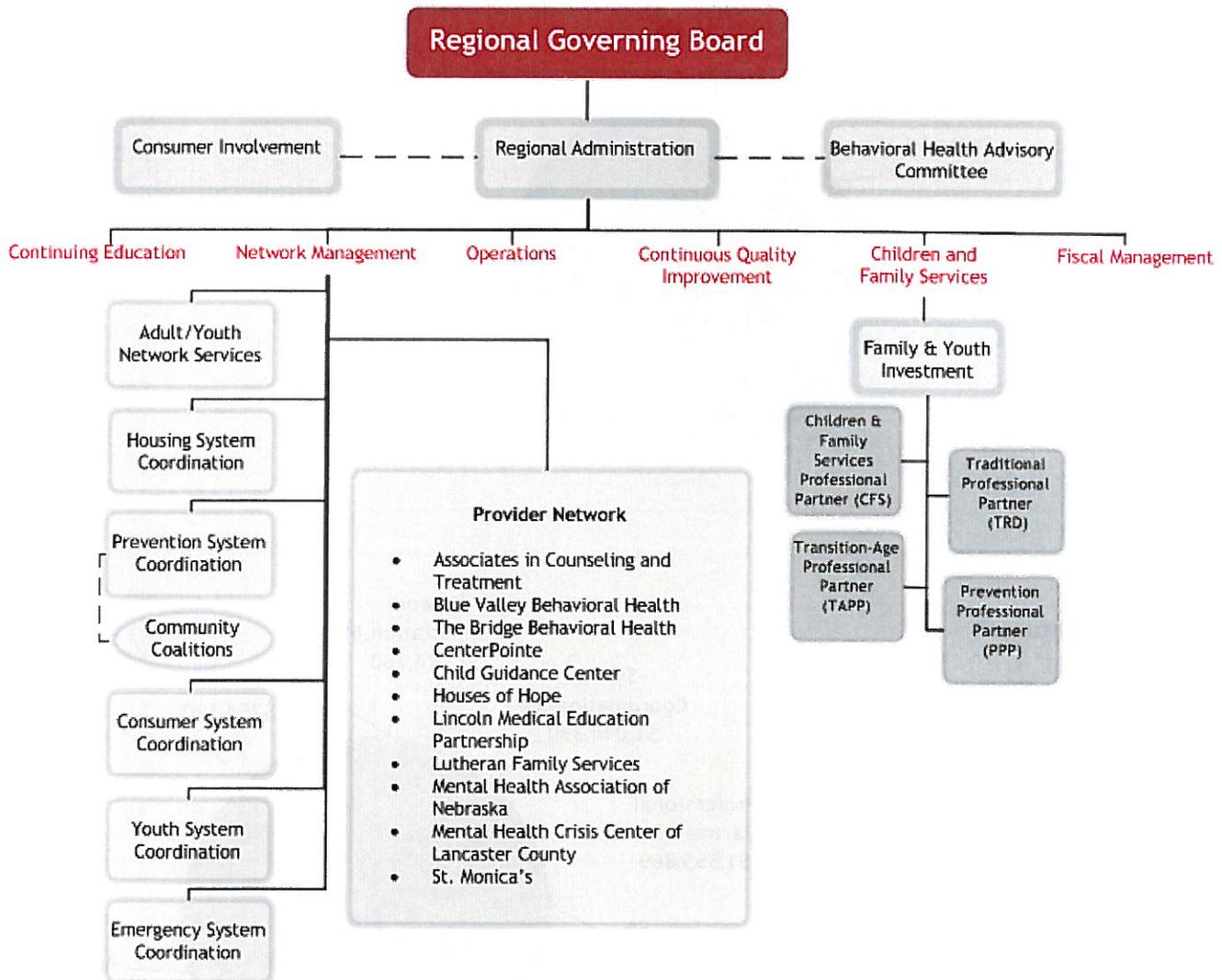
## Behavioral Health Advisory Committee (BHAC)

The RGB appoints a Behavioral Health Advisory Committee, comprised of 15-20 members, responsible for advising the RGB on behavioral health issues and funding allocations. Consideration for membership is given to geographic residence, direct and indirect consumers, cultural diversification, and the community at large. Current membership includes:

Gene Cotter	Tammy Sassaman (Chair)
Kathleen Hanson	Brenda Tracy
Don Harmon (Vice Chair)	Darla Winslow
Janet Henning (RGB Rep.)	Constance (C.J.) Zimmer
Megan Hinrichs	
Sara Hoyle	
Jennifer Jennings	
J. Rock Johnson	
Stephanie Knight	
Barbara Murphy	
Richard Pethoud (Member At Large)	
Wayne Price	

*Thanks to the past members of the RGB and BHAC, who served during FY 13-14, for your dedication and support toward the Regional System of Care.*

Jerry Galusha (RGB)	Scott Stuhr (RGB)
Brad Grummert (RGB)	Janice Walker (BHAC)
Terry Keebler (RGB)	Stacey Werth-Sweeney (BHAC)
Tom Rathbun (BHAC)	Debra Williams (BHAC)
Brent Smoyer (RGB)	Dennis Wittmann (RGB)



Six departments manage the coordination and responsibilities of Region V Systems to ensure the organization runs smoothly, effectively, and efficiently, meeting national accreditation requirements: **Continuing Education, Network Management, Operations, Continuous Quality Improvement, Children and Family Services, and Fiscal Management.**

# FUNDING & EXPENDITURES

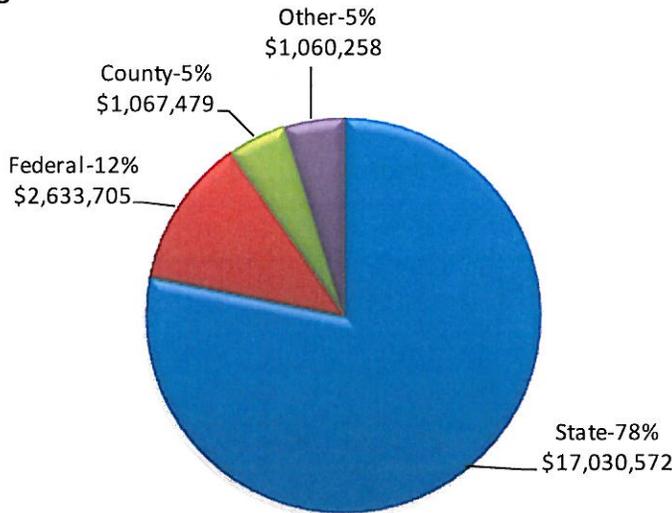
Region V Systems provides fiscal management that ensures the effective use of financial resources, transparency, and accountability.

Funding is received from a variety of resources, including state and federal dollars through Nebraska's Department of Health and Human Services' Division of Behavioral Health and the Division of Children and Family Services, local and federal grants, and a county match from each of the 16 counties that make up Region V Systems' geographical area.

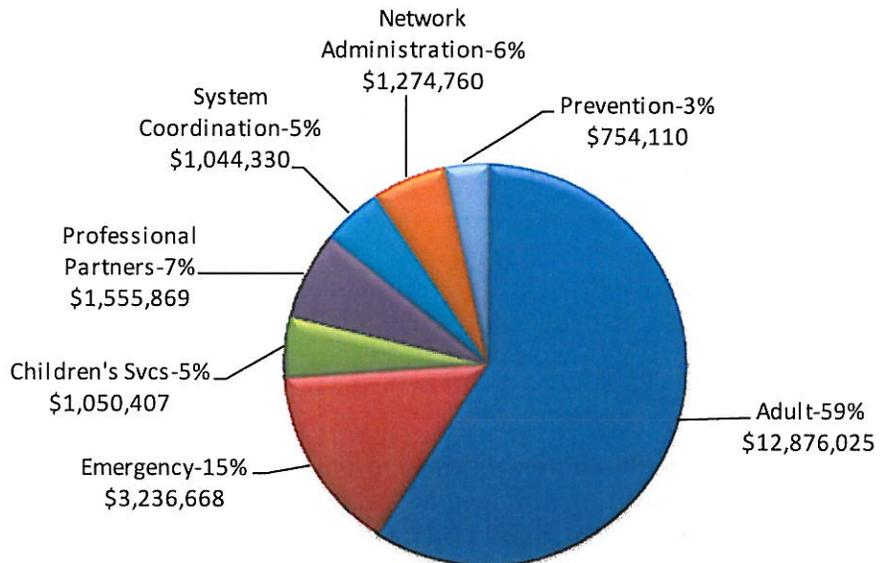
Region V Systems distributes funding through contracts with local providers and works with system partners that offer many levels of treatment and a broad array of services. To ensure contractual and financial compliance, Region V Systems' staff conduct contract performance reviews and fiscal audits.

This **publicly funded system** is only one part of the overall behavioral healthcare system in Nebraska. It is considered the *safety net* for those who **meet financial eligibility requirements, are uninsured, underinsured, or have no other means to pay for behavioral healthcare.** Other funding sources such as Medicaid, insurance companies, private businesses, and individuals themselves, also influence the way behavioral health services are provided in the state.

## FY 14-15 Funding \$21,792,014



## FY 14-15 Expenditures\* \$21,812,491



\*Federal/Local Grants equaled <1%, or \$20,322; thereby, not reflected in the chart.

# NETWORK ADMINISTRATION

In 2004, LB 1083 set out to reform Nebraska's behavioral health services by moving from institutionalized settings, including state-run Regional Centers, to community-based services where individuals could access behavioral health services closer to home, family, and support services.

The public behavioral health system promotes wellness, recovery, trauma-informed care, resilience, and self-determination in a coordinated, accessible, person/family-driven system.

As one of Nebraska's six behavioral health authorities, Region V Systems' purpose is to oversee the development and coordination of this public behavioral health system in the Region V geographical area.

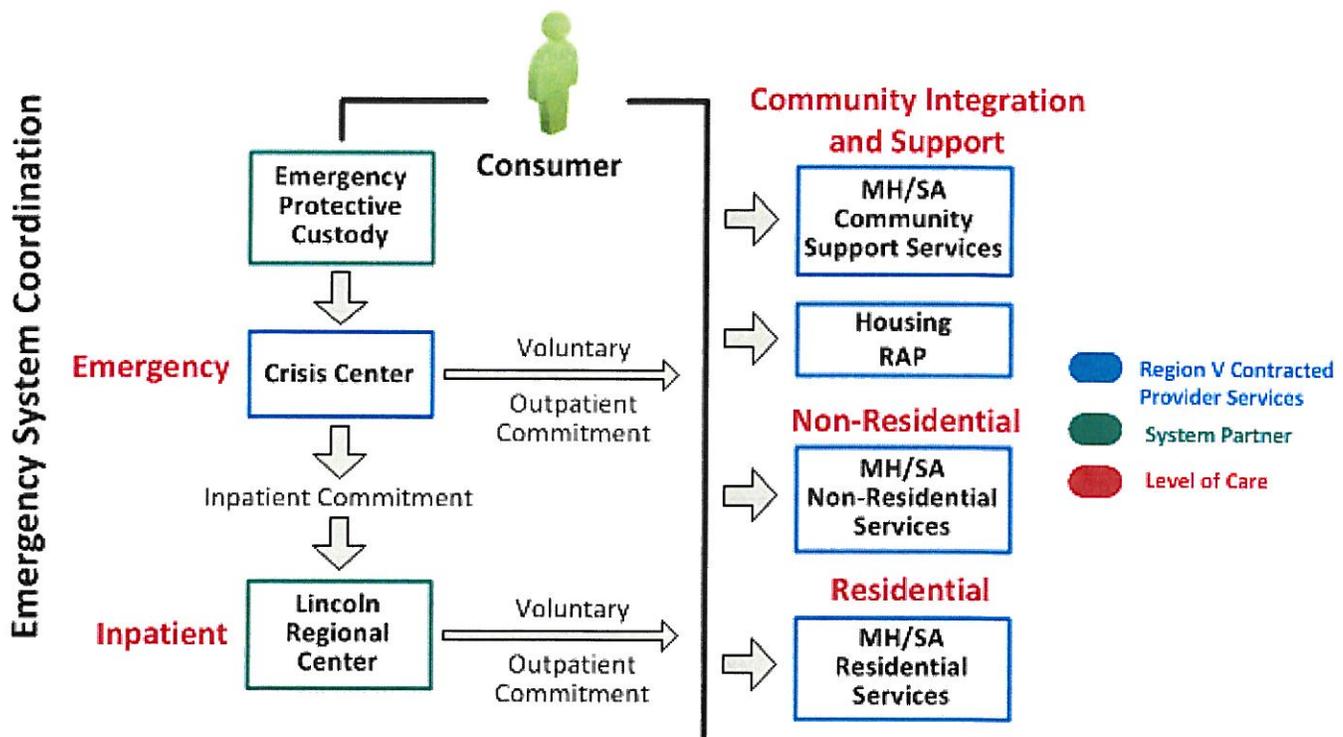
Statutory responsibilities include:

- Comprehensive planning, network development, integration, and coordination of an array of publicly funded, community-based behavioral health treatment and rehabilitation services for children and adults;
- Preparation of funding plans and budgets that document the behavioral health services and activities provided in the Region;
- Coordination of site reviews of services;
- Advocacy;
- Fiscal management and accountability;
- Evaluation and quality management.

There are many levels of treatment in this System of Care and a broad array of services that are consumer focused and designed to assist youth, adults, and families to reach the goal of recovery to live, work, and be participants in their communities.

Following is a chart identifying how adult consumers can voluntarily and involuntarily enter and move through the Levels of Care of the public behavioral health system.

## Adult Behavioral Health System



# Behavioral Health Data for Region V-Funded Services

STRUCTURE & GOVERNANCE

FUNDING & EXPENDITURES

NETWORK ADMINISTRATION

CHILDREN & FAMILY SERVICES

COMMUNITY BENEFIT NETWORK

Unduplicated Count of Persons Served by County of Residence FY 14-15		
	Mental Health	Substance Abuse
Butler	66	46
Fillmore	51	34
Gage	272	201
Jefferson	79	64
Johnson	21	27
Lancaster	3366	3869
Nemaha	55	49
Otoe	122	72
Pawnee	21	22
Polk	26	20
Richardson	87	57
Saline	98	85
Saunders	81	89
Seward	94	77
Thayer	29	30
York	208	137
<b>Totals</b>	<b>4676</b>	<b>4879</b>

Age Demographics FY 14-15*	
0-10	181
11-18	599
19-20	698
21-25	2,400
26-44	7,742
45-64	5,138
65+	248

Race Demographics FY 14-15*	
Alaska Native	12
American Indian	1,003
Asian	165
Black or African American	1,541
Native Hawaiian	15
Other Pacific Islander	65
Unknown	18
White	14,187

Diagnostic Demographics FY 14-15*	
Adjustment Disorder	912
Anxiety Disorder	1,179
Child/Adolescent Disorder	305
Cognitive Disorder	16
Deferred, Unspecified, Other	597
Dissociative Disorder	1
Eating Disorder	5
Medical Related Disorder	1
Mood Disorder	4,395
Other Conditions	34
Other Impulse-Control	71
Schizophrenia and Psychosis	1,136
Sexual and Gender Identity	52
Sleep Disorder	5
Substance-Related Disorder	8,220
Unidentified	77

Insurance Coverage Demographics FY 14-15*	
HMO	32
Indian Health Services	3
Medicaid	1,832
Medicare	541
No Insurance	12,570
Other Insurance	1,221
Other Direct Federal	4
Other Direct State	16
PPO	202
Private Self Paid	430
Veterans Administration	155

\* Duplicated counts of persons served by region of residence. Data is maintained by Magellan Behavioral Health Services, the State of Nebraska's system management agent.

## NETWORK INITIATIVES

Along with an array of mental health and substance abuse programs, Region V Systems engages in initiatives and special projects that augment existing community-based services. Following are six priority initiatives currently underway with the intent to bolster the existing public behavioral health system:

### Behavioral Health/Primary Care Integration Initiative

As *safety net* providers, public behavioral health and primary care providers increasingly understand the value of identifying and treating consumers with both medical and behavioral health issues in a more integrated fashion. Integrated care results in better health outcomes. Region V Systems has promoted integration since 2011 by supporting access for individuals to primary health care and a medical home at People's Health Center (PHC). Conversely, PHC prioritizes behavioral health screening and referral to treatment.

The following tables demonstrate success in this initiative:

Scheduled	Kept	Cancelled	No Show	Returning/ Established
1,001	833	39	129	644 of 1,001
Percent:	83%	4%	13%	64% established new health home

Self-Pay	Medicaid	Insurance	LB 95	Medicare	Total
978	12	9	0	2	1,001

### Creating Cultures of Trauma-Informed Care

Trauma-Informed Care is a statewide initiative to ensure all Network Providers delivering behavioral health services: 1) are informed about the effects of psychological trauma; 2) consistently screen for trauma symptoms and history of traumatic events; 3) provide ongoing assessment of trauma symptoms and problems related to trauma; 4) offer services that are recovery-oriented and trauma-sensitive; and 5) understand that re-traumatization may occur if safe, effective, and responsive services are not available for consumers.

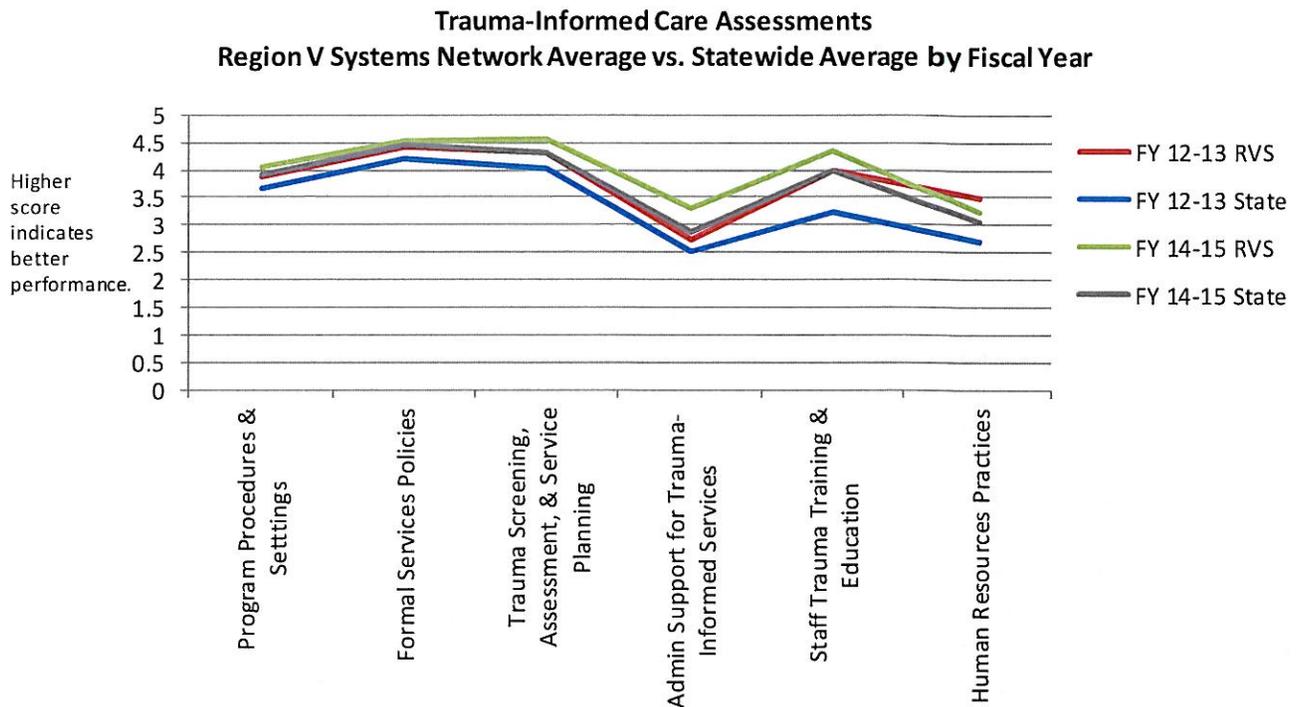
Region V Systems facilitates a Trauma-Informed Workgroup comprised of consumers, Network Providers, Region V staff, and other community stakeholders. This workgroup is responsible for planning, developing, marketing, implementing, and evaluating strategies to increase awareness and promote/support a trauma-informed service delivery system which reduces the harmful effects of trauma and violence on individuals, families, and communities. In FY 14-15, the Trauma-Informed Workgroup sponsored a two-day Behavioral Health Threat Assessment training for law enforcement personnel and other interested parties, hosted Part 1 of the Eye Movement Desensitization and Reprocessing (EMDR) Therapy training and consultation, coordinated and sponsored a trauma track at the statewide behavioral health conference, *Success, Hopes and Dreams*, and awarded mini-grants. Mini-grants included:

Agency	Award	Purpose
The Bridge Behavioral Health	\$2,400	Comfort room furnishings/supplies and trauma resources/curriculum.
Child Guidance	\$11,494	Therapy dog, care and maintenance, trauma-focused yoga, Real Life Heros curriculum, and Emwave sensors..
Friendship Home of Lincoln	\$516	16 Steps to Empowerment and Recovery curriculum/materials.
Lincoln Public Schools	\$2,475	Trauma resources and staff trauma training.
Lincoln Regional Center	\$5,115	DBT staff training and comfort room supplies/furnishings.
Lutheran Family Services	\$2,000	EMDR materials/supplies.
<b>Total \$24,000</b>		

To further increase the knowledge of Trauma-Informed Care within the behavioral health workforce statewide, providers in all six Behavioral Health Regions completed the *Fallot and Harris Trauma-Informed Care Self-Assessment Tool*, setting a baseline to identify each agency's capacity of being trauma-informed in the following domains:

- Program Procedures and Settings
- Formal Service Policies
- Trauma Screening, Assessment, and Service Planning
- Administrative Support for Program-Wide Trauma-Informed Services
- Staff Trauma Training and Education
- Human Resources Practices

Results of the assessment identified strengths for continued growth and opportunities for improvement. The following chart reflects the self-assessment results comparing Region V Systems' Network Providers and the statewide average.



## eBHIN (Electronic Behavioral Health Information Network) Initiative

Per the Substance Abuse and Mental Health Services Administration (SAMHSA), *“Health Information Technology is the bedrock of any effort to coordinate and integrate care for the population we serve across all modalities of care. Yet, behavioral health providers face significant financial challenges in trying to adopt comprehensive electronic health record (EHR) systems.”* Since 2009, Region V Systems has continued to administratively and financially support the implementation of a health information technology network infrastructure.

To date, an electronic health record for registering and discharging consumers for services is operational for nine providers. Four providers implemented an Electronic Practice Management (EPM) and/or Electronic Medical Record (EMR) system in FY 14-15 through this initiative. The system partners began preparation work for interfacing with a new Division of Behavioral Health Data System, anticipated in late FY 15-16. At the end of June 2015, 418 end users were entering data with 22,914 records created in FY 14-15. The system acts as a data repository, giving providers and Region V Systems ready access to data for administrative and quality improvement work.

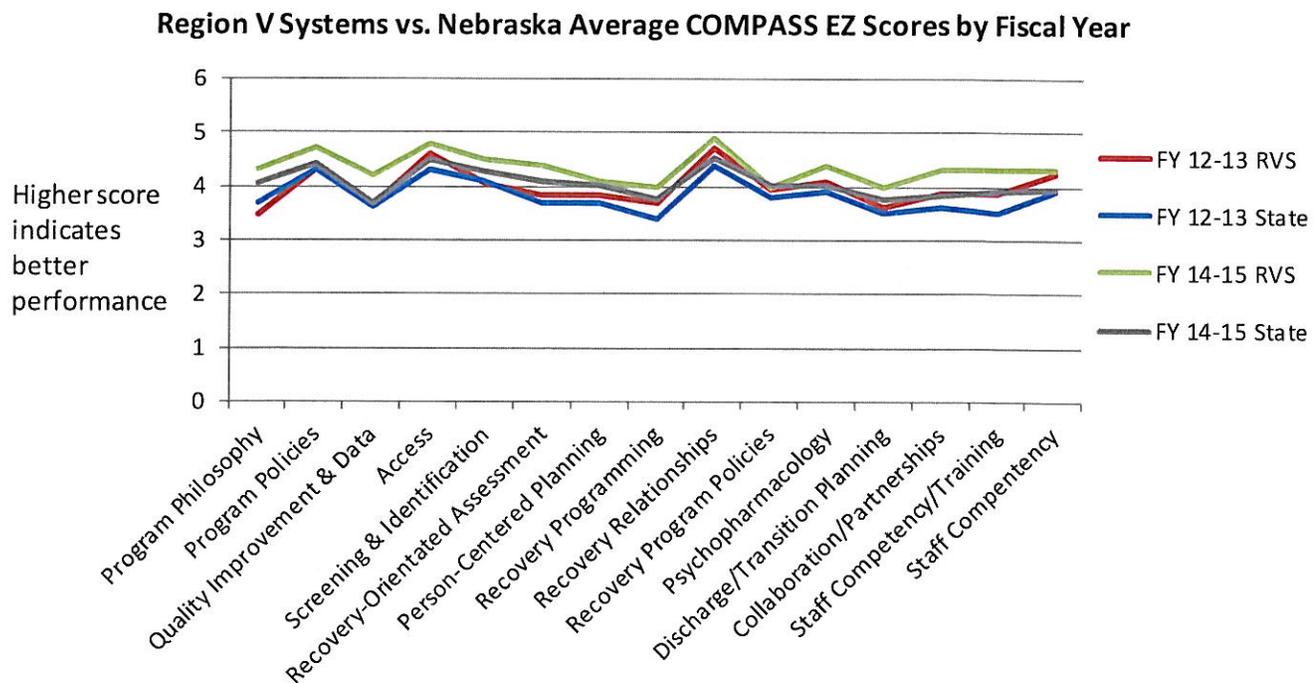
## Complexity Capable Care

This initiative utilizes the values and principles of “Complexity Capability” to advance both organizationally and clinically effective care for individuals and families with complex co-occurring mental health and substance abuse disorders. Its aim is to develop co-occurring capability in all programs statewide, providing services in partnership with Magellan Behavioral Health, other Nebraska Behavioral Health Authorities, providers, and system partners.

The initiative links the COMPASS-EZ, an organizational evaluation tool, with the evidence-based practice of *Stages of Change* to create recovery plans that include appropriate stage-based interventions and seeks to remove organizational and clinical barriers to effective care. Statewide and local trainings were facilitated by Drs. Ken Minkoff and Christie Cline, ZIA Partners, Inc. and developers of the COMPASS-EZ, on the Comprehensive Continuous Integrated System of Care (CCISC) to encourage co-occurring capability. Participants are now identified as a team of *change agents*, representing a voice and committed to the goals of:

1. Co-occurring competency for all staff
2. Program self-assessment (e.g., COMPASS-EZ®)
3. A 3- to 6-month action plan, including:
  - Welcome and access
  - Screening
  - Identification and counting
  - Empathic, hopeful, integrated, strength-based assessment
  - Stage-matched interventions
  - Integrated stage-matched recovery planning and programming

The results of Region V Systems’ Provider Network, compared to the statewide average of the COMPASS-EZ assessment, are illustrated in the following graph:



## Cluster-Based Planning (CBP)

In 2010, Region V Systems implemented Cluster-Based Planning (CBP) in partnership with Bill Rubin, Synthesis, Inc., as a management tool for Region V Systems' providers, designed to improve care for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth suffering from behavioral health issues. By describing different clusters, better identifying and measuring targeted outcomes, and tracking accompanying services and costs, the system can begin to answer the questions of "what works, for whom, and at what cost."

CBP believes adults with severe mental disabilities, children with mental health needs, or individuals who are chemically dependent, should not receive services as a single homogenous group. Instead, they should be comprised of distinct natural subgroups, or "clusters."

CBP is an emerging best practice that identifies subgroups (clusters) of individuals. Individuals in these clusters share common bio-psychosocial histories, problems, strengths, and life situations. CBP identifies outcomes for each of the clusters. Individuals are actively involved in assessing delivery of care, they are engaged in decisions, and are responsible for treatment compliance, leading to greater satisfaction, greater fidelity, and improved outcomes.

In FY 13-14, Region V Systems received partial funding for three years to support this initiative through the Community Health Endowment to expand CBP within the Provider Network, train the behavioral health workforce, train individuals to become trainers, and utilize information technology to analyze services and monitor outcomes, resulting in enhanced efficiency within the current behavioral health delivery system.

The following chart indicates a snapshot of a few outcomes we are striving to increase:

Measure	Added in FY 14-15	Total to Date
Number of youth/adult clinicians/case managers trained in basic and intermediate CBP	24	297
Number of youth who became a member of a cluster	495	2,745*
Number of adults who became a member of a cluster (SPMI)	1,758	4,628*
Number of individuals trained as trainers	10	10

\* Total number includes duplicates of persons served with life experiences. May have entered treatment in more than one fiscal year.

To determine future planning and analysis for CBP and to guide the direction of behavioral health services and supports, a Regional Quality Improvement Team (RQIT) made up of representatives from each of the Network Provider agencies, monitors outcomes and analyzes data. Some of the data monitored by the group includes clusters, the National Outcomes Measurement System (NOMS), emergency, and many other areas.

This initiative moves the system toward meeting the **Triple Aim** of:

- improving experience of care
- improving health outcomes, and
- reducing the per capita cost of care as services are more efficient and effective and in the right amount.

For more information on Cluster-Based Planning by agency/program cluster types and cluster memberships, please visit our website at

[www.region5systems.net](http://www.region5systems.net).

## Culturally and Linguistically Appropriate Services (CLAS)

Health inequities result in disparities that directly affect the quality of life for all individuals. National CLAS Standards have been defined to advance health equity, improve quality, and help eliminate health care disparities. CLAS standards establish a blueprint for health care organizations to guide collaborative efforts that address racial and ethnic health disparities and implement culturally and linguistically appropriate services. CLAS is broadly defined as care and services that are respectful of and responsive to the cultural and linguistic needs of all individuals.

Since 2003, Region V Systems has hosted a CLAS Coalition that meets to address cultural and linguistically specific issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

To ensure non-English speaking consumers can access services, Network Providers are reimbursed for interpreter services. In FY 14-15, the following received reimbursements:

Agency	Amount
Blue Valley Behavioral Health	\$705
Lutheran Family Services	\$3,995
Mental Health Association of Nebraska	\$190
Mental Health Crisis Center	\$2,351
St. Monica's Behavioral Health Services for Women	\$76
<b>Total</b>	<b>\$7,317</b>

The CLAS Coalition also awards mini-grants. In FY 14-15, awards were allocated to the following:

Agency	Award	Purpose
CenterPointe	\$1,200	Transgender staff training.
eBHIN	\$1,500	Translation of documents.
Human Services Federation	\$970	Case Management Training on LGBTQA population.
Lutheran Family Services of Nebraska	\$1,500	Cultural and linguistic staff training.
Stepping Stones for Families	\$741	Spanish translation of documents and printing costs.
<b>Total</b>	<b>\$5,911</b>	

## Special Populations

The public behavioral health system recognizes that there are special populations that require unique services to meet their behavioral health needs. Grants are awarded to these special population groups for a variety of activities. In FY 14-15, grants were awarded to the following:

Agency	Award	Purpose
Indian Center, Inc.	\$1,000	Supplies to support teaching of Native American coping skills to Native youth.
Lancaster County	\$800	Youth in Park Middle School Truancy Program to participate in the Challenge Course at UNL with the truancy team.
Lincoln ED Connections and People's Health Center	\$1,000	To promote health care for uninsured individuals who frequently utilize the emergency departments for non-emergency reasons by establishing a medical home.
Lutheran Family Services of Nebraska	\$1,000	Translation of program forms in three languages.
St. Monica's Behavioral Health Services for Women	\$1,000	Cultural Competency training for staff.
<b>Total</b>	<b>\$4,800</b>	

## SERVICE ENHANCEMENTS

Service Enhancements promote consumer recovery in community-based services by providing additional support for providers to deliver services which minimize the use of higher levels of care and prevent discharge of consumers because of the provider's capacity to meet complex needs. Following are Service Enhancements for Region V Network Providers:

### Medication Support

Medication Support promotes improved consumer recovery in community-based behavioral health services. Funding provides for ancillary medication support in the delivery of medication services within the outpatient behavioral health setting. In addition to providing payment assistance for certain medications, medication support requires the provider to address issues related to medication safety and quality of care. Medication support services are a quality improvement component of medication management services, attempting to favorably impact the clinical and economic outcomes for consumers and the overall system.

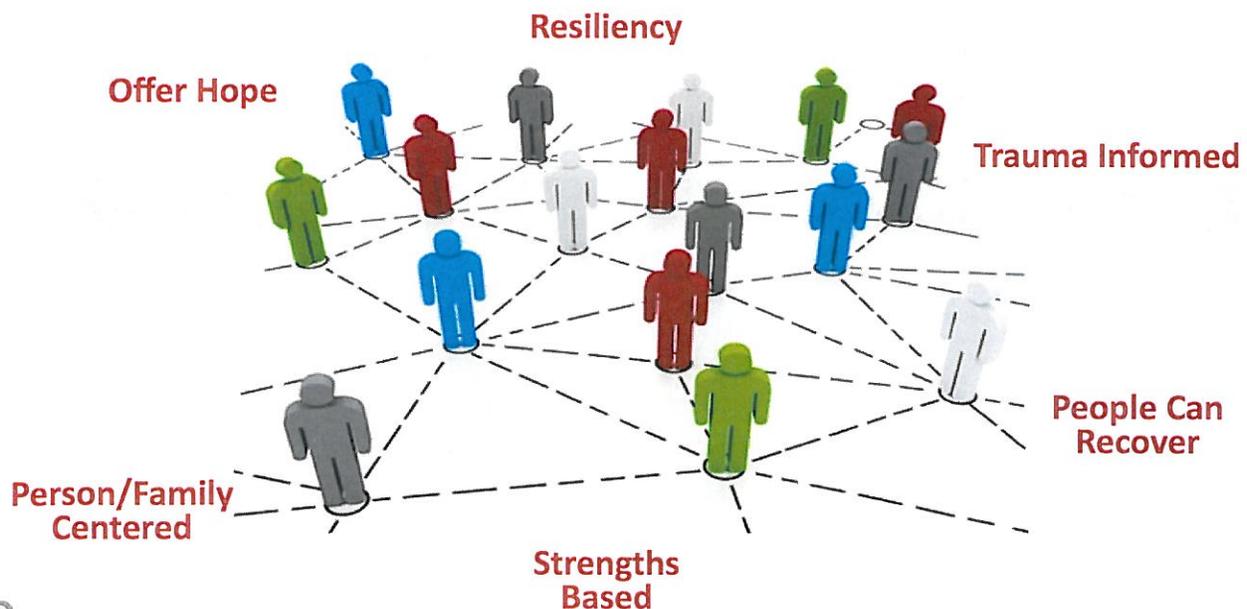
All Region V Network Providers providing outpatient services are eligible for these funds. In FY 14-15, funding in the amount of \$76,257 was utilized for mental health services and \$98,118 for substance abuse services to provide this ancillary service.

### Recovery Voucher Project

Access to substance abuse treatment on a timely basis is paramount. When Region V's Network Providers are at their capacity, consumers are placed on a waitlist. In an effort to decrease wait times for these services, Region V Systems contracts with providers outside of Region V Systems' provider network through the Recovery Voucher Project. The project supports participant choice, allowing consumers to seek services outside the network and delivers funds through a voucher method of payment. In FY 14-15, Region V Systems contracted with one provider, *Summit Care and Wellness*. Vouchers were issued to 14 consumers. The average wait time for consumers completing an initial assessment and entering substance abuse treatment was **11.7 days**. The average wait time for consumers engaged in treatment for substance abuse, but wanting to transfer to another substance abuse treatment service, was **13.6 days**.

## NETWORK MANAGEMENT

Together, partners ensure consumers have a voice and access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.



The duties and responsibilities of the **public behavioral health system** are accomplished in Region V through a **system of Network Management**. Functions include:

### Network Provider Contracts

Region V Systems has contractual relationships with a network of behavioral health providers that have met the minimum standards to be a part of Region V Systems' provider network. In FY 14-15, 11 agencies were part of the provider network. It is a requirement that all network providers achieve national accreditation. These providers offer an array of services by **levels of care**.

In FY 14-15, network providers served 4,676 mental health consumers and 4,879 substance abuse consumers.

### Coalitions

Region V Systems provides funding, technical assistance, and coordination to coalitions, including:

- **Local Prevention Coalitions**  
*(See page 15 in this report for more information on prevention efforts.)*
- **Native American Coalition**
- **Consumer and Family Coalition**  
*(See page 18 in this report for more information on consumer coordination efforts.)*
- **Culturally and Linguistically Appropriate Services (CLAS) Coalition**  
*(See page 12 in this report for more information on CLAS.)*

### Collaborations

Region V Systems collaborates with state agencies, numerous community partners, consumers, families, and other community primary care and behavioral health entities to support a system of care that is integrated (primary care integrated with behavioral health care) and supports the **Triple Aim** of:

- Enhancing an individual's experience of care (availability, accessibility, quality, and reliability).
- Improving the health outcomes of individuals.
- Promoting services that are efficient, effective, and in the right amount.

### Quality Improvement

A Regional Quality Improvement Team (RQIT) establishes network accountability for continuous quality improvement by using data to plan, identify, analyze, implement, and report ongoing improvements; celebrate progress, change, and success. RQIT oversees data participation, reporting, quality, and analysis, and provides recommendations or reports to Region V Systems and the Network Provider Team. RQIT also interfaces with the Statewide Quality Improvement Team (SQIT) and the Division of Behavioral Health (DBH). Through Continuous Quality Improvement (CQI) coordination, Region V Systems ensures:

- Services are appropriate to each consumer's needs and accessible when needed.
- Consumers and families participate in all processes of the CQI program, and their views and perspectives are valued.
- The services provided incorporate best practice, evidence-based practice, and effective practices.
- Services are of high quality and provided in a most cost-effective manner.

## SYSTEM COORDINATION

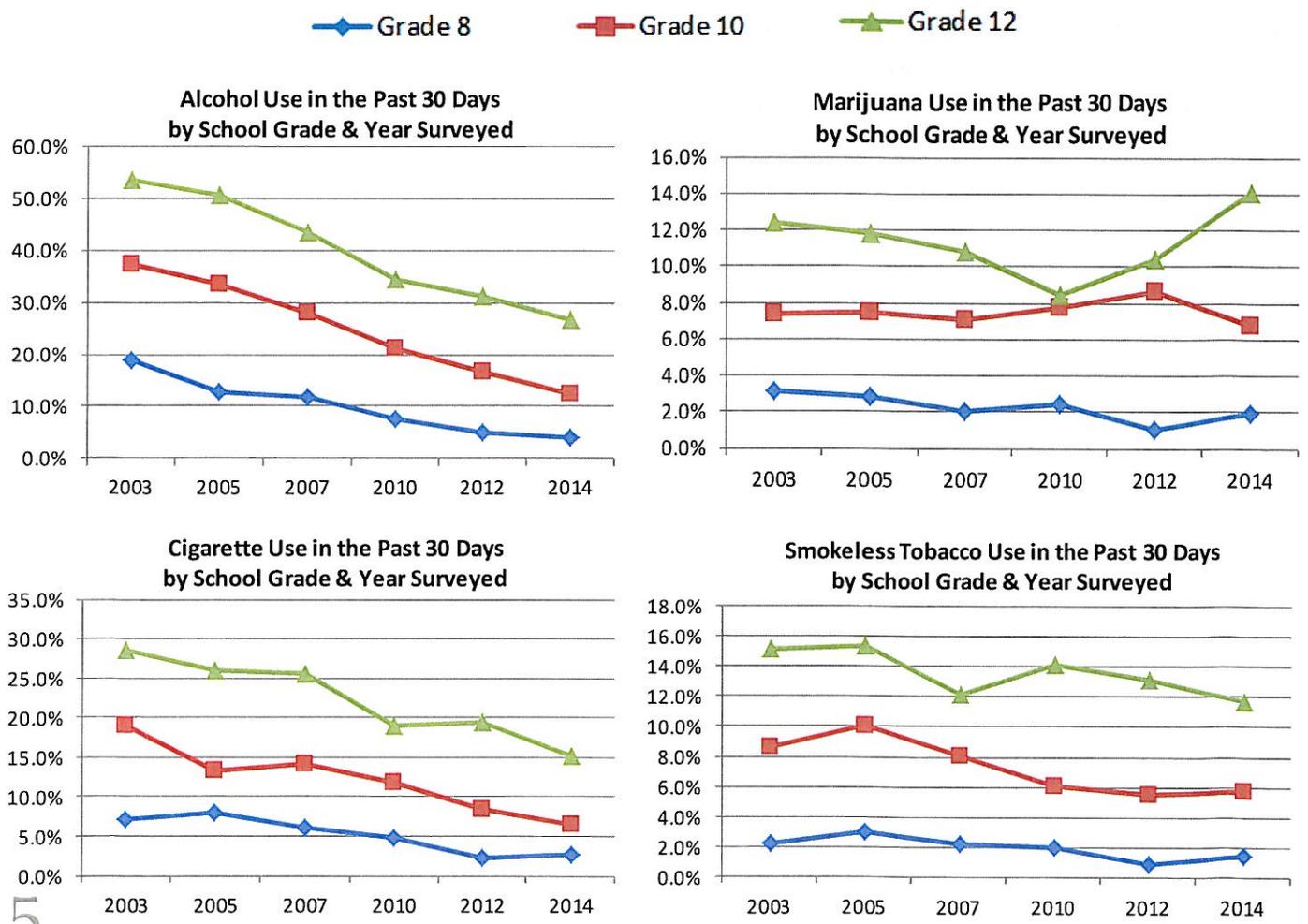
In addition to initiatives, service enhancements, and network management, Region V Systems also provides overall system coordination in a number of areas in partnership with providers, consumers, community hospitals, local coalitions, housing providers, landlords, local schools, vocational/employment agencies, advocacy organizations, criminal justice, county services, the Department of Health and Human Services, probation, law enforcement, community youth-serving agencies, and other stakeholders. System Coordination brings individuals/agencies together to plan, strategize, prioritize, reach solutions, and monitor to ensure services are accessible, available, and that duplication of efforts are minimized.

### Prevention Coordination

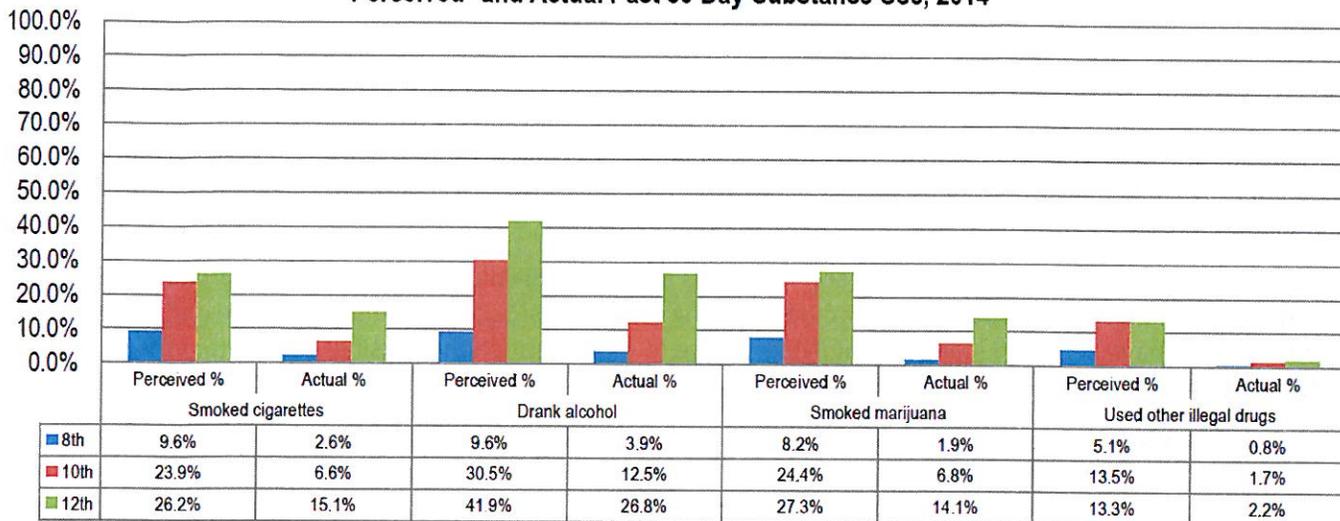
Region V's Prevention system is a collaborative partnership among community coalitions, service providers, the Youth Action Board, and various community stakeholders. The federal Strategic Prevention Framework Model is used to drive strategies in each community, which include: assessment, capacity development, planning, implementation, and evaluation, while prioritizing sustainability and cultural competency. Regional prevention coordination provides ongoing technical assistance and trainings for all coalitions and stakeholders within southeast Nebraska. Data is collected every two years among participating schools. This data drives coalitions' annual strategic plans to achieve measurable outcomes.

Here are some of the findings from the 2014 Nebraska Risk and Protective Factor Student Survey (NRPFS). The 2014 survey represents the sixth implementation of the NRPFS. The NRPFS targets Nebraska students in grades 8, 10, and 12 with a goal of providing schools and communities with local-level data. As a result, the survey is implemented as a census survey; meaning, that every public and non-public school with an eligible grade can choose to participate. This data is not to be considered a representative statewide sample. The survey is designed to assess adolescent substance use, delinquent behavior, and many of the risk and protective factors that predict adolescent problem behaviors.

Within Nebraska, 25,988 students from the 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades completed the NRPFS. 43.8% (7,148) of those students were from the Region V Systems' service area, which includes 56% of all 8<sup>th</sup> graders, 42.2% of all 10<sup>th</sup> graders, and 32.3% of all 12<sup>th</sup> graders surveyed.

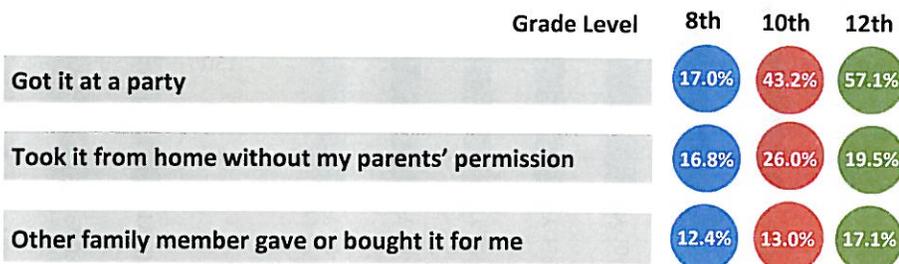


### Perceived\* and Actual Past 30 Day Substance Use, 2014

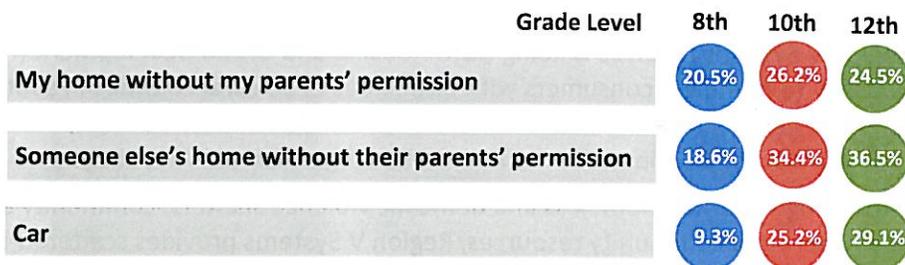


Note. \*Perception based on following question: "Now thinking about all the students in your grade at your school. How many of them do you think. <insert substance use behavior> during the past 30 days?"

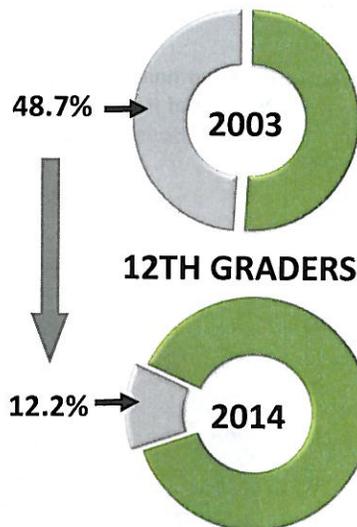
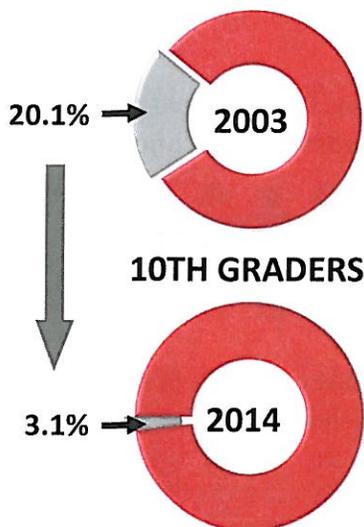
#### Sources for Obtaining Alcohol During the Past 30 Days, Among Students Who Reported Drinking During the Past 30 Days



#### Places of Alcohol Use During the Past 30 Days, Among Students Who Reported Drinking During the Past 30 Days



#### Years 2003 vs 2014 10th and 12th Grade Comparison: Driving Under the Influence During the Past 12 Months

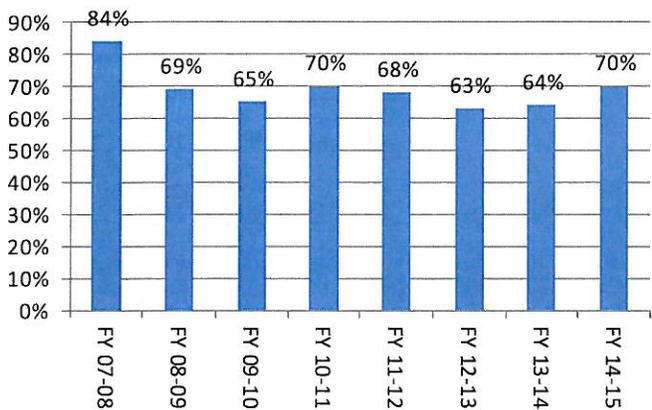


### Rental Assistance Program (RAP)

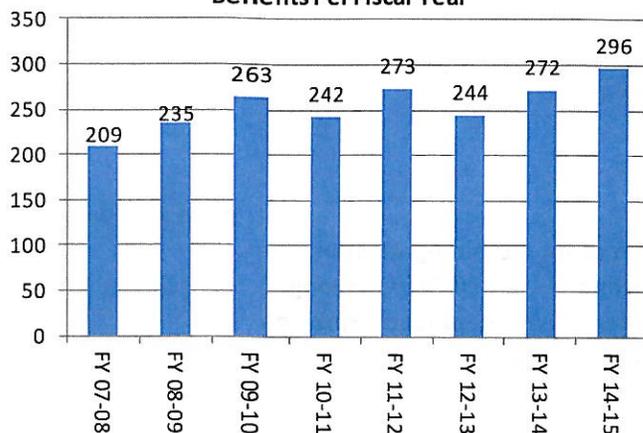
RAP provides safe, secure, affordable housing – together with support services – so that consumers can begin to work toward recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own homes. The target population are consumers with serious and persistent mental illness, who are indigent or have extremely low income, and who are discharging from an inpatient Mental Health Board commitment, or those that are at risk of an inpatient commitment.

RAP builds a network of housing providers and facilitates assisting individuals in locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections. Successful discharges are defined as consumers who have achieved independent living, bridge to more permanent housing, or maintain their current living situations.

Consumers Successfully Discharging from RAP Per Fiscal Year



Number of Consumer Households Receiving RAP Benefits Per Fiscal Year



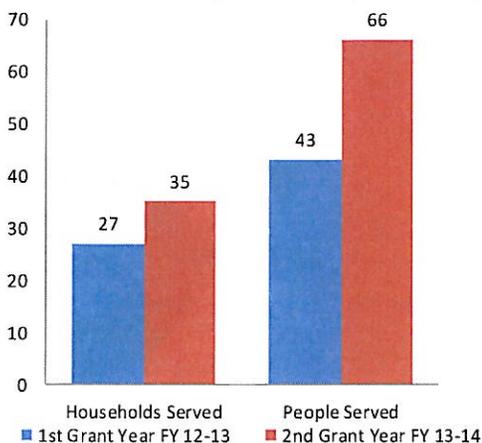
### Rural Permanent Housing Program

Region V Systems receives funding from Housing and Urban Development (HUD) to provide permanent supportive housing to homeless consumers with disabilities in **20 rural counties** in southeast Nebraska; the 16 counties in the Region V geographical area, plus the counties of Adams, Clay, Nuckolls, and Webster. The purpose of the funding is to work in conjunction with the Federal Strategic Plan to Prevent and End Homelessness, called *Opening Doors*.

Partnering with rural homeless and domestic violence shelters, community action agencies, network providers, and other rural community resources, Region V Systems provides scattered-site rental assistance to homeless consumers with disabilities.

Region V Systems receives applications for assistance, consumers are assessed for eligibility, and supportive services are assigned to the consumer. Once approved, Region V Systems enters into leases with landlords and provides monthly rental assistance while consumers receive case management services in their local communities.

Rural Permanent Housing Program: Number of Households and People Provided Housing in 20-County Area



67% of all persons housed have a known physical or mental health condition.



23% of all persons housed were victims of domestic violence in the past.



## Consumer Coordination

Consumer involvement and advocacy has been paramount as part of the Behavioral Health Services Act (LB 1083). The Act identified the following priorities for consumers:

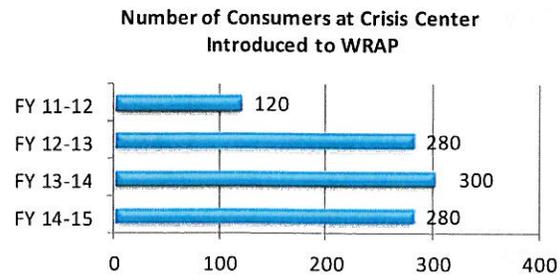
- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

In Region V, these priorities are carried out through a number of functions:

### Consumer Specialist

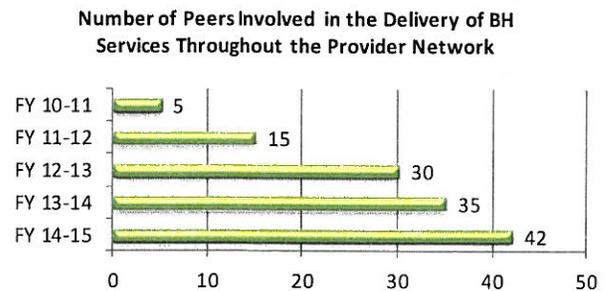
Since 2007, a Consumer Specialist position has been funded in each Region to support and promote consumer and family involvement and provide opportunities for consumers to learn leadership.

One of the primary responsibilities of the specialist is to introduce the Wellness Recovery Action Plan (WRAP®) to consumers. WRAP®, is an **evidence-based practice** that is used worldwide by people who are dealing with mental health challenges and medical conditions. WRAP® can also be used as a framework to guide relationships in peer support, recovery groups, agencies, and organizations.



WRAP® involves listing your personal resources and then using those resources to develop an action plan to use in specific situations.

The specialist also works with consumers in job- or volunteer-related activities. The graph on the right illustrates an increase in the number of peers involved in the delivery of behavioral health services throughout the provider network.



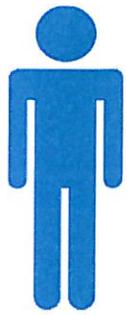
### Consumer Family Coalition (CFC)

The Consumer Specialist also provides support and coordination for the Consumer Family Coalition. Since its establishment in 2004, the CFC has been involved in many projects that benefit people with mental health and/or addiction problems and their families. These projects include Wellness Recovery Action Plan (WRAP®), self-advocacy, and community outreach. The CFC also awards grants to support local projects. In FY 14-15, CFC awarded several projects including the following:

Grantee	Amount	Purpose
CenterPointe	\$1,100	WRAP®
CenterPointe	\$6,040	Writer's Wordshop and Artists on the Edge Open Studio
Consultant	\$5,050	WRAP® Facilitator Training
Consultants	\$1,445	CFC activities for consumers at behavioral health conference
Consultants	\$1,788	National Whole Health Action Management (WHAM) Training of Trainer
Consultants	\$7,290	Pathways to Recovery Group (2)
Consumers	\$2,806	National Alternatives Conference (2 consumers attend)
Disability Rights of Nebraska	\$20,000	Module 3 Self-Advocacy Curriculum
Mental Health Association of Nebraska	\$21,575	Presenters and scholarships for statewide behavioral health conference
NAMI	\$1,650	Family to Family Education Program (2)
<b>Total \$68,744</b>		

## Mental Health Statistics Improvement Program (MHSIP)

Each year the Department of Health and Human Services' Division of Behavioral Health administers a **Behavioral Health Consumer Survey**. The purpose of the survey is to solicit input from persons receiving mental health and/or substance abuse services from the publicly funded, community-based behavioral health system in Nebraska on the quality and impact of services received. The survey instruments are a 28-item MHSIP Consumer Satisfaction Survey. The survey instruments have been designated by the Federal Center for Mental Health Services to meet the Federal Community Mental Health Services Block Grant, Uniform Reporting System requirements. Survey areas include: access, quality, outcomes, participation in treatment planning, general satisfaction, functioning, and social connectedness. Below are a few outcomes as reported from the MHSIP survey:



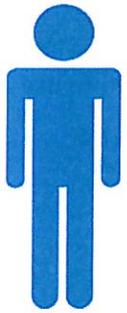
### Satisfied with Services Received

Region V Systems		State of Nebraska	
2013	84.9%	2013	85.0%
2014	80.8%	2014	78.8%



### Improved Level of Functioning

Region V Systems		State of Nebraska	
2013	70.9%	2013	71.2%
2014	70.3%	2014	74.3%



### Services Were Appropriate and of Good Quality

Region V Systems		State of Nebraska	
2013	84.3%	2013	86.2%
2014	84.8%	2014	84.8%



### Services were Accessible

Region V Systems		State of Nebraska	
2013	82.7%	2013	82.3%
2014	80.8%	2014	81.4%

## Youth System Coordination

Youth system coordination efforts are designed to strengthen the children's system of care in Nebraska. The system of care model is an organizational philosophy and framework that involves collaboration across agencies, families, and youth to improve services and access and expand supports for youth with behavioral health conditions.

### Lincoln Public School Crisis Response Implementation

Lincoln Public Schools (LPS), in partnership with the Targeted Adult Services Coordination Crisis Response Team (TASC), Child Guidance Center, and Region V Systems, made a targeted effort to implement a crisis response process for students exhibiting behavioral health symptoms that impact their ability to be maintained in the school setting and impacts the ability for other students to learn. The Crisis Response Team, comprised of mental health professionals and practitioners, are activated by the LPS Administration to the school setting to meet face-to-face with the student(s) in crisis and their families to assess, de-escalate, and stabilize the situation. When necessary, the Crisis Response Team will work with the student and family member to develop an appropriate plan of action to ensure safety. The Crisis Response Team also makes referrals to the Child Guidance Center LINCS process to provide support to include comprehensive assessments and information and referral to ongoing services.

### LINCS (Linking Individuals/Families in Need of Community Support)

Beginning in 2009, Region V Systems partnered with the Lancaster County Attorney's Office, Lancaster County Human Services, Lancaster Youth Assessment Center, and Child Guidance Center to implement **LINCS**, a voluntary process for youth (ages 7-18) who have been diagnosed with a serious emotional disturbance, placing them at risk of becoming involved in the juvenile justice and/or child welfare systems. They are referred by their local county attorney's office, Lincoln Public Schools' School Multi Agency Response Team (SMART), Lancaster County Youth Assessment Center, or the Nebraska Family Helpline. LINCS offers an assessment administered by licensed clinicians and recommends connections to appropriate community resources to meet identified needs.

## Transition Age Youth Coordination: Promoting Self-Determination for Transition Age Youth

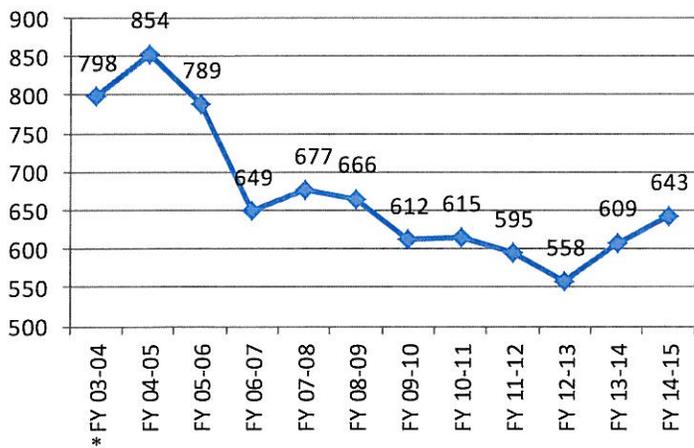
Efforts have been directed to ensure transition age youth exiting the children’s system of care acquire the skills, experiences, supports, and linkages needed as they enter adulthood. Region V Systems facilitates a Transition Age Review Team with representatives from community agencies providing transitional support services. The team assists with the development of transition plans focused on attaining the most appropriate level of independent living. In FY 14-15, **53 Transition Age Youth reviews were performed** (including duplicates), **32 phone consults were completed**, and **49 crisis center meetings were attended** by Region V Systems’ staff.

## Emergency System Coordination

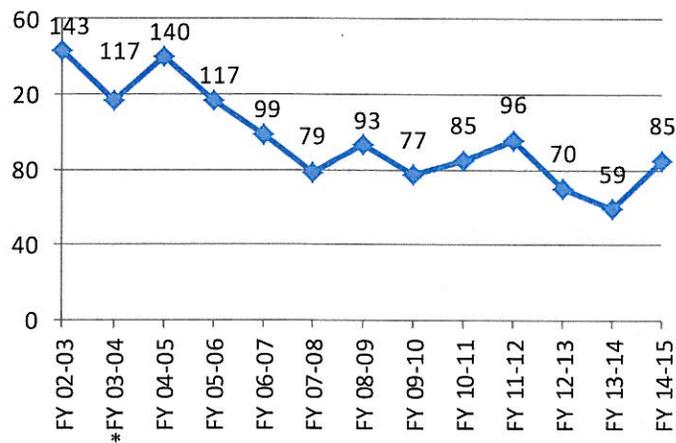
Emergency System Coordination is designed to meet the needs of individuals experiencing a behavioral health crisis/emergency situation. To ensure the safety of consumers and the public, coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, county attorneys, law enforcement, mental health boards, behavioral health providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities. Together, these agencies promote a welcoming, co-occurring capable crisis response system. Individuals experiencing an acute behavioral health crisis are helped to identify the best next steps to make progress toward recovery in the least restrictive and most appropriate service that promotes safety.

The team assists individuals by facilitating seamless transitions to the most appropriate level of care by participating in case reviews, treatment team meetings, and other activities designed to develop discharge plans for individuals receiving treatment in the emergency system.

**Emergency Protective Custody Admissions Per Fiscal Year**

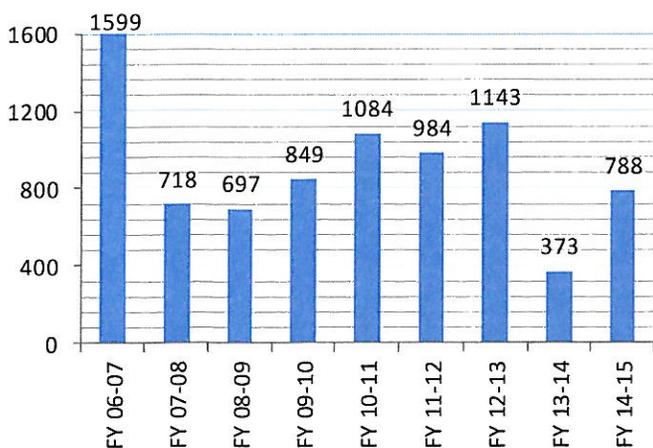


**Repeat Emergency Protective Custody Admissions Per Fiscal Year**

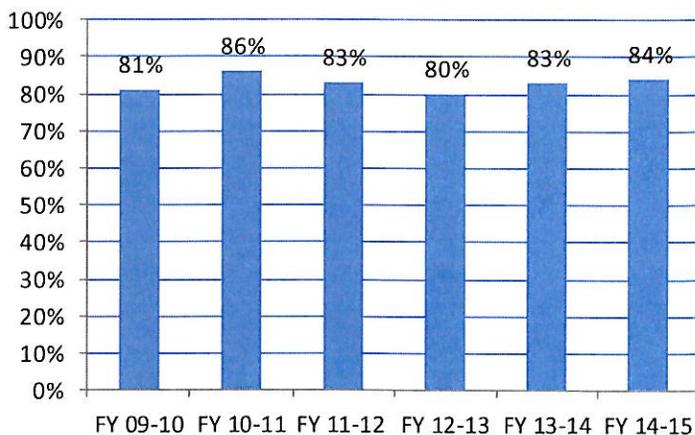


\* Baseline numbers reflect the beginning of Behavioral Health Reform through the passage of LB 1083 in 2004.

**Post-Commitment Days Per Fiscal Year**



**Percent of Emergency Protective Custody Holds Diverted by Crisis Response Teams**



## LEVELS OF CARE

Region V Systems contracts with a network of behavioral health community providers and works with system partners who offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities. Services are categorized by level of care, including inpatient, residential, non-residential, community support, children's, and emergency, based on the intensity of treatment and professional care needed by persons served.

Adult	A number of varied and flexible service options are available to provide support intended to:
Community Integration/Support	<ul style="list-style-type: none"> <li>• Reduce episodes of relapse, crisis, and emergency room utilization;</li> <li>• Shorten length of stay at inpatient and residential levels of care; and</li> <li>• Promote the recovery and resiliency of the individual.</li> </ul>

Services	Provider
Assertive Community Treatment (PIER)	CenterPointe Lutheran Family Services
Community Support—Mental Health	Blue Valley Behavioral Health CenterPointe Lutheran Family Services St. Monica's
Community Support—Substance Abuse	CenterPointe St. Monica's
Day Rehabilitation	CenterPointe
Peer Support	CenterPointe Lutheran Family Services St. Monica's
Projects in Assistance to Transition from Homelessness	CenterPointe
Recovery Support	CenterPointe Houses of Hope (TASC)
Rental Assistance Program	Region V Systems
Rural Permanent Housing Program	Region V Systems
Supported Employment	Mental Health Association of Nebraska
Supportive Living	CenterPointe
Transition-Age Professional Partner	Region V Systems

Adult  
Non-Residential:  
Mental Health and  
Substance Abuse

Adult non-residential services provide treatment and rehabilitation services intended to:

- Reduce episodes of relapse, crisis, and emergency room utilization;
- Shorten lengths of stay at inpatient and residential levels of care; and
- Promote the recovery and resiliency of the individual.

Services	Provider
Assessment—Substance Abuse	Associates in Counseling and Treatment Blue Valley Behavioral Health Lincoln Medical Education Partnership Lutheran Family Services
Intensive Care Management	Blue Valley Behavioral Health (TASC) Houses of Hope (TASC)
Intensive Outpatient	Blue Valley Behavioral Health Lutheran Family Services St. Monica's
Medication Management	Blue Valley Behavioral Health CenterPointe Lutheran Family Services
Outpatient Therapy (Individual, Family, Group)	Blue Valley Behavioral Health CenterPointe Child Guidance Center Lincoln Medical Education Partnership Lutheran Family Services St. Monica's

Adult  
Residential  
Mental Health,  
Substance Abuse,  
Co-occurring

Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Services	Provider
Psychiatric Residential Rehabilitation	CenterPointe
Halfway House	Houses of Hope
Intermediate Residential	The Bridge Behavioral Health
Short-Term Residential	The Bridge Behavioral Health CenterPointe Houses of Hope St. Monica's Summit Care & Wellness*
Therapeutic Community	St. Monica's
Dual-Disorder Residential	CenterPointe

\* Non-network provider; contracted voucher provider for overflow capacity and increased access for priority populations.

Adult  
Inpatient

The Lincoln Regional Center provides adult inpatient services for the Region V service area. This hospital-based acute and sub-acute psychiatric service is designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment, providing intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports. As symptoms are stabilized, the individual is transitioned to community-based residential or non-residential services for continued recovery.

Services	Provider
Inpatient Psychiatric Services	Lincoln Regional Center* Mary Lanning* Richard Young* Lasting Hope*

Adult  
Emergency

Emergency services ensure consumers have access to multiple alternatives for support while experiencing an acute behavioral health crisis, including those individuals with active substance use.

Services	Provider
24-hour Crisis Phone	Blue Valley Behavioral Health CenterPointe
Civil Protective Custody (Involuntary)	The Bridge Behavioral Health
Crisis Assessment (Substance Abuse)	Mental Health Crisis Center
Crisis Respite	The Bridge Behavioral Health
Crisis Response Teams	Blue Valley Behavioral Health (TASC)
Emergency Protective Custody (Crisis Center Involuntary)	The Bridge Behavioral Health Mental Health Crisis Center
Emergency Community Support	Lutheran Family Services (TASC)
Hospital Diversion (KEYA)	Mental Health Association of Nebraska
Social Detoxification	The Bridge Behavioral Health

Youth  
Non-Residential

Youth non-residential services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.

Services	Provider
Outpatient	Blue Valley Behavioral Health Child Guidance Center
Assessment	Blue Valley Behavioral Health Child Guidance Center
Intensive Outpatient	Blue Valley Behavioral Health
Therapeutic Consultation	Child Guidance Center
SOAR (SSI/SSDI Outreach Access and Recovery)	CenterPointe

\* A system partner, not one of Region V Systems' Network Providers

# CHILDREN & FAMILY SERVICES

## Family & Youth Investment

Children & Family Services administers the Professional Partner program, known as Family & Youth Investment (FYI). FYI seeks to:

- Avert children from becoming state wards, preventing expensive out-of-home placements or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.

FYI includes four program tracks. If the family meets financial eligibility requirements, there is no cost to participate. For families not meeting the financial eligibility criterion, the option of paying a monthly rate for participation is available. Following are descriptions of the four FYI tracks available:

1. The **Traditional** track serves children up to age 21 with a serious emotional disturbance.
2. The **Prevention Professional Partner (PPP)** track focuses on prevention, serving children under age 19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination. To be eligible, the youth must have a serious emotional disturbance or a serious mental illness.
3. The **Transition-Age Professional Partner (TAPP)** track serves young adults ages 17-24 who have a serious mental illness and who are transitioning from the youth to the adult behavioral health system.
4. The **Children & Family Services (CFS)** track serves youth under age 19 and their families who are referred by the Nebraska Department of Health and Human Services, Division of Children and Family Services to safely maintain children in the home and increase family stability. The youth does not need to have a serious emotional disturbance or a serious mental illness to be eligible to participate.

Each participant is provided a Professional Partner who serves as a service coordinator. Through a family-centered team effort, they coordinate and facilitate formal and informal services and supports necessary to assist the youth and their families in meeting their established goals.

FYI's philosophy is based on the wraparound approach. Wraparound relies on the natural support systems of the family in its community. The approach begins with the principle of ensuring "voice and choice," which stipulates that the perspectives of the family—including the child—must be given primary importance during planning and other activities.

Wraparound further requires that the planning process itself, as well as the services and supports provided, are individualized, family driven, culturally competent, and community based. Additionally, the process increases "natural supports" available to a family by strengthening interpersonal relationships and utilizing other resources that are available in the family's network of social and community relationships. Finally, all contact with participants and their families is "strengths based," including referrals for activities/supports that purposefully help the youth and family to recognize, utilize, and build talents, assets, and positive capacities.



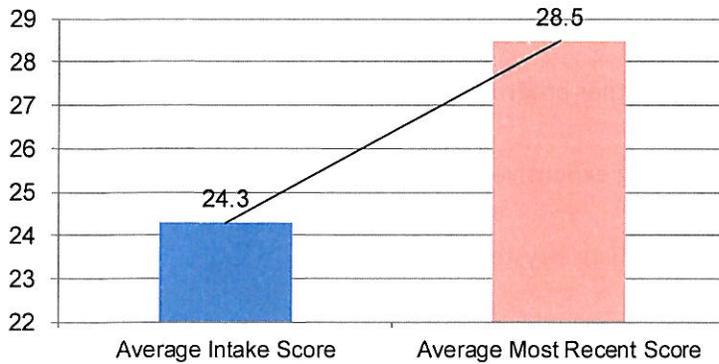
**Traditional Track:** Average length of stay was 12.9 months; number of youth served was 106.

**PPP Track:** Average length of stay was 4 months; number of youth served was 43.

**TAPP Track:** Average length of stay was 9.6 months; number of youth served was 66.

**CFS Track:** Average length of stay was 4.7 months; number of youth served was 133.

**FYI Active Families Average Outcome Rating Scale Scores (n=122)  
Showing Improvement FY 14-15**



**Outcome Rating Scale Graph — All four FYI Program tracks** Client-Directed/Outcome-Informed Care and evidence-based practice is designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes. Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, interaction with a client can be client-directed and outcome-informed. According to Dr. Miller, a score of 28 points is the clinical cutoff. Clients that score under 28 are in need of and could benefit from treatment; above 25 points indicates a person is functioning like the "norm population not in behavioral health services." On average, the families are progressing/improving.

### Child and Adolescent Functioning Scale (CAFAS) and Cluster-Based Planning (CBP) for Youth

The **CAFAS** is a tool designed to evaluate emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth.

**CBP** is a tool, identifying individuals by "clusters." A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social or environmental context, and/or life situations (*for more information on CBP, see page 11*). CBP assists the children's system of care by better identifying who the consumers of services are, what types of services are needed, and what we can best offer to meet those needs.

Youth served through FYI were administered the CAFAS and were also identified by clusters. The charts on the following pages identify youth by cluster membership and their average level of functioning on the CAFAS at time of enrollment and discharge. The percent of youth that meet the clinically significant change by cluster are listed. Clinically significant change occurs when the youth's intake CAFAS score decreases by 20 points.

#### Outcomes of Traditional Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behav	25	30%	85.6	14	37%	60.7	71.4%
2	Depressed-May Be Suicidal	6	7%	113.3	2	5%	55	100.0%
3	Severe Behavioral Probs	12	14%	118.3	5	13%	86	60.0%
4	Sexual, Physical, Emotional Abuse	6	7%	106.7	2	5%	45	100.0%
5	Affected By Traumas	8	10%	92.5	2	5%	30	100.0%
6	With Substance Abuse Issues	N/A	N/A	N/A	N/A	N/A	N/A	N/A
7	Very Anxious Youth	2	2%	75	N/A	N/A	N/A	N/A
8	Not Adjusting to Stressful Life, Crises	8	10%	88.8	6	16%	40	83.3%
9	Sexual Offenses	2	2%	120	1	3%	60	100.0%
10	MH & Cognitive Limitations	15	18%	102	6	16%	81.7	66.7%
NA	Does not fit to any cluster assignment	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	<b>Total or Average</b>	<b>84</b>	<b>100%</b>	<b>98.2</b>	<b>38</b>	<b>100%</b>	<b>61.3</b>	<b>76.3%</b>

Outcomes of Prevention Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behav	9	20.93%	90	7	21.88%	61.4	57%
2	Depressed-May Be Suicidal	12	27.91%	99.2	9	28.13%	78.9	44%
3	Severe Behavior Problems	4	9.30%	100	4	12.50%	8	25%
4	Sexual, Physical, Emotional Abuse	3	6.98%	90	1	3.13%	20	100%
5	Affected By Traumas	2	4.65%	75	1	3.13%	80	0%
6	With Substance Abuse Issues	2	4.65%	115	1	3.13%	130	0%
7	Very Anxious Youth	5	11.63%	90	5	15.63%	82	40%
8	Not Adjusting to Stressful Life, Crisis	2	4.65%	70	2	6.25%	70	0%
9	Sexual Offenses	N/A	N/A	N/A	N/A	N/A	N/A	N/A
10	MH & Cognitive Limitations	2	4.65%	115	1	3.13%	130	0%
	Does not fit to any cluster assignment	2	4.65%	90	1	3.13%	110	0%
<b>Total or Average</b>		<b>43</b>	<b>100.00%</b>	<b>93.30</b>	<b>32</b>	<b>100.00%</b>	<b>76.5</b>	<b>38.7%</b>

Outcomes of Transition-Age Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behav	2	4%	90	1	3%	20	100.0%
2	Depressed-May Be Suicidal	15	27%	112	7	23%	100	28.6%
3	Severe Behavioral Probs	6	11%	125	4	13%	100	50.0%
4	Sexual, Physical, Emotional Abuse	3	5%	83.3	3	10%	86.7	33.3%
5	Affected By Traumas	5	9%	114	2	6%	110	100.0%
6	With Substance Abuse Issues	8	15%	96.2	6	19%	41.7	66.7%
7	Very Anxious Youth	6	11%	90	2	6%	60	50.0%
8	Not Adjusting to Stressful Life, Crises	N/A	N/A	N/A	N/A	N/A	N/A	N/A
9	Sexual Offenses	2	4%	95	1	3%	50	100.0%
10	MH & Cognitive Limitations	6	11%	128.3	5	16%	108	20.0%
NA	Does not fit to any cluster assignment	2	4%	135	N/A	N/A	N/A	N/A
<b>Total or Average</b>		<b>55</b>	<b>100%</b>	<b>108.50</b>	<b>31</b>	<b>100%</b>	<b>82.6</b>	<b>48.4%</b>

Outcomes of Children & Family Services Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behav	22	27%	74.5	16	29%	57.5	50.0%
2	Depressed-May Be Suicidal	8	10%	90	6	11%	105	33.0%
3	Severe Behavioral Probs	11	14%	85.5	8	15%	87.5	37.5%
4	Sexual, Physical, Emotional Abuse	8	10%	70	4	7%	60	50.0%
5	Affected By Traumas	8	10%	57.5	6	11%	43.3	50.0%
6	With Substance Abuse Issues	1	1%	20	N/A	N/A	N/A	N/A
7	Very Anxious Youth	1	1%	20	N/A	N/A	N/A	N/A
8	Not Adjusting to Stressful Life, Crises	10	13%	43	5	9%	54	40.0%
9	Sexual Offenses	N/A	N/A	N/A	N/A	N/A	N/A	N/A
10	MH & Cognitive Limitations	4	5%	87.5	4	7%	65	75.0%
NA	Does't not fit to any cluster assignment	7	9%	51.4	6	11%	45	50.0%
<b>Total or Average</b>		<b>80</b>	<b>100%</b>	<b>68.80</b>	<b>55</b>	<b>100%</b>	<b>63.3</b>	<b>48.2%</b>

STRUCTURE & GOVERNANCE

FUNDING & EXPENDITURES

NETWORK ADMINISTRATION

CHILDREN & FAMILY SERVICES

COMMUNITY BENEFIT NETWORK

# COMMUNITY BENEFIT NETWORK

Region V Systems' strategic intent is to promote comprehensive partnerships in behavioral health. One example of a partnership is Region V Systems' Community Benefit Network (CBN). During FY 14-15, Region V Systems offered a variety of supports to nonprofits through the CBN, such as:

- Office space and use of computers, phones, furniture, conference rooms, parking, etc.
- Administrative support
- Fiscal support
- IT support
- Technical assistance in relation to corporate compliance, privacy and security, human resource management
- Creation and management of data base systems.
- Behavioral Health Workforce Development

This type of "shared services/shared space" philosophy allows organizations to build capacity and increase efficiencies, enhancing their ability to provide services and focus on the mission of their organization.

In FY 14-15, Region V Systems offered shared space/services and/or technical assistance to:

- Behavioral Health Education Center of Nebraska (BHECN)
- Electronic Behavioral Health Information Network (eBHIN)
- Families Inspiring Families (FIF)
- Houses of Hope
- Human Services Federation (HSF)
- Lancaster Prevention Coalition (LPC)
- Mental Health Association of Nebraska (MHA-NE)
- National Association of Case Managers (NACM)
- People's Health Center (PHC)
- Seward County
- St. Monica's

STRUCTURE &  
GOVERNANCE

FUNDING &  
EXPENDITURES

NETWORK  
ADMINISTRATION

CHILDREN &  
FAMILY SERVICES

COMMUNITY  
BENEFIT NETWORK

# DIRECTORY

## Prevention Coalitions

**Butler County Believes In Youth**  
750 'D' St.  
David City, NE 68632  
Phone: 402-367-4590  
Chad Denker

**Fillmore County Prevention Coalition**  
910 'D' St.  
Geneva, NE 68361  
Phone: 402-759-6873  
Jolene Frook

**Gage County MAPS Community Coalition**  
320 N. 5<sup>th</sup> St.  
Beatrice, NE 68310  
Phone: 402-223-1500 Ext 1059  
Christina Lyons

**Jefferson County Community Coalition**  
PO Box 352  
514 'D' St.  
Fairbury, NE 68352  
Phone: 402-729-6510  
Collena Laschanky

**Johnson County CAN Coalition**  
P.O. Box 684  
358 N. 6<sup>th</sup> St.  
Tecumseh, NE 68450  
Phone: 402-866-6431  
Nancy Harms

**Lancaster Prevention Coalition**  
1645 'N' St.  
Lincoln, NE 68508  
402-441-3807  
Teri Vosicky

**Mead Community Group**  
610 S. Vine  
Mead, NE 68443  
Phone: 402-624-5255  
Jeannette Johnson

**Nemaha Advocates Drug and Alcohol Awareness Coalition**  
601 'J' St.  
Auburn, NE 68305  
Phone: 402-274-9485  
Jessica Baker

**Partners for Otoe County**  
917 Wildwood Lane  
Nebraska City, NE 68410  
Phone: 402-873-6343  
Cody Manthei

**Polk County Substance Abuse Coalition**  
PO Box 316  
Osceola, NE 68651  
Phone: 402-747-2211  
Darla Winslow

**Richardson County Prevention is Key**  
810 Central Ave.  
Humboldt, NE 68376  
Phone: 402-862-2151  
Karen Mezger

**Saline County Drug and Alcohol Prevention Coalition**  
PO Box 865  
Wilber, NE 68465  
Phone: 402-821-3581  
Tim McDermott

**Seward County Bridges**  
216 S. 9<sup>th</sup> St.  
Seward, NE 68434  
Phone: 402-643-3695  
Jessica Rutt

**Thayer County Healthy Communities Coalition**  
PO Box 91  
Hebron, NE 68370  
Phone: 402-200-0502  
Jana Tietjen

**York County Drug Task Force**  
2101 N. Lincoln Ave.  
York, NE 68467  
Phone: 402-362-2621  
Irene Duncan

## Prevention Provider

**School Community Intervention & Prevention (SCIP)**  
Lincoln Medical Education Partnership  
4600 Valley Road  
Lincoln, NE 68510  
Phone: 402-483-4581

# DIRECTORY

## Network Providers

Central office listed; for other service locations, contact the agency listed here.

### **Associates in Counseling & Treatment**

2110 S. 38<sup>th</sup> St.  
Lincoln, NE 68506  
Phone: 402-261-6667  
[www.actnebraska.net](http://www.actnebraska.net)

### **Blue Valley Behavioral Health**

1123 N. 9<sup>th</sup> St.  
Beatrice, NE 68310  
Phone: 402-228-3386  
[www.bvbh.net](http://www.bvbh.net)

### **The Bridge Behavioral Health**

721 'K' St.  
Lincoln, NE 68508  
Phone: 402-477-3951  
[www.thebridgenebraska.org](http://www.thebridgenebraska.org)

### **CenterPointe**

2633 'P' St.  
Lincoln, NE 68503  
Phone: 402-475-8717  
[www.centerpointe.org](http://www.centerpointe.org)

### **Child Guidance Center**

2444 'O' St.  
Lincoln, NE 68510  
Phone: 402-475-7666  
[www.child-guidance.org](http://www.child-guidance.org)

### **Houses of Hope**

1124 N Cotner Blvd.  
Lincoln, NE 68505  
Phone: 402-435-3165  
[www.housesofhope.com](http://www.housesofhope.com)

### **Lincoln Medical Education Partnership**

4600 Valley Rd.  
Lincoln, NE 68510  
Phone: 402-483-4581  
[www.lmep.com](http://www.lmep.com)

### **Lutheran Family Services**

2201 S 17<sup>th</sup> St.  
Lincoln, NE 68502  
Phone: 402-441-7940  
[www.lfsneb.org](http://www.lfsneb.org)

### **Mental Health Association**

1645 'N' St.  
Lincoln, NE 68508  
Phone: 402-441-4371  
[www.mha-ne.org](http://www.mha-ne.org)

### **Mental Health Crisis Center of Lancaster County**

2201 S. 17<sup>th</sup> St.  
Lincoln, NE 68502  
Phone: 402-441-8276  
[www.lancaster.ne.gov/mental](http://www.lancaster.ne.gov/mental)

### **St. Monica's**

120 Wedgewood Dr.  
Lincoln, NE 68510  
Phone: 402-441-3768  
[www.stmonicas.com](http://www.stmonicas.com)

# LANCASTER COUNTY CONSUMER DEMOGRAPHICS

County of Residence : Lancaster		Unduplicated Count of Persons Served ►	3366	3869
		Total Admissions ►	3894	5891
Demographic	Category	MH	SA	
Service Type	ACT	2	0	
	ACT Alt	40	0	
	Acute Psy Inpatient	9	0	
	Assess/Eval ONLY -MH	3	0	
	Assess/Eval ONLY -SA	0	799	
	AssessEvONLY Justice	0	1	
	Ch Halfway House	0	3	
	Ch IOP-SA	0	1	
	Ch O/P-MH	222	0	
	Ch O/P-SA	0	108	
	Ch Prof Partners	196	0	
	Ch Short-Term Wrap	1	0	
	Ch Yth AssessONLY-SA	0	3	
	Community Support MH	363	0	
	Community Support SA	0	112	
	CPC	0	3134	
	Crisis AssessLADC/SA	0	171	
	Crisis Stabliz./Tx	1	0	
	Day Rehab - Full Day	30	0	
	Detox	0	486	
	Dual Dis Res/MH	8	0	
	Dual Dis Res/SA	0	35	
	Emergency Comm Supp	186	0	
	EPC	578	0	
	Half-way House - SA	0	157	
	ICS/ICM - MH	80	0	
	ICS/ICM - SA	0	18	
	Int O/P - SA	0	153	
	Int. Res - SA	0	77	
	Medication Managment	2798	0	
	O/P Dual Dx	7	0	
	O/P-MH	1628	0	
	O/P-SA	0	825	
	OpioidRplace-MethBup	0	19	
	Post Com Trt Days/MH	45	0	
	Psych Res Rehab - MH	10	0	
	Psych Respite	217	0	
	Recovery Support	305	0	
	Secure Resident - MH	2	0	
	Short-term Res - SA	0	329	
	Sub Acute	1	0	
	Supported Employment	49	0	
Supported Living	42	0		
Therapeutic Com - SA	0	42		

# LANCASTER COUNTY CONSUMER DEMOGRAPHICS

<b>Service Type Total</b>		<b>6823</b>	<b>6473</b>
<b>Sex</b>	Female	3352	1901
	Male	3469	4570
	Other	2	2
<b>Sex Total</b>		<b>6823</b>	<b>6473</b>
<b>Race</b>	Alaska Native	9	3
	American Indian	250	669
	Asian	77	67
	Black or African American	753	732
	Native Hawaiian	6	9
	Other Pacific Islander	41	16
	Unknown	2	12
	White	5685	4965
<b>Race Total</b>		<b>6823</b>	<b>6473</b>
<b>Age</b>	0 - 5 Years Of Age	28	0
	6 - 10 Years Of Age	104	0
	11 - 15 Years Of Age	167	52
	16 - 17 Years Of Age	42	70
	18 Years Of Age	30	76
	19 - 20 Years Of Age	218	289
	21 - 25 Years Of Age	743	1069
	26 - 44 Years Of Age	2929	3102
	45 - 64 Years Of Age	2487	1757
65+ Years Of Age	75	58	
<b>Age Total</b>		<b>6823</b>	<b>6473</b>
<b>Employment Status at Adm</b>	Active/Armed Forces(<35 Hrs)	5	3
	Active/Armed Forces(35+ Hrs)	0	3
	Disabled	1346	590
	Employed Full Time (35 hrs +)	765	1580
	Employed Part Time (<35 Hrs)	863	658
	Homemaker	63	17
	Resident of Institution	33	59
	Retired	52	36
	Student	431	303
	Supported Employment	12	3
	Unemployed(Laid off/looking	1808	1514
	Unemployed/Not Seeking	1419	1707
	Unknown	1	0
	Volunteer	25	0
<b>Employment Status at Admission Total</b>		<b>6823</b>	<b>6473</b>
<b>Insurance Coverage</b>	HMO	17	9
	Indian Hlth Svc	0	3
	Medicaid	1032	582
	Medicare	307	99
	No Insurance	4911	4619
	Other Insurance	264	794
	Othr Direct Fed	3	0

# LANCASTER COUNTY CONSUMER DEMOGRAPHICS

	Othr Direct Sta	15	1
	PPO	83	55
	Priv.Self Paid	146	219
	Veterans Admin	45	92
<b>Insurance Coverage Total</b>		<b>6823</b>	<b>6473</b>
<b>Legal Status at Admission</b>	Civil Protective Custody (CPC)	15	3135
	Court Order	75	244
	Court: Competency Evaluation	2	2
	Court: Juvenile Commitment	0	1
	Court: Mentally disordered sex offender	1	0
	Court: Presentence Evaluation	12	292
	Emergency Protective Custody (EPC)	613	173
	Incarceration due to gambling	1	0
	MHB Commitment	221	49
	MHB Hold/Custody Warrant	43	6
	Not responsible by reason of insanity	9	0
	Parole	29	50
	Pending related to Gambling	1	0
	Probation	38	240
	Probation due to Gambling	12	0
	STATE WARD	12	1
	Voluntary	5416	2200
Voluntary by Guardian	323	80	
<b>Legal Status at Admission Total</b>		<b>6823</b>	<b>6473</b>
<b>Reason for Admission</b>	Dual Diag/Prim.MenHlth/Pri.S/A	1548	609
	Prim CG/Secondary MH	9	2
	Prim CG/Secondary SA	3	0
	Prim.Intellectual Disability	3	0
	Prim.Mental Hlth/Secondary S/A	312	48
	Prim.S/A/Secondary Mental Hlth	60	154
	Prim.Sex Offender	34	0
	Primary Mental Health	4357	282
	Primary Substance Abuse	494	5378
	Unknown	3	0
<b>Reason for Admission Total</b>		<b>6823</b>	<b>6473</b>
<b>Diagnostic Categories</b>	Adjustment Disorder	447	112
	Anxiety Disorder	782	107
	Child/Adolescent Disorder	212	13
	Cognitive Disorder	12	1
	Deferred, Unspecif, Other	401	85
	Dissociative Disorder	0	1
	Eating Disorder	2	1
	Medical related Disorder	1	0
	Mood Disorder	2972	383
	Other Conditions	8	2
	Other Impulse-Control	28	3
	Schizophrenia & Psychosis	915	85
	Sexual & Gender Identity	47	0
	Sleep Disorder	5	0
	Substance-Related Disorder	932	5676
	Unidentified	59	4
<b>Diagnostic Categories Total</b>		<b>6823</b>	<b>6473</b>

# REGION V SYSTEMS

COUNTY CONTRIBUTION  
(Approved 4-11-16)

(MENTAL HEALTH)	2010 POPULATION	FY 15-16	PER POP.	Increase (27..54%)	FY 16-17	PER POP.
<b>COUNTY</b>						
Butler	8,395	\$ 14,671	1.7476	\$ 4,040	\$ 18,711	2.2287
Fillmore	5,890	\$ 10,292	1.7476	\$ 2,834	\$ 13,126	2.2287
Gage	22,311	\$ 38,990	1.7476	\$ 10,736	\$ 49,726	2.2287
Jefferson	7,547	\$ 13,190	1.7476	\$ 3,632	\$ 16,822	2.2287
Johnson	5,217	\$ 9,117	1.7476	\$ 2,511	\$ 11,628	2.2287
Lancaster	285,407	\$ 498,754	1.7476	\$ 137,340	\$ 636,094	2.2287
Nemaha	7,248	\$ 12,666	1.7476	\$ 3,488	\$ 16,154	2.2287
Otoe	15,740	\$ 27,505	1.7476	\$ 7,574	\$ 35,079	2.2287
Pawnee	2,773	\$ 4,847	1.7476	\$ 1,335	\$ 6,182	2.2287
Polk	5,406	\$ 9,447	1.7476	\$ 2,601	\$ 12,048	2.2287
Richardson	8,363	\$ 14,615	1.7476	\$ 4,024	\$ 18,639	2.2287
Saline	14,200	\$ 24,815	1.7476	\$ 6,833	\$ 31,648	2.2287
Saunders	20,780	\$ 36,313	1.7476	\$ 9,999	\$ 46,312	2.2287
Seward	16,750	\$ 29,271	1.7476	\$ 8,060	\$ 37,331	2.2287
Thayer	5,228	\$ 9,136	1.7476	\$ 2,516	\$ 11,652	2.2287
York	13,665	\$ 23,882	1.7476	\$ 6,576	\$ 30,458	2.2287
Total	444,920	<u>\$ 777,511</u>		<u>\$ 214,099</u>	<u>\$ 991,610</u>	

(SUBSTANCE ABUSE)	2010 POPULATION	FY 15-16	PER POP.	Increase (27.54%)	FY 16-17	PER POP.
<b>COUNTY</b>						
Butler	8,395	\$ 2,639	0.3143	\$ 727	\$ 3,366	0.4009
Fillmore	5,890	\$ 1,851	0.3143	\$ 510	\$ 2,361	0.4009
Gage	22,311	\$ 7,014	0.3143	\$ 1,931	\$ 8,945	0.4009
Jefferson	7,547	\$ 2,373	0.3143	\$ 653	\$ 3,026	0.4009
Johnson	5,217	\$ 1,640	0.3143	\$ 452	\$ 2,092	0.4009
Lancaster	285,407	\$ 89,707	0.3143	\$ 24,700	\$ 114,407	0.4009
Nemaha	7,248	\$ 2,277	0.3143	\$ 627	\$ 2,904	0.4009
Otoe	15,740	\$ 4,948	0.3143	\$ 1,363	\$ 6,311	0.4009
Pawnee	2,773	\$ 872	0.3143	\$ 240	\$ 1,112	0.4009
Polk	5,406	\$ 1,698	0.3143	\$ 468	\$ 2,166	0.4009
Richardson	8,363	\$ 2,630	0.3143	\$ 724	\$ 3,354	0.4009
Saline	14,200	\$ 4,465	0.3143	\$ 1,230	\$ 5,695	0.4009
Saunders	20,780	\$ 6,533	0.3143	\$ 1,799	\$ 8,332	0.4009
Seward	16,750	\$ 5,265	0.3143	\$ 1,450	\$ 6,715	0.4009
Thayer	5,228	\$ 1,644	0.3143	\$ 453	\$ 2,097	0.4009
York	13,665	\$ 4,298	0.3143	\$ 1,184	\$ 5,482	0.4009
Total	444,920	<u>\$ 139,854</u>		<u>\$ 38,511</u>	<u>\$ 178,365</u>	
<b>GRAND TOTAL</b>		<u><u>\$ 917,365</u></u>		<u><u>\$ 252,610</u></u>	<u><u>\$ 1,169,975</u></u> **	

\*\* Minimum match required per State Contract

# RVS

2015 Annual Report

Region V Services

Each Nebraskaan with a developmental disability will  
be valued as a member of the community that  
services will be available to provide integrated,  
personalized supports that will enable each person

## *Our Mission Statement*

*The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance on agency services.*

## *Our Vision Statement*

*Each Nebraskan with a developmental disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.*

# boards and committees

## Staff Development

Shannon Dunekacke - Auburn  
Anni Schaldecker - York/Seward  
Bruce Cudly - Central Office  
Cami Erb - L-3  
Carol Cunningham - Central Office  
Deb Brixus - Crete/Beatrice  
Greg Hasselman - ServiceLinc  
Nancy Fischer - L-2  
Linda Plager - Nebraska City  
Lisa Bahle - L-5  
Richard Soule - L-4/Gretna  
Susanne Nelson - Wahoo  
Tammy Suey - Fairbury/Hebron  
Mackenzie Derby - L-1  
Todd Scholz - Central Office  
Traci Ryba-Grant - David City/Columbus

## Public Education and Information

Roni Gabel - Central Office  
Sonia Kistner - Auburn  
Joanne Nolting - Crete/Beatrice  
Margo Hlavac - David City/Columbus  
Johnita Patterson - Fairbury/Hebron  
Terese Croghan -Gretna  
Kelsey White - L1  
Ann McNemar - L2  
Dusty Hegwood - L2  
Tina Luellen - L4  
Tengorn Phaison - L5  
Lisa Hitchins - Nebraska City  
Nancy Bates - ServiceLinc  
Mike Miller - York/Seward

The Dinner Dance hostess crew, at your service for a wonderful evening.



## Personnel Advisory

Darcy Hinrichsen - Auburn  
Lori Gottfried - Central Office  
Diane Usher - Crete/Beatrice  
Jenna Daro - David City/Columbus  
Candi Bonsal - Fairbury/Hebron  
Ali Al-Goran - Gretna/Bellevue  
Alyssa Mummey - L1  
Frank Bonsu - L3  
Betty Finck - L4  
Dana McDaid - L5  
Karen Ohnmacht - Nebraska City  
Shanitay Boyd - ServiceLinc  
Carey Shanahan - Wahoo

## Governing Board

Greg Janak - Butler  
Marvin Bohling - Nemaha  
Doris Karloff - Saunders  
Susan Johnson - Fillmore  
Steven Lade - Otoe  
Roger Glawatz - Seward  
Dennis Byars - Gage  
Jan Lang - Pawnee  
Dean Krueger - Thayer  
Brad Grummert - Jefferson  
LeRoy Gerrard - Polk  
Bill Bamesberger - York  
Les Agena - Johnson  
Jim Davidson - Richardson  
Todd Wiltgen - Lancaster  
Janet Henning - Saline  
Kevin Jeppson - RVS  
Dave Merrill - RVS

## Advisory

Susan Brown  
Hazel Cummins  
Terry Dittmer  
Courtney Kochner  
Mary & Tim McAlpine  
Beth Sposato  
Leonard Glenn  
Jay & Laura Gilbert

# boards and committees

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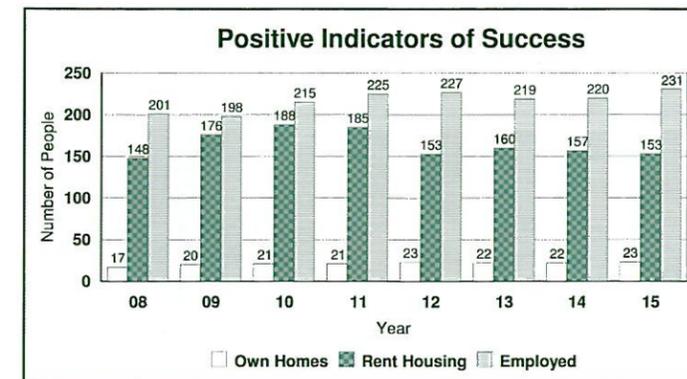
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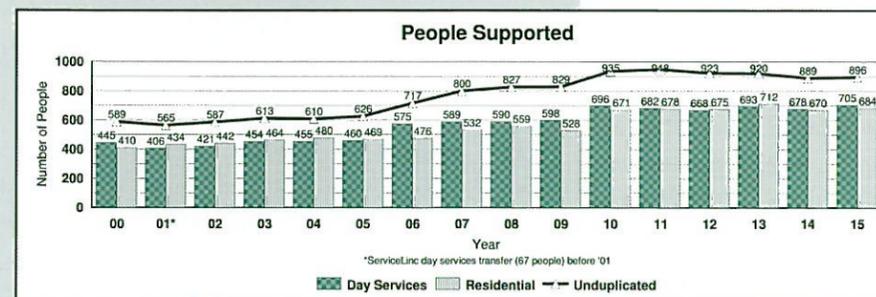
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 Hazel Cummins  
 Terry Dittmer  
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 Leonard Glenn  
 Jay & Laura Gilbert

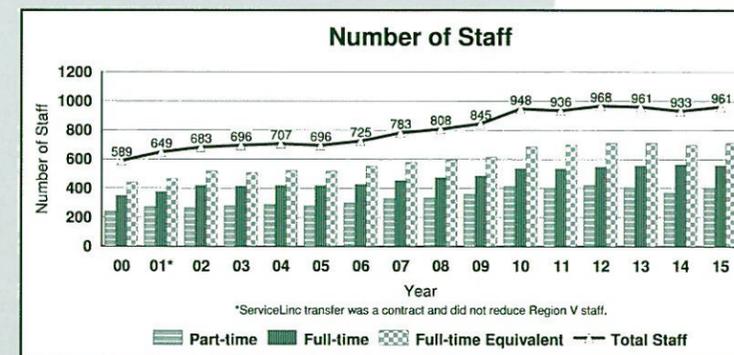
The number of 231 people working in the community is the all time high for Region V Services. It does not include work crews or contract work. If you know of employment opportunities for people we support, please contact the Area Director for your area.



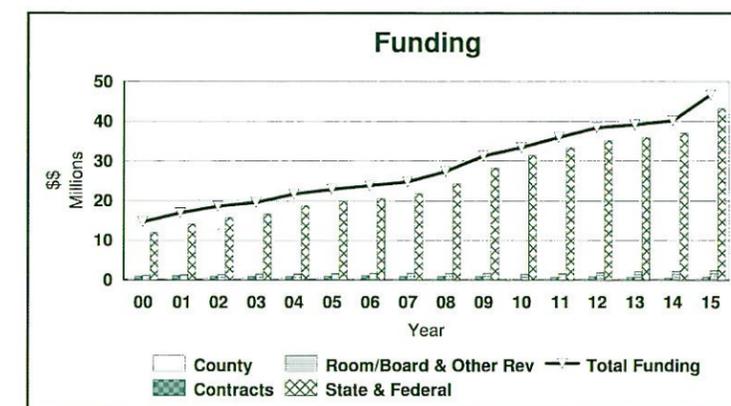
## Region V Services



The number of people we support remains fairly steady, around 900 people. That is approximately 20% of all people receiving specialized supports in Nebraska.



Recruiting quality staff remains a challenge in some areas of the Region.



The new funding methodology helped up handle the increase in minimum wage. Most of the new funding is supported through the Federal Medicaid Waiver.

The 2015 Spring Dance and Arts Festival was held at the Sesostris Shriners Banquet Hall where people displayed their art, sang karaoke and danced.



“Live, Laugh, Learn” our 2015 Symposium was a great success. Inspiring presentations were given by people we support and staff to a two day attendance of around 500 people. There was singing, listening and a lot of laughter.



Terri Ostrand



Lon Malocek



Gabriel Kwambamba



Geraldine Fairchild

Terri Ostrand of Nebraska City once again served as our master of ceremony. Lon Malocek, Columbus, spoke on “Lon’s Journey”. Geraldine Fairchild, Fairbury, told the story “My Life” and Matt Morrison, Gretna, presented “Hostess with the Mostest”. Our key note speaker of the day was T. Marni Voss, Lincoln, with “Celebration of Laughter”.



Matt Morrison

## Central Office



We received 35 T-shirt contest entries. 1st place design went to Donna Michl of Crete (her design is held by Roni Gabel), 2nd place to Bert Mishler of Fairbury.



With a rainy week, we were thankful for the perfect weather during our agency picnic.



For the second year our Annual Dinner Dance was held at the Lancaster Events Center.



We enjoyed a wonderful meal and a fun night of dancing.

- Led change to new electronic billing.
- Balanced W2's and completed monthly payroll for 1,106 employees with over \$26 million in gross pay.
- BART 20 classes held  
213 staff trained
- Abuse/Neglect 18 classes held  
293 staff trained
- Orientation 10 classes held  
289 staff trained
- Med Class 113 classes held  
382 staff trained
- CPR Class 105 classes held  
436 staff trained
- Sensory Training 10 classes held  
88 staff trained
- Spring Dance and Arts Festival 325 attended
- Annual Picnic at Pioneers Park 560 attended
- Annual Dinner Dance 645 people attended
- Dave Merrill visited 16 counties.



Ryan Neal  
Employment Specialist/  
Benefits Planner

As Employment Specialist, Ryan provides training to Employment Consultants and Job Coaches. He has developed a series of trainings designed for future Job Coaches based on the trainings given by Darla Wilkerson through our grant project. He worked with the Fairbury office in re-creating the Career Academy training given by Darla Wilkerson of the CSI Network. This new training will be taught for the first time beginning March 2016. The focus will be on preparing our job-seekers to find the best possible job matches and in developing the supports necessary for these job matches to become successful long term job placements.

As Benefits Planner, Ryan provides information on how best to manage a person's Social Security benefits. He developed a series of trainings designed to teach staff, people in services, and their families about the various benefits, rules, and work incentives involved in the different Social Security programs, as well as how to recognize which benefits a person is receiving. He consults with families and teams on how to manage and protect benefits and will advocate on a person's behalf directly with Social Security and/or Medicaid.



Carol Cunningham  
Director of Staff Development

Carol Cunningham chairs the Staff Development committee and Management Training team in identifying and arranging for training for management and employees. She is instrumental working with a team to plan our annual Symposium which gets bigger and better each year. It is attended by staff, people we support, parents, State Service Coordinators and others.

Through our Workers Comp. Company (RAS) Carol spearheaded the Train the Trainer for Sensory Processing in 2012 starting with 20 trainers. We use the Ready Approach method which is an organized, sensory oriented approach to help people get to the Ready State. Since 2014 we have held a monthly Sensory class for staff. Staff then use the training to identify sensory processing issues that may be present and then use the techniques to help the person feel calm and organized.

Darcy Elks, an international trainer, presented a two day Meaningful Day workshop for 40 Residential staff arranged by the Staff Development committee. A one day training was developed from this workshop and is now being provided to our agencies.

Carol worked with Theresa Parrish from RAS to look at highest rated strain activities. Many suggestions from Theresa were made in order to decrease strain and to make a safer work environment.



Jill Peterson  
Nurse Consultant

Jill has been our Nurse Consultant since 2000. She is responsible for the direction and monitoring of our 848 Medication Aides and for the supervision of our 7 Region V Services nurses (Health Care Coordinators).

The nurse's role involves training staff to safely and competently provide medication, train on nursing related duties, assess competencies and provide direction for as needed medications with monthly classes held for our Lincoln agency's new employees with being available to answer questions as they arise.

At our last symposium, the nurses had an active role in presenting activities that included yoga, laugh yoga, dancing for health, benefits of water, taking blood pressures, handing out toothbrushes and information regarding general good health.

Jill is also responsible for keeping our Medication Aid manual and training up to date.



Travis Armknecht, Blaise Hug and Chad Johnson were among others who attended the Disabilities Awareness Month proclamation signing at the State Capital with Governor Ricketts.



Dana Shaw and Hollie Burgert gave a presentation at the People First of Nebraska Conference in Kearney

## Auburn (SENDS)



John Steele is proud to run his mowing business using his new John Deere mower.



Joel Pursey, a member of the Auburn Jaycees volunteered at the Jaycees Bingo stand during the Nemaha County Fair.

### Community Contributions

- For 17 years, nine persons have assisted with the blood mobile.
- People First made donations to civic organizations and community causes this past year: Four members bowled in a fundraiser for the Auburn Chamber of Commerce, donated an item to a fund raiser for a local teacher with breast cancer, Teammates, Falls City Jaycees, Lifetime Vision Center for new sand volleyball courts, Auburn Jaycees and the Auburn Chamber for Earth Day.
- People First attended an ARC of NE fund raiser at a Saltdogs game in Lincoln.
- People First assisted in the purchase of a pool lift for the Auburn Public Pool with funds from Sam Hawley and Ken Wolken's memorials.

### Community Participation

- Joel Pursey and Hollie Burgert have been Auburn Jaycee members for over three years.
- Ken Dyer volunteers as a crossing guard at the Auburn Elementary School
- John Moody has been a Rotary Club member since 2004.
- Approximately six people attend Sunday worship on a regular basis
- Two bowling teams participate in League Bowling at the Auburn Bowldog Alley. Carlos Schulenberg bowls on a team in Falls City.
- Gary Grof and Delwin Truscott are members of the Knights of Columbus
- Courtney Borrego volunteers at the St. Francis Gift and Thrift Store.

### Personal Achievements

- People First received the State Chapter of the Year Award for the fifth time.
- Carlos Schulenberg started a new job at Sun Mart in Falls City.
- Wade Woerlen received a promotion to Laser Operator at Ariens. He has worked there since April of 2012.
- John Moody took a Mystery trip sponsored by Special Journeys. He ended up visiting Chicago, Wisconsin and various areas of Michigan.
- Travis Armknecht and Blaise Hug are active participants in a Tai Chi class at the Wellness Center.
- Beth Schmidt has worked for five years at the Haircutters Salon.

## Crete/Beatrice



During the past 18 months Tammy Watson lost 81.5 pounds! She currently works with a personal trainer twice each week. To celebrate she enjoyed her first vacation with a weekend trip to Kansas City.



People spent an exciting day at Haymarket Park, with Skybox Suites and lunch while cheering on the Huskers Baseball team.



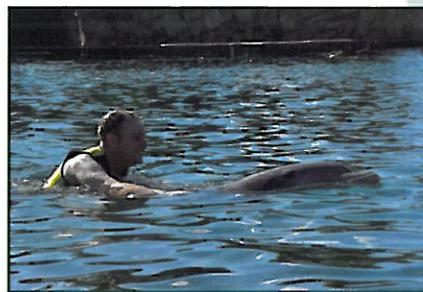
Kaylee Williams, a student from Wymore Southern, enjoys her first job working at Traubel's Popcorn Stand in Beatrice.



Jesse Kleveland has a pop machine business at Setzer's Welding and Manufacturing in Beatrice. He keeps the machine stocked and makes sure it is running properly.



Ryan Agena looks forward to work at his new job at Pizza Hut. He puts frozen wings into portion size bags averaging 3 cases a shift.



Craig Eggebraaten loves animals. He had a goal to swim with the dolphins. His goal became reality during a vacation to Florida when he swam with the dolphins at Discovery Cove at Sea World.

### Agency High Lights:

- On June 12 & 13, several people participated in helping to raise \$1,174.00 for Alex's Lemonade Stand in Beatrice. Over that weekend there were over 2500 lemonade stands throughout the USA coming together to raise one million dollars for childhood cancer research.
- Ron Fritz enjoyed an entire weekend in Grand Island attending the NE State Fair. He really enjoys car racing so he was excited to see the Demo Derby. He also enjoyed the Jake Owens Concert.
- Jacob Brandt and Gary Kujath enjoyed their first NFL game watching the Kansas City Chiefs vs. Chicago Bears in Kansas City.
- Trey Thalmann, an avid Baltimore Ravens fan, and Tim Nichols, an avid KC Chiefs fan, traveled to Arrowhead Stadium together to watch their favorite teams compete.
- Marsha Baker enjoyed a "Spa Day" where she had a massage, nail shellac and hair "updo" just prior to attending a Shania Twain Concert at Pinnacle Bank in Lincoln.
- Five people attended a Manheim Steam Roller Concert at the Orpheum Theatre in Omaha.
- Gary Kujath enjoyed going to a Comedy Club at Stir Cove Harris Casino in Council Bluff, Iowa.
- Alan Corey and Ron Fritz enjoy "hamburger night" each week at the Eagles Club in Beatrice. Ron is a member.
- Jacob Castillo is employed at Sodexo and was also hired part time at Pizza Hut in Crete. He no longer requires Day Service Supports from Region V Services.

*new places*



Lon Molacek is thrilled to be working for QC Supply in Schuyler. He looks forward to his job filling online orders and is looking forward to being the new MC for the 2016 symposium.



Joan is enjoying her morning hours custodial job at Westbrook Lanes. She enjoys the rest of the day to do other activities.



Dave Stevens loves his job at Pizza Ranch. The hours and duties are a perfect match for his personality. His favorite perk is the free meal at the end of his shift.



Marshall Boye is the Ace Hardware expert for unloading the truck and refilling the paint shelves. Owner Eric Hotoy says Marshall has been a blessing and has exceeded his expectations with his continuing growth and work skills.

## David City/Columbus

*new faces*



Mike Bohaboj



Zach Robinson



Amanda Sanders



Lahonna Bessey

### Highlights:

- Prepared a meal for the Columbus Rescue Mission several times during the year.
- Began breaking down and recycling boxes for Benes Services.
- Recycled for businesses in Columbus, including Westbrook Lanes and Micek's Bar.
- Continued volunteering at many places in David City and Columbus.
- Many persons participate in Special Olympics, medaling in Equestrian, bowling, basketball, track and softball.
- Made and delivered goodie plates of appreciation to over thirty people and businesses around David City.
- Gisela Gross celebrate her 25th work anniversary at HyVee.

It's been an exciting and busy year with nine new people starting supports with us and four new job sites as well as a variety of volunteer jobs around the Columbus and David City communities.



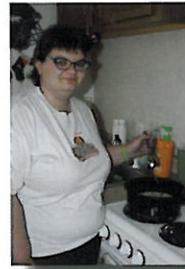
Chase Ebner



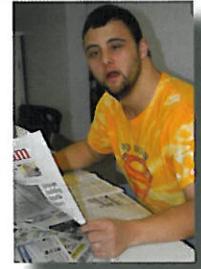
Bryan Tichota



Gisela Gross



Lacy Eller



Patrick Tremel

## Fairbury/Hebron Core Values

Reliability Accomplishment Industrious Supportive Education

RAISE the Bar

## Fairbury/Hebron



Career Academy Graduation - All Five of our Core Values were present in this success story. Eight persons completed the Career Academy Course successfully. The course was instructed by Employment Consultants Lori Svanda and Nichole Myers. The Avengers Employment Team in Fairbury/Hebron adopted an Employment Vision in 2015 and supported several individuals to obtain a job in the community. Pictured is Lori Svanda, Dick Krakow, Jesse Kleveland, Randall Scott Michalak, Gavin Hatcher, Heather Kaderabek and Nichole Myers. Not pictured is Gina Goodteacher-Holloway and Rodney Pankoke.



Rodney Pankoke and Lois Green.

Extended Family Home Provider Lois Green acted quickly and professionally to support Rodney Pankoke during a medical emergency. She raised the "Reliability" bar.



Barbara Graver and Stephanie Engelman.

Barbara Graver decided to join Stephanie Engelman and her family in an Extended Family Home. Barbara enjoys spending time with children, loves animals, and all the family activities. Stephanie shows the "Supportive" core value on a daily basis.

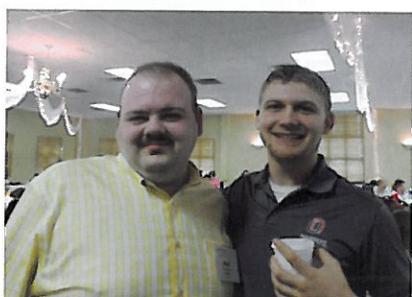


We focus on Meaningful Day activities. Sharon Green visited Morill Hall in Lincoln.

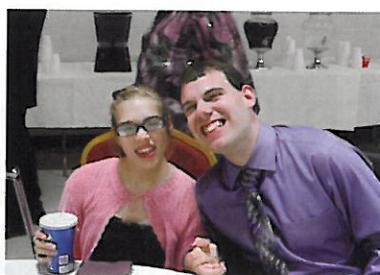
*Our Agency Values  
Adventure, Respect, Integrity, Zeal, Equality*



David Swisher enjoys working at the Speedy Mart where he stocks shelves and cleans. He likes earning a paycheck and making friends at work.



Matt Morrison presented at the 2015 RVS Symposium to share his experience working at Applebee's as the "Host with the Most".



Ryan Roche, Gretna, and Lindsey Walter of Bellevue, enjoyed a date at the Dinner Dance. They have been close friends for years and look forward to spending time together.



The Bellevue ladies enjoyed some pampering at a local nail salon.



Jordan Merriman enjoys his weekly equestrian therapy sessions at HETRA. He enjoys riding Trixie and getting in touch with his country roots.

## Gretna/Bellevue

### Highlights:

- David began working at the Speedy mart and Austin found part-time employment as a dog walker in Gretna.
- Nine people have part time jobs at businesses including Denny's, Applebee's, McDonalds, Wal-Mart, The Egg & I, and Silver Ridge Retirement Center.
- Josh moved from Omaha to an Extended Family Home in Ashland.
- Rachel began volunteering at the Joslyn Art Museum in Omaha. It fulfills both her passion for art and her desire to give back to her community.
- In July the Gretna office broke off from L4 and began to operate as an independent agency. In order to meet the growing demands for community based services, the decision was made to open a day service center in Bellevue.
- The Bellevue location opened in September supporting five people and by the end of the year we were already providing day supports for nine people and one person with in-home supports.
- We expanded our Gretna location which is currently supporting 30 people.
- Individuals at both locations enjoy various adventures in the Bellevue/Gretna/Omaha area where there is a plethora of new experiences



Morgan Elrod got her food handlers permit and it was just what she needed to land her a new job at Culver's.



Luke Craig creates artistic images on Photoshop. He was selected as one of the emerging artists at the Lincoln Arts Festival.

# Lincoln 1

## Highlights:

- Commitment • Honesty • Respect  
We have incorporated these core values into our New Hire Orientation. The value statements are used as a reference point to increase our expectations of the services we provide.
- Employment First continues to be a focus for all of Region V Services. We welcomed Mohamed Jalloh as our FT Employment Consultant in order to keep us headed in the right direction.
- We also welcomed two new Assistant Coordinators, Cassie Helgoth & Tamara Harris. Thank you for all your hard work that keeps things running smoothly.



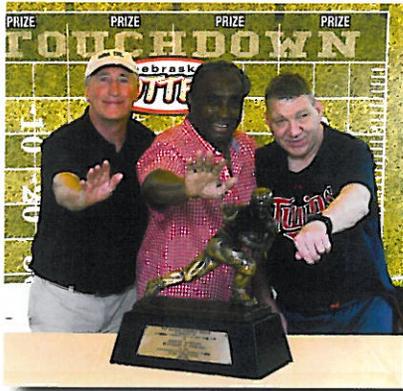
Elisha Cook enjoys creating a variety of arts and craft pieces. Elisha has been attending art class at Urban Legends for over a year.

Drew Dames moved out of his parent's home and into an apartment with a roommate. Drew is proud of his new home and is pictured next to just a sampling of his sports memorabilia showcased in his room.



- Lincoln 1 currently supports:**
- 71 people who receive day supports
  - 38 people who receive residential supports
  - 86 people supported (unduplicated)
    - 1 person who owns their own home
    - 6 people who rent their own apartment
    - 19 people who live with their family
    - 8 people who live with an Extended Family Home
    - 6 people who receive 24-hour residential supports
    - 18 people who are competitively employed

*Agency Goal: To listen, communicate and take action to support people in living the meaningful life of their choice.*



EFH. Kent Rolofson and Leon Ball met Jonny Rodgers and were thrilled to have their picture taken with him.

Leon Ball has lived with Kent Rolofson since he first moved to Lincoln in 2008. Kent quickly learned that Leon is a huge Major League Baseball and Nebraska Football fan. They had gone to a Huskers game but the walking was difficult for Leon. They watch the games on TV and wear their Huskers T-Shirts. They also attend the Huskers fall autograph day, and also attend several Saltdogs Baseball games each season. A couple years ago he even threw the first pitch at a game. You'll notice Leon's a major league baseball fan if you see him as most of his shirts are of Major League Baseball teams.

Pat Schroer made the difficult transition of moving into a new EFH provider when her previous EFH had passed away. Since living with her new EFH, Nicole, life has been going very well for Pat. She continues with her volunteering at Tabitha and with her job at Precious Pets.

Pat and Nicole have a great relationship and we are all very happy with how well Pat has adjusted. Pat and Nicole do many fun activities together and get along great.



Pat and Nicole

## Lincoln 2

Focused on Extended Family Homes

### Lincoln 2 Highlights:

- Steve Sipp has taken several fun trips to see family and friends. He also got a Go-kart and his staff has been helping him ride that! He enjoys spending time outside learning how to go faster
- Loretta Murray celebrated her 13th year at her job at Rosemont Daycare! The kids enjoy Loretta being there and always have a lot of interactions with her.
- After his long time roommate passed away in 2012, Robert Abbott. had many roommates move in and out. Finally Joe Clark moved in. They enjoy sitting on the patio and watching the news together. They both enjoy their EFH provider and their new friendship.
- It was difficult when Margret Friel and Andrea Curry, who call themselves "sisters", had to find a new EFH. They did several visits and interviewed their new potential EFH and made the decision to move in. They continue to have their former EFH in their lives with visits and phone calls.
- Larry Dieken is happy since moving to his new EFH home. He gets along with his new provider and her son. He is now living in an apartment type setting where he has his own living room, bathroom, laundry room, and even kitchen!

Quentin Waltke and Linda Rappl, his EFH, enjoy an ice cream sundae together, one of his favorite things.



Since he was seven years old (28 years) Quentin Waltke has called home with Linda and Mike Rappl. He was raised right along with their children and now enjoys going to visit them and his "nieces and nephews". He lights up when he is around the kids. He loves it when they sit on his lap and he gives them rides. He had a hard time when Mike passed away 3 years ago. They had a special bond. He was Quentin's dad.

Even though Quentin doesn't speak or see, he and Linda communicate. She knows his reactions when he likes or doesn't like something. Linda said he has a great sense of humor and he keeps her laughing. He makes her day every day. He wakes up happy and is always content. She couldn't imagine life without him. We are sure he feels the same.

Melissa Sundling often feels invisible as medical providers will talk to her staff rather than to her. She feels respected when she is spoken to directly. She shared that she can make informed choices with good information. She appreciates Jennifer at her appointment to be another set of ears and to remind her of questions to ask. They can discuss the appointment, but at the end Melissa is the one who makes the final decisions that concern her.



## Lincoln 3



Joe Kelsey talked about the attitude of the professional. He likes providers to be direct with him and to have a good sense of humor. He is frustrated when they talk around him instead of to him. He stressed to the participants that he too, chooses the providers he prefers.

### Group Educates Medical Providers

After being contacted by Fritz & O'Hare Associates to work with them in developing and participating in a continuing education class for Southeast Community College medical and nursing students, three people and their support persons were identified and chosen for this important project. The three groups of two worked closely throughout the year with Mary O'Hare and Lloya Fritz to develop the curriculum and organize and develop their personal presentations for "Strategies for Understanding, Communicating and Treating Persons with Intellectual & Developmental Disabilities.

Each person shared their stories and experiences with medical appointments and expectations. They presented to several groups at the SCC Lincoln and Beatrice Campuses. The participants were very welcoming and receptive to the presentations. They asked good and specific questions and shared some of their own experiences. Involved with the project were Brittanie Crider and her Extended Family Home provider, Carrie Nolte, Joe Kelsey and his Medical Services Associate, Ashley Hemmingsen, Melissa Sundling and her support staff, Jennifer Noble. They were glad to assist in this People First project by sharing their stories with the participants and local medical providers.



Brittanie Crider shared her sensory obstacles that she often encounters at medical appointments. Touch can be very uncomfortable to her based on her sensory perceptions. Verbal communication is difficult with those who don't know her. She asks that her providers look for non verbal cues as well as reactions to others. The slightest noises and movements are all communication.



Leya first introduced herself when she started working with Region V a year ago as a shy person who did not know what the community had to offer. Leya has come out of her shell and has tried many new things including joining a choir, working at a local coffee shop, volunteering at the Community Blood Bank and was even a bell ringer for the Salvation Army. This is just the beginning for Leya!



Paul got a new job at Russ's Market. He was employed at a restaurant, but his goal was to have a job closer to home so he could get to and from work on his own.



Since graduation in 2015, Dakota has started his own business buying, preparing and then selling collectible toys on Ebay and at local thrift stores. Dakota has recently expanded his business to include manufacturing assistive technology devices for people with disabilities so that his love of creating and repairing devices can assist others in their independence. Dakota's goal is to open his own shop some day!

## Lincoln 4

### By the numbers:

- Currently provide supports to 63 people.
- 60 adults and 3 children, ages from 15 - 72.
- All 63 people receive residential services; 6 also receive vocational planning. Of those 6, four are competitively employed.
- 20 people live in assisted settings, 6 are Extended Family Homes.
- 30 people live with their family; 11 people rent their home; 3 people own their homes.
- 30 people utilize medical support services.



Ben has been practicing his hobby of woodworking by taking a class through Southeast Community College. He crafted a bench for his deck and is now working on a foot bridge to enhance the landscaping in his yard.

## Lincoln 5



### Highlights:

- Darius Cook moved into his own apartment.
- Members of LEAP started a Friday morning bowling league. Everyone is enjoying themselves and have an intense competition for first place every week!
- Morgan Elrod started a job at Culvers that she is very excited about!
- We had a great holiday party with over 120 family and friends of Lincoln 5 in attendance.
- Lori Hattan and her husband Chris happily welcomed their fourth child, Treycen.
- We hired a part time Employment Consultant who will focus on supporting people in identifying jobs that they want and work on finding them those positions.

The LEAP program has been clipping coupons for the military coupon program for over three years. It started as service to help the Lions Club. When the Lions Club discontinued this service, L5 LEAP valued the project and decided to continue it on their own.

Coupon flyers are donated by staff, friends, and the Women's Chamber of Commerce. Three to eight people meet weekly to cut and sort. The coupons are sorted by food and non food items. Coupons up to 6 months past their expiration date can be used. Once they have a large package full they must take it to a regular post office (not a drop off) and complete a custom form to declare contents. Each package costs around \$13 to send. The Women's Chamber has paid for several mailings. Packages have been sent to bases in Germany and Guam. Pictured above are Pam Delancey, Pauline Hoffman and Melissa Percival.



Courtney Kochner



Courtney Kochner has been a member of the Lincoln 24 Century Lions Club since 2008. She happily participates in meetings and club activities. She was thrilled with the opportunity to travel to Hawaii along with three local members for the International Convention. She had her trip paid and the time requested from work when she was diagnosed with cancer. Her doctor gave her approval to keep her travel plans and begin treatment once she returned.

Courtney had the time of her life. In addition to convention activities she visited Pearl Harbor, hit the shops, went snorkeling and attended a Luau where she took an accelerated course in Polynesian dance.

After returning to Nebraska with great memories and a few souvenirs she went through radiation and chemotherapy and is doing very well.

## Nebraska City

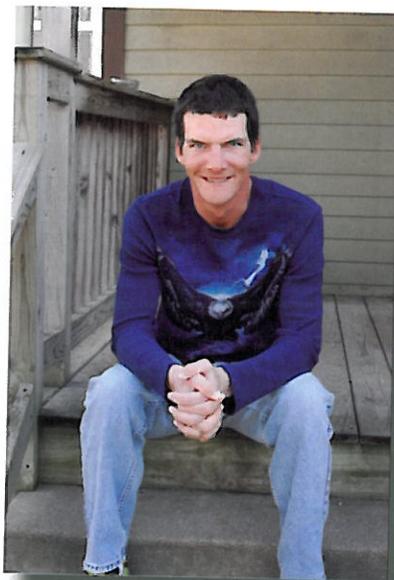


Nebraska City's first Career Academy began with four students – Mike Knapp, Bonnie Jahn, Crystal Hopper and Carl Kissinger. The curriculum was developed from a grant project in Fairbury and Lincoln 1 with the assistance of Ryan Neal, RVS Benefits Planner. The students and their mentors commit to classroom time, discussions and homework. And they enjoy getting to know themselves and each other a little better.

*"The Inspiration" RVS Nebraska City  
Providing Awesome and Amazing Experiences...  
Enhancing "The Dash"  
Displaying the Values of  
Excellence! Pride! Integrity! Enthusiasm!!*



Mike Knapp and Loren Stubbendeck became roommates when they moved to a new apartment, with a walk out directly to their yard and parking. This allows Loren easy access to his new outdoor shed, where he stores lawn equipment and other outdoor items.



Matt Hopper moved into a house needing some TLC. He is working hard to make improvements, and with the help of the RVS Foundation, will soon become the new owner.



Alex Conway is a member of the Nebraska City Apple Core Barbershop Group. He attends regular practices and participates in concerts, including the Community Advent Christmas Concert and the Annual Barbershop Show. It's been said that Alex has "Perfect Pitch".

## ServiceLinc Mission Statement

Everyone who wants a job will have a job.

Everyone has a quality of life equal to ours.

Everyone will be empowered & educated about their options.

Our work will be approached with urgency.

## ServiceLinc

Kelly Brown will be the first to admit that it takes her a while to warm up to new things. Several years ago when she moved to Hickman with her family from another state and was offered services, she wasn't too sure about coming to Lincoln, or receiving supports from ServiceLinc, although she liked the idea of looking for a job and volunteer work.

Kelly slowly started to think coming into Lincoln to the office would be alright, then she slowly decided it would be alright to venture around town. She eventually decided to try out a volunteer job at the Center for People in Need. It is a large building that does many services, which was a bit overwhelming at first. She thought it would be better if she stayed in a smaller area of the building. Now she looks forward to coming to Lincoln on Tuesday and Thursday. It was her idea to add the additional day. She looks forward to her volunteer work every Thursday at the Center for People in Need. Tuesday is her day for other activities, such as, look for a job, browse stores or go out for lunch. She is getting more acquainted with what Lincoln has to offer while learning about her interests. She also volunteers on Monday's for the Campus Life Office doing clerical work. In her free time she enjoys playing games and watching movies. We are looking forward to see what the future has in store for her.

## A bit about ServiceLinc

- Work with approximately 100 area businesses and volunteer sites.
- Provide supports to 102 individuals.
- 60 individuals have paid jobs.
- 44 people receive residential supports.



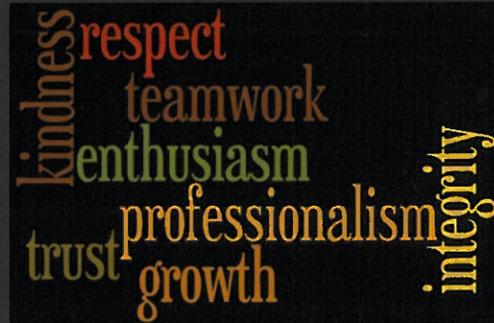
**Kelly Brown enjoys browsing the stores at the mall. She likes to see what's new in the stores and the exercise is a bonus.**



**Kelly Brown looks forward to Thursday when she volunteers for the Center for People in Need.**



Evan Callan has a passion and talent for drawing. He draws fun, colorful animations and also recreates books. A big part of Evan's future involves art and helping him share his talent with others. Evan has exhibited his work locally and on a website for special needs artists called Angel Boy Art.



## Wahoo



Matt Jansa was hired as a dishwasher at Chips Restaurant. He loves it!



Michele Ratigan serves the State People First as Treasurer, is on the our Program Ethics Committee and serves on the RVS-Wahoo Advisory Board.



Chris Miller is happy to serve his community as an Ithaca Volunteer Fireman. He has been with the department for 7 years. He attends trainings and monthly meetings, has his first aid card, helps with department fund raisers and of coarse, goes on fire calls. He helps keep the trucks and shed clean along with shoveling sidewalks in the winter. He is a valuable member of the department.

- Agency Highlights:**
- Recognized by the Wahoo Chamber of Commerce as the "Business of the Year"
  - Dawn joined the i2 choir at the University of Nebraska and has enjoyed the experience.
  - Julian and Jennifer celebrated their 40th wedding anniversary.
  - The AKTION Club completed a variety of community service projects.
  - Five students attended our Day Service program with school contracts with one individual graduating from school in May.
  - Members of the Wahoo Pin Pal's brought home several medals from State Special Olympics bowling and four qualified for Nationals in Reno Nevada.
  - Lyle and Fred, who each own their own homes have been pinching their pennies to make some needed home improvements.
  - Individuals enjoyed vacations to Hawaii, Florida, Iowa, Texas, Colorado, Minnesota, California, The Czech Republic and several communities and camps in Nebraska.

**Agency Goals:**  
 Identifying "Priority Outcomes" to focus on for each person.  
 To provide supports which help people improve the quality of their lives

## York/Seward



Rosie attended a Saltdogs game with her brother Willis. They enjoyed spending time together in the sunshine and cheering for the Saltdogs.



John and Chris are best friends. They enjoy spending time together, including going to the zoo, movie theatre, bowling, and even a River Sightseeing Cruise in Omaha.



Derek, Lewis and Mike went on trips to Minnesota and Branson, MO. They enjoyed staying in a lake house and shopping at the Mall of America. The photo machines in Branson were hysterical.



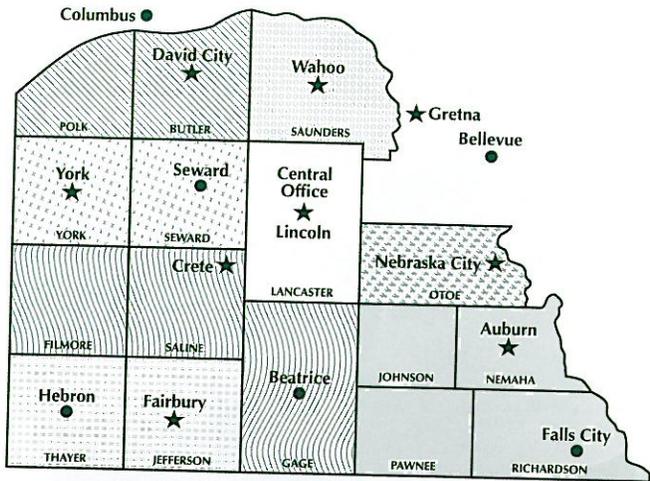
Carol went on a vacation to Hawaii. This was the first big trip Carol had been on since an injury many years ago. The highlight of her trip was attending a luau, a sightseeing boat trip, swimming in a saltwater pool and getting a spa massage.



Tina fulfilled a lifelong dream of visiting Washington D.C. and Gettysburg, Pennsylvania. Tina is a huge history buff and has read several books about Abraham Lincoln and the Civil War. She enjoyed seeing cannons on the battlefields in Gettysburg.



Sandra enjoyed her first time driving a golf cart while golfing with her friends.



Region V Services service area.

★ Area Office

● Satellite Office

## The Region V Foundation

Supporting people with developmental disabilities throughout the communities of southeast Nebraska by providing safe, reliable and affordable vehicles and housing.



Purchased a brand new home in Crete.

In 1994, the Region V Foundation, with a grant from the Nebraska Dept. of Roads, purchased four 15 passenger vans, each with an ADA wheelchair lift.



Purchased a home in Beatrice.

### Foundation Board

Bob Kinghorn, President  
 Larry Bohlken, Vice Pres.  
 Kevin Jeppson, Treasurer  
 Dave Merrill, Secretary  
 Julianne Spatz  
 Dean Heermann  
 Melody Young

To date, the Region V Foundation has purchased 41 houses/buildings in 12 communities.

The foundation currently owns 75 vehicles.

**The Region V Foundation was established in 1991**



1430 South Street, Suite 203  
Lincoln, Nebraska 68502-2446  
Phone (402) 471-6400  
Fax (402) 471-2978

Memo to : Region V Services Governing Board, Advisory Committee,  
all stakeholders  
From : <sup>DWM</sup> Dave Merrill, Executive Director  
Date : April 29, 2016  
Re : **MAY Director's Report**

### **Employment First**

In our profile sheet this month we are showing 231 people employed in the community. While a few people have lost jobs in the last three months, an equal number have gotten new jobs to keep us at our highest level ever. I'm starting to have empathy with the people responsible for computing unemployment rates for our country because it is such a changeable number.

**The mission of Region V Services is to provide desired education and supports that promote relationships within community and lessen reliance upon agency services.**

We would like to welcome Melody McLaughlin as the Area Director of Region V Services – Auburn. Melody has been with Region V Services for 20 years, with 17 of those years in the Coordinator position and please offer her support in this important position. She will be focusing on increasing our presence in Falls City with the establishment of an office as we are already providing supports that will likely increase in the next few years.

We will establish Region V Services – Beatrice in July as we begin the new fiscal year. This position will open internally in mid to late May and we will likely choose an Area Director for the agency in June. This will bring our total number of Area Programs to 15 with 5 satellite programs.

— Serving individuals with developmental disabilities —

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

### **Financial Update**

At the end of February our revenues were \$31,541,467 and our expenses were \$31,522,191 with revenue exceeding expenses by \$19,276. February was a short month and affects revenue as we have fewer days to provide services.

### **Training Center/Central Office Update**

Work has been on schedule for our new staff training center, Central Office and Lincoln 2 and 3 Area Offices. Our new address will be 3600 Union Drive, Lincoln, NE 68516.



**Page 3 is the profile sheet for April 1<sup>st</sup>, 2016.**

**Page 4 is the calendar for May 2016.**

## Region V Services

April 1, 2016

													CRETE	DAVID CITY	YORK	FAIRBURY	
Day	LIN 1	LIN 2	LIN 3	LIN 4	LIN 5	GRETN	SERVLINC	WAHOO	NEB CITY	AUBURN			BEATRICE	COLUMBUS	SEWARD	HEBRON	TOTAL
Continuous	55	1	33	-	43	34	1	43	41	41			47	45	20	32	436
Intermittent	15	2	7	6	5	3	105	5	3	7			2	10	28	1	199
Continuous & Intermittent	-	-	-	1	-	1	-	13	-	5			-	4	-	-	24
School Contracts	-	-	-	-	-	-	-	6	4	3			6	1	1	-	21
Private Pay	-	-	-	-	-	1	-	1	1	2			1	-	1	2	9
Voc Rehab	1	-	1	2	-	4	1	-	-	4			1	-	-	9	23
Supported Employment	-	-	-	4	-	7	60	-	-	15			-	-	-	-	86
<b>TOTAL DAY</b>	<b>71</b>	<b>3</b>	<b>40</b>	<b>7</b>	<b>48</b>	<b>37</b>	<b>105</b>	<b>68</b>	<b>49</b>	<b>77</b>			<b>57</b>	<b>60</b>	<b>50</b>	<b>39</b>	<b>711</b>
<b>Residential</b>																	
<b>Continuous (24 hr care)</b>																	
Adult	6	-	17	20	7	-	1	28	22	27			30	20	23	23	224
Child	-	2	1	1	-	-	-	-	-	-			-	-	-	-	4
<b>Intermittent</b>																	
Adult	5	1	10	36	1	9	41	18	10	10			8	9	13	5	176
Child	-	-	-	2	3	1	-	-	-	-			-	-	-	-	6
Private Pay	1	-	-	2	-	-	-	1	1	-			2	1	-	1	9
In Home Supports	17	-	10	38	9	10	22	2	7	9			5	8	10	-	147
Extended Family	8	50	13	6	5	5	1	2	-	5			8	11	2	5	120
Respite Only	-	3	2	-	1	1	1	1	2	6			-	3	-	2	22
<b>TOTAL RESIDENTIAL</b>	<b>37</b>	<b>56</b>	<b>53</b>	<b>61</b>	<b>38</b>	<b>12</b>	<b>43</b>	<b>52</b>	<b>42</b>	<b>62</b>			<b>53</b>	<b>52</b>	<b>48</b>	<b>35</b>	<b>686</b>
<b>TOTAL SERVED</b>	<b>86</b>	<b>54</b>	<b>72</b>	<b>61</b>	<b>77</b>	<b>31</b>	<b>106</b>	<b>71</b>	<b>51</b>	<b>65</b>			<b>69</b>	<b>64</b>	<b>52</b>	<b>40</b>	<b>899</b>
<b>TRANSFERS</b>																	
To another provider	-	-	1	1	-	-	1	-	-	-			-	-	-	1	4
From another provider	-	-	1	-	-	1	1	-	-	-			-	-	-	-	3
Withdrawal from DD services	-	-	1	-	-	-	-	-	-	-			-	-	-	-	1
Death	1	1	-	1	-	-	-	-	-	-			-	-	-	-	3
Hours Ended	-	-	-	-	-	-	-	-	-	-			-	-	-	-	-
Age 0 thru 20	2	2	2	3	7	1	-	6	4	3			10	3	2	2	47
Age 21 thru 54	75	45	54	42	65	28	106	41	32	41			38	47	44	33	691
Age 55 & older	8	7	16	16	5	3	-	24	14	16			21	14	6	6	156
<b>CRITICAL INDICATORS</b>																	
Own their own car	-	1	3	2	2	-	3	1	2	6			1	3	2	-	12
Own their own home	1	-	1	3	1	-	-	2	1	9			-	2	2	1	23
Rent an apartment or house	6	1	10	10	10	1	31	21	10	5			8	15	13	12	153
Living with family	17	-	12	29	16	29	75	15	19	14			22	21	10	8	287
Competively employed	15	-	5	4	12	8	65	13	7	28			11	15	36	15	231
-Average number of hours	10	-	15	10	9	11	14	8	24	16			11	6	15	15	14
<b>BUDGET 2015/2016</b>																	
	CO	LIN 1	LIN 2	LIN 3	LIN 4	LIN 5	GRETN	SERVLINC	WAHOO	NEB CITY	AUBURN	CRETE	DAVID CITY	YORK	FAIRBURY	TOTAL	
State & Fed	\$ 1,518,280	\$ 3,835,660	\$ 3,871,120	\$ 3,749,916	\$ 3,423,792	\$ 2,539,616	\$ -	\$ 1,997,112	\$ 3,791,712	\$ 2,277,528	\$ 3,268,148	\$ 4,071,340	\$ 2,766,278	\$ 3,669,448	\$ 2,502,295	\$ 43,282,244	92.65%
County	\$ 10,136	\$ 10,136	\$ 10,136	\$ 10,136	\$ 10,136	\$ 10,136	\$ -	\$ 10,136	\$ 30,404	\$ 30,404	\$ 30,404	\$ 30,404	\$ 30,404	\$ 30,404	\$ 30,404	\$ 283,780	0.61%
Sales/Contracts	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ 68,296	\$ 523,308	\$ 46,460	\$ 25,128	\$ 57,676	\$ 40,080	\$ 3,000	\$ 763,948	1.64%
Room & Board	\$ -	\$ 47,360	\$ -	\$ 142,132	\$ 101,724	\$ 34,508	\$ -	\$ -	\$ 214,424	\$ 189,216	\$ 194,624	\$ 249,792	\$ 77,972	\$ 170,640	\$ 122,704	\$ 1,545,096	3.31%
Other	\$ 87,508	\$ 8,308	\$ 23,380	\$ 1,408	\$ 137,288	\$ 4,028	\$ -	\$ 19,884	\$ 74,576	\$ 62,596	\$ 32,848	\$ 244,836	\$ 51,306	\$ 61,820	\$ 31,929	\$ 841,716	1.80%
<b>TOTAL</b>	<b>\$ 1,615,924</b>	<b>\$ 3,901,464</b>	<b>\$ 3,904,636</b>	<b>\$ 3,903,592</b>	<b>\$ 3,672,940</b>	<b>\$ 2,588,288</b>	<b>\$ -</b>	<b>\$ 2,027,132</b>	<b>\$ 4,179,412</b>	<b>\$ 3,083,052</b>	<b>\$ 3,572,484</b>	<b>\$ 4,621,500</b>	<b>\$ 2,983,636</b>	<b>\$ 3,972,392</b>	<b>\$ 2,680,332</b>	<b>\$ 46,716,784</b>	<b>100.00%</b>
<b>NUMBER OF STAFF</b>																	
	CO	LIN 1	LIN 2	LIN 3	LIN 4	LIN 5	GRETN	SERVLINC	WAHOO	NEB CITY	AUBURN	CRETE	DAVID CITY	YORK	FAIRBURY	TOTAL	
FT	13	49	7	40	24	30	14	34	62	40	45	61	39	54	38	550	
PT	5	49	0	42	42	19	9	24	22	25	25	53	25	47	16	403	
FTE	15	70	7	53	41	37	18	43	72	50	58	80	48	73	47	712	

# May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Advisory Committee	4	5 BART PAC	6	7 Therap Due
8	9 Governing Board	10	11 Thayer County Coordinators	12	13 Time Card Cut-off	14
15 Med Error Summaries Due	16	17 Seward County	18 Orientation Cut-off	19 ARVAD	20	21
22	23 Orientation Day 1 Take 5 Stories Due	24	25	26 305 Sensory Training	27	28
29	30 OFFICE CLOSED Memorial Day	31 Lancaster County Payday (4 week)				

# Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

## **Provide desired training and supports**

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

## **Promote interdependence and relationships within community**

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

## **Lessen reliance upon agency services**

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



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# Region V Services' Mission Guidelines

## January 2008

### Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

**Our mission** is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

### Desired Training and Supports

**We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.**

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



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## Promote interdependence and relationships within community

**Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.**

We will identify valued social roles that reflect the individuals goals and desires. The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

**We will respect each individual and expectations will be high.**

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

**We will provide each person with the experience of a meaningful day.**

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

## Lessen Reliance on Agency Services

**All supports will emphasize the establishment of natural supports.**

**Natural Supports** are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

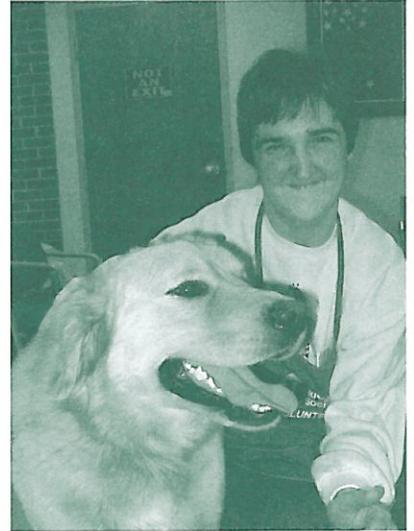


## Valued Social Roles

**Employee**



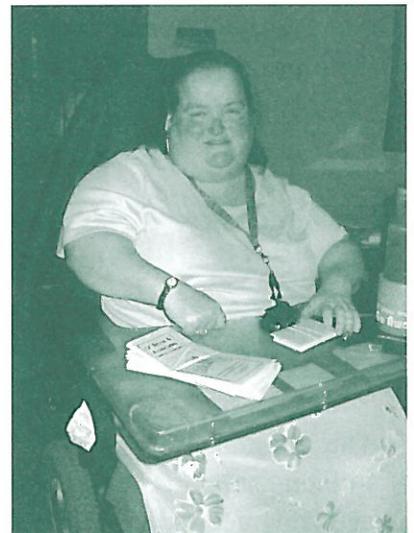
**Volunteer**



**Spouse**



**Consultant**

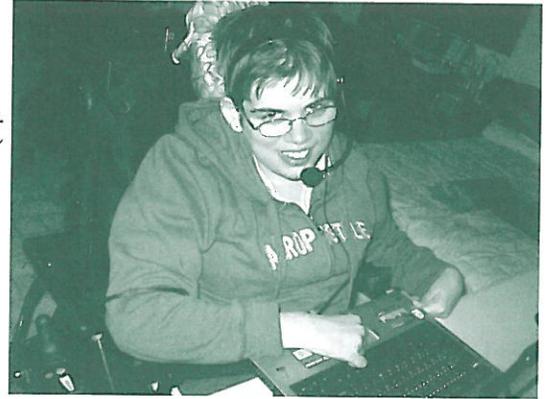


**Mother**





**College Student**



**Homeowner**



**Board Member**



**Artist**



**Musician**





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## Definitions and Acronyms

**Personal Outcomes** - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

**Social Role Valorization** - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

### Acronyms/Organizations

**AAIDD** - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

**ACP** - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

**Arc of Nebraska** - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

**DDD** - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

**HHSS** - Health and Human Service System - State of Nebraska organization for human services.

**NAS** - Nebraska Advocacy Services - A federally mandated advocacy organization.

**NASP** - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

**NPN** - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

**People First** - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



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## Resources

### Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council  
100 West Road, Suite 406  
Towson, MD 21204  
(410)583-0060  
[www.thecouncil.org](http://www.thecouncil.org)

### Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.  
800 South Wilbur Avenue, Suite 3B1  
Syracuse, New York 13204  
(315)473-2978  
[www.socialrolevalorization.com](http://www.socialrolevalorization.com)

For additional information on Universal Enhancement contact:

Universal LifeStiles  
8126 Wellsbrook Drive  
Indianapolis, Indiana 46278  
(317)871-2096  
[tpomer@aol.com](mailto:tpomer@aol.com)  
[www.universallifestiles.com](http://www.universallifestiles.com)

### Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services  
1430 South Street, #203  
Lincoln, Nebraska 68502  
(402)471-6400  
[regvsl@ix.netcom.com](mailto:regvsl@ix.netcom.com)  
[www.regionvservices.com](http://www.regionvservices.com)