

MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
TUESDAY, JULY 3, 2012
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
9:30 A.M.

Advance public notice of the Board of Commissioners meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on June 29, 2012.

Commissioners present: Deb Schorr, Chair
Larry Hudkins, Vice Chair
Bernie Heier
Jane Raybould
Brent Smoyer

Others present: Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Brittany Behrens, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 9:32 a.m.

1) **MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, June 26, 2012.**

MOTION: Hudkins moved and Smoyer seconded approval of the minutes. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

2) **CLAIMS: Approval of all claims processed through Tuesday, July 3, 2012.**

MOTION: Heier moved and Raybould seconded approval of the claims. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

3) **SPECIAL PRESENTATIONS:**

A. **Lancaster County Visitors Improvement Fund grant to Spring Creek Prairie Audubon Center for the tallgrass prairie exhibits. (See 5A for correlating item.)**

Matt Harvey, Spring Creek Prairie Audubon Center Development Director, discussed the tallgrass prairie habitat and the exhibit funded by the grant. He distributed information (Exhibit A), noting the tourism generated by the Center.

B. **Region V Annual Report – Dave Merrill, Region V Services, and C. J. Johnson, Region V Systems.**

SPECIAL PRESENTATIONS CONTINUED:

Dave Merrill explained that Region V Services provides direct support to people with developmental disabilities. He distributed and discussed the 2011 annual report (Exhibit B).

C.J. Johnson explained Region V Systems is a management service organization that contracts with 12 different behavioral health providers for mental health and substance abuse in Southeast Nebraska. He distributed and discussed the annual report (Exhibit C).

4) **OLD BUSINESS:**

- A. **An agreement between Brenda Mueller and Lancaster County, on behalf of the Lancaster County Department of Community Corrections, to provide substance abuse treatment to participants in Pretrial Release and Adult Drug Court. The County shall pay \$25 per hour, not to exceed 25 hours per week, for the services provided. Term of the agreement is July 1, 2012, to June 30, 2013. (C-12-0350)**

MOTION: Hudkins moved and Raybould seconded approval of the agreement. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

5) **NEW BUSINESS:**

- A. **A Lancaster County Visitors Improvement Fund grant contract with Spring Creek Prairie Audubon Center in the amount of \$10,000 for the tallgrass prairie exhibits. (C-12-0385)**

MOTION: Raybould moved and Smoyer seconded approval of the contract. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- B. **An amusement license renewal application for Raymond United Methodist Church to hold a swap meet on Saturday, August 25, 2012, at 11505 N. 14th Street, Raymond.**

Lyle McKlem said the swap meet has been used as a fundraiser for the Raymond United Methodist Church the past two years. In response to Raybould's question, Jan Hauser said each vendor is responsible for sales tax. Hauser said she received a copy of an e-mail in which Terry Kathe, Building & Safety, states, "This property (11505 N. 14th Street) is within the 3 mile jurisdictional boundaries of the City of Lincoln. A swap meet (retail sales) is not an allowed use on Agricultural District zoned property." Hauser said the Church has already advertised the swap meet and noted there have been no problems at past meets. She said she owns the property where the swap meet is held and has a \$1,000,000 umbrella insurance policy besides the Church's normal insurance.

Brittany Behrens, Deputy County Attorney, said the original amusement license application was made in March 2010, and at that time, Building & Safety recommended denial because the event did not comply with the zoning of the property. She clarified that the zoning use issue is separate from the amusement license. There is some overlap of the County's jurisdiction and the City's three-mile jurisdiction, but it is within the authority of the Board to grant the amusement license.

NEW BUSINESS CONTINUED:

Hudkins asked who would respond if the event was found to be in violation. Behrens thought complaints would go through Building & Safety, and if a violation were found, it would be forwarded to the City Attorney's Office and investigated by the Lincoln Police Department.

Terry Kathe said the City does not have the same zoning regulations as the County for allowing these events. He felt the best option would be to update the rules under the City's jurisdiction. Smoyer questioned if the City could grant a waiver for land use in a special circumstance. Kathe said he was not familiar with a waiver process; the text may need to be changed to allow for a special use. Raybould questioned how to start the process for a text amendment change. Kathe said the request would be filed through the Planning Department who could assist with the process. Heier felt the County Board should be involved in the change. He recommended placing the item for discussion on the next Thursday's staff meeting agenda so the Board could give direction to Planning.

MOTION: Raybould moved and Hudkins seconded the amusement license. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- C. **Setting the salary of Morgan Smith, Deputy Lancaster County Attorney, at \$56,000 per year, effective June 29, 2012.**

Item was held.

- D. **Appointment of Valdeen Nelson to the Keno Human Services Prevention Fund Advisory Board to complete the unexpired term of Stacey Hauser, ending June 30, 2012, and to another term, expiring June 30, 2015.**

MOTION: Hudkins moved and Smoyer seconded approval of the appointment. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- E. **A resolution approving the Lancaster County Local Emergency Operations Plan. (R-12-0050)**

MOTION: Heier moved and Smoyer seconded approval of the resolution. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- F. **A recommendation from the Purchasing Agent and the County Engineer to award a contract to Anderson Ford for a 15,000 GVWR chassis cab truck at a total cost of \$28,987. (B-12-0030)**

MOTION: Heier moved and Hudkins seconded approval of the recommendation. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- G. **An engineering agreement with Iteris, Inc., in the amount of \$7,850 for a traffic study to analyze the intersection of S. 68th Street and Princeton Road. The cost of the traffic study will be split equally between the County and Norris Public School District 160 as per County Contract C-12-0248. (C-12-0363)**

MOTION: Hudkins moved and Smoyer seconded approval of the agreement. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- H. **A change order supplemental agreement to County Contract C-12-0145 with H.R. Bookstrom Construction, Inc., for an increase of \$1,300 to remove an old concrete box culvert. (C-12-0364)**

MOTION: Hudkins moved and Raybould seconded approval of the agreement. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- I. **An amendment to County Contract C-10-0066 with NCS Equipment, Inc., for the annual requirements of equipment and accessory rental. The amendment renews the agreement for an additional two-year term from March 3, 2012, to March 2, 2014. (C-12-0365)**

MOTION: Raybould moved and Hudkins seconded approval of the amendment. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- J. **An amendment to County Contract C-10-0067 with Murphy Tractor & Equipment Company, Inc., for the annual requirements of equipment and accessory rental. The amendment renews the agreement for an additional two-year term from March 3, 2012, to March 2, 2014. (C-12-0366)**

MOTION: Heier moved and Raybould seconded approval of the amendment. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- K. **An amendment to County Contract C-10-0068 with Hamilton Equipment Company for the annual requirements of equipment and accessory rental. The amendment renews the agreement for an additional two-year term from March 3, 2012, to March 2, 2014. (C-12-0367)**

MOTION: Hudkins moved and Raybould seconded approval of the amendment. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- L. **An amendment to County Contract C-11-0424 with Watts Electric Company for traffic signal construction. The amendment renews the contract for an additional one-year term from July 26, 2012, to July 25, 2013. (C-12-0368)**

MOTION: Hudkins moved and Raybould seconded approval of the amendment. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- M. **An amendment to County Contract C-11-0423 with ABC Electric Company, Inc., for traffic signal construction. The amendment renews the contract for an additional one-year term from July 26, 2012, to July 25, 2013. (C-12-0369)**

MOTION: Heier moved and Hudkins seconded approval of the amendment. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- N. **An amendment to County Contract C-11-0422 with Commonwealth Electric Company of the Midwest for traffic signal construction. The amendment renews the contract for an additional one-year term from July 26, 2012, to July 25, 2013. (C-12-0370)**

MOTION: Raybould moved and Hudkins seconded approval of the amendment. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- O. **An agreement with LeGrande Excavating, Inc., for snow and ice removal services from City of Lincoln and Lancaster County facilities. The County will pay for products and services according to the line item pricing as listed in the contractor's proposal. (C-12-0371)**

MOTION: Hudkins moved and Smoyer seconded approval of the agreement. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- P. **An agreement with Mr. Yards and More, LLC, for snow and ice removal services from City of Lincoln and Lancaster County facilities. The County will pay for products and services according to the line item pricing as listed in the contractor's proposal. (C-12-0372)**

MOTION: Raybould moved and Hudkins seconded approval of the agreement. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- Q. **A unit price contract between American Fence of Lincoln, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for fencing services. The County will pay for products and services according to the line item pricing as listed in the contractor's proposal. Term of the contract is four years from the date of execution by all parties. (C-12-0373)**

MOTION: Raybould moved and Hudkins seconded approval of the contract. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- R. **A unit price contract between John Henry's Plumbing, Heating & Air Conditioning, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for general plumbing services and services for pipe larger than two inches. Term of the contract is four years from the date of execution by all parties. (C-12-0374)**

MOTION: Hudkins moved and Raybould seconded approval of the contract. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- S. **A unit price contract between H&S Plumbing, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for general plumbing services and services for pipe larger than two inches. Term of the contract is four years from the date of execution by all parties. (C-12-0375)**

NEW BUSINESS CONTINUED:

MOTION: Heier moved and Raybould seconded approval of the contract. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- T. **A unit price contract between Bob and Don's Plumbing, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for general plumbing services and services for pipe larger than two inches. Term of the contract is four years from the date of execution by all parties. (C-12-0376)**

MOTION: Raybould moved and Hudkins seconded approval of the contract. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- U. **A unit price contract between H&S Plumbing, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for general plumbing services and services for pipe less than two inches. Term of the contract is four years from the date of execution by all parties. (C-12-0377)**

MOTION: Raybould moved and Smoyer seconded approval of the contract. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- V. **A unit price contract between Bob and Don's Plumbing, Lancaster County, the City of Lincoln and the Lincoln-Lancaster County Public Building Commission for general plumbing services and services for pipe less than two inches. Term of the contract is four years from the date of execution by all parties. (C-12-0378)**

MOTION: Hudkins moved and Raybould seconded approval of the contract. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- W. **An amendment to County Contract C-12-0176 with Decision One for the annual supply of microfilming supplies. The amendment provides for the addition of line item number 9 of the contractor's proposal. (C-12-0379)**

MOTION: Raybould moved and Heier seconded approval of the amendment. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- X. **An agreement with Clark Enersen Partners for engineering and architectural services for space planning for the new County courtroom and adjacent courtroom offices at the Lancaster County Hall of Justice. The County will pay up to \$43,000 for the services. The services included in the agreement will be completed by March 31, 2013. (C-12-0380)**

MOTION: Heier moved and Smoyer seconded approval of the agreement. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- Y. **An agreement with Trans-Alarm for security system monitoring services at the Lancaster County Department of Motor Vehicles. The County will pay \$23 per month for the services provided. Term of the agreement is one year from the date of execution. (C-12-0381)**

MOTION: Raybould moved and Hudkins seconded approval of the agreement. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- Z. **A memorandum of understanding between the City of Lincoln and Lancaster County concerning the sublease of voice over internet protocol (VOIP) equipment from the City to the County. (C-12-0359)**

MOTION: Raybould moved and Smoyer seconded approval of the memorandum of understanding. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- AA. **A contract between Mary Angela Apthorpe, MA, LADC, PLMHP, and Lancaster County, on behalf of the Lancaster County Mental Health Center, for certified alcohol and drug abuse counselor services. The services will be provided at the rate of \$25 per hour for up to 20 hours per week. Term of the contract is from date of execution to June 30, 2013. (C-12-0382)**

MOTION: Raybould moved and Heier seconded approval of the contract. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- BB. **A grant contract with Regional Behavioral Health Authority in the amount of \$93,072 to provide funding for the Lancaster Alcohol Abuse Prevention Partnership. Term of the grant contract is April 1, 2012, to September 30, 2012. (C-12-0383)**

MOTION: Hudkins moved and Raybould seconded approval of the contract. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- CC. **A grant contract with Regional Behavioral Health Authority in the amount of \$73,233 to provide funding for project management of the Federal Drug Free Communities Support Program. Term of the grant contract is April 1, 2012, to September 30, 2012. (C-12-0384)**

MOTION: Raybould moved and Heier seconded approval of the contract. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- DD. **An agreement with BryanLGH Medical Center, on behalf of its Independence Center, for non-physician substance abuse treatment services for adolescents placed in the Lancaster County Juvenile Drug Court. The County will pay up to \$16,000 for the services. Term of the agreement is July 1, 2012, to June 30, 2013. (C-12-0360)**

MOTION: Raybould moved and Hudkins seconded approval of the agreement. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

NEW BUSINESS CONTINUED:

- EE. **An agreement with Cedars Youth Services for tracker services for adolescents placed in the Lancaster County Juvenile Drug Court. The County will pay up to \$25,000 for the services. Term of the agreement is July 1, 2012, to June 30, 2013. (C-12-0361)**

MOTION: Hudkins moved and Smoyer seconded approval of the agreement. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- FF. **An agreement with Associated Pathologists of Nebraska to provide specialized medical care and assistance to Lancaster County General Assistance clients who have pending claims with the Social Security Administration and may be eligible for retroactive Medicaid benefits. The agreement sets forth a reimbursement arrangement in which the County will provide payment for the medical care and Associated Pathologists of Nebraska will reimburse the County if/when the General Assistance client is later determined eligible for Medicaid reimbursement. The agreement is effective upon execution of both parties and contains a 30-day termination provision. (C-12-0362)**

MOTION: Raybould moved and Hudkins seconded approval of the agreement. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- GG. **A personal property tax refund request for 2010, 2011 and 2012 from Century Towing.**

Scott Gaines, Deputy County Assessor/Register of Deeds, recommended approval of the 2011 refund request as it was reported by both the lessee and lessor. He said 2010 was only reported by the lessee, and it would be verified that it is only reported once for 2012.

MOTION: Heier moved and Raybould seconded approval of the refund request for 2011. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- HH. **A real estate tax refund request for 2011 from J.B. Bastani.**

Rob Ogden, Deputy County Assessor/Register of Deeds, said the property erroneously showed a home site value on a vacant piece of agricultural land. He recommended adjusting the value from \$147,600 to \$37,600. Hudkins confirmed with Ogden that there had never been a home on the site and it was simply a clerical error.

MOTION: Hudkins moved and Raybould seconded approval of the refund request based on the County Assessor's recommendation. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

- II. **A political subdivision tort claim filed against Lancaster County Corrections by Terrance Willcoxon for lost and damaged property in the amount of \$7.**

MOTION: Heier moved and Raybould seconded denial of the tort claim based on the department director's recommendation. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

- 6) **CONSENT ITEMS:** *These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:*
- A. **A stockpile agreement between the County Engineer and Anthony Renze in the amount of \$2,100. (C-12-0386)**
 - B. **A leasehold contract between the County Engineer and Greg Mach, S. 120th Street north of Martell Road, in the amount of \$10; Project CP-U-70. (C-12-0387)**
 - C. **Right-of-way contracts between the County Engineer and the following:**
 - 1. **Loyd Tiedeman Revocable Trust, S. 38th Street south of Panama, in the amount of \$865; Project CP-X-22. (C-12-0388)**
 - 2. **Kyle and Carey Helmink, S. 110th Street south of Pella Road, as a donation; Project CP-Y-5. (C-12-0389)**
 - 3. **Curtis Greg and Julie Raymond, S. 82nd Street between Roca Road and Saltillo Road, in the amount of \$14,153; Project C55-S-404(4). (C-12-0390) (C-12-0391) (C-12-0392)**
 - D. **Setting of a joint County-City public hearing on Tuesday, July 17, at 1:00 p.m., in Room 112 on the first floor of the County-City Building, regarding the appeal of County Special Permit 12015 and City Special Permit 12016 for a recreational facility on property split in jurisdiction, generally located at SW 29th Street and W. Wittstruck Road.**

MOTION: Hudkins moved and Smoyer seconded approval of the consent items. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- 7) **PUBLIC COMMENT:** Those wishing to speak on items relating to County business not on the agenda may do so at this time.

No one appeared for public comment.

8) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, July 5, 2012, at 8:30 a.m., in Room 113 on the first floor of the County-City Building.**
- B. **The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, July 10, 2012, at 9:30 a.m., in Room 112 on the first floor of the County-City Building.**
- C. **The County Commissioners can be reached at 402-441-7447 or commish@lancaster.ne.gov.**

ANNOUNCEMENTS CONTINUED:

- D. The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesday and Saturday on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on Nebraska On Demand Time Warner Channel 411 and on the internet at lancaster.ne.gov. Click on 5 City-TV Video on Demand.

9) **ADJOURNMENT**

MOTION: Heier moved and Smoyer seconded to adjourn the Board of Commissioners meeting at 10:42 a.m. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

Dan Nolte

Dan Nolte
Lancaster County Clerk



**MINUTES
LANCASTER COUNTY BOARD OF EQUALIZATION
TUESDAY, JUNE 26, 2012
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
IMMEDIATELY FOLLOWING THE LANCASTER COUNTY
BOARD OF COMMISSIONERS MEETING**

Advance public notice of the Board of Equalization meeting was posted on the County-City Building bulletin board and the Lancaster County, Nebraska, web site and emailed to the media on June 29, 2012.

Commissioners present: Deb Schorr, Chair
Larry Hudkins, Vice Chair
Bernie Heier
Jane Raybould
Brent Smoyer

Others present: Scott Gaines, Deputy County Assessor/Register of Deeds
Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Brittany Behrens, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 10:42 a.m.

- 1) **MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, June 19, 2012.**

MOTION: Smoyer moved and Raybould seconded approval of the minutes. Hudkins, Raybould, Heier, Smoyer and Schorr voted aye. Motion carried 5-0.

- 2) **ADDITIONS AND DEDUCTIONS TO THE TAX ASSESSMENT ROLLS (See attached additions and deductions)**

MOTION: Heier moved and Smoyer seconded approval of the additions and deductions. Raybould, Heier, Smoyer, Hudkins and Schorr voted aye. Motion carried 5-0.

- 3) **MOTOR VEHICLE TAX EXEMPTION APPLICATIONS:**

**Calvary Cemetery & Mausoleum
Christian Retirement Homes, d/b/a Eastmont Towers
Lincoln Christian School**

MOTION: Raybould moved and Hudkins seconded approval of the motor vehicle tax exemption applications. Heier, Smoyer, Hudkins, Raybould and Schorr voted aye. Motion carried 5-0.

4) **ADJOURNMENT**

MOTION: Raybould moved and Smoyer seconded to adjourn the Board of Equalization meeting at 10:44 a.m. Smoyer, Hudkins, Raybould, Heier and Schorr voted aye. Motion carried 5-0.

Dan Nolte

Dan Nolte
Lancaster County Clerk



Audubon NEBRASKA

Why is
clean water
important?



AMERICAN AVOCET
© Josef Kren
josefkrenphotography.com



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... because people and birds depend on it!

EVERY DROP IS PRECIOUS

- Healthy water ecosystems are critical to the strength of Nebraska's economy
- 1.7 million people and 450 bird species rely on clean water in Nebraska

YOU MAKE A DIFFERENCE

Help Aveda and Audubon keep Nebraska's water healthy for birds and people. Please support Aveda's Earth Month.

Over 33% of Nebraska's wetlands and 98% of Nebraska's tallgrass prairies have disappeared. Your support will go directly to helping make sure we protect what is left at these great Audubon centers. Visit them – connect to nature.

AUDUBON CENTERS

Spring Creek Prairie Audubon Center
springcreekprairie.org
11700 SW 100th Street, Denton NE 68339

Rowe Sanctuary and the Iain Nicolson Audubon Center
rowesanctuary.org
44450 Elm Island Road, Gibbon NE 68840

 **Audubon** NEBRASKA
nebraska.audubon.org

AVEDA
aveda.com



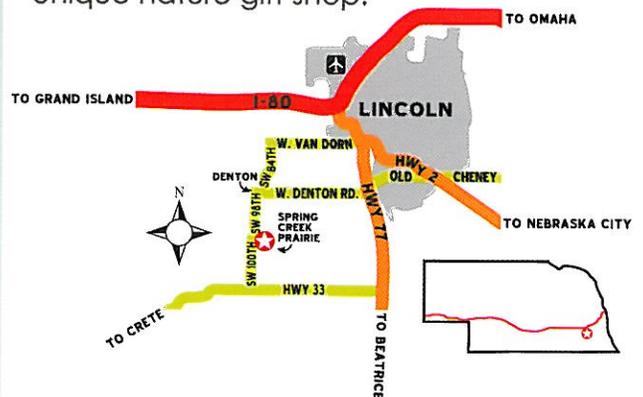
Spring Creek Prairie is an 808-acre gem located just outside Lincoln, Nebraska's capital city.

Miles of walking trails to explore native tallgrass prairie, wetlands, and riparian woodlands.

Trail ruts from the Nebraska City - Ft. Kearny Cutoff; listed on the National Register of Historic Places.

Barrier-free trails available.

Unique nature gift shop.



Tuesdays are FREE!

Mon - Fri 9am - 5pm
Sat - Sun 1pm - 5pm



Admission charged
Closed major holidays

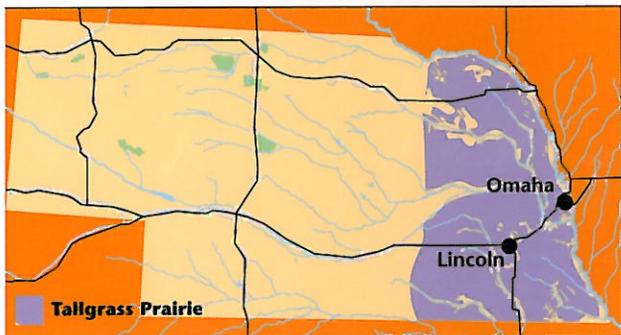


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Printed on Recycled Paper 

AREA MAP



Our beautiful tallgrass prairie once covered millions of acres of central North America. Thousands of species of plants and animals, such as big bluestem, greater prairie chicken, and regal fritillary are part of this dynamic ecosystem. When healthy, this system also includes the natural processes of fire and grazing. The tallgrass prairie is now the most threatened ecosystem in North America, with less than 2% remaining. Grassland birds are declining faster than any other group of birds. It is extremely important for the future that we work now to conserve and restore what remains of our natural heritage. Please contact one of the organizations below to find out how you can visit a prairie or become involved in this effort.



A POCKET NATURALIST® GUIDE

NEBRASKA TALLGRASS PRAIRIE – AN INTRODUCTION TO SPECIES OF THE GREAT PLAINS

NEBRASKA TALLGRASS PRAIRIE

AN INTRODUCTION TO SPECIES OF THE GREAT PLAINS



American Badger



Big Bluestem



Greater Prairie-Chicken



Narrow-leaf Purple Coneflower



Regal Fritillary

GRASSES



Big Bluestem
Andropogon gerardii
To 7 ft. (2.1 m)
3-part seed head looks like a turkey's foot.



Little Bluestem
Schizachyrium scoparium
To 5 ft. (1.5 m)
Leaves turn blue-green or red-brown at maturity.



Indian Grass
Sorghastrum nutans
To 8 ft. (2.4 m)



Switchgrass
Panicum virgatum
To 8 ft. (2.4 m)



Canada Wild-Rye
Elymus canadensis
To 4 ft. (1.2 m)



Porcupine Grass
Stipa spartea
To 7 ft. (2.1 m)
Note long bristles.



Sideoats Grama
Bouteloua curtipendula
To 3 ft. (90 cm)
Slender grass has a zig-zag-shaped stalk.



Prairie Junegrass
Koeleria macrantha
To 2 ft. (60 cm)

TREES & SHRUBS



Smooth Sumac
Rhus glabra To 20 ft. (6 m)
Clusters of white flowers are succeeded by 'hairy' red fruits. Bark is gray and smooth.



Bur Oak
Quercus macrocarpa
To 80 ft. (24 m)
Leaves have 5-9 lobes and are widest above the middle. The acorn cup is fringed.



New Jersey Tea
Ceanothus americanus
To 4 ft. (1.2 m)
Some American Indians dried and used the leaves for tea.



Eastern Cottonwood
Populus deltoides To 100 ft. (30 m)
Leaves are up to 7 in. (18 cm) long. Flowers are succeeded by capsules containing seeds with cottony 'tails'



Most illustrations show the adult male in breeding coloration. Colors and markings may be duller or absent during different seasons. The measurements denote the average maximum length of most animals from nose/bill to tail tip and average height of plants. Butterfly measurements refer to wingspan. Illustrations are not to scale.

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WILDFLOWERS



Eastern Whorled Milkweed
Asclepias verticillata
To 3 ft. (90 cm)



Prairie Larkspur
Delphinium virescens
To 4 ft. (1.2 m)



Daisy Fleabane
Erigeron strigosus
To 5 ft. (1.5 m)
Flowers are white to greenish.



Round-headed Bush-Clover
Lespedeza capitata
To 5 ft. (1.5 m)



Plains Wild Indigo
Baptisia bracteata
To 16 in. (40 cm)



Compass-Plant
Silphium laciniatum
To 12 ft. (3.6 m)
The plant's leaves tend to orient in a north-south direction.



Prairie Goldenrod
Solidago missouriensis
To 2 ft. (60 cm)



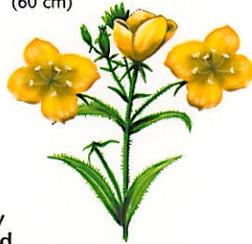
Stiff Sunflower
Helianthus pauciflorus
To 7 ft. (2.1 m)



Prairie Ragwort
Scenio plattensis
To 12 in. (30 cm)



Butterfly Milkweed
Asclepias tuberosa
To 3 ft. (90 cm)
Orange flowers are star-shaped.



Common Evening Primrose
Oenothera biennis
To 5 ft. (1.5 m)
Lemon-scented, 4-petaled flowers bloom in the evening.



Black-eyed Susan
Rudbeckia hirta
To 3 ft. (90 cm)
Flower has a dark, conical central disk.



Large-flowered Gaura
Gaura longiflora
To 7 ft. (2.1 m)



Wild-Bergamot
Manarda fistulosa
To 4 ft. (1.2 m)



Prairie Rose
Rosa arkansana
To 2 ft. (60 cm)



Rough Gayfeather
Liatris aspera
To 4 ft. (1.2 m)



Prairie Gayfeather
Liatris pycnostachya
To 5 ft. (1.5 m)



Purple Poppy-Mallow
Callirhoe involucrata
To 22 in. (55 cm)



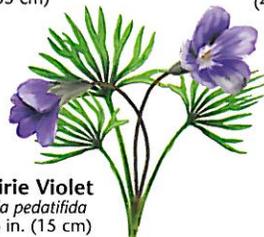
Purple Prairie Clover
Dalea purpurea
To 3 ft. (90 cm)



Great Blue Lobelia
Lobelia siphilitica
To 4 ft. (1.2 m)



Narrow-leaf Purple Coneflower
Echinacea angustifolia
To 30 in. (75 cm)



Prairie Violet
Viola pedatifida
To 6 in. (15 cm)



Tall Thistle
Cirsium allissimum
To 8 ft. (2.4 m)



Ground-Plum
Astragalus crassicaepus
Stems to 16 in. (40 cm) long

WILDFLOWERS



Silverleaf Scurf-Pea
Pediomelum argophyllum
To 2 ft. (60 cm)



Downy Gentian
Gentiana puberulenta
To 7 ft. (2.1 m)



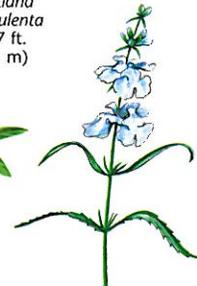
Common Vervain
Verbena hastata
To 6 ft. (1.8 m)



Cobaea Penstemon
Penstemon cobaea
To 2 ft. (60 cm)



Prairie-Turnip
Pediomelum esculentum
To 8 in. (20 cm)



Pitcher's Sage
Salvia azurea
To 5 ft. (1.5 m)



Blue-eyed Grass
Sisyrinchium campestre
To 12 in. (30 cm)



Wild Petunia
Ruellia humilis
To 32 in. (80 cm)
Trumpet-shaped flowers close in the evening.



Ohio Spiderwort
Tradescantia ohioensis
To 3 ft. (90 cm)
Flowers bloom in small clusters at base of leaves.



Leadplant
Amorpha canescens
To 3 ft. (90 cm)
Grayish shrub has spikes of purplish flowers.



Sullivant's Milkweed
Asclepias sullivantii
To 3 ft. (90 cm)



Baldwin's Ironweed
Vernonia baldwinii
To 5 ft. (1.5 m)
Flowers are thistle-like.

BIRDS



Great Blue Heron
Ardea herodias
To 4.5 ft. (1.4 m)



Great Egret
Ardea alba
To 38 in. (95 cm)
Note yellow bill and black feet.



Turkey Vulture
Cathartes aura
To 32 in. (80 cm)
Note red head.



Red-tailed Hawk
Buteo jamaicensis
To 25 in. (63 cm)



Northern Harrier
Circus cyaneus
To 22 in. (55 cm)
Note V-shaped flight profile and white rump.



American Kestrel
Falco sparverius
To 12 in. (30 cm)



Short-eared Owl
Asio flammeus
To 17 in. (43 cm)
Call is a high, raspy barking.



Greater Prairie-Chicken
Tympanuchus cupido
To 18 in. (45 cm)



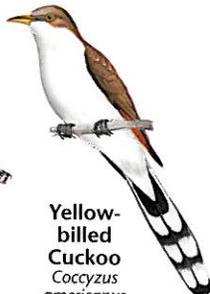
Northern Bobwhite
Colinus virginianus
To 12 in. (30 cm)



Killdeer
Charadrius vociferus
To 12 in. (30 cm)
Note two breast bands.



Upland Sandpiper
Bartramia longicauda
To 12 in. (30 cm)
Note small head and long tail.



Yellow-billed Cuckoo
Coccyzus americanus
To 14 in. (35 cm)

BIRDS



Ruby-throated Hummingbird
Archilochus colubris
To 3.5 in. (9 cm)



Northern Flicker
Colaptes auratus
To 13 in. (33 cm)
Wing and tail linings are yellow.



Red-headed Woodpecker
Melanerpes erythrocephalus
To 10 in. (25 cm)



Western Kingbird
Tyrannus verticalis
To 8 in. (20 cm)
Note yellowish belly and square-tipped tail.



Loggerhead Shrike
Lanius ludovicianus
To 9 in. (23 cm)
Note hooked bill and black mask.



Eastern Kingbird
Tyrannus tyrannus
To 8 in. (20 cm)
Note broad white tail band.



Barn Swallow
Hirundo rustica
To 8 in. (20 cm)
Note deeply forked tail.



Sedge Wren
Cistothorus platensis
To 4.5 in. (11 cm)
Note white stripes on back and white eyebrow stripe.



Horned Lark
Eremophila alpestris
To 8 in. (20 cm)

Northern Rough-winged Swallow
Stelgidopteryx serripennis
To 6 in. (15 cm)
Note dusky throat.



Eastern Bluebird
Sialia sialis
To 7 in. (18 cm)



Gray Catbird
Dumetella carolinensis
To 9 in. (23 cm)
Repetitive call of variable sounds is interspersed with cat-like mew notes.

BIRDS



Brown Thrasher
Toxostoma rufum
To 12 in. (30 cm)



Common Yellowthroat
Geothlypis trichas
To 5 in. (13 cm)



Yellow Warbler
Dendroica petechia
To 5 in. (13 cm)



Grasshopper Sparrow
Ammodramus savaannarum
To 5 in. (13 cm)
Chunky, buff-colored sparrow has a short tail.



Dickcissel
Spiza americana
To 7 in. (18 cm)
Note black throat, yellow eyebrow and thick bill.



Field Sparrow
Spizella pusilla
To 5 in. (13 cm)
Note pinkish bill.



Bobolink
Dolichonyx oryzivorus
To 8 in. (20 cm)



Brown-headed Cowbird
Molothrus ater
To 7 in. (18 cm)



Western Meadowlark
Sturnella neglecta
To 9 in. (23 cm)



Red-winged Blackbird
Agelaius phoeniceus
To 9 in. (23 cm)
Song is a gurgling - konk-la-reee - followed by a trill.



American Goldfinch
Carduelis tristis
To 5 in. (13 cm)



Baltimore Oriole
Icterus galbula
To 8 in. (20 cm)
Black and orange bird has a full black cap.

BUTTERFLIES



Great Spangled Fritillary
Speyeria cybele
To 3 in. (8 cm)



Monarch
Danaus plexippus
To 4 in. (10 cm)



Regal Fritillary
Speyeria idalia
To 3.75 in. (9.2 cm)



Red Admiral
Vanessa atalanta
To 2.5 in. (6 cm)



Mourning Cloak
Nymphalis antiopa
To 3.5 in. (9 cm)



Orange Sulphur
Colias eurytheme
To 2.5 in. (6 cm)



Eastern Tailed-Blue
Everes coryntas
To 1 in. (3 cm)

OTHER INSECTS



Giant Grassland Cicada
Tibicen dorsata
To 1.5 in. (4 cm)



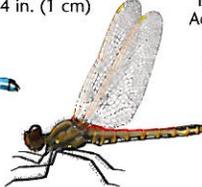
Goldenrod Crab Spider
Misumena vatia
To .4 in. (1 cm)



White-lined Sphinx
Hyles lineata
To 3.5 in. (9 cm)
Active at all hours, it hovers like a hummingbird.



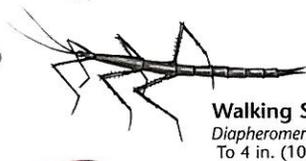
Azure Bluet
Enallagma aspersum
To 1.3 in. (3.6 cm)



Variegated Meadowhawk
Sympetrum corruptum
To 1.5 in. (4 cm)



Green Darner
Anax junius
To 3 in. (8 cm)
Has a bright green thorax and a blue body.



Walking Stick
Diaperomera velii
To 4 in. (10 cm)



Red-legged Grasshopper
Melanoplus femur-rubrum
To 1.75 in. (4.5 cm)

FISHES



Topeka Shiner
Notropis topeka To 3 in. (8 cm)



Johnny Darter
Etheostoma nigrum
To 2.5 in. (6 cm)

REPTILES & AMPHIBIANS



American Toad
Bufo americanus
To 4.5 in. (11 cm)
Call is a high musical trill lasting up to 30 seconds.



Western Chorus Frog
Pseudacris triseriata
To 1.5 in. (4 cm)
Call sounds like running a thumbnail over the teeth of a comb.



Bullfrog
Rana catesbeiana
To 8 in. (20 cm)
Call is a deep-pitched –jug-o-rum.



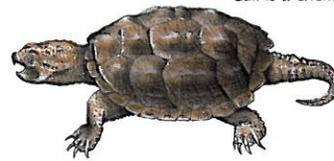
Plains Leopard Frog
Rana blairi
To 4.5 in. (11 cm)



Northern Cricket Frog
Acris crepitans To 1.5 in. (4 cm)
Call is a cricket-like clicking.



Western Gray Tree Frog
Hyla chrysoscelis
To 2.5 in. (6 cm)



Snapping Turtle
Chelydra serpentina To 18 in. (45 cm)
Note knobby shell and long tail.



Painted Turtle
Chrysemys picta To 10 in. (25 cm)
Note red marks on outer edge of shell.



Red-sided Garter Snake
Thamnophis sirtalis parietalis
To 4 ft. (1.2 m)
Note red-orange bars on sides.



Bullsnae
Pituophis catenifer
To 8 ft. (2.4 m)



Plains Garter Snake
Thamnophis radix
To 40 in. (1 m)



Prairie Kingsnake
Lampropeltis calligaster
To 52 in. (1.3 m)



Massasauga
Sistrurus catenatus To 40 in. (1 m)
Note rounded, dark blotches and light line extending back from eye.

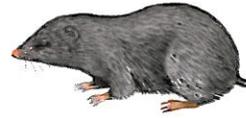
MAMMALS



Eastern Cottontail
Sylvilagus floridanus
To 18 in. (45 cm)



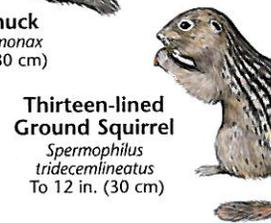
Woodchuck
Marmota monax
To 32 in. (80 cm)



Northern Short-tailed Shrew
Blarina brevicauda
To 5 in. (13 cm)
Note pointed nose.



Prairie Vole
Microtus ochrogaster
To 7 in. (18 cm)



Thirteen-lined Ground Squirrel
Spermophilus tridecemlineatus
To 12 in. (30 cm)



Common Muskrat
Ondatra zibethicus
To 2 ft. (60 cm)
Aquatic rodent has a naked tail that is flattened on its sides.



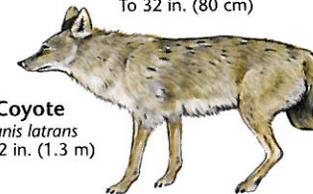
Plains Pocket Gopher
Geomys bursarius
To 14 in. (35 cm)



Striped Skunk
Mephitis mephitis
To 32 in. (80 cm)



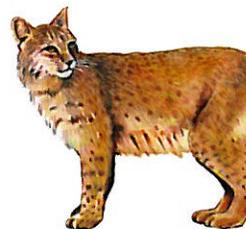
American Badger
Taxidea taxus
To 35 in. (88 cm)



Coyote
Canis latrans
To 52 in. (1.3 m)



White-tailed Deer
Odocoileus virginianus
To 7 ft. (2.1 m)



Bobcat
Lynx rufus
To 4 ft. (1.2 m)



The Prairie Sage

Spring/Summer 2012

Mission: Spring Creek Prairie Audubon Center fosters the understanding, appreciation, and conservation of Nebraska's tallgrass prairie ecosystem by engaging people in the site's natural and cultural resources.

DOWN, SET, HIKE!



National Trails Day®
"America's Largest
TRAILgating Party"
Saturday, June 2
8:30 a.m. - 12:00 p.m.

On Saturday, June 2, come out to Spring Creek Prairie and celebrate National Trails Day® by taking a hike on the many trails that wind through our beautiful native grasslands. Lots of wildflowers will be in bloom, bird migration will be in full flight, frogs and turtles will be out, and the peaceful surroundings can re-energize anyone's spirit. There will be no admission fee, giveaways for the first 300 participants, Discovery Backpacks that will be available for check out, and other activities.

In keeping with the day's theme, "America's Largest TRAILgating Party," tailgating — preparing food at a sports event — will be allowed in the grassy area just east of the visitor center. Vehicles can be parked at the site. If tailgating is not your thing, just use our picnic tables to enjoy a homemade lunch, or have a picnic out on the prairie. No food will be available for purchase, but bottled water will be for sale.



This is the first year Nebraska will have an event coordinated with National Trails Day. So put on those hiking shoes, pack up some food, and join us June 2. (Photo by Rex Peterson.)

PONCA CIRCLE OF YOUTH SUMMER CAMP

Prairie Wetland Restoration and Community Art Project

Spring Creek Prairie Audubon Center is partnering with the Ponca Tribe of Nebraska to create a week-long tallgrass prairie camp experience at Spring Creek Prairie for children fourth through ninth grades who are in the Ponca Circle of Youth program. The camp will run June 18-21 and will have two overnight campouts.

The youth will have opportunities to explore prairie, woodland, and wetland habitats, enjoying their own personal experiences in the outdoors. Ponca cultural activities will be included each day to further help these young people make important connections between the land and their cultural history. And a cooperative art project will be completed and displayed in the visitor center at the prairie and at the Ponca Tribe headquarters.

The week will culminate with the youth clearing, by hand, one acre of wetland habitat that is being overgrown by willow trees. The harvested willows will then be used to create a living willow wildlife viewing blind. This project will both improve wetland habitat for birds and other wildlife and will provide materials for a blind from which wild creatures can be observed.

Later this summer, Spring Creek Prairie and the Ponca Tribe along with the Ponca Circle of Youth camp participants will host a celebration of the public grand opening of the willow blind and the display of the youth's art work in the center's Grand Prairie Hall.



If you would like to receive *The Prairie Sage* by e-mail to save energy and printing costs, notify us at scp@audubon.org or call 402/797-2301.

FROM THE DIRECTOR

Dear Prairie Supporters:

How often these days do we have the chance to sit in absolute silence and allow tranquility to take us over? If you are like me, daily life is crammed full with the distractions and stresses of children, work, bills, traffic, laundry, bills, relatives, diets, and more bills. It's enough to make even Cool Hand Luke curl up in a ball and whimper like a distressed puppy.

Recently, I had one of these cherished moments where I felt like I was the only person on Earth. (By the way, isn't the planet supposed to turn to mush on December 22 according to the Mayan calendar? Add this to the list of things to worry about!). On a sunny, February afternoon I took a walk on the trails here at Spring Creek Prairie. My intention was to get a little exercise and enjoy the nearly 12 inches of snow that fell the days before. I hiked to the top of a hill, guided by tracks left by earlier visitors who couldn't wait to enjoy this gift left by Old Man Winter. From this perch, I saw a good chunk of southwest Lancaster County, including Lincoln's tallest landmarks. It was at that time I decided to have "A Quiet Minute" as Deb Hauswald, our Education Coordinator, calls it. I closed my eyes and let the soft, southerly winds carry my stresses away. No thinking, no worrying, just being. It was in those 60 seconds of stillness that I felt empty. Not without meaning or feeling, rather empty in the "new-bag-in-the-trash-can" sort of way. Without the garbage and odor that burdens us every day. Refreshed!

The walk down was different than the ascent. My pace was much slower. I stopped to admire the crystals that glistened on the bluestem grasses protruding through the snow cover.

While crossing a dam, the sound of water falling from the overflow made me stop and take notice. If I would have closed my eyes again, I could have imagined being in a different location at a different time...summer in Colorado, along a mountain stream. The insects, birds, and mammals that inhabit the area must enjoy dozing off to sleep to this music.

As I reached the visitor center, a warm energy came over me. Maybe the sun and exercise contributed, but I think most of this vigor derived from the time I spent in silence up on the hill. If I had the choice of buying stock in Monster Energy Drink or Mother Nature, I would purchase 100 shares of Spring Creek Prairie!

We all require these moments of rejuvenation. Spring Creek Prairie offers a refuge to escape from the stresses that make us lose sleep, gain weight, or (in my case) both. I invite each of you to visit and spend a Quiet Minute in the tallgrass. For a time, you will feel energized and forget all about the bills. Four dollars for a gallon of gas! Are you kidding me?



Looking for a Place to Host an Event?

Remember Spring Creek Prairie when planning business meetings, wedding and anniversary receptions, and other get-togethers. Go to our Web site for more information or call us for rental prices and availability.

www.springcreekprairie.org



NEEDS LIST

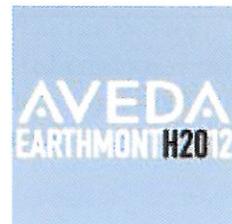
Pick-up truck
All-terrain vehicle
Copy machine
Chain saw chaps and helmet
Manually powered radio
Cordless vacuum
Gift cards from local businesses that sell sporting goods, home improvement items, arts and crafts, office supplies, etc.

ULTIMATE WISH LIST

\$5 million endowment
Barrier-free improved trails
Bridge to complete trail network
Funding to complete exhibit project

Thank You!

- **Bryan and Sue Block** for their Groundhog Day promotion at Lincoln's Joyo Theater. Proceeds were donated to Spring Creek Prairie.
- **Tom Bouse** for his gift of wine.
- **Dick Gray** for his donation of a book for our library and two framed photos.
- **Deb Hauswald** for donating a refrigerator and an extension ladder.
- **Josef Kren** for beautiful bird and plant photos.
- **Public Health Solutions District Health Department** of Crete for education supplies.
- **Nebraska's Aveda Salons** for working to raise funds and awareness for clean water issues. Aveda's support in Nebraska goes to Spring Creek Prairie and Rowe Sanctuary. We value our partnership, now in its third year!



Upcoming Events

June

Invasive Plant Species Round-Up - Help staff and volunteers rid our prairie of musk thistles and other non-native plants on **Saturday, June 9**, from **8:30-12:00 noon**. All materials will be provided, but you are welcome to bring extra gloves, shovels, and trash bags.

July

Nebraska Moth Night - Come explore the amazing diversity of moths at Nebraska Moth Night on **Friday, July 27**, beginning at **7:00 p.m.** at Spring Creek Prairie. Hosted by the University of Nebraska-Lincoln Insect Science Club, the evening will focus on the wide range of moths that can be found in the state.



There will be multiple interactive, family-friendly activities that will focus on the identification of common moth families and how to attract them, all while illustrating their role in our environment. After dark, various stations will be set up where experts will attract and identify moths. A donation of \$5/family is suggested.

September

Twilight on the Tallgrass - Our annual autumn prairie festival will take place on **Saturday, September 15**, from **5:00-10:00 p.m.** Trails will be open that evening for people to interact with biologists, researchers, artists, authors, and other personnel who derive inspiration and expertise from the prairie. Details will be forthcoming in our next newsletter and on our Web site.

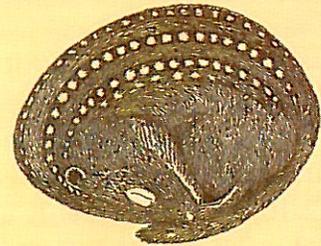
Tastes in the Tallgrass - Our annual dinner fund-raiser is planned for **Sunday, September 23**, beginning at **4:00 p.m.** Come enjoy the beautiful autumn landscape and help us support the prairie as we enjoy live music, wine, and a delicious meal (photo of previous dinner at right). Wonderful art, nature getaways, and lots of other items will be available for raffle and auction. Details will be in the next newsletter and on our Web site.



October

Harvest of Traditions - The Nebraska Folklife Network will have their annual "Harvest of Traditions" celebration again at Spring Creek Prairie on **Sunday, October 7**. This year's event will celebrate the region's Latino heritage. For information, visit the Network's Web site, <http://nebraskafolklife.org/>, or call 402/420-5442.

A Prairie's Not Scary



Written and illustrated by
Paul A. Johnsgard

New Johnsgard Book to Benefit Spring Creek Prairie

Paul Johnsgard has written and illustrated a new book titled *A Prairie's Not Scary*. It is a children's book with poems highlighting a variety of plants and animals one finds in a prairie, along with interesting facts and delightful drawings about these species.

The book can be purchased in our gift shop and at www.lulu.com; all proceeds will support conservation and education programs at Spring Creek Prairie.

We can't thank Paul enough for what he has done for the habitats of Nebraska and the wildlife that depend on them.



Find us on
Facebook

FOLLOW US ON 

www.springcreekprairie.org



PROGRAMS

To register, e-mail scp@audubon.org or call 402/797-2301. Children under 12 must be accompanied by an adult. Class sizes limited. Payment collected on day of program. Checks and credit cards accepted.

WEEKEND WILDFLOWER WALK

Sunday, June 3

3:30-4:30 p.m.

As part of Nebraska Wildflower Week, June 2-10, an afternoon walk will be led by botanist Kay Kottas. This is a wonderful opportunity to see native plants up close and also to get ideas on how their uses in home landscaping projects.



\$6/adult, \$4/children 12 and under. Appropriate for ages 8 and older. Children must be accompanied by an adult.

BIRD WALK AND BRUNCH

Saturday, June 16

8:30-11:30 a.m.

Explore the pond, prairie, and woodland habitats in search of those beautiful spring birds. After the walk, enjoy a light brunch and conversation. Extra binoculars and field guides will be provided.

\$15/person. Children must be accompanied by an adult. Register by June 14.

FIREFLY PICNIC

Saturdays, June 23 & July 7

7:30-9:30 p.m.

Pack a "light" snack and bring a blanket to sit on and enjoy a beautiful prairie sunset during a warm summer's evening. Later, explore the trails to discover the magic of firefly habits and habitats.

\$6/adult-child team. Extra team members \$2 each. This program is specially designed for children 3 through 8 years accompanied by an adult. Sign up for either evening session by June 22.

PRAIRIE BIRD WALK

Saturday, June 30

8:00-10:00 a.m.

Birders from all over the region have made SCPAC a must-see destination to observe grassland birds. We'll venture out into the prairie in hopes of seeing such species as the upland sandpiper, Henslow's sparrow, field sparrow, and bobolink.

\$6/person. Children must be accompanied by an adult.

NABA BUTTERFLY COUNT

Saturday, July 14

9:00 a.m.-12:30 p.m.

This 37th annual butterfly count sponsored by the North American Butterfly Association will begin with an hour-long slide show at Pioneers Park Nature Center. From there groups will disperse with leaders to the three count areas. No need to be an expert, an experienced person will accompany each group.



\$5/adults \$2/child under 12. To register, call Pioneers Park Nature Center, 402/441-7895, before July 13.

NATURE NIGHTWATCH

Saturday, August 11

9:00 p.m.-12:00 midnight

Venture out into Spring Creek Prairie's special habitats and await nighttime visitors. We'll use techniques to attract insects and try-out a special underwater light to see what's going on in the pond.

\$10/adult, \$7/children 12 and under. Recommended for children at least 8 years old. Children must be accompanied by an adult.

www.springcreekprairie.org



Crete Prairie Club Busy Even in Winter

So far in 2012, Crete Prairie Club members have visited Spring Creek Prairie four times, taking part in a winter nature walk, counting birds for the Great Backyard Bird Count, creating ephemeral nature art, and planting wildflower and grass seeds they collected last fall (photo below by Adrian Olivera). Habitat Manager Ben Mullarkey showed members how to clean and plant such seeds as dotted blazing star and purple prairie-clover.

With several months still on the calendar for the year-long Prairie Club, there are still many activities scheduled. The conservation project continues with an aquatic planting (May 26) and a prairie planting (June 9). And, on July 28, the club will host a community prairie event.

Members will be welcoming family and friends to share what they know and love about tallgrass prairie.

Thanks to the many volunteers who helped make these sessions possible: **Aprill Bodlak, Echo Easton, Brad Elder, Ann and Jeff Hagaman, Linda Kalbach, Barb Kuzma, Ramesh Laungani, Alicia Mullarkey, Jane Reinkordt, Ruth Stearns, and Pat Wikel.**



Citizens of the Crete community are welcome to join in the activities, either as a club member or an occasional volunteer. Contact Ruth Lionberger at rlionberger@audubon.org or 402/797-2301.



Volunteer Discovery Leaders Needed

Are you an energetic individual with a passion for tallgrass prairie? Are you interested in sharing that passion with people of all ages? Then we need you!

Teachers from Lincoln and surrounding communities have found our Center to be an exciting destination to support their classroom studies, and thousands of students have had eye-opening adventures. To help guide these students in their prairie adventures, we need volunteer Discovery Leaders to help facilitate our popular hands-on programs. No formal teaching experience is necessary. A training session is planned for **Saturday, August 4, 8:30 a.m.-12:30 p.m.**

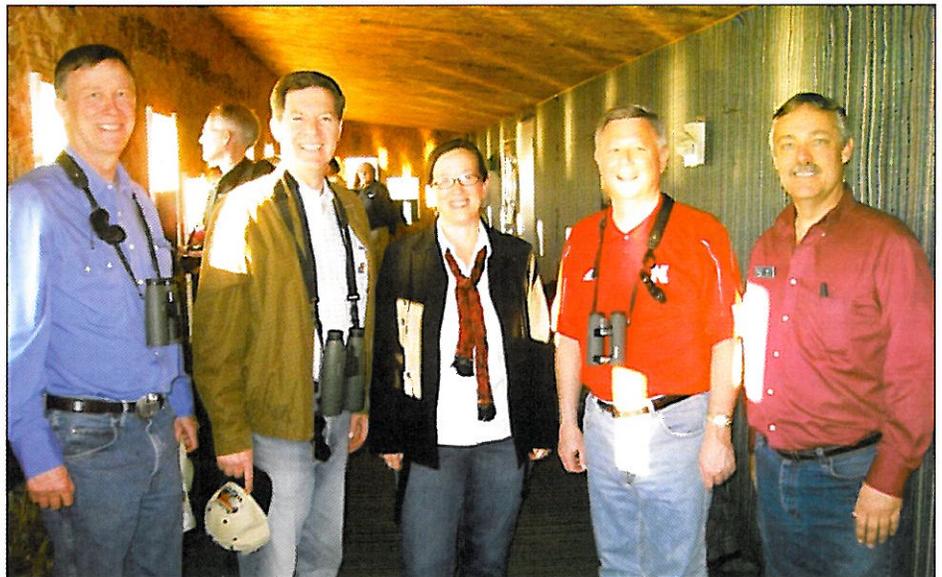
For more information, contact Deb Hauswald, Education Coordinator, dhauswald@audubon.org.

Successful Prairie Burns

Ben Mullarkey, SCP's habitat manager, and many volunteers conducted three prescribed prairie burns in March and April, two in native areas and one in a restored piece, totaling 185 acres.

The invasive brome grass had already begun greening up, so the fires' purpose was to suppress the brome's growth as well as the trees invading the prairie, while at the same time encouraging the native plants that will come later.

We thank all of our volunteers who helped out with the burns and made them safe and effective.



From left: Gov. John Hickenlooper of Colorado; Gov. Sam Brownback of Kansas; Marian Langan, Exec. Dir. Audubon Nebraska; Gov. Dave Heineman of Nebraska; and Bill Taddicken, Dir. of Iain Nicolson Audubon Center at Rowe Sanctuary, enjoying the sandhill crane migration from Audubon's viewing blinds on the Platte River.

Spring Creek Prairie Audubon Center Donors

Please consider joining these generous donors to ensure the survival of this special prairie. You can help. Thank you for being part of our mission!

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\$10,000 and above

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The **Tallgrass Prairie Society** is a group of individual contributors whose generous annual support of \$500 or more honors our natural and cultural prairie history. We are grateful for their vision and their gifts. We hope that you will consider joining them. You can help make tallgrass prairie not only our history, but our legacy.

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\$5,000-\$9,999

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Katherine and Richard Endacott
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*Gifts received from December 14,
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The support and recognition of all our donors is important to us. Space limitations require gift recognition to begin at the \$35 membership level. Please let us know of any missing names so corrections can be made in the next issue.

We are also grateful to the following for in-kind and non-cash gifts:

A to Z Printing
Keith Larsen, Lincoln 55+
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Admission/Membership

Daily Admission

SCPAC Members	FREE
Adults	\$4
Seniors (60+)	\$3
Students	\$3
Ages 6-17	\$3
Ages 5 and under	FREE
Tuesdays	FREE

National Audubon Society members receive \$1 off admission.

Membership Levels

\$35 - Individual \$60 - Family

- SCPAC members receive:
- Unlimited free admission to education building.
 - Unlimited access to walking trails.
 - 10% off gift shop purchases.
 - Invites to special programs/events.

Member levels include a one-year membership to National Audubon Society and a full year of *Audubon* magazine.

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Please support our conservation work with a bequest in your will, or naming Spring Creek Prairie Audubon Center as a beneficiary of your retirement plan assets.

We suggest the following wording: "I bequeath \$_____ (or _____% of my residuary estate) to Spring Creek Prairie Audubon Center, a program of the National Audubon Society, a not-for-profit environmental conservation organization, with its principal offices located in New York, NY."

FOR MORE INFORMATION, PLEASE CONTACT:
Spring Creek Prairie Audubon Center at scp@audubon.org or call Matt Harvey, Development Director, 402/797-2301.

Discover Nebraska's Grass Roots

12-11

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Individual (\$35) _____ Family (\$60) _____ Date: _____

I want to support the conservation and education programs at Spring Creek Prairie Audubon Center with an additional donation of:

\$500 _____ \$250 _____ \$100 _____ \$50 _____ \$20 _____

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- I do not want my name to be acknowledged in print materials.
 I do not want the National Audubon Society to add my name to its membership list it sends to carefully selected organizations whose mailings I might find of interest.

Send completed form to Spring Creek Prairie, PO Box 117, Denton, NE 68339



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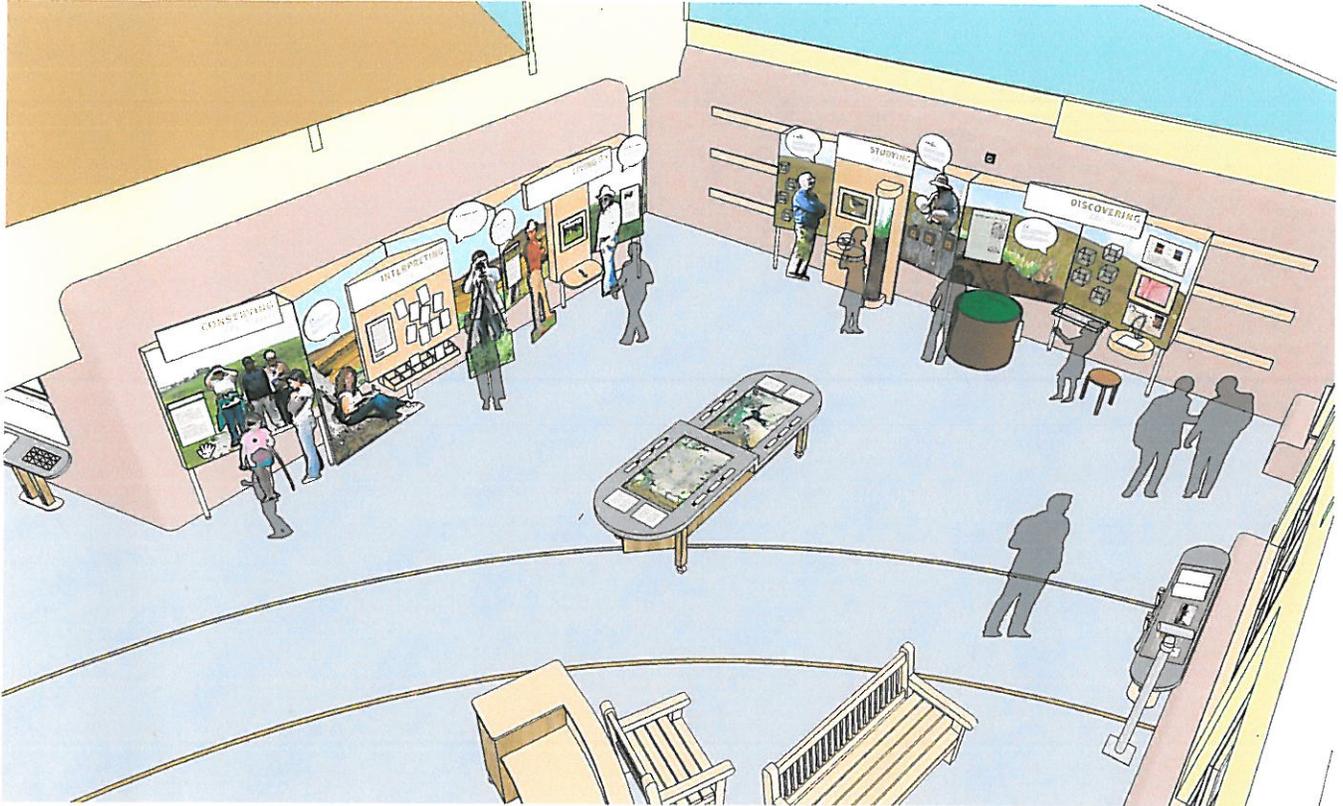
CALENDAR

MAY		JULY	
26	CRETE PRAIRIE CLUB (AQUATIC PLANTING)	7	FIREFLY PICNIC
		14	NABA BUTTERFLY COUNT
JUNE		27	NEBRASKA MOTH NIGHT
2	"DOWN, SET, HIKE!" - NATIONAL TRAILS DAY	28	CRETE PRAIRIE CLUB (COMMUNITY EVENT)
3	WEEKEND WILDFLOWER WALK		
9	INVASIVE PLANT SPECIES ROUND-UP	4	AUGUST VOLUNTEER DISCOVERY LEADER TRAINING
9	CRETE PRAIRIE CLUB (PRAIRIE PLANTING)	11	NATURE NIGHTWATCH
16	BIRD WALK AND BRUNCH		SEPTEMBER
18-21	PONCA CIRCLE OF YOUTH SUMMER CAMP	15	TWILIGHT ON THE TALLGRASS
23	FIREFLY PICNIC	23	TASTES IN THE TALLGRASS
30	PRAIRIE BIRD WALK		



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Spring Creek Prairie Audubon Center Tallgrass Prairie Exhibits



Bird's Eye View

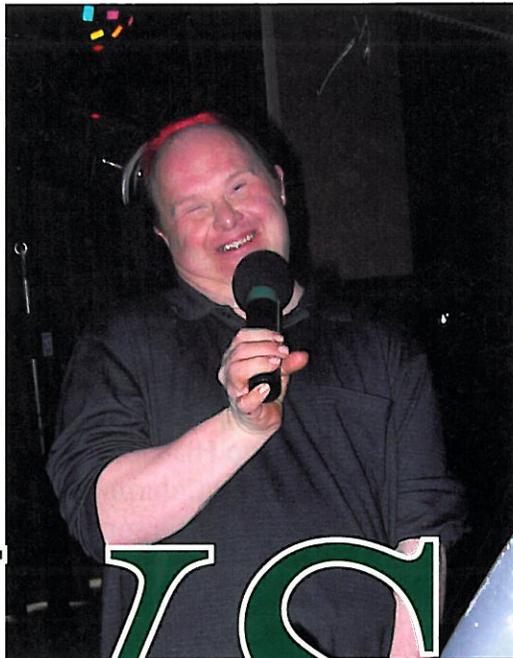
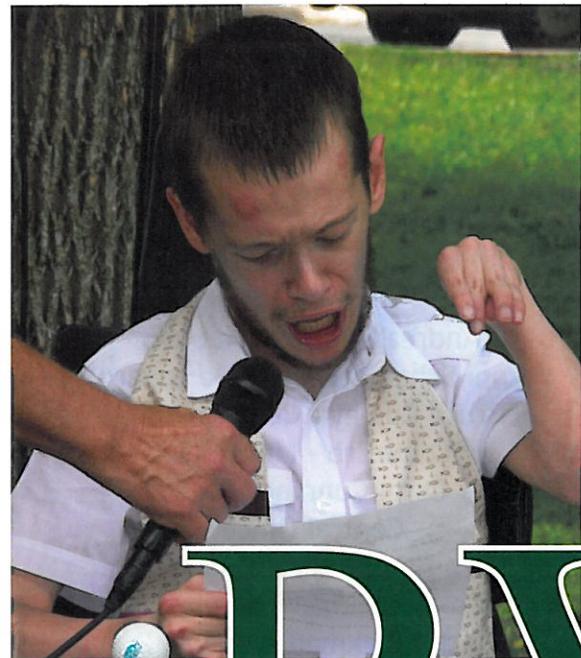


Prairie through the eyes of ...

EXHIBIT

tabbles

B



RVS

2011 Annual Report

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www.regionvservices.com

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our mission statement

The Mission of Region V Services is to provide desired training and supports that promote interdependence and relationships within community and lessen reliance upon agency services.

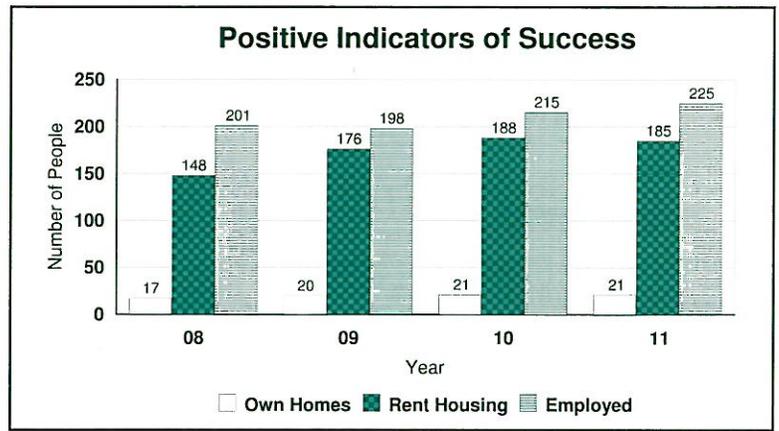
our vision statement

Each Nebraskan with a developmental disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

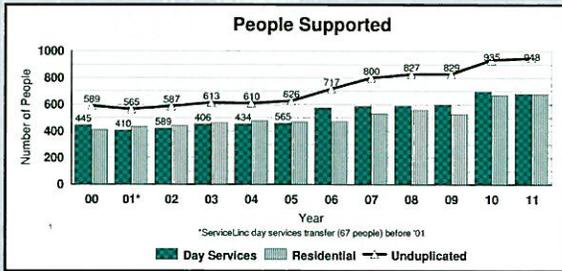
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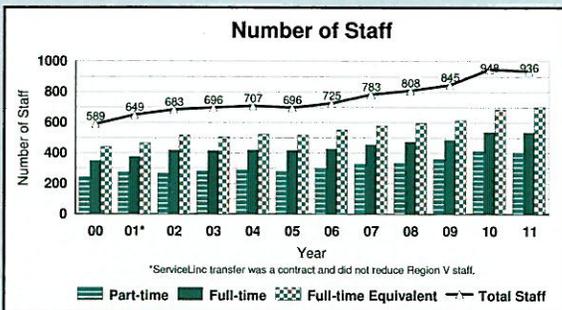
The numbers for positive indicators of success are affected by many factors. While people get new jobs, some folks retire or lose their jobs due to the economy. We consistently work on new ways to address these issues.



Region V Services

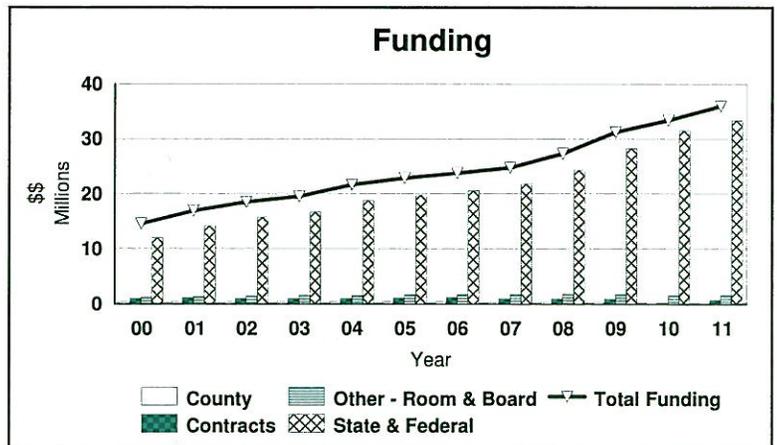


The Legislature addressed the waiting list this year. The number of people supported is a duplicated count. Some people receive day services from one Region V agency and residential services from another. This duplication has become a larger issue with the growth in the six Lincoln agencies, yet we have included them here as that gives a comparison to previous years.



We go through cycles with part time employees who are substitutes. We have about 400 part time employees.

The Federal Medicaid Waiver program provides about half of the funding for community supports. When the Legislature addresses the waiting list or grants a rate increase, it brings additional Federal money to Nebraska.





The Central Office staff.



The 2011 Spring Dance was held at the Shriner's Center.

Central Office



In June, services began for 1 person at our new Gretna location. This is a satellite of our Lincoln 4 program. Six months later we were providing support services for nine people.

In September, the Lincoln 1 program expanded with a satellite location in west Lincoln. They started with thirteen people who started new services or chose to change locations.



Our nurses staffing the "ask a nurse" booth in the exhibit hall during the symposium.

- Highlights:**
- Bart 24 classes held
350 staff trained
 - Outcomes 4 classes held
30 staff trained
 - Orientation 11 classes held
381 staff trained
 - Med Class 284 staff trained
 - CPR Class 238 staff trained
 - Functional Behavioral Assessment 18 classes held
153 staff trained
 - Behavior Support Plan/ Safety Plan 12 classes held
213 staff trained
 - Spring Dance and Arts Festival 320 attended
 - Annual Picnic at Pioneers Park 700 people attended
 - Annual Dinner Dance 635 people attended
 - Self Advocacy Symposium 550 people attended
 - Take Five newsletter was sent to over 10,000 people
 - 1,000 satisfaction survey's were sent out with a 40% response rate.
 - Updated manuals and procedures to match the new 404 State Regulations.
 - Balanced W2's for 1,200 employees with a \$20,000,000.00 payroll.
 - Dave Merrill attended 16 county visits.
 - Opened two satellite service locations.



Brian details vehicles at Brinkman Brothers dealership in Tecumseh, Nebraska. Job sites are not limited to a single community, but are available in the southeast Nebraska 4 county area.



The Auburn High Rollers bowling team placed 1st at the Sports Classic tournament sponsored by Special Olympics of Nebraska. Team members, including coaches, are also members of community leagues at the Auburn Bowling Center.

Auburn (SENDS)



John's duties at Orschels expanded from assembling equipment and stocking shelves to include becoming a certified fork lift operator.

Life Lights:

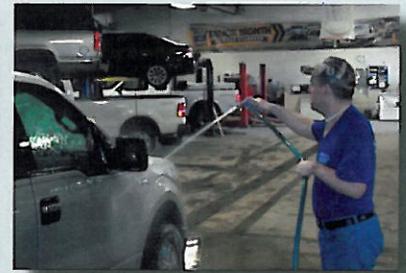
- The SENDS Retirement Club made 200 valentines for the Auburn Chamber of Commerce to distribute to Auburn senior citizens.
- Joel placed 1st at the Nebraska State Special Olympics bowling tournament.
- 2011 marked the 20th year of Auburn's participation in the Nebraska State Games Torch Run. 45 runners participated in the Torch Run in our local area.
- The SENDS Sinkers participated in the Auburn Polar Plunge. The funds raised were donated to the Special Olympics. Joel was the mascot for the Auburn Polar Plunge, and Auburn People First hosted the bake sale during the Polar Plunge event.
- Carl presented the proclamation of "March Disability Awareness Month" to the Auburn City Council for Mayor Scott Kudrna to sign.
- Blue Cross/Blue Shield of Nebraska ordered 700 bags of popcorn from Kernal Krazy to be shipped to California for their conference.
- Ken, Travis and Ken went on vacation to the Black Hills. Dave saw the penguins in Galveston, Texas. Annette, Amy, and Jim went to see an Elvis impersonator.
- The SENDS Retirement Club delivered Meals on Wheels in Auburn for the month of July.
- SENDS volunteers helped load and unload equipment for the Nemaha County blood mobile six times for the year.
- The Region V Foundation owns 9 of the 10 agency homes. The Foundation not only provides homes and vehicles for Region V agencies, but also ultimately enhances persons' lives by doing so.
- Six people attended the annual Senatorial Dinner in Lincoln honoring state senators for their support of disability services.
- Five people are receiving both day and residential supported services in Falls City.
- Individuals assisted with preparations for Nemaha County Gives Back, an event that raised \$20,000 to provide a better holiday season for Nemaha County residents.
- People First, a self advocacy group, raised money for several projects through bake sales and garage sales.



The Southeast Nebraska chapter of People First was awarded "Professionals of the Year". This is the 7th award that Auburn has won since the chapter started in 1999. This year's award was given to Auburn due to their involvement in social, political and community activities.



Wyatt Spencer takes a few minutes to play with his race track before he goes swimming at the YMCA with his Extended Family Home.



Above: Ron T enjoys working at the Beatrice Ford/Lincoln Dealership detailing vehicles. Left: Marsha Baker traveled to Pella, Iowa for the Tulip Festival.

Crete/Beatrice

Wyatt Spencer and his family got to know Terri Jantzen very well while Terri worked at his home after school each day. When his family decided it was time for him to try an Extended Family Home environment, they already knew who they wanted as the provider.

Terri and her husband thought Wyatt would be a good fit in their home with their two children. Wyatt got to know the family better with sleep overs and joining in family activities.

Wyatt has lived with the Jantzen's since April 2011. There have been some challenges but it has been a very good experience for everyone involved. Wyatt is communicating more with the help of a picture book that Terri made for him. He is also working on using his words. He learned to use the microwave to make himself popcorn as an after school snack. He likes to watch the bigger boys play baseball. Last summer he played on the Homer's Hero's team in Lincoln. He loves to go swimming and goes with his extended family home regularly. He'll start swim lessons soon.

The Jantzen's have learned to be specific with requests and information, They introduce Wyatt to new experiences with a picture board, to help relieve some anxiety, seeing the beginning and the end. They still take two vehicles to new experiences, to allow one parent to leave early if Wyatt's anxiety doesn't allow him to stay long. They are learning his likes and fitting them into his routine as much as they can. Wyatt is learning about waiting in line and sitting quietly when out to eat. They are all learning from each other, new things every day.

Agency Highlights:

- Denise Winquest joined a ladies quilting organization in Crete.
- Several people attended the People First Convention in Kearney.
- Jacob Castillo took a welding class through Southeast Community College.
- Two community work sites were developed in Beatrice.
- 22 people qualified for the State Special Olympics Bowling Tournament.
- Larry Peterson took an art class through Southeast Community College.
- Craig Eggebraaten took his first airplane ride when he traveled to Washington DC. Craig toured the White House, had a private tour of the senate and rode on the private senate subway. He had a wonderful time.
- James Ulrich was part of a church volunteer group who helped prepare and serve meals to 80+ people who had lost their homes in the flood and were residing in the dormitory at Dana College.
- Terri Mickelson moved into her own apartment.
- Expansion of services with two people entering services from Beatrice State Developmental Center.
- A new residence was opened in Beatrice.
- We received a two year Certification from the State.
- Several people attended Camp Kaleo this year.



Kyle Roh

- Agency Goals:**
- To increase integration, social roles & outcomes for people supported.
 - To provide quality training opportunities for staff and individuals served.
 - To celebrate successes & make work fun for everyone.
 - To improve overall wellness of individuals supported & staff.
 - To strengthen the agency relationships at all levels through positive communication.

David City/Columbus

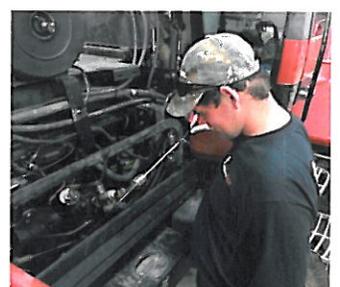
Born and raised on a farm, Kyle Roh is an active part of his family farm business. He is also kept busy as a farm hand for the Jacob brothers, Brian and Lyle.

There are many times when an extra person is needed and the first call they make is to Kyle. He can drive their tractors, use their equipment and he is familiar with what they need. Once they tell him what they need done, they know it will be done correctly and in good time. Brian mentioned another benefit of having Kyle help: his exceptional memory. When Brian is looking for a tool he used earlier, Kyle will remember where he noticed Brian setting it down, and sure enough, he is right. The Jacob family was thankful to have Kyle on their farm when Lyle slipped off the top of a bin. Kyle raced to find Lyle's wife who called 911.

Kyle also is the extra help for tractor and truck mechanic, Gerald Humlicek. He describes Kyle as "handy". Kyle knows all the tools and likes working in the shop. Kyle is humble when he listens to his friends describe his work.

Kyle loves being on the farm and helping with the tractors so much he doesn't even consider it working.

- Highlights:**
- Individuals served participated in life skills training through the community college.
 - Individuals volunteer at various locations in the community.
 - Individuals went on vacations/weekend excursions throughout the year.
 - Several individuals served have signed cell phone contracts & purchased personal computers.
 - Several people enjoyed the RVS Symposium.
 - Several individuals have found new employment while others celebrated employment anniversaries.
 - Staff continue to work toward individual "SMART" goals to enhance the quality of services provided.
 - We were a Silver Sponsor for the Butler County Relay for Life.
 - We were awarded a grant from the department of roads for a van with a lift.
 - Staff attended trainings to understanding the new state regulations.





Michelle Strnad

When Michelle Strnad moved to Hebron from an extended family home in Hastings two years ago, she already had a list of goals she was eager to start working on.

Michelle was using a board and pictures to plan her schedule for the day. She wanted to write it out with words instead of pictures. That has been working out well.

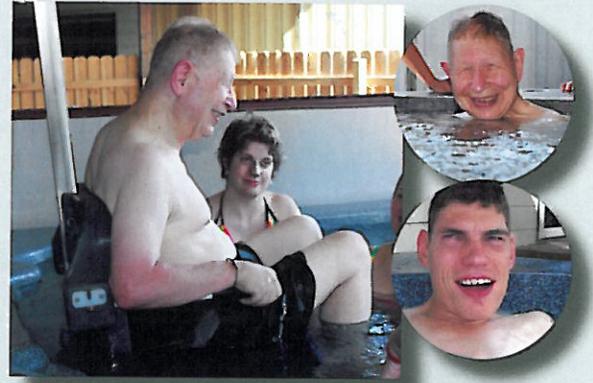
Michelle loves to read cookbooks and wanted to learn to make her own meals. She got busy on that right away. She invited her parents over for dinner to celebrate her mom's birthday and had a great surprise for them when she prepared the entire meal herself. Her mom cried.

Michelle stated she was tired of wearing glasses and wanted contacts. (see photo above) She is still learning to put them in herself, but she no longer wears glasses - unless she wants to.

Michelle enjoys using the computer and is proud to be using software to make greeting cards. After all, she did have the idea that she wanted to make "cool cards" on the computer.

She continues to have ideas on what she wants to work on to improve her skills and her life. She is already thinking about the baking she will enter in the county fair. She will soon be redecorating her bedroom. She knows it will have a Dale Earnhardt Jr. theme.

Michelle is glad she moved to Hebron. She said she is happier here. Her parents agree.



Trying out the new hot tub.

Fairbury/Hebron



Taking time to work on a hobby.



Some of the guys hanging out before driving to Lincoln for the Dinner Dance.



Several people had the opportunity to experience working at a fast food restaurant.



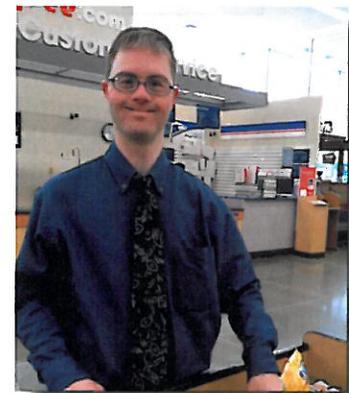
A week long trip to Chicago was a definite highlight of the year for Mike, Drew and Russell.



Arlys diligently attends classes to earn her GED. She strongly believes this an important step towards meaningful employment.

Lincoln 1

- Arlys Butler moved from BSDC into her own apartment. She has been busy decorating her new home.
- Samson Goitom is working towards independence and good health in his new Extended Family Home.
- Kim Young and Michelle Puls traveled to North Carolina for a vacation with their Extended Family.
- Jessica Wennekamp took great pride in presenting at the Symposium this year.
- Jeff Stinson is able to fulfill his longtime goal of standing at eye level, thanks to his new stander.
- Raechel Catlin has become very active in her community and in Special Olympics.
- Steve Longacre continues to host parties for friends and neighbors.
- Employees are currently attending sensory processing training in order to improve the supports we provide.
- Charlie Hall, Jack Harris, Tina Hydo, Mandy Campbell, Sarah Krecklow and Russell Big Boy went to Lake Okoboji: (they went shopping, to an amusement park, took a boat tour and got fake tattoos.)
- Mike Smith, Drew Dames and Russell Big Boy took a trip to Chicago and went to a Cubs vs. Braves baseball game. (saw LMFAO do a flash mob, went shopping in Rigbyville, ate at Harry Carry's Tavern and went to Millennium park.)
- L1's new Day program on Sun Valley Blvd. welcomed April Legrand, Lee Dedrick Jr. and Harris Niazi to Region V Services.
- Nancy Jedlicka moved into a new home and started day Services at Sun Valley.
- Combined, Jada Bliss and Melody Young lost over 200 pounds within the last year and a half.



Going to work is easy for James, he loves his job.



Volunteering is an important part of a meaningful life. Gwen and Jada help with the backpack program.

Agency goal:
To listen, communicate and take actions to support people in living the meaningful life of their choice.



Rick Herman has been involved with Special Olympics for many years. He participates in bocce ball, track and bowling.



Sandy loved going to the Museum of Contemporary Native Arts in Taos, New Mexico this past summer.

Lincoln 2

Rick Herman knows what a family is. He has lived in Lincoln with the same extended family home provider, Matt and Nicole Wilson, for over 10 years. He was part of the family when their two children were born.

Rick has plenty of his own interests to keep himself busy. He plays several sports on the Special Olympics Shooting Stars team. He has full days, as he takes the bus to work and home at the end of the day from his job at Total Manufacturing where he has been employed full time for over 9 years.

Rick is a frequent traveler, taking many day trips and vacations with the ARC Expeditions Trips. He's a happy guy hanging out with his family and participating in the activities that he enjoys.



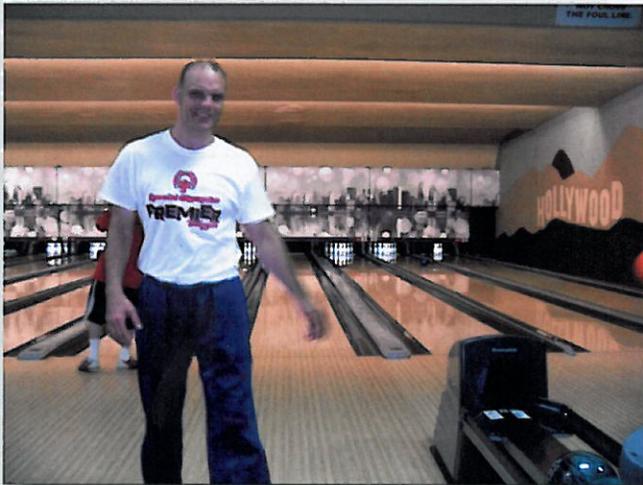
Highlights:

- Jim Minnehan had an experience of a lifetime. He and his EFH provider and his room-mate went to Chadron, NE for his family reunion. His sisters from Alaska and South Dakota came. The best surprise was when his brother from Colorado arrived. Jim hadn't seen him in 20 years!
- Jada Bliss has been working hard and following her Doctors order to eat healthier and exercise more. In less than a year she has lost over 50 pounds! She walks daily, makes healthy choices, and recently bought a three wheeled bicycle.
- Erin Clement is a senior at UNL and plans to graduate in May. She is a Political Science Major and hopes to get accepted into Law School after graduation.
- Dan Adams has been making amazing progress. He is becoming more independent in his daily life. He is able to undress, feed himself, and listen to the music of his choice because he can change the channels on the radio and TV.



Kelly is smiling because she paid off her car! She is all about being self-sufficient and having a car allows her to do her errands, visit friends and family and get to her job at Saint Elizabeth's Hospital where she has worked for 8 years in Food Service.

Lincoln 3



Brian is an excellent bowler and belongs to several leagues. He enjoys keeping fit. He plays volleyball, basketball, goes to the YMCA and rides his bike.

A meaningful life is a balanced life that is filled with work, recreation, relationships and accomplishments. Lincoln 3 strives to provide each individual the opportunity to take part in the pieces of their lives that are important to them as well as exploring new opportunities.



Tracey enjoys spending time with her boyfriend. Tracey invited Mark to our fall picnic.



Jamie has been employed at Valentino's for 11 years! Jamie enjoys his job and his coworkers. He also enjoys spending his paychecks.



Maggie learns to make pizza at the Gretna Day Service Center.



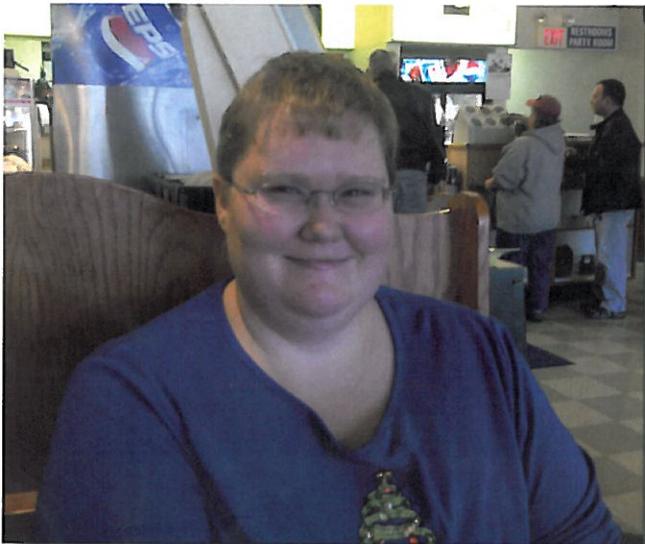
The Henry Doorly Zoo was one of many day trip activities that Travis participated in.

Lincoln 4

- In Lincoln we have a strong focus of providing Residential Services in a variety of settings, including; apartment, group home and Extend Family Home.
- We provide Day Services for 9 people in Lincoln.
- We are helping people with their job search.
- In June, we opened a Day Service Center in Gretna. We offer Day and Residential services to people in the areas of Ashland, Omaha, Springfield and Gretna.
- Many people were able to enjoy a vacation of their choice.



Audrey enjoys looking through books and magazines.



On a day off from her job in Ashland, Sandra goes out to eat with some friends.

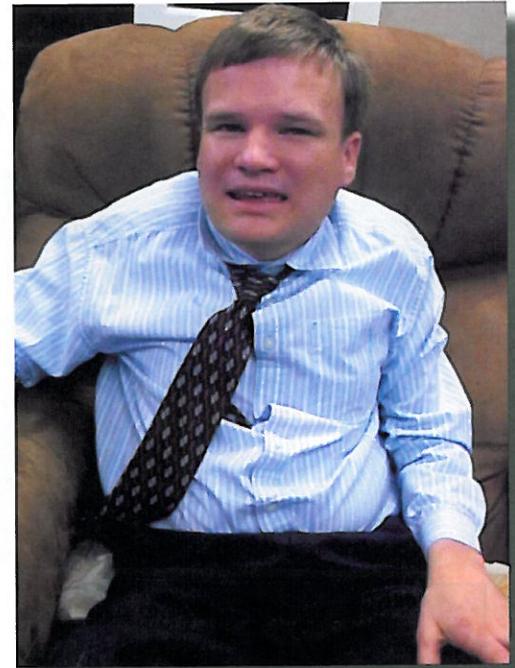


Jo, Jenni and Pauline take it easy at the end of a busy day by enjoying a peaceful evening in their backyard.

Lincoln 5

Highlights:

- Several people participated in planting, maintaining and harvesting a garden.
- Brenda Hoffart and Kay Oetjen traveled to Florida together along with their Extended Family Home Providers.
- Kristen Debban is earning extra income by cleaning homes.
- Joel Watts is earning extra money by mowing lawns.
- Kristen Debban, Shelly Agee and Kevin Pogue went camping at Mahoney State Park. They had a campfire, rode horses and spent the night in a cabin.
- L5 hired 2 new Assistant Coordinators: Evelyn Okediadi & Callie Bock.
- Rick & Edith Fletcher are planning a dream vacation to DisneyWorld in Florida for their 13 year wedding anniversary.
- Brandon Covalt has moved into an apartment with roommates and is enjoying the "bachelor life".
- Lori Hattan has added another small business (Tastefully Simple) to her other self-employment endeavors.
- Chad Bartek completed the RentWise class and is waiting to get approved for housing to move out on his own
- John Sposato received several prestigious awards for his long-term commitment to volunteering in the community.
- Courtney Kochner has lived independently for over a year and is happy in her home and job.



Tyler Andelt

Tyler Andelt has been attending the Lincoln 5 Day Services program, LEAP, for 3 years. You may remember him from the Self Advocacy Symposium, where he volunteered to provide the sound effects for Peter Leidy's presentation. He was very entertaining as he gave the yodel at just the exact right time.

Tyler is a volunteer at the Humane Society. He is responsible for cleaning the cages, playing with the animals and taking the dogs out for a walk. This has led to Tyler bringing some of the animals to LEAP so anyone can have a chance to pet and play with the cats and dogs.

Since Tyler enjoys animals, his staff have helped him develop a Dog Walking business. He has several customers. He receives assistance to keep a schedule and to make bills for his clients. He uses a schedule and stickers resembling the dogs he walks. Each sticker equals one hour of walking that dog.

Tyler likes to be the center of attention. He likes to help and will assist his staff with loading the pop machine, paper shredding, and vacuuming.



Each year, people supported help fill eggs for the Annual Jaycees Easter Egg Hunt. This is a fun way to coordinate our efforts with those of a community organization.



RVS-NC can be compared to a luxury cruise ship, enhancing the lives of people supported (Passengers) through the work of some amazing employees (Crew). "The Inspiration" was launched on May 13 with a celebration and meal, featuring Excellent PIE!

Nebraska City



This year the Canine Patrols of Otoe County and the NC Police Department were selected by people supported as the local need. We raised over \$700 for these special dogs.

Passengers and Crew on "The Inspiration" will experience a Meaningful Life by embracing the Values of Excellence, Pride, Integrity and Enthusiasm.



Southeast Nebraska and Southwest Iowa experienced significant flooding during the summer. Many people in Iowa had to move very quickly and some lost their homes. People from RVS-NC helped the effort by preparing and delivering lunch to those affected by the rising waters. A crew also helped a family move. Residents of the area commented that they were moving so quickly, they forgot to eat.

Agency Goals:

- Everyone who wants a job can find a job
- Everyone supported has a quality of life equal to the people supporting them.
- Everyone supported is empowered and educated on advocating for themselves
- Each individual's needs are approached with a sense of urgency

Celebrating Employment:

- William Roland ten years at Russ's Market
- Michael Olmsted nine years at Russ's Market
- Randy Cakl nine years at Russ's Market
- Amanda Marshbanks six years at NE YMCA
- Mark Hill six years at Trinity Methodist Daycare
- Tim Hruza six years at UNL Able Hall
- Brandy Percival three years at HyVee
- Andrew Burson two years at Sheridan Lutheran
- Pat Schroer two years at Culvers Restaurant
- Brandi Webster two years at Culvers Restaurant

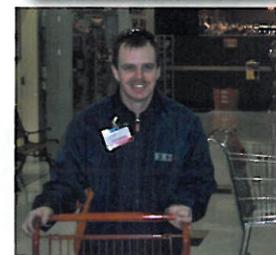
ServiceLinc

Agency Highlights:

- Provide supports to 124 individuals
- 78 are employed in the community
- 24 receive supported residential
- 1 Extended Family Home
- 21 Vocational Planning, community inclusion
- 12 new job placements
- 3 individuals have started their own cleaning service
- Several individuals are independently employed and no longer rely on agency supports
- Employ 31 full-time staff and 24 part-time staff



Anne Youngscap had a dream come true when she represented Nebraska and the USA at the Special Olympic World Summer Games in Athens 2011. It was a great experience and she did very well, placing 7th in the 200M Freestyle division and F06 and 6th in the 100M Backstroke division.





Dawn Ostry who loves singing was invited to sing the National Anthem at the opening ceremonies for the Regional meeting of Iowa and Nebraska Kiwanis in Council Bluffs.

One thing we quickly learned after meeting Dawn Ostry two years ago is that she loves to sing. It is one of her favorite things to do.

Dawn will sing at home, sing at work, sing in the car - she sings whenever and wherever she can.

Dawn is a member of the choir at St. Wenceslaus Catholic Church in Wahoo. She is often asked to sing solo or with others, for community events.

Dawn was honored when she was invited to sing the National Anthem at the Regional Kiwanis Meeting of Iowa and Nebraska, for their opening ceremonies in Council Bluffs. She wasn't nervous one bit. She has sung the National Anthem in front of an audience many times at her high school football and basketball games.

Dawn keeps busy. She lives in an apartment in Wahoo. She is taking the RCIA class to join St. Wenceslaus Catholic church, works part time at Pizza Hut and is President of the local Aktion Club. She also volunteers with the church and the Kiwanis and is part of a cleaning crew. She is easy to find, just listen for the sound of music.

Agency Goals:
Identifying "Priority Outcomes"
to focus on for each person.
To provide supports which help people
improve the quality of their lives

Wahoo

Agency Highlights:

- Celebrated our 40th anniversary of providing services to people with disabilities.
- Secured a grant from the Nebraska State Recycling Association and the Nebraska Environmental Trust Act to purchase a forklift.
- Provided new services to three people.
- Continue to provide case management of health/medical services for 54 individuals.
- Exploring new "green initiatives" for citizens to join recycling efforts. Our agency currently ships out over 300 tons of recycling annually.
- Staff are assisting people we support with vacation plans over the course of the year. People supported have traveled to Florida, Branson, the Ozarks, Colorado, Wyoming, Arizona, South Dakota and to the Nascar race in Kansas City.
- The Wahoo People First Chapter was recognized as State Chapter of the year.
- Folks involved with community jobs start their day at 5:00 a.m. while others work up to 11:00 p.m. at different community businesses.



William Schoenberger. Honor Roll Student.
Active in Boy Scout Troop 174.

York/Seward

Agency Highlights:

- The ReVue Consignment store celebrated its 5th Anniversary.
- Lewis and Mike traveled to Iowa to be a part of a wedding. This was so successful they decided to invite Justin and go on a vacation to Branson. This was a first vacation for all of them.
- Chester ran his first 20K in The Ozarks.
- Angela fulfilled a big item on her leap list when she attended a conference at the IHOP, not pancakes - the International House of Prayer.
- Carol had a dream come true when she moved to York to live closer to her brother.
- Michelle went on her first vacation with a friend.
- Christine went on her first vacation with a friend to Branson.
- Donna celebrated 10 years at Wendy's.
- Rosetta and Denise moved into a brand new accessible home.
- Chester is involved in a church men's group along with ushering and helping with kid's group.
- Angela and Lisa are members of a Bible study.
- Coordinators, Jennifer and Ryan have been involved in training to become Certified Work Incentive Counselors.

We were asked by the state of Nebraska to take an emergency placement for a boy out of state whose mother lived in Nebraska. Because of her Nebraska relocation, his placement in South Dakota was costing the state of Nebraska a considerable amount in funding. The State felt he could be served in Nebraska much more cost effectively.

During a meeting, we were told by his team of experts of the boy's many behaviors. We were told that he would never be able to attend a regular school or go to a busy store. That he could never attend a community church service or be left alone. They had a long list of couldn'ts.

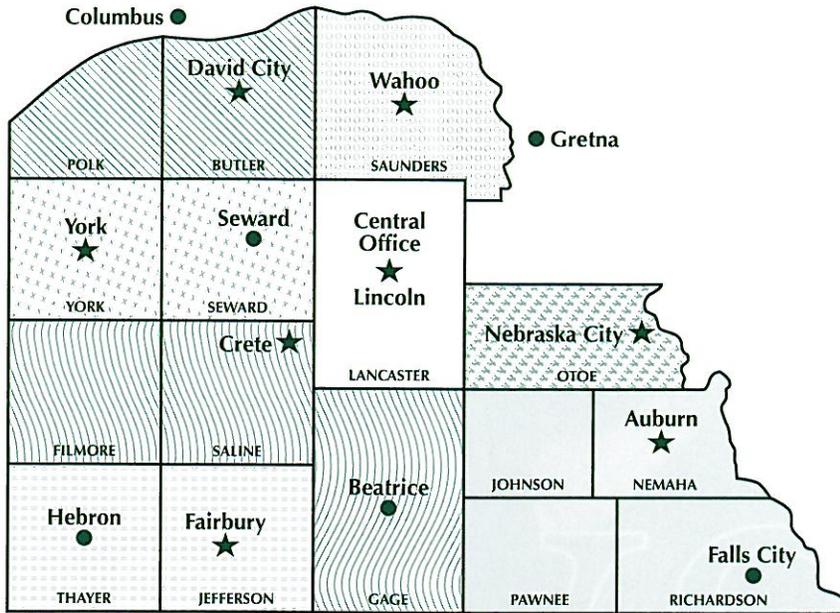
Then we met him; a young boy, 12 at the time, so much personality! We really liked him. We saw so much potential. We just knew the fit was right. We accepted him as a referral.

It's been 2 years since William Schoenberger moved from a youth institution in South Dakota to his home in York. He'd sure like to talk to some of those experts from his younger years and tell them about all the fun things he has done and the "good life" he is living here in NEBRASKA. What a difference a stable home, caring staff, and being a part of community can make – ALL the difference to a child.

William has come a long way in a short time. He has earned several patches by attending weekly Boy Scout meetings and participating in the Boy Scout Troop 174 events, such as the flag ceremonies, court of honors, paper drives, Election Day support and camping.

William attends York Middle School. He made the honor roll last quarter with a 4.0. He is proud to say that he gets to ride the bus to school. William is also connecting with the elders in his church, hosting bible study, and has completed steps to become baptized in his faith.

This is a story about Nebraska - "the good life" and William - "that boy that COULD"!



Region V Services service area.

- ★ Area Office
- Satellite Office

The Region V Foundation

Proudly Celebrating 20 Years

of supporting people with developmental disabilities throughout the communities of southeast Nebraska.

Our Purpose:

To support Region V Services by providing the resources to provide safe, reliable and affordable vehicles and housing.



Above: The Region V Foundation has owned this house in Hebron for 17 years.

Below: Our most recent home was purchased in Auburn in 2011.



The Region V Foundation purchased their first house in Hebron in 1994.

Since then, the Region V Foundation has purchased 35 homes in 8 communities.

One home was purchased in 2011.

In 1994, the Region V Foundation, with a grant from the Nebraska Dept. of Roads, purchased four 15 passenger vans, each with an ADA wheelchair lift.

During the past 20 years, the Foundation has purchased 83 vehicles for area programs.

63 of those vehicles are still in use.

Five vehicles were purchased in 2011.

Highlights:

- Poured a new driveway, replaced the AC and remodeled the bathroom in a Lincoln home.
- Remodeled the basement in a home in Nebraska City.
- Increased our assets by \$257 thousand.

Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



Region V Services' Mission Guidelines

January 2008

Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

Our mission is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

Desired Training and Supports

We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



Promote interdependence and relationships within community

Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

We will identify valued social roles that reflect the individuals goals and desires. The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

We will respect each individual and expectations will be high.

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

We will provide each person with the experience of a meaningful day.

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

Lessen Reliance on Agency Services

All supports will emphasize the establishment of natural supports.

Natural Supports are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

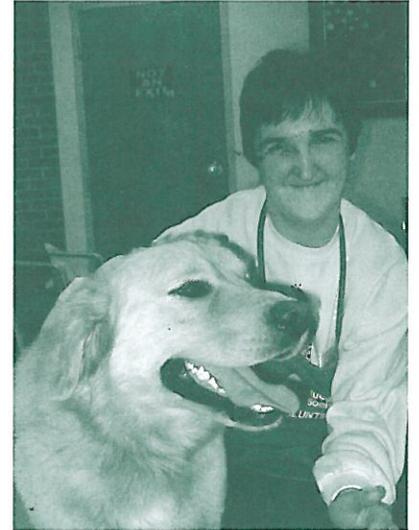


Valued Social Roles

Employee



Volunteer



Spouse



Consultant



Mother





College Student



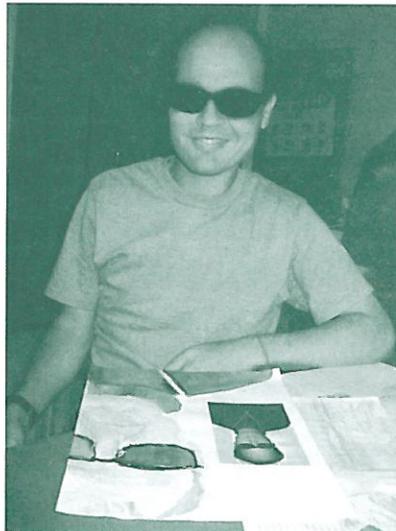
Homeowner



Board Member



Artist



Musician





Definitions and Acronyms

Personal Outcomes - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

Social Role Valorization - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

Acronyms/Organizations

AAIDD - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

ACP - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

Arc of Nebraska - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

DDD - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

HHSS - Health and Human Service System - State of Nebraska organization for human services.

NAS - Nebraska Advocacy Services - A federally mandated advocacy organization.

NASP - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

NPN - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

People First - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



Resources

Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org

Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com

For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestiles.com

Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services
1430 South Street, #203
Lincoln, Nebraska 68502
(402)471-6400
regvs1@ix.netcom.com
www.regionvservices.com



Notes

Region V Services

1430 South St., # 203

Lincoln, NE 68502

Office: (402) 471-6400

Fax: (402) 471-2978

www.regionvservices.com

-Serving individuals with developmental disabilities-

Locations: Auburn, Beatrice, Columbus, Crete, David City, Fairbury, Hebron, Lincoln, Nebraska City, Seward, Wahoo and York



Region V Services

Region V Services Central Office
1430 South Street, Suite 203
Lincoln, NE 68502-2446
Phone (402) 471-6400
Fax (402) 471-2978
www.regionvservices.com

Memo to : Region V Services Governing Board, Advisory Committee,
all stakeholders

From : *Dave* Dave Merrill, Executive Director

Date : June 29, 2012

Re : JULY Director's Report

We are starting a new fiscal year July 1st. This will once again challenge us to adapt to higher operational costs without an increase in HHS rates for the third year in a row. Kevin Jeppson, Fiscal Director, has worked hard to find options that will help us through this tough year.

Region V Services has changed many policies and procedure to make sure that we comply with the new regulations. There will be additional changes as the state moves to the Therap software system. For as long as I can remember, the team process for designing a program plan was called the Individual Program Plan (IPP). Service Coordinators will begin entering these plans on the Therap data system in July or August and the new term will be Individual Support Plan (ISP).

It is my understanding that as ISPs come up during the year, either annual or semi annual, they will be entered in the data system by Service Coordination. There are many details to be worked out in terms of processes and we will have to decide whether to change our forms and training that refer to IPPs, though I do believe ISP is a better term. I also feel that "continuous" and "intermittent" are more descriptive than the terms "assisted" and "supported" that have been replaced.

The Division of Developmental Disabilities (DDD) indicated that we should be receiving our contracts soon. (They go into effect July 1st.) There are no significant changes but clarifying language has been added to one of the attachments.

We have been told that our grant request for materials to help us implement the Sensory Processing Training was denied but we have not received the letter at this time. We want to understand the process and see if there was anything we could have done that would have resulted in approval. We remain committed to the Sensory Processing Training as a strategy to improve the lives of the people we support.

Serving individuals with developmental disabilities

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Financial Update

At the end of April our revenues were \$31,866,073 and our expenses were \$31,803,310, with revenue exceeding expenses by \$62,763. We will have one more five week pay period in this year and hopefully the new graduates we support and people from the waiting list will be able to replace the people who have left us this year.

We committed to a salary increase last year because revenues were good and health insurance premiums were unchanged. Since that time we have lost 16 people to death alone and were faced with a \$590,000 health insurance increase this year. This problem has been solved mainly by switching to a self insured plan.

Waiting List

We expect to hear any day about letters going out to about 200 families on the waiting list offering them services and we hope to have several referrals from that process. We do appreciate the Division of Developmental Disabilities (DDD) efforts to not wait until many people decline services before offering a “second wave” of service. Instead, when a family declines services DDD will offer services to the next family waiting.

As of December 31, 2011, DDD reported that 2,668 people were on a registry waiting for services across the state now or sometime in the future. Of those, 1,769 were past their requested date of need on December 31, 2011. Everyone with a date prior to April 15, 2008 has been offered services, though some changed their date of need and are on the current registry.

Legislation and Regulation

Certification reviews are occurring and thus far seem to reflect our efforts to move into compliance with the new regulations. It is a learning process for all of us.

Upcoming Events

September 26 and 27 – Symposium – Life – Living it to the Max – Geery Howe

November 3, 2012 5:00 pm to 10:00 pm – Region V Dinner Dance at Pershing - Lincoln

Page 3 is the central office page of our annual report.

Page 4 is the calendar for July.



The Central Office staff.



The 2011 Spring Dance was held at the Shriner's Center.

Central Office



In June, services began for 1 person at our new Gretna location. This is a satellite of our Lincoln 4 program. Six months later we were providing support services for nine people.

In September, the Lincoln 1 program expanded with a satellite location in west Lincoln. They started with thirteen people who started new services or chose to change locations.



- Highlights:**
- Bart 24 classes held
350 staff trained
 - Outcomes 4 classes held
30 staff trained
 - Orientation 11 classes held
381 staff trained
 - Med Class 284 staff trained
 - CPR Class 238 staff trained
 - Functional Behavioral Assessment 18 classes held
153 staff trained
 - Behavior Support Plan/ Safety Plan 12 classes held
213 staff trained
 - Spring Dance and Arts Festival 320 attended
 - Annual Picnic at Pioneers Park 700 people attended
 - Annual Dinner Dance 635 people attended
 - Self Advocacy Symposium 550 people attended
 - Take Five newsletter was sent to over 10,000 people
 - 1,000 satisfaction survey's were sent out with a 40% response rate.
 - Updated manuals and procedures to match the new 404 State Regulations.
 - Balanced W2's for 1,200 employees with a \$20,000,000.00 payroll.
 - Dave Merrill attended 16 county visits.
 - Opened two satellite service locations.



Our nurses staffing the "ask a nurse" booth in the exhibit hall during the symposium.

July 2012

Calendar is tentative and subject to change. Last Update: June 29, 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>Lancaster County 9:30 a.m.</i>	4 OFFICE CLOSED Happy 4th of July!	5 <i>BART 9:00-3:00</i>	6	7
8	9 <i>Foundation 12:00 Noon</i>	10	11	12	13 <i>Payroll Cut-off</i>	14
15	16	17	18 <i>Med Class 9:00 am</i> <i>Time Cards Due to CO</i>	19	20 <i>Med Class 9:00 am</i>	21
22	23	24	25 <i>Orientation Cut-off</i>	26 <i>EAC 9:30 am</i>	27 <i>CPR Class</i>	28
29	30 <i>Orientation Day 1 9:30-4:00 County Extension</i>	31 <i>\$ Payday \$ (4 week)</i>				

White Paper on Developmental Disability Services in Nebraska

December 31, 2011

Number of people needing support as of December 31, 2011.

* There were approximately **4,800** people with active community service authorizations. 4,244 people were receiving specialized developmental disability services in the community with an additional 422 people receiving non specialized supports and 332 people who received service coordination only. 140 people reside in Beatrice State Developmental Center (BSDC) and 11 people are in the Bridges program in Hastings. There were also 250 people living in 9 private ICF-IDs in Axtell, Beatrice, Grand Island, Norfolk, York, and Omaha.

* There are 2,668 people on a registry waiting for services across the state now or sometime in the future. Of those, **1769** were past their requested date of need on December 31, 2011. Everyone with a date prior to **April 15, 2008** has been offered services, though some changed their date of need and are on the registry. As of December 31st, 2010, 1,529 people had been offered services with the waiting list appropriation

How specialized services are provided.

* This white paper applies to specialized services provided by certified providers of supports to people with developmental disabilities. There also exists a Community Support Program where families or individuals can be funded to obtain non specialized supports from individuals they select and direct. They are able to combine specialized and non specialized supports.

* Nebraska uses "means testing" to determine fees for individuals or families with minor children to determine ability to pay. These fees are collected by HHS, though providers must collect Medicaid spend down amounts or not be paid those funds.

* DHHS determines eligibility and funding for each individual. The individual and his/her family choose a provider who must be certified by DHHS for specialized services and/or the community supports program. DHHS contracts with the chosen provider for the services determined by the person supported, his/her family, service coordination and provider staff through the Individual Program Plan. The person's funding follows the person if he/she moves to another provider.

* The Medicaid Waiver provides a match for Medicaid waiver eligible people in the system. The match is **56.64 %** Federal, **43.36 %** state and local. These Federal funds have provided the bulk of the increases to the system over the last decade.

* Providers are required to provide documentation of training (habilitation) and must meet specified service needs that are driven by an Individual Program Plan (IPP) in order to bill for services.

* Accountability for specialized services is provided by a system of certification, regulation, complaint investigation, service coordination monitoring as well as oversight by local boards and advisory committees, advocacy groups and consumer satisfaction surveys. Fiscal accountability is provided by statute and regulation which requires an annual independent audit.

Issues needing attention by the administration and legislature.

- * Waiting list – Recent funding as recommended by the Governor and the legislature have made great strides in addressing the number of eligible people who have been waiting for services to be approved. It is important that the administration and the Legislature continue to address the waiting list and not have people waiting for years for the supports they need. We have seen more individuals and families choosing intermittent services rather than continuous services, indicating that families do not choose more than they need and that families support the least restrictive alternative when it is available, though this could also be a result of funding being inadequate for continuous service.
When the legislature addresses the waiting list, additional Federal money (currently 56.64%) comes to Nebraska and results in new jobs distributed proportionately in urban and rural areas.
- * A new funding methodology is being developed beginning with data collected by Navigant, the company selected to implement a legislative directive to conduct a rate methodology study for developmental disability services. There is a concern that the funding methodology will reflect the hard choices providers have made in recent years in the face of flat funding and increased costs, in particular the increase in the cost of health insurance.
- * The funding system should be adequate to recruit and retain qualified staff and to maintain high standards of support. We remain concerned about turnover rates, particularly in the first year of employment in our field. While salaries and benefits are an important part of the picture to reduce turnover, staff training is also a critical factor and needs to be built into the funding system. An agreed upon benchmark wage should be used to reflect the skill set and qualifications to provide habilitation (training) and attain medication administration certification.
- * The funding system should establish what it costs to deliver quality services irrespective of the current economic situation and the rates should be indexed over time, with the state providing what it can afford to move towards a stable, equitable funding system.
- * **It is important to recognize that specialized services to people with developmental and intellectual disabilities are very dependent upon Medicaid.** There is no other insurance and very few private pay situations that are available to providers of support services to people with developmental disabilities, unlike people who experience behavioral health needs and our aging population.
- * There needs to be a clearly understandable and fair way to determine the amount of support that the state will provide to an individual. While there is no perfect Objective Assessment Process (OAP), we need to agree on an effective assessment process that is flexible and changes with the needs of the individual.
- * Quality needs to be defined by people receiving supports and families, as well as by officials.
- * The white papers have been developed by the Nebraska Providers' Network using data provided by the Division of Developmental Disabilities as a means of providing a brief description of the history and status of supports in the state of Nebraska.

Brief History

Prior to the late 1960's, mental retardation (now called intellectual disability) was the term used to describe individuals with significant learning disabilities. The only option to families was the Beatrice State Home which is now called the Beatrice State Developmental Center (BSDC). The population at BSDC grew to over 2,200 people and an investigation and lawsuit (Horacek vs. Exon) led to the development of community based services.

The state established 6 regions from Region I in the Panhandle to Region VI in the Omaha area. Governed by boards of county commissioners from each of the respective areas, they provided options for families across the state. In addition, Martin Luther Home and Bethphage Mission (now Mosaic) expanded their options from ICF-MRs (small private institutions) to community based options. Changes occurred in the laws governing special education, giving families the right to have their children remain in the community and receive an appropriate education. In the past decade, the number of certified providers has expanded to include about 40 different providers affording significant choice of providers while retaining efficiency.

Acronyms

AAIDD - American Association on Intellectual and Developmental Disabilities - (A national organization focusing on research, best practice, and professional networking.)

ACP - Association of Community Professionals - (An organization for people who work in the field of developmental disabilities focusing on statewide training.)

The Arc of Nebraska - (An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.)

APSE – Association for Persons in Supported Employment – (organization dedicated to employment.)

CMS – Center for Medicare and Medicaid Services – (Federal funding and regulating agency.)

DDD - Developmental Disability Division - (Division of DHHS.)

DHHS – Department of Health and Human Services - (State of Nebraska organization for human services.)

NAS - Nebraska Advocacy Services - (A federally mandated advocacy organization.)

NASP - Nebraska Association of Service Providers - (An association of providers.)

NPN - Nebraska Providers' Network - (A voluntary association of Nebraska public and private providers with no fees or staff.)

People First – Self advocacy organization for people who experience developmental disabilities.

PTI – Parent Training and Information – group to help parents advocate for their children

Chronology

1950s - Families begin to form programs to support their family members to fill the void between sending their children to Beatrice State Home and the lack of special education in the school system and other supports in the community. In 1968, the Douglas County Plan formalizes this "grass roots" family movement.

July 1969 - LB 855 transfers the Office of Mental Retardation to the Department of Public Institutions from the Health Department, moving away from a medical model.

1972 - The Horacek vs. Exon federal civil rights class action lawsuit is filed against the State of Nebraska. Due to this lawsuit, the population of the Beatrice State Home is reduced and the legislature appropriates funds for the development of community services and deinstitutionalization.

May 1973 - LB311 creates the six mental retardation regions in Nebraska, modified by LB302 in April 1974.

1974-1975 - Regions form governing boards of county commissioners. Advocacy groups feel county commissioners are able to offer local control and accountability and that public services are necessary to assure that low population areas of the state are adequately served.

Fall 1987 - Nebraska implements the Medicaid Waiver, capturing available Federal funds to supplement the State General Funds that had funded the system.

1991 - LB 830, the Developmental Disabilities Services Act is passed. After a study and much discussion, provider based case management services is transferred to state administered Service Coordination. It also transfers responsibility for waiting lists to the State of Nebraska. The state must authorize and approve funding prior to placement for a provider to receive state and Federal funding. In addition the federal definition of developmental disability is adopted, expanding the definition from the narrower mental retardation category.

1992 - State adopts the Touche-Ross funding methodology.

1994 - LB 1136 provides additional funding to serve people in the community waiting for funding.

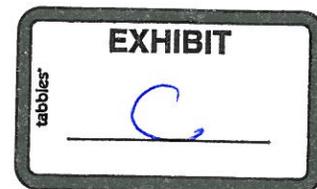
June 1995 - The Governor's Blueprint for Action contains a plan for eliminating the waiting list by requiring HHS to submit a plan to see that people leaving high school are offered supports. HHS interprets this to cover just day services so the waiting list continues to grow.

1996 - Medical service supports transfers back to providers from service coordination.

1998 - Administration and supervision of service coordination transfers from Developmental Disability Services (DDS) to the Health and Human Service System (DHSS) service areas.

2008 - Responsibility for Service Coordination returns to the Division of Developmental Disabilities.

2009 - The decertification of BSDC and movement into community services demonstrates the need to adequately fund supports for people who experience developmental disabilities in the community.



Lancaster County Report FY 10-11



REGION **V** SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

1645 'N' St., Lincoln, Nebraska 68508
Phone: 402-441-4343 • Fax: 402-441-4335
Toll free: 1-877-286-4343
www.region5systems.net



This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of behavioral health systems and its consumers.

Dear Colleagues,

We would like to start by thanking the Regional Governing Board members, the Behavioral Health Advisory Committee members, our Network Providers, the Department of Health and Human Services representatives, Legislative representatives, individuals we serve, and our many other stakeholders who help us achieve our mission, "promoting comprehensive partnerships in behavioral health."

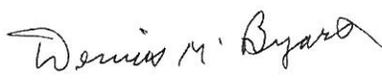
Here are a few highlights from fiscal year 10-11:

- **Let's Build Nebraska:** Region V Systems and various community stakeholders continue to promote Let's Build Nebraska, a project to secure, organize, and provide resources to strengthen capacity and ensure vitality of nonprofits and other organizations.
- **Cluster-Based Planning:** Region V Systems and various network providers implemented the cluster-based planning and outcome-management approach for adults with SPMI and youth suffering from behavioral health issues. This approach is proven to assist with improving the quality of care by better identifying consumer-specific traits/histories, what types of services are needed, and what we can best offer to meet their needs.
- **Integration of Primary and Behavioral Health Care:** People's Health Center (PHC), behavioral health providers, and Region V Systems continued the implementation of a plan for providing both primary care and behavioral health care at PHC. The first phase of the project, initiated in January 2010, established "fast-track" medical appointments for behavioral health patients at PHC. PHC is now the medical home for many of these patients. Behavioral health patients utilized 549 appointments at PHC during FY 10-11. The second phase of the project, which will be fully operational in 2012, makes behavioral health care available to patients accessing PHC for primary care services.
- **Homeless Prevention and Rapid Re-Housing Program (HPRP):** In FY 10-11, the HPRP program had a 45 percent increase in the number of individuals that were served in FY 09-10. The program also increased its percentage to 93 percent of individuals who successfully discharged to permanent housing.
- **Disaster Behavioral Health:** In FY 10-11, a Region V Systems' staff member was selected from multiple national candidates to participate in the Crisis Counseling Assistance and Training Program: Train State Trainers. This program trains selected individuals to provide all training that is needed for a FEMA Crisis Counseling Program Grant following a disaster.

Thank you again to all our system partners who make our work possible. With the rapidly changing times in Medicaid and health care reform, we continue to bolster our partnerships to promote a recovery and wellness system for both children and adults in southeast Nebraska.



C.J. Johnson
Regional Administrator



Dennis Byars
RGB Chair



REGION V SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

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Region V Systems accredits its programs through the Commission on Accreditation of Rehabilitation Facilities.

Regional Governing Board

Per Nebraska state statute, each Region is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. The membership as of December 2011 for Region V's geographical area is as follows:

Butler County.....Greg Janak	Pawnee County.....Jan Lang
Fillmore County.....Jerry Galusha	Polk County.....LeRoy Gerrard
Gage County.....Dennis Byars (Chair)*	Richardson County.....Bill Ely, Jr. (Treasurer)*
Jefferson County.....Marvin Yost	Saline County.....Janet Henning
Johnson County.....Terry Keebler (Vice Chair)*	Saunders County.....Doris Karloff
Lancaster County.....Brent Smoyer (Secretary)*	Seward County.....Scott Stuhr
Nemaha County.....Dennis Wittmann	Thayer County.....Dean Krueger
Otoe County.....Carol Crook	York County.....Bill Bamesberger

* Executive Committee members

Thanks to the members of the Regional Governing Board, past and present, for your dedication and support toward the Regional System of Care.

Behavioral Health Advisory Committee

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the Board on behavioral health issues and funding allocations. Consideration for membership is given to geographic location, direct and indirect consumers, cultural diversification, and the community at large. Membership as of December 2011 is as follows:

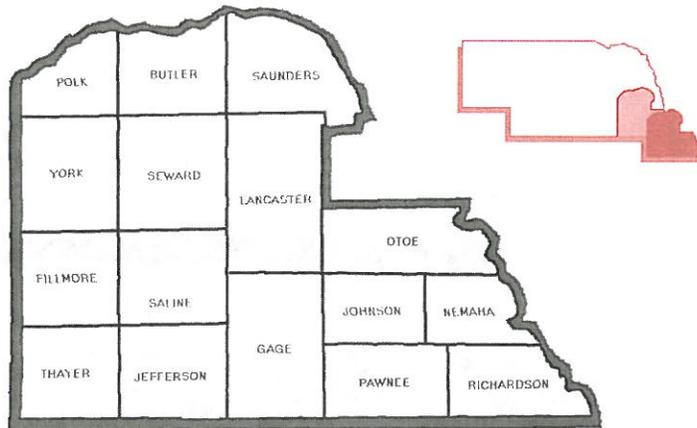
Janet Coleman	Wayne Price (Chair)
Jennie Cole-Mossman	David Rea
Don Harmon	Tammy Sassaman
Robyn Henderson	Janice Walker (Vice Chair)
Sara Hoyle	Stacy Werth-Sweeney
Wilma Jackson	Debra Williams
Terry Keebler (RGB Rep.)	Constance Zimmer
Gail Lorenzen	
James Pennington	

Region V Systems' Provider Network

Region V Systems contracts and works in collaboration with a network of behavioral health providers to deliver an array of behavioral health services to meet the needs of consumers. Following are the providers in Region V Systems' provider network:

Blue Valley Behavioral Health	Lincoln Council on Alcoholism and Drugs
CenterPointe	Lincoln Medical Education Partnership
Child Guidance Center	Lutheran Family Services
Community Mental Health Center of Lancaster County	Mental Health Association of Nebraska
Cornhusker Place	O.U.R. Homes
Houses of Hope	St. Monica's

Region V Systems' Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2010*, the Region has a population of 444,920, constituting approximately 24 percent of the state's population.

Our Organization

Region V Systems was originally created by state statute in 1974 with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the responsibility for the development and coordination of substance abuse services was added. In 2004, LB 1083, the Behavioral Health Services Act, was passed, repealing the original statutes but re-establishing and renaming the Regions as "Behavioral Health Authorities."

Region V Systems is responsible for the development and coordination of publicly funded behavioral health services within its service area. Region V Systems:

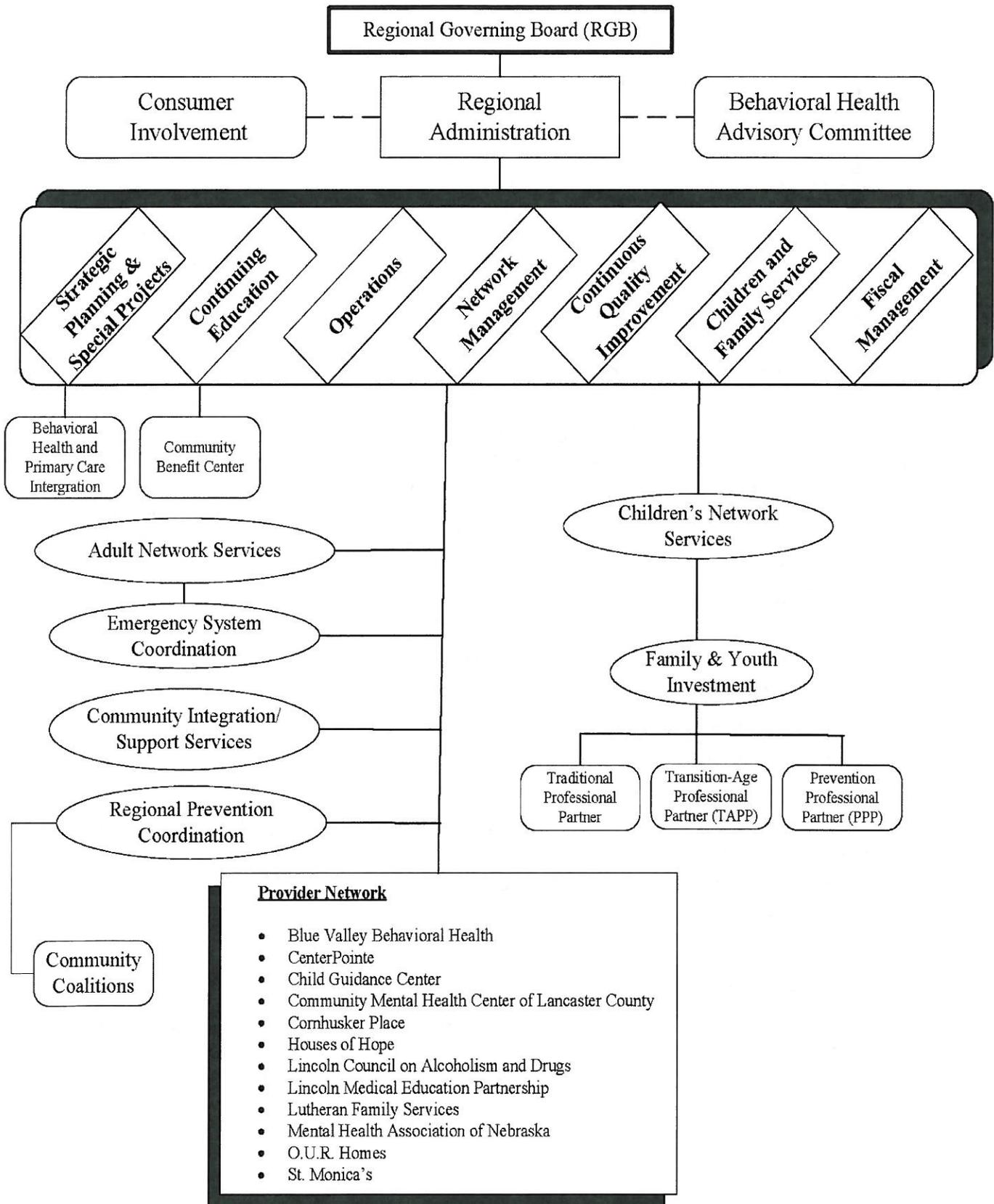
- ◆ Performs comprehensive planning activities;
- ◆ Integrates and coordinates the delivery of services;
- ◆ Prepares and administers budgets;
- ◆ Monitors the system's performance; and
- ◆ Takes corrective action when necessary.

Through these responsibilities, Region V Systems contributes to accomplishing the purpose of the goals of LB 1083, which are to ensure:

- ◆ The public safety and health of consumers;
- ◆ Consumer access to services;
- ◆ Availability of high-quality behavioral health services; and
- ◆ Cost-effective behavioral health services.

The Region's major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.

Our Organization cont...



Support to the Organization

Continuing Education

Purpose: Responsible for the planning, development, coordination, and evaluation of the training, education, and technical assistance services for Region V Systems' staff, providers, nonprofit agencies, and community stakeholders.

How: Develops quality training opportunities to meet Region V Systems' CARF national accreditation requirements, develops opportunities for Region V Systems' staff to further their professional development, and offers consultation for workshop/conference planning to providers and the nonprofit community.

Continuous Quality Improvement

Purpose: Ensures each of Region V Systems' departments and programs are monitored, evaluated, and enhanced on a continual basis, through a team-driven process.

How: Annually, Region V Systems produces a Performance Improvement Plan (PIP). The PIP identifies goals and evaluates and monitors the performance of each department.

Striving to achieve and sustain an environment which has open communication and problem solving from all levels within the organization, Region V Systems has internal and external processes for expressing and resolving concerns/requests. This "CQI Concerns/Request" process is meant to serve as a means for providers, consumers/customers, and staff members to initiate suggestions or address a concern or issue. Each CQI Concerns/Request is reviewed and acted upon by Region V Systems' Management Team and shared with internal and/or external partners.

Operations

Purpose: Ensures the organization runs smoothly and efficiently, allowing staff and customers to access services and supports in the most effective manner.

How: Supports the organization in the following areas: human resources; administrative support; front office customer and staff support; information technology; health and safety; corporate compliance; and compliance with CARF (Commission on Accredited Rehabilitation Facilities) national standards.

Strategic Planning and Special Projects

Purpose: Responsible for the development, implementation, and evaluation of Region V Systems' strategic plan and the management of various special projects.

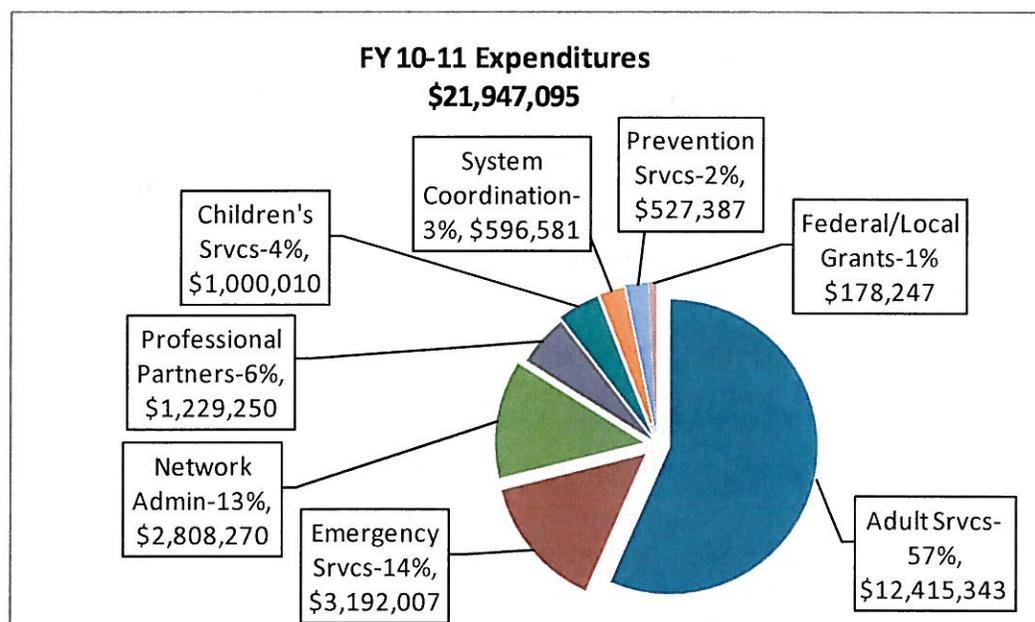
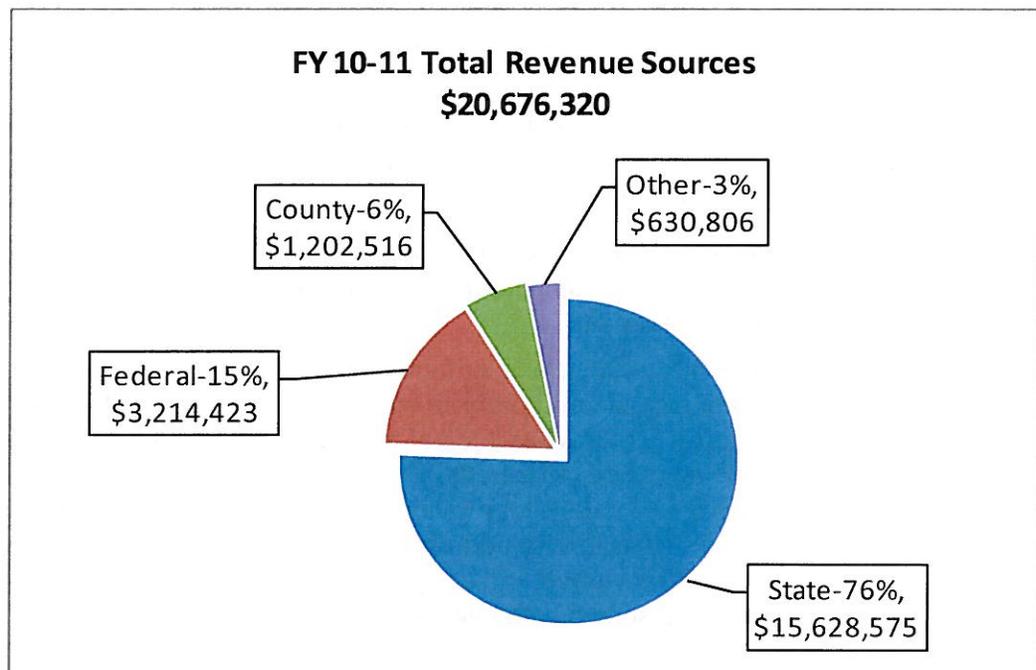
How: The strategic planning process includes three major components: conducting an assessment of the current operating environment of the organization; creating a shared vision for the future; and establishing the goals and objectives that best utilize Region V Systems' strengths to sustain and improve performance, ensure quality services, and guarantee financial viability.

Support to the Organization cont...

Fiscal Management

Purpose: Provides financial management that ensures the effective use of financial resources, transparency, and accountability.

How: Federal, state, and county funds are allocated to providers and other contractual entities. Staff conduct contract performance reviews and fiscal audits to confirm compliance with financial requirements of each Region V Systems' contracts.



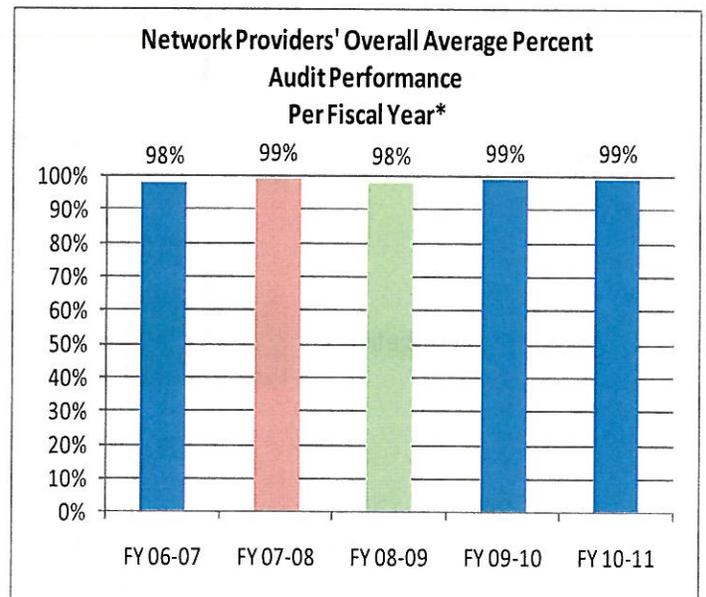
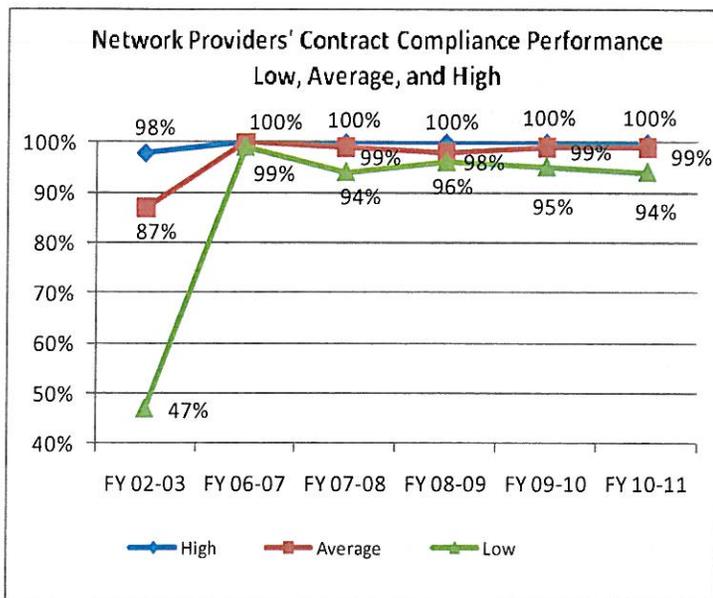
Network Management

Purpose: Establish an efficient and organized community-based system of public behavioral health care for the delivery of adult and children’s services in the Region V geographical area.

How: Region V Systems plans, organizes, contracts for, evaluates, and monitors a regional behavioral health system of care. This is accomplished through contracting and collaborating with a network of behavioral health providers, consumer and family partners, and community stakeholders.

Goal: Ensure consumers have access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.

Funding: Region V Systems receives county, state, and federal funds. Funds are contracted to network providers and other contracting entities to support the Region V system of care.



It is the responsibility of Region V Systems to monitor, review, and perform programmatic, administrative, and fiscal accountability functions. The annual **Services Purchased Audit** verifies that units of service claimed for reimbursement, whether on a fee for service (FFS – unit verification) or on a non-fee for service (NFFS – expense verification) have been delivered and billed accurately. A **Program Fidelity Audit** reviews program plans and services delivery to ensure consistency and compliance with Nebraska-specific service definitions, regulations, and Federal Block Grant Program requirements. Program Fidelity Audits occur on a one to three-year performance cycle.

Together, these audits demonstrate and support fiscal accountability, organizational management, and continuous quality improvement for the network.

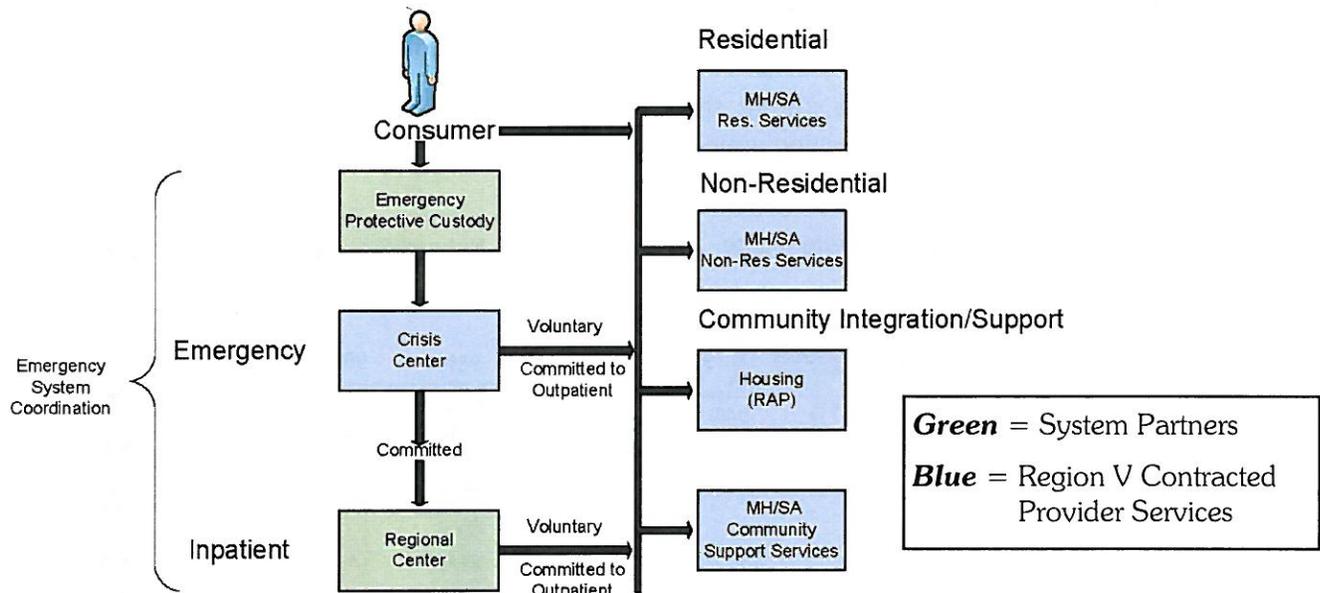
***Note: The audit performance graph only reflects annual Services Purchased Audit Performance.**

Network Management cont...

Adult Network Services

Region V Systems contracts with a network of behavioral health community providers and works with System partners that offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities.

Adult Behavioral Health System



Emergency

24-Hour Crisis Phone
Civil Protective Custody (Involuntary)
Crisis Assessment (Substance Abuse)
Crisis Respite
Crisis Response Teams

EPC Services – Crisis Center (Involuntary)
Emergency Community Support
Hospital Diversion
Social Detoxification

Residential

Dual-Disorder Residential
Halfway House
Intermediate Residential

Psychiatric Residential Rehabilitation
Short-Term Residential
Therapeutic Community

Non-Residential

Assessment
Day Treatment
Intensive Care Management

Intensive Outpatient
Medication Management
Outpatient Therapy (Individual, Family, Group)

Community Integration/Support

Assertive Community Treatment (ACT)
Benefits Analysis
Bilingual/Bicultural Service Coordination
Community Support
Day Rehabilitation

Peer Support
Recovery Support
Supported Employment
Supportive Living
Transition Age Professional Partner (TAPP)

Contracted services available through
Region V Systems' Provider Network

Network Management cont...

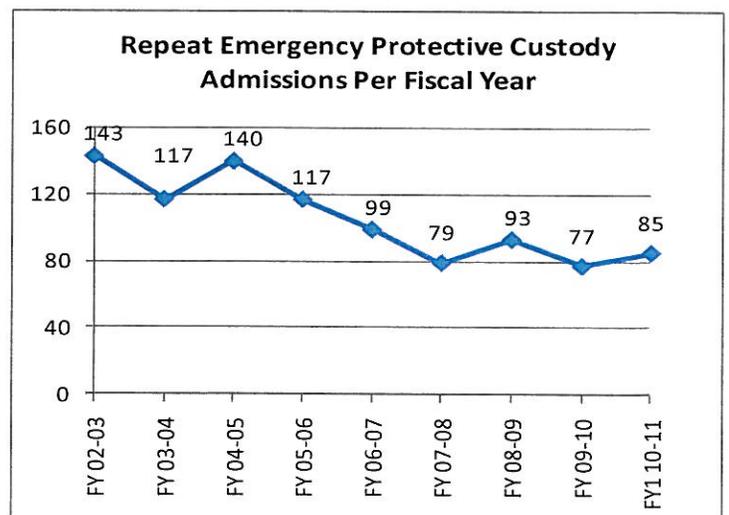
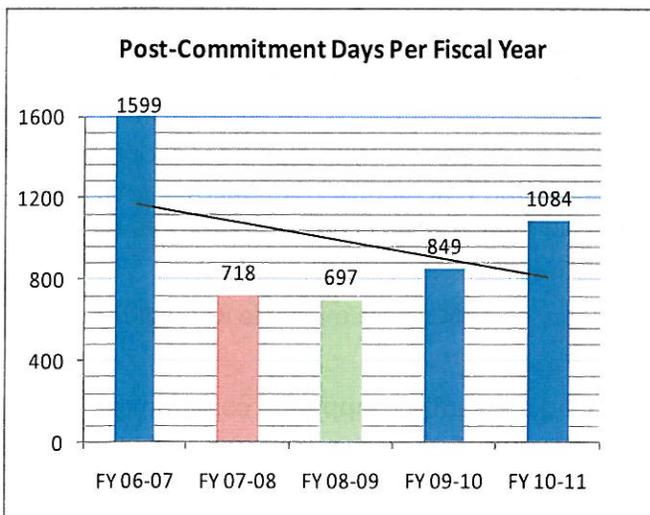
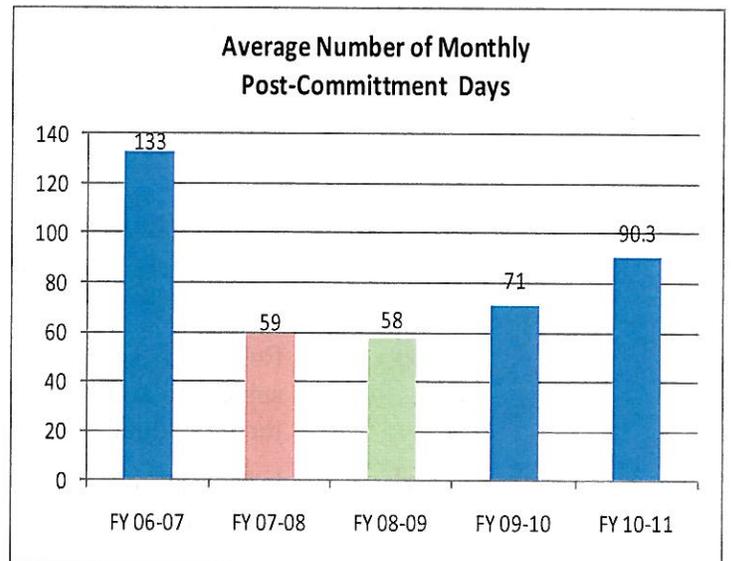
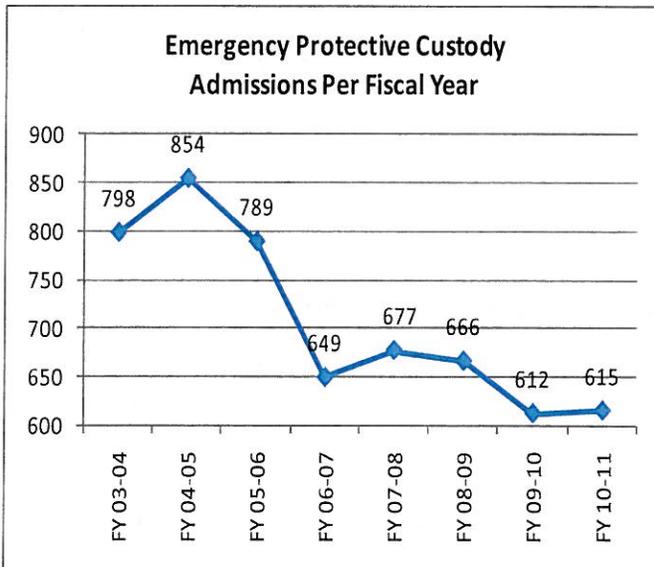
Adult Network Services cont...

Emergency System Coordination

Purpose: Provides a behavioral health emergency system to ensure the safety of consumers and the public.

How: Coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities.

Goal: Ensures consumers have access to services and multiple alternatives for support while experiencing an acute behavioral health crisis.



Network Management cont...

Adult Network Services cont...

Inpatient Level of Care

As outlined in the Department of Health and Human Services' LB 1083 Implementation Plan, the Lincoln Regional Center provides inpatient psychiatric services for Region V Systems' service area.

Purpose: Hospital-based acute and sub-acute psychiatric services designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment order.

How: Provides intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports to stabilize an individual's psychiatric condition.

Goal: Acute psychiatric symptoms are stabilized, and the individual is transitioned to community-based residential or non-residential services for continued recovery.

Residential Level of Care

Purpose: Residential services provide less-intensive or restrictive treatment than inpatient care and are intended to help the individual overcome or compensate for issues caused by mental illness or substance use disorders.

How: Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Goal: Individuals overcome or compensate for problems produced by mental illness and/or chemical dependency so they can be referred to less-intensive levels of care or return to community living with appropriate supports.

Non-Residential and Community Integration/Support Levels of Care

Purpose: Provides non-residential treatment, rehabilitation, and support services intended to reduce episodes of: relapse, crisis, and emergency room utilization; shorten lengths of stay at inpatient and residential levels of care; and promote the recovery and resiliency of the individual.

How: A number of varied and flexible service options are available to meet the individual's needs.

Goal: Individuals maintain or return to independent or supported community living.

Network Management cont...

Adult Network Services cont...

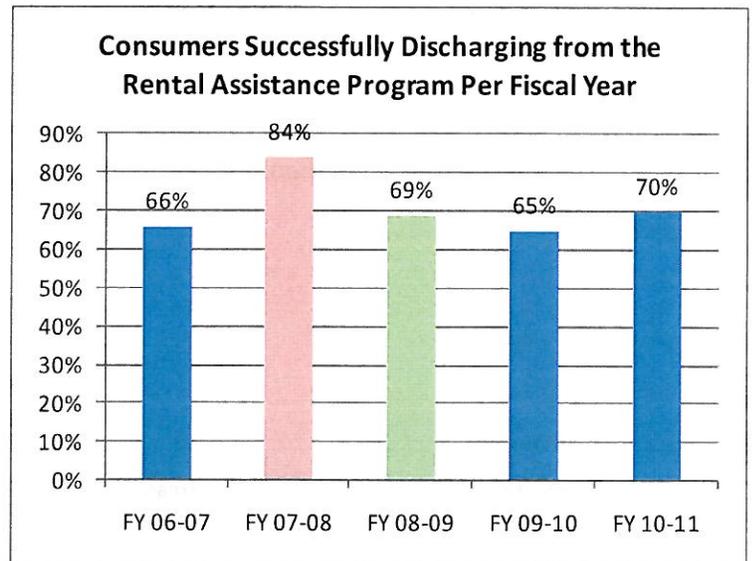
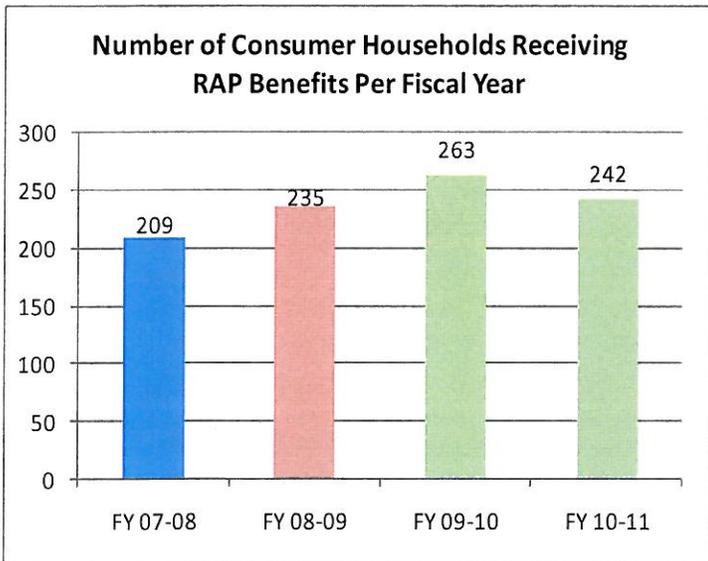
Community Integration/Support Services

Rental Assistance Program (RAP)

Purpose: Provides safe, secure, affordable housing—together with support services—so that consumers can begin to work toward recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own home. The target population are consumers with serious and persistent mental illnesses, who are indigent or have extremely low income, and who are on an inpatient Mental Health Board commitment or those that are at risk of an inpatient commitment.

How: RAP builds a network of housing providers and facilitates locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections.

Goal: Consumers achieve independent living, bridge to more permanent housing, or maintain their current living situations.



Successful discharge is identified as bridging to permanent housing; bridging to economic self-sufficiency (consumer exceeds allowable 30 percent of median family income guideline); or consumer choice in housing (consumer chooses to move out of Region V Systems' service area or chooses to move in with a roommate). The availability of Section 8 Housing vouchers impacts discharges to permanent housing.

Network Management cont...

Adult Network Services cont...

Community Integration/Support Services cont...

Homeless Prevention and Rapid Re-Housing Program (HPRP)

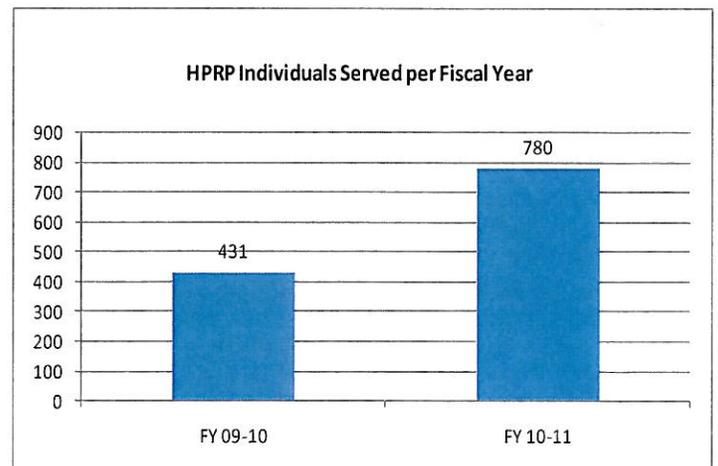
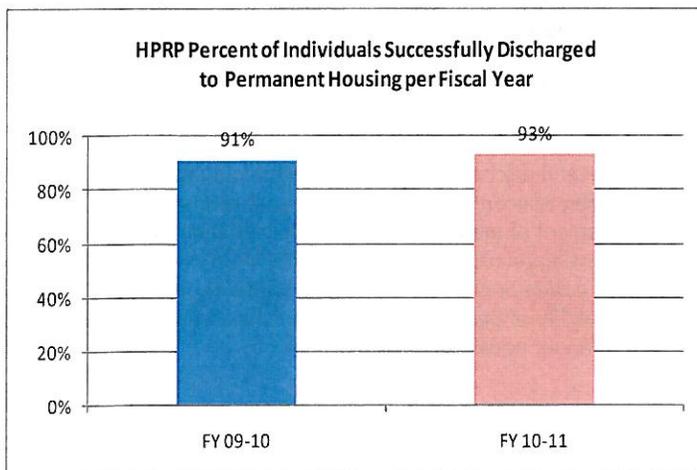
Purpose: HPRP is a three-year program (beginning July 2009 and ending July 2012) established by the American Recovery and Reinvestment Act of 2009, often known as stimulus funds. **Prevention** addresses individuals and families that are currently in a residence but are at risk of becoming homeless and need temporary rent or utility assistance to prevent them from becoming homeless. **Re-housing** addresses individuals and families that are experiencing homelessness and need temporary assistance in order to obtain and retain housing.

How: An initial assessment of the consumer occurs through rent and utility assistance providers, and, if eligible, a referral is sent to Region V Systems' HPRP Program. An intake is completed and a case manager is assigned to guide the consumer through the process.

Goal: Prevent people from becoming homeless, help people who become homeless to quickly move into permanent housing, and help people stabilize their housing situation.

"I am very proud of myself for the first time in a very long time. You and your agency gave me my life back, and I thank you from the bottom of my heart."

—Consumer of HPRP Services



Network Management cont...

Behavioral Health Data for Region V-Funded Services

Unduplicated Count of Persons Served by County of Residence FY 10-11		
	<i>Mental Health</i>	<i>Substance Abuse</i>
Butler	65	64
Fillmore	70	52
Gage	321	254
Jefferson	82	81
Johnson	26	25
Lancaster	4,866	4,779
Nemaha	61	67
Otoe	137	102
Pawnee	28	13
Polk	29	19
Richardson	77	55
Saline	187	115
Saunders	127	123
Seward	186	112
Thayer	42	30
York	199	102
Total Admissions	6,503	5,993

Age Demographics FY 10-11*	
0-10	631
11-18	1,210
19-20	1,611
21-25	4,117
26-44	12,858
45-64	8,853
65+	640

Race Demographics FY 10-11*	
Alaska Native	55
American Indian	990
Asian	409
Black or African American	2,160
Native Hawaiian	53
Other Pacific Islander	536
Unknown	348
White	25,369

Diagnostic Demographics FY 10-11*	
Adjustment Disorder	1,427
Anxiety Disorder	2,329
Child/Adolescent Disorder	659
Cognitive Disorder	39
Deferred, Unspecified, Other	903
Dissociative Disorder	12
Eating Disorder	10
Medical Related Disorder	5
Mood Disorder	9,879
Other Conditions	46
Other Impulse-Control	133
Personality Disorder	9
Schizophrenia and Psychosis	4,023
Sexual and Gender Identity	303
Sleep Disorder	8
Somatoform Disorder	13
Substance-Related Disorder	10,028
Unidentified	94

Insurance Coverage Demographics FY 10-11*	
Child Welfare	1
HMO	948
Indian Hlth Svc	5
Medicaid	3,600
Medicare	2,973
No Insurance	18,045
Other Insurance	3,695
Other Direct Fed	1
Other Direct Sta	2
PPO	249
Priv. Self Paid	348
Unknown	8
Veterans Admin	45

*** Duplicated counts of persons served**

Data is maintained by Magellan Behavioral Health Services, the state of Nebraska's system management agent.

Network Management cont...

Children's Network Services/Children and Family Services

Contracted Provider Services

Region V Systems contracts with and coordinates a network of community providers that ensure integrated behavioral health services are designed for youth.

- Purpose:** Region V Systems' contracted services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.
- How:** The system of care for children encompasses a broad array of behavioral health services ranging from community-based treatment interventions to inpatient care.
- Goal:** Enhance the children/youth continuum of services and promote collaboration and integration of services to better meet the behavioral health needs of youth and their families in southeast Nebraska.
- Services:** The Region's contracted services include:
- ◆ Residential Substance Abuse
 - ◆ Therapeutic Consultation
 - ◆ Youth Assessment
 - ◆ Outpatient Therapy

Family & Youth Investment (FYI)



Region V Systems administers the Professional Partner program, known as Family & Youth Investment (FYI). In FY 10-11, FYI included three program tracks: the **Traditional Professional Partner**, the **Transition-Age Professional Partner** (TAPP), and **Prevention Professional Partner** (PPP). The Traditional Professional Partner track serves individuals up to the age of 21; the Transition-Age Professional Partner track serves youth ages 17-25 who are transitioning from the children's to the adult behavioral health system; and the Prevention Professional Partner track, which focuses on prevention, serves children and youth ages 7-19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination.

- Purpose:** Improve the lives of youth/young adults who are diagnosable with a mental illness under the current edition of the *Diagnostic and Statistical Manual* (DSM) published by the American Psychiatric Association.
- How:** Professional Partners serve as service coordinators and work with families or young adults who voluntarily ask for assistance. Professional Partners help families and young adults identify outcomes, strengths, needs, informal supports, and create individualized plans. Through a team effort, they coordinate and facilitate formal and informal services and supports necessary to assist youth/young adults and their families in meeting their established goals.
- Goal:** Averting children from becoming state wards for the purpose of receiving services; preventing expensive out-of-home placements or involvement in emergency services; reducing juvenile crime or contact with adult criminal justice systems; increasing school performance; and facilitating seamless transition from the youth to the adult behavioral health system.



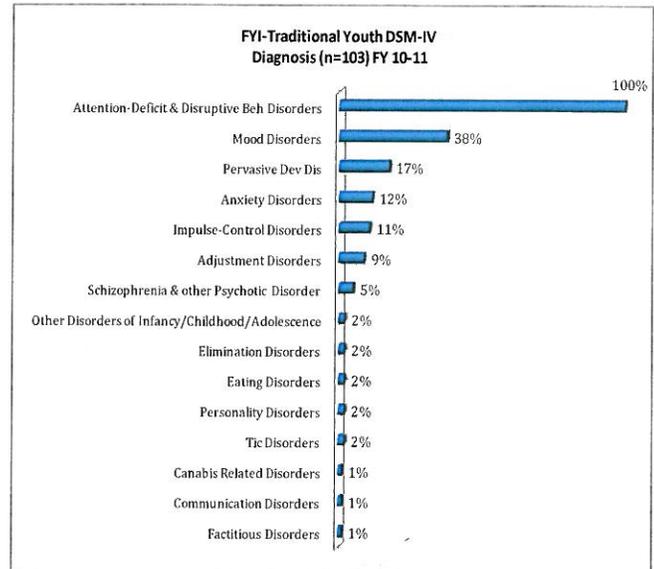
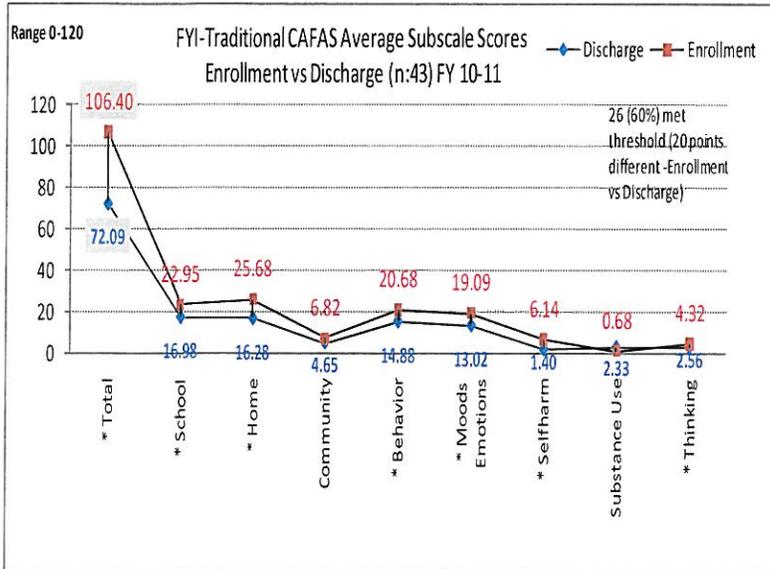
Accredited Program

Network Management cont...

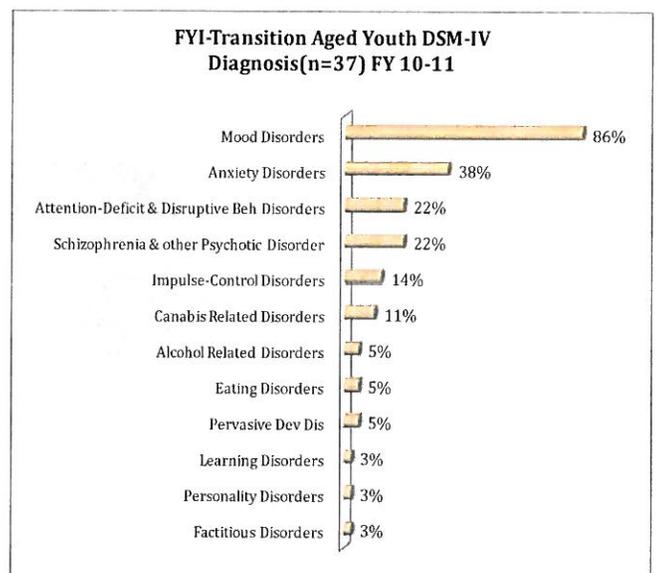
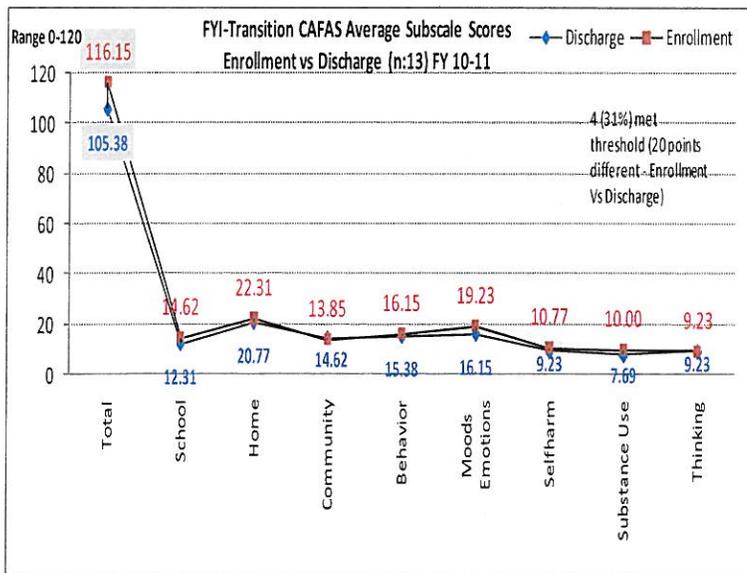
Children's Network Services/Children and Family Services cont...

Family & Youth Investment (FYI) cont...

Traditional Professional Partner track: average length of case management was 15.2 months; 97.3 percent of youth lived in their parent's home while being served in the program; number of youth served was 100.



Transition-Age Professional Partner track: average length of stay was 9.4 months; number of youth served was 37.



CAFAS Graph

Youth served through FYI were administered the Child and Adolescent Functional Assessment Scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. This graph compares youth total and eight domain CAFAS scores at enrollment, compared to their CAFAS scores at discharge.

* Denotes statistically significant improvement and less impairment.

DSM-IV Graphs

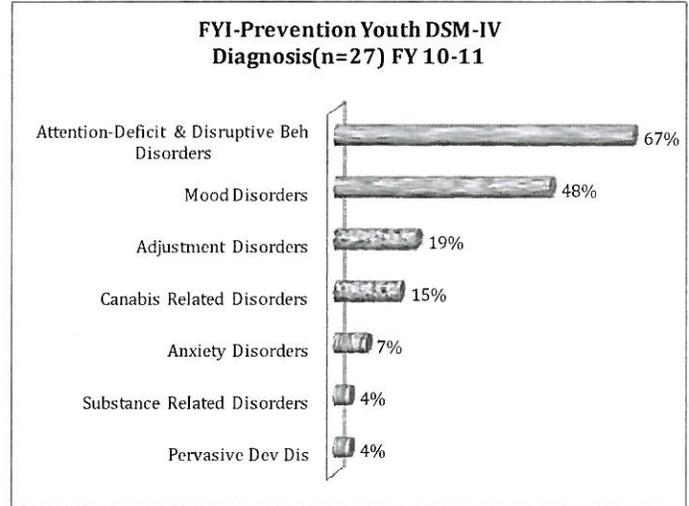
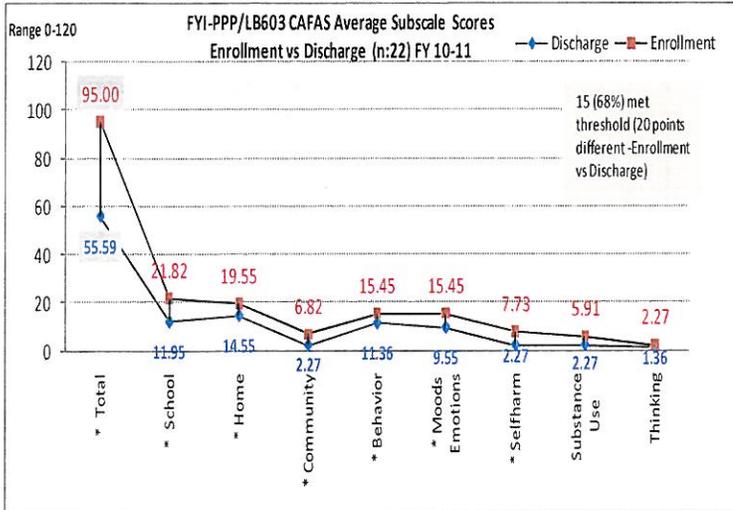
Youth who were served within the FYI programs presented with the above mental health diagnoses according to the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)*. The percentage of youth are broken into twelve categories of diagnosis, with the most prevalent diagnosis starting at the top then declining to the least prevalent diagnosis at the bottom of the graph.

Network Management cont...

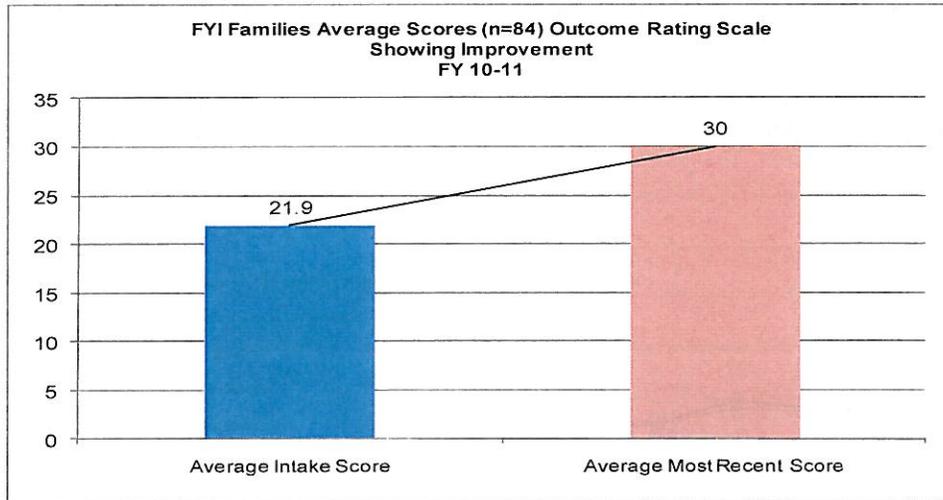
Children's Network Services/Children and Family Services cont...

Family and Youth Investment (FYI) cont...

Prevention Professional Partner track: number of youth served in the 90-day program was 27.



All three FYI Program tracks:



CAFAS Graph

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DSM-IV Graphs

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Outcome Rating Scale Graph — All three FYI Program tracks

Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, that interaction with a client can be client-directed and outcome-informed.

According to Dr. Miller, a score of 25 points is the clinical cutoff. Clients that score under 25 are in need of and could benefit from treatment. On average, the families are progressing/improving (Standard Effect Size 0.9). See page 25 for Client Directed/Outcome Informed Care Initiative.

Network Management cont...



Regional Prevention Coordination

Accredited Program

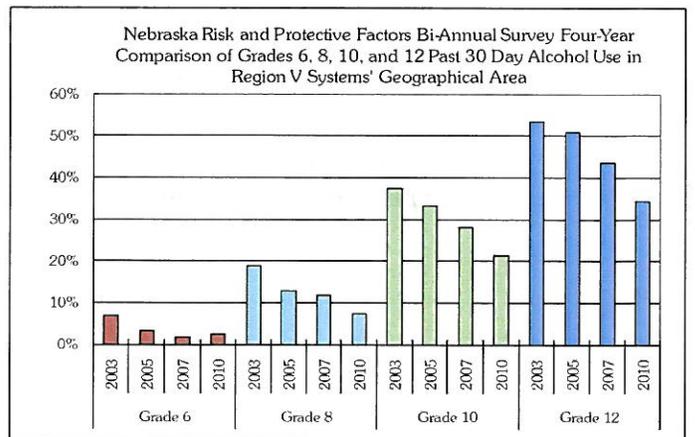
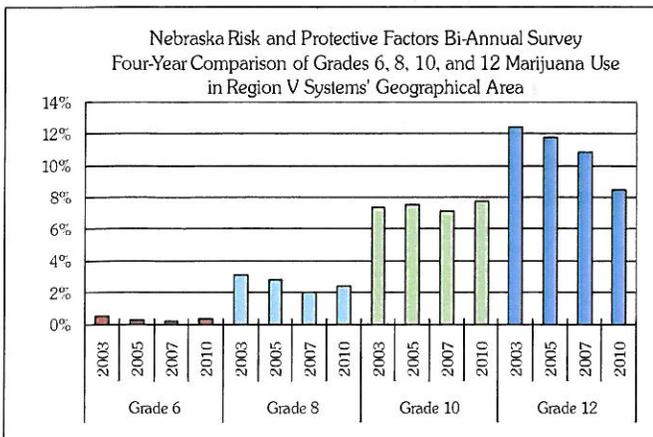
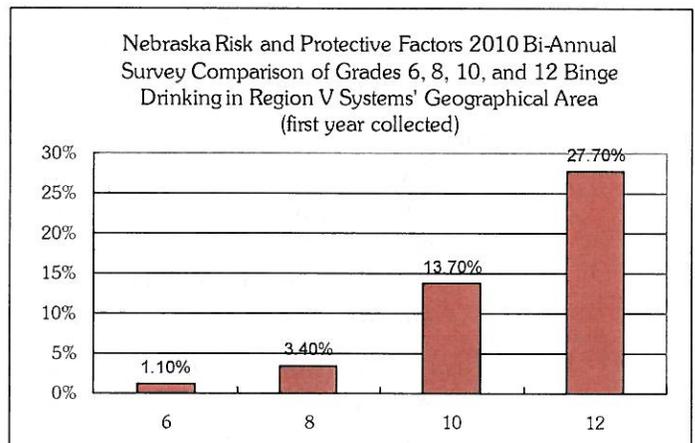
Purpose: Reduce substance abuse among youth and adults by addressing the factors in communities that increase the risk of substance abuse and promoting the factors that minimize the risk of substance abuse. Secondly, establishing and strengthening collaboration among community stakeholders, to support the efforts of community coalitions in preventing and reducing substance abuse among youth and adults.

How: Prevention staff provide ongoing technical support, training, and coordination of regional and statewide prevention strategies, evidence-based programs and practices, and providing oversight for the Regional Youth Action Board. Staff works collaboratively with a wide variety of state and local entities to achieve federal national outcome measures.

Goal: Prevent, delay, and/or reduce individual and environmental concerns associated to substance abuse among youth and adults in southeast Nebraska.

In 2010, the state of Nebraska developed a Student Health and Risk Prevention Survey (SHARP). SHARP is a new effort to coordinate the administration of three school-based student health surveys (see charts below). The intent is to improve data collection through better communication and coordination. Survey administration occurs once every two years.

Region V Systems' 2010 SHARP Survey	Total Students	Total School Districts
Nebraska Risk and Protective Factor Student Survey	8,341	56
Youth Risk Behavior Survey	813	13
Youth Tobacco Survey	1,331	17



Business Network

In its role as the Behavioral Health Authority, Region V Systems has established a number of business partnerships, some of which are co-located within Region V Systems' building. Region V Systems works with these business partners to support them in achieving their mission. For FY 10-11, these business/contractual relationships include:

Electronic Behavioral Health Information Network (eBHIN)

Works to promote quality patient care and access, from multiple locations, by developing and implementing a Behavioral Health Information Exchange between behavioral health providers in southeast Nebraska. ***eBHIN's contract includes office space, administrative support, and information technology support.***

Families Inspiring Families (FIF)

A chapter of the Nebraska Federation of Families for Children's Mental Health. ***FIF's contract includes office space, fiscal support, and information technology support.***

Human Services Federation (HSF)

A membership of 120 nonprofit agencies dedicated to providing quality health and human services in Lincoln and Lancaster County. ***HSF's contract includes office space, administrative support, and information technology support.***

Lutheran Family Services (LFS)

A faith-based, nonprofit, multi-service human care agency with more than 30 locations across Nebraska, Iowa, and Kansas. its mission is to provide human care services that build and strengthen individual, family, and community life. ***LFS's contract includes technical assistance and training for its Omaha office in the area of program structure and staffing, and continuous quality improvement.***

Mental Health Association of Nebraska (MHA-NE)

A consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness. ***MHA's contract includes office space, Continuous Quality Improvement (CQI) support, information technology support, and fiscal support.***

National Association of Case Managers (NACM)

A national nonprofit membership organization which provides case managers, service coordinators, supervisors, and administrators opportunities for professional growth and the promotion of case management. ***NACM's contract includes fiscal support, administrative management, training, and event coordination.***

National Alliance on Mental Illness (NAMI) Lincoln

A nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with mental illness. ***NAMI's contract includes office space and information technology support.***

Business Network cont...

Payee Specialists of Nebraska

Provides effective representative payee services to individuals who have demonstrated the inability to handle their finances. ***Payee Specialists' contract includes office space and information technology support.***

People's Health Center (PHC)

A federally qualified health center that provides affordable, comprehensive, accessible, culturally appropriate, cost-effective primary health care in Lincoln, Nebraska, especially for those individuals/families with limited resources or other barriers to health care, to improve their overall health status. ***PHC's contract includes technical assistance in human resource systems management.***

Seward County

Seward County is a governmental agency with over 120 employees working in ten departments to manage the work of the county. Seward County is one of the 16 counties that Region V Systems has an Interlocal Agreement within its geographical area." ***Seward County's contract includes staff training in FMLA/ADA law and technical assistance for human resource systems management including serving as FMLA/ADA administrator.***

Initiatives

Region V Systems is committed to promoting partnerships through various initiatives, special projects, coalitions, and grants. These partnerships include providers, consumers, Department of Health and Human Services, and other stakeholders through evaluation, assessment, and implementation of programming. Following are examples of some of these initiatives:

Behavioral Health and Primary Care Integration

Purpose: Establish integrated behavioral health care and primary health care at People's Health Center (PHC).

How: In the first year of the project, medical homes were established and primary care services were provided to persons who received behavioral health services from Region V Systems' providers. During this fiscal year, a model for integration of primary care and behavioral health services was developed for PHC and implementation began.

A behavioral health specialist was hired at PHC to assist physicians in identifying and addressing patients' behavioral health issues. During FY 10-11, the total number of appointments used by persons directed to PHC by behavioral health providers was 549. This is an increase of 63 percent over the first year of the project.

Initiatives cont...

Cluster-Based Planning Pilot

Purpose: Region V Systems implemented cluster-based planning and outcome management for adults with SPMI and for youth suffering from behavioral health issues. This approach assists both the children and adult systems of care with improving the quality of care by better identifying who the consumers of services are, what types of services are needed, and what can best be offered to meet their needs. The initial phase of implementation was devoted to training staff that provide or supervise community support services at five Network Provider agencies, including: Blue Valley Behavioral Health, CenterPointe, Child Guidance Center, Community Mental Health Center of Lancaster County, and St. Monica’s; and one systems partner, ED Connections.

How: **A Cluster is a subgroup of a larger clinical population that shares common problems, strengths, treatment histories, social and environmental contexts, and/or life situations.** The approach includes a review of the adult’s or youth’s life over time (their history). It assumes that large groups of consumers, such as adults with severe mental disabilities, children with mental health needs, or individuals who are chemically dependent, should not be served as if they were a member of a single homogenous group. Instead, these larger groups are comprised of distinct natural subgroups, or **Clusters**. By describing different clusters, identifying and measuring targeted outcomes, and tracking accompanying services and costs, the systems can begin to answer the questions of “what works, for whom, and at what cost.” Cluster-based planning is a systematic process that can facilitate clinical practice, treatment planning, program development, and outcomes-based management of services.

Two youth-serving programs, Child Guidance Center (523 youth were clustered) and Region V Systems’ Professional Partner Program—Family & Youth Investment (90 youth were clustered), piloted cluster-based planning during this fiscal year. The chart below lists the ten different cluster memberships, the number of youth assigned, and the percent. Nearly 60 percent of youth are members of the clusters: Cluster 1: Youth who have ADHD or other Neurological Behavioral Conditions; Cluster 3: Youth with Serious Behavior Problems, and Cluster 8: Youth Not Adjusting to Stressful Life Events or Crisis.

Cluster Number	Cluster Name	Frequency	Percent
1	ADHD Or Neuro-Behavioral Conditions	121	19.10%
2	Depressed and/or Suicidal	50	7.90%
3	Serious Behavior Problems	92	14.50%
4	Sexually, Physically, or Emotionally Abused	42	6.60%
5	Affected by Traumatic Events	62	9.80%
6	Substance Abuse Issues	14	2.20%
7	Anxious Children and Adolescents	36	5.70%
8	Not Adjusting to Stressful Life Events or Crises	161	25.40%
9	Involved in Sexual Offenses	14	2.20%
10	Cognitive Limitations and Behavioral Problems	41	6.50%
Total		633	100%

Initiatives cont...

Cluster-Based Planning Pilot cont...

Four adult network providers piloted cluster-based planning this fiscal year. The agency, programs clustered, and number of individuals from each agency that were clustered are:

- 1) Blue Valley Behavioral Health (Community Support Program) 82 individuals.
- 2) CenterPointe (ACT, Outpatient, and Community Support Programs) 209 individuals.
- 3) Community Mental Health Center of Lancaster County (Community Support Program) 568 individuals.
- 4) ED Connections (Case Management Program) 53 individuals.

The chart below lists the combined data by frequency and percentage of all four piloted agencies. Nearly 82 percent of individuals clustered were members of Cluster 2A: Adults with Serious Substance Abuse, Mental Health, & Community Living Problems, 3A: Adults Who Are Severely Disabled in Many Life Areas, and 4A: Adults Who Struggle with Anxiety and Depression, and Avoid Growth Opportunities. Individuals in Cluster 3A often have long histories of medications, some of which left them with irreversible side effects. They have difficulties interacting with others and have needed considerable support to live independently. Many also have undiagnosed or untreated physical health conditions that shorten their life expectancy.

Cluster Number	Cluster Name	Frequency	Percent
1	Physical Health Conditions And Psych. Dis.	34	3.70%
2A	Serious SA, MH, & Community Living Problems	135	14.80%
2B	Severe SA Problems & Less Severe MH Problems	47	5.20%
3A	Severely Disabled in Many Life Areas	534	58.60%
3B	Younger Adults Severely Disabled But Not Convinced Usefulness of Treatment	47	5.20%
4A	Anxiety and Depression, And Avoid Growth Opportunities	72	7.90%
4B	Anxiety And Focus On Physical Health Conditions	22	2.40%
5	Functioned Well In Their Communities	21	2.30%
Total		912	100%

Trauma-Informed Care Initiative

Purpose: To ensure that all network providers providing behavioral health services are informed about the effects of psychological trauma, consistently screen for trauma symptoms and history of traumatic events, provide ongoing assessment of trauma symptoms and problems related to trauma, offer services that are recovery-oriented and trauma-sensitive, and understand that re-traumatization may occur if safe, effective, responsive services are not available.

How: Results of FY 10-11 provider trauma-informed care surveys were compiled into a regional aggregate report identifying strengths, gaps, and priority needs toward promoting a trauma-informed system of care. A workgroup comprised of consumers, Regional staff, and Network Providers was formed to create a work plan addressing identified needs. In June 2011, approximately 30 individuals within the Provider Network were trained as trainers in “Orientation to Trauma-Informed Care” to further educate the behavioral health workforce in trauma-informed care.

Initiatives cont...

Consumer Involvement

Purpose: In 2004, Nebraska's State Legislature adopted LB 1083, the Nebraska Behavioral Health Services Act, which identified the following purposes:

- ◆ Ensure services are consumer focused.
- ◆ Create services that emphasize beneficial outcomes based on recovery principles.
- ◆ Ensure consumer involvement in all aspects of service planning and delivery.

How: In 2007, a Consumer Specialist position was funded in each Region to support and promote consumer involvement. In Region V, this includes the development and coordination of a "Consumer/Family Coalition"; it is through these activities that Region V Systems ensures reform is consumer led. Recovery principles are also adopted at all levels of the system.

Consumer involvement coordination works to:

- ◆ Increase consumer and family involvement.
- ◆ Support the interests and development of consumers.
- ◆ Provide new opportunities for consumers to learn leadership skills.
- ◆ Gain experience in developing partnerships.

Consumer and Coalition Achievements in FY 10-11 were:

- ◆ Increased average monthly participation at Consumer/Family Coalition meetings (20-25).
- ◆ Began development of formal Coalition structure, including by-laws.
- ◆ Sponsored Leadership and Empowerment training for ten consumers.
- ◆ Sponsored publication of Writers Wordshop anthology, "Writers on the Edge."
- ◆ Co-sponsored a recovery picnic/event.
- ◆ Participated in the planning of first statewide behavioral health conference.
- ◆ Sponsored scholarships to enable 89 consumers from the region to attend statewide behavioral health conference.
- ◆ Trained 15 individuals as Wellness Recovery Action Plan (WRAP) facilitators, including three whose primary language is Spanish.
- ◆ Implemented weekly WRAP groups for consumers at the Lancaster County Crisis Center.
- ◆ Offered WRAP workshops and support groups at Region V Systems and in the community.
- ◆ Participated in the Office of Consumer Affairs training and Certified Peer Support and Wellness Specialist (CPSWS) testing for peer specialists.
- ◆ Held consumer forums in Lincoln and Beatrice to identify system strengths and gaps.
- ◆ Began participating in Region V Trauma-Informed Care Initiative.

Initiatives cont...

Linking Individuals/Families in Need of Community Support (LINCS)

Purpose: In July 2009, Region V Systems, in collaboration with key community stakeholders, including the Lancaster County Attorney's Office, Lancaster County Human Services, Lancaster Youth Assessment Center, and Child Guidance Center, implemented **LINCS** (Linking Individuals/Families in Need of Community Supports). LINCS offers assessment, services, and supports to families that have acknowledged a need for assistance with their children who are demonstrating difficulties in their homes, schools, and communities. The voluntary process also responds to youth with serious/complex needs who are at risk of a juvenile court filing and becoming state wards by applying the wraparound approach, including prevention, intervention, and coordination designed to address the behavioral health needs of youth and their families. The **primary goal of LINCS** is to reduce formal juvenile justice and/or child welfare involvement while generating community support and service for the youth and their families.

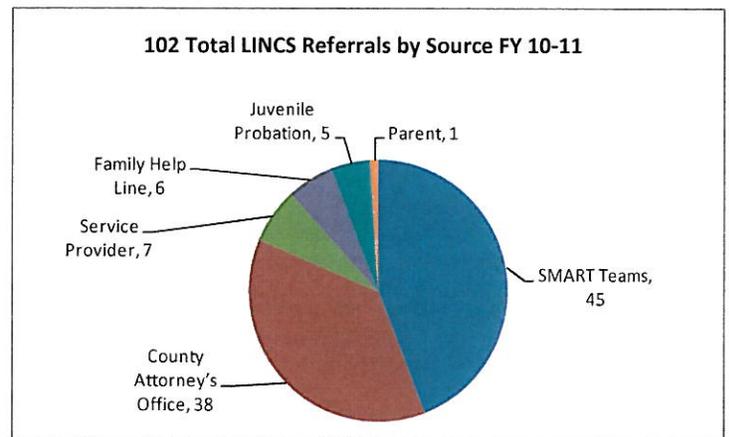
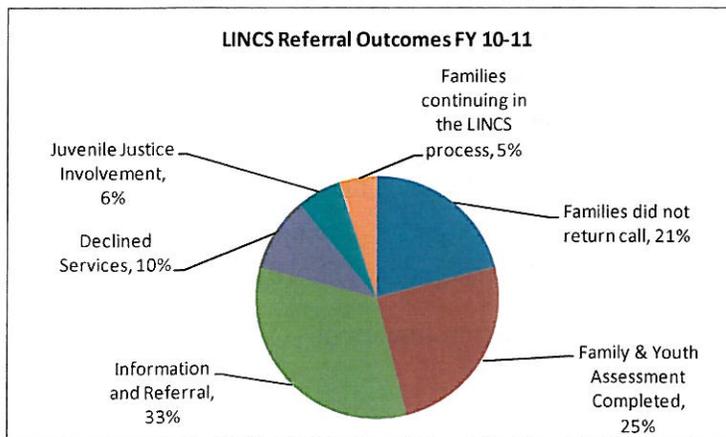
How: The process begins when families contact the county attorney's office or the Lancaster County Youth Assessment Center and report that their family is in need of services due to their child's high-risk behaviors.

Step 1: Families complete a comprehensive family and system assessment.

Step 2: Upon completion, the youth assessment clinician reviews the assessment recommendations with the family and assists the family with making connections to appropriate community resources.

Eligibility for the LINCS process includes:

- ◆ Youth who are referred by the county attorney's office, Lincoln Public Schools, or the Nebraska Family Helpline.
- ◆ Youth who are between the ages of 7-18 years.
- ◆ Youth who are at risk for substance abuse, serious emotional disturbances, behaviors that would result in being removed from the home, and/or becoming involved in the juvenile justice and/or child welfare systems.



Initiatives cont...

Special Populations Project

Purpose: Develop comprehensive approaches to meet the needs of special population priority areas as they relate to behavioral health. Grants are awarded to initiate programs, organizations, and community coalitions to meet the needs of the special populations they serve.

How: Region V Systems awards grants to agencies/organizations/individuals that meet special populations in behavioral health criteria. The special populations are:

- ◆ Cultural competency
- ◆ Elderly
- ◆ Families with children with severe emotional disturbances
- ◆ Hearing impaired
- ◆ Race and ethnicity
- ◆ Women

Recipients of Special Populations Grants

Region V Systems awards approximately \$6,000 annually in special population grants. In FY 10-11, funds were awarded to the following:

- ◆ CASA for York County Nebraska and Epworth Village
- ◆ Lancaster County Medical Society Foundation
- ◆ Lincoln Medical Education Partnership's Young Families Program
- ◆ Lutheran Family Services
- ◆ St. Elizabeth Foundation on behalf of ED Connections
- ◆ YWCA of Lincoln

Recovery Voucher Project

Purpose: Region V Systems' Recovery Voucher Project is a client-centered, community-based recovery pilot project designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' Network Capacity Waitlist and is intended to reduce time on waitlists.

How: The project supports participant choice and delivers funds through a voucher method of payment. Treatment services covered under the voucher project are initially limited to Intensive Outpatient (ASAM Level II.1) and Short-Term Residential Treatment (ASAM Level III.5).

Region V Systems contracted with one voucher provider, Summit Care and Wellness, and issued vouchers to 21 consumers in FY 10-11.

Goal: Decrease wait times and increase access to treatment.

Initiatives cont...

Let's Build Nebraska



Region V Systems received a \$1.5 million federal grant (Let's Build) in 2007 to provide grants, technical assistance, and training, to build the capacity of nonprofits. Because of the successful outcomes the grant provided, several organizations in the Region V area joined together to create a framework and a workable strategy to sustain the capacity building initiative. The organizational structure that has come out of the work of the group is an exciting new idea that sets a foundation to support and strengthen the nonprofit community. The initiative is called **Let's Build Nebraska**.

Purpose: Support capacity building to strengthen southeast Nebraska communities by developing an organizational structure to secure, organize, and provide resources to strengthen the capacity and ensure viability of nonprofit and other organizations.

How:

- ◆ Develop a website featuring online resources for organizations to find basic information to improve their capacity.
- ◆ Identify and coordinate subject matter experts and other volunteer resources to provide training, coaching, and/or mentoring services.
- ◆ Create a brand, logo, and marketing plan to promote the efforts.
- ◆ Identify and secure financial and other resources necessary to support capacity development.
- ◆ Develop methods and tracking systems to quantify success.

Client-Directed/Outcome-Informed Care

Purpose: Designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes.

How: This process was piloted in 2008 with Region V Systems, FYI programs, and CenterPointe's housing project. Staff members ask consumers to fill out an outcome-rating scale when they first meet in order to hear the consumer's perspective of how things are going in their life. At the end of the session, staff members ask consumers to fill out a session-rating scale to hear the consumer's perspective of how well the staff member listened, worked on the consumer's goals, was respectful, and if the staff member's approach was a good fit. Professional Partners consult with Dr. Scott Miller for clinical consultation.*

*See the Outcome Rating Scale graph on page 16 for further information.

Initiatives cont...

Culturally and Linguistically Appropriate Services (CLAS)

Purpose: Establish an organized and coordinated system to build support services that ensure culturally and linguistically appropriate services in the Region V geographic area. The outcome is improved behavioral health services in Region V for those consumers with culturally and linguistically specific needs.

How: Region V Systems hosts a CLAS Coalition that meets monthly to address cultural and linguistic issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

In FY 10-11, funds were disbursed to the following:

Interpretation Reimbursement for Network Providers:

Blue Valley Behavioral Health
CenterPointe
Child Guidance Center
Community Mental Health Center
of Lancaster County
Lincoln Council on Alcoholism and Drugs
Lutheran Family Services

Recipients of CLAS Grants:

Asian Community and Cultural Center
Lincoln Literacy Council
Lutheran Family Services
Mental Health Association of Nebraska
Nebraska Association for Translators and Interpreters
Nebraska Commission for the Deaf and Hard of Hearing
People's City Mission

Statewide Conference

In July 2010, the CLAS Coalition partnered with the Nebraska Department of Health and Human Services, Office of Minority Health to host "Missing Links IV: Improving Health By Embracing Diversity." One hundred fifteen people attended the one-day, statewide conference.

Lancaster County Consumer Demographics

County of Residence : Lancaster		Unduplicated Count of Persons Served ►	4866	4779
Demographic	Category	MH	SA	
Service Type	ACT	4		
	ACT Alt	87		
	Acute Psy Inpatient	8		
	Assess/Eval ONLY -MH	3		
	Assess/Eval ONLY -SA			32
	Assessment			41
	Assessment Addendum			1
	Ch IOP-SA			1
	Ch O/P-MH	839		
	Ch O/P-SA			131
	Ch Prof Partners	203		
	Ch Respite	2		
	Ch Ther Comm			4
	Ch Yth AssessONLY-MH	11		
	Comm Supp - MH	932		
	Comm Supp - SA			107
	CPC			5239
	Crisis AssessLADC/SA			86
	Day Rehab - Full Day	152		
	Day Treatment - MH	89		
	Detox			427
	Dual Dis Res/MH	15		
	Dual Dis Res/SA			38
	Emergency Comm Supp	138		
	EPC	592		
	Family Navigator	45		
	Group Therapy			35
	Half-way House - SA			122
	Int Case Mngt - MH	99		
	Int Case Mngt - SA			58
	Int O/P - SA			172
	Int. Res - SA			57
	Medication Management	6921		
	O/P Dual Dx	2		
	O/P-MH	6893		
	O/P-SA			1156
	OpioidRplace-MethBup			24
	Post Com Trt Days/MH	102		
	Post Com Trt Days/SA			14
	Psych Res Rehab - MH	23		
Psych Respite	103			
Recovery Support	225			
Secure Resident - MH	5			

Lancaster County Consumer Demographics

	Short-term Res - SA		272
	Supported Employment	103	
	Supported Living	33	
	Therapeutic Com - SA		46
Service Type Total		17629	8063
Sex	Female	8797	2046
	Male	8824	6017
	Unknown	8	
Sex Total		17629	8063
Race	Alaska Native	49	2
	American Indian	433	491
	Asian	301	93
	Black or African American	1287	809
	Native Hawaiian	30	19
	Other Pacific Islander	69	431
	Unknown	292	26
	White	15168	6192
Race Total		17629	8063
Age	0 - 5 Years Of Age	105	3
	6 - 10 Years Of Age	396	
	11 - 15 Years Of Age	393	50
	16 - 17 Years Of Age	122	133
	18 Years Of Age	70	115
	19 - 20 Years Of Age	755	526
	21 - 25 Years Of Age	1833	1616
	26 - 44 Years Of Age	7717	3342
	45 - 64 Years Of Age	5783	2163
	65+ Years Of Age	455	115
Age Total		17629	8063
Employment Status at Admission	Active/Armed Forces(<35 Hrs)	1	3
	Active/Armed Forces(35+ Hrs)	6	7
	Disabled	2144	160
	Employed Full Time (35 hrs +)	2002	1948
	Employed Part Time (<35 Hrs)	2226	1084
	Homemaker	115	14
	Resident of Institution	16	13
	Retired	147	17
	Sheltered Workshop	36	
	Student	1041	206
	Supported Employment	27	6
	Unemployed(Laid off/looking	6821	1639
	Unemployed/Not Seeking	2703	2952
	Unknown	333	11
Volunteer	11	3	
Employment Status at Admission Total		17629	8063

Lancaster County Consumer Demographics

Insurance Coverage	HMO	514	316
	Indian Hlth Svc	2	
	Medicaid	2434	638
	Medicare	2635	182
	No Insurance	9911	5534
	Other Insurance	1968	1292
	Othr Direct Fed	1	
	PPO	38	39
	Priv.Self Paid	88	52
	Unknown	8	
	Veterans Admin	30	10
Insurance Coverage Total		17629	8063
Legal Status at Admission	Civil Protective Custody (CPC)	55	5214
	Court Order	88	459
	Court: Competency Evaluation		2
	Court: Juvenile Commitment		1
	Court: Juvenile Evaluation		1
	Court: Mentally disordered sex offender	8	
	Court: Presentence Evaluation		46
	Emergency Protective Custody (EPC)	660	92
	Juvenile High Risk Offender		3
	MHB Commitment	1205	121
	MHB Hold/Custody Warrant	160	6
	Not responsible by reason of insanity	31	1
	Parole	126	20
	Probation	81	197
	Voluntary	14006	1768
Voluntary by Guardian	1209	132	
Legal Status at Admission Total		17629	8063
Reason for Admission	Dual Diag/Prim.MenHlth/Pri.S/A	2057	419
	Prim.Compulsive Gambling	7	
	Prim.Mental Hlth/Secondary S/A	1371	24
	Prim.Mental Retardation	3	1
	Prim.S/A/Secondary Mental Hlth	136	127
	Prim.Sex Offender	299	
	Primary Mental Health	13265	217
	Primary Substance Abuse	383	7168
	Unknown	108	107
Reason for Admission Total		17629	8063
Diagnostic Categories	Adjustment Disorder	911	27
	Anxiety Disorder	1947	43
	Child/Adolescent Disorder	478	21
	Cognitive Disorder	31	2
	Deferred, Unspecif, Other	558	272
	Dissociative Disorder	11	1

Lancaster County Consumer Demographics

	Eating Disorder	10	
	Medical related Disorder	2	
	Mood Disorder	8344	220
	Other Conditions	39	
	Other Impulse-Control	101	2
	Personality Disorder	6	
	Schizophrenia & Psychosis	3789	50
	Sexual & Gender Identity	290	
	Sleep Disorder	8	
	Somatoform Disorder	6	
	Substance-Related Disorder	1006	7425
	Unidentified	92	
	Diagnostic Categories Total	17629	8063

REGION V SYSTEMS

COUNTY CONTRIBUTION

(Approved 3-12-12)

(MENTAL HEALTH)	2010 POPULATION	FY 11-12	PER POP.	Increase (1.5%)	FY 12-13	PER POP.
COUNTY						
Butler	8,395	\$ 12,201	1.4534	\$ 183	\$ 12,384	1.4752
Fillmore	5,890	\$ 8,560	1.4534	\$ 128	\$ 8,688	1.4752
Gage	22,311	\$ 32,427	1.4534	\$ 486	\$ 32,913	1.4752
Jefferson	7,547	\$ 10,969	1.4534	\$ 165	\$ 11,134	1.4752
Johnson	5,217	\$ 7,582	1.4534	\$ 114	\$ 7,696	1.4752
Lancaster	285,407	\$ 579,499	2.0304	\$ 9,442	\$ 638,941	2.2387
Nemaha	7,248	\$ 10,534	1.4534	\$ 158	\$ 10,692	1.4752
Otoe	15,740	\$ 22,876	1.4534	\$ 343	\$ 23,219	1.4752
Pawnee	2,773	\$ 4,032	1.4534	\$ 60	\$ 4,092	1.4752
Polk	5,406	\$ 7,857	1.4534	\$ 118	\$ 7,975	1.4752
Richardson	8,363	\$ 12,155	1.4534	\$ 182	\$ 12,337	1.4752
Saline	14,200	\$ 20,638	1.4534	\$ 310	\$ 20,948	1.4752
Saunders	20,780	\$ 30,201	1.4534	\$ 453	\$ 30,654	1.4752
Seward	16,750	\$ 24,344	1.4534	\$ 365	\$ 24,709	1.4752
Thayer	5,228	\$ 7,598	1.4534	\$ 114	\$ 7,712	1.4752
York	13,665	\$ 19,861	1.4534	\$ 298	\$ 20,159	1.4752
Total	444,920	<u>\$ 811,334</u>		<u>\$ 12,919</u>	<u>\$ 874,253</u>	

(SUBSTANCE ABUSE)	2010 POPULATION	FY 11-12	PER POP.	Increase (1.5%)	FY 12-13	PER POP.
COUNTY						
Butler	8,395	\$ 2,195	0.2615	\$ 33	\$ 2,228	0.2654
Fillmore	5,890	\$ 1,540	0.2615	\$ 23	\$ 1,563	0.2654
Gage	22,311	\$ 5,833	0.2615	\$ 88	\$ 5,921	0.2654
Jefferson	7,547	\$ 1,973	0.2615	\$ 30	\$ 2,003	0.2654
Johnson	5,217	\$ 1,364	0.2615	\$ 20	\$ 1,384	0.2654
Lancaster	285,407	\$ 247,145	0.8659	\$ 3,707	\$ 250,852	0.8789
Nemaha	7,248	\$ 1,895	0.2615	\$ 28	\$ 1,923	0.2654
Otoe	15,740	\$ 4,115	0.2615	\$ 62	\$ 4,177	0.2654
Pawnee	2,773	\$ 725	0.2615	\$ 11	\$ 736	0.2654
Polk	5,406	\$ 1,413	0.2615	\$ 21	\$ 1,434	0.2654
Richardson	8,363	\$ 2,187	0.2615	\$ 33	\$ 2,220	0.2654
Saline	14,200	\$ 3,713	0.2615	\$ 56	\$ 3,769	0.2654
Saunders	20,780	\$ 5,433	0.2615	\$ 82	\$ 5,515	0.2654
Seward	16,750	\$ 4,379	0.2615	\$ 66	\$ 4,445	0.2654
Thayer	5,228	\$ 1,367	0.2615	\$ 21	\$ 1,388	0.2654
York	13,665	\$ 3,573	0.2615	\$ 54	\$ 3,627	0.2654
Total	444,920	<u>\$ 288,850</u>		<u>\$ 4,335</u>	<u>\$ 293,185</u>	

GRAND TOTAL

\$ 1,100,184

\$ 17,254

\$ 1,167,438