

**MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
COUNTY-CITY BUILDING, ROOM 112
TUESDAY, JULY 21, 2015
10:30 A.M.**

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on July 17, 2015.

Commissioners present: Roma Amundson, Chair; Larry Hudkins, Vice-Chair; Bill Avery, Deb Schorr and Todd Wiltgen

Others present: Gwen Thorpe, Deputy Chief Administrative Officer; Brittany Behrens, Deputy County Attorney; Dan Nolte, County Clerk; Cori Beattie, Deputy County Clerk; and Kelly Lundgren, County Clerk's Office

The Chair called the meeting to order at 10:30 a.m., the pledge of allegiance was recited and the location of the Nebraska Open Meetings Act was announced.

1) MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, July 14, 2015.

MOTION: Avery moved and Hudkins seconded approval of the minutes. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

2) CLAIMS: Approval of all claims process through July 21, 2015.

MOTION: Schorr moved and Wiltgen seconded approval of the claims. Hudkins, Schorr, Wiltgen, Avery and Amundson voted aye. Motion carried 5-0.

3) SPECIAL PRESENTATION:

A. Region V Annual Report – Dave Merrill, Region V Services, and C. J. Johnson, Region V Systems.

C. J. Johnson, Regional Administrator Region V Systems, presented the Lancaster County Annual Report. (Exhibit A) He informed the Board Region V is composed of sixteen counties in Southeast Nebraska including Lancaster County and is responsible for the administration of the public behavioral health system. Johnson said that due to changes in the healthcare system and legislature, Region V Services would suffer a \$1.25 million budget cut. He noted the staff is working on alternative ways to keep cost down, such as working People's Health Systems and the Lancaster Mental Health Crisis Center.

Johnson commented on the significant reduction in emergency protective custody holds and repeat admissions. He said this is due to expanded professional partner programs to work with 19-25 years of age specifically. Johnson informed the Board that a pilot program has been started with Lincoln Public School System to provide crisis response teams. He noted Region V is expanding many

SPECIAL PRESENTATION CONTINUED:

professional partner programs with the child welfare department and state probation as well as youth coordination, emergency, and prevention services.

Johnson said the rates for rural county residents placed in emergency protective custody hold at the Crisis Center was raised from \$121 a day to \$186 a day to help make up a reduction in Crisis Center revenue. He noted some additional funding should be available to the Crisis Center later this year, but was unsure of the amount at this time.

Johnson informed the Board the County contribution has gone up. He explained there was a misinterpretation of the expectation when the County contribution should kick in and was realigned this year.

Wiltgen commented due to changes in State requirements for payment the increase is more significant. He added the increase reflects two fiscal years and this will be the only year the increase would be that large.

Hudkins asked if Region V owns or leases their current buildings. Johnson answered that currently they lease their buildings. He noted that they have researched purchasing but found renting is more cost effective.

Dave Merrill, Executive Director Region V Services, presented the Board with RVS 2014 Annual Report. (Exhibit B) Merrill explained that Region V Services provides direct support for those that experience developmental disabilities. He thanked the Board for their participation with Region V Services.

Merrill said their goal or focus is to have people with developmental disabilities employed directly and own their homes to demonstrate they do play a valued role as employee and taxpayer in the community.

Merrill informed the Board Region V Services would be opening a new area program in Bellevue that is a satellite to the Gretna program. He said currently there are fourteen programs with five satellites with 933 staff providing twenty-four hour seven days a week services and care.

Merrill told the Board a majority of their funding comes from the Federal Medicaid waiver and the State does match that amount. He noted county funding is around one-half of one percent of the total budget. Merrill said that Lancaster County remains the only county in the State of Nebraska that contributes nothing to public developmental disability providers. He added, however they do appreciate the partnership with Lancaster County.

Hudkins asked how the allocation is derived from the counties. Merrill said that it is \$1.78 per capita and this has not increased in twenty years.

Avery questioned the number of staff being greater than the number of people served. Merrill answered that many of the staff members are part-time and it requires a large number of people to provide services on a 24 hour, seven day a week basis. He added that the area of human services is a labor-intensive field.

SPECIAL PRESENTATION CONTINUED:

Schorr asked how Region V is able to set up satellite offices in other regions. Merrill responded they are not bound by geographic boundaries and will have referrals from other areas. He noted families have the choice where to receive their service.

Merrill told the Board Region V conducts a symposium where people they support tell their stories. He said it is a great opportunity to develop public speaking skills, tell their stories, and for the community to understand what their lives are like living with disabilities.

4) OLD BUSINESS:

- A. Recommendation from the Purchasing Department to issue a contract to Jones Automotive, Inc., for the supply and installation of emergency equipment for police vehicles from a City of Omaha/Douglas County contract. The estimated cost of the contract is \$25,000. (B-15-0030)**

Terry Wagner, County Sheriff, expressed concern with comments made at the July 14, 2015 Board meeting that questioned the integrity of the data and research obtained by the Sheriff's Department staff members.

Hudkins apologized for any comments made that were interpreted as questioning the integrity of the department's report. Hudkins said that the information and figures that were presented at that meeting needed further interpretation to make sure accurate comparisons are being made for the purchase price of the equipment and the installation time.

Wagner said the man-hours to install the equipment on the cars is sixty to eighty hours but it is spread out over six to eight weeks. He told the Board this is because the shop puts the normal fleet maintenance over installing equipment to keep a full fleet on the road, which is the appropriate procedure. Wagner said he appreciates the excellent work the County shop does on the Sheriff's vehicles.

Hudkins commented that the Board had to take some responsibility in the time delays at the shop due to cuts to the County Engineer's budget last year. He also noted the department staff is down fifty percent but added there is a thirty percent increase in efficiency. Hudkins said he would like to encourage a working relationship between the two departments as much as possible.

Avery noted that the research was impressive and made a very good case, but wondered if any Lincoln providers were contacted.

Wagner told the Board that the advantage to "piggy backing" with another governmental contract is because it uses the same process as the County does with open bids and saves work. He was not sure if any Lincoln firms bid on the Lincoln and Douglas patrol units. Wagner noted there are three areas of this bid that works to save money by going with Jones Automotive: 1) amount of inventory and ability for volume buying, 2) cost of installation and 3) length of time for installation being five to ten working days for Jones Automotive as opposed to eighty-seven days for the County Shop.

OLD BUSINESS CONTINUED:

Wiltgen commented this is for seven vehicles, which is the usual number annually outfitted. He said the additional information presented at the Thursday staff meeting was sufficient to justifying to the taxpayers why they were going outside of Lancaster County for the services in order to save money.

Amundson noted that she did receive calls from constituents and business owners in Lancaster County after an article appeared in the newspaper regarding this contract. She said they had very specific questions and concerns regarding "outsourcing" services from Lancaster County and the Lincoln community. Amundson commented that she would prefer to table the item and explore the option of a Lincoln or Lancaster County business providing the same service at a competitive price.

Jeff Bliemeister, Deputy County Sheriff, informed the Board that he had contacted Jones Automotive and inquired about competitors in the Lincoln area. He stated they did not have any names of business competitors in the Lincoln area. Bliemeister added there had been discussion with Lincoln Police Department Assistant Chief Brian Jackson regarding if they would be able to perform the services at a cost competitive to Jones Automotive and in the same timeframe. He said the information he received was both the installation cost and number of days for installation would be more than what Jones Automotive quoted.

Bob Walla, Assistant Purchasing Agent, told the Board that Douglas County posts the bid notice in their regional newspaper and follows the same guidelines as Lancaster County does according the County Purchasing Act. He stated Douglas County sends out notification to vendors via post cards and no specific Lincoln companies received a notification. Walla said he contacted Douglas County Purchasing Agent and was informed they do have responses from Lincoln firms on a regular basis.

Walla noted that he verified the process Douglas County followed and was confident that the County was getting the best product at the best price.

Schorr said she appreciated all the information and research presented. She stated this is an opportunity to save taxpayer dollars with a trial six-month contract to work out details. Schorr noted it is important for officer safety to get the new vehicles with state of the art technology on the road and this is Jones Automotives area of expertise. She added she appreciates the County Engineer Department noting their commitment to continue to do the maintenance on these vehicles.

MOTION: Schorr moved and Wiltgen seconded approval of the recommendation. Schorr, Wiltgen, Avery, Hudkins and Amundson voted aye. Motion carried 5-0.

5) NEW BUSINESS:

- A. Special designated license application from JSD LLC, for a Capital City Horse and Pony Club fundraiser on August 15, 2015 to be held at 12900 North 14th Street, Raymond, Nebraska.**

MOTION: Wiltgen moved and Hudkins seconded approval of the special designated license. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- B. Special designated license application from Meier's Wine, Inc. d/b/a Meier's Cork N' Bottle, for a Home Builders Association reception on August 7, 2015 to be held at 11401 Van Dorn Street, Walton, Nebraska.**

Kevin Meier, Meier's Cork N' Bottle, informed the Board this is an annual fundraiser for the Home Builders Association.

MOTION: Schorr moved and Hudkins seconded approval of the special designated license. Wiltgen, Schorr, Hudkins, Avery and Amundson voted aye. Motion carried 5-0.

- C. Special designated license application from Ken's Liquor, Inc., for a wedding reception on September 12, 2015 at the Avalon Event Center, 12788 West Roca Road, Lincoln, Nebraska.**

Mike Budzinski, Ken's Liquor, Inc., told the Board this is a new facility. He said the reception would have experienced bartenders and staff.

MOTION: Wiltgen moved and Schorr seconded approval of the special designated license. Schorr, Hudkins, Avery, Wiltgen and Amundson voted aye. Motion carried 5-0.

- D. A license agreement between the Diocese of Lincoln and Lancaster County, on behalf of Emergency Management, to install and operate a civil service siren on property at 9101 South 78th Street, Lincoln, Nebraska. (C-15-0342)**

Jim Davidsaver, Emergency Management Director, stated the department received notice that a building that held an emergency siren on the University of Nebraska-Lincoln East Campus was scheduled for demolition. He said the department looked for sites that would be of most benefit and attempts are made to identify areas of recent growth and development that are underserved. Davidsaver told the Board the siren is a solar powered model and in excellent condition.

Avery and Hudkins questioned if removing this siren would create a coverage issue in the East Campus area. Davidsaver said that the Emergency Management staff worked with the University staff to ensure the entire East Campus is covered. He indicated that a siren would not be located on campus but there would be coverage. Davidsaver noted the new model replacements have a greater radius and that enables them to remove sirens not leaving any "holes" in the coverage.

Davidsaver said there would be no cost to the County for use of the land as long the County provides maintenance and insurance coverage. He informed the Board that Father Kenneth Borowiak, Saint Michael Pastor, has been very cooperative in facilitating this arrangement.

Amundson asked that Davidsaver pass along the Board's appreciation to Father Borowiak as well.

MOTION: Avery moved and Wiltgen seconded approval of the agreement. Hudkins, Avery, Wiltgen, Schorr and Amundson voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- E. Agreement with U.S. Bank National Association for participation in U.S. Bank's Corporate Card Program. The terms and conditions of the agreement are pursuant to State of Nebraska Contract Number 3693. (C-15-0343)**

MOTION: Schorr moved and Avery seconded approval of the agreement. Avery, Wiltgen, Schorr, Hudkins and Amundson voted aye. Motion carried 5-0.

- F. Proposal from the Consortium of Organizational Research and Evaluation (CORE) at the University of Nebraska at Omaha to assist Lancaster County with strategic planning efforts. Cost to the County is \$2,129. Proposed project dates are July 15, 2015 to August 14, 2015. (C-15-0344)**

MOTION: Wiltgen moved and Schorr seconded approval of the proposal. Wiltgen, Hudkins, Avery, Schorr and Amundson voted aye. Motion carried 5-0.

- G. Grant contract with the Nebraska Crime Commission for the Operation Tipping Point Program. The Commission will provide \$54,736 and the Lincoln Police Department will provide a \$13,020 match for a total project cost of \$67,756. The grant period is from June 1, 2015 to June 1, 2016. (Grant #14-VP-5003) (C-15-0345)**

Sara Hoyle, Human Services Director, told the Board funding is from the Nebraska Crime Commission for the various projects. She noted that Men With Dreams is a new partnership.

MOTION: Hudkins moved and Avery seconded approval of the contract. Avery, Schorr, Hudkins, Wiltgen and Amundson voted aye. Motion carried 5-0.

- H. Grant contract with the Nebraska Crime Commission for the Artist Inside Program. The Commission will provide \$7,492 and the Lux Center for Arts will provide a \$1,707 match for a total project cost of \$9,199. The grant period is from July 1, 2015 to June 30, 2016. (Grant #15-JS-408) (C-15-0346)**

MOTION: Schorr moved and Avery seconded approval of the contract. Hudkins, Wiltgen, Schorr, Avery and Amundson voted aye. Motion carried 5-0.

- I. Grant contract with the Nebraska Crime Commission for the Back on Track Program. The Commission will provide \$36,200 and the HUB will provide a \$20,000 match for a total project cost of \$56,200. The grant period is from July 1, 2015 to June 30, 2016. (Grant #15-JS-407) (C-15-0347)**

MOTION: Avery moved and Hudkins seconded approval of the contract. Schorr, Avery, Wiltgen, Hudkins and Amundson voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- J. Grant contract with the Nebraska Crime Commission for the Brick by Brick Mentoring Program. The Commission will provide \$15,000 (Department of Justice OJJDP funds) and the Men with Dreams organization will provide a \$16,000 match for a total project cost of \$31,000. The grant period is from July 1, 2015 to June 30, 2016. (Federal Grant #2013-MU-FX-0026 State Grant #14-JJ-0018) (C-15-0348)**

MOTION: Schorr moved and Hudkins seconded approval of the contract. Avery, Hudkins, Schorr and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- K. Grant contract with the Nebraska Crime Commission for the School Engagement and Suspension Diversion with Parent Support Program. The Commission will provide \$66,413 (Department of Justice OJJDP funds) and Families Inspiring Families will provide a \$40,445 match for a total project cost of \$106,858. The grant period is from July 1, 2015 to June 30, 2016. (Federal Grant #2013-MU-FX-0026 State Grant #14-JJ-0003) (C-15-0349)**

MOTION: Avery moved and Schorr seconded approval of the contract. Hudkins, Schorr, Avery and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- L. Grant contract with the Nebraska Crime Commission for the Preventing the School to Prison Pipeline: Project SUCCESS Program. The Commission will provide \$51,000 and Lancaster County will provide a \$5,123 match for a total project cost of \$56,123. The grant period is from July 1, 2015 to June 30, 2016. (State Grant #15-JS-0409) (C-15-0350)**

MOTION: Hudkins moved and Wiltgen seconded approval of the contract. Schorr, Wiltgen, Avery, Hudkins and Amundson voted aye. Motion carried 5-0.

- M. Grant contract with the Nebraska Crime Commission for The Four Directions Youth Program. The Commission will provide \$30,750 (Department of Justice OJJDP) and the Indian Center will provide an \$18,128 match for a total project cost of \$48,878. The grant period is from July 1, 2015 to June 30, 2016. (Federal Grant #2013-MU-FX-0026 State Grant #14-JJ-0001) (C-15-0351)**

MOTION: Avery moved and Schorr seconded approval of the contract. Avery, Hudkins, Schorr and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- N. Subgrant agreement with the State of Nebraska Department of Health and Human Services for child support enforcement services provided by the Lancaster County Attorney's Office for a period of October 1, 2015 to September 30, 2016. The County shall be reimbursed an estimated amount of \$1,395,648.00 for the services. (C-15-0352)**

NEW BUSINESS CONTINUED:

MOTION: Schorr moved and Avery seconded approval of the agreement. Avery, Hudkins, Schorr and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- O. Subgrant agreement with the State of Nebraska Department of Health and Human Services for child support enforcement services provided by the Lancaster County Child Support Referee for the period of October 1, 2015 to September 30, 2016. The County shall be reimbursed an estimated amount of \$145,000.00 for the services. (C-15-0353)**

MOTION: Avery moved and Hudkins seconded approval of the agreement. Hudkins, Schorr, Avery and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- P. Amendment to County Contract C-14-0093 with HUB-Central Access Point for Young Adults to extend the end date to September 30, 2015. (C-15-0354)**

MOTION: Hudkins moved and Avery seconded approval of the amendment. Schorr, Avery, Hudkins and Amundson voted aye. Wiltgen abstained. Motion carried 4-0 with one abstention.

- Q. Amendment to County Contract C-12-0344 with iPrint Technologies for the annual supply of printer cartridges. The amendment renews the agreement for an additional one-year term from August 1, 2015 to July 31, 2016. (C-15-0355)**

MOTION: Schorr moved and Wiltgen seconded approval of the amendment. Wiltgen, Avery, Hudkins, Schorr and Amundson voted aye. Motion carried 5-0.

- R. Amendment to County Contract C-12-0345 with The Tree House, Inc. for the annual supply of printer cartridges. The amendment renews the agreement for an additional one-year term from August 1, 2015 to July 31, 2016. (C-15-0356)**

MOTION: Wiltgen moved and Hudkins seconded approval of the amendment. Wiltgen, Schorr, Hudkins, Avery and Amundson voted aye. Motion carried 5-0.

- S. Approval of the Press Release Policy for the Lancaster County Board of Commissioners.**

MOTION: Schorr moved and Avery seconded approval of the policy. Schorr, Hudkins, Avery, Wiltgen and Amundson voted aye. Motion carried 5-0.

5) **CONSENT ITEMS:** These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:

- A. Receive and place on file County Attorney's Office quarterly report for April-June, 2015.
- B. Right-of-way contracts between the County Engineer and the following:
 - 1. City of Lincoln, North 27th Street and Arbor Road North, in the total amount of \$27,044.00. (3 contracts) (C-15-0357) (C-15-0358) (C-15-0359)
 - 2. Omar B. and Maxine L. Jensen, South 60th Street and Rebel Drive, \$175.00. (C-15-0360)
 - 3. Ralph K. and Phenelope S. Patras, South 60th Street and Rebel Drive, \$370.00. (C-15-0361)
 - 4. William C. and Sheryl S. Wright, South 60th Street and Rebel Drive, \$748.00. (C-15-0362)
 - 5. Duane and Sandra Maahs, South 162nd Street and Pioneer's Boulevard, \$433.00. (C-15-0363)

MOTION: Schorr moved and Wiltgen seconded approval of the consent items. Hudkins, Avery, Wiltgen, Schorr and Amundson voted aye. Motion carried 5-0.

6) **PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

No one appeared for comment.

7) **ANNOUNCEMENTS:**

- A. The Lancaster County Board of Commissioners will tour the 605 Building at 605 South 10th Street on Tuesday, July 21, 2015 at 9:00 a.m.
- B. The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, July 23, 2015 at 8:30 a.m. in the Bill Luxford Studio (Room 113) of the County-City Building (555 S. 10th Street, Lincoln).
- C. The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, July 28, 2015, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln) with the Board of Equalization immediately following.
- D. The County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.

ANNOUNCEMENTS CONTINUED:

- E. The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesday and Saturday on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on the internet at lancaster.ne.gov under 5 City-TV, Video on Demand or 5 City-TV on YouTube.

8) ADJOURNMENT

MOTION: Wiltgen moved and Schorr seconded to adjourn the Lancaster County Board of Commissioners meeting at 11:35 a.m. Avery, Wiltgen, Schorr, Hudkins and Amundson voted aye. Motion carried 5-0.

Dan Nolte

Dan Nolte, County Clerk



EXHIBIT
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REGION **V** SYSTEMS

FY 13-14

Lancaster County Annual Report

PROMOTING COMPREHENSIVE PARTNERSHIPS IN BEHAVIORAL HEALTH

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

Published March 2015



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www.region5systems.net
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Dear Colleagues,

We would like to sincerely thank the Regional Governing Board members, the Behavioral Health Advisory Committee members, our Network Providers, the Department of Health and Human Services representatives, legislative representatives, individuals we serve, and our many other stakeholders who help us carry out our strategic intent, *"promoting comprehensive partnerships in behavioral health."* Although there has not been a direct fiscal impact on the public behavioral health system in Nebraska as a result of the Affordable Care Act, its implementation has resulted in a number of initiatives taking place across the country that will slowly shape public safety nets for vulnerable populations, including Nebraska's public behavioral health system.

At the state and local level, there were a number of significant areas impacting the Region V System of Care. Here are a few highlights from Fiscal Year 13-14:

\$10 Million Reallocation - Behavioral Health Regions worked with state legislators to see a reinstatement of \$10 million into the public behavioral health system that had previously been embargoed by the Legislature. These efforts were successful and the allocation was available July 1, 2014.

Prioritization of Resources - July 1, 2014, a reduction in state allocation of \$1.1 million required working with providers and other stakeholders to develop a reduction plan that would meet all legislative requirements while preserving current services until reallocation of funds occurred.

Electronic Behavioral Health Information Network (eBHIN) - Continued support and participation in the implementation of a Behavioral Health Information Exchange (HIE), Electronic Health Record (EHR), and Enterprise Practice Management (EPM).

Behavioral Health Integration - Ongoing efforts with People's Health Center to promote the integration of behavioral health and primary care with the end goal of establishing medical homes for consumers.

Co-Occurring and Trauma-Informed Care Network - Collaboration with Network Providers, the Division of Behavioral Health, and Region V Systems continues to strengthen and impact the services within the system of care.

Lancaster County Community Mental Health Center (CMHC) - Services are now operated and/or managed by private, non-profit entities. Little impact on the emergency system was experienced as a result of the transition, with total number of bed days and post-commitment days being the lowest in over a decade.

Strategic Planning - Planning efforts with multiple stakeholders has provided significant information and input as a long-term, system strategic plan is established that takes into account many recent changes, including the Affordable Care Act.

Alternative Response - Extensive work occurred with the Division of Children and Family Services and other stakeholders to develop and pass LB 853, an Alternative Response System, piloted in five Nebraska counties. Lancaster County is one of the five selected to participate.

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This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of the behavioral health system and its consumers.

LB 561 - The creation of a new Office of Juvenile Assistance addresses the treatment and rehabilitation of juveniles in the juvenile justice system by probation. Collaborations with juvenile justice system partners occurred as LB 561 was implemented.

LB 901 - The Mental Health First Aid Training Act (MHFA) was passed, giving all Regional Behavioral Health Authorities funds to develop a Mental Health First Aid training program. The 8-hour training course is designed to give participants key skills to help someone who is developing a mental health problem or is experiencing a mental health crisis. MHFA training helps a layperson to identify, understand, and respond to signs of mental health illnesses and addiction. Training in MHFA will begin in the fall of 2014 in the Region V Systems' geographical area.

Thank you again to all our system partners who make our work possible. With our changing landscape we continue to expand and look for new partnerships to promote recovery and wellness for a vulnerable population, both children and adults in southeast Nebraska.



Dennis Byars
Regional Governing Board Chair

C.J. Johnson
Regional Administrator



Region V Systems accredits its programs through the Commission on Accreditation of Rehabilitation Facilities.

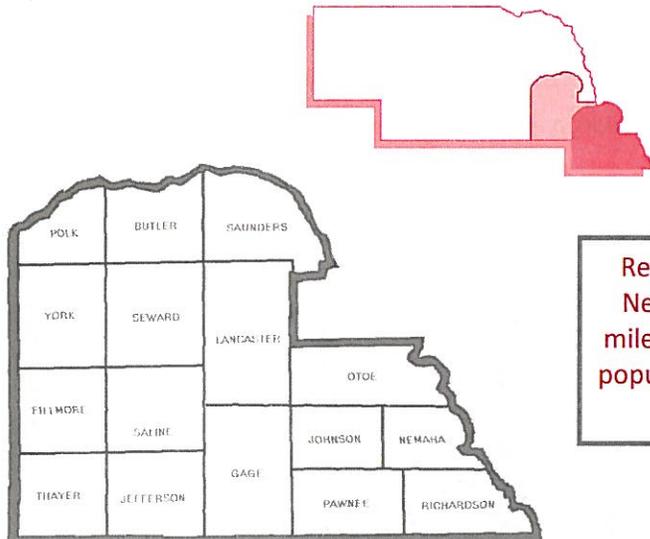
STRUCTURE & GOVERNANCE

As one of Nebraska's six mental health regions, Region V Systems was originally created by state statute in 1974 as a quasi-governmental entity with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the Legislature added responsibility to each of the six regions for the development and coordination of substance abuse services.

In 2004, **LB 1083 (the Behavioral Health Services Act)** was passed, repealing the original statutes but re-establishing and renaming the regions as "**Behavioral Health Authorities.**" These Behavioral Health Authorities make up **Nebraska's public behavioral health system**, providing administration, integration, coordination, and monitoring the performance of behavioral health services. The regional structure strengthens partnerships and collaborations among public and private systems as well as with individuals, families, agencies, and communities which are important components in systems of care.

Region V Systems' major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.

Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2010*, Region V has a population of 444,920, constituting approximately 24 percent of the state's population.

Regional Governing Board (RGB)

Per Nebraska state statute, the state is divided into six behavioral health regions. Each region is governed by a Regional Governing Board, which is comprised of an appointed county commissioner from each of the counties it serves. Current membership:

- | | |
|--|---|
| Butler County..... Greg Janak | Polk County..... LeRoy Gerrard |
| Fillmore County Susan Johnson | Richardson County.....Jim Davidson |
| Gage County Dennis Byars (Chair)* | Saline CountyJanet Henning |
| Jefferson County..... Brad Grummert | Saunders County..... Doris Karloff (Treasurer)* |
| Johnson County Les Agena | Seward County..... Roger Glawatz |
| Lancaster County Todd Wiltgen (Secretary)* | Thayer County..... Dean Krueger (Vice Chair)* |
| Nemaha County Marvin Bohling | York County..... Bill Bamesberger |
| Otoe County..... Steve Lade | |
| Pawnee County..... Jan Lang | |

* Executive Committee members

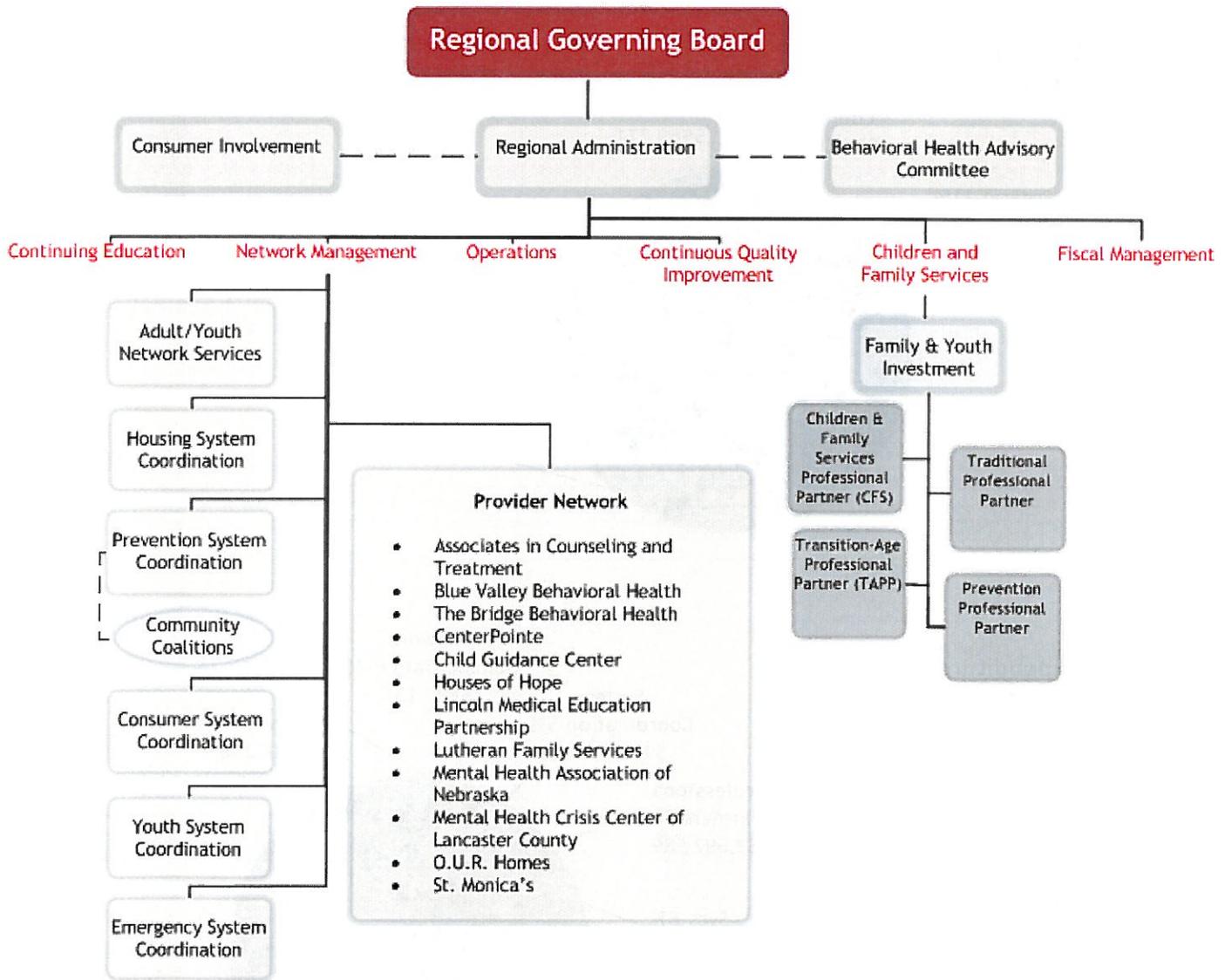
Behavioral Health Advisory Committee (BHAC)

The RGB appoints a Behavioral Health Advisory Committee, comprised of 15-20 members, responsible for advising the RGB on behavioral health issues and funding allocations. Consideration for membership is given to geographic residence, direct and indirect consumers, cultural diversification, and the community at large. Current membership includes:

- | | |
|--------------------------|---------------------------------|
| Gene Cotter | Wayne Price |
| Don Harmon (Chair) | Tom Rathbun |
| Janet Henning (RGB Rep.) | Tammy Sassaman |
| Megan Hinrichs | Janice Walker (Member At-Large) |
| Sara Hoyle (Vice Chair) | Stacey Werth-Sweeney |
| Jennifer Jennings | Debra Williams |
| J. Rock Johnson | Darla Winslow |
| Stephanie Knight | Constance (C.J.) Zimmer |
| Richard Pethoud | |

Thanks to the past members of the RGB and BHAC, who served during FY 13-14, for your dedication and support toward the Regional System of Care.

Carol Crook (RGB)	Brent Smoyer (RGB)
Jerry Galusha (RGB)	Scott Stuhr (RGB)
Terry Keebler (RGB)	Dennis Wittman (RGB)
Gail Lorenzen (BHAC)	William (Billy) Ziemer (BHAC)



Six departments manage the coordination and responsibilities of Region V Systems and ensure the organization runs smoothly, effectively, and efficiently, meeting national accreditation requirements: **Continuing Education, Network Management, Operations, Continuous Quality Improvement, Children and Family Services, and Fiscal Management.**

FUNDING & EXPENDITURES

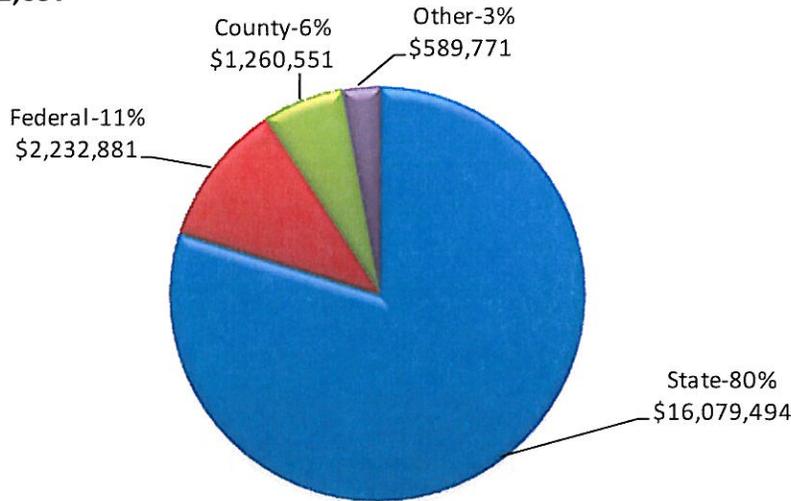
Region V Systems provides fiscal management that ensures the effective use of financial resources, transparency, and accountability.

Region V Systems receives funding from a variety of resources, including state and federal dollars through Nebraska's Department of Health and Human Services' Division of Behavioral Health and the Division of Children and Family Services, local and federal grants, and a county match from each of the 16 counties that make up Region V Systems' geographical area.

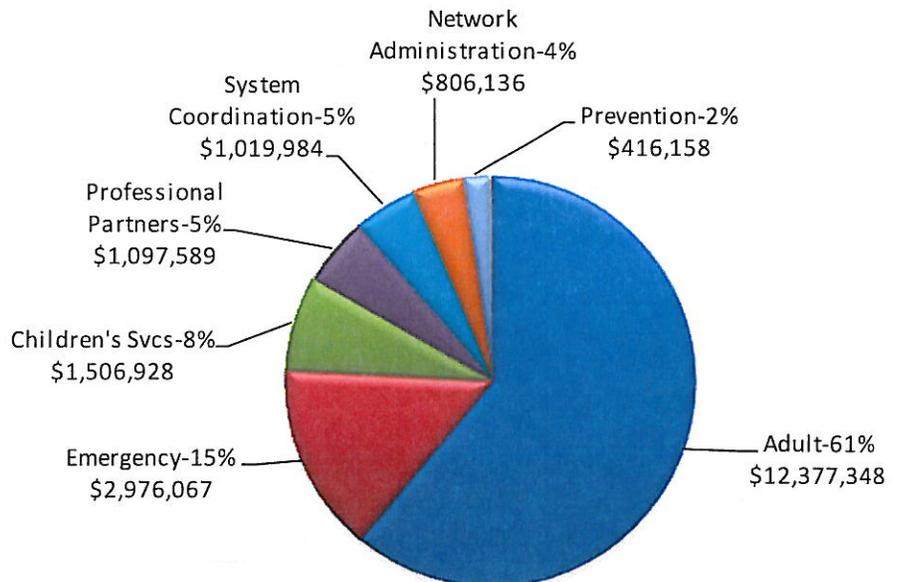
Region V Systems distributes the funding through contracts with local providers and works with system partners that offer many levels of treatment and a broad array of services. To ensure contractual and financial compliance, Region V Systems' staff conduct contract performance reviews and fiscal audits.

This **publicly funded system** is only one part of the overall behavioral healthcare system in Nebraska. It is considered the *safety net* for those who **meet financial eligibility requirements, are uninsured, underinsured, or have no other means to pay for behavioral health care**. Other funding sources such as Medicaid, insurance companies, private businesses, and individuals themselves, also influence the way behavioral health services are provided in the state.

FY 13-14 Funding \$20,162,697



FY 13-14 Expenditures* \$20,253,419



*Federal/Local Grants equaled <1% or \$53,209, thereby not reflected in the chart.

NETWORK ADMINISTRATION

In 2004, LB 1083 set out to reform Nebraska’s behavioral health services by moving from institutionalized settings, including state-run Regional Centers, to community-based services where individuals could access behavioral health services closer to home, family, and support services.

The public behavioral health system promotes wellness, recovery, trauma-informed care, resilience, and self-determination in a coordinated, accessible, person/family-driven system.

As one of Nebraska’s six behavioral health authorities, Region V Systems’ purpose is to oversee the development and coordination of this public behavioral health system in the Region V geographical area.

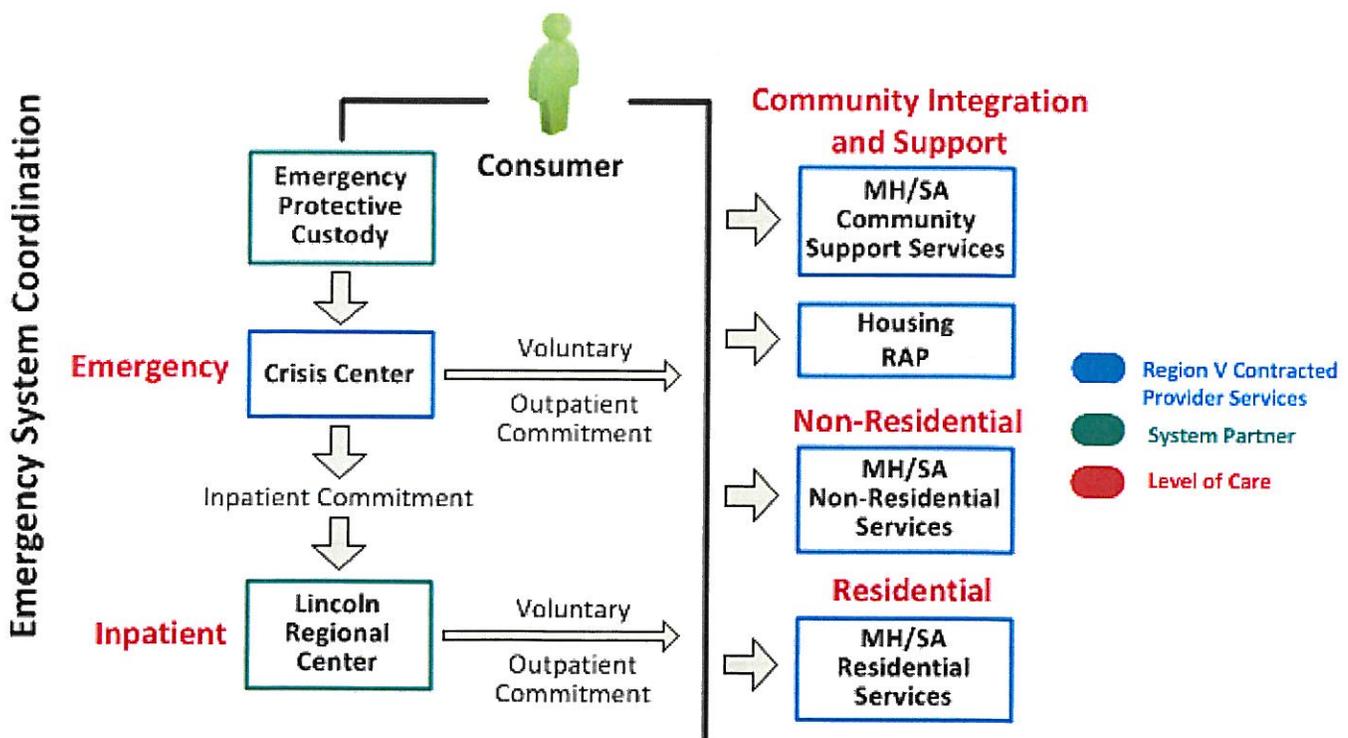
Statutory responsibilities include:

- Comprehensive planning, network development, integration, and coordination of an array of publicly funded, community-based behavioral health treatment and rehabilitation services for children and adults;
- Preparation of funding plans and budgets that document the behavioral health services and activities provided in the Region;
- Coordination of site reviews of services;
- Advocacy;
- Fiscal management and accountability;
- Evaluation and quality management.

There are many levels of treatment in this System of Care and a broad array of services that are consumer focused and designed to assist youth, adults, and families to reach the goal of recovery to live, work, and be participants in their communities.

Following is a chart identifying how adult consumers can voluntarily and involuntarily enter and move through the Levels of Care of the public behavioral health system.

Adult Behavioral Health System



Behavioral Health Data for Region V-Funded Services

STRUCTURE & GOVERNANCE

FUNDING & EXPENDITURES

NETWORK ADMINISTRATION

CHILDREN & FAMILY SERVICES

COMMUNITY BENEFIT NETWORK

Unduplicated Count of Persons Served by County of Residence FY 13-14		
	Mental Health	Substance Abuse
Butler	60	49
Fillmore	49	36
Gage	268	195
Jefferson	86	71
Johnson	40	26
Lancaster	3,938	3,865
Nemaha	46	39
Otoe	137	93
Pawnee	22	15
Polk	27	21
Richardson	75	57
Saline	118	94
Saunders	103	101
Seward	115	91
Thayer	32	39
York	214	122
Totals	5,330	4,914

Age Demographics FY 13-14*	
0-10	268
11-18	731
19-20	834
21-25	2,502
26-44	8,649
45-64	6,313
65+	215

Race Demographics FY 13-14*	
Alaska Native	12
American Indian	1,244
Asian	198
Black or African American	1,800
Native Hawaiian	13
Other Pacific Islander	116
Unknown	94
White	16,035

Diagnostic Demographics FY 13-14*	
Adjustment Disorder	1,060
Anxiety Disorder	1,393
Child/Adolescent Disorder	429
Cognitive Disorder	20
Deferred, Unspecified, Other	570
Dissociative Disorder	3
Eating Disorder	9
Medical Related Disorder	2
Mood Disorder	5,392
Other Conditions	32
Other Impulse-Control	57
Personality Disorder	0
Schizophrenia and Psychosis	1,632
Sexual and Gender Identity	146
Sleep Disorder	7
Somatoform Disorder	0
Substance-Related Disorder	8,625
Unidentified	135

Insurance Coverage Demographics FY 13-14*	
Child Welfare	3
HMO	113
Indian Health Services	7
Medicaid	2,585
Medicare	769
No Insurance	13,804
Other Insurance	1,237
Other Direct Federal	7
Other Direct State	11
PPO	226
Private Self Paid	590
Unknown	6
Veterans Administration	154

* Duplicated counts of persons served by region of residence.

Data is maintained by Magellan Behavioral Health Services, the State of Nebraska's system management agent.

NETWORK INITIATIVES

Along with an array of mental health and substance abuse programs, Region V Systems engages in initiatives and special projects that augment existing community-based services. Following are five priority initiatives currently underway with the intent to bolster the existing public behavioral health system:

Behavioral Health/Primary Care Integration Initiative

As *safety net* providers, both public behavioral health and primary care providers increasingly understand the value of identifying and treating consumers with both medical and behavioral issues in a more integrated fashion. Integrated care results in better health outcomes. Region V Systems has promoted this initiative since 2011 by supporting access for individuals to primary health care and a medical home at People's Health Center (PHC). Conversely, PHC prioritizes behavioral health screening and referral to treatment.

The following tables demonstrate success in this initiative:

Medical Appointments for Consumers and Their Follow Through				
Scheduled	Kept	Cancelled	No Show	Returning/ Established
1,136	946	64	126	763 of 1,136
Percent:	83%	6%	11%	67% established new health home

Consumer Appointments by Payer Source					
Self-Pay	Medicaid	Insurance	LB 95	Medicare	Total
1,122	6	6	0	2	1,136

Creating Cultures of Trauma-Informed Care

Trauma-Informed Care is a statewide initiative, to ensure all Network Providers delivering behavioral health services: 1) are informed about the effects of psychological trauma; 2) consistently screen for trauma symptoms and history of traumatic events; 3) provide ongoing assessment of trauma symptoms and problems related to trauma; 4) offer services that are recovery-oriented and trauma-sensitive; and 5) understand that re-traumatization may occur if safe, effective, and responsive services are not available for consumers.

Region V Systems facilitates a Trauma-Informed Workgroup comprised of consumers, Network Providers, Region V staff, and other community stakeholders. This workgroup is responsible for planning, developing, marketing, implementing, and evaluating strategies to increase awareness and promote/support a trauma-informed service delivery system which reduces the harmful effects of trauma and violence on individuals, families, and communities. In FY 13-14 the Trauma-Informed Workgroup sponsored trauma training for law enforcement personnel and other interested parties, coordinated and sponsored a trauma track, comfort room, and keynote speaker at the Statewide Behavioral Health Conference, "*Success, Hopes and Dreams*," and provided mini-grants to support trauma initiatives at individual provider agencies.

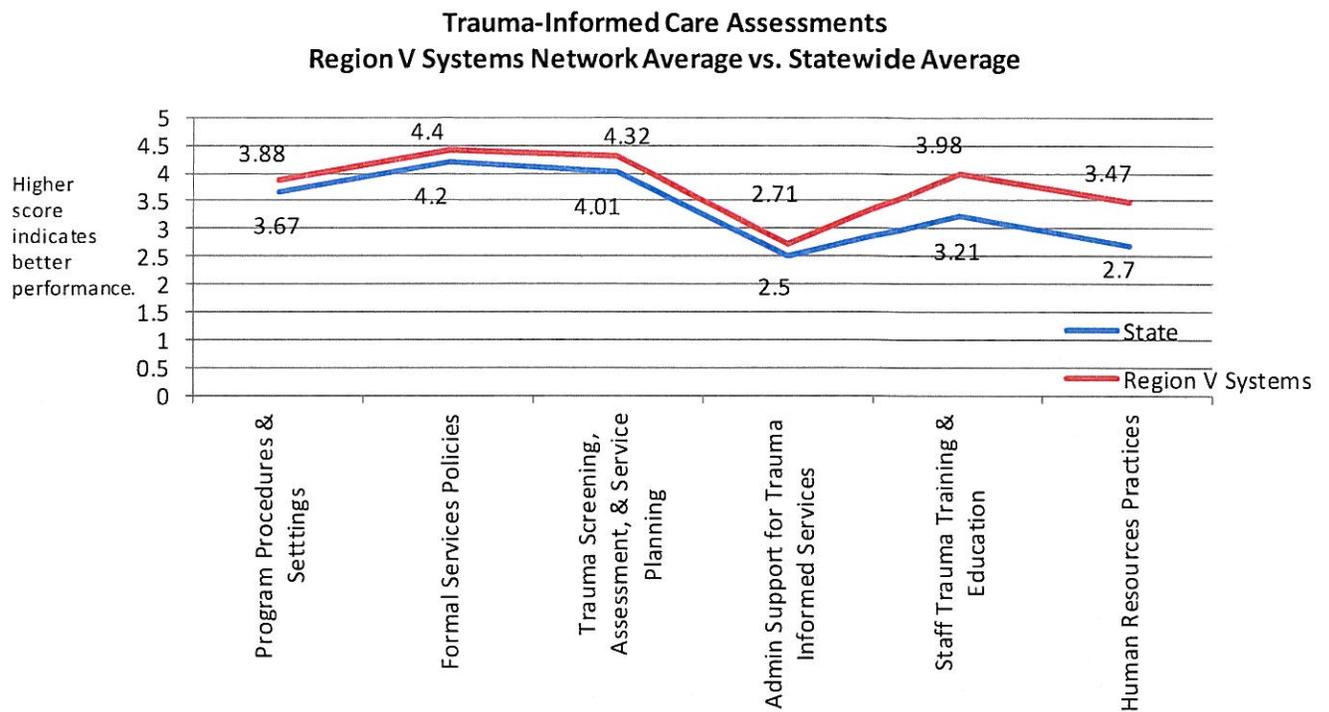
Awards Included:

Agency	Amount	Purpose
Associates in Counseling and Treatment	\$2,250	Staff training and trauma resources/curriculum.
CenterPointe	\$6,000	Support Dialectical Behavior Therapy (DBT) consultation in residential and outpatient programs. Train staff in the trauma-specific model of Eye Movement Desensitization Reprocessing (EMDR).
Families Inspiring Families	\$2,750	Support consultation in improving upon the eight identified areas of the agency's trauma-informed organizational assessment.
Lancaster County Crisis Center	\$2,550	Support development of an art and 16-step empowerment and recovery group. Purchase comfort/self-soothing care items to reduce the use of seclusion and restraint.
Mental Health Association of Nebraska	\$3,000	Support development and implementation of consumer outcomes survivor support group.
St. Monica's	\$6,000	Training for staff in trauma-informed care including advanced clinical training in DBT. Create "sensory rooms" in 3 of 4 residences.
Total \$22,550		

To further increase the knowledge of Trauma-Informed Care within the behavioral health workforce statewide, providers in all six Behavioral Health Regions completed the *Fallot and Harris Trauma-Informed Care Self-Assessment Tool*, setting a baseline to identify each agency's capacity of being trauma-informed in the following domains:

- Program Procedures and Settings
- Formal Service Policies
- Trauma Screening, Assessment, and Service Planning
- Administrative Support for Program-Wide Trauma-Informed Services
- Staff Trauma Training and Education
- Human Resources Practices

Results of the assessment identified strengths for continued growth and opportunities for improvement. The following chart reflects the self-assessment results comparing Region V Systems' Network Providers and the statewide average.



eBHIN (Electronic Behavioral Health Information Network) Initiative

Per the Substance Abuse and Mental Health Services Administration (SAMHSA), *"Health Information Technology is the bedrock of any effort to coordinate and integrate care for the population we serve across all modalities of care. Yet, behavioral health providers face significant financial challenges in trying to adopt comprehensive electronic health record (EHR) systems."* Since 2009, Region V Systems has continued to administratively and financially support the implementation of a health information technology network infrastructure.

To date, an electronic health record for registering and discharging consumers for services is operational for nine providers. Five providers will be implementing electronic practice management (EPM) and/or electronic medical records (EMR) in FY 14-15 through the eBHIN initiative. At the end of June 2014, 584 end users were using the system and 87,552 records were entered in the electronic system. The electronic system acts as a data repository giving providers and Region V Systems access to the information.

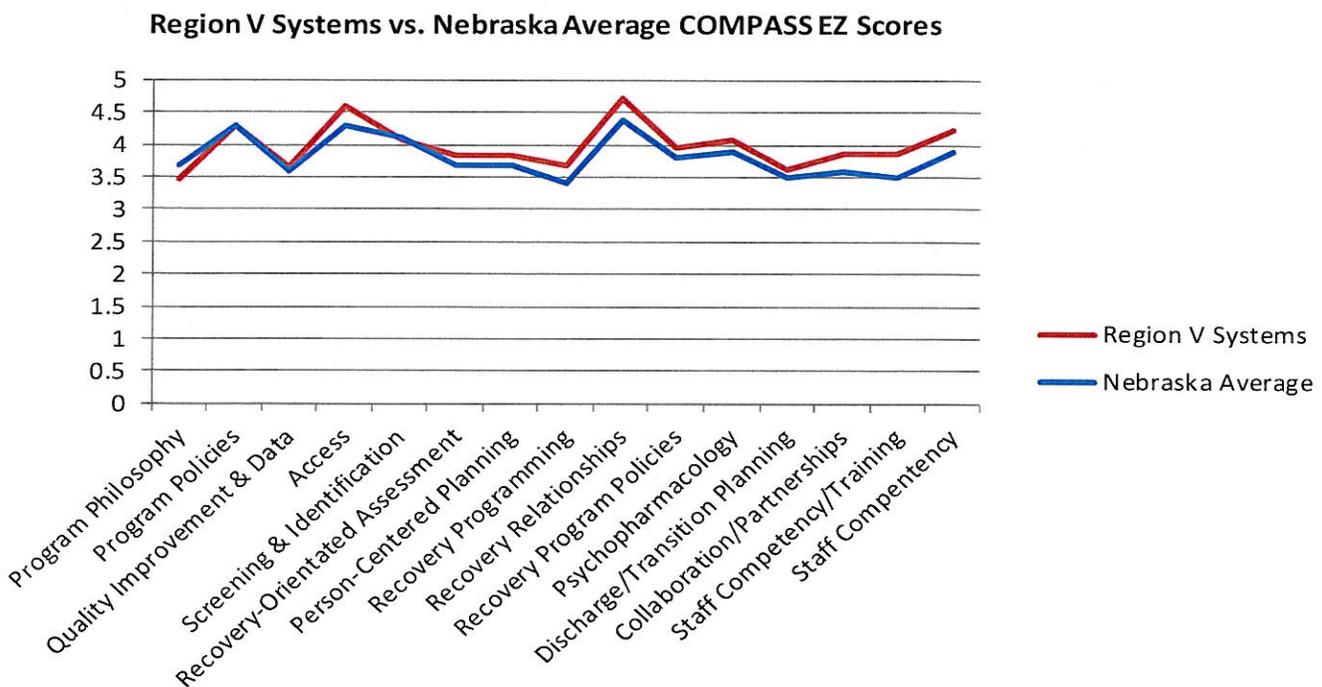
Complexity Capable Care

This initiative utilizes the values and principles of “Complexity Capability” to advance both organizationally and clinically effective care for individuals and families with complex co-occurring mental health and substance abuse disorders. Its aim is to develop co-occurring capability in all programs statewide, providing services, in partnership with Magellan Behavioral Health, other Nebraska Behavioral Health Authorities, providers, and system partners.

The initiative links the COMPASS-EZ, an organizational evaluation tool, with the evidence-based practice of *Stages of Change* to create recovery plans that include appropriate stage-based interventions and seeks to remove organizational and clinical barriers to effective care. Statewide and local trainings were facilitated by Drs. Ken Minkoff and Christie Cline, ZIA Partners, Inc. and developers of the COMPASS-EZ, on the Comprehensive Continuous Integrated System of Care (CCISC) to encourage co-occurring capability. Participants are now identified as a team of *change agents*, representing a voice and committed to the goals of:

1. Co-occurring competency for all staff
2. Program self-assessment (e.g., COMPASS-EZ®)
3. A 3 to 6-month action plan, including:
 - Welcome and access
 - Screening
 - Identification and counting
 - Empathic, hopeful, integrated, strength-based assessment
 - Stage-matched interventions
 - Integrated stage-matched recovery planning and programming

The results of the Region V Systems’ Provider Network compared to the statewide average of the COMPASS-EZ assessment are illustrated in the following graph:



Cluster-Based Planning (CBP)

In 2010 Region V Systems implemented Cluster-Based Planning (CBP) in partnership with Bill Rubin, Synthesis, Inc., as a management tool for Region V Systems' providers, designed to improve care for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth suffering from behavioral health issues. By describing different clusters, better identifying and measuring targeted outcomes, and tracking accompanying services and costs, the system can begin to answer the questions of **“what works, for whom, and at what cost.”**

CBP believes adults with severe mental disabilities, children with mental health needs, or individuals who are chemically dependent, should not receive services as a single homogenous group. Instead, they should be comprised of distinct natural subgroups, or “clusters.”

CBP is an emerging best practice that identifies subgroups (clusters) of individuals. Individuals in these clusters share common bio-psychosocial histories, problems, strengths, and life situations. CBP identifies outcomes for each of the clusters. Individuals are actively involved in assessing delivery of care, they are engaged in decisions, and are responsible for treatment compliance leading to greater satisfaction, greater fidelity, and improved outcomes.

In FY 13-14 Region V Systems received partial funding for this initiative through the Community Health Endowment to expand CBP within the Provider Network, train the behavioral health workforce, train individuals to become trainers, and utilize information technology to analyze services and monitor outcomes, resulting in enhanced efficiency within the current behavioral health delivery system.

The following chart indicates a snapshot of a few outcomes we are striving to increase:

Measure	Added in FY 13-14	Total to Date
Number of youth/adult clinicians/case managers trained in basic and intermediate CPB	106	273
Number of youth who became a member of a cluster	337	2,250*
Number of adults who became a member of a cluster (SPMI)	519	2,870*
Number of individual trained as trainers	15	15

* Total number includes duplicates of persons served with life experiences. May have entered treatment in more than one fiscal year.

To determine future planning and analysis for CBP and to guide the direction of behavioral health services and supports, a Regional Quality Improvement Team (RQIT) made up of representatives from each of the Network Provider agencies, monitors outcomes and analyzes data. Some of the data monitored by the group includes clusters, the National Outcomes Measurement System (NOMS), emergency, and many other areas. This initiative moves the system toward meeting the Triple Aim of improving experience of care, improving health outcomes, and reducing the per capita cost of care as services are more efficient and effective and in the right amount.

For more information on Cluster-Based Planning by agency/program cluster types and cluster memberships, please visit our website at www.region5systems.net.

Culturally and Linguistically Appropriate Services (CLAS)

Health inequities result in disparities that directly affect the quality of life for all individuals. National CLAS Standards have been defined to advance health equity, improve quality, and help eliminate health care disparities. CLAS standards establish a blueprint for health care organizations to guide collaborative efforts that address racial and ethnic health disparities and implement culturally and linguistically appropriate services. CLAS is broadly defined as care and services that are respectful of and responsive to the cultural and linguistic needs of all individuals.

Since 2003, Region V Systems has hosted a CLAS Coalition that meets monthly to address cultural and linguistically specific issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

Network Providers are reimbursed for interpreter services. In FY 13-14 the following received reimbursements:

Agency	Amount
Associates in Counseling & Treatment	\$350
Blue Valley Behavioral Health	\$637
Lancaster County Community Mental Health	\$4,716
The Bridge Behavioral Health	\$21
Child Guidance	\$25
Lutheran Family Services	\$3,283
Total \$9,032	

The CLAS Coalition also awards mini-grants. In FY 13-14 awards were allocated to the following:

Agency	Amount	Purpose
Asian Community and Cultural Center	\$2,400	Family resource/behavioral health and the New Americans Task Force.
Associates in Counseling & Treatment	\$1,100	Hispanic and Native American cultural sensitivity training.
Lincoln Literacy	\$1,500	Interpretation for mental health therapy for refugees and immigrants.
Lutheran Family Services of Nebraska	\$2,500	Expansion of simultaneous interpreting equipment. Esperanza support group in Spanish.
Mental Health Association of Nebraska	\$1,500	Program materials translation.
Nebraska Association for Translators & Interpreters	\$1,000	Keynote address at 14 th Annual Regional Conference.
Total \$10,000		

Special Populations

The public behavioral health system recognizes that there are special populations that require unique services to meet their behavioral health needs. Grants are awarded to these special population groups for a variety of activities. In FY 13-14 grants were awarded to the following:

Agency	Amount	Purpose
Family Service Association of Lincoln	\$1,265	Staff development opportunities in identified Lincoln schools to better meet the changing behavioral health needs of the adolescent population.
Lancaster County UNL Challenge Course for Park Middle School Truancy Program	\$500	Funding for youth to attend the Challenge Course at UNL with the truancy team.
Peoples Health Center on behalf of E.D. Connections	\$1,000	Funding to promote health care access for uninsured individuals who frequently utilize the emergency departments for non-emergent reasons by establishing a medical home.
Total \$2,765		

SERVICE ENHANCEMENTS

Service Enhancements promote consumer recovery in community-based services by providing additional support for providers to deliver services which minimize the use of higher levels of care and prevent discharge of consumers because of the provider's capacity to meet complex needs. Following are Service Enhancements for Region V Network Providers:

Medication Support

Medication Support promotes improved consumer recovery in community-based behavioral health services. The funding provides for ancillary medication support in the delivery of medication services within the outpatient behavioral health setting. In addition to providing payment assistance for certain medications, medication support requires the provider to address issues related to medication safety and quality of care. Medication support services are a quality improvement component of medication management services, attempting to favorably impact the clinical and economic outcomes for consumers and the overall system.

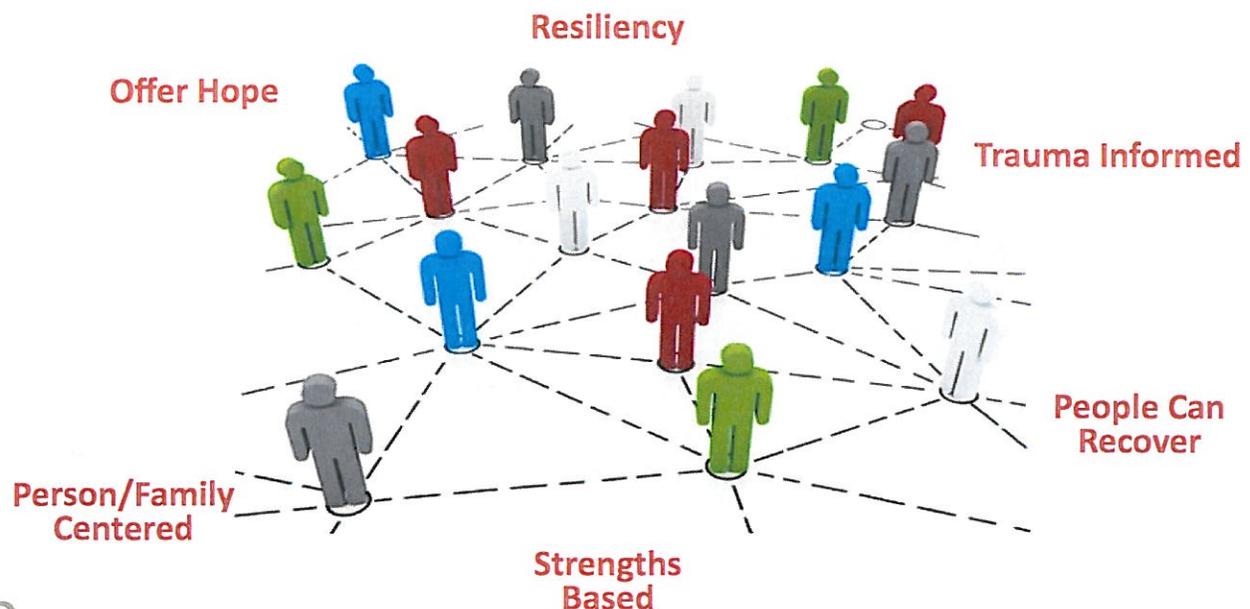
All Region V Network Providers providing outpatient services are eligible for these funds. In FY 13-14 funding in the amount of \$57,240 was utilized for mental health services and \$71,803 for substance abuse services to provide this ancillary service.

Recovery Voucher Project

Access to substance abuse treatment on a timely basis is paramount. When Region V's Network Providers are at their capacity, consumers are placed on a waitlist. In an effort to decrease wait times for these services, Region V Systems contracts with providers outside of Region V Systems' provider network through the Recovery Voucher Project. The project supports participant choice, allowing consumers to seek services outside the network, and delivers funds through a voucher method of payment. In FY 13-14, Region V Systems contracted with one provider, *Summit Care and Wellness*. Vouchers were issued to nine consumers. The average wait time for consumers completing an initial assessment and entering substance abuse treatment was 15 days. The average wait time for consumers engaged in treatment for substance abuse but wanting to transfer to another substance abuse treatment service was 11.7 days.

NETWORK MANAGEMENT

Together, partners ensure consumers have a voice and access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.



The duties and responsibilities of the **public behavioral health system** are accomplished in Region V through a **system of Network Management** including:

Contracts

Region V Systems has contract relationships with a network of behavioral health providers that have met the minimum standards to be a part of Region V Systems' provider network. In FY 13-14, 13 agencies were part of the provider network. It is a requirement that all network providers achieve national accreditation. These providers offer an array of services by **levels of care**.

In FY 13-14 these providers offered mental health services to 5,330 individuals, and 4,914 individuals received substance abuse services.

Coalitions

Region V Systems provides funding, technical assistance, and coordination to coalitions, including:

- **Local Prevention Coalitions**
(See page 15 in this report for more information on prevention efforts.)
- **Native American Coalition**
- **Consumer and Family Coalition**
(See page 18 in this report for more information on consumer coordination efforts.)
- **Culturally and Linguistically Appropriate Services (CLAS) Coalition**
(See page 12 in this report for more information on CLAS.)

Collaborations

Region V Systems collaborates with state agencies, numerous community partners, consumers, families, and other community primary care and behavioral health entities to support a system of care that is integrated (primary care integrated with behavioral health care) and supports the **Triple Aim** of:

- Enhancing an individual's experience of care (availability, accessibility, quality, and reliability).
- Improving the health of individuals.
- Promoting services that are efficient, effective, and in the right amount.

Quality Improvement

A Regional Quality Improvement Team (RQIT) establishes network accountability for continuous quality improvement by using data to plan, identify, analyze, implement, and report ongoing improvements; celebrate progress, change, and success. RQIT oversees data participation, reporting, quality, and analysis, and provides recommendations or reports to Region V Systems and the Network Provider Team. RQIT also interfaces with the Statewide Quality Improvement Team (SQIT) and the Division of Behavioral Health (DBH). Through Continuous Quality Improvement Coordination, the Region V Systems ensures:

- Services are appropriate to each consumer's needs and accessible when needed.
- Consumers and families participate in all processes of the CQI program, and their views and perspectives are valued.
- The services provided incorporate best practice, evidence-based practice, and effective practices.
- Services are of high quality and provided in a most cost-effective manner.

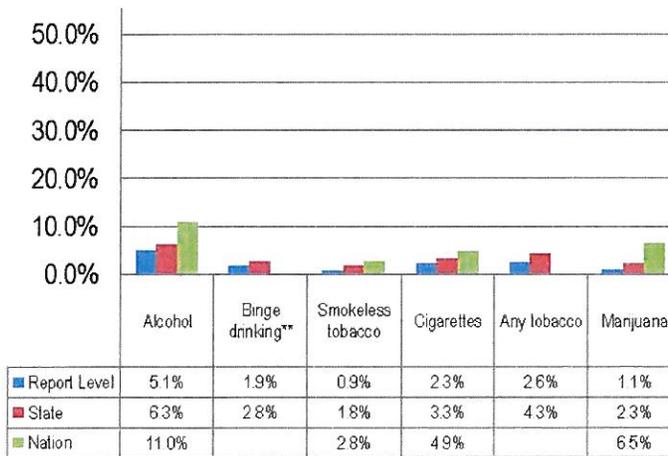
SYSTEM COORDINATION

In addition to contracts, initiatives, and service enhancement, Region V Systems also provides overall system coordination in a number of areas in partnership with providers, consumers, community hospitals, local coalitions, housing providers, landlords, local schools, vocational/employment agencies, advocacy organizations, criminal justice, county services, the Department of Health and Human Services, probation, law enforcement, community youth-serving agencies, and other stakeholders. System Coordination brings individuals/agencies together to plan, prioritize, reach solutions, monitor, and strategize to ensure services are accessible, available, and that duplication of efforts are minimized.

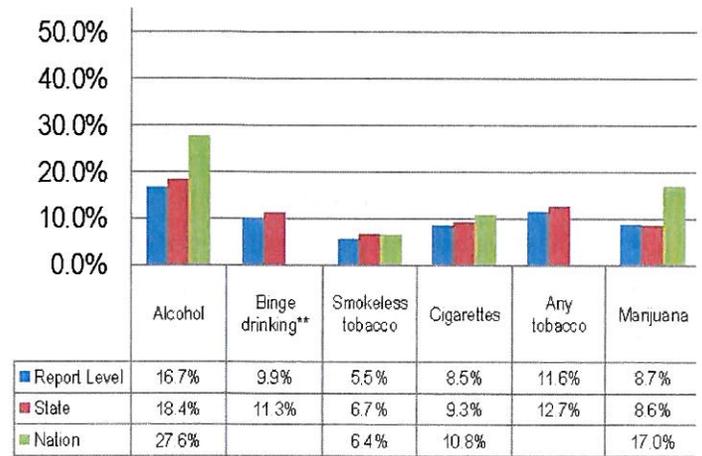
Prevention Coordination

The Region V Systems' Prevention system is a collaborative partnership among community coalitions, service providers, the Youth Action Board, and various community stakeholders. The federal Strategic Prevention Framework Model is used to drive strategies which includes: assessment, capacity development, planning, implementation, and evaluation, while prioritizing sustainability and cultural competency. Regional prevention coordination provides ongoing technical assistance and trainings for all coalitions and stakeholders within southeast Nebraska. Data is collected every two years among participating schools. This data drives coalitions' annual strategic plans.

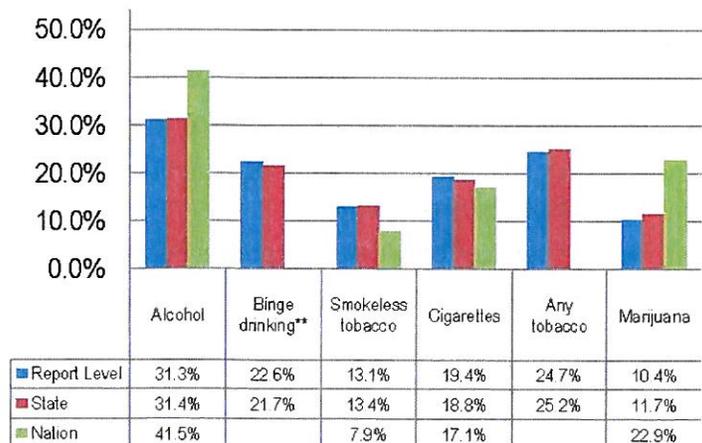
**Past 30-Day Substance Use
Among 8th Grade Respondents, 2012**



**Past 30-Day Substance Use
Among 10th Grade Respondents, 2012**



**Past 30-Day Substance Use
Among 12th Grade Respondents, 2012**



**Percentage of students who reported having five or more drinks of alcohol in a row, within a couple hours, during the past 30 days.

Nebraska Risk and Protective Factor Student Survey

The 2012 risk and protective scores for Region V, collected every other year, are displayed below by grade with the overall state scores to serve as comparisons. The scores for the risk factors indicate the proportion of students that are at risk in this area. Conversely, the protective factor scores represent the proportion of students that have this protective buffer in their lives.

Community		6th Grade		8th Grade		10th Grade		12th Grade	
Risk Factors		Local	State	Local	State	Local	State	Local	State
	Community Disorganization	28.3%	30.5%	35.2%	37.1%	45.6%	42.5%	41.4%	42.0%
	Laws and Norms Favorable to Drug Use ¹	NA	NA	20.9%	22.7%	39.8%	40.3%	53.5%	51.5%
	Perceived Availability of Drugs	34.6%	34.8%	20.2%	21.6%	25.3%	24.9%	25.5%	27.5%
	Perceived Availability of Handguns	28.6%	30.5%	35.2%	34.4%	25.2%	26.1%	30.1%	30.6%
Protective Factors									
	Opportunities for Prosocial Involvement	95.0%	94.6%	92.9%	91.9%	89.8%	91.6%	93.4%	93.0%
Family		6th Grade		8th Grade		10th Grade		12th Grade	
Risk Factors		Local	State	Local	State	Local	State	Local	State
	Poor Family Management	29.7%	29.0%	26.9%	29.5%	29.0%	29.2%	28.7%	28.9%
	Parental Attitudes Favorable Toward Drug Use	13.9%	12.8%	20.8%	22.9%	35.5%	35.4%	39.8%	38.8%
Protective Factors									
	Attachment	67.9%	65.3%	65.7%	62.4%	62.0%	61.1%	62.1%	60.9%
	Opportunities for Prosocial Involvement	72.2%	72.2%	75.0%	72.5%	65.2%	64.0%	64.4%	62.9%
School		6th Grade		8th Grade		10th Grade		12th Grade	
Risk Factors		Local	State	Local	State	Local	State	Local	State
	Academic Failure	52.3%	53.4%	28.1%	31.6%	35.2%	35.4%	35.6%	36.1%
	Low Commitment to School	23.0%	24.9%	31.0%	34.9%	32.3%	33.2%	35.2%	34.3%
Protective Factors									
	Opportunities for Prosocial Involvement	67.3%	62.6%	76.7%	76.4%	72.3%	73.8%	75.1%	74.9%
	Rewards for Prosocial Involvement	66.7%	66.4%	64.2%	64.1%	66.5%	68.8%	57.6%	56.8%
Peer / Individual		6th Grade		8th Grade		10th Grade		12th Grade	
Risk Factors		Local	State	Local	State	Local	State	Local	State
	Early Initiation of Drug Use ¹	NA	NA	13.3%	18.4%	19.6%	21.6%	25.5%	27.4%
	Early Initiation of Antisocial Behavior ¹	NA	NA	18.5%	20.9%	21.4%	22.5%	23.6%	24.7%
	Favorable Attitudes Toward Antisocial Behavior	28.0%	29.7%	18.5%	22.3%	32.9%	33.5%	30.1%	33.2%
	Favorable Attitudes Toward Drug Use	11.8%	12.2%	15.3%	19.3%	31.5%	33.4%	37.4%	39.5%
	Perceived Risks of Drug Use	35.7%	34.9%	28.8%	33.4%	46.6%	47.6%	41.0%	44.3%
	Gang Involvement	3.3%	3.4%	3.2%	3.7%	3.6%	4.0%	2.2%	3.3%
Protective Factors									
	Belief in the Moral Order	84.9%	83.7%	85.0%	81.8%	67.8%	67.8%	66.8%	65.5%
	Peer-Individual Prosocial Involvement	67.0%	65.2%	69.5%	65.4%	72.9%	72.6%	74.3%	71.9%

¹The 6th grade version intentionally does not measure this factor. As a result, this factor is not presented within this report.

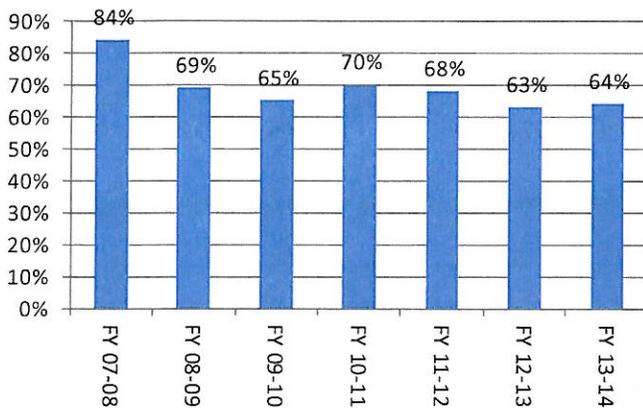
Housing Coordination

Rental Assistance Program (RAP)

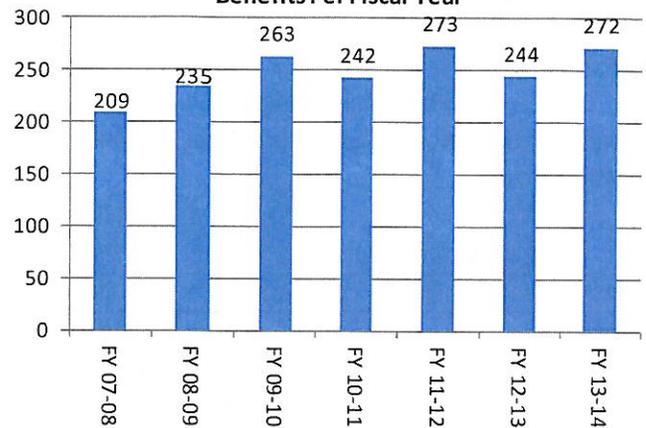
RAP provides safe, secure, affordable housing – together with support services – so that consumers can begin to work toward recovery. RAP also assists consumers in preventing a recurrence of inpatient mental health treatment so they can remain in their own homes. The target population are consumers with serious and persistent mental illness, who are indigent or have extremely low income, and who are discharging from an inpatient Mental Health Board commitment, or those that are at risk of an inpatient commitment.

RAP builds a network of housing providers and facilitates assisting individuals in locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections. Successful discharges are defined as consumers who have achieved independent living, bridge to more permanent housing, or maintain their current living situations.

Consumers Successfully Discharging from RAP Per Fiscal Year



Number of Consumer Households Receiving RAP Benefits Per Fiscal Year

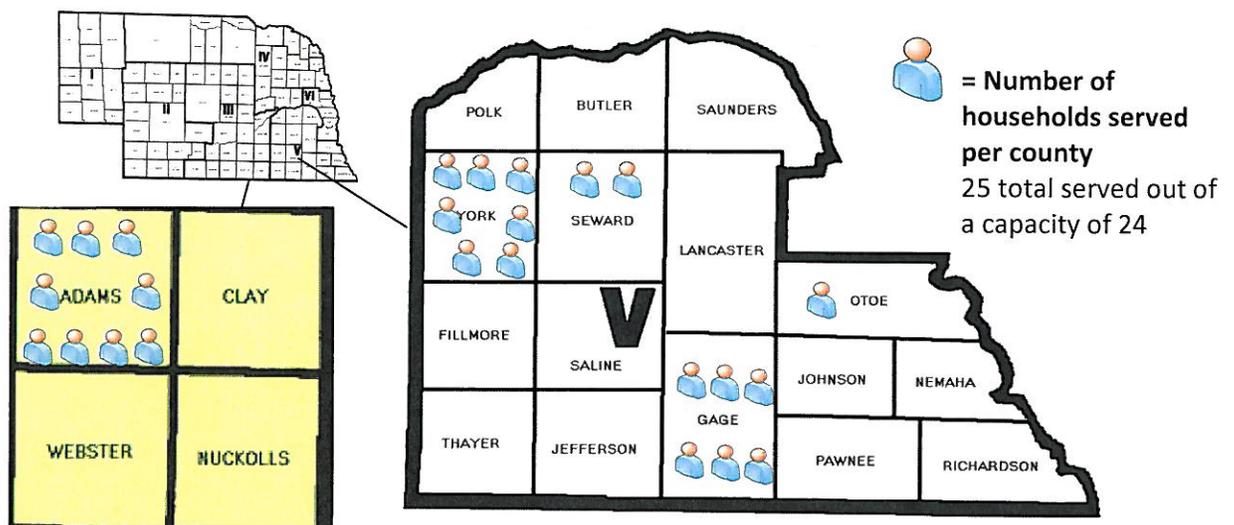


Rural Permanent Housing Program

Region V Systems receives funding from Housing and Urban Development (HUD) to provide permanent supportive housing to homeless consumers with disabilities in 20 rural counties in southeast Nebraska; the 16 counties in the Region V geographical area, plus the counties of Adams, Clay, Nuckolls, and Webster. The purpose of the funding is to work in conjunction with the Federal Strategic Plan to Prevent and End Homelessness, called *Opening Doors*.

Partnering with rural homeless and domestic violence shelters, community action agencies, network providers, and other rural community resources, Region V Systems provides scattered-site rental assistance to homeless consumers with disabilities.

Region V Systems receives applications for assistance, consumers are assessed for eligibility, and supportive services are assigned to the consumer. Once approved, Region V Systems enters into leases with landlords and provides monthly rental assistance while consumers receive case management services in their local communities.



STRUCTURE & GOVERNANCE

FUNDING & EXPENDITURES

NETWORK ADMINISTRATION

CHILDREN & FAMILY SERVICES

COMMUNITY BENEFIT NETWORK

Consumer Coordination

Consumer involvement and advocacy has been paramount as part of the Behavioral Health Services Act (LB 1083). The Act identified the following priorities for consumers:

- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

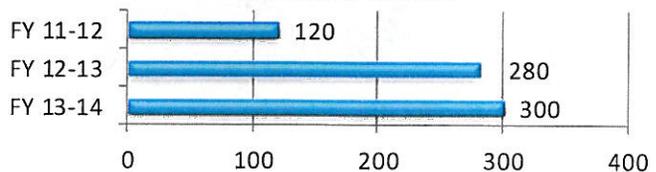
In Region V, these priorities are carried out through a number of functions:

Consumer Specialist

Since 2007, a Consumer Specialist position has been funded in each Region to support and promote consumer and family involvement and provide opportunities for consumers to learn leadership.

One of the primary responsibilities of the specialist is to introduce the Wellness Recovery Action Plan (WRAP) to consumers. WRAP®, is an **evidence-based practice** that is used worldwide by people who are dealing with mental health challenges and medical conditions. WRAP can also be used as a framework to guide relationships in peer support, recovery groups, agencies, and organizations.

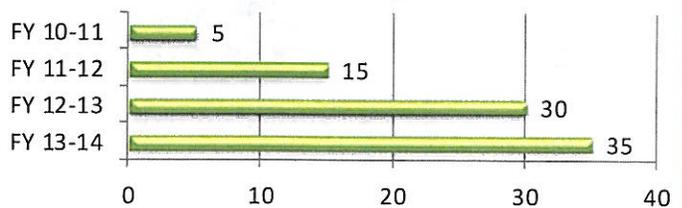
Number of Consumers at Crisis Center Introduced to WRAP



WRAP involves listing your personal resources and then using those resources to develop an action plan to use in specific situations.

The specialist also works with consumers in job or volunteer-related activities. The graph on the right illustrates an increase in the number of peers involved in the delivery of behavioral health services throughout the provider network.

Number of Peers Involved in the Regional Behavioral Health System



Consumer Family Coalition (CFC)

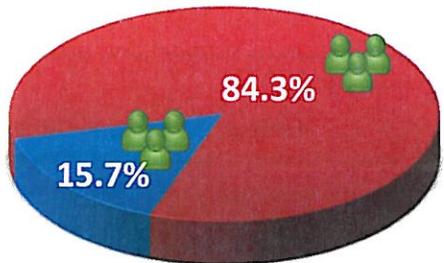
The Consumer Specialist also provides support and coordination for the Consumer Family Coalition. Since its establishment in 2004, the CFC has been involved in many projects that benefit people with mental health and/or addiction problems and their families. These projects include Nebraska Empowerment and Leadership Training (NELT), Wellness Recovery Action Plan (WRAP), Intentional Peer Support, and Self-Advocacy and Community Outreach. The CFC also awards grants to support local projects. In FY 13-14 CFC awarded the following projects:

Grantee	Amount	Purpose
CenterPointe	\$ 200	Writer's workshop
Webmaster	\$2,500	Coalition website maintenance
Two WRAP Facilitators	\$3,800	WRAP Summit – received certification
Independent Consultants	\$3,150	Images to access the Healing Mind (art group for women in trauma)
University of Nebraska – Public Policy Center	\$16,441	Developed Model Grievance/Human Rights Guidelines
Disability Rights of Nebraska	\$19,980	Module 2 Self-Advocacy Curriculum
Independent Consultants	\$3,440	Creative Recovery Art Workshop
Mental Health Association of Nebraska Statewide Behavioral Health Conference	\$20,641	Presenters and scholarships for the conference
Total \$70,152		

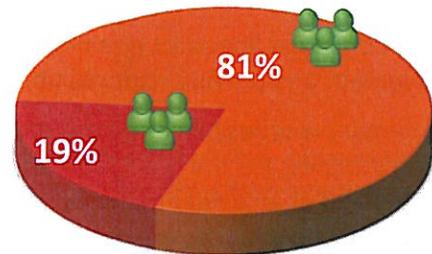
Mental Health Statistics Improvement Program (MHSIP)

Each year the Department of Health and Human Services' Division of Behavioral Health administers a Behavioral Health Consumer Survey. The purpose of the survey is to solicit input from persons receiving mental health and/or substance abuse services from the publicly funded, community-based behavioral health system in Nebraska on the quality and impact of services received. The survey instruments are a 28-Item MHSIP Consumer Satisfaction Survey. The survey instruments have been designated by the Federal Center for Mental Health Services to meet the Federal Community Mental Health Services Block Grant, Uniform Reporting System requirements. Survey areas include: access, quality, outcomes, participation in treatment planning, general satisfaction, functioning, and social connectedness. Below are a few outcomes as reported from the MHSIP survey:

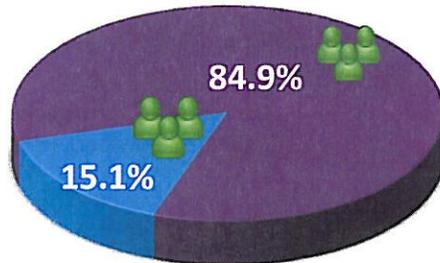
MHSIP DATA DECEMBER 2013



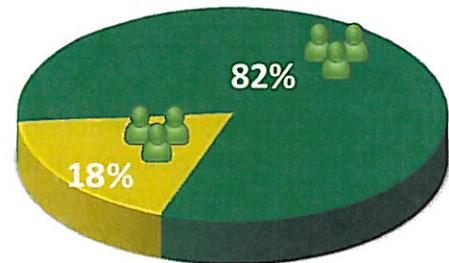
84.3% Services were appropriate and of good quality



81% Improved quality of life



84.9% Satisfied with services received



82% Services were available at times that were good for me

Youth System Coordination

Youth system coordination efforts are designed to strengthen the children's system of care in Nebraska. The system of care model is an organizational philosophy and framework that involves collaboration across agencies, families, and youth to improve services and access, and expand supports for youth with behavioral health conditions.

Alternative Response System

The Nebraska Department of Health and Human Services (NDHHS), Division of Children and Family Services, in consultation with the Children's Oversight Committee and Lancaster County youth providers have engaged in the implementation of **LB 853**, which provides for the creation of an Alternative Response system in Nebraska. Alternative Response system planning is a five year pilot; Lancaster County was selected as one of 5 counties in Nebraska to participate. Nebraska's Alternative Response is a "front end" system of assessment in child welfare cases that provides an individualized approach based upon the varying levels of severity and risk. NDHHS estimated last year that Alternative Response could be used in about 40% of the state's child welfare cases. If properly implemented, Alternative Response can help stabilize families and reduce the number of children taken into state custody.

Transition Age Youth Coordination: Promoting Self-Determination for Transition age Youth

Efforts have been directed at ensuring that transition age youth exiting the children's system of care acquire the skills, experiences, supports, and linkages needed as they enter adulthood. Region V Systems facilitates a Transition Age Review Team with representatives from community agencies that provide transitional support services. The Team assists with the development of transition plans focused on attaining the most appropriate level of independent living.

LINCS (Linking Individuals/Families in Need of Community Support)

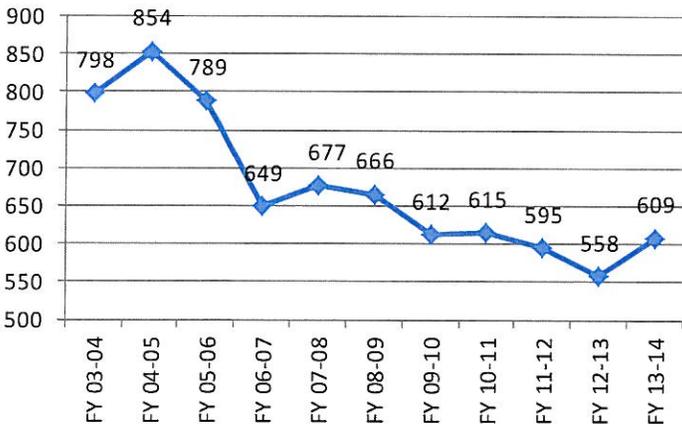
In 2009, Region V Systems partnered with the Lancaster County Attorney's Office, Lancaster County Human Services, Lancaster Youth Assessment Center, and Child Guidance Center to implement **LINCS**, a voluntary process for youth (ages 7-18) who have been diagnosed with a serious emotional disturbance, placing them at risk of becoming involved in the juvenile justice and/or child welfare systems. They are referred by their local county attorney's office, Lincoln Public Schools' School Multi Agency Response Team (SMART), Lancaster County Youth Assessment Center, or the Nebraska Family Helpline. LINCS offers an assessment administered by licensed clinicians and recommends connections to appropriate community resources to meet identified needs.

Emergency System Coordination

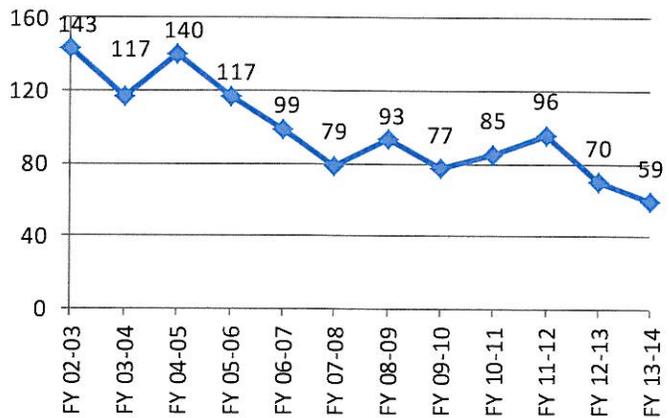
Emergency System Coordination is designed to meet the needs of individuals experiencing a behavioral health crisis/emergency situation. To ensure the safety of consumers and the public, coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, county attorneys, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities. Together, these agencies promote a welcoming, co-occurring capable crisis response system so individuals experiencing an acute behavioral health crisis are helped to identify the best next steps to make progress toward recovery in the least restrictive and most appropriate service that promotes safety.

The team assists individuals by facilitating seamless transitions to the most appropriate level of care by participating in case reviews, treatment team meetings, and other activities designed to develop discharge plans for individuals receiving treatment in the emergency system.

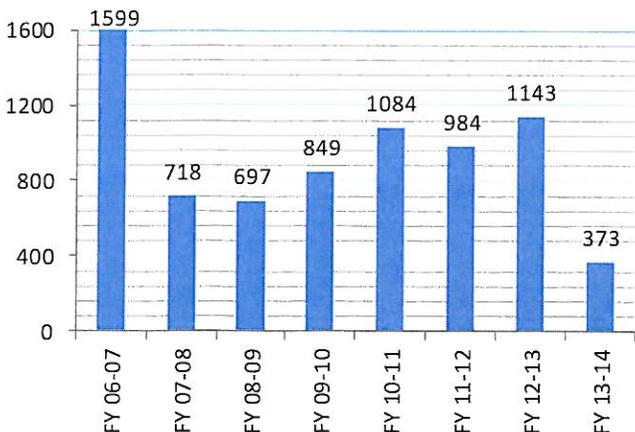
Emergency Protective Custody Admissions Per Fiscal Year



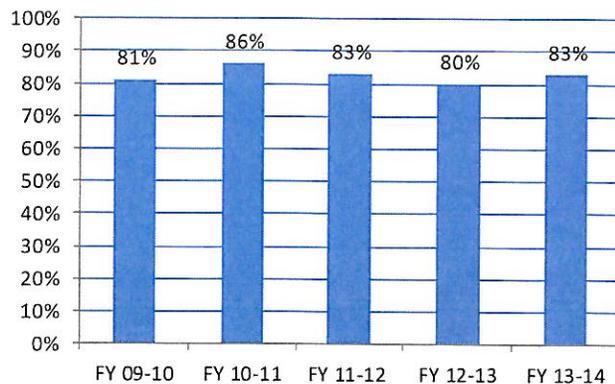
Repeat Emergency Protective Custody Admissions Per Fiscal Year



Post-Commitment Days Per Fiscal Year



Percent of Emergency Protective Custody Holds Diverted by Crisis Response Teams



LEVELS OF CARE

Region V Systems contracts with a network of behavioral health community providers and works with system partners who offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities. Services are categorized by level of care, including inpatient, residential, non-residential, community support, children's, and emergency, based on the intensity of treatment and professional care needed by persons served.

Adult Community Integration/Support A number of varied and flexible service options are available to provide support intended to: 1) reduce episodes of relapse, crisis, and emergency room utilization; 2) shorten length of stay at inpatient and residential levels of care; and 3) promote the recovery and resiliency of the individual.

Services	Provider
Assertive Community Treatment	CenterPointe (PIER) Community Mental Health Center (PIER) Lutheran Family Services (PIER)
Benefits Analysis	Mental Health Association
Bilingual/Bicultural Service Coordination	Lutheran Family Services (TASC)
Community Support—Mental Health	Blue Valley Behavioral Health CenterPointe Community Mental Health Center Lutheran Family Services O.U.R. Homes St. Monica's
Community Support—Substance Abuse	CenterPointe St. Monica's
Day Rehabilitation	CenterPointe Community Mental Health Center
Family Support and Advocacy	Families Inspiring Families
Peer Support	CenterPointe Community Mental Health Center Lutheran Family Services St. Monica's
Projects in Assistance to Transition from Homelessness	CenterPointe Community Mental Health Center
Recovery Support	CenterPointe Houses of Hope (TASC)
Rental Assistance Program	Region V Systems
Rural Permanent Housing Program	Region V Systems
Supported Employment	Mental Health Association of Nebraska
Supportive Living	CenterPointe
Transition-Age Professional Partner	Region V Systems

Adult
Non-Residential:
Mental Health and
Substance Abuse

Adult non-residential services provide treatment and rehabilitation services intended to: 1) reduce episodes of relapse, crisis, and emergency room utilization; 2) shortened lengths of stay at inpatient and residential levels of care; and 3) promote the recovery and resiliency of the individual.

Services	Provider
Assessment—Substance Abuse	Associates in Counseling and Treatment Blue Valley Behavioral Health Lincoln Medical Education Partnership Lutheran Family Services
Day Treatment	Community Mental Health Center
Intensive Care Management	Blue Valley Behavioral Health (TASC)
Intensive Outpatient	Blue Valley Behavioral Health Lutheran Family Services St. Monica's
Medication Management	Blue Valley Behavioral Health CenterPointe Community Mental Health Center Lutheran Family Services
Outpatient Therapy (Individual, Family, Group)	Blue Valley Behavioral Health CenterPointe Child Guidance Center Community Mental Health Center Lincoln Medical Education Partnership Lutheran Family Services St. Monica's

Adult
Residential
Mental Health,
Substance Abuse,
Co-occurring

Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Services	Provider
Psychiatric Residential Rehabilitation	CenterPointe Community Mental Health Center
Halfway House	Houses of Hope
Intermediate Residential	The Bridge Behavioral Health
Short-Term Residential	The Bridge Behavioral Health CenterPointe Houses of Hope St. Monica's Summit Care & Wellness*
Therapeutic Community	St. Monica's
Dual-Disorder Residential	CenterPointe

* Non-network provider; contracted voucher provider for overflow capacity and increased access for priority populations.

Adult
Inpatient

The Lincoln Regional Center provides this service for the Region V service area. This hospital-based acute and sub-acute psychiatric service is designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment, providing intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports. As symptoms are stabilized, the individual is transitioned to community-based residential or non-residential services for continued recovery.

Services	Provider
Inpatient Psychiatric Services	Lincoln Regional Center*

Adult
Emergency

Emergency services ensure consumers have access to multiple alternatives for support while experiencing an acute behavioral health crisis, including those individuals with active substance use.

Services	Provider
24-hour Crisis Phone	Blue Valley Behavioral Health CenterPointe Community Mental Health Center
Civil Protective Custody (Involuntary)	The Bridge Behavioral Health
Crisis Assessment (Substance Abuse)	Community Mental Health Center Mental Health Crisis Center
Crisis Respite	The Bridge Behavioral Health
Crisis Response Teams	Blue Valley Behavioral Health (TASC)
Emergency Protective Custody (Crisis Center Involuntary)	The Bridge Behavioral Health Community Mental Health Center Mental Health Crisis Center
Emergency Community Support	Lutheran Family Services (TASC)
Hospital Diversion	Mental Health Association of Nebraska
Social Detoxification	The Bridge Behavioral Health

Youth
Non-Residential

Youth non-residential services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder. Region V Systems' contracted services in the children's level of care include:

Services	Provider
Outpatient	Blue Valley Behavioral Health Child Guidance Center
Assessment	Blue Valley Behavioral Health Child Guidance Center
Intensive Outpatient	Blue Valley Behavioral Health
Therapeutic Consultation	Child Guidance Center
Family Support and Advocacy	Families Inspiring Families
SOAR	CenterPointe

* Lincoln Regional Center is a system partner, not one of Region V Systems' Network Providers

CHILDREN & FAMILY SERVICES

Family & Youth Investment

Children and Family Services administers the Professional Partner program, known as Family & Youth Investment (FYI). FYI seeks to:

- Avert children from becoming state wards, preventing expensive out-of-home placements or involvement in emergency services;
- Reduce juvenile crime or contact with adult criminal justice systems;
- Increase school performance; and
- Facilitate a seamless transition from the youth to the adult behavioral health system.

FYI includes four tracks. If the family meets financial eligibility requirements, there is no cost to participate. For families not meeting the financial eligibility criterion, the option of paying a monthly rate for participation is available. Following are descriptions of the four FYI tracks available:

1. The **Traditional** track serves children up to age 21 with a serious emotional disturbance.
2. The **Prevention Professional Partner (PPP)** track focuses on prevention, serving children under age 19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination. To be eligible, the youth must have a serious emotional disturbance or a serious mental illness.
3. The **Transition-Age Professional Partner (TAPP)** track services young adults ages 17-24 who have a serious mental illness and who are transitioning from the youth to the adult behavioral health system.
4. The **Children & Family Services (CFS)** track serves youth under age 19 and their families who are referred by the Nebraska Department of Health and Human Services, Division of Children and Family Services to safely maintain children in the home and increase family stability. The youth does not need to have a serious emotional disturbance or a serious mental illness to be eligible to participate.

Each participant is provided a Professional Partner who serves as a service coordinator. Through a family-centered team effort, they coordinate and facilitate formal and informal services and supports necessary to assist the youth and their families in meeting their established goals.

FYI's philosophy is based on the wraparound approach. Wraparound relies on the natural support systems of the family in its community. The approach begins with the principle of ensuring "voice and choice," which stipulates that the perspectives of the family—including the child—must be given primary importance during planning and other activities.

Wraparound further requires that the planning process itself, as well as the services and supports provided, are individualized, family driven, culturally competent, and community based. Additionally, the process increases "natural supports" available to a family by strengthening interpersonal relationships and utilizing other resources that are available in the family's network of social and community relationships. Finally, all contact with participants and their families is "strengths based," including referrals for activities/supports that purposefully help the youth and family to recognize, utilize, and build talents, assets, and positive capacities.



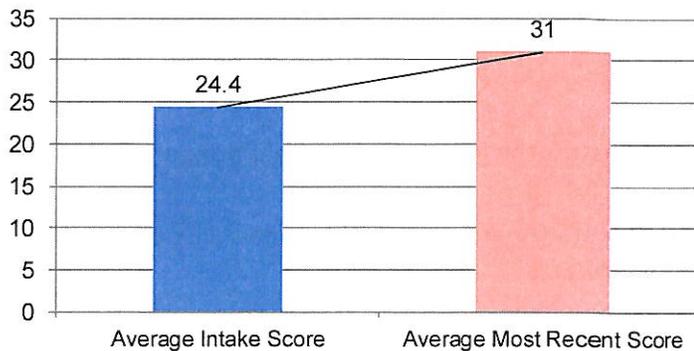
Traditional Track: Average length of stay was 15.3 months; number of youth served was 103.

PPP Track: Average length of stay was 4.1 months; number of youth served was 49.

TAPP Track: Average length of stay was 16.9 months; number of youth served was 54.

CFS Track: Average length of stay was 2.7 months; number of youth served was 164.

FYI Active Families Average Outcome Rating Scale Scores (n=114)
Showing Improvement FY 13-14



Outcome Rating Scale Graph — All four FYI Program tracks

Client-Directed/Outcome-Informed Care is designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes. Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller’s theory is based on the premise that when the client’s voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, interaction with a client can be client-directed and outcome-informed. According to Dr. Miller, a score of 28 points is the clinical cutoff. Clients that score under 28 are in need of and could benefit from treatment, above 28 points indicates a person is functioning like the “norm population not in behavioral health services.” On average, the families are progressing/improving.

Child and Adolescent Functioning Scale (CAFAS) and Cluster-Based Planning (CBP) for Youth

The **CAFAS** is a tool designed to evaluate emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth’s life. The lower the score, the more improvement and less impairment exists for the youth.

CBP is a tool, identifying individuals by “clusters.” A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social or environmental context, and/or life situations (*for more information on CBP, see page 11*). CBP assists the children’s system of care by better identifying who the consumers of services are, what types of services are needed, and what we can best offer to meet those needs.

Youth served through FYI were administered the CAFAS and were also identified by clusters. The charts on the following pages identify youth by cluster membership and their average level of functioning on the CAFAS at time of enrollment and discharge. The percent of youth that meet the clinically significant change by cluster are listed. Clinically significant change occurs when the youth’s intake CAFAS score decreased by 20 points.

Outcomes of Traditional Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other/Neuro-Behavioral	31	35%	91	14	32%	67.9	64.3%
2	Depressed-May Be Suicidal	3	3%	110	0	0%	0	0.0%
3	Severe Behavior Problems	11	12%	120.9	5	11%	112	40.0%
4	Sexual, Physical, Emotion Abuse	7	8%	115.7	2	5%	55	100.0%
5	Affected By Traumas	8	9%	105	6	14%	33.3	100.0%
7	Very Anxious Youth	1	1%	110	1	2%	40	100.0%
8	Not Adjusting to Stressful Life, Crises	8	9%	86.2	2	5%	100	0.0%
9	Sexual Offenses	2	2%	95	1	2%	100	0.0%
10	MH & Cognitive Limitations	17	19%	103.5	12	27%	73.3	75.0%
NA	Doesn't fit to any cluster assignment	1	1%	70	1	2%	40	100.0%
Total or Average		89	100%	100.73	44	100%	62.15	57.9%

Outcomes of Prevention Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other/Neuro-Behavioral	13	27%	90.8	10	26%	69	50.0%
2	Depressed-May Be Suicidal	8	17%	96.2	5	13%	96	20.0%
3	Severe Behavior Problems	5	10%	98	5	13%	102	20.0%
4	Sexual, Physical, Emotional Abuse	0	0%	0	0	0%	0	0.0%
5	Affected By Traumas	5	10%	76	5	13%	62	60.0%
6	Substance Abuse Issues	4	8%	130	3	8%	113.3	33.3%
7	Very Anxious Youth	7	15%	74.3	5	13%	28	100.0%
8	Not Adjusting to Stressful Life, Crises	1	2%	80	0	0%	0	0.0%
9	Sexual Offenses	0	0%	0	0	0%	0	0.0%
10	MH & Cognitive Limitations	5	10%	82	5	13%	76	20.0%
Total or Average		48	100%	72.73	38	100%	54.63	30.3%

Outcomes of Transition-Age Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other/Neuro-Behavioral	4	7%	87.5	2	11%	85	50.0%
2	Depressed-May Be Suicidal	11	24%	124.5	6	32%	38.3	83.3%
3	Severe Behavior Problems	3	7%	146.7	1	5%	40	100.0%
4	Sexual, Physical, Emotion Abuse	4	9%	145	3	16%	103.3	66.7%
5	Affected By Traumas	3	7%	120	0	0%	0	0.0%
6	Substance Abuse Issues	6	13%	116.7	2	11%	95	100.0%
7	Very Anxious Youth	4	9%	72.5	1	5%	80	0.0%
8	Not Adjusting to Stressful Life, Crises	0	0%	0	0	0%	0	0.0%
9	Sexual Offenses	1	2%	100	0	0%	0	0.0%
10	MH & Cognitive Limitations	7	16%	124.3	3	16%	70	66.7%
NA	Doesn't fit to any cluster assignment	2	4%	100	1	5%	60	0.0%
Total or Average		45	98%	103.38	19	100%	51.96	42.4%

Outcomes of Children & Family Services Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other/Neuro-Behavioral	22	22%	75.5	15	25%	55	50.0%
2	Depressed-May Be Suicidal	10	10%	86	6	10%	56.7	33.3%
3	Severe Behavior Problems	9	9%	84.4	4	7%	47.5	75.0%
4	Sexual, Physical, Emotional Abuse	10	10%	85	6	10%	43.3	83.3%
5	Affected By Traumas	13	13%	67.7	9	15%	45.6	66.7%
6	Substance Abuse Issues	4	4%	82.5	4	7%	65	50.0%
7	Very Anxious Youth	4	4%	50	2	3%	30	100.0%
8	Not Adjusting to Stressful Life, Crises	12	12%	47.5	7	11%	27.1	57.1%
10	MH & Cognitive Limitations	4	4%	87.5	3	5%	40	100.0%
NA	Doesn't fit to any cluster assignment	12	12%	54.2	5	8%	36	40.0%
Total or Average		100	100%	72.03	61	100%	44.62	65.5%

STRUCTURE & GOVERNANCE

FUNDING & EXPENDITURES

NETWORK ADMINISTRATION

CHILDREN & FAMILY SERVICES

COMMUNITY BENEFIT NETWORK

COMMUNITY BENEFIT NETWORK

STRUCTURE &
GOVERNANCE

Region V Systems' strategic intent is to promote comprehensive partnerships in behavioral health. One example of a partnership is Region V Systems' Community Benefit Network (CBN). During FY 13-14 Region V Systems offered a variety of supports to nonprofits through the CBN, such as:

- Office space and use of computers, phones, furniture, conference rooms, parking, etc.;
- Administrative support;
- Fiscal support;
- Technical assistance in relation to corporate compliance, privacy and security, human resource management, FMLA/ADA; and
- Creation and management of data base systems.

FUNDING &
EXPENDITURES

This type of "shared services/shared space" philosophy allows organizations to build capacity and increase efficiencies, enhancing their ability to provide services and focus on the mission of their organization.

In FY 13-14 Region V Systems offered shared space/services and/or technical assistance to:

- Electronic Behavioral Health Information Network (eBHIN)
- Families Inspiring Families (FIF)
- Houses of Hope
- Human Services Federation (HSF)
- Lancaster Prevention Coalition (LPC)
- Mental Health Association of Nebraska (MHA-NE)
- National Association of Case Managers (NACM)
- People's Health Center (PHC)
- Seward County
- St. Monica's

NETWORK
ADMINISTRATION

CHILDREN &
FAMILY SERVICES

COMMUNITY
BENEFIT NETWORK

This report was published in part by funds from the Nebraska Department of Health and Human Services.

DIRECTORY

Prevention Coalitions

Butler County Believes In Youth

750 'D' St.
David City, NE 68632
Phone: 402-367-4590 - Chad Deuker

Fillmore County Prevention Coalition

910 'D' St.
Geneva, NE 68361
Phone: 402-759-6873 - Jolene Frook

Gage County MAPS Community Coalition

320 N. 5th St.
Beatrice, NE 68310
Phone: 402-806-7783 - Christina Lyons

Jefferson County Community Coalition

PO Box 352
514 'D' St.
Fairbury, NE 68352
Phone: 402-729-6510 - Collena Laschanky

Johnson County CAN Coalition

358 N. 6th St.
Tecumseh, NE 68450
Phone: 402-866-6431 - Nancy Harms

Lancaster Prevention Coalition

1645 'N' St.
Lincoln, NE 68508
402-441-3807 - Teri Vosicky

Mead Community Group

610 S. Vine
Mead, NE 68443
Phone: 402-624-5255 - Jeannette Johnson

Nemaha Advocates Drug and Alcohol Awareness Coalition

601 'J' St.
Auburn, NE 68305
Phone: 402-209-3657 - Kristiaan Rawlings

Partners for Otoe County

6142 Highway #75
Nebraska City, NE 68410
Phone: 402-873-6343 - Laurie Stuckenholtz

Polk County Substance Abuse Coalition

PO Box 215
400 Hawkeye
Osceola, NE 68651
Phone: 402-747-2211 - Darla Winslow

Richardson County Prevention is Key

810 Central Ave.
Humboldt, NE 68376
Phone: 402-862-2151 - Karen Mezger

Saline County Drug and Alcohol Prevention Coalition

PO Box 865
Wilber, NE 68465
Phone: 402-821-3581 Tim McDermott

Seward County Bridges

216 S. 9th St.
Seward, NE 68434
Phone: 402-761-2216 - Sam Johnson

Thayer County Healthy Communities Coalition

PO Box 91
Hebron, NE 68370
Phone: 402-200-0516 - Megan Hinrichs

York County Drug Task Force

2101 N. Lincoln Ave.
York, NE 68467
Phone: 402-362-2621 - Irene Duncan

DIRECTORY

Network Providers

Associates in Counseling & Treatment

2110 S. 38th St.
Lincoln, NE 68506
Phone: 402-261-6667
www.actnebraska.net

Blue Valley Behavioral Health

1123 N. 9th St.
Beatrice, NE 68310
Phone: 402-228-3386
www.bvbh.net

The Bridge Behavioral Health

721 'K' St.
Lincoln, NE 68508
Phone: 402-477-3951
www.thebridgenebraska.org

CenterPointe

2633 'P' St.
Lincoln, NE 68503
Phone: 402-475-8717
www.centerpointe.org

Child Guidance Center

2444 'O' St.
Lincoln, NE 68510
Phone: 402-475-7666
www.child-guidance.org

Families Inspiring Families

1645 'N' St.
Lincoln, NE 68508
Phone: 402-441-4369
www.familiesinspiringfamilies.org

Houses of Hope

1124 N Cotner Blvd.
Lincoln, NE 68505
Phone: 402-435-3165
www.housesofhope.com

Lincoln Medical Education Partnership

4600 Valley Rd.
Lincoln, NE 68510
Phone: 402-483-4581
www.lmep.com

Lutheran Family Services

2201 S 17th St.
Lincoln, NE 68502
Phone: 402-441-7940
www.lfsneb.org

Mental Health Association

1645 'N' St.
Lincoln, NE 68508
Phone: 402-441-4371
www.mha-ne.org

Mental Health Crisis Center of Lancaster County

2201 S. 17th St.
Lincoln, NE 68502
Phone: 402-441-8276
www.lancaster.ne.gov/mental

O.U.R. Homes

2039 'Q' St.
Lincoln, NE 68503
Phone: 402-474-2121

St. Monica's

120 Wedgewood Dr.
Lincoln, NE 68510
Phone: 402-441-3768
www.stmonicas.com

Central office listed; for other service locations, contact the agency listed here.

LANCASTER COUNTY CONSUMER DEMOGRAPHICS

County of Residence : Lancaster		Unduplicated Count of Persons Served ►	3938	3865
		Total Admissions ►	3171	5837
	Demographic	Category	MH	SA
	Service Type	ACT	2	
		ACT Alt	78	
		Acute Psy Inpatient	5	
		Assess/Eval ONLY -MH	2	
		Assess/Eval ONLY -SA		648
		Assessment		7
		Assessment Addendum		5
		Ch O/P-MH	238	
		Ch O/P-SA		91
		Ch Partial		1
		Ch Prof Partners	346	
		CPC		3436
		Crisis AssessLADC/SA		183
		Crisis Stabliz./Tx	1	
		Day Rehab - Full Day	112	
		Day Treatment - MH	37	
		Detox		490
		Dual Dis Res/MH	4	
		Dual Dis Res/SA		47
		Emergency Comm Supp	138	
		EPC	538	
		Family Therapy w/Clt		1
		Group Therapy		21
		Half-way House - SA		153
		Int O/P - SA		110
		Int. Res - SA		84
		Medication Managment	3113	
		O/P Dual Dx	4	
		O/P-MH	2106	
		O/P-SA		938
		OpioidRplace-MethBup		45
		Post Com Trt Days/MH	40	
		Post Com Trt Days/SA		1
		Psych Res Rehab - MH	16	
		Psych Respite	233	
		Recovery Support	411	
		Secure Resident - MH	1	
		Short-term Res - SA		282
		Supported Employment	147	
		Supported Living	66	
	Therapeutic Com - SA		35	
	Community Support MH	840		
	Community Support SA		111	
	ICS/ICM - MH	130		

LANCASTER COUNTY CONSUMER DEMOGRAPHICS

	Ch Short-Term Wrap	1	
	ICS/ICM - SA		58
Service Type Total		8609	6747
Sex	Female	4217	1977
	Male	4385	4765
	Unknown	6	
	Other	1	4
Sex Total		8609	6746
Race	Alaska Native	3	9
	American Indian	327	825
	Asian	104	74
	Black or African American	924	830
	Native Hawaiian	8	5
	Other Pacific Islander	54	46
	Unknown	60	23
	White	7129	4934
Race Total		8609	6746
Age	0 - 5 Years Of Age	21	
	6 - 10 Years Of Age	166	
	11 - 15 Years Of Age	223	45
	16 - 17 Years Of Age	53	68
	18 Years Of Age	59	80
	19 - 20 Years Of Age	340	303
	21 - 25 Years Of Age	813	1106
	26 - 44 Years Of Age	3773	2955
	45 - 64 Years Of Age	3077	2138
	65+ Years Of Age	84	51
Age Total		8609	6746
Employment Status at	Active/Armed Forces(<35 Hrs)	6	
	Active/Armed Forces(35+ Hrs)	1	4
	Disabled	1709	751
	Employed Full Time (35 hrs +)	870	1496
	Employed Part Time (<35 Hrs)	1114	755
	Homemaker	63	19
	Resident of Institution	23	81
	Retired	37	43
	Sheltered Workshop	5	1
	Student	583	296
	Supported Employment	14	3
	Unemployed(Laid off/looking	2535	1584
	Unemployed/Not Seeking	1539	1706
	Unknown	74	6
	Volunteer	36	1
Employment Status at Admission Total		8609	6746
Insurance Coverage	Child Welfare	3	
	HMO	60	17
	Indian Hlth Svc	1	5

LANCASTER COUNTY CONSUMER DEMOGRAPHICS

	Medicaid	1519	765
	Medicare	531	100
	No Insurance	5722	4733
	Other Insurance	472	602
	Othr Direct Fed	5	2
	Othr Direct Sta	9	
	PPO	91	73
	Priv.Self Paid	132	370
	Unknown	6	
	Veterans Admin	58	79
Insurance Coverage Total		8609	6746
Legal Status at Admiss	Civil Protective Custody (CPC)	14	3437
	Court Order	82	272
	Court: Competency Evaluation	1	1
	Court: Juvenile Commitment	2	2
	Court: Juvenile Evaluation		1
	Court: Mentally disordered sex offender	4	
	Court: Presentence Evaluation	7	231
	Emergency Protective Custody (EPC)	585	198
	Juvenile High Risk Offender	2	
	MHB Commitment	428	76
	MHB Hold/Custody Warrant	41	6
	Not responsible by reason of insanity	19	2
	Parole	49	52
	Probation	54	162
	Voluntary	6793	2210
	Voluntary by Guardian	509	93
	STATE WARD	13	3
	Probation due to Gambling	6	
Legal Status at Admission Total		8609	6746
Reason for Admission	Dual Diag/Prim.MenHlth/Pri.S/A	2200	713
	Prim.Mental Hlth/Secondary S/A	415	34
	Prim.S/A/Secondary Mental Hlth	77	178
	Prim.Sex Offender	108	
	Primary Mental Health	5311	276
	Primary Substance Abuse	430	5542
	Unknown	52	3
	Prim CG/Secondary MH	8	
	Prim CG/Secondary SA	3	
	Prim.Intellectual Disability	5	
	Reason for Admission Total		8609
Diagnostic Categories	Adjustment Disorder	528	96
	Anxiety Disorder	977	108
	Child/Adolescent Disorder	282	9
	Cognitive Disorder	15	3
	Deferred, Unspecif, Other	357	110
	Dissociative Disorder	2	1

LANCASTER COUNTY CONSUMER DEMOGRAPHICS

	Eating Disorder	5	3
	Medical related Disorder	1	
	Mood Disorder	3734	371
	Other Conditions	11	1
	Other Impulse-Control	22	6
	Schizophrenia & Psychosis	1350	81
	Sexual & Gender Identity	132	
	Sleep Disorder	7	
	Substance-Related Disorder	1057	5953
	Unidentified	129	4
	Diagnostic Categories Total	8609	6746

REGION V SYSTEMS

COUNTY CONTRIBUTION
(approved 4-13-15)
revised 5-13-15

(MENTAL HEALTH)	2010 POPULATION	FY 14-15	PER POP.	Increase (11.39%)	Additional Increase (1.92%)	FY 15-16	PER POP.
COUNTY							
Butler	8,395	\$ 12,948	1.5423	\$ 1,474	\$ 248	\$ 14,671	1.7476
Fillmore	5,890	\$ 9,083	1.5423	\$ 1,034	\$ 174	\$ 10,292	1.7476
Gage	22,311	\$ 34,411	1.5423	\$ 3,918	\$ 660	\$ 38,990	1.7476
Jefferson	7,547	\$ 11,641	1.5423	\$ 1,326	\$ 223	\$ 13,190	1.7476
Johnson	5,217	\$ 8,046	1.5423	\$ 916	\$ 154	\$ 9,117	1.7476
Lancaster	285,407	\$ 440,183	1.5423	\$ 50,126	\$ 8,445	\$ 498,754	1.7476
Nemaha	7,248	\$ 11,179	1.5423	\$ 1,273	\$ 215	\$ 12,666	1.7476
Otoe	15,740	\$ 24,275	1.5423	\$ 2,764	\$ 466	\$ 27,505	1.7476
Pawnee	2,773	\$ 4,278	1.5423	\$ 487	\$ 82	\$ 4,847	1.7476
Polk	5,406	\$ 8,338	1.5423	\$ 949	\$ 160	\$ 9,447	1.7476
Richardson	8,363	\$ 12,899	1.5423	\$ 1,469	\$ 248	\$ 14,615	1.7476
Saline	14,200	\$ 21,901	1.5423	\$ 2,494	\$ 420	\$ 24,815	1.7476
Saunders	20,780	\$ 32,049	1.5423	\$ 3,649	\$ 615	\$ 36,313	1.7476
Seward	16,750	\$ 25,834	1.5423	\$ 2,942	\$ 496	\$ 29,271	1.7476
Thayer	5,228	\$ 8,063	1.5423	\$ 918	\$ 155	\$ 9,136	1.7476
York	13,665	\$ 21,077	1.5423	\$ 2,400	\$ 404	\$ 23,882	1.7476
Total	444,920	\$ 686,205		\$ 78,140	\$ 13,166	\$ 777,511	

(SUBSTANCE ABUSE)	2010 POPULATION	FY 14-15	PER POP.	Increase (11.39%)		FY 15-16	PER POP.
COUNTY							
Butler	8,395	\$ 2,329	0.2774	\$ 265	\$ 45	\$ 2,639	0.3143
Fillmore	5,890	\$ 1,634	0.2774	\$ 186	\$ 31	\$ 1,851	0.3143
Gage	22,311	\$ 6,190	0.2774	\$ 705	\$ 119	\$ 7,014	0.3143
Jefferson	7,547	\$ 2,094	0.2774	\$ 238	\$ 40	\$ 2,373	0.3143
Johnson	5,217	\$ 1,447	0.2774	\$ 165	\$ 28	\$ 1,640	0.3143
Lancaster	285,407	\$ 79,172	0.2774	\$ 9,016	\$ 1,517	\$ 89,706	0.3143
Nemaha	7,248	\$ 2,010	0.2774	\$ 229	\$ 39	\$ 2,277	0.3143
Otoe	15,740	\$ 4,367	0.2774	\$ 497	\$ 84	\$ 4,948	0.3143
Pawnee	2,773	\$ 770	0.2774	\$ 88	\$ 15	\$ 872	0.3143
Polk	5,406	\$ 1,499	0.2774	\$ 171	\$ 29	\$ 1,698	0.3143
Richardson	8,363	\$ 2,321	0.2774	\$ 264	\$ 45	\$ 2,630	0.3143
Saline	14,200	\$ 3,941	0.2774	\$ 449	\$ 76	\$ 4,465	0.3143
Saunders	20,780	\$ 5,766	0.2774	\$ 657	\$ 111	\$ 6,533	0.3143
Seward	16,750	\$ 4,647	0.2774	\$ 529	\$ 89	\$ 5,265	0.3143
Thayer	5,228	\$ 1,451	0.2774	\$ 165	\$ 28	\$ 1,644	0.3143
York	13,665	\$ 3,793	0.2774	\$ 432	\$ 73	\$ 4,298	0.3143
Total	444,920	\$ 123,431		\$ 14,056	\$ 2,367	\$ 139,854	

GRAND TOTAL

\$ 809,636

\$ 92,196

\$ 15,533

\$ 917,365 **

** Minimum match required per State Contract

EXHIBIT
tabbles
B

RVS

2014 Annual Report

Region V Services

boards and committees

Staff Development

Shannon Dunekacke - Auburn
Anni Schaldecker - York/Seward
Bruce Cudly - Central Office
Cami Erb - L-3
Carol Cunningham - Central Office
Deb Brixus - Crete/Beatrice
Greg Hasselman - ServiceLinc
Nancy Fischer - L-2
Linda Plager - Nebraska City
Lisa Bahle - L-5
Richard Soule - L-4/Gretna
Susanne Nelson - Wahoo
Tammy Suey - Fairbury/Hebron
Mackenzie Derby - L-1
Todd Scholz - Central Office
Traci Ryba-Grant - David City/Columbus

Public Education and Information

Roni Gabel - Central Office
Sonia Kistner - Auburn
Joanne Nolting - Crete/Beatrice
Margo Hlavac - David City/Columbus
Johnita Patterson - Fairbury/Hebron
Terese Croghan -Gretna
Mercedes Pagnano - L1
Ann McNemar - L2
Dusty Hegwood - L2
Tina Luellen - L4
Tengorn Phaison - L5
Lisa Hitchins - Nebraska City
Nancy Bates - ServiceLinc
Mike Miller - York/Seward

The Dinner Dance hostess crew.
A great team.



Personnel Advisory

Darcy Hinrichsen - Auburn
Lori Gottfried - Central Office
Diane Usher - Crete/Beatrice
Jenna Daro - David City/Columbus
Candi Bonsal - Fairbury/Hebron
Craig Underwood - Gretna/Bellevue
Ashley Hoffman - L1
Frank Bonsu - L3
Betty Finck - L4
Ashley Hoffman - L5
Karen Ohnmacht - Nebraska City
Will Howsden - ServiceLinc
Carey Shanahan - Wahoo

Governing Board

Greg Janak - Butler
Marvin Bohling - Nemaha
Doris Karloff - Saunders
Susan Johnson - Fillmore
Carol Crook - Otoe
Roger Glawatz - Seward
Dennis Byars - Gage
Jan Lang - Pawnee
Dean Krueger - Thayer
Brad Grummert - Jefferson
LeRoy Gerrard - Polk
Bill Bamesberger - York
Les Agena - Johnson
Jim Davidson - Richardson
Todd Wiltgen - Lancaster
Janet Henning - Saline
Kevin Jeppson - RVS
Dave Merrill - RVS

Advisory

Susan Brown
Hazel Cummins
Terry Dittmer
Courtney Kochner
Mary & Tim McAlpine
Beth Sposato
Gene Zitek
Leonard Glenn
Jay & Laura Gilbert

Our Mission Statement

The Mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

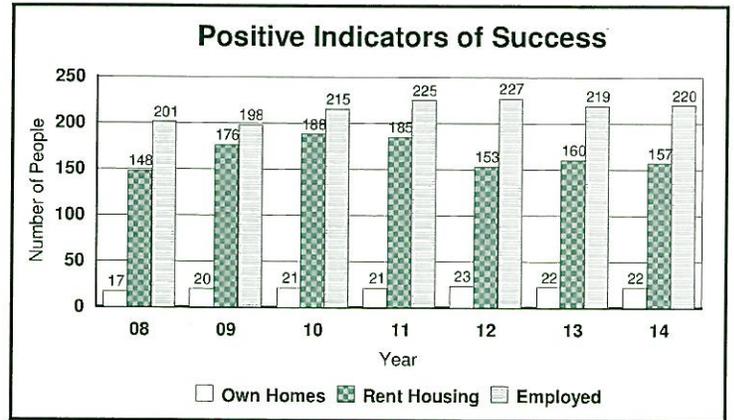
Our Vision Statement

Each Nebraskan with a developmental disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

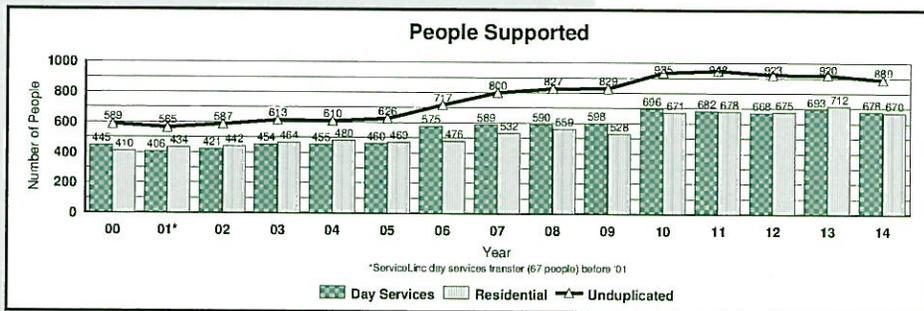
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page 6	Auburn	page 14	Lincoln 5
page 7	Crete/Beatrice	page 15	Nebraska City
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page 10	Lincoln 1	page 18	York/Seward
page 11	Lincoln 2	page 19	Region V Foundation

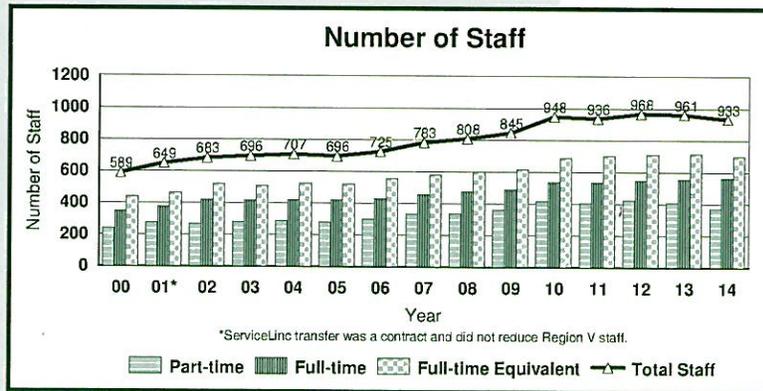
Our focus on Employment First principles has involved hiring an Employment Specialist/Benefits Planner to improve our employment outcomes. We also have a grant to improve our employment processes in Fairbury/Hebron and throughout the Region.



Region V Services

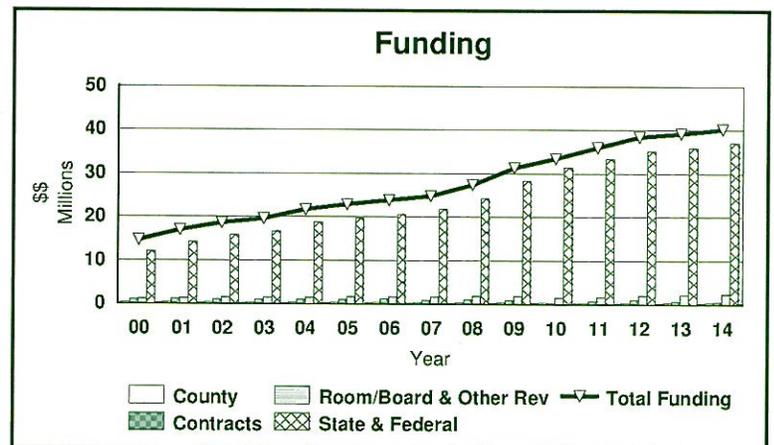


Since 2011, the number of total authorizations in the state of Nebraska has gone up about 100 people, leaving our total number of people supported relatively flat.



Recent changes to the salary scale to address minimum wage should improve our recruiting and retention and the quality of people we attract.

Funding increases are primarily through the Medicaid Waiver. County funding has not increased for about 20 years and represents less than 1% of the total budget.



The 2014 Spring Dance and Arts Festival was held at the Sesostris Shriners Banquet Hall where people displayed their art, sang karaoke and danced.



Chuc Barnes was our symposium key note speaker. He lead us through "Your Personal Journey For the Time of Your Life!"

Other presenters who shared their personal journeys were Stacy Beck, Shanna Perdew, Courtney Kochner, Dana Shaw and Waylon Gilmore spoke about the benefits of belonging to the People First organization.



It was a rainy week and there was some worry that we may need to cancel the picnic again but the picnic day turned out out to be the best ever with calm sunny skies and temperatures in the upper 70's.



The Annual Dinner Dance was held at the Lancaster Events Center due to the closing of Pershing Center.



We received 55 entries for our 2nd T-shirt design contest. The 1st place design went to Gavin Hatcher and 2nd place to John Pederson, both men are from Hebron.

Central Office

- Successfully led new funding/billing system which will result in about \$6 million for RVS.
- Switched to a self insured health plan which saved RVS 275K in the 2nd year.
- Saved 4% for RVS by consolidating finance department positions.
- Clean (no entry) audits 3 of last 4 years.
- BART 23 classes held
188 staff trained
- Outcomes 3 classes held
33 staff trained
- Orientation 12 classes held
342 staff trained
- Med Class 103 classes held
300 staff trained
- CPR Class 95 classes held
300 staff trained
- Sensory Training (since inception April, 2012)
80 classes held
329 staff trained
- Spring Dance and Arts Festival
350 attended
- Annual Picnic at Pioneers Park
600 attended
- Annual Dinner Dance
645 people attended
- Balanced W2's and completed monthly payroll for 1,157 employees with over \$21,700,000 in gross pay.
- Dave Merrill visited 16 counties.



Auburn People First Chapter received the Volunteer of the Year Award at the annual Auburn Chamber of Commerce banquet.



Sam Hawley enjoys his new sensory table of corn and tractors. You can take the guy from the farm, but you can't take the farm from the guy.

Auburn (SENDS)



Dakota Armbruster had a successful transition from school to work by fulfilling his dream of working at Peru College.



Annette Gobber accessing the new van from the NE Department of Roads grant.

Employment Anniversaries:

Brian Wellsandt -5 years at Shopko,
 Susie Williams -15 years at Region V Services.
 Linda Schultz -10 years at Hickory Road,
 Carlos Schulenberg -10 years at the Recycling Center and Beth Schmidt -10 years at Pizza Hut.

Community Contributions

- Retirement Club made 200 valentines for the Auburn Chamber Commerce to give to the elderly.
- Assisted with blood mobile on quarterly basis for 16 years.
- Deliver meals on wheels one time yearly, and as emergency fill i
- While Ann was shopping in the community she received an "Act of Kindness" gift of \$50 from a Union Bank member to purchase Christmas gifts for herself.
- People First donated socks to Asera Care; \$50 to Knights of Columbus, \$50 to Senior Center to purchase new stove, and cash to the "Beard Auction".
- People First sponsored a fund raiser for Patti Mason and raised \$600 to go towards her medical expenses.
- People First Donated a \$15.00 Pizza Hut gift card to each RVS residence to use toward a New Years celebration.

Community Participation

- 5th year participation in Auburn Polar Plunge which raised over \$6,500 for Special Olympics.
- Delivery of funeral notices.
- People First participated in Highway 2 Trail of Treasures.
- People First donated a wreath with gift certificates to Nemaha County Gives Back.
- Region V Auburn received a donation of \$1,000 from Nemaha County Gives back to purchase Christmas gifts for individuals.

Personal Achievements

- David Kelle's deer picture was selected as "Picture of the Week" in the Falls City Journal and is displayed at Bryan LGH hospital.
- 6 members of People First attended the National Convention in Oklahoma.
- Virginia Weimers began working at Blue Rivers.
- Carmen went on a Camping Trip to Mahoney State Park.
- Carlos Schulenberg purchased a new truck.
- Carlos Schulenberg & Gina Hamilton gave blood for the first tim
- Dana Shaw lost a total of 105 pounds! Way to go Dana!!
- Bob Graham moved to a residence in Auburn.
- Lori Wilken and Beth Schmidt purchased tablets.



David Copple loves his job as a drill press operator at the Crete DSC. RVS-Crete has a contract with Snyder Industries. David enjoys his job because he likes to work and making money is important to him. He also says he works hard using his safety skills when he is running the drill press.



For the past 4 years, Denise Winquest has enjoyed being a member of the Bethel Lutheran Church Quilting Group. Betsy Fochtman joined 2 years ago. The quilts they make are donated to the Orphan Grain Train. The ladies meet January through March each year and in 2014 donated 130 quilts!

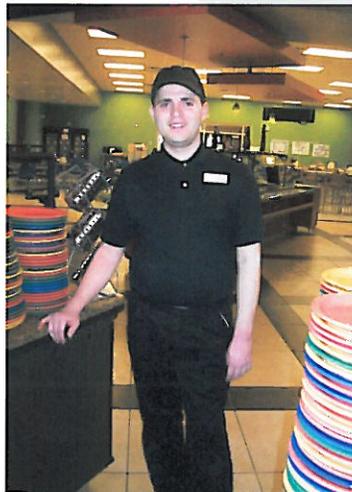


Tammy Watson experienced her first Pontoon boat ride this past summer. Tammy has wheelchair needs and was frightened of getting onto and off of the boat. She found her courage and was glad. Tammy stated she had a "great time" and is planning another Pon Toon boat trip this summer.

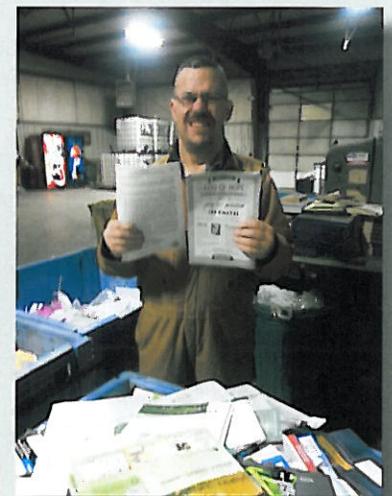
Crete/Beatrice



Amber Stiles loves to sell popcorn and visit with the customers at Traubel's Popcorn Stand which was originally established in 1937.



Jacob Castillo accomplished a personal goal of getting a new job this past year when he was hired at Sodexo Food Services. They serve all the meals on the Doane College campus.



Ron Tillman enjoys his new job at the Beatrice recycling center.



Dean Jasper

David City/Columbus

Until recently, change was something that Dean Jasper stayed away from. He preferred to stick to his known routine and was not active in the community or agency events. If he felt pressured to try something new he would get stressed, then often call his parents to come pick him up. This has gone on for fourteen years.

Since his mother passed away earlier in the year Dean has had to adjust to many changes. His father retired from the family Water Softener business in which Dean was very involved, his dad downsized to a smaller house (where Dean spends every weekend), and he has a different schedule with Region V Services. Dean didn't use these changes as stressful obstacles, he used them as opportunities to grow.

There is no stopping him now, Dean is involved in everything possible. He even initiates and organizes events and activities and is eager to volunteer at other events.

He joined Special Olympics for the first time and placed 2nd in Bowling which took him to the State Tournament. He also is involved in equestrian events and hopes to participate in the Special Olympics competition next year.

Dean has opened himself up to so many new experiences and he is having a blast! He has developed new skills and is more social and outgoing. His relationships with his family are stronger than ever!

Highlights:

- Shana was a presenter at the RVS Symposium.
- The agency adopted Core Values of Respect, Integrity, Teamwork & Empathy which means we are doing it "RITE" in David City/Columbus.
- Several individuals attended classes at Central Community College.
- Many individuals participated in Special Olympics events such as bowling, basketball, track and Equestrian events with great success, receiving many awards.
- Sensory Process Training has been initiated.
- Many individuals found new jobs or maintained their current positions at the following business's:
A J's Convenience Store, Wal-Mart, Super Saver, Pizza Ranch, KFC, Pizza Hut, Central Community College, Northside Westbrook Lanes, Dale's Super Foods, Boulevard, Apogee, RVS, Golden Living, while others continued their volunteer activities throughout the community.



Jim Tejral on the job at M & D Auto Service. Jim does a good job and takes pride in his work. The other guys at the shop are friendly and welcoming.

Jim Tejral enjoys his life living in Fairbury. He shares an apartment in the historic renovated Fairbury High School. He belongs to the Wellness Center where he goes twice a week to swim, play basketball and exercise. In the summer he is a stock car fan and enjoys going to the races when he can. He is also a huge Huskers football fan and enjoys hosting and attending football parties.

Jim is a member of St. Michaels Church and the Knights of Columbus. He is picked up for weekly mass by another parishioner. A fellow Knight takes him to the monthly meetings and to the events they host. Jim helps with the weekly fish fries during lent, the soup luncheon and pancake feed. If the Knights are putting it on, you can bet that Jim is there helping.

Jim recently started a custodial job working one day a week at M & D Auto Service. He loves it! Everyone is very nice to him and very welcoming. He feels like one of the guys. They are happy with his good work.

- 35 people receive Day Services
- 31 people receive Residential Services
- 3 people receive Respite Services
- 1 person owns her own home
- 10 people rent apartments
- 6 people live with their family
- 4 people live in an extended family home
- 12 people are employed in the community

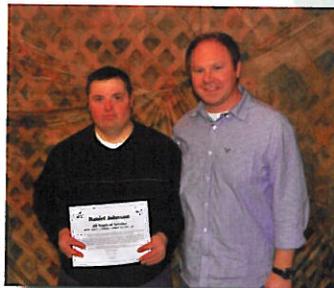
Fairbury/Hebron

Highlights:

- Received employment grant through the DD council.
- Sensory processing has been implemented for 100% of the people we serve.
- Established our Core Values.
- Eight individuals entered a variety of projects to the Jefferson County Fair.
- We continue to sell our loom rugs at local craft fairs.
- An individual worked hard to lose weight and gain balance, with the goal of walking without her walker.



We broke ground on our new Employment Services building in Hebron.



Dan Johnson was recognized at an awards ceremony by CEO Alan Jarecki, of Blue Valley Nursing Home in Hebron, for 20 years of employment.



Geri Fairchild was recognized with the channel 10/11 Spirit Award.



Nick Rose is thrilled to have a job at Valentino's, and he doesn't mind the paycheck either!



Jenny Turner is a student of the WindSong Equitherapy class. Jenny attends class once a week.

Lincoln 1

Highlights:

- Lincoln 1 participated in an Employment Grant project to increase the number of job outcomes.
- Four people obtained paid employment through the process and we continue to improve our Employment Services.
- Thank you to the staff involved in Meaningful Day & Social Role Valorization trainings over the past year. Nine staff attended. These trainings help improve our quality of service and provide meaningful lives to the people we support.
- It was a great year for big trips! Destinations included: Cruises to the Bahamas and Alaska, trips to the Ozarks, Colorado, Georgia, Branson, San Diego and Disney World. Thank you to all staff and family involved.
- Many people continue to volunteer at local organizations. Some of the partnerships include: Lincoln Children's Zoo, Capital Humane Society, The Lincoln Ambassador, Cause for Paws, Tabitha Health, Bryan Health and The American Red Cross.



Rachel Moon has been working mornings at Embassy Suites. She takes a lot of pride in what she does.

Lincoln 1 currently supports:

- 70 people who receive day supports
- 40 people who receive residential supports
- 87 people served (unduplicated)
 - 1 person who owns their own home
 - 6 people who rent their own apartment
 - 20 people who live with their family
 - 8 people who live with an Extended Family Home
 - 6 people who receive 24-hour residential supports
 - 15 people who are competitively employed

Agency Goal: To listen, communicate and take action to support people in living the meaningful life of their choice.



Dan McCoy enjoys his volunteer work. Here he is, making a Meals on Wheels delivery.

It's been over four years since Dan McCoy moved with his EFH providers, Tom and Pam and their two children, and several pets. Dan stays busy. He spends his day with a variety of volunteer and leisure activities through the RVS-L2 Plaza. He belongs to the Friendship Club and Special Olympics. He has had the same bowling partner for over 20 years. One of his favorite Club activities is going to Saltdogs games. He used to work but he is retired now. Every year he goes on a trip - or two! He's been to Branson, Worlds of Fun, and an Alaskan cruise, to name a few. Since he loves horses he went to a horse camp last year, which he loved. Retirement is keeping him busy.

Lincoln 2 Highlights:

- Pat Schroer volunteers at Tabitha. She enjoys her daily visits with the residents.
- Loretta Murray has worked at Rosemont Daycare for over ten years. She gets along very well with the children and they look forward to seeing her. She also enjoys her coworkers.
- Mike Hiles survived major surgery and is now Cancer Free!!
- Larry Dieken moved to his Extended Family Home nearly a year ago and really likes it. They attend activities together, go out to eat, and invite people to their home. He enjoys helping out at home and playing with the family dog.
- Mark Walker had his five year employment anniversary with the League of Human Dignity. He enjoyed a trip to Branson, and he bowls on the Special Olympics Team and took first place at State.
- Quentin Waltke and his EFH are having fun with new experiences since purchasing a new wheelchair accessible van. Quentin is able to meet up with friends or just go for a drive for ice cream.
- Lisa Buresh has settled right in at her new EFH and community. She will be a judge for the Hickman cub scout pack 64 annual cake auction. She received a new IPAD and is loving it!

Lincoln 2 Provides Supports for 60 People

- 52 people living with EFH subcontractors
- 1 person renting a home and employed receiving subcontracted supports
- 3 people living in an EFH and also receiving subcontracted day supports
- 4 people receiving respite services

The L2 Management Team and Subcontractors continue to ensure opportunities for people to achieve greater independence, community connections and make informed decisions about their lives.

Lincoln 2

Focused on Extended Family Homes



Lonnie Campbell met Ellen Kapperman when he started a ceramics class with the Lincoln Park and Rec. Ellen and Lonnie developed an instant friendship. Ellen suggested he help with the foodnet program.

Lonnie has been volunteering with Ellen at three foodnet locations each week for nearly ten years now! He is an important part of the foodnet program.

- We currently serve 77 individuals .
- 21 individuals live in group homes
- 14 individuals live in Extended Family Homes.
- 15 people enjoy their own apartments.
- 14 prefer to live with their families.
- 1 person owns their home.
- 39 people receive day or vocational services.
- 14 people are employed and more volunteer on a regular basis.
- 4 people have a driver's license.

Lincoln 3

Highlights:

- We received a two year certification from the Nebraska Department of Health and Human Services.
- Our management team participated in a process that identified our agency specific Core Values. Our four values are Respect, Integrity, Cooperation, and Individuality.
- A new van complete with a side ramp was received through a grant from through Department of Roads.
- Six new Extended Family Home Contacts were added in 2014.
- Our management team completed Supervisor Boot Camp through Southeast Community College. Folks have enjoyed attending sporting events such as a Husker football game, a trip to Hawaii, a Bahamas' cruise, and a Las Vegas Monster Truck adventure.
- Several individuals attended Community College working for a degree, while others have taken personal interest classes such as yoga and ceramics.



This is a love story.

Rick Rosekrans and Karry Ohlschwager first met in pre-school. They went on to attend elementary, middle and high school together. They have always enjoyed each other. About 11 years ago, Rick mustered up the courage to ask her on a movie date. She said yes! The rest is history.

Karry recently said yes again and they planned a commitment ceremony. They were surrounded by their family and friends as they said their vows. They had the ceremony and reception at the Belmont Community Center. They honeymooned with a trip to Hawaii.

They are happy together and recently purchased new furniture for their north Lincoln apartment where they live with their furry cat, Nero. Rick works at Stanley Medical where he assembles wheel chairs and Karry works at the north Walmart.



Lincoln 4/Gretna

“Diversity Strengthens”
 Agency Goal: To strengthen
 community through
 relationships of shared
 talents that engage diversity

Joe Johnson and his staff, Liz Hitt, have a leather jewelry business creating unique and one of a kind leather bracelets. Native Heart was named to celebrate Joe’s Native American heritage. Items can be purchased at Boon Found and Made in the Creamery building, Euphoria and Penny Lane in College View. You can also see their items by checking out their facebook page: www.facebook.com/nativeheartlnk

Highlights:

- Ryan Roche and Kelly Banks both started working at the Gretna Walmart as greeters. Kelly likes this job since it offers more hours than her past employment. For Ryan, this is his first job and he has the perfect outgoing personality for this position.
- Jordan Merriman recently returned to living at his hometown in Gretna and is now working at McDonalds. He is a dedicated team member and has been recognized for his great work ethic.
- Jada Bliss made a big change. She moved from Lincoln to Gretna. She is now working as a dining room attendant for SilverRidge Assisted Living Center.
- Paul Safarik got a job at Culvers. He enjoys working with customers.
- Josh Carmen gave a presentation at Southeast Community College to share the importance of interpersonal relationships with many students and faculty.



Chad Clark became self-employed by starting a dog walking business, Doggy-Steps. He walks dogs weekly for a fee and is working on growing his business. In addition to this, Chad also works in the customer service department at the Williamsburg HyVee.

Lincoln 5

Highlights:

- Mark Prier retired. He is happy to spend his time doing more activities that he enjoys.
- Jody Pavlish wanted to become more independent this last year. She is now managing her spending money and her medical services. This was a huge step and she is doing great with it!
- Lori Hattan brought another member into the Region V Services family this year. She had a little baby girl, Tamaya Ann. Welcome!
- LEAP had a great year with day trips – SAC Museum, pumpkin patches, the zoo, museums, etc. We look forward to finding new and exciting places to go to next year.



Darius Cook has made some huge accomplishments during the recent years. He has learned to say "No", he's becoming more independent, he is learning to cook and never in his life did he ever think he'd own his own car. He practices driving with staff and he took a Drivers Ready Road Ready class through AAA. All this while working up 25-27 hours a week as a cashier at Target. Life is good, indeed!



By joining a Zumba group, Jill Ulland, Tiffany Evans and Polly Hoffman inspired others at LEAP to get up and be active.



After taking four years of Spanish in high school, Michael Schwarten wanted to continue to use and advance his skills. He began the beginners Spanish class at Servicelinc. He soon learned that he knew as much as the instructor and was asked to help teach the class. Michael is now considering enrolling in a class at SCC.

Nebraska City



Crystal Wood-Hopper uses the large mixer to make batter for about 40 dozen doughnuts.

Everything apples! Crisp Fall weather, delicious food, and four men and women from Region V Services - Nebraska City helped make wonderful memories for thousands of families who visited Kimmel Orchard during apple season.

Crystal Wood-Hopper made literally thousands of dozens of the highly sought after Apple Cider doughnuts. She worked Mondays through Fridays mixing, frying, sugaring and boxing the delectable treats. Mark Loseke, Mike Knapp and Shelly Kreifels were vital employees in the kitchen on the weekends. They kept the kitchen well stocked with supplies and ingredients, made thousands of doughnut boxes needed each week, stocked the dining area and kept it clean.

All attended the wonderful employee Christmas party held in November at Kimmel spending a leisurely social evening with their new friends that was a sharp contrast to the busy apple season that had just ended.



The hard working crew: Mike Knapp, Crystal Wood-Hopper, Mark Loseke and Shelly Kreifels.

Highlights:

- Jobs include Deb Lukehart at Duff's; James Sammons at The Fort; Ben Suhr at First Lutheran Church. The Transition and Job Experience program with Nebraska City Public Schools continues.
- Alex joined the Nebraska City Apple Corp Barbershop Group. He participated at the Annual Advent Recital and practices each week in preparation for their Annual Concert in the spring of 2015.
- Many people supported are taking advantage of the local Ambassador Wellness Center. Paulette attends water aerobics classes regularly and many others use the pool and other fitness equipment.
- We sadly said "Good-bye" to long-time crew member, Virginia Doiel; and to Stephanie Bryant and Coleta Halm, two ladies supported for many years. All three are missed!
- All Crew Members participated in the "Pickle Pledge" training, which included a review of the Values of RV-NC. Following the training, everyone recommitted to the Values by completing a "Re boarding Pass" stating their commitment to continue moving forward.
- Leadership Nebraska City visited the DSC for an overview of the supports provided.
- RV-NC participated in the "Women in Business" promotion with the newspaper.
- A self-defense class for women was offered and many attended.

*"The Inspiration" RVS Nebraska City
Providing Awesome and Amazing Experiences...
Enhancing "The Dash"
Displaying the Values of
Excellence! Pride! Integrity! Enthusiasm!!*

ServiceLinc Mission Statement

Everyone who wants a job will have a job.
Everyone has a quality of life equal to ours.
Everyone will be empowered and
educated about their options.
Our work will be approached
with urgency.



Caleb Crippen

Caleb Crippen is glad he decided to move to Lincoln, he was in town so much anyway. He has been driving from Hickman for classes at SCC and to his job at Burger King for long enough. Now that he is located in town he hopes to find a job in the electronics field where he has an associate degree in Electronic Systems Technology. He'd like to do repair, maintenance and installation. He also has a degree in visual media. To keep with that interest, he runs one of three cameras at his weekly church service.

Caleb enjoys all sports. He loves to watch sports with his parents and he plays on basketball, track and soccer teams. During the warm weather you likely will find him biking on the bike trails.

ServiceLinc

**Jeff Stalker, on the job
at Culvers.
Ready to Serve you!**



Jeff Stalker is more than thrilled with his new job at the north Culvers. He smiles and says he "just loves it so much. The co workers are nice. The customers are nice. They are all really good people." Then he adds "I will probably do this the rest of my life! It's so nice here".

Jeff's favorite task at his job is to deliver the food to the customers at their tables. Some are regulars. He also takes the orders outside to the cars then wipes tables as people leave. OK, he'll admit, he likes all the parts of his job but especially enjoys greeting and interacting with the customers.

When Jeff isn't at work he's a huge Husker football fan so he watches games any chance he can and he likes to meet with his friends to play video games, go out to eat and to watch movies.

**Beverly enjoys a scenic
view from the bench
outside her renovated
Haymarket Apartment
building as she waits for
her ride to work.**



When Beverly Frattalone decided she was ready to move to her own apartment her parents were instrumental in making it all fall into place. They found a cool 2nd floor apartment in the Haymarket, the same building where her dad works. She and her mom had fun shopping for all the items she needed for her new space. She stops in to see her dad every day. She continues her job at HyVee from 10:00 - 2:00 four days a week and spends the weekend and attends church with her parents.

Beverly is a season ticket holder for the UNL Women's Basketball team and attends games with a friend. She is happy to report that her life is very, very good and she loves her new apartment.



Jonathan Reisdorf spends a good deal of his free time working on his model car hobby.

Agency Goals:
Identifying "Priority Outcomes" to focus on for each person.
To provide supports which help people improve the quality of their lives

Wahoo

Jonathan Reisdorf has made Wahoo his home for the past year. He graduated from Aquinas High School in David City in 2011 and continued to live with his parents and siblings until he thought he might enjoy trying out a new community. Since his older brother, Nathan was already in Wahoo, he had a companion and a place to live. Jonathan is the 5th of 10 children, and they are a close family. Nathan was happy to have his brother join him.

Living in Wahoo has kept him very busy. He works at the RVS-Wahoo Recycling Center sorting and ripping books, he works Monday, Tuesday and Wednesday mornings cleaning at Pizza Hut, and he cleans at the Civic Center two nights a week. He's had offers for other part time jobs but he decided his schedule is complicated enough.

Jonathan gets around with his bike and knows Wahoo inside and out. He has already worn through several sets of tires. It doesn't matter about the weather. He's out riding.

Since moving in with Nathan, they realized they share a lot of the same interests. They are members of the Bellevue Model Car Club and attend the monthly meetings. Before each meeting they complete a car on a theme build. They help each other out with the building of their cars. Jonathan joined his brother in his interest in collecting. They collect vintage toys like John Deere, Hot Wheels and Tonka toys. They also enjoy going to swap meets, playing video games at home or hanging out for Karaoke at Molly's bar down the street.

Jonathan is very pleased with sharing a home, hobbies and many good times living in Wahoo with his brother. They live close enough to David City that they keep in good contact with their family. Jonathan has a busy and meaningful life and is proud of his close relationship with his brother.

Agency Highlights:

- A new Day Service program was opened on July 1st for educational/vocational supports.
- Roger and Doug participate with HETRA, and are learning to ride horses.
- Alton celebrated his 75th birthday with an open house at his native church in Yutan.
- Michele serves on the board of People First Nebraska and was elected Treasurer.
- Julian and Jennifer celebrated their 39th wedding anniversary.
- The AKTION Club completed a variety of community service projects.
- Six students attended our Day Service program via school contracts with five individuals graduating from school in May with successful transitions toward future goals.
- Several people attended the Governor's proclamation at the State Capital and had their picture taken with the Governor.
- Members of the Wahoo Pin Pal's brought home several medals from State Special Olympics bowling.
- Dawn is participating in dance/exercise class at the Wahoo Civic Center and Doug takes dance lessons at Southeast Community College.
- Individuals enjoyed vacations to Hawaii, Tennessee, Florida, the Iowa State Fair, Texas, Colorado, Branson, Minnesota and several towns, communities and camps in Nebraska.

York/Seward



Craig Carritt meets some of the performers after a show in Branson, MO.

- 55 full time and 40 part time employees
- 23 people live in group homes
- 23 people receive continuous day services
- 24 people receive intermittent vocational supports
 - 1 support one person with a school contract
 - 1 person uses private pay for their services
- 8 people live with their families
- 14 people rent their own apartment/duplex/house
- 2 people owns their own home
- 2 people live in Extended Family Homes
- 20 people are competitively employed averaging 15 hours a week.



Jaymee Winfrey is very proud of her job as a cashier for the ReVue in York.

Highlights:

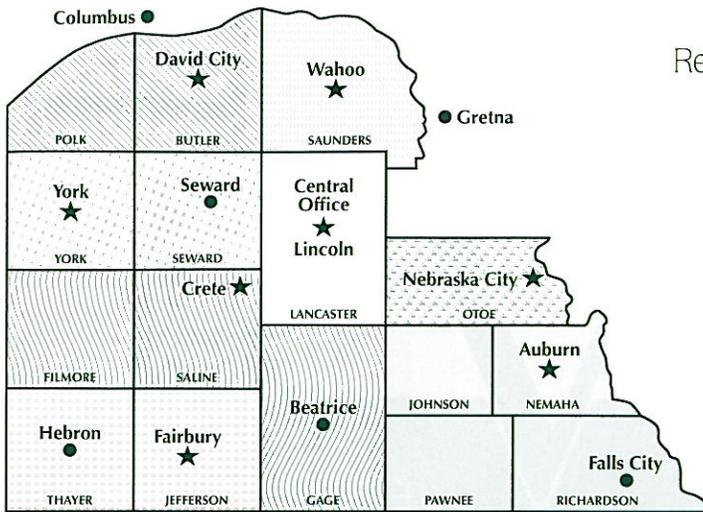
- Three people own their own businesses. Joe Ponec started Joe's Lock and Key, Brandon Baack created Power Soap and Charles Kaczor started Charles Lawn Services.
- The ReVue continues to thrive, known as one of the best consignment stores in York County.
- We sold one Foundation home in York and have another on the market.
- The RVS Foundation purchased a new office space in Seward. It is an accessible house. We are using it as an office until we need another group home.
- We participated for the first time in several years in Yorkfest by entering a float in the parade.



Lewis Schallenberg purchased his own wheelchair accessible van. He is loving all the trips they have taken with it.

Kristin Schmeiding bought her first house in Seward. She loves it and is learning all the aspects of being a homeowner.





Region V Services service area.

- ★ Area Office
- Satellite Office

The Region V Foundation

Supporting people with developmental disabilities throughout the communities of southeast Nebraska by providing safe, reliable and affordable vehicles and housing.



Purchased land to build a new Day Program in Hebron. Construction is just beginning with the estimated completion of late Spring 2015.

In 1994, the Region V Foundation, with a grant from the Nebraska Dept. of Roads, purchased four 15 passenger vans, each with an ADA wheelchair lift.

Purchased new office space for Seward.



Foundation Board

- Julianne Spatz
- Dean Heermann
- Larry Bohlken
- Dave Merrill
- Kevin Jeppson
- Bob Kinghorn

To date, the Region V Foundation has purchased 40 houses/buildings in 12 communities.

The foundation currently owns 79 vehicles.

The Region V Foundation was established in 1991



Region V Services

Region V Services Central Office
1430 South Street, Suite 203
Lincoln, NE 68502-2446
Phone (402) 471-6400
Fax (402) 471-2978
www.regionvservices.com

Memo to : Region V Services Governing Board, Advisory Committee,
all stakeholders
From : ^{Dave} Dave Merrill, Executive Director
Date : June 30, 2015
Re : **JULY Director's Report**

Employment First

The Fairbury program is completing their first cycle of a newly developed career academy that will soon be made available to all agencies via a power point presentation. This should enhance our efforts to provide meaningful days through career paths and programming.

Our six Lincoln Area programs are coordinating job exploration activities via google docs to make sure we are not "bumping into each other" as we contact potential employers. While this will not help with other providers who contact employers, it should make us more effective as an organization.

Since Ryan Neal has increased our knowledge of benefits planning, three PASS plans have been written in the last month in Auburn, Fairbury and York. This should help people we support accomplish their employment goals.

The mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

Funding goes electronic through Therap

While providers have long advocated for electronic billing, there is some trepidation with making this change. On July 1st, billing will be handled through Therap, the software program that the State uses for record keeping in the Division of Developmental Disabilities (DDD).

Serving individuals with developmental disabilities

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

I trust that DDD will work with us to make this transition work and that we will be able to work out the glitches in a cooperative and timely manner.

Financial Update

At the end of April our revenues were \$39,185,668 and our expenses were \$36,409,905 with revenue exceeding expenses by \$2,775,763. This is down from the December balance of about \$3 million dollars and reflects the salary changes we made in January, as well as staff working over 30 hours per week who began receiving health insurance.

Health Insurance experienced the first increase we've had in 3 years of about 9%, but we are pleased that BC/BS and CHI have resolved their conflict and CHI will be an "in-network" provider.

Central Office Building and Training Center

The architects did a rough floor plan to allow us to know approximately how much land we will need to purchase. We need about an acre to accommodate the building and parking and they have prepared a flier to go to selected realtors. We will also have Tom Graf negotiating for us in this process. He came highly recommended and his fees will actually be paid by the seller.

Our plan calls for site selection by September and we understand that the more we spend on location the less we will have available for the actual building, so we will proceed cautiously.

25th Anniversary of the Americans with Disabilities Act

On July 24th there will be a celebration in Lincoln for the anniversary of the Americans with Disabilities Act (ADA). It will be at the Foundation Gardens, 215 Centennial Mall South, with speakers starting at 11:00 am. When this law passed, few people recognized how many people would be helped by the law over the years, especially as we "baby boomers" are becoming older and using the accessibility features that began so many years ago.

Management Training from Source America

On July 15 and 16 we will have management training provided by Source America, (formerly NISH) on the topic "What to Manage While Walking Around." Our Management Training Committee has provided many great opportunities for our supervisors to receive training in management over the last couple of years and our efforts continue. This training is provided free to us as part of our relationship with Source America through the tool bag contract in Nebraska City.

Revising our mission papers

The Management Training Committee is also taking the lead in establishing a process to revise our mission papers that will culminate with a two day management planning meeting to finalize our recommended changes. We will revise this document utilizing input from each agency's core values, feedback from families and staff that we gathered last fall, and current best practices.

This document will help agencies decide what they would like to pursue within their area programs next year.

County visits

CJ Johnson and I are almost done with county visits, Jefferson and Lancaster counties remain. I want to thank the Governing Board representatives for doing such a good job of informing your Boards of what is happening within the Region. It is worth noting that we had perfect attendance at our last board meeting with all sixteen counties in attendance.

Page 4 is the calendar for July.

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 BART	3 OFFICE CLOSED Independ- ence Day	4
5	6	7 N-Focus Due	8 Staff Devel- opment	9	10	11
12	13 Foundation	14	15 Med Class Med Error Summaries Due	16 ARVAD: <i>Tentatively</i>	17 Med Class Payroll Cut- off	18
19	20	21	22 Orientation Cut-off	23 305 Sensory Training Employment Action	24	25
26	27 Orientation Day 1	28	29 Med Essen- tials	30	31 Payday: 5 week	

Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services.

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



Region V Services' Mission Guidelines

January 2008

Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

Our mission is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

Desired Training and Supports

We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



Promote interdependence and relationships within community

Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

We will identify valued social roles that reflect the individuals goals and desires. The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

We will respect each individual and expectations will be high.

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

We will provide each person with the experience of a meaningful day.

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

Lessen Reliance on Agency Services

All supports will emphasize the establishment of natural supports.

Natural Supports are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

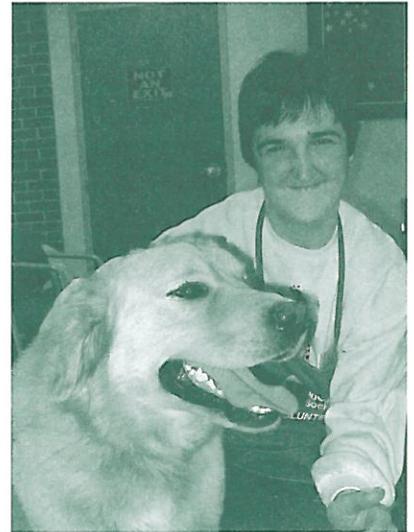


Valued Social Roles

Employee



Volunteer



Spouse



Consultant



Mother





College Student



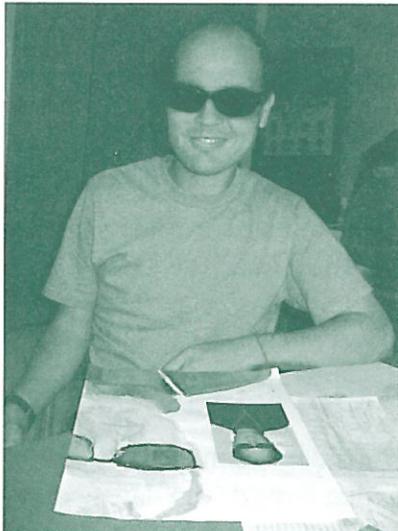
Homeowner



Board Member



Artist



Musician





Definitions and Acronyms

Personal Outcomes - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

Social Role Valorization - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

Acronyms/Organizations

AAIDD - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

ACP - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

Arc of Nebraska - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

DDD - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

HHSS - Health and Human Service System - State of Nebraska organization for human services.

NAS - Nebraska Advocacy Services - A federally mandated advocacy organization.

NASP - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

NPN - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

People First - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



Resources

Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org

Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com

For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestiles.com

Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services
1430 South Street, #203
Lincoln, Nebraska 68502
(402)471-6400
regvs1@ix.netcom.com
www.regionvservices.com

**MINUTES
LANCASTER COUNTY BOARD OF EQUALIZATION
COUNTY-CITY BUILDING, ROOM 112
TUESDAY, JULY 21, 2015
IMMEDIATELY FOLLOWING THE LANCASTER COUNTY
BOARD OF COMMISSIONERS MEETING**

Advance public notice of the Board of Equalization meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on July 17, 2015.

Commissioners present: Roma Amundson, Chair; Larry Hudkins, Vice Chair; Bill Avery, Deb Schorr and Todd Wiltgen

Others present: Scott Gaines, Deputy Assessor/Register of Deeds; Gwen Thorpe, Deputy Chief Administrative Officer; Brittany Behrens, Deputy County Attorney; Dan Nolte, County Clerk; Cori Beattie, Deputy County Clerk; and Kelly Lundgren, County Clerk's Office

The Chair called the meeting to order at 12:15 p.m., and the location of the Nebraska Open Meetings Act was announced.

1) MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, July 14, 2015.

MOTION: Hudkins moved and Wiltgen seconded approval of the minutes. Avery, Schorr, Hudkins, Wiltgen and Amundson voted aye. Motion carried 5-0.

2) ADDITIONS AND DEDUCTIONS TO THE TAX ASSESSMENT ROLLS: (See attached additions and deductions.)

MOTION: Schorr moved and Hudkins seconded approval of the additions and deductions. Hudkins, Wiltgen, Schorr, Avery and Amundson voted aye. Motion carried 5-0.

3) PUBLIC HEARING:

A. Motor Vehicle Tax Exemption Applications

**Bryan Medical Center
Capital Humane Society
First Presbyterian Church
Lincoln Christian School
VITAL Services**

The Chair opened the public hearing.

No one appeared to testify in support, opposition or in a neutral position.

The Chair closed the public hearing.

PUBLIC HEARING CONTINUED:

MOTION: Wiltgen moved and Hudkins seconded approval of the exemptions. Schorr, Avery, Wiltgen, Hudkins and Amundson voted aye. Motion carried 5-0.

4) NOTICE OF ASSESSED VALUATION CHANGE FOR PROPERTY TAXATION PURPOSES:

Stacy & Sandra Adams	Trent & Jessie Kruse
Darin Anderson & Rebecca Tvrdik	Devon & Sandra Lark
Robert & Linda Auxier	Thomas Lococo
Alan & Laurel Baade	Steven & Marcia Malone
Jason & Catherine Babcock	Casey & Serena McCoy
Michael & Cindy Brown	Nickel Investments, LLC
Tyson & Lillie Chambers	Ross Oborny
Michael & Rosemary Clements	Michael & Margitta O'Donnell
Shelly Coe	Ray & Laurie Paulsen
Patrick Conover	Travis & Joy Plautz
David & Kathy Cook	Richard & Marjorie Peach
Jason Critel	Cody Pierce & Julie Webb
Amos & Paula Davis	Patrick Policky
Gary & Beth Detweiler	Patrick Policky & Ronell Stiles
Timothy Dubas	Nathaniel & Michaela Rasmussen
George & Carol Gibson	Toney Redman
Keith E Gilster Revocable Trust	Robert & Lana Rinke
Brian & Debra Grant	Lonnie & Ruth Saltz
Ward & Jeanne Greisen	Joshuah & Nancy Schumacher
Hacor, Inc.	Russell Smith
Jay & Linda Hendrickson	Harry & Debra Storz
Timothy Hier	Indalecio Gonzalez Torres
Thomas & Kristy Hoffman	Jay & Kathy Tschetter
Kenneth & Gloria Hunter	Arthur & L Jane Wehnes
Bradley & Lorinda Johnson	Robert Wergin & Brenda Bacon
Trevin & Michelle Knapp	The Woodland Investment Corp, LLC
David & Ann Kirby	Brian & Nancy Zitek
Gerry Krieser	

Scott Gaines, Deputy County Assessor/Register of Deeds, told the Board these are recent Greenbelt applications received by the Department. He noted most of these are very small tracts that have limited agricultural use but do meet the requirements.

MOTION: Hudkins moved and Schorr seconded approval of the notice. Avery, Hudkins, Schorr, Wiltgen and Amundson voted aye. Motion carried 5-0.

5) PUBLIC COMMENT: Those wishing to speak on items relating to County Board of Equalization business not on the agenda may do so at this time.

No one appeared for public comment.

6) ADJOURNMENT

MOTION: Schorr moved and Hudkins seconded to adjourn the Lancaster County Board of Equalization meeting at 11:40 a.m. Hudkins, Schorr, Wiltgen, Avery and Amundson voted aye. Motion carried 5-0.

Dan Nolte

Dan Nolte, County Clerk

