

**MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
TUESDAY, JULY 8, 2014
COUNTY-CITY BUILDING, ROOM 112
10:30 A.M.**

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on July 3, 2014.

Commissioners present: Brent Smoyer, Vice Chair
Roma Amundson
Jane Raybould
Deb Schorr

Commissioners absent: Larry Hudkins, Chair

Others present: Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Richard Grabow, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The Chair called the meeting to order at 10:31 a.m. and the location of the Nebraska Open Meetings Act was announced.

1) **PLEDGE OF ALLEGIANCE**

2) **MINUTES: Approval of the minutes of the Board of Commissioners meetings held on Tuesday, July 1, 2014.**

MOTION: Raybould moved and Schorr seconded approval of the minutes. Schorr, Raybould and Smoyer voted aye. Amundson abstained. Hudkins was absent. Motion carried 3-0 with one abstention.

3) **CLAIMS: Approval of all claims processed through Tuesday, July 8, 2014.**

MOTION: Raybould moved and Schorr seconded approval of the claims. Raybould, Amundson, Schorr and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

4) **SPECIAL PRESENTATIONS:**

- A. **Proclamation of July 7-25, 2014, as the annual "Campaign Against Hunger" - Scott Young, Executive Director of the Lincoln Food Bank, Minette Genuchi and Elaine Severe, Food Drive Co-chairs. (See 5A for correlating item.)**

SPECIAL PRESENTATIONS CONTINUED:

Scott Young introduced Alex Shada and Kim Miller from the Lincoln Food Bank and discussed the "Produce Results" campaign. He noted that last year's City-County drive gathered 3,636 lb of food and \$24,616. Young said the Lincoln Food Bank serves 16 counties in Southeast Nebraska.

Schorr commended Minette Genuchi and Elaine Severe for their work with the Food Bank, as well as other employees who are involved with the ongoing fundraisers.

The Deputy Clerk read the proclamation for the record.

B. Commissioners' Award of Excellence for June 2014 to Maria Bachman, Brian Hansen and Dave Marreel, Corrections.

Mike Thurber, Corrections Director, and Brad Johnson, Corrections Transition Coordinator, recognized Maria Bachman, Brian Hansen and Dave Marreel for their work in the facility transition. The Deputy Clerk read the nomination for the record. Raybould, Amundson and Schorr presented plaques to the recipients who expressed their appreciation for the award.

C. Recognition of Megan Pohlen for receiving a 2014 NACO (Nebraska Association of County Officials) scholarship – Larry Dix, NACO Executive Director.

Larry Dix said the annual scholarship of \$1,000 is awarded to ten children of County officials and employees across the State. Megan Pohlen, daughter of Kim and Jane Pohlen, expressed her appreciation for the award, discussed her plans for the future and recognized her family members present. (Kim Pohlen is a security guard in the Sheriff's Office.)

D. Region V Annual Report – Dave Merrill, Region V Services, and C. J. Johnson, Region V Systems.

C.J. Johnson distributed the Region V Systems 2012-2013 Annual Report (Exhibit A). He explained that Region V Systems provides mental health and substance abuse services to approximately 10,000 individuals throughout Southeast Nebraska annually. Johnson discussed Emergency System Coordination (reduction in emergency protective custody and repeat admissions), the Rental Assistance Program, demographic information and the Professional Partner program. In response to Raybould's question on future concerns, Johnson discussed the Legislature's withdrawal of \$5,000,000 from the public behavioral health system beginning July 1, 2014. This resulted in Region V reducing funds by \$1,100,000. He stated that he has not seen a reduction in need, although the system is stable. Currently, additional services are not being purchased. Johnson thanked Gwen Thorpe, Deputy Chief Administrative Officer, for her work with the transition of the Community Mental Health Center.

Dave Merrill distributed the Region V Services 2013 Annual Report (Exhibit B). He explained that Region V Services provides direct support to people with developmental disabilities. He discussed the positive indicators of success (employment in the community, home ownership), changes in legislation (homestead expansion bill, establishment of office of public guardianship, streamlined criminal background checks, addition of \$5,000,000 to waiting list appropriations) the people supported and funding. Merrill thanked Smoyer for serving on the governing board.

5) **NEW BUSINESS:**

- A. **Resolution proclaiming the period of July 7-25, 2014, as the annual "Campaign Against Hunger." (R-14-0035)**

MOTION: Schorr moved and Raybould seconded approval of the resolution. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- B. **Resolution in the matter of County Change of Zone No. 14014, requesting a change from AG Agricultural to AGR Agricultural Residential on property generally located at Southwest 29th Street and West Martell Road, Lancaster County, Nebraska. (R-14-0036)**

MOTION: Schorr moved and Amundson seconded approval of the resolution. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- C. **Recommendation from Purchasing to award a bid to Dry Clean City in the amount of \$50,000 (four-year term) for uniform cleaning for the County Sheriff and Corrections. (B-14-0027)**

MOTION: Amundson moved and Schorr seconded approval of the recommendation. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- D. **Construction contract with Gana Trucking & Excavating in the amount of \$259,229.58 for erosion control at various culverts and bridges. (C-14-0348)**

Pam Dingman, County Engineer, said this is an annual maintenance contract for repair of erosion damage. She noted that erosion was particularly bad this year.

MOTION: Raybould moved and Amundson seconded approval of the contract. Raybould, Amundson, Schorr and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- E. **Amendment to County Contract C-14-0294 with B.I. Incorporated for the annual supply of offender monitoring products, services and solutions. The amendment adds GPS equipment to the list of available products. (C-14-0349)**

MOTION: Raybould moved and Amundson seconded approval of the amendment. Amundson, Schorr, Raybould and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- F. **Amendment to C-10-0317 with Correctional Healthcare Companies for medical services at the Youth Services Center. The amendment renews the agreement for an additional one-year term from July 1, 2014, to June 30, 2015, and increases the amount of compensation to \$15,369.42 per month. (C-14-0350)**

MOTION: Schorr moved and Raybould seconded approval of the amendment. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

NEW BUSINESS CONTINUED:

- G. **Contract between Mark Lukin, PhD, and Lancaster County, on behalf of the Lancaster County Mental Health Crisis Center, for services of a qualified psychologist. The services will be provided at the rate of \$65 per hour for up to 320 hours per year. Term of the contract is May 1, 2014, to April 30, 2015. (C-14-0351)**

MOTION: Amundson moved and Raybould seconded approval of the contract. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- H. **Agreement with the Child Guidance Center for internal case management and evaluation services at the Youth Services Center. The County will pay \$67,951.45 for the services. Term of the agreement is July 1, 2014, to June 30, 2015. (C-14-0352)**

MOTION: Raybould moved and Amundson seconded approval of the agreement. Raybould, Amundson, Schorr and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- I. **Grant contract with the Nebraska Crime Commission for the Indian Center, Inc. The Commission will provide \$41,000 and the Indian Center will provide an \$18,128 match for a total project cost of \$59,128. (C-14-0353)**

MOTION: Schorr moved and Raybould seconded approval of the contract. Amundson, Schorr, Raybould and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- J. **Grant contract with the Nebraska Crime Commission for Christian Heritage. The Commission will provide \$9,878 and Christian Heritage will provide a \$60,606 match for a total project cost of \$70,484. (C-14-0354)**

MOTION: Raybould moved and Amundson seconded approval of the contract. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

- 6) **CONSENT ITEMS: *These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:***

- A. **Receive and place on file the following reports for June 2014:**

1. **County Clerk**
2. **Clerk of the District Court**
3. **County Assessor/Register of Deeds**

- B. **Setting of a public hearing on Tuesday, July 15, 2014, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln) regarding County Change of Zone No. 14015, from AG Agricultural District to I Industrial District, on property generally located at S. 148th Street and Hooper Road.**

CONSENT ITEMS CONTINUED:

MOTION: Schorr moved and Amundson seconded approval of the consent items. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

7) **PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

No one appeared for public comment.

8) **ANNOUNCEMENTS:**

- A. The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, July 10, 2014, at 8:30 a.m., in the Bill Luxford Studio of the County-City Building (555 S. 10th Street, Lincoln).
- B. The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, July 15, 2014, at 10:30 a.m., in Room 112 of the County-City Building (555 S. 10th Street, Lincoln) with the Board of Equalization immediately following.
- C. The County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.
- D. The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesday and Saturday on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on the internet at lancaster.ne.gov under 5 City-TV, Video on Demand or 5 City-TV on YouTube.

9) **ADJOURNMENT**

MOTION: Raybould moved and Amundson seconded to adjourn the Board of Commissioners meeting at 11:14 a.m. Raybould, Amundson, Schorr and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.



Dan Nolte
Lancaster County Clerk



MINUTES
LANCASTER COUNTY BOARD OF EQUALIZATION
TUESDAY, JULY 8, 2014
COUNTY-CITY BUILDING, ROOM 112
IMMEDIATELY FOLLOWING THE LANCASTER COUNTY
BOARD OF COMMISSIONERS MEETING

Advance public notice of the Board of Equalization meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on July 3, 2014.

Commissioners present: Brent Smoyer, Vice Chair
Roma Amundson
Jane Raybould
Deb Schorr

Commissioners absent: Larry Hudkins, Chair

Others present: Scott Gaines, Deputy County Assessor/Register of Deeds
Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Richard Grabow, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The Chair called the meeting to order at 11:14 a.m. and the location of the Nebraska Open Meetings Act was announced.

1) **MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, July 1, 2014.**

MOTION: Raybould moved and Schorr seconded approval of the minutes. Schorr, Raybould and Smoyer voted aye. Amundson abstained. Hudkins was absent. Motion carried 3-0 with one abstention.

2) **MOTOR VEHICLE TAX EXEMPTION APPLICATIONS:**

Bryan Medical Center
Christian Retirement Homes, d/b/a Eastmont Towers
Food Bank of Lincoln
Villa Marie School

MOTION: Amundson moved and Raybould seconded approval of the motor vehicle tax exemption applications. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

3) **ADJOURNMENT**

MOTION: Schorr moved and Raybould seconded to adjourn the Board of Equalization meeting at 11:15 a.m. Schorr, Raybould, Amundson and Smoyer voted aye. Hudkins was absent. Motion carried 4-0.

Dan Nolte

Dan Nolte
Lancaster County Clerk





REGION **V** SYSTEMS

PROMOTING
COMPREHENSIVE
PARTNERSHIPS IN
BEHAVIORAL
HEALTH

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

FY 12-13 Lancaster County Annual Report

Published November 2013



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Dear Colleagues,

I would like to sincerely thank the Regional Governing Board members, Behavioral Health Advisory Committee members, the Network Providers, Nebraska Department of Health and Human Services representatives, legislative representatives, employees, individuals we serve, and our many other stakeholders who help us achieve our strategic intent, ***“promoting comprehensive partnerships in behavioral health.”***

FY 12-13 was an eventful year, and I would like to identify a few highlights:

Cluster-Based Planning: Implementation of Cluster-Based Planning continues to be a primary area of focus and is being partially supported by a three-year grant to train trainers, further training of behavioral health staff, and enhance the eBHIN system by creating system-wide reports.

Rural Permanent Housing Program: Region V Systems was awarded a federal grant through the United States Department of Housing and Urban Development that focuses on reducing homelessness in the rural areas (20 counties in southeast Nebraska). The *Rural Permanent Housing Program*, is a renewable grant; the first-year award was \$214,537.00. In January 2013, Region V Systems applied to renew the grant and was awarded a second-year grant.

Lancaster County Community Mental Health Center Transition: In March 2013, Region V Systems released a Request for Proposal to transition services currently provided by the Lancaster County Community Mental Health Center. Providers were selected to further the transition process. The transition of behavioral health services will allow further integration of behavioral health and primary care.

Trauma-Informed Care and Integrated Mental Health/Addiction Services: Our system continues to emphasize and move forward these two major, quality initiatives. During the past year, Network Providers completed self-assessments in both of these areas. Strengths, areas of improvement, and training opportunities were identified by the assessment.

Nebraska Department of Health & Human Services, Division of Children and Family Services: In February 2013, Region V Systems and the Division of Children & Family Services entered into a collaborative contract to provide wraparound supports and connect families to existing community-based services to safely maintain children within the home and increase family stability. This collaboration allows us to increase the capacity of the system to respond to families and youth with behavioral health needs and avert youth from entering the Juvenile Justice and Child Welfare System.

Electronic Behavioral Health Information Network (EBHIN): eBHIN continues to assist Region V Systems and behavioral health providers in the state of Nebraska with efficient, secure, and confidential handling of data and consumer information so providers can access vital behavioral healthcare information at the time and place it is needed. There are currently 23 end-user agencies

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This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of behavioral health systems and its consumers.

participating (13 agencies in Region V Systems' geographical territory), 42,891 consumer records entered into the data system, and 14,564 records posted to the Health Information Exchange (HIE).

Look to the Future:

Region V Systems continues with the culture of a learning organization in an effort to be flexible and engage in upcoming changes as a result of health care reform and the Affordable Care Act. We continue to meet our mission and legislative intent, *to develop and coordinate substance abuse and behavioral health services for consumers*, as originally established by LB 1083. However, at the same time, we need to **look ahead at the significant opportunities and challenges before us, balancing multiple systems issues** such as at-risk managed care, Nebraska Medicaid expansion, integration of primary care and behavioral healthcare, and sequestration, which all have a direct or indirect impact on Region V Systems. The questions to continually ask are, **how will this affect us**, and what will be the **impact on the public behavioral health system** at all levels—federal, state, regional, and local.

Our focus will be to **provide a public safety net for consumers** and **promote and achieve the triple aim** of:

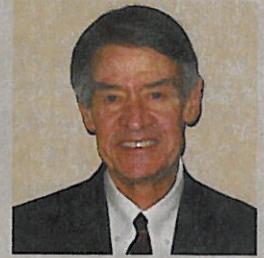
- Improving the health of behavioral health consumers;
- Enhancing the behavioral health consumer's experience of care (including quality, access, and reliability); and
- Reducing or controlling the per capita cost of care.

Over the course of the next fiscal year, Region V Systems will embark in a **planning effort** that invites community-wide partners, including consumers, to create a **road map** to guide and implement changes in policies, programs, and practices in relation to the changing behavioral health and primary health environment.

Thank you again to all our system partners who make our work possible. With the rapidly changing times in Medicaid and health care reform, we continue to bolster our partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.



C.J. Johnson
Regional Administrator



Dennis Byars
RGB Chair

C.J. Johnson
Regional Administrator

Dennis Byars
Regional Governing Board Chair



Region V Systems accredits its programs through the Commission on Accreditation of Rehabilitation Facilities.

Regional Governing Board

Per Nebraska state statute, the state is divided into six behavioral health regions. Each region is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. Current membership:

Butler County.....Greg Janak	Polk County.....LeRoy Gerrard
Fillmore County.....Jerry Galusha	Richardson County.....Jim Davidson
Gage County.....Dennis Byars (Chair)*	Saline County.....Janet Henning
Jefferson County.....Brad Grummert	Saunders County.....Doris Karloff
Johnson County.....Terry Keebler (Vice Chair)*	Seward County.....Scott Stuhr (Treasurer)*
Lancaster County.....Brent Smoyer (Secretary)*	Thayer County.....Dean Krueger
Nemaha County.....Dennis Wittmann	York County.....Bill Bamesberger
Otoe County.....Carol Crook	
Pawnee County.....Jan Lang	

* Executive Committee members

Thanks to the past members of the RGB and BHAC, who served during FY 12-13, for your dedication and support toward the Regional System of Care.

<i>Bill Ely, Jr. (RGB)</i>	<i>James Pennington (BHAC)</i>
<i>Robyn Henderson (BHAC)</i>	<i>Josh Stafursky (BHAC)</i>
<i>Wilma Jackson (BHAC)</i>	<i>Marvin Yost (RGB)</i>
<i>Mike Oliverius (BHAC)</i>	

Behavioral Health Advisory Committee

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the RGB on behavioral health issues and funding allocations. Consideration for membership is given to geographic location, direct and indirect consumers, cultural diversification, and the community at large. Current membership includes:

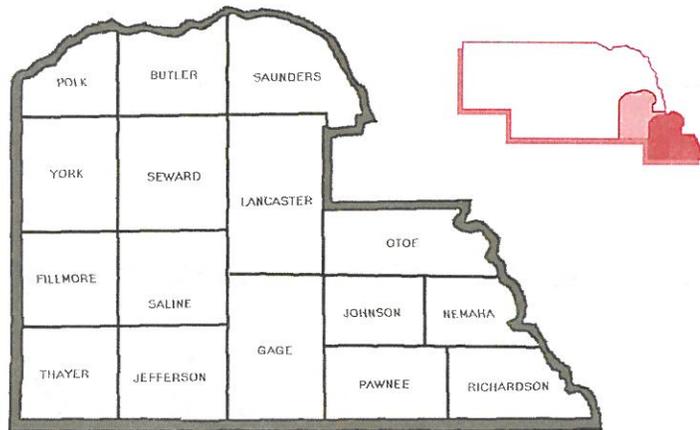
Gene Cotter	Tom Rathbun
Don Harmon (Chair)	Tammy Sassaman
Janet Henning (RGB Rep.)	Janice Walker (Member At-Large)
Sara Hoyle (Vice Chair)	Stacey Werth-Sweeney
J. Rock Johnson	Debra Williams
Gail Lorenzen	Darla Winslow
Richard Pethoud	William (Billy) Ziemer
Wayne Price	Constance (C.J.) Zimmer

Region V Systems' Provider Network

Region V Systems contracts and works in collaboration with a network of behavioral health providers to deliver an array of behavioral health services to meet the needs of consumers. Following are the providers in Region V Systems' provider network during FY 12-13:

Associates in Counseling and Treatment	Families Inspiring Families
Blue Valley Behavioral Health	Houses of Hope
CenterPointe	Lincoln Medical Education Partnership
Child Guidance Center	Lutheran Family Services
Community Mental Health Center of Lancaster County	Mental Health Association of Nebraska
Cornhusker Place	O.U.R. Homes
	St. Monica's

Region V Systems' Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2010*, the Region has a population of 444,920, constituting approximately 24 percent of the state's population.

Our Organization

Region V Systems was originally created by state statute in 1974 with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the responsibility for the development and coordination of substance abuse services was added. In 2004, LB 1083, the Behavioral Health Services Act, was passed, repealing the original statutes but re-establishing and renaming the Regions as "Behavioral Health Authorities."

Region V Systems is responsible for the development and coordination of publicly funded behavioral health services within its service area. Region V Systems:

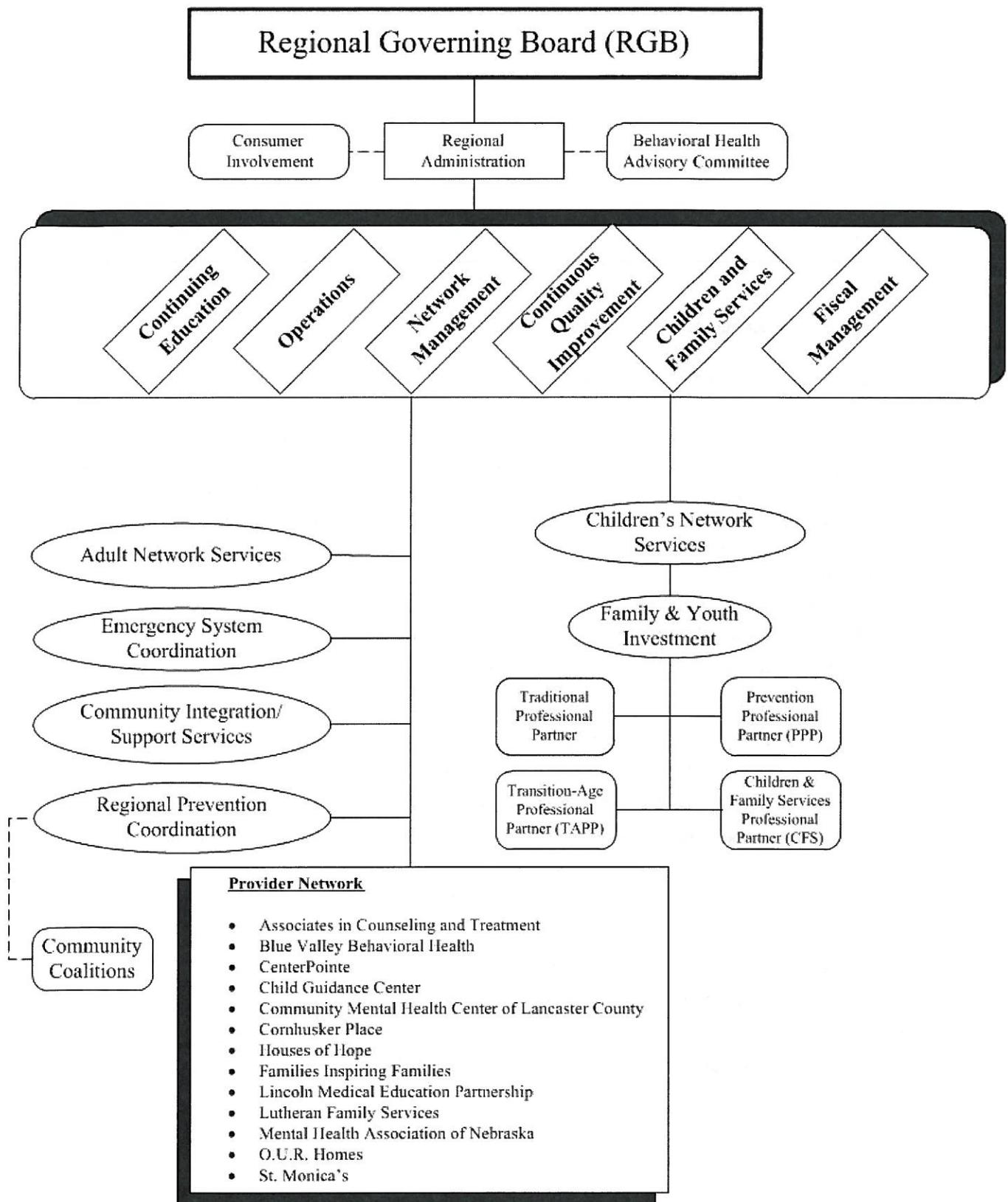
- ◆ Performs comprehensive planning activities;
- ◆ Integrates and coordinates the delivery of services;
- ◆ Prepares and administers budgets;
- ◆ Monitors the system's performance; and
- ◆ Takes corrective action when necessary.

Through these responsibilities, Region V Systems contributes to accomplishing the purpose of the goals of LB 1083, which are to ensure:

- ◆ The public safety and health of consumers;
- ◆ Consumer access to services;
- ◆ Availability of high-quality behavioral health services; and
- ◆ Cost-effective behavioral health services.

Region V Systems' major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.

Our Organization cont...



Support to the Organization

Continuing Education

Purpose: Responsible for the planning, development, coordination, and evaluation of the training, education, and technical assistance services for Region V Systems' staff, providers, nonprofit agencies, and community stakeholders.

How: Develops quality training opportunities to meet Region V Systems' CARF national accreditation requirements, develops opportunities for Region V Systems' staff to further their professional development, and offers technical assistance for workshop/conference planning to providers and the nonprofit community.

Continuous Quality Improvement

Purpose: Ensures each of Region V Systems' departments and programs are monitored, evaluated, and enhanced on a continual basis through a team-driven process.

How: Annually, Region V Systems produces a Performance Improvement Plan (PIP). The PIP identifies goals and evaluates and monitors the performance of each department.

Striving to achieve and sustain an environment which has open communication and problem solving from all levels within the organization, Region V Systems has internal and external processes for expressing and resolving concerns/requests. This "CQI Concerns Request" process is meant to serve as a means for providers, consumers/customers, and staff members to initiate suggestions or address a concern or issue. Each CQI Concerns Request is reviewed and acted upon by Region V Systems' Corporate Compliance Team and shared with internal and/or external partners.

Operations

Purpose: Ensures the organization runs smoothly and efficiently, allowing staff and customers to access services and supports in the most effective manner.

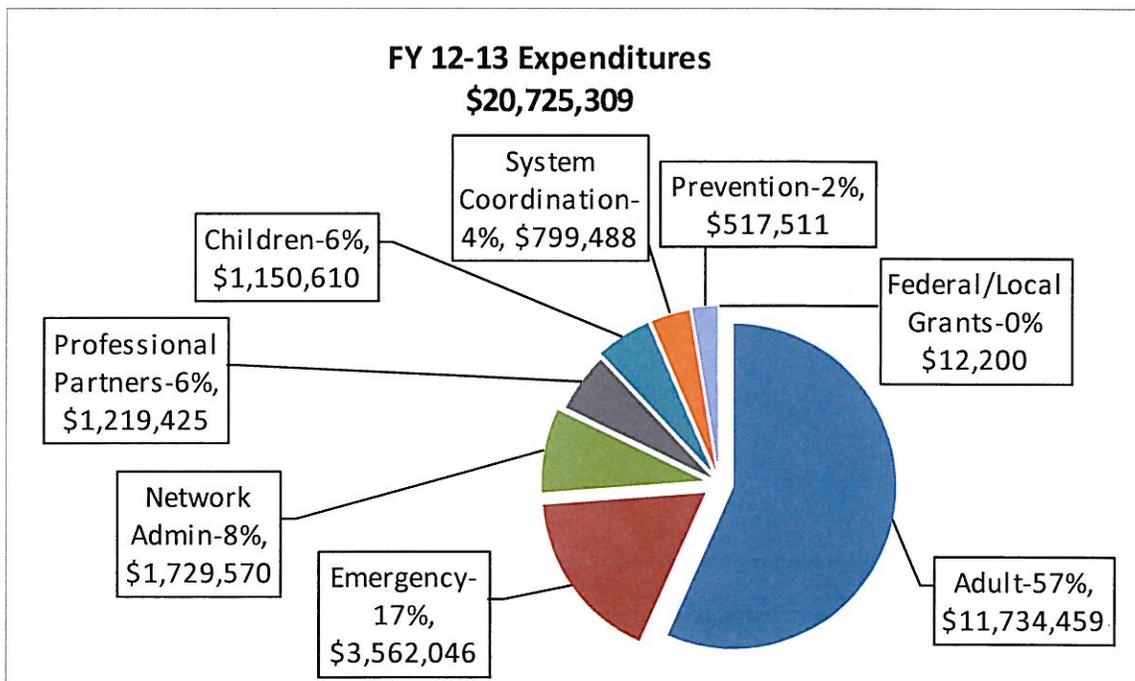
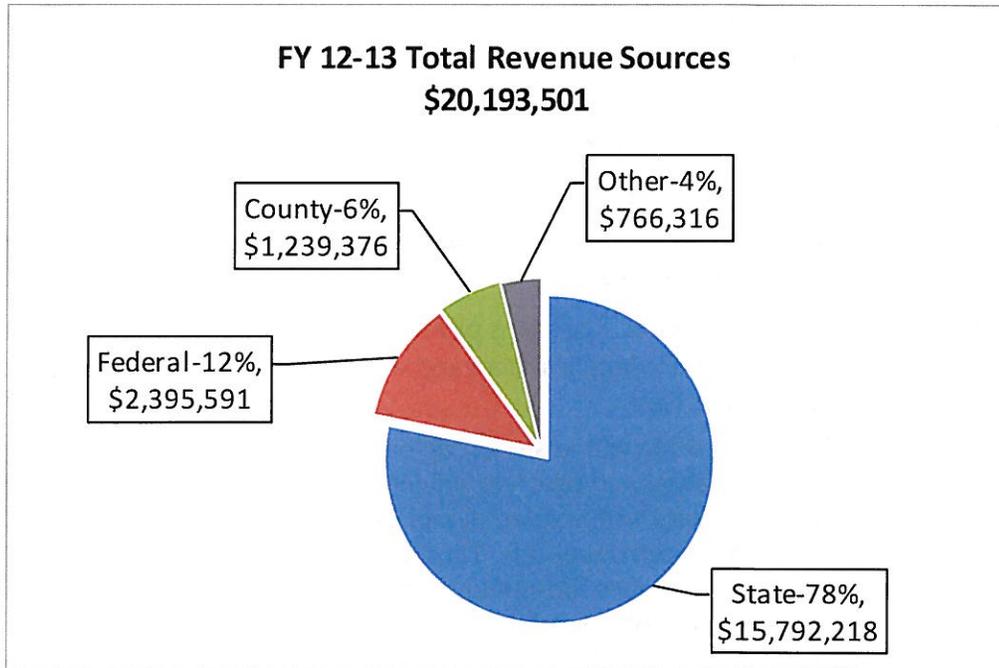
How: Supports the organization in the following areas: human resources; administrative support; front office customer and staff support; information technology; health and safety; corporate compliance; and compliance with CARF (Commission on Accredited Rehabilitation Facilities) national standards.

Support to the Organization cont...

Fiscal Management

Purpose: Provides financial management that ensures the effective use of financial resources, transparency, and accountability.

How: Federal, state, and county funds are allocated to providers and other contractual entities. Staff conduct contract performance reviews and fiscal audits to confirm compliance with financial requirements of each Region V Systems' contracts.



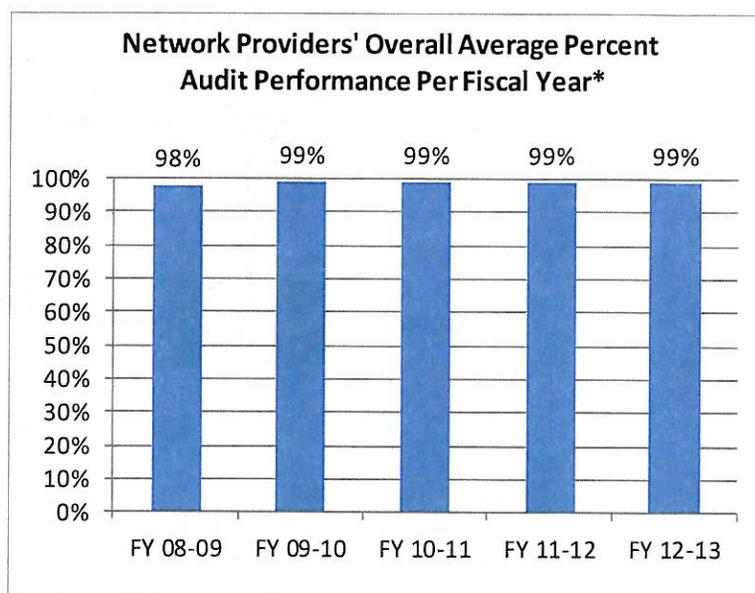
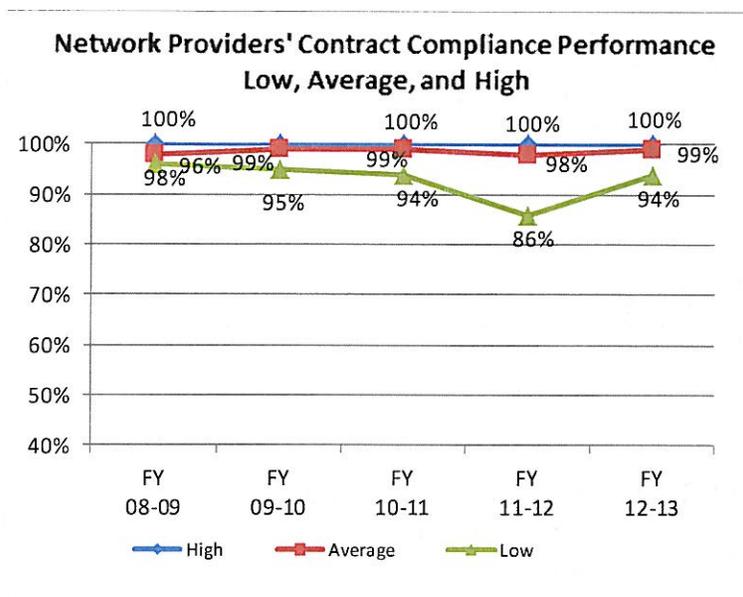
Network Management

Purpose: Establish an efficient and organized community-based system of public behavioral health care for the delivery of adult and children’s services in the Region V geographical area.

How: Region V Systems plans, organizes, contracts for, evaluates, and monitors a regional behavioral health system of care. This is accomplished through contracting and collaborating with a network of behavioral health providers, consumer and family partners, and community stakeholders.

Goal: Ensure consumers have access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.

Funding: Region V Systems receives county, state, and federal funds. Funds are contracted to Network Providers and other contracting entities to support the Region V system of care.



It is the responsibility of Region V Systems to monitor, review, and perform programmatic, administrative, and fiscal accountability functions. The annual **Services Purchased Audit** verifies that units of service claimed for reimbursement, whether on a fee for service (FFS – unit verification) or on a non-fee for service (NFFS – expense verification) have been delivered and billed accurately. A **Program Fidelity Audit** reviews program plans and services delivery to ensure consistency and compliance with Nebraska-specific service definitions, regulations, and Federal Block Grant Program requirements. Program Fidelity Audits occur on a one to three-year performance cycle.

Together, these audits demonstrate and support fiscal accountability, organizational management, and continuous quality improvement for the network.

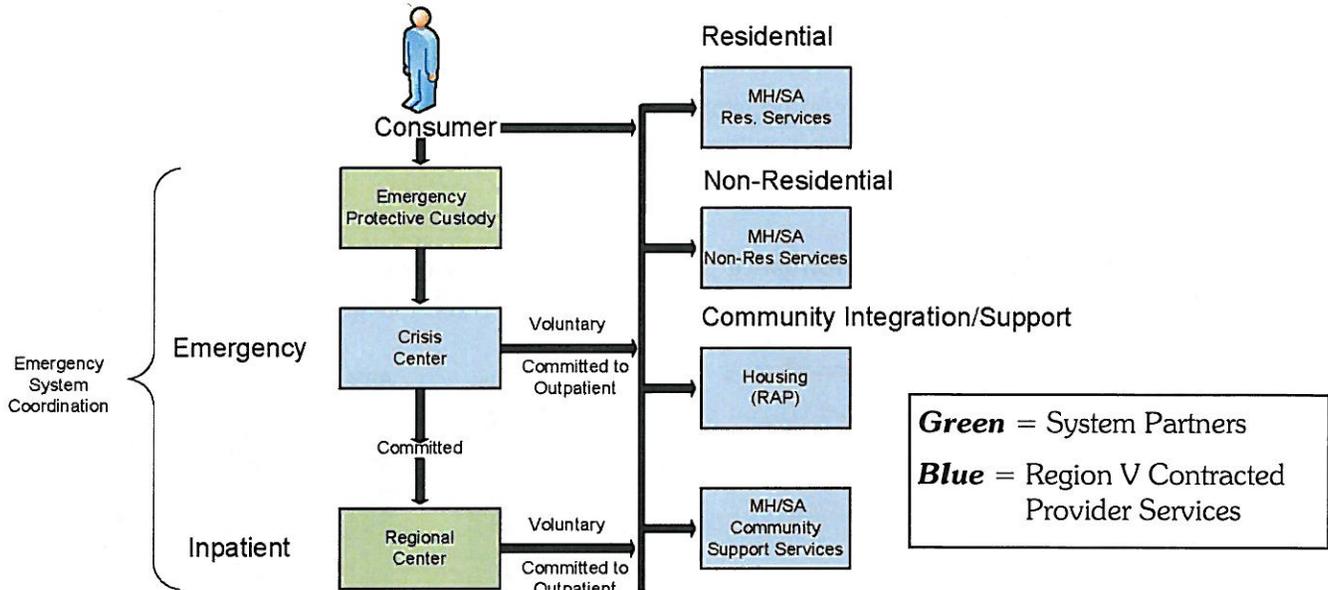
***Note: The audit performance graph only reflects annual Services Purchased Audit.**

Network Management cont...

Adult Network Services

Region V Systems contracts with a network of behavioral health community providers and works with system partners that offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities.

Adult Behavioral Health System



Contracted services available through Region V Systems' Provider Network

- Emergency**
- 24-Hour Crisis Phone
 - Civil Protective Custody (Involuntary)
 - Crisis Assessment (Substance Abuse)
 - Crisis Respite
 - Crisis Response Teams

- EPC Services – Crisis Center (Involuntary)
- Emergency Community Support
- Hospital Diversion
- Social Detoxification

- Residential**
- Dual-Disorder Residential
 - Halfway House
 - Intermediate Residential

- Psychiatric Residential Rehabilitation
- Short-Term Residential
- Therapeutic Community

- Non-Residential**
- Assessment
 - Day Treatment
 - Intensive Care Management

- Intensive Outpatient
- Medication Management
- Outpatient Therapy (Individual, Family, Group)

- Community Integration/Support**
- Assertive Community Treatment (ACT)
 - Benefits Analysis
 - Bilingual/Bicultural Service Coordination
 - Community Support
 - Day Rehabilitation
 - Family Support and Advocacy

- Peer Support
- Recovery Support
- Supported Employment
- Supportive Living
- Transition Age Professional Partner (TAPP)

Network Management cont...

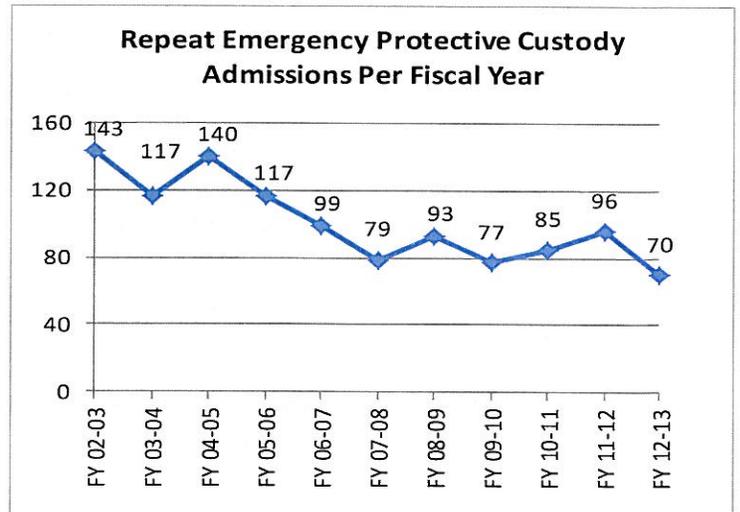
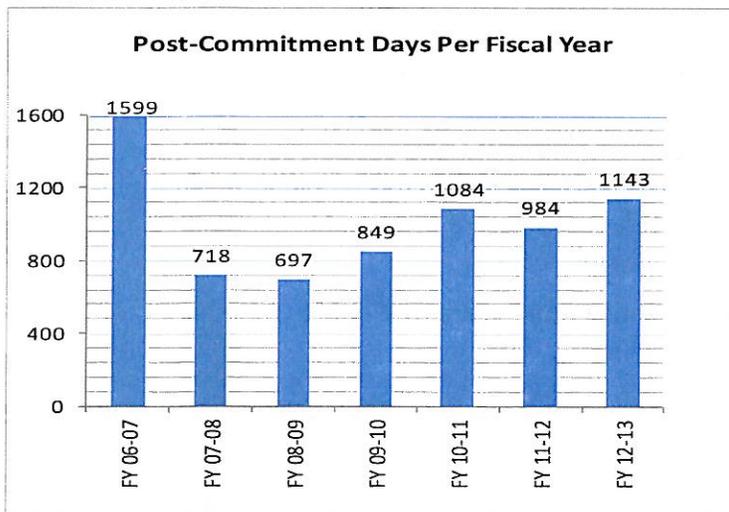
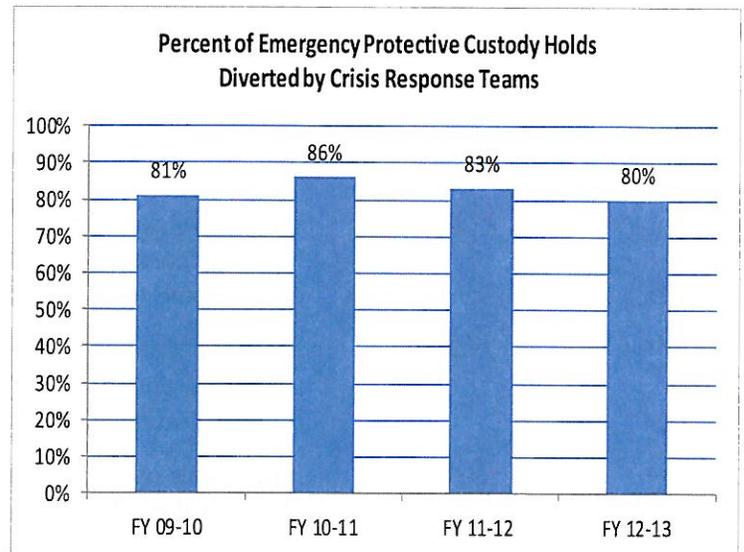
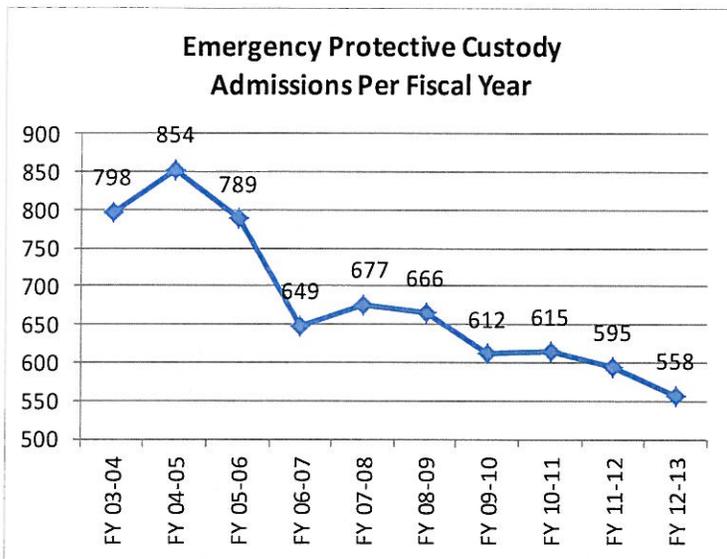
Adult Network Services cont...

Emergency System Coordination

Purpose: Provides a behavioral health emergency system to ensure the safety of consumers and the public.

How: Coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities.

Goal: Ensures consumers have access to services and multiple alternatives for support while experiencing an acute behavioral health crisis.



Network Management cont...

Adult Network Services cont...

Inpatient Level of Care

As outlined in the Department of Health and Human Services' LB 1083 Implementation Plan, the Lincoln Regional Center provides inpatient psychiatric services for Region V Systems' service area.

Purpose: Hospital-based acute and sub-acute psychiatric services designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment order.

How: Provides intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports to stabilize an individual's psychiatric condition.

Goal: Acute psychiatric symptoms are stabilized, and the individual is transitioned to community-based residential or non-residential services for continued recovery.

Residential Level of Care

Purpose: Residential services provide less-intensive or restrictive treatment than inpatient care and are intended to help the individual overcome or compensate for issues caused by mental illness or substance use disorders.

How: Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Goal: Individuals overcome or compensate for problems produced by mental illness and/or chemical dependency so they can be referred to less-intensive levels of care or return to community living with appropriate supports.

Non-Residential and Community Integration/Support Levels of Care

Purpose: Provides non-residential treatment, rehabilitation, and support services intended to reduce episodes of: relapse, crisis, and emergency room utilization; shorten lengths of stay at inpatient and residential levels of care; and promote the recovery and resiliency of the individual.

How: A number of varied and flexible service options are available to meet the individual's needs.

Goal: Individuals maintain or return to independent or supported community living.

Network Management cont...

Adult Network Services cont...

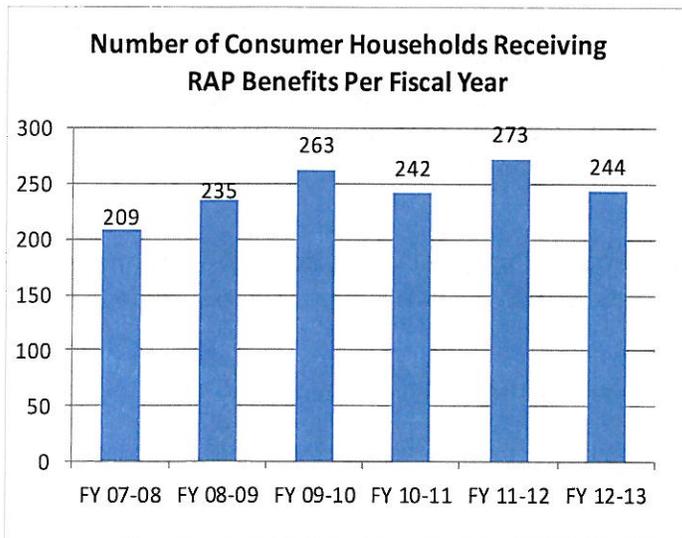
Community Integration/Support Services

Rental Assistance Program (RAP)

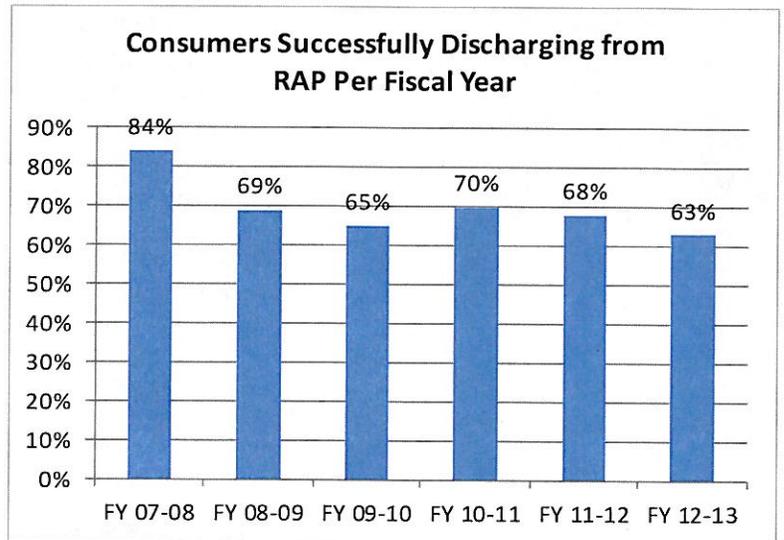
Purpose: Provides safe, secure, affordable housing—together with support services—so that consumers can begin to work toward recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own homes. The target population are consumers with serious and persistent mental illnesses, who are indigent or have extremely low income, and who are on an inpatient Mental Health Board commitment or those that are at risk of an inpatient commitment.

How: RAP builds a network of housing providers and facilitates assisting individuals in locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections.

Goal: Consumers achieve independent living, bridge to more permanent housing, or maintain their current living situations.



Number served has increased, while overall statewide housing funding has decreased.



Successful discharge is identified as bridging to permanent housing; bridging to economic self-sufficiency (consumer exceeds allowable 30 percent of median family income guideline); or consumer choice in housing (consumer chooses to move out of Region V Systems' service area or chooses to move in with a roommate). The availability of Section 8 Housing vouchers impacts discharges to permanent housing.

"THANK YOU SO VERY MUCH FOR THE ASSISTANCE THAT
WAS PROVIDED FINANCIALLY DURING OUR TIME OF HARDSHIP.
MY WIFE AND I WILL ALWAYS REMEMBER THE PROVISION THAT
REGION V SYSTEMS MADE AVAILABLE FOR US..."

... WE ARE NOW BACK ON OUR FEET AGAIN FINANCIALLY AND
EVERYTHING IS GOING WELL."

Network Management cont...

Adult Network Services cont...

Community Integration/Support Services cont...

Rural Permanent Housing Program (RPH)

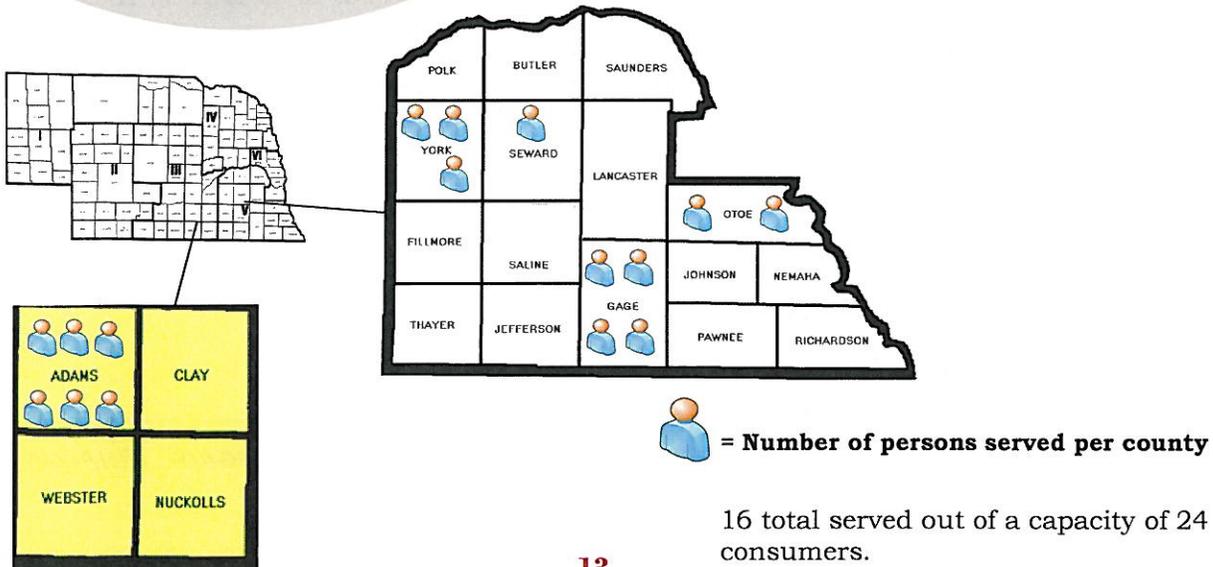
Housing Coordinator John Turner was selected by Governor Heineman to be a representative on the Nebraska Housing and Homelessness Commission from July 2011 through June 2014.

Purpose: Region V Systems received \$214,000 from Housing and Urban Development (HUD) to provide permanent supportive housing in 20 rural counties in the Southeast Nebraska Continuum of Care coverage area (Region V's 16-county coverage area plus Adams, Clay, Nuckolls, and Webster). This HUD grant was received as a result of Region V Systems being an active member of the Nebraska Balance of State Continuum of Care. The purpose of this annual funding is to work in conjunction with the Federal Strategic Plan to End Homelessness, called Opening Doors. Region V is eligible for annual renewals of this funding if performance measures are met and maximum capacity is sustained. Region V Systems received its first year of funding in FY 12-13, and a renewal award for FY 13-14.

How: Region V Systems provides scattered-site rental assistance to homeless consumers with disabilities in 20 counties. Region V Systems works closely with rural homeless and domestic violence shelters, community action agencies, Network Providers, and other rural community resources to provide case management and housing services. Region V Systems receives applications for assistance, consumers are assessed for eligibility, and supportive services are assigned to the consumer. Once approved, Region V Systems enters into leases with landlords and provides monthly rental assistance while consumers receive supportive case management services in their local communities.

Goal: Provide permanent supportive housing and related services to 24 consumers with disabilities who are homeless to help achieve two primary performance measures:

- Consumers will maintain permanent housing, and
- Consumers will maintain or increase their total income.



Network Management cont...

Behavioral Health Data for Region V-Funded Services

Unduplicated Count of Persons Served by County of Residence FY 12-13		
	Mental Health	Substance Abuse
Butler	52	50
Fillmore	55	38
Gage	246	180
Jefferson	68	66
Johnson	35	21
Lancaster	3,965	3,839
Nemaha	36	40
Otoe	117	115
Pawnee	14	12
Polk	18	15
Richardson	69	44
Saline	128	78
Saunders	109	101
Seward	123	91
Thayer	30	28
York	188	101
Totals	5,253	4,819

Age Demographics FY 12-13*	
0-10	222
11-18	695
19-20	976
21-25	2,788
26-44	8,457
45-64	5,948
65+	179

Race Demographics FY 12-13*	
Alaska Native	10
American Indian	1,124
Asian	172
Black or African American	1,782
Native Hawaiian	15
Other Pacific Islander	154
Unknown	116
White	15,892

Diagnostic Demographics FY 12-13*	
Adjustment Disorder	997
Anxiety Disorder	1,328
Child/Adolescent Disorder	356
Cognitive Disorder	26
Deferred, Unspecified, Other	452
Dissociative Disorder	6
Eating Disorder	6
Medical Related Disorder	1
Mood Disorder	5,508
Other Conditions	44
Other Impulse-Control	66
Personality Disorder	2
Schizophrenia and Psychosis	1,898
Sexual and Gender Identity	180
Sleep Disorder	7
Somatoform Disorder	0
Substance-Related Disorder	8,317
Unidentified	71

Insurance Coverage Demographics FY 12-13*	
Child Welfare	4
HMO	145
Indian Hlth Svc	2
Medicaid	2,730
Medicare	967
No Insurance	13,063
Other Insurance	1,512
Other Direct Fed	2
Other Direct Sta	3
PPO	172
Priv. Self Paid	488
Unknown	8
Veterans Admin	169

*** Duplicated counts of persons served by region of residence.**

Data is maintained by Magellan Behavioral Health Services, the State of Nebraska's system management agent.

Network Management cont...

Children's Network Services/Children and Family Services

Contracted Provider Services

Region V Systems contracts with and coordinates a network of community providers that ensures integrated behavioral health services are designed for youth.

- Purpose:** Region V Systems' contracted services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.
- How:** The system of care for children encompasses a broad array of behavioral health services ranging from community-based treatment interventions to inpatient care.
- Goal:** Enhance the children/youth continuum of services and promote collaboration and integration of services to better meet the behavioral health needs of youth and their families in southeast Nebraska.
- Services:** Region V's contracted services in the Children's Level of Care include:

Contracted services available through
Region V Systems' Provider Network

Non-Residential

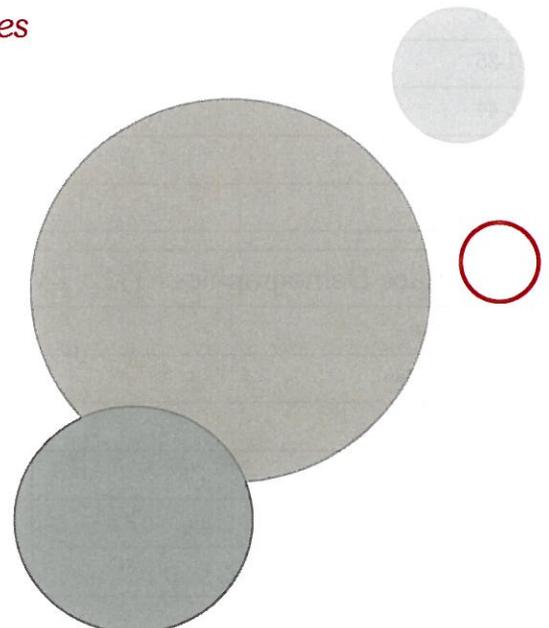
Outpatient
Therapeutic Consultation
Youth Assessment

Community Integration/Support

Children & Family Services Professional Partner
Prevention Professional Partner
Traditional Professional Partner
Transition Age Professional Partner

Network Providers of Children Services

Blue Valley Behavioral Health
CenterPointe
Child Guidance Center
Region V Systems



Network Management cont...

Children's Network Services/Children and Family Services cont...

Family & Youth Investment (FYI)



Accredited Program

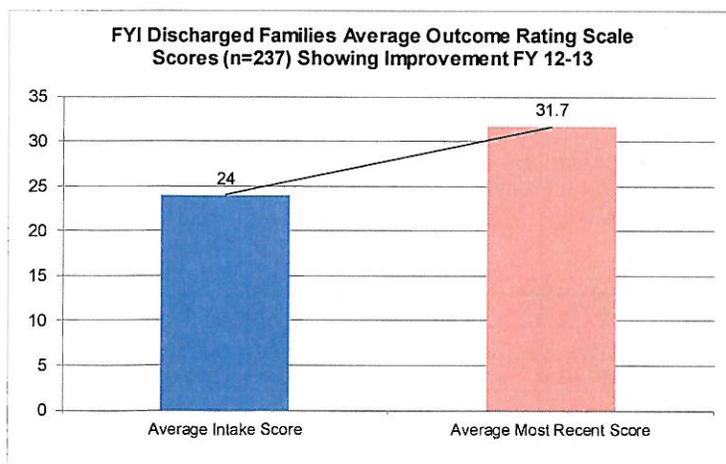
Region V Systems administers the Professional Partner program, known as Family & Youth Investment (FYI). In FY 12-13, FYI included four program tracks: the **Traditional** track serves individuals up to the age of 21; the **Transition-Age Professional Partner (TAPP)** track serves youth ages 17-24 who are transitioning from the children's to the adult behavioral health system; the **Prevention Professional Partner (PPP)** track focuses on prevention, serving children and youth under age 19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination; and the **Children & Family Services (CFS) Professional Partner** track, which serves children and youth under age 19 who are referred by HHS to safely maintain children in the home and increase family stability.



Purpose: Improve the lives of youth/young adults who are diagnosable with a mental illness under the current edition of the *Diagnostic and Statistical Manual (DSM)* published by the American Psychiatric Association. (CFS track does not require a diagnosis.)

How: Professional Partners serve as service coordinators and work with families or young adults who voluntarily ask for assistance. Professional Partners help families and young adults identify outcomes, strengths, needs, informal supports, and create individualized plans. Through a team effort, they coordinate and facilitate formal and informal services and supports necessary to assist youth/young adults and their families in meeting their established goals.

Goal: Averting children from becoming state wards for the purpose of receiving services; preventing expensive out-of-home placements or involvement in emergency services; reducing juvenile crime or contact with adult criminal justice systems; increasing school performance; and facilitating seamless transition from the youth to the adult behavioral health system.



CFS Track: average length of stay was 1.5 months; number of youth served was 91.

PPP Track: number of youth served in the 90-day program was 41.

Traditional Track: average length of stay was 15.6 months; number of youth served was 97.

TAPP Track: average length of stay was 14.9 months; number of youth served was 48.

Outcome Rating Scale Graph — All four FYI Program tracks

Client-directed/Outcome-Informed Care is designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes. Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, that interaction with a client can be client-directed and outcome-informed. According to Dr. Miller, a score of 25 points is the clinical cutoff. Clients that score under 25 are in need of and could benefit from treatment and above 25 points indicates a person is functioning like the "norm population not in behavioral health services." On average, the families are progressing/improving.

Network Management cont...

Children's Network Services/Children and Family Services cont...

Family & Youth Investment (FYI) cont...

Cluster-Based Planning and CAFAS

A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social and environmental contexts, and/or life situations (for more information see page 22). Youth served through FYI were administered the Child and Adolescent Functional Assessment scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. The charts on pages 17-18 identify youth by cluster membership and their average level of functioning on the CAFAS at time of enrollment and discharge. The percent of youth that meet the clinically significant change by cluster are listed. Clinically significant change occurs when the youth's intake CAFAS score decreased by 20 points.

Outcomes of Transition Age Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other Neurobeh	10	24.39%	75	5	20.00%	46	80%
2	Depressed-May Be Suicidal	4	9.76%	115	2	8.00%	40	100%
3	Severe Behavior Problems	8	19.51%	105	5	20.00%	74	80%
4	Sexual, Physical, Emotional Abuse	2	4.88%	80	2	8.00%	90	50%
5	Affected By Traumas	1	2.44%	50	0	0.00%	0	0%
6	With Substance Abuse Issues	1	2.44%	80	1	4.00%	70	0%
7	Very Anxious Youth	6	14.63%	68.5	5	20.00%	62	40%
8	Not Adjusting to Stressful Life, Crisis	3	7.32%	93.3	2	8.00%	50	100%
9	Sexual Offenses	1	2.44%	110	1	4.00%	90	100%
10	MH & Cognitive Limitations	5	12.20%	110	2	8.00%	85	50%
Total or Average		41	100.01%	88.68	25	100.00%	60.7	60.0%

Outcomes of Children & Family Services Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant
1	ADHD-OTH/Neuro-Behav	9	7%	87.8	1	25%	40	0.0%
2	Depressed-May Be Suicidal	6	12%	60	1	25%	40	100.0%
3	Severe Behav Probs	3	6%	103.3	0	0%	0	0.0%
4	Sexual,Physical,Emotion Abuse	5	10%	60	1	25%	20	0.0%
5	Affected By Traumas	5	10%	62	0	0%	0	0.0%
6	With Substance Abuse Issues	2	4%	90	0	0%	0	0.0%
7	Very Anxious Youth	3	6%	50	0	0%	0	0.0%
8	Not Adjusting to Stressful Life, Crises	11	22%	48.2	0	0%	0	0.0%
10	MH & Cognitive Limitations	1	2%	40	0	0%	0	0.0%
NA	Does't not fit to any cluster assignment	4	8%	30	1	25%	20	0.0%
Total or Average		49	89%	63.13	4	100%	12	10.0%

Network Management cont...

Children's Network Services/Children and Family Services cont...

Family and Youth Investment (FYI) cont...

Outcomes of Prevention Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-Other Neurobeh	10	24.39%	75	5	20.00%	46	80%
2	Depressed-May Be Suicidal	4	9.76%	115	2	8.00%	40	100%
3	Severe Behavior Problems	8	19.51%	105	5	20.00%	74	80%
4	Sexual, Physical, Emotional Abuse	2	4.88%	80	2	8.00%	90	50%
5	Affected By Traumas	1	2.44%	50	0	0.00%	0	0%
6	With Substance Abuse Issues	1	2.44%	80	1	4.00%	70	0%
7	Very Anxious Youth	6	14.63%	68.5	5	20.00%	62	40%
8	Not Adjusting to Stressful Life, Crisis	3	7.32%	93.3	2	8.00%	50	100%
9	Sexual Offenses	1	2.44%	110	1	4.00%	90	100%
10	MH & Cognitive Limitations	5	12.20%	110	2	8.00%	85	50%
Total or Average		41	100.01%	88.68	25	100.00%	60.7	60.0%

Outcomes of Traditional Track

Cluster Number	Cluster Name	INTAKE			DISCHARGE			
		Number of Youth	Percent of Youth	CAFAS Total Mean	Number of Youth	Percent of Youth	CAFAS Total Mean	Percent of Discharged Youth w/ Clinically Significant Change
1	ADHD-OTH/Neuro-Behav	27	30%	95.2	9	28%	65.6	66.7%
2	Depressed-May Be Suicidal	7	8%	88.6	5	16%	52	80.0%
3	Severe Behav Probs	9	10%	113.3	4	13%	62.5	100.0%
4	Sexual,Physical,Emotion Abuse	7	8%	100	3	9%	90	0.0%
5	Affected By Traumas	8	9%	106.2	2	6%	110	50.0%
7	Very Anxious Youth	4	4%	82.5	2	6%	25	100.0%
8	Not Adjusting to Stressful Life, Crises	6	7%	81.7	2	6%	40	0.0%
9	Sexual Offenses	2	2%	95	0	0%	0	0.0%
10	MH & Cognitive Limitations	17	19%	98.8	4	13%	50	50.0%
NA	Does't not fit to any cluster assignment	2	2%	85	1	3%	60	100.0%
Total or Average		89	100%	94.63	32	100%	55.51	54.7%

Network Management cont...



Accredited Program

Regional Prevention Coordination

Purpose: Establish and strengthen collaboration among community stakeholders to support the efforts of **community coalitions** in preventing and reducing substance abuse and related risk factors among youth and adults.

How: Prevention staff provide ongoing technical support, training, and coordination of regional and statewide prevention strategies, evidence-based programs and practices, and provide oversight for the Regional Youth Action Board (YAB). Staff work collaboratively with a wide variety of state and local entities to achieve federal national outcome measures.

Goal: Prevent, delay, and/or reduce individual and environmental concerns associated to substance abuse and related risk factors among youth and adults in southeast Nebraska.

The Nebraska Risk and Protective Factor Student Survey (NRPFS) targets Nebraska students in grades 6, 8, 10, and 12 with a goal of providing schools and communities with local-level data. As a result, the NRPFS is implemented as a census survey, meaning that every public and non-public school with an eligible grade can choose to participate. The survey is designed to assess adolescent substance use, delinquent behavior, and many of the risk and protective factors that predict adolescent problem behaviors. The Nebraska survey is adapted from a national, scientifically validated survey and contains information on the risk and protective factors that are locally actionable. These risk and protective factors are also highly correlated with substance abuse as well as delinquency, teen pregnancy, school dropout, and violence. The information from the NRPFS aids schools and community groups in planning and implementing local prevention initiatives to improve the health and academic performance of their youth.

Youth from grades 6, 8, 10, and 12 were asked specific questions regarding risk factors and protective factors from the following four domains: community, family, school, and peer/individual. The data presented in the NRPFS report allows state, regional, counties, and local prevention coalitions and community members to note findings from the following questions:

- Which risk factors are of the greatest concern to your school/community/region?
- Which protective factors are most important to your school/community/region?
- Which substances are your students using the most?
- Which delinquent behaviors are of greatest concern to your school/community/region?

2012 NRPFS Survey Participation Rates

Grade	Region V Systems 2012			State of Nebraska 2012		
	Number Participated	Number Enrolled	Percent Participated	Number Participated	Number Enrolled	Percent Participated
6th	2,126	5,523	38.5%	7,741	24,611	31.5%
8th	2,212	5,211	42.4%	8,433	23,683	35.6%
10th	1,694	5,058	33.5%	7,377	23,158	31.9%
12th	1,364	5,581	24.4%	6,558	24,605	26.7%
Total	7,396	21,373	34.6%	30,109	96,057	31.3%

Note. The grade-specific participation rates presented within this table consist of the number of students who completed the NRPFS divided by the total number of students enrolled within the participating schools.

Network Management cont...

Regional Prevention Coordination cont...

2012 NRPFS Trend Data: Past 30-Day Substance Use

Definition	Grade 6		Grade 8		Grade 10		Grade 12	
	2010	2012	2010	2012	2010	2012	2010	2012
Alcohol	2.4%	1.4%	7.4%	5.1%	21.3%	16.7%	34.3%	31.3%
Cigarettes	.09%	.07%	4.8%	2.0%	11.8%	8.5%	19%	19.4%
Smokeless Tobacco	0.7%	0.5%	2.0%	0.9%	6.1%	5.5%	14.1%	13.1%
Prescription Drugs	NA	0.2%	1.2%	0.6%	2.6%	2.1%	3.3%	3.4%

This table illustrates the use of alcohol, cigarettes, smokeless tobacco, and prescription drugs as reported by 6th, 8th, 10th, & 12th grade students. When the students were given the survey, they were to report on their usage in the “past 30 days.” Some

of the findings include alcohol and smokeless tobacco usage decreased for each grade level when comparing 2010 and 2012 survey results. Cigarette use decreased for 6th, 8th, & 10th grades, while 12th grade slightly increased. Prescription drug usage increased slightly for 12th graders.

For more information about the uses of the NRPFS, please visit the Student Health and Risk Prevention (SHARP) website: <http://bosr.unl.edu/sharp>.

Community Benefit Network

In its role as the Behavioral Health Authority, Region V Systems has established a number of partnerships, some of which are **co-located** within Region V Systems’ building. For FY 12-13, these contractual relationships were:

Electronic Behavioral Health Information Network (eBHIN)

eBHIN works to promote quality patient care and access, from multiple locations, by developing and implementing a Behavioral Health Information Exchange between behavioral health providers in southeast Nebraska. **eBHIN’s contract included office space, administrative support, fiscal support, corporate compliance privacy and security support, and information technology support.**

Families Inspiring Families (FIF)

An affiliate of the Nebraska Federation of Families for Children’s Mental Health, FIF is dedicated to families with children who have emotional and/or behavioral health issues. FIF helps families with support, hope, knowledge, skills and encouragement through a positive relationship, and networks with other families to find solutions to challenges. **FIF’s contract included office space, fiscal support, and information technology support.**

Community Benefit Network cont...

Houses of Hope

Houses of Hope provides affordable residential treatment and support services for individuals in recovery from substance dependence. ***Houses of Hope's contract included technical assistance for human resource management.***

Human Services Federation (HSF)

HSF has a membership of 120 nonprofit agencies dedicated to providing quality health and human services in Lincoln and Lancaster County. ***HSF's contract included office space, administrative support, and information technology support.***

Lancaster Prevention Coalition (LPC)

LPC is made up of nine community groups based in Lincoln/Lancaster County school communities that work to provide locally based prevention activities aimed at underage drinking and other drug use/abuse among youth 0-18. ***LPC's contract included office space, fiscal support, and information technology support.***

Mental Health Association of Nebraska (MHA-NE)

MHA is a consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness. ***MHA's contract included office space, continuous quality improvement (CQI) support, human resource management support, information technology support, and fiscal support.***

National Alliance on Mental Illness (NAMI) Lincoln

NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with mental illness. ***NAMI's contract included office space and information technology support.***

National Association of Case Managers (NACM)

NACM is a national nonprofit membership organization which provides case managers, service coordinators, supervisors, and administrators opportunities for professional growth and the promotion of case management. ***NACM's contract included fiscal support, administrative management, training, and event coordination.***

People's Health Center (PHC)

PHC is a Federally Qualified Health Center (FQHC) that provides affordable, comprehensive, accessible, culturally appropriate, cost-effective primary health care in Lincoln, Nebraska, especially for those individuals/families with limited resources or other barriers to health care, to improve their overall health status. ***PHC's contract included office space.***

Seward County

Seward County is a governmental agency with over 120 employees working in ten departments to manage the work of the county. Seward County is one of the 16 counties that Region V Systems has an Interlocal Agreement within its geographical area. ***Seward County's contract included technical assistance for human resource management, including FMLA/ADA administration.***

St. Monica's

St. Monica's is a behavioral health treatment organization dedicated to serving. ***St. Monica's contract included technical assistance for human resource management.***

Initiatives

Region V Systems is committed to promoting partnerships through various initiatives, special projects, coalitions, and grants. These partnerships include providers, consumers, Department of Health and Human Services, and other stakeholders through evaluation, assessment, and implementation of programming. Following are examples of some of these initiatives:

Cluster-Based Planning Pilot

Purpose: Region V Systems implemented cluster-based planning and outcome management for adults with Severe and Persistent Mental Illness (SPMI) or Alcohol and Other Drugs (AOD) and for youth suffering from behavioral health issues. This approach assists both the children and adult systems of care with improving the quality of care by better identifying **who the consumers of services are, what types of services are needed, and what can best be offered to meet their needs.** Region V Systems, along with the following Network Provider agencies, are trained in cluster-based planning: Blue Valley Behavioral Health, CenterPointe, Child Guidance Center, Community Mental Health Center, Cornhusker Place, Houses of Hope, Lutheran Family Services, St. Monica's, and Targeted Adult Service Coordination Program (TASC); and one systems partner, ED Connections.

How: **A cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social and environmental contexts, and/or life situations.** The approach includes a review of the adult's or youth's life over time (their history). It assumes that large groups of consumers, such as adults with severe mental disabilities, children with mental health needs, or individuals who are chemically dependent, should not be served as if they were a member of a single homogenous group. Instead, these larger groups are comprised of distinct natural subgroups, or **clusters**. By describing different clusters, identifying and measuring targeted outcomes, and tracking accompanying services and costs, the systems can begin to answer the questions of "**what works, for whom, and at what cost.**" Cluster-based planning is a systematic process that can facilitate clinical practice, treatment planning, program development, and outcomes-based management of services.

Since inception, a total of 2,351* adult persons with life experiences became members of an SPMI, Male AOD, or Female AOD cluster within Region V Systems' network.

Additionally, since inception, a total of 1,913* youth with Serious Emotional Disturbances (SED) became members of SED clusters within Region V Systems' network.

There are four categories of cluster memberships:

- Adults with Severe and Persistent Mental Illness (SPMI)
- Youth with Serious Emotional Disturbances (SED)
- Adult Men with Alcohol and Other Drug (AOD) challenges
- Adult Women with Alcohol and Other Drug (AOD) challenges

The charts on pages 23-26 will identify, by agency/program, each cluster description in which persons with life experiences can become a member. The charts illustrate the number and percentage of persons served with life experiences by cluster description, provider, and regional perspective. Persons served with life experiences are an unduplicated count.

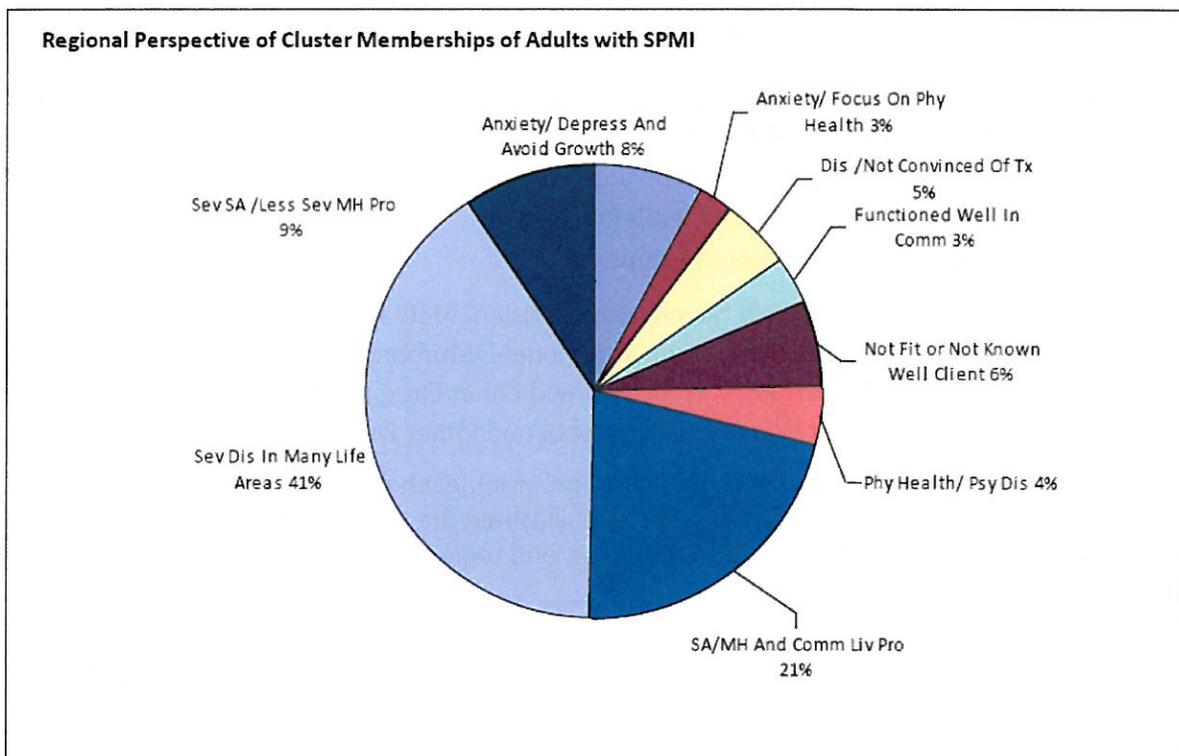
*Total numbers include duplicates. A person served with life experience may have entered treatment during FY 10-11, FY 11-12, and FY 12-13.

Initiatives cont...

Cluster-Based Planning Pilot cont...

Region V Systems Network Providers Cluster Memberships
Cluster Type: Adults With SPMI

Provider Name		Phys Health/ Psych Dis. (1)	SA/MH and Comm Liv Prob (2A)	Severe SA/Less Sev MH Prob (2B)	Severely Dis In Many Life Areas (3A)	Dis / Not Convinced of Tx (3B)	Anxiety / Depress and Avoid Growth (4A)	Anxiety And Focus on Phy Health (4B)	Functioned Well In Community (5)	Not Fit Any Clusters or Not Know Well Client	Total/ Percent By Provider
Blue Valley Behavior Health	#	14	9	7	17	11	40	13	21	0	132
	%	10.6%	6.8%	5.3%	12.9%	8.3%	30.3%	9.8%	15.9%	0.0%	7.7%
CenterPointe	#	9	223	70	60	45	45	8	16	1	477
	%	1.9%	46.8%	14.7%	12.6%	9.4%	9.4%	1.7%	3.4%	3.4%	27.9%
Community Mental Health Center	#	21	53	0	589	18	11	4	3	3	702
	%	3.0%	7.5%	0.0%	83.9%	2.6%	1.6%	0.6%	0.4%	0.4%	41.1%
Cornhusker Place	#	0	19	16	0	0	0	0	0	0	35
	%	0.0%	54.3%	45.7%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	2.0%
ED Connections	#	14	40	18	10	6	27	10	3	0	128
	%	10.9%	31.3%	14.1%	7.8%	4.7%	21.1%	7.8%	2.3%	0.0%	7.5%
Houses of Hope	#	0	1	0	0	0	0	0	0	2	3
	%	0.0%	33.3%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.2%
Lutheran Family Services	#	0	0	1	0	0	0	0	0	32	33
	%	0.0%	0.0%	3.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	1.9%
Targeted Adult Service Coordination	#	15	19	2	12	8	8	8	12	67	151
	%	9.9%	12.6%	1.3%	7.9%	5.3%	5.3%	5.3%	7.9%	7.9%	8.8%
TouchStone	#	0	0	48	0	0	0	0	0	1	49
	%	0.0%	0.0%	98.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	2.9%
REGIONAL	#	73	364	162	688	88	131	43	55	106	1,710
	%	4.3%	21.3%	9.5%	40.2%	5.1%	7.7%	2.5%	3.2%	6.2%	100.0%



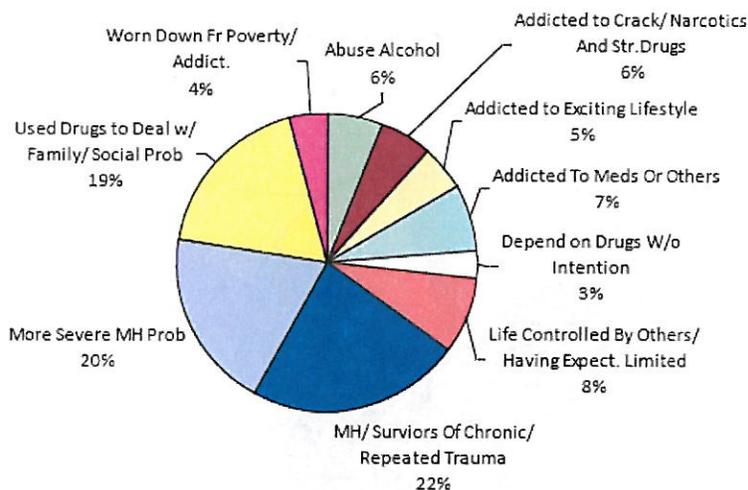
Initiatives cont...

Cluster-Based Planning Pilot

Region V Systems Network Providers Cluster Memberships Cluster Type: Women AOD

Provider Name	Addicted to Crack/ Narcotics And Street Drugs (W1)	Addicted to Exciting Lifestyle (W2)	Addicted To Meds Or Others (W3)	Abuse Alcohol (W4)	More Severe MH Prob (W5)	MH/ Survivors Of Chronic/ Repeat. Trauma (W6)	Lives Control By Others/ Having Expect Limited (W7)	Used Drugs to Deal w/ Family/ Social Prob (W8)	Depend on Drugs W/o Intention (W9)	Worn Down Fr Poverty/ Addict. (W10)	Total/ Percent By Provider	
CenterPointe	#	0	0	0	0	2	0	0	1	0	0	3
	%	0.0%	0.0%	0.0%	0.0%	66.7%	0.0%	0.0%	33.3%	0.0%	0.0%	1.1%
Lutheran Family Services	#	0	3	4	3	4	10	10	16	1	6	57
	%	0.0%	5.3%	7.0%	5.3%	7.0%	17.5%	17.5%	28.1%	1.8%	10.5%	21.7%
St. Monica's	#	15	10	13	10	28	43	9	28	5	4	165
	%	9.1%	6.1%	7.9%	6.1%	17.0%	26.1%	5.5%	17.0%	3.0%	2.4%	62.7%
Targeted Adult Service Coordination	#	0	0	2	3	18	7	3	4	1	0	38
	%	0.0%	0.0%	5.3%	7.9%	47.4%	18.4%	7.9%	10.5%	2.6%	0.0%	14.4%
REGIONAL	#	15	13	19	16	52	60	22	49	7	10	263
	%	5.7%	4.9%	7.2%	6.1%	19.8%	22.8%	8.4%	18.6%	2.7%	3.8%	100.0%

Regional Perspective of Cluster Memberships of Women with AOD



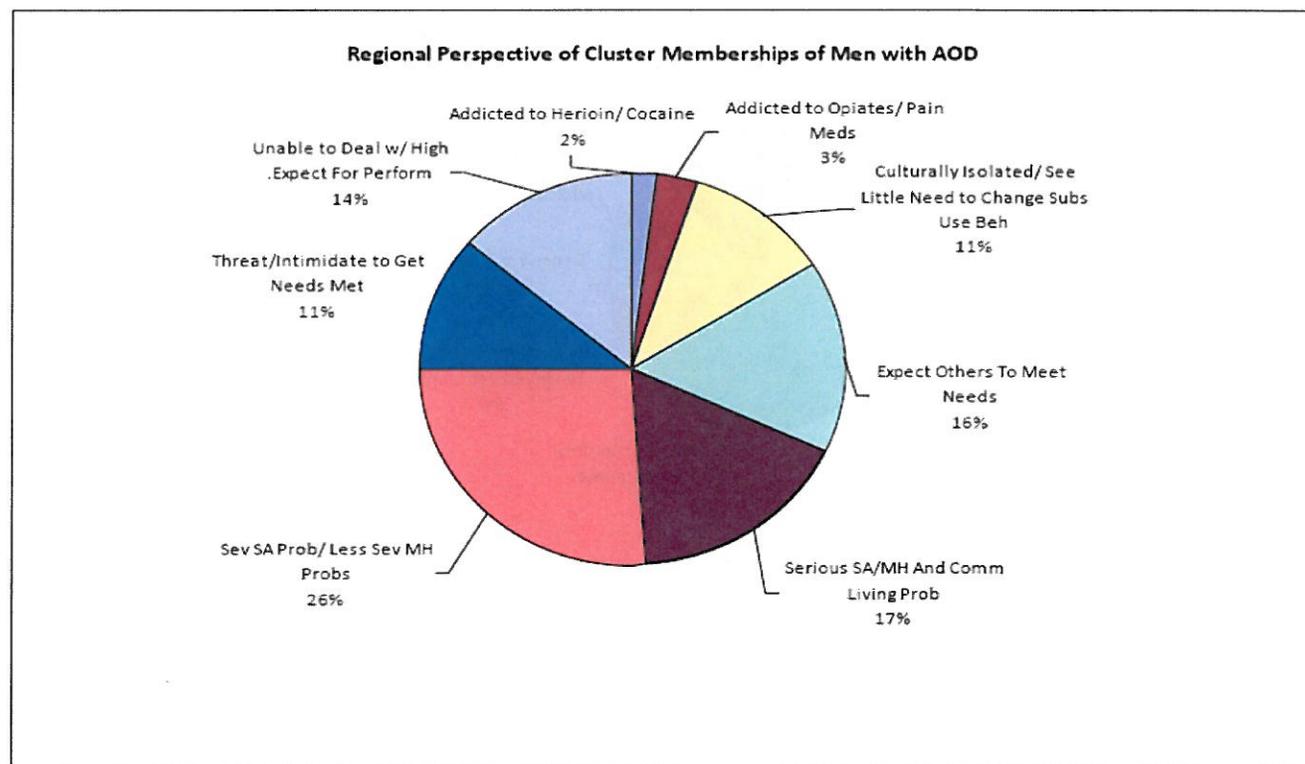
Initiatives cont...

Cluster-Based Planning Pilot cont...

Region V Systems Network Providers Cluster Memberships

Cluster Type: Men AOD

Provider Name		Expect Others to Meet Needs (M1)	Unable to Deal w/ High Expect For Perform. (M2)	Threat/Intimidate To Get Needs Met (M3)	Culturally Isolated/ See Little Needs to Change Sub Use Beh (M4)	Added To Opiates/ Pain Meds (M5)	Addicted To Heroin/ Cocaine And Out On The Street: (M6)	Serious SA/MH And Comm Liv Prob (M7)	Severe SA Prob/ Less Severe MH Prob (M8)	Total/ Percent By Provider
CenterPointe	#	0	0	0	0	0	0	1	2	3
	%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	33.3%	66.7%	0.9%
Cornhusker Place	#	16	26	13	10	6	1	8	19	99
	%	16.2%	26.3%	13.1%	10.1%	6.1%	1.0%	8.1%	19.2%	28.5%
Houses of Hope	#	20	14	10	6	10	2	16	42	120
	%	16.7%	11.7%	8.3%	5.0%	8.3%	1.7%	13.3%	35.0%	34.6%
Lutheran Family Services	#	6	15	31	15	2	1	5	13	88
	%	6.8%	17.0%	35.2%	17.0%	2.3%	1.1%	5.7%	14.8%	25.4%
Targeted Adult Service Coordination	#	9	2	4	2	1	1	15	2	36
	%	25.0%	5.6%	11.1%	5.6%	2.8%	2.8%	41.7%	5.6%	10.4%
TouchStone	#	0	0	0	0	0	0	1	0	1
	%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%	0.3%
REGIONAL	#	51	57	58	33	19	5	46	78	347
	%	14.7%	16.4%	16.7%	9.5%	5.5%	1.4%	13.3%	22.5%	100.0%



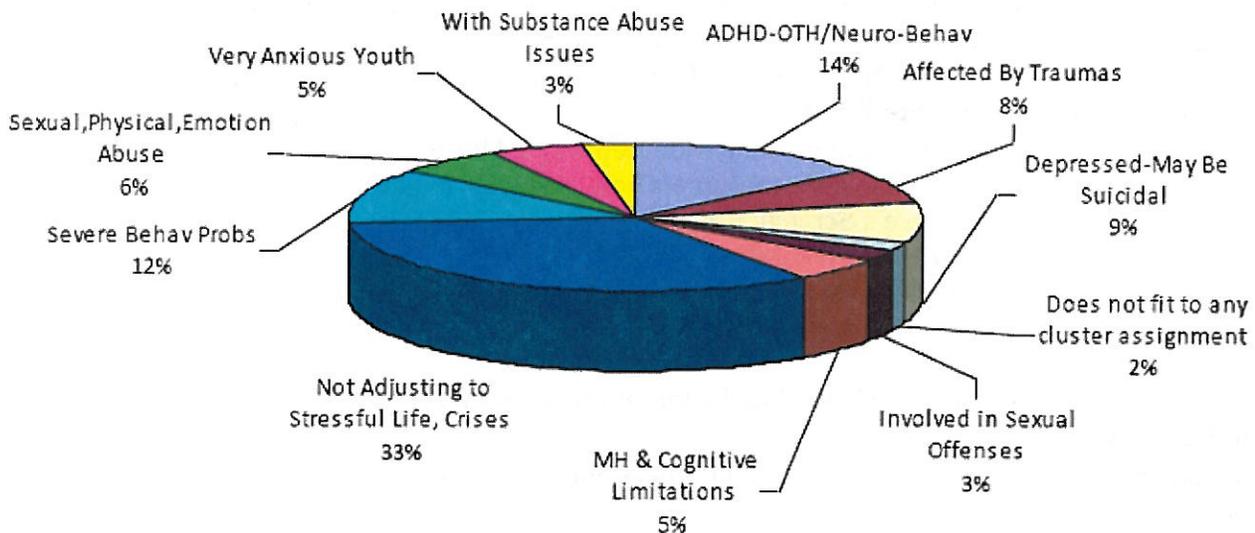
Initiatives cont...

Cluster-Based Planning Pilot cont...

Region V Systems Network Providers Cluster Memberships Cluster Type: Youth With SED

Provider Name		ADHD-OTH/Neuro-Behav (1)	Depress.-May Be Suicidal (2)	Severe Behav Probs (3)	Sexual, Physical, Emotion Abuse (4)	Affected By Traumas (5)	With Subs Abuse Issues (6)	Very Anxious Youth (7)	Not Adjust. to Stressful Life, Crises (8)	Involved in Sexual Offenses (9)	MH Cognit. Limit. (10)	Not Fit Or Not know Well Client	Total/Percent By Provider
Child Guidance Center	#	202	131	174	88	129	51	81	628	48	50	3	1,585
	%	12.7%	8.3%	11.0%	5.6%	8.1%	3.2%	5.1%	39.6%	3.0%	3.2%	0.2%	82.9%
Region V Systems-FYI CFS	#	6	4	2	4	3	3	3	6	0	0	5	36
	%	16.7%	11.1%	5.6%	11.1%	8.3%	8.3%	8.3%	16.7%	0.0%	0.0%	13.9%	1.9%
Region V Systems-FYI PPP	#	17	8	17	3	1	2	6	3	2	4	8	71
	%	23.9%	11.3%	23.9%	4.2%	1.4%	2.8%	8.5%	4.2%	2.8%	5.6%	11.3%	3.7%
Region V Systems-FYI TAPP	#	4	12	12	9	1	3	4	2	2	13	7	69
	%	5.8%	17.4%	17.4%	13.0%	1.4%	4.3%	5.8%	2.9%	2.9%	18.8%	10.1%	3.6%
Region V Systems-FYI Trad	#	42	11	22	13	12	2	5	6	2	29	8	152
	%	27.6%	7.2%	14.5%	8.6%	7.9%	1.3%	3.3%	3.9%	1.3%	19.1%	5.3%	7.9%
REGIONAL	#	271	166	227	117	146	61	99	645	54	96	31	1,913
	%	14.2%	8.7%	11.9%	6.1%	7.6%	3.2%	5.2%	33.7%	2.8%	5.0%	1.6%	100.0%

Regional Perspective of Cluster Memberships of Youth with SED



Initiatives cont...

Consumer Involvement

Purpose: In 2004, Nebraska's State Legislature adopted LB 1083, the Nebraska Behavioral Health Services Act, which identified the following purposes:

- Ensure services are consumer focused.
- Create services that emphasize beneficial outcomes based on recovery principles.
- Ensure consumer involvement in all aspects of service planning and delivery.

How: An empowered consumer has opportunities to exercise "involvement" to the level they choose from active participation at the micro level of individual decision-making in their own care to more macro level involvement in service planning, evaluation, research, training, etc. Since 2007, a Consumer Specialist position has been funded in each Region to support and promote consumer involvement. In Region V, this includes support and coordination of a Consumer Family Coalition. Consumer Involvement coordination works to:

- Increase consumer and family involvement.
- Support the interests and development of consumers.
- Provide opportunities for consumers to learn leadership.

Consumer and Coalition Achievements in FY 12-13 were:

State of Nebraska Advisory Committee on Mental Health

- Phyllis McCaul, Region V Systems consumer specialist, was appointed by Governor Dave Heineman to be a member of this advisory committee.

Consumer/Family Coalition (CFC)

- Met monthly; average monthly attendance was 19 participants at CFC meetings.
- FY 13-14 Strategic and Work Plans completed focusing on coalition development and sustainability; promotion of recovery, consumer involvement and social inclusion; membership development; partnerships; and annual evaluation of the Strategic and Work Plans.
- Supported projects include: Problem Gambling Awareness, Education & Outreach; Community Resource Center; Awareness & Outreach on Co-Occurring Disorders and Promotion of the CFC; Book Club; Pathways to Recovery; Self-Advocacy Curriculum Development; and Living in Recovery.

Success, Hopes, and Dreams 2013

- Participated in planning of 3rd Annual Statewide Behavioral Health Conference.
- Sponsored scholarships to enable 98 consumers from Region V to attend the conference.
- Co-sponsored the conference's *Serenity Room*.

Wellness Recovery Action Plan (WRAP)

- Introduced consumers at the Crisis Center to WRAP (average 70 consumers/quarter).
- Three sustained WRAP groups in rural Region V.
- Trained 19 WRAP facilitators.
- Twelve participants completed WRAP facilitator refresher training.

Peer Support

- Through partnership with the Office of Consumers Affairs, 26 individuals received peer support and wellness specialist training.
- Provided monthly peer-to-peer coordination and support meetings for peers either employed or volunteering as a peer within Region V (28 peer specialists employed).

Initiatives cont...

Linking Individuals/Families in Need of Community Support (LINCS)

Purpose: In July 2009, Region V Systems, in collaboration with key community stakeholders, including the Lancaster County Attorney's Office, Lancaster County Human Services, Lancaster Youth Assessment Center, and Child Guidance Center, implemented **LINCS** (Linking Individuals/Families in Need of Community Supports). LINCS offers assessment, services, and supports to families that have acknowledged a need for assistance with their children who are demonstrating difficulties in their homes, schools, and communities. The voluntary process also responds to youth with serious/complex needs who are at risk of a juvenile court filing and becoming state wards by applying the wraparound approach, including prevention, intervention, and coordination designed to address the behavioral health needs of youth and their families. The **primary goal of LINCS** is to reduce formal juvenile justice and/or child welfare involvement while generating community support and service for the youth and their families.

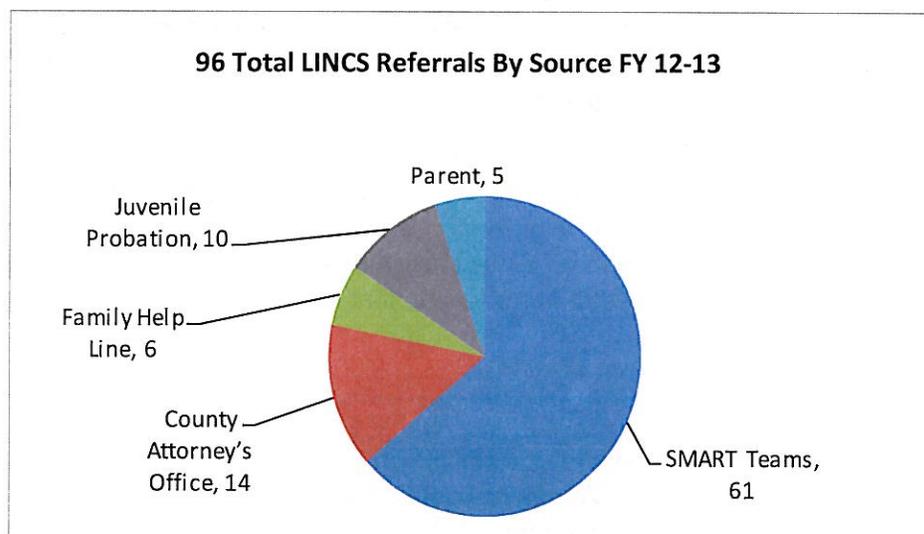
How: The process begins when families contact their local county attorney's office or the Lancaster County Youth Assessment Center and report their family is in need of services due to their child's high-risk behaviors.

Step 1: Families complete a comprehensive family and system assessment.

Step 2: Upon completion, the youth assessment clinician reviews the assessment recommendations with the family and assists the family with making connections to appropriate community resources.

Eligibility for the LINCS process includes:

- Youth who are referred by their local county attorney's office, Lincoln Public Schools' School Multi Agency Response Team (SMART), or the Nebraska Family Helpline.
- Youth who are between the ages of 7-18 years.
- Youth who are at risk for substance abuse, serious emotional disturbances, behaviors that would result in being removed from the home, and/or becoming involved in the juvenile justice and/or child welfare systems.



Initiatives cont...

Special Populations Project

Purpose: Develop comprehensive approaches to meet the needs of special population priority areas as they relate to behavioral health. Grants are awarded to initiate programs, organizations, and community coalitions to meet the needs of the special populations they serve.

How: Region V Systems awards grants to agencies/organizations/individuals that meet special populations in behavioral health criteria. The special populations are:

- Cultural competency
- Elderly
- Families with children with severe emotional disturbances
- Hearing impaired
- Race and ethnicity
- Women

Recipients of Special Populations Grants

In FY 12-13, Region V Systems awarded grants to the following:

- Cedars Youth Services, \$1,000
- Family Service Association, \$1,000
- Lancaster County Sheriff's Office, \$1,000
- Lutheran Family Services, \$1,000
- St. Elizabeth Foundation on behalf of ED Connections, \$1,000

Recovery Voucher Project

Purpose: Access to substance abuse treatment on a timely basis is paramount. When Region V's Network Providers are at their capacity for providing Intensive Outpatient and Short-Term Residential Treatment services, consumers are placed on a wait list. In an effort to decrease wait times for these services, Region V Systems contracts with providers outside of Region V's provider network through the Recovery Voucher Project.

Region V Systems' Recovery Voucher Project is a client-centered, community-based recovery pilot project designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' Network Capacity Waitlist.

How: The project supports participant choice and delivers funds through a voucher method of payment. The payment is equal to the amount that would have been paid to one of Region V's Network Providers. Treatment services covered under the voucher project are initially limited to Intensive Outpatient (ASAM Level II.1) and Short-Term Residential Treatment (ASAM Level III.5).

In FY 12-13:

Region V Systems contracted with one voucher provider, *Summit Care and Wellness*.

Vouchers were issued to 18 consumers.

The average wait time for substance abuse treatment services was 15 days.

Initiatives cont...

Let's Build Nebraska

Let's Build Nebraska is the result of a passion to find a sustainable way to provide capacity building for nonprofits. It builds upon efforts led by Region V Systems, ServeNebraska, and several other community stakeholders.



In 2007, Region V Systems was one of 17 organizations nationally to receive a \$1.5 million award from the U.S. Department of Health and Human Services, Compassion Capital Fund (Let's Build). Region V Systems then sub-awarded support to more than 65 nonprofits in southeast Nebraska. Grantees found the funding, training, and technical assistance to be highly valuable, but funding ended in 2010.

Seeing this value and need, Region V Systems brought together partners in the Lincoln area to find a way to continue the capacity building effort and sustain the initiative.

In 2008, one of the partners, ServeNebraska, launched a link-based Online Resource Library housed on its website with the same aim of increasing the capacity of nonprofit organizations. Staff leadership of ServeNebraska were pleased to take part in the discussions begun by Region V Systems and to incorporate the updating and expansion of its online Resource Library which served as the foundation for a **Let's Build Nebraska** website.

Purpose: Through collaboration with a number of partners and funding from Lancaster County and the Cooper Foundation, the **Let's Build Nebraska** portal was launched. A website was created, www.letsbuildnebraska.org; an exemplary source of resources and expertise for nonprofits. ServeNebraska hosts the site; a project coordinator manages the site and its related social media including Facebook and Twitter.

How: The www.letsbuildnebraska.org is maintained, featuring an extensive resource library on topics including starting a nonprofit, board development, governance, financial management, volunteer management, marketing, generating revenue, and more.

Subject matter experts who have proven success in helping nonprofits were recruited and are featured on the website to provide training, coaching, and/or mentoring services.

Links to webinars, online courses, and on-site training enhance the knowledge of nonprofit professionals, board members, and volunteers.

Although efforts began in southeast Nebraska, the site is a statewide resource. Let's Build Nebraska is a great step toward increasing the competency of nonprofit organizations. Visit www.letsbuildnebraska.org to find resources or sign up to be an expert resource.

Initiatives cont...

Culturally and Linguistically Appropriate Services (CLAS)

Purpose: Establish an organized and coordinated system to build support services that ensure culturally and linguistically appropriate services in the Region V geographic area. The outcome is improved behavioral health services in Region V for those consumers with culturally and linguistically specific needs.

How: Region V Systems hosts a CLAS Coalition that meets monthly to address cultural and linguistic issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

Region V Systems reimbursed Network Providers for interpreter services as follows:

Interpreter Reimbursement for Network Providers:

Associates in Counseling and Treatment, \$100
Blue Valley Behavioral Health, \$980
Community Mental Health Center of Lancaster County, \$10,788
Houses of Hope, \$60
Lutheran Family Services, \$855

In FY 12-13, Region V Systems awarded annual CLAS grants as follows:

Recipients of CLAS Grants:

Asian Community and Cultural Center, \$1,500
Electronic Behavioral Health Information Network (eBHIN), \$1,500
Lincoln ED Connections, \$1,500
Lincoln Housing Charities, \$1,500
Lincoln Literacy (with the Wellness Center PC and Affiliates), \$1,500
Lincoln Medical Education Partnership, \$1,035

Behavioral Health and Primary Care Integration

Purpose: Establish integrated behavioral health care and primary health care at People's Health Center (PHC).

How: Persons receiving behavioral health services from Region V Systems' providers have access to a medical home and primary health care services. Conversely, individuals receiving primary health services from PHC have access to behavioral health screening and referral to treatment.

During FY 12-13, 427 individuals accessed primary health care services at PHC. As a result, 56% went on to establish PHC as their medical home. A behavioral health specialist is located at PHC to assist physicians in identifying and addressing patients' behavioral health needs.

Initiatives cont...

Trauma-Informed Care Initiative

Purpose: To ensure that all Network Providers providing behavioral health services are:

- Informed about the effects of psychological trauma.
- Consistently screen for trauma symptoms and history of traumatic events.
- Provide ongoing assessment of trauma symptoms and problems related to trauma.
- Offer services that are recovery-oriented and trauma-sensitive.
- Understand that re-traumatization may occur if safe, effective, responsive services are not available.

How: Region V Systems facilitates a Trauma-Informed Workgroup comprised of consumers, Network Providers, Region V staff, and other community stakeholders who are responsible for planning, developing, and implementing strategies that promote and support a trauma-informed service delivery system within the Region V geographical area.

Efforts in FY 12-13 included:

- Educating and increasing awareness of trauma and its effects through the coordination and sponsorship of a trauma track and comfort room at the Statewide Behavioral Health Conference.
- Providing funding for further development and enhancement of trauma-specific services, within the Region V geographical area, including technical assistance to providers in implementation of Helping Men Recover.
- Providing Trauma 101 training and technical assistance to law enforcement and other community agencies as requested.
- Network Providers completed Trauma Informed Care self-assessments.

Region V also supports trauma initiatives of individual provider agencies with trauma-informed mini-grant funds. Awards included:

CenterPointe, \$3,000 To support Dialectical Behavior Therapy consultation in residential programs and implementation consultation for outpatient programming.

CenterPointe, \$3,000 To purchase self-soothing totes for persons while in treatment and to purchase treatment curriculums for gender-specific services.

Child Guidance Center, \$1,150 To purchase trauma-informed toolkits for children with significant trauma in the Extended Day Treatment program.

Child Guidance Center, \$3,000 To aide in the purchase and support of a therapy dog for animal-assisted therapy.

Houses of Hope, \$1,124 To purchase resource materials for clients that have experienced trauma.

Lutheran Family Services, \$3,000 To aid in training a therapist in Child Parent Psychotherapy (CPP) to work with young children who have witnessed domestic violence and experienced other trauma.

St. Monica's, \$3,000 To support yoga as an alternative therapy for treatment programs.

Summit Care and Wellness, \$2,408 To support development of a comfort room for its treatment facility.

Summit Care and Wellness, \$559 To support implementation of *16 Steps of Empowerment and Recovery* in programming.

Summit Care and Wellness, \$2,659 To support body movement as an alternative therapy for its treatment program.

This report was published in part by funds from the Nebraska Department of Health and Human Services.

Lancaster County Consumer Demographics

County of Residence : Lancaster		Unduplicated Count of Persons Served ►	3965	3839
		Total Admissions ►	3407	5798
	Demographic	Category	MH	SA
	Service Type	ACT	3	
		ACT Alt	81	
		Acute Psy Inpatient	8	
		Assess/Eval ONLY -SA		554
		AssessEvONLY Justice		1
		Assessment		25
		Assessment Addendum		20
		Ch Halfway House		1
		Ch Med Management	2	
		Ch O/P-MH	192	
		Ch O/P-SA		118
		Ch Prof Partners	311	
		Ch Short-Term Wrap	1	
		Ch Ther Comm		2
		Ch Yth AssessONLY-SA		2
		Community Support MH	830	
		Community Support SA		119
		CPC		3396
		Crisis AssessLADC/SA		138
		Crisis Stabiliz./Tx	2	
		Day Rehab - Full Day	131	
		Day Treatment - MH	91	
		Detox		505
		Dual Dis Res/MH	3	
		Dual Dis Res/SA		49
		Emergency Comm Supp	111	
		EPC	552	
		Family Therapy w/Clt		4
		Group Therapy		32
		Half-way House - SA		135
		ICS/ICM - MH	122	
		ICS/ICM - SA		81
		Int O/P - SA		165
		Int. Res - SA		82
		Medication Managment	3150	
		O/P Dual Dx	3	
	O/P-MH	2509		
	O/P-SA		772	
	OpioidRplace-MethBup		40	
	Post Com Trt Days/MH	75		
	Post Com Trt Days/SA		1	
	Psych Res Rehab - MH	21		
	Psych Respite	198		
	Recovery Support	307		

Lancaster County Consumer Demographics

	Secure Resident - MH	1	
	Short-term Res - SA		314
	Sub Acute	2	
	Supported Employment	94	
	Supported Living	48	
	Therapeutic Com - SA		48
Service Type Total		8848	6604
Sex	Female	4332	1932
	Male	4508	4667
	Unknown	8	
Sex Total		8848	6599
Race	Alaska Native	6	3
	American Indian	308	736
	Asian	95	64
	Black or African American	920	820
	Native Hawaiian	11	2
	Other Pacific Islander	43	81
	Unknown	80	21
	White	7385	4872
Race Total		8848	6599
Age	101-0 - 5 Years Of Age	16	
	102-6 - 10 Years Of Age	139	
	103-11 - 15 Years Of Age	179	58
	104-16 - 17 Years Of Age	56	81
	105-18 Years Of Age	54	94
	106-19 - 20 Years Of Age	399	345
	107-21 - 25 Years Of Age	984	1256
	108-26 - 44 Years Of Age	3916	2797
	109-45 - 64 Years Of Age	3009	1951
	110-65+ Years Of Age	96	17
Age Total		8848	6599
Employment Status at Admission	Active/Armed Forces(<35 Hrs)	4	2
	Active/Armed Forces(35+ Hrs)	3	5
	Disabled	1598	777
	Employed Full Time (35 hrs +)	916	1421
	Employed Part Time (<35 Hrs)	1065	801
	Homemaker	82	30
	Resident of Institution	17	61
	Retired	48	48
	Sheltered Workshop	11	
	Student	529	341
	Supported Employment	17	10
	Unemployed(Laid off/looking	2814	1363
	Unemployed/Not Seeking	1616	1729
	Unknown	99	6
Volunteer	29	5	
Employment Status at Admission Total		8848	6599

Lancaster County Consumer Demographics

Insurance Coverage	Child Welfare	4	
	HMO	97	15
	Indian Hlth Svc		1
	Medicaid	1449	934
	Medicare	736	112
	No Insurance	5674	4369
	Other Insurance	643	675
	Othr Direct Fed	1	1
	Othr Direct Sta	2	1
	PPO	62	91
	Priv.Self Paid	129	284
	Unknown	8	
	Veterans Admin	43	116
	Insurance Coverage Total		8848
Legal Status at Admissi	Civil Protective Custody (CPC)	37	3420
	Court Order	89	310
	Court: Competency Evaluation	1	
	Court: Juvenile Commitment	2	6
	Court: Juvenile Evaluation		2
	Court: Mentally disordered sex offender	2	
	Court: Presentence Evaluation	6	146
	Emergency Protective Custody (EPC)	608	145
	Juvenile High Risk Offender	2	
	MHB Commitment	552	93
	MHB Hold/Custody Warrant	82	7
	Not responsible by reason of insanity	28	3
	Parole	60	31
	Probation	61	153
	Probation due to Gambling	4	
	STATE WARD	3	6
	Voluntary	6827	2171
Voluntary by Guardian	484	106	
Legal Status at Admission Total		8848	6599
Reason for Admission	Dual Diag/Prim.MenHlth/Pri.S/A	2002	583
	Prim CG/Secondary MH	6	
	Prim CG/Secondary SA	1	2
	Prim.Mental Hlth/Secondary S/A	484	34
	Prim.Mental Retardation	4	
	Prim.S/A/Secondary Mental Hlth	80	145
	Prim.Sex Offender	159	
	Primary Mental Health	5650	256
	Primary Substance Abuse	395	5574
	Unknown	67	5
Reason for Admission Total		8848	6599
Diagnostic Categories	Adjustment Disorder	483	98
	Anxiety Disorder	984	75
	Child/Adolescent Disorder	237	12

Lancaster County Consumer Demographics

	Cognitive Disorder	21	3
	Deferred, Unspecif, Other	261	117
	Dissociative Disorder	4	2
	Eating Disorder	4	2
	Mood Disorder	4021	289
	Other Conditions	28	3
	Other Impulse-Control	33	4
	Personality Disorder	2	
	Schizophrenia & Psychosis	1618	89
	Sexual & Gender Identity	168	1
	Sleep Disorder	7	
	Substance-Related Disorder	908	5903
	Unidentified	69	1
	Diagnostic Categories Total	8848	6599

EXHIBIT

tabbles

B



RVS

2013 Annual Report

Region V Services

www.regionvservices.com

boards and committees

Staff Development

Shannon Dunekacke - Auburn
Anni Schaldecker - York/Seward
Bruce Cudly - Central Office
Cami Erb - L-3
Carol Cunningham - Central Office
Deb Brixus - Crete/Beatrice
Greg Hasselman - ServiceLinc
Nancy Fischer - L-2
Leon Schiermeyer - Central Office
Linda Plager - Nebraska City
Lisa Bahle - L-5
Richard Soule - L-4/Gretna
Susanne Nelson - Wahoo
Tammy Suey - Fairbury/Hebron
Mackenzie Derby - L-1
Todd Scholz - Central Office
Traci Ryba-Grant - David City/Columbus

Public Education and Information

Roni Gabel - Central Office
Sonia Kistner - Auburn
Joanne Nolting - Crete/Beatrice
Margo Hlavac - David City/Columbus
Johnita Patterson - Fairbury/Hebron
Dusty Hegwood - L1
Ann McNemar - L2
Tengorn Phaison - L3
Tina Luellen - L4/Gretna
Deb Barnhill - Nebraska City
Nancy Bates - ServiceLinc
Jes Ewers - Wahoo
Jennifer Anderson - York/Seward

The Dinner Dance host and hostess crew. A great team.



Personnel Advisory

Darcy Hinrichsen - Auburn
Lori Gottfried - Central Office
Diane Usher - Crete/Beatrice
Beth Hlavac - David City/Columbus
Jeanette Engelbrecht -
Fairbury/Hebron
Frank Bonsu - L3
Betty Finck - L4/Gretna
Ashley Hoffman - L5
Karen Ohnmacht - Nebraska City
Will Howsden - ServiceLinc
Carey Shanahan - Wahoo
Patsy Elliott - York/Seward

Governing Board

Greg Janak - Butler
Dennis Wittmann - Nemaha
Doris Karloff - Saunders
Jerry Galusha - Fillmore
Carol Crook - Otoe
Scott Stuhr - Seward
Dennis Byars - Gage
Janice Lang - Pawnee
Dean Krueger - Thayer
Brad Grummert - Jefferson
LeRoy Gerrard - Polk
Bill Bamesberger - York
Terry Keebler - Johnson
Jim Davidson - Richardson
Brent Smoyer - Lancaster
Janet Henning - Saline
Kevin Jeppson - RVS
Dave Merrill - RVS

Advisory

Susan Brown
Hazel Cummins
Terry Dittmer
Clarence Hupka
Courtney Kochner
Mary & Tim McAlpine
Beth Sposato
Gene Zitek
Donna Zidko
Leonard Glenn
Jay & Laura Gilbert

Our Mission Statement

The Mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

Our Vision Statement

Each Nebraskan with a developmental disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

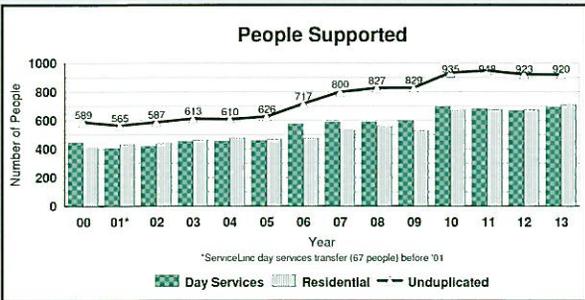
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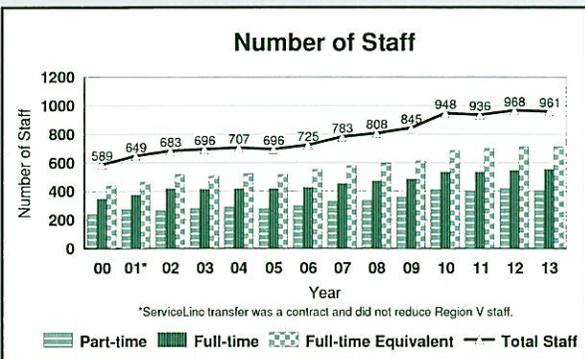
As we focus on Employment First, we need everyone to help identify potential jobs and to help make introductions. This is a challenging aspect of our work because it occurs in the turbulence of our economy and community.



Region V Services

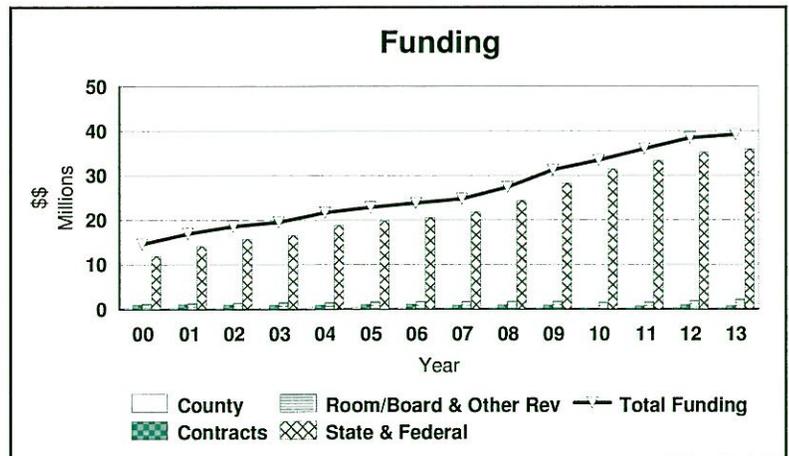


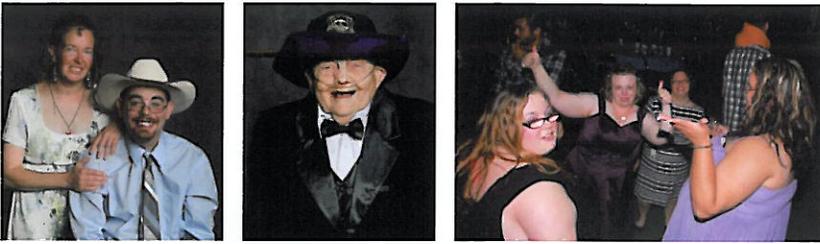
We have been somewhat level in the last few years, though some folks who received day supports may also be receiving residential supports through recent waiting list efforts.



Approximately 400 staff are part time.

The Navigant funding methodology will go into effect July 1st. We expect that the overall effect will be positive for Region V Services as an organization and most people we support.





The Annual Dinner Dance was held at Pershing Center for the last time.

The 2013 Spring Dance and Arts Festival was held at the Sesostris Shriners Banquet Hall.



We received 50 entries for our first T-shirt design contest. The 1st place design went to Aleaha Buranek of Seward.

Central Office

- Purchased copy machines for 17 locations. This will save \$125 thousand over a 5 year period vs leasing. It will also increase productivity for our employees and persons served.
- Switched to a self insured health plan which saved RVS 1 million dollars in the first year.
- BART 19 classes held
225 staff trained
- Outcomes 3 classes held
33 staff trained
- Orientation 12 classes held
389 staff trained
- Med Class 91 classes held
402 staff trained
- CPR Class 108 classes held
475 staff trained
- Spring Dance and Arts Festival 330 attended
- Annual Picnic at Pioneers Park was canceled due to heavy rain
- Annual Dinner Dance 650 people attended
- Balanced W2's and completed monthly payroll for 1,156 employees with over \$21,500,000 in gross pay.
- Dave Merrill visited 16 counties.



People First donation to Auburn Chamber of Commerce for the Earth Day Celebration.



Joel, Wade, and David enjoying their fishing trip in South Dakota.

Auburn (SENDS)



David enjoys the spa at our new 19th Street Location.



Sensory techniques in full swing!

Community Contributions

- People First donated over \$500 to community projects.
- People First and Job Club sponsored a food drive for the County.
- Retirement Club made 200 valentines for the Auburn Chamber of Commerce to give to the elderly
- Assisted with blood mobile on quarterly basis for 15 years.
- Delivered meals on wheels two months of the year.
- Travis, Rick, Blaise, Matt, Virginia, and Travis assisted Auburn Parks and Rec this summer.

Community Participation

- Individuals accessed the free big screen Nebraska football games offered by the Auburn movie theater this fall.
- Auburn Polar Plunge raised over \$3,000 for Special Olympics.
- Carlos joined a community bowling league in Falls City.
- Carlos celebrated his 30th Birthday with over 50 community friends in attendance.
- Auburn "High Rollers" bowling team placed second in state competition at the Special Olympics.

Personal Achievements

- SENDS celebrated 40 years in provider service with Andy Rinkleff as the guest speaker upon her retirement.
- Joel Pursey has been employed at Nemaha County Hospital for 5 years and Jim Musil has been employed at Shopko for 15 years.
- David Kelle has a greeting card website.
- Jason Scott received Falls City Jaycees "Distinguished Service Award".
- Joel Pursey and Wade Woerlen attended the Orange Bowl and had a picture taken with Bo Pelini.
- John Steele purchased a new car.
- Hollie Burgert traded her old car to purchase a new car.
- John Steele achieved his personal goal of saving enough money to attend the "Dukes of Hazzard" Festival.



Marsha (second from right) and her team "Marsha and the Incredibles" at the Juvenile Diabetes Research Foundation Walk at Holmes Lake Park in Lincoln, NE.



Jeremy is part of a cleaning crew for Emmanuel Lutheran Church in Beatrice.



Tammy attends a weekly aquacise class at the YMCA.

Crete/Beatrice

Agency Highlights:

- Twelve people were employed during the holidays by the Salvation Army.
- A new community work site was developed in Beatrice.
- Ten people enjoy memberships to the local YMCA in Beatrice.
- Completed a DHHS-DD certification review and received a two year certification.
- Several people are benefiting from the Sensory Processing Training.
- Several people attended the People First Convention in Kearney.
- A State sponsored Quality Review Team reviewed a residential setting in Crete. The Team complimented our services as each individual interviewed was very positive about their home, their friends and their daily choices.
- James and Rhonda traveled to Hawaii together for a vacation. Their picture is now featured in the Search Beyond Vacation Brochure.
- Several people participated in the "Making Strides against Breast Cancer Walk".
- People volunteered to help with quilting for the Orphan Grain Train sponsored by the Bethlehem Lutheran Church. They also help with processing canceled postage stamps which are turned back in by the church for monetary support.
- Crete DSC developed a computer lab.



Terri has much to smile about! She lives independently in her own apartment, has a full time job, is active in her church and she volunteers for a summer camp. A few of her favorite things include spending time with her boyfriend, horses, shopping and line dancing at the Pla Mor Ballroom.



Calvin lives independently in an apartment in Wilber. He attends church activities and especially enjoys riding his bicycle and attending community dinners and events. He has been employed at Crete Lumber for over 31 years and recently celebrated his 25th year as an employee of the City of Crete.



Jeannette is the ultimate Husker Fan! Mentioning the Nebraska Cornhuskers brings the biggest smile to her face! Jeannette enjoys wearing Husker clothing and shoes, and she absolutely LOVES her Husker decorated bedroom.



David City/Columbus

Make My Day Meaningful

That was a recent RVS T shirt slogan that our agency put into action. We want each person who receives our services to feel that their day has meaning. Our focus is for people to fully experience the community in which they live.

These community experiences are many and varied. The first goal is for employment. Those who want a job, we will help them find one. Some times that means seasonal work such as ringing bells for the Salvation Army or picking grapes for an area winery. It could mean accepting a volunteer opportunity. These are important steps towards making connections and having references.

To others, a meaningful day is working on fitness goals by going to the YMCA or Wellness Center or to the city auditorium to play basketball or walk indoors.

We offer a variety of day trips so people can experience other communities and events. This can be as simple as walking in the water or riding a boat at the lake, attending a local fund raiser or going on a Passport Nebraska adventure. At the end of the day, each person will reflect and say, my day had meaning.

Highlights:

- Several individuals have begun horse riding lessons.
- Many people enjoy music class and performing what they have learned.
- A sensory room was created.
- We were a Relay for Life Bronze sponsor.
- Joined the Butler County Sheriff's Department for the second year to organize and host the Stuff the Cruiser event.
- Several people are enrolled and taking classes at Central Community College in Columbus.
- All staff have S.M.A.R.T. goals to help enrich both their own lives and the lives of the people we support.
- The Columbus office moved into a larger, more visible location.





Mindi's hobby is to make purses using a loom.

Agency Goals:

- To identify and increase each person's social role valorization in their community
- Focus on Quality Outcomes
- Continue to provide supports to move people towards independent living
- To help find competitive employment matching jobs to their strengths and interests

Mindi Summers on the job at Fairbury High School. Mindi enjoys her job and the friendships that have developed from it.

Fairbury/Hebron

Mindi Summers is often looking for new opportunities to challenge herself. This year has been no exception. Currently she is very busy with three part time jobs. She works for the High School cafeteria, Pizza Hut and as needed at the Extension Office.

This year she decided she would like to learn to drive. She has a learner's permit and works with her staff driving around the quieter areas of town to log her driving hours. She practices for the written test using practice testing sites on the internet.

Besides her jobs, Mindi has become quite handy on her loom, making purses with yarn to give away and sell. Living in her own apartment she sometimes gets together with friends to watch movies or play games. She is a busy lady but continues looking for new experiences and challenges to conquer.

Highlights:

- Hebron DSC joined with County Extension office to collect and recycle batteries.
- Sponsored Team Phyllis for the Jefferson County Relay for Life.
- 24 people attended Nebraska Husker Football games, many for the first time.
- 8 people enjoyed trips to Minnesota, Branson, Texas and Kansas.
- Worked with the Commission for the Blind to bring in training, braille activities, cane travel and home services for two individuals.
- Expanded our Sensory Processing Team and began introducing sensory flow of the day for several individuals.



Vicki Peterson has been supported by her same staff, Phyllis Ebke, for over 30 years.



For the past three years, Calvin Adams, Jim Tejral and Bert Mishler have spent every Thursday delivering 60 - 70 backpacks filled with food for the weekend to students at three Fairbury schools.



Shelly shows hard work can be exciting and fun when you work at the new Pinnacle Bank Arena in Lincoln.



Jada recently got her first job working at McDonald's. She gets up at 5:00 am to get ready! She is so excited to go to work and is proud to wear her uniform.

Lincoln 1

Highlights:

A main focus of 2013 has been developing an Employment Plan to support our mission of being an Employment First Agency. Holly Foster has been hired as our Employment Consultant.

A big thanks to our employees for taking the extra time and even spending overnights to support people to nurture family connections. Several individuals were supported as they traveled to see family throughout Nebraska as well as Kansas, Missouri, Arizona, & South Dakota.

Our Extended Family Home option continues to grow. Extended family homes allow our agency to tailor services to provide an independent living environment, while still having supports in place when needed.

Several Individuals went on vacations, trips included: Las Vegas, Colorado, California, & Mahoney State Park, to name a few.

Andy enjoys his job at Parkview Lanes. He has been in this position for 17 years.



Lincoln 1 currently supports:

- 66 people who receive day supports
- 42 people who receive residential supports
- 84 people served (unduplicated)
 - 1 person who owns their own home
 - 6 people who rent their own apartment
 - 20 people who live with their family
 - 8 people who live with an Extended Family Home
 - 6 people who receive 24-hour residential supports
 - 12 people who are competitively employed

Agency Goal: To listen, communicate and take action to support people in living the meaningful life of their choice.

Lisa has been very busy getting involved in her new community since moving to Hickman several months ago. Lisa thought long and hard of the idea of trying something new and decided she would like to move into an Extended Family Home with a friend of the family, Kathy.

At first, the idea of moving into a new environment and a new town made Lisa a little nervous. It was important to Lisa's family that Lisa make the final decision. Lisa said she is very happy with her decision to move. She and Kathy keep active with many activities that include: volunteering at church, movies, shopping, cooking and trying out new diners. Lisa and Kathy get along very well and share a lot of fun and laughter. Lisa's next adventure is her search to find a job in the area.



Alex moved into his new Extended Family Home with Jerod and Samantha in October 2013. He has a wonderful new family to share his life with, a roommate, and for the first time ever he has two family members who are dogs! They are named Odie and Olive and they delight in the attention Alex gives them. Odie made sure he became a pal to Alex and they spend a lot of extra time together.

October was also the month that Alex started his new job at Culvers. He is learning all of the steps needed in order to complete his job in a positive way and be a great employee. He had to learn a new bus route. He has an amazing knowledge of the Star Tran bus service. He knows how to read the schedule, transfer, and access locations anywhere in Lincoln.

Alex says he enjoys his new job and especially feels good about doing his job well and making money. He is planning to save for a vacation.

Friendship Club and Special Olympics are activities that Alex is involved in. He participates in basketball, track and golf.

Alex also enjoys being involved in the many activities and celebrations with his family.

Alex is very happy and is living his dream of being independent, living with his family, and having a fulfilling life.

Lincoln 2



Katie moved in with Denny and Judy five years ago and began vocational services with Dawn in 2010. Since then Katie has gone from nearly daily aggressive behaviors to having a fulfilling and enriching quality of life.

Katie has established a sense of belonging where she is making her own choices throughout the day. Her days are filled with crafts, movies, family outings, shopping, eating out, running errands and learning new skills.

Katie's success is due to the consistency and patience of those who spend their days with her. Katie knows the expectations and that Judy, Denny, Dawn, and the EFH support staff are helping her. She has also responded exceptionally well to positive touch through Sensory Processing.

Everyone looks forward to watching Katie continue to learn, grow and enjoy her life.

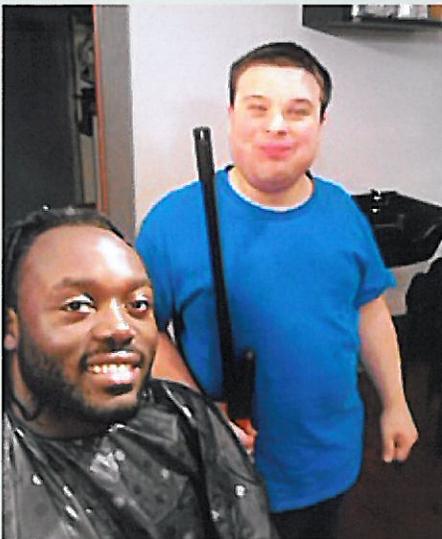


As a regular at a nearby fast food restaurant, Joe became friends with the manager. He looked forward to his regular visits with the manager as much as the meal. This relationship turned into a part-time job. Joe also found a friend at a nursing home where he regularly meets for conversation and to play dominos.

Lincoln 3



Josh has worked at Applebee's for 9 years. He has developed many relationships with his co-workers and customers who enjoy his friendly and positive personality. A recent customer came in for dinner and was greeted by Josh and was complimented on his Husker hat. During dinner, the customer realized the impact that Josh's friendly greeting had on his day. The customer told the owner of Osborne Family Enterprise about Josh and his great customer service. The customer, Eric, and the owner decided to give Josh a Husker cap and jersey. When the customer presented it to him, his admiration grew as Josh's excitement was priceless. But not once did Josh let a customer come or go without greeting them or saying goodbye.



Blake likes to work and he likes meeting new people. He works at a barber shop where plenty of sweeping is required and he visits with the customers. While there he has found a friend who happens to be a Nebraska Cornhusker football player. Through his relationship, several Huskers have stopped by the Plaza Connection Day Service Center to see Blake and the others there.



Amy has been a consistent and reliable volunteer for many years.



Cindy moved from her family home in May to an Extended Family Home. In October she moved into her own apartment near her job. Cindy had fun shopping for new furniture and decorations. She is proud of all she has accomplished this year.

Lincoln 4/Gretna

“Diversity Strengthens”
Agency Goal: To strengthen community through relationships of shared talents that engage diversity



Ardyce worked very hard to meet two important goals.
Goal #1: Lose 100 lbs. Done!
Goal #2: Ride a bike. Done!
We are all very proud of her great year!



Julie and Jordan explore the rail car during a visit to the Durham Museum.

Highlights:

- 2 people moved into their own apartments from assisted settings.
- Gretna services supports 21 people with many more requests.
- Several people were hired at competitive jobs.
- Several people participated in Special Olympics.
- 4 people purchased iPads and are enjoying the new technology.
- Several people found new volunteer positions including a church usher, at an animal shelter and local schools.
- Several people worked as Salvation Army bell ringers during the holidays.
- Joe began his own leather jewelry business and is advertising on the internet.
- Jolene has a rare Beatles poster collection.
- Several people went on vacations including taking cruises to the Bahamas and Jamaica.
- We continue to focus on sensory processing which is making a difference in the lives of multiple people we support.



To celebrate his 70th birthday, Ron invited his family and friends to a pizza party in the park.

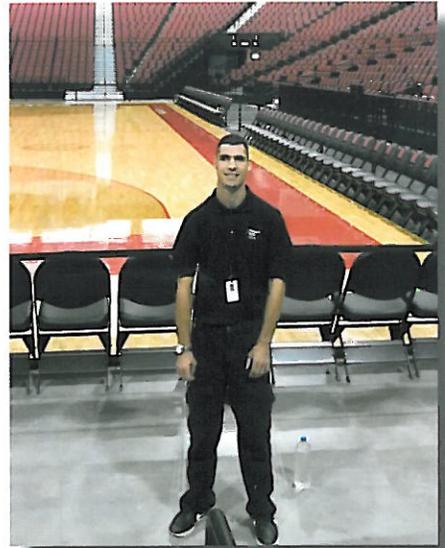
Lincoln 5

Highlights:

- We have integrated Sensory Processing at LEAP and into some of our residences and have found great success! We now have a full Sensory Processing Team and look forward to increasing the number of people who can have the sensory flow of day experience.
- Lori Hattan and her family have purchased a larger home. With two kids and her in-home daycare, the larger house allows for more room for everyone!
- Heather Snyder was recognized for her 5 year employment anniversary with Region V Services.



Tyler Andelt has been very interested in the construction during the expansion at LEAP. Hampton gave him a hardhat with his name on it and a construction vest so he would be "part of the crew" during his daily tours.



Brandon Covalt is happy to work around all the activity at the new Pinnacle Bank Arena.



Zach Kris is a proud member of the Sunshine Team cheer squad with Cheer Express.



Melissa Varga takes great pride in her work as a house cleaning service.

Nebraska City

*"The Inspiration" RVS Nebraska City
Providing Awesome and Amazing Experiences...
Enhancing "The Dash"
Displaying the Values of
Excellence! Pride! Integrity! Enthusiasm!!*



Deb Lukehart

When a language other than spoken English is your first language, communication can be very difficult. For Deb Lukehart, it was a definite challenge! With the assistance of Chris Potter, Crew member who is proficient in sign language, Deb has become more involved in her daily activities and sharing her likes and dislikes with others. The natural next step was to help her co-workers understand her language so she teaches **regular sign language classes**. Both people supported and staff members have been learning and are better able to communicate with Deb. During a recent class, Loren Stubbendeck also helped teach. Tim Lawton was recognized as "Most Improved".



Loren Stubbendeck and Deb Lukehart demonstrate signs during class.

Last summer, RVS-NC Administration began conversations with the Nebraska City Public Schools about their Transition Program for students aged 18-21. As a result, **Work Experiences** are being provided to four students in the program. Students go to a local business two or three times a week to learn about jobs available. After five to six weeks at one site, they rotate to the next. Nebraska City businesses involved in the project include Brown's Shoes, Fareway, Food Pride, The Fort, Lied Lodge & Conference Center and Valentino's. By having actual job experiences, the students will be better able to define their employment path at graduation.

Health and Wellness is important for everyone! In May, RVS began offering an Exercise Incentive for employees who exercise at least three times a week. Eighteen to twenty-one people participate regularly.

St. Mary's Community Health Center sponsored a grant for RVS-NC. Due to their efforts, RVS-NC received three stationary bikes and about \$500. Additionally, they sponsored three classes for people supported and employees – "Eating Healthy on a Budget". Overall, about 65 people attended.

As part of the Annual AppleJack festival, a 5 Mile Walk/Run was held. Nine crew members participated and completed all five miles!!

Highlights:

- Crystal recently purchased a house. She and her two daughters had a good time with decorating and are now living comfortably in their new home.
- Severe weather training for people supported and employees was offered by the Otoe County Office of Emergency Management.
- Sold 12,244 tool bags valued at \$208,787.
- A Southeast Community College student completed her practicum with RV-NC during the summer.
- Monthly Radio updates continue.

Agency Goals:

- Everyone who wants a job can find a job.
- Everyone supported has a quality of life equal to the people supporting them.
- Everyone supported is empowered and educated on advocating for themselves.
- Each individual's needs are approached with a sense of urgency.



ServiceLinc



Agency Highlights:

- Provide supports to 113 individuals.
- 64 are employed in the community.
- 45 receive supported residential.
- 43 people live in their own apartment.



The cooking class meets every Friday from 2:15 to 3:30, It's lead by individuals in services with supervision from staff. Each individual brings in a recipe that they would like to learn how to prepare. After the dish is prepared everyone gets to eat and take a copy of the recipe home.

Servicelinc also offers other classes throughout the week including Yoga, Math and Reading, Art, Spanish, and Computer.

Monday	Yoga: 4pm - 5pm
Tuesday	Math & Reading: 2:30pm - 3:30pm
Wednesday	Spanish: 12pm - 1pm Art & Journaling: 4pm - 5pm
Thursday	Yoga: 4pm - 5pm
Friday	Computer: 10am - 12pm Cooking: 2:30pm - 3:30pm



Jason Self is living the good life in Wahoo where he enjoys working, bowling and hanging out at home with his dog, Theo.

Hockey, bowling, Pizza Hut, ladies, "chilling out" . . . these are some of Jason Self's interests.

Jason is employed part time at Pizza Hut and enjoys working there, making money and the camaraderie of his fellow co-workers.

Jason enjoys "chilling out" at his home. He rents a small house in Wahoo where he lives by himself and his dog, Theo. He likes the fact that it is small because that means less housework! Living and working in Wahoo is also a good thing because his Mom lives in Wahoo and works at Region V Services.

Jason has dated a few ladies but is not serious with anyone in particular. Right now he prefers it that way. Someday, he says, that may change!

Two things Jason enjoys are hockey and bowling. His favorite hockey team is the Sioux City Musketeers, whom he has followed for over twenty years. A recent "cool" weekend involved a friend picking him up in Wahoo and driving together to Sioux Falls, S.D. to catch a match between the team from Sioux Falls and the Sioux City Musketeers. Jason is also a very accomplished bowler and regularly participates in Special Olympic bowling. In 2012 he was runner-up in the individual open competition and in 2013 he achieved his goal of being State Champion!

Jason, a transplant from Iowa, enjoys the "Good Life" in Nebraska!

Agency Goals:
 Identifying "Priority Outcomes"
 to focus on for each person.
 To provide supports which help people
 improve the quality of their lives

Wahoo

Agency Highlights:

- Individuals enjoyed vacations to Canada, Texas, Colorado, Illinois, South Dakota, Tennessee, to name a few.
- Julian and Jennifer celebrated their 38th wedding anniversary!
- The AKTION Club (sponsored by Kiwanis) completed various community service projects as community volunteers.
- Five students attended our Day Service program via school contracts with three individuals graduating from school in May and successfully transitioned toward future goals.
- Bernard celebrated his 89th birthday!
- Several folks attended the Governor's proclamation at the State Capitol and got their picture taken with the Governor.
- Brian moved from his father's farm to a group residence in Wahoo after graduating from High School.
- Members of the Wahoo Pin Pal's brought home several medals from the State Special Olympics bowling and Jason won the gold medal in individual competition.
- Chris started day services.
- Three staff are serving as our Sensory Processing team to enrich services for the people we support.
- Dawn is participating in a dance/exercise class at the Wahoo Civic Center and Doug takes dance lessons at Southeast Community College.

York/Seward



14 people experienced a fishing trip to Pawnee Lake.

Highlights:

- Renae initiated planning a bus trip to the George Strait concert.
- Zach was hired full time at Monsanto for the summer and was asked to come back for harvest.
- Michael purchased a new minivan.
- Zach graduated from McCool Junction High School.
- The ReVue was voted "Best Consignment Store" in York County.
- Derek purchased an iPad which is helping him communicate with others.
- Abby received a gold and a silver medal in Equestrian Events through Special Olympics.
- Ned, Abby and April moved into an awesome new home.
- Ross was hired by the Marble Museum.
- Brandon earned his green belt in Taekwondo.
- Lori earned an orange belt in Taekwondo.
- Sandra moved from an assisted living setting into her own apartment.
- John moved from an EFH into an apartment.
- Aleah created the winning design for a RVS t-shirt.
- Craig and Sharon got their 1st paying jobs.
- Welcomed Mara and Jaymee to RVS.
- Ned drove a horse team for the first time in 50 years.
- Todd took a vacation to Branson, MO with RVS, his 1st without his family.
- Hired a new Area Director, Medical Services Associate, Assistant Coordinator and Administrative Secretary.

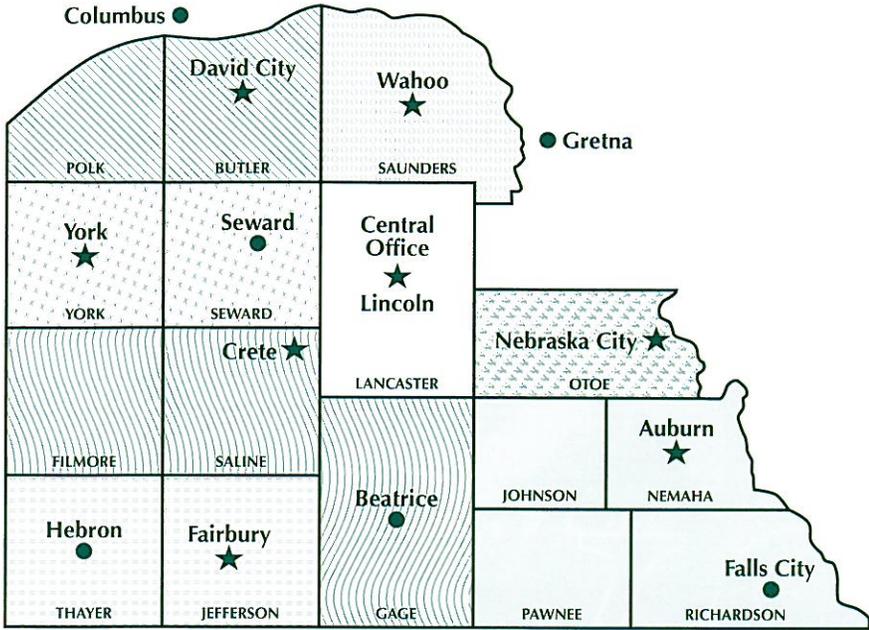
- 53 full time and 46 part time employees
- 21 people live in group homes
- 2 people private pay for their services
- 1 League of Human Dignity contract
- 16 people live with their families
- 17 people rent their own apartment/duplex/house
- 1 person owns her own home
- 3 people live in Extended Family Homes
- 31 people are competitively employed
- 3 people own their own business



Carol, Christine and Cassey moved into a newly renovated home.



Mara enjoying the Dinner Dance.



Region V Services service area.

- ★ Area Office
- Satellite Office

The Region V Foundation

Supporting people with developmental disabilities throughout the communities of southeast Nebraska by providing safe, reliable and affordable vehicles and housing.



Purchased a Day Program building in Columbus.

In 1994, the Region V Foundation, with a grant from the Nebraska Dept. of Roads, purchased four 15 passenger vans, each with an ADA wheelchair lift.



Purchased a house in Seward.

In 2013 the Foundation, with financial help from the ARC of Seward County, purchased a house in Seward.

- Foundation Board**
- Julianne Spatz
 - Dean Heermann
 - Larry Bohlken
 - Dave Merrill
 - Kevin Jeppson
 - Mike Shandera
 - Bob Kinghorn

To date, the Region V Foundation has purchased 41 houses/buildings in 12 communities.

The Region V Foundation was established in 1991

Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



Region V Services' Mission Guidelines

January 2008

Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

Our mission is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

Desired Training and Supports

We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



Promote interdependence and relationships within community

Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

We will identify valued social roles that reflect the individuals goals and desires. The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

We will respect each individual and expectations will be high.

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

We will provide each person with the experience of a meaningful day.

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

Lessen Reliance on Agency Services

All supports will emphasize the establishment of natural supports.

Natural Supports are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

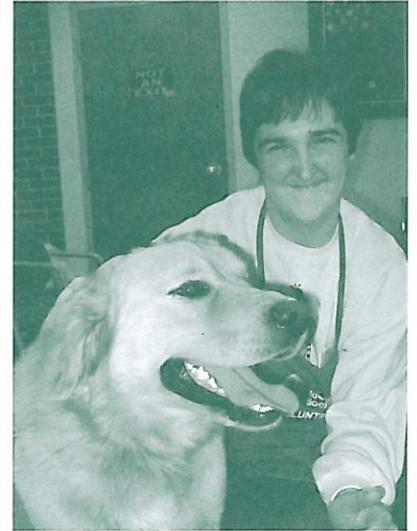


Valued Social Roles

Employee



Volunteer



Spouse



Consultant



Mother





College Student



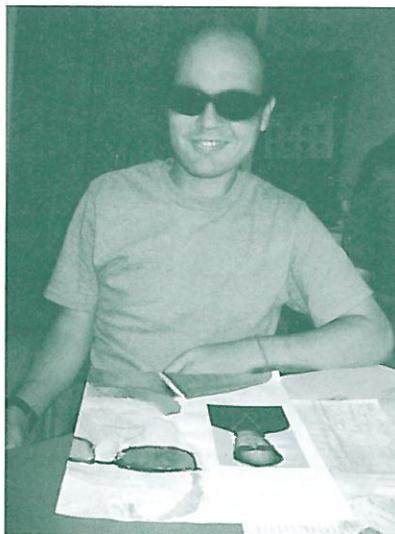
Homeowner



Board Member



Artist



Musician





Definitions and Acronyms

Personal Outcomes - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

Social Role Valorization - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

Acronyms/Organizations

AAIDD - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

ACP - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

Arc of Nebraska - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

DDD - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

HHSS - Health and Human Service System - State of Nebraska organization for human services.

NAS - Nebraska Advocacy Services - A federally mandated advocacy organization.

NASP - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

NPN - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

People First - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



Resources

Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org

Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com

For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestiles.com

Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services
1430 South Street, #203
Lincoln, Nebraska 68502
(402)471-6400
regvsl@ix.netcom.com
www.regionvservices.com



Notes

Region V Services

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-Serving individuals with developmental disabilities-

Locations: Auburn, Beatrice, Columbus, Crete, David City, Fairbury, Hebron, Lincoln, Nebraska City, Seward, Wahoo and York



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Memo to : Region V Services Governing Board, Advisory Committee,
all stakeholders
From : *Dave* Dave Merrill, Executive Director
Date : June 30.2014
Re : **JULY Director's Report**

The mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

Happy Fiscal New Year! The transition to a new funding system has been quite challenging, though with over 900 individuals involved it is to be expected. Area Directors and our Fiscal staff have worked hard to make things go as smoothly as possible and the next few months will give us a much better idea where we are.

County visits are almost complete, with Johnson County and Lancaster County remaining. The budget has been approved and we are awaiting the contract from the state for signature. The billing procedures for the new funding system will be included in the contract for this year.

The Region V Services picnic at Pioneers' Park was a great success with over 500 people in attendance. It was raining in Lincoln at 9:00 am but by 11:00 it had stopped and we enjoyed the cool weather for this event.

We congratulate Helen Grundmann on her retirement tomorrow. Helen has worked as a Personnel Specialist at Region V Services Central Office for 37 years! We wish her all the best in her retirement.

Serving individuals with developmental disabilities

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Financial Update

At the end of April our revenues had been \$32,924,677 and our expenses were \$32,874,099. Revenues exceeded expenses by \$50,578. April was a four week pay period and we recognize that May will be a five week pay period and that April and June are 30 day months. The impact of one day of service and revenue make a difference in an organization of our size. Nevertheless we do expect to finish the year in the black as long as health claims finish well.

The audits of Region V Services and the Region V Foundation are underway, with the largest part starting in September.

Management Training Continues

Our efforts to improve our supervisory training continued with half our management teams participating in training provided by SourceAmerica, (formerly NISH) on The Seven Habits of Highly Effective People. It was a good training and the rest of our management teams will go through the training on August 22nd. We had to reschedule one session because our trainer could not get here due to weather difficulties in Houston.

My goals for the rest of 2014. . .

1. Lead the process to replace Leon,
2. Develop and conduct staff and family surveys, in particular getting feedback for the Governing Board on my performance.
3. Work on finding alternatives for Central Office that provides adequate room for meetings and training.
4. Continue work on values for Region V management.

Page 3 is Work Life 101 used in orientation.

Page 4 is the calendar for July.

WORK LIFE 101

1. Life is not fair...
Fair is subjective to individuals.
We will do everything we can to make our work life fair from the most viewpoints.
2. Three Rules:
 - ✓ Commit...To this job and the people we support.
 - ✓ Be honest.
 - ✓ Treat others as they want to be treated. Share feedback with kindness and compassion.
3. Caring is a necessary but not sufficient aspect of our work.
4. Chain-of-command, while a military term, is about fixed points of responsibility and fairness.
5. Venting is only healthy if it releases pressure and you can move on – otherwise it's whining, getting reinforcement for negative energy.
6. Gossip is damaging to relationships. 5 cancerous "C's": Criticizing, Complaining, Comparing, Competing, and Contending.
7. We "choose" how we respond to situations.
Internal locus of control.
8. Fun – Never at someone else's expense.
9. We can't separate work and personal lives.
10. Trust – Must be reciprocal.
11. Can't use "that's not my job" to get out of work, need team effort.

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Johnson County 9:00 a.m.	2	3	4 OFFICE CLOSED INDEPENDENCE DAY	5
6	7 N-Focus Due	8 Lancaster County 10:30 a.m. Staff Development	9	10 BART 9:00 a.m.	11	12
13	14	15 Sensory Trainers 9:30 a.m.	16 Med Class	17 ARVAD 9:30 a.m.	18 Med Class	19
20	21 Foundation 12:00 p.m.	22 Fillmore County 9:15 a.m.	23 Orientation Cut-off Payroll Cut-off	24 EAC 9:30 a.m.	25	26
27	28 Orientation Day 1 9:30 a.m.	29	30	31 PAYDAY: 5 Week		