

**MINUTES**  
**LANCASTER COUNTY BOARD OF COMMISSIONERS**  
**TUESDAY, MAY 31, 2011**  
**COMMISSIONERS HEARING ROOM, ROOM 112**  
**FIRST FLOOR, COUNTY-CITY BUILDING**  
**9:30 A.M.**

Commissioners present: Deb Schorr, Chair  
Bernie Heier, Vice Chair  
Larry Hudkins  
Brent Smoyer

Commissioners absent: Jane Raybould

Others present: Kerry Eagan, Chief Administrative Officer  
Brittany Behrens, Deputy County Attorney  
Dan Nolte, County Clerk  
Cori Beattie, Deputy County Clerk  
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 9:30 a.m.

1) **MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, May 24, 2011.**

**MOTION:** Smoyer moved and Heier seconded approval of the minutes. Heier, Smoyer and Schorr voted aye. Hudkins was absent from the vote. Raybould was absent. Motion carried 3-0.

2) **CLAIMS: Approval of all claims processed through Tuesday, May 31, 2011.**

**MOTION:** Heier moved and Smoyer seconded approval of the claims. Heier, Smoyer and Schorr voted aye. Hudkins was absent from the vote. Raybould was absent. Motion carried 3-0.

Hudkins entered the meeting.

3) **SPECIAL PRESENTATIONS:**

A. **A one-time cash award, in the amount of \$500, for Maria Hatfield, Lancaster County Corrections, due to exceptional circumstances.**

Mike Thurber, Corrections Director, introduced Officer Maria Hatfield and gave an overview of her background. The Clerk read the nomination for the record. Hatfield expressed her appreciation and thanked everyone involved. Heier noted the current jail population of 533, which is way over capacity.

**MOTION:** Hudkins moved and Smoyer seconded approval of the one-time cash award. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

B. **Region V Annual Report – Dave Merrill, Region V Services, and C.J. Johnson, Region V Systems.**

3) **SPECIAL PRESENTATIONS CONTINUED:**

Dave Merrill gave an update on Region V Services (Exhibit A). He discussed the expansion of service sites in Lincoln, Falls City and Gretna. Merrill said 21 people using their services now own their own homes. Schorr asked Merrill how many people he thought the program would serve. He guessed that within two years over 1000 people would be supported.

C.J. Johnson gave an update on Region V Systems (Exhibit B). He highlighted information on the network providers' contract compliance performance, emergency protective custody, the rental assistance program, regional prevention coordination, the capital compassion grant (Let's Build), linking individuals/families in need of community support (LINCS) and the County's contribution. Schorr questioned if State cuts on the statewide help line were included in the final budget. Johnson said the overall help line had a reduction, but it did not affect them. Schorr questioned the increase in post-commitment days. Johnson explained that some of the beds must be held open for individuals who need to be restored to competency for trial. Hudkins asked about the decrease in consumers successfully discharging from the rental assistance program. Johnson said successful discharges are affected by the number of Section 8 housing vouchers available.

4) **PUBLIC HEARING:**

- A. **A corporate manager application for Matthew Ganow in connection with a Class C liquor license from Jasper's, 13940 O Street, Lincoln, Lancaster County, Nebraska.**

The Chair continued the public hearing from last week. No one appeared to testify. The Chair closed the public hearing.

6) **NEW BUSINESS:**

- A. **A resolution in the matter of an application for corporate manager for Matthew Ganow in connection with a Class C liquor license for Jasper's, located at 13940 O Street, Lincoln, Lancaster County, Nebraska. (R-11-0035)**

**MOTION:** Heier moved and Smoyer seconded approval of the resolution. Smoyer, Hudkins, Heier and Schorr voted aye. Raybould was absent. Motion carried 4-0.

5) **OLD BUSINESS:**

- A. **A recommendation from the Purchasing Agent and the County Sheriff to award a contract to LDV, Inc., in an amount not to exceed \$194,000 for a 2011 mobile command center. (B-11-0024)**

Captain Todd Duncan, County Sheriff's Office, said the mobile command vehicle is funded by a grant, so there should be no significant cost to the County. Part of the purchase involves the trade-in of the existing vehicle.

**MOTION:** Heier moved and Smoyer seconded approval of the recommendation. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

5) **OLD BUSINESS CONTINUED:**

- B. **A grant contract with Lincoln Literacy Council to provide funds in the amount of \$10,000 to support capacity building. Term of the contract is July 1, 2010, to June 30, 2011. (C-11-0307)**

**MOTION:** Heier moved and Hudkins seconded approval of the contract. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

6) **NEW BUSINESS:**

- A. **A resolution in the matter of an application for corporate manager for Matthew Ganow in connection with a Class C liquor license for Jasper's, located at 13940 O Street, Lincoln, Lancaster County, Nebraska. (R-11-0035)**

Item was moved forward on the agenda.

- B. **A resolution in the matter of adopting the Limited English Proficiency Plan for Lancaster County, Nebraska. (R-11-0036)**

**MOTION:** Heier moved and Smoyer seconded approval of the resolution. Hudkins, Heier, Smoyer and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- C. **A recommendation from the Purchasing Agent and County Engineer to award a contract to Kimco USA, Inc., in the amount of \$38,058.65, for a portable material conveyor. (B-11-0026)**

**MOTION:** Hudkins moved and Heier seconded approval of the recommendation. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- D. **A contract with Peregrine Services for the printing and mailing of DMV and real estate statements for the County Treasurer. The County will pay for products and services according to the line item pricing listed in the Contractor's proposal. Term of the contract is four years from the date of execution by both parties. (C-11-0301)**

Item was held per the County Attorney's Office.

- E. **A contract with Electronic Contracting Company for Lancaster County Emergency Management's audiovisual equipment. The County will pay for products and services and work will be completed within 30 days of execution of the agreement. (C-11-0302)**

**MOTION:** Hudkins moved and Smoyer seconded approval of the contract. Smoyer, Hudkins, Heier and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- F. **An amendment to County Contract No. C-09-0323 with Logan Contractors Supply, Inc., for the annual supply of rubberized asphalt joint sealant. The amendment renews the contract for an additional one-year term from June 30, 2011, to June 29, 2012. (C-11-0303)**

6) **NEW BUSINESS CONTINUED:**

**MOTION:** Smoyer moved and Hudkins seconded approval of the amendment. Hudkins, Heier, Smoyer and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- G. **An agreement with Objective Advantage, LLC for a study of the cost of legal services in Lancaster County. The County shall pay \$11,625 for the services provided. Term of the agreement is June 1, 2011, to May 31, 2012. (C-11-0304)**

**MOTION:** Heier moved and Hudkins seconded approval of the agreement. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- H. **A licensing agreement with Swank Motion Pictures, Inc., for showing videocassette movies at the Youth Services Center. The County will pay \$290 for the license. Term of the agreement is July 1, 2011, to June 30, 2012. (C-11-0305)**

**MOTION:** Heier moved and Smoyer seconded approval of the agreement. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- I. **A grant contract between the Board of Trustees of the Community Health Endowment and Lancaster County, on behalf of the Community Mental Health Center, to provide medical transportation to homeless and near homeless individuals. The County shall receive up to \$6,000. Term of the contract is May 1, 2011, to June 30, 2011. (C-11-0306)**

**MOTION:** Hudkins moved and Smoyer seconded approval of the contract. Smoyer, Hudkins, Heier and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- J. **A political subdivision tort claim filed against Lancaster County Corrections by Derek N. Showman for lost property in the amount of \$29.99.**

Brittany Behrens, Deputy County Attorney, said it was documented that Corrections misplaced the property. She said Corrections has contacted Showman for proper documentation on the value of the property and he has not turned in anything, so the recommendation is for denial.

**MOTION:** Heier moved and Smoyer seconded denial based on the recommendation of the County Attorney and Corrections. Hudkins, Heier, Smoyer and Schorr voted aye. Raybould was absent. Motion carried 4-0.

- 7) **CONSENT ITEMS:** *These are routine business items that are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:*

- A. **Setting of a public hearing for Tuesday, June 14, 2011, at 9:30 a.m., in Room 112 on the first floor of the County-City Building, 555 S. 10<sup>th</sup> Street, Lincoln, regarding the sale of a portion of W. Waggoner Drive as platted in Waggoner Subdivision in the Northwest Quarter of Section 27, Township 10 North, Range 5 East of the Principal Meridian, Lancaster County, Nebraska.**

7) **CONSENT ITEMS CONTINUED:**

**MOTION:** Heier moved and Hudkins seconded approval of the consent items. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

8) **PUBLIC COMMENT:**

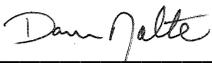
John Austin appeared. The Chair reminded him that public comment is specifically for issues regarding Lancaster County and local government. Brittany Behrens said the Board is within their authority to adopt a policy regarding limitation of public comment since this is not a public forum. Austin questioned having a wheel tax for Lancaster County. Hudkins said this issue has come up many times, but there have been questions as to determining what would be fair.

9) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, June 2, 2011, at 8:30 a.m., in Room 113 on the first floor of the County-City Building.**
- B. **The Lancaster County Board of Commissioners will hold their next regular meeting on Tuesday, June 7, 2011, at 9:30 a.m., in Room 112 on the first floor of the County-City Building, with the Board of Equalization meeting immediately following.**
- C. **The Lancaster County Board of Commissioners meeting is broadcast live. It is rebroadcast on Tuesday at 1:30 and 6:30 p.m. and on Saturday afternoon on 5 City-TV, Cable Channel 5. In addition, the meeting may be viewed on Nebraska On Demand Time Warner Channel 411 and on the internet at [www.lancaster.ne.gov](http://www.lancaster.ne.gov). Click on 5 City-TV Video on Demand.**
- D. **The County Commissioners can be reached at 402-441-7447 or [commish@lancaster.ne.gov](mailto:commish@lancaster.ne.gov).**

10) **ADJOURNMENT**

**MOTION:** Heier moved and Smoyer seconded to adjourn the Board of Commissioners meeting at 10:12 a.m. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

  
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**Dan Nolte**  
**Lancaster County Clerk**



**MINUTES**  
**LANCASTER COUNTY BOARD OF EQUALIZATION**  
**TUESDAY, MAY 31, 2011**  
**COMMISSIONERS HEARING ROOM, ROOM 112**  
**FIRST FLOOR, COUNTY-CITY BUILDING**  
**IMMEDIATELY FOLLOWING THE LANCASTER COUNTY**  
**BOARD OF COMMISSIONERS MEETING**

Commissioners present: Deb Schorr, Chair  
Bernie Heier, Vice Chair  
Larry Hudkins  
Brent Smoyer

Commissioners absent: Jane Raybould

Others present: Scott Gaines, Deputy County Assessor/Register of Deeds  
Kerry Eagan, Chief Administrative Officer  
Brittany Behrens, Deputy County Attorney  
Dan Nolte, County Clerk  
Cori Beattie, Deputy County Clerk  
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 10:12 a.m.

1) **MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, May 24, 2011.**

**MOTION:** Smoyer moved and Hudkins seconded approval of the minutes. Hudkins, Heier, Smoyer and Schorr voted aye. Raybould was absent. Motion carried 4-0.

2) **ADDITIONS AND DEDUCTIONS: Approval of 54 additions and deductions to the tax assessment rolls per Attachment "A".**

Hudkins questioned the adjustments listed as "split per attorney and Norm". He asked if this was between the attorney for the people or the County Attorney and Norm Agena, County Assessor. Scott Gaines, Deputy County Assessor/Register of Deeds, said the attorney was for the Homeowner's Association.

**MOTION:** Heier moved and Smoyer seconded approval of the additions and deductions. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

3) **MOTOR VEHICLE TAX EXEMPTION APPLICATIONS:**

**Northern Lighthouse**

**MOTION:** Heier moved and Smoyer seconded approval of the motor vehicle tax exemption applications. Heier, Smoyer, Hudkins and Schorr voted aye. Raybould was absent. Motion carried 4-0.

4) **ADJOURNMENT**

**MOTION:** Heier moved and Hudkins seconded to adjourn the Board of Equalization meeting at 10:14 a.m. Smoyer, Hudkins, Heier and Schorr voted aye. Raybould was absent. Motion carried 4-0.

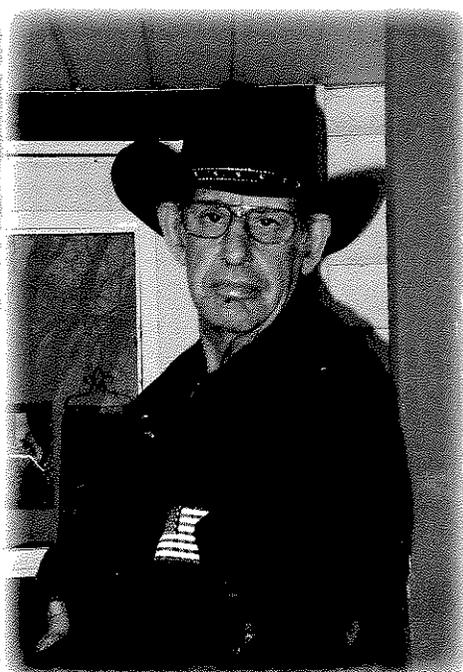
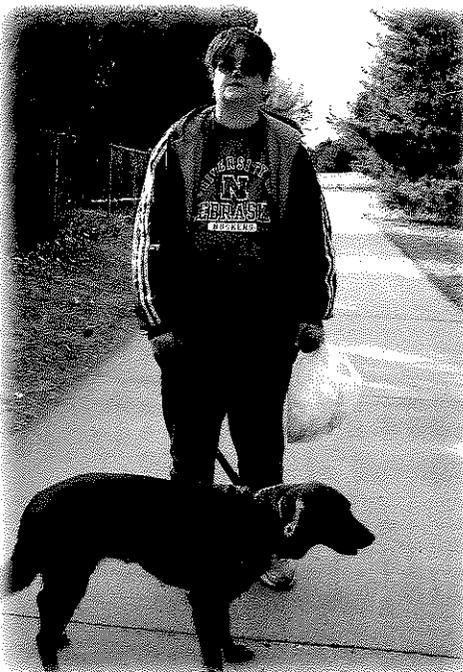
*Dan Nolte*

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**Dan Nolte**  
**Lancaster County Clerk**



# Region V Services

## 2010 Annual Report



### Advisory Committee

Susan Browne  
Sue Bunde  
Hazel Cummins  
Terry Dittmer  
Clarence Hupka  
Barb Hutmacher  
Tim and Mary McAlpine  
Beth Sposato  
Wilbert Weldon  
Gene Zitek  
Donna Zidko  
Leonard Glenn

### Personnel Advisory Committee

Darcy Hinrichsen - Auburn  
Lori Gottfried - Central Office  
Diane Usher - Crete  
Dawn Filbert - David City  
Jeanette Englebrecht - Fairbury  
Sherry Coleman - Lincoln 1  
Rosaline Shimerda - Lincoln 3  
Betty Finck - Lincoln 4  
Jim Hedrick - Lincoln 5  
Karen Ohnmacht - Nebr. City  
Nancy Bates - ServiceLinc  
Carey Shanahan - Wahoo  
Patsy Elliott - York

### Foundation Board

Larry Bohlken  
Julianne Spatz  
Dean Heermann  
Dave Merrill  
Mike Shandera  
Kevin Jeppson  
Bob Kinghorn

### ARVAD

Bruce Cudly  
Lisa Obermier  
Kevin Jeppson  
Bob Kinghorn  
Jack Knickman  
Victoria Perry  
Kal Lausterer  
Dave Merrill  
Joanne Nolting  
Traci Ryba-Grant  
Linda Plagerr  
Michele Scholz  
Tammy Hinrichs  
Karen Wolf  
Leon Schiermeyer  
Angelia Levy  
Tina Dykes  
Todd Scholz

### Program Ethics Committee

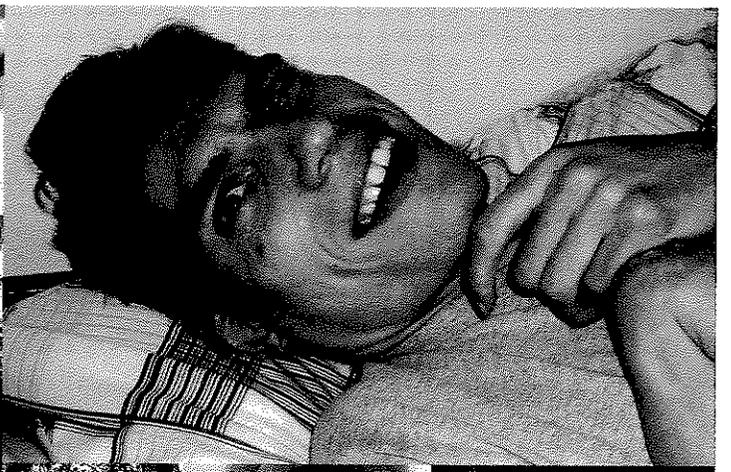
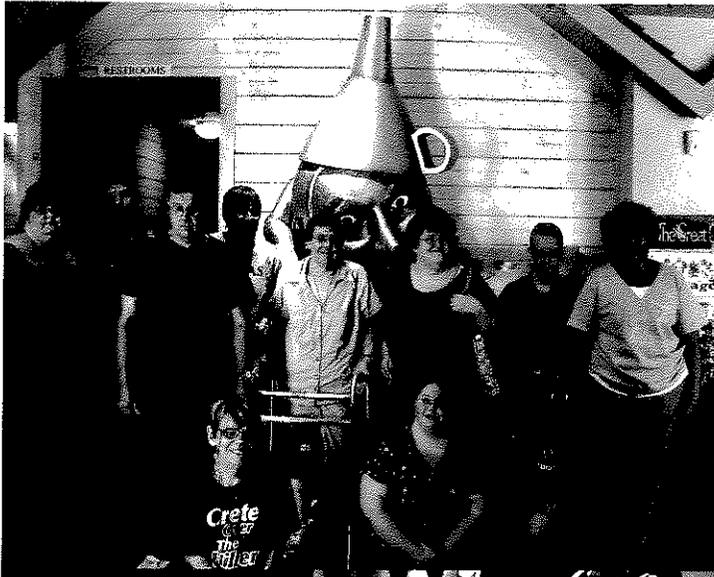
Pat Cottingham  
Bruce Cudly  
Carol Cunningham  
Bob Lassen  
Loveda Mitchell

### Public Education and Information Committee

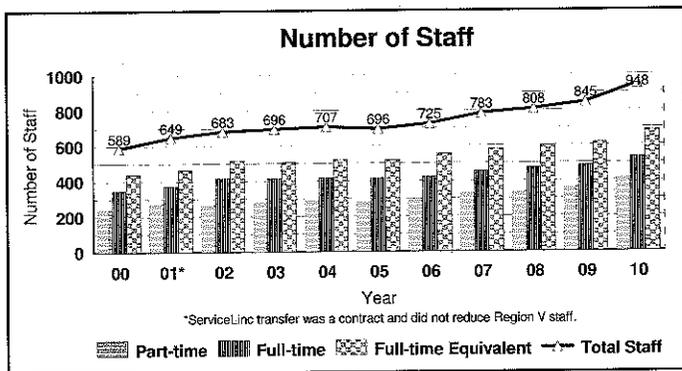
Sonia Kistner - Auburn  
Roni Gabel - Central Office  
Joanne Nolting - Crete  
Margo Hlavac - David City  
Johnita Patterson - Fairbury  
Dusty Hegwood - Lincoln 1  
Ann McNemar - Lincoln 2  
Tengorn Phaisan - Lincoln 3  
Tina Luellen - Lincoln 4  
Linda Mauk - Lincoln 5  
Deb Barnhill - Nebr. City  
Terese Croghan - ServiceLinc  
Joyce Koranda - Wahoo  
Lisa Obermier - York/Seward

### Governing Board

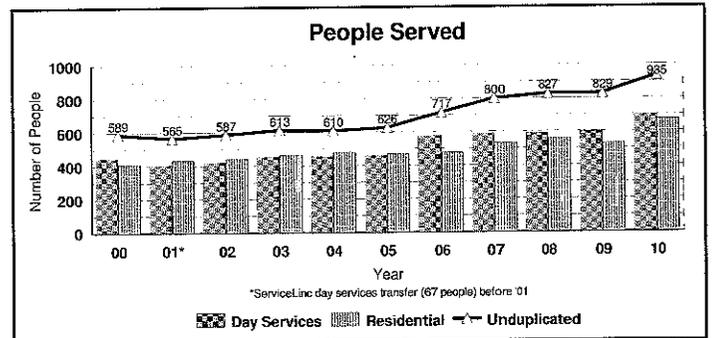
Butler County  
Larry Zadina  
Fillmore County  
Jerry Galusha  
Gage County  
Dennis Byars  
Jefferson County  
Marvin Yost  
Johnson County  
Terry Keebler  
Lancaster County  
Brent Smoyerr  
Nemaha County  
Monty Lovelace  
Otoe County  
Carol S. Crook  
Pawnee County  
Janice Lang  
Polk County  
LeRoy Gerrard  
Richardson County  
Bill Ely, Jr.  
Saline County  
Janet J. Henning  
Saunders County  
Doris M. Karloff  
Seward County  
Scott Stuhr  
Thayer County  
Dean Kreuger  
York County  
Bill Barnesberger



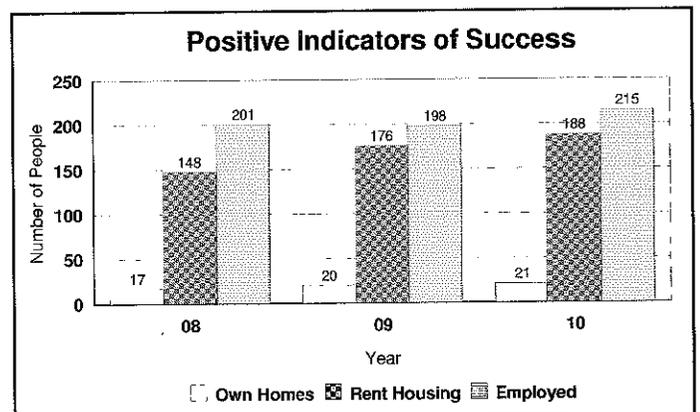
# Central Office



The Legislature approved money to address the waiting list. A significant number of families chose Region V Services as their service provider.

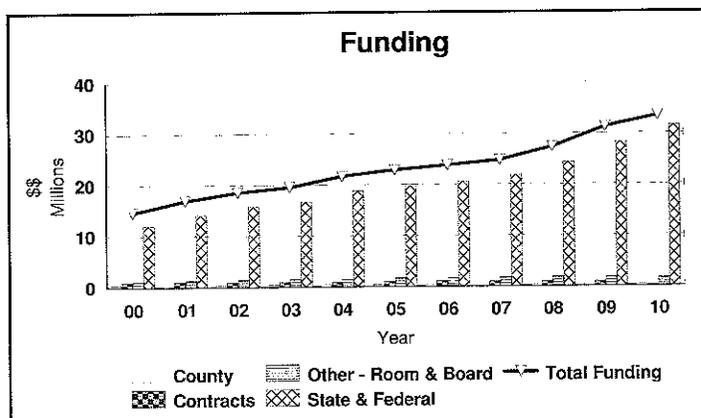


The economic impact of offering services is the creation of jobs throughout Nebraska in both rural and urban areas.



We continue to focus on employment and try different methods to help people find the right job match.

While home ownership is a small component, we are pleased that it continues to grow.



Most of the new money in the system comes from the Federal government through the Medicaid Waiver.



**Joel Pursey was awarded the "Professional of the Year" at the People First annual convention. This was the first time a self-advocate was awarded this honor.**

#### Agency Goal:

To assist people in reaching desired outcomes through experiencing a variety of social roles.

#### Agency Highlights:

- Iann saved a man's life while delivering Meals on Wheels.
- Joel's dream of going to Las Vegas came true this year, and he even won money! Joel was accompanied by Jason who also had the dream of going to Las Vegas.
- Kernal Krazy Popcorn was invited to attend the Senator's Recognition Open House for GROW Nebraska at the State Capitol.
- Jason was elected to the Falls City Jaycees' Board of Directors.
- SENDS helped host the National Special Olympics in Auburn.
- Dana, accompanied by Beth and Sue, attended the Laura Ingalls Wilder Festival. Later, Dana's parents helped Dana to actually meet Melissa Gilbert and get her autograph.
- Five people attended the Senatorial Dinner.
- Linda is a member of Protection and Advocacy for Voting Access (PAVA).
- People First of Auburn sent Christmas boxes to military personnel stationed overseas.
- People First of Auburn hosted a coffee for Senator Tony Fulton.

# Auburn SENDS

"The Roles People Play"



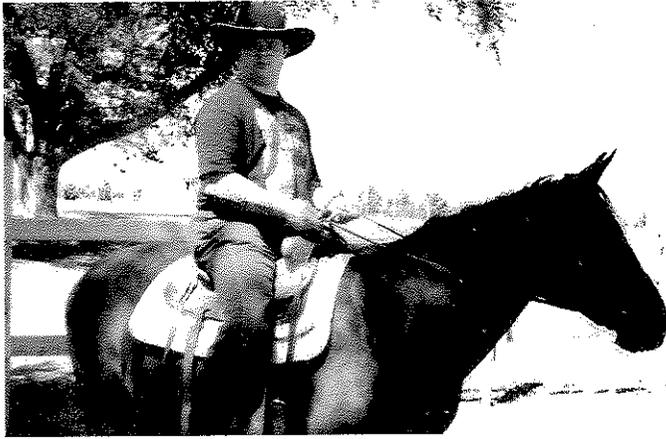
**SENDS helped to host the National Special Olympics Torch Run. Gary Grof, Chris Gibbs, and many others, participated in the torch run as it went through Auburn.**

#### Auburn currently supports:

- 60 people who receive day services
- 49 people who receive residential services
- 28 people who receive 24 hour assisted services
- 10 people who receive respite services
- 7 people who have a drivers license
- 10 people who own their own home
- 6 people who rent a house or apartment
- 15 people who live with their family
- 5 people who live in extended family homes
- 21 people who are competitively employed

#### Auburn currently has:

- 46 full-time employees
- 16 part-time employees



**Tim Nichols and Sugar.**

**Agency Highlights:**

- One person took photography classes at Southeast Community College
- Seven people attended the People First Convention in Kearney
- On July 17, people distributed bottled water/snacks for athletes and law enforcement personnel participating in the National Special Olympics torch run
- One person (with his father) attended volunteer classes for the National Special Olympics and ushered events held in Lincoln
- Several people enjoyed attending the National Special Olympics Events held in Lincoln
- Over \$2,000.00 was raised at the fourth Annual Children's Fund Raiser held in November. Proceeds were sent to St. Jude's Children's Hospital, Toys for Tots, Cedars Youth, Blue Valley Community Action and Crete Cares.

**Crete/Beatrice currently supports:**

- 1 person through private pay
- 6 people who receive in-home services
- 54 people who receive day services
- 55 people who receive residential services
- 33 people who receive 24 hour assisted services
- 1 person who has a drivers license
- 11 people who rent a house or apartment
- 13 people who live with their family
- 7 people who live in extended family homes
- 7 people who are competitively employed
- 13 community worksites

**Crete/Beatrice currently has:**

- 52 full-time employees
- 34 part-time employees

# Crete/ Beatrice

Making a Difference

Tim Nichols is back in the saddle again. That means, once again, he can confidently ride his horse, Sugar.

Last June Tim was diagnosed with degenerative eye disease and was also told he was legally blind in both eyes. That was shocking news to Tim and his family.

He then saw a specialist who recommended he have a cornea transplant in each eye. He was placed on a transplant list. By October, he had his first cornea replacement surgery and it was a huge success!

Since Tim's transplant, the vision in his left eye has improved remarkably. He loves to read and now enjoys reading the newspaper again. He also looks forward to using the computer, which has become much easier.

His job performance has also changed. His speed and efficiency have made noticeable improvements. Tim has always enjoyed bowling and now it seems that he is even a better bowler! He is now geared up and looking forward to bowling for the Special Olympics.

Another great thing since the transplant: Tim is enjoying riding his bike. Of course, Tim will tell you that the greatest outcome of all, is the time he spends riding his horse again, Sugar.

Tim is looking forward to completing the cornea transplant in his right eye next year and the new possibilities that will come with it.

**Agency Goals:**

- To provide supports that enrich people's lives, promoting desired outcomes.
- To increase work opportunities and meaningful day services.
- To encourage healthy life styles.



**Brenda Reynolds proudly working at her job of nearly 2 years, cleaning boxes for Filter Care of Nebraska**

# David City Columbus

Promoting the use of Best Practices

Brenda Reynolds grew up in Omaha. She lived at the Beatrice State Developmental Center (BSDC) for nine months while waiting for a place to live. She moved to David City and immediately felt like she was in a safe place.

She lived in a house with two other ladies and loved it! She had her own bedroom and had privacy in the bathroom. That was much different from her time staying at BSDC.

She has called David City her home for fourteen years. Currently living alone in her own apartment, she feels very lucky to have such a good life.

She works part time at Filter Care of Nebraska, and she loves it.

Brenda loves the freedom she experiences every day. In her free time she likes to go for bike rides, spend time at the library and visit her friends.

## Agency Goals:

- To increase integration, social roles & outcomes for people supported.
- To provide quality training opportunities for staff and individuals supported.
- To celebrate successes & make work fun for everyone.
- To improve overall wellness of individuals supported & staff.
- To strengthen relationships within the agency at all levels through positive communication.
- To organize & update facilities making them more welcoming.
- To meet & exceed regulatory standards - maintain 2 year certification.

## Agency Highlights:

- Many participated in regular music therapy sessions and held 2 performances
- Individuals were key volunteers for the Rural Food Connection and others volunteered throughout their local communities
- Proud sponsor of "Relay for Life"
- Several people went on vacations and weekend excursions to various locations
- Several people have found employment while others have maintained current employment
- Several people voted in the elections
- Several people moved from assisted to supported settings
- We adopted 2 families for the holidays
- Staff continue to work towards "SMART" goals to enhance the quality of services provided

## David City/Columbus currently supports:

- 1 person who is served through private pay
- 52 people who receive day services
- 53 people who receive residential services
- 20 people who receive 24 hour assisted services
- 8 people who receive respite services
- 2 people who have their driver's license
- 22 people who rent a house or apartment
- 17 people who live with their family
- 8 people who live in extended family homes
- 10 people who are competitively employed
- 2 people who have a learner's permit
- 1 person who owns her own home

## David City/Columbus currently has:

- 32 full-time employees
- 29 part-time employees

# Fairbury Hebron

Teamwork divides the task and multiplies the success

Scott Wood is very proud of his roomy apartment in the remodeled building, formerly the Fairbury High School, that he shares with a friend. He attends the activities in the community room where he has a nice time while getting to know his neighbors.

Scott has been in Fairbury for several years now and he likes it. He started receiving services about three years ago and he believes these past couple of years have helped him become more confident and assertive about his opinions and wishes.

A year or so ago he started volunteering one hour a day for the Heritage Care Center. The management and workers noticed how well he did his assignments and that he got along so well with the residents that they offered him a job. He works in all the departments, helping where there is a need. He works Monday - Friday for three hours each day and loves his job.

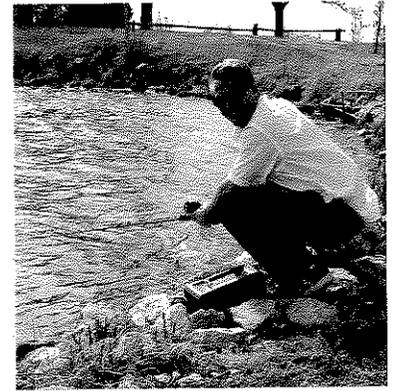
Scott looks forward to the Wednesday evening bible study that he attends with friends from the day program. He also loves the warm weather so he can go to the local springs and do some leisure fishing. Some times he just likes to watch the geese float around on the water. He also likes to ride his bike on the trails and walk to his friends house to watch movies or and the football games.

## Agency Goals:

- Improve the amount of positive outcomes reached
- Improve training on habilitation program writing and increase staff confidence regarding programs
- Be a motivator for fitness and nutrition
- Focus on teamwork and communication among our staff members



Scott Wood enjoys cooking his meals at his Fairbury apartment. When the weather allows, a favorite past time is fishing at Crystal Springs.



## Agency Highlights:

- Celebrated 30 years of business in Fairbury
- Introduced paid work for several individuals
- Expanded services for 4 new people and added 1 new home
- Added many new sensory items, home items and educational items through the mini grant purchases

"Teamwork is the fuel that allows common people to attain uncommon results"

Andrew Carnegie

"Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has."

Margaret Mead

## Fairbury/Hebron currently supports:

- 33 people who receive day services
- 4 people who receive supported residential services
- 24 people who receive 24 hour assisted services
- 3 people who receive respite services
- 3 school contracts
- 1 person who owns their own home
- 7 people who rent a house or apartment
- 4 people who live with their family
- 4 person who lives in an extended family home
- 11 people who are competitively employed

## Fairbury/Hebron currently has:

- 35 full-time employees
- 25 part-time employees

# Lincoln 1

Enriching People's Lives



**Russell Big Boy Jr. poses with his new lawn service equipment.**

## Agency Highlights:

- Our LEAP program transitioned to the new area program Lincoln 5, allowing for an expansion of Lincoln Services.
- A number of individuals we support and employees have decided to make healthy lifestyle changes and have had significant weight loss and are living healthier lives.
- Six employees successfully completed a week long Outcomes training in order to improve the supports we provide.
- Ten employees attended the Association of Community Professionals conference in Grand Island. The training focused on increasing our feeling of self worth in ourselves and people we support, effective communication skills and maintaining motivation and being positive.
- Lincoln 1 & Lincoln 4, with the support of Central Office, organized a Program Ethics Committee. The committee consists of employees and community volunteers.

### **Lincoln 1 currently supports:**

- 44 people who receive day services
- 36 people who receive residential services
- 8 people who receive 24 hour assisted services
- 13 people who receive respite services
- 1 person who owns their own home
- 9 people who rent a house or apartment
- 17 people who live with their family
- 5 people who are competitively employed
- 1 person supported lives in an Extended Family Home

### **Lincoln 1 currently has:**

- 40 full-time employees
- 28 part-time employees

Starting a new business comes with challenges. With a little support, Russell Big Boy Jr. was able to start his own lawn mowing business.

After a meeting with the Arc, property owner of the duplexes where Russell lives, the committee decided not to renew their lawn mowing contract and to offer the position to Russell, which he gladly accepted.

Russell began pricing start-up costs to see how long it would take to save enough money for him to begin. Shortly after this process started, the state presented an opportunity for Russell to apply for a mini-grant. This was perfect timing. His request was accepted and he received funds to pay for a lawnmower, trimmer, work clothes, shoes, gas cans and even a shed specifically built to protect all of his equipment.

So many people were impressed with Russell's enthusiasm and quality of work that he was recommended to others. His business is expanding to include four new contracts. He now sends out invoices, goes to the bank to handle finances and sets aside revenue to pay for fuel & oil for the mower. He is looking into purchasing a leaf blower and trailer to add to his services and is in the process of getting business cards made.

Russell enjoys having his own business and all the responsibilities it entails.

*A meaningful life means different things to different people.*

*Agency goal: To listen, communicate & take actions to support people in living the meaningful life of their choice.*

# Lincoln 2

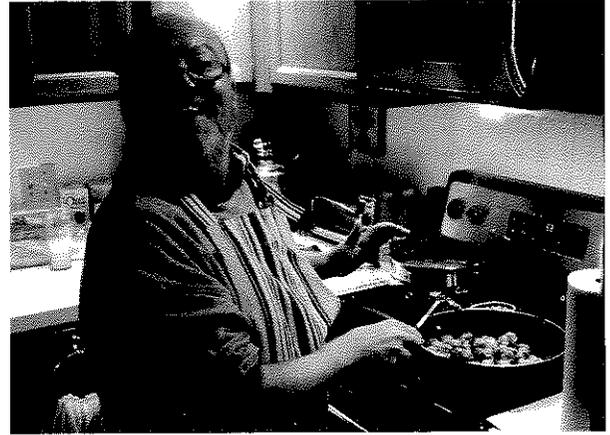
Providing Quality Supports within  
Subcontracted Extended Family Homes  
and Day Services

Marty Randall was born in Lincoln and has lived here all of his life, living with his parents until he was nearly sixteen years old. Since then, Marty has lived in several locations and has held a variety of different jobs. One phrase that could be used to describe Marty is 'Social Animal'. It is hard to go anywhere in town where he doesn't know somebody or somebody knows him.

Marty has wanted to move into an Extended Family Home with Region V Services for quite some time now and it certainly took a team effort to make it happen. The beginning of November, 2010, he was finally granted a new guardian and moved into his Region V Services Extended Family home. That was a very happy day for Marty.

Marty currently works 3 days a week for Speedway Motors, 1 afternoon a week for the ARC of Lincoln and attends day services at another support agency. He volunteers one afternoon each week for Rural Health Development helping with general office work.

Marty is now learning how to help prepare meals at his new home, something he hasn't done before and really enjoys. He is also an avid Husker fan and loves socializing at several coffee houses in town



**Marty Randall recently discovered that he enjoys cooking. This was a new experience for him.**

#### Agency Highlights:

- Brad had his first vacation with his EFH subcontractors. They went to the Black Hills.
- LaRon graduated from High School
- Ivan celebrated 20 years of working at Amigos.
- Alex and Chris had a great experience participating in the National Special Olympics and Jim was proud of his accomplishment in the State Olympics.
- Mark acquired a drivers license and purchased a car.
- After a very long search to help Kyle find the "right" EFH, one was finally found. Kyle is doing great !

#### Agency Goals:

Provide opportunities for competency enhancement and achievement of desired goals for people receiving subcontracted supports.

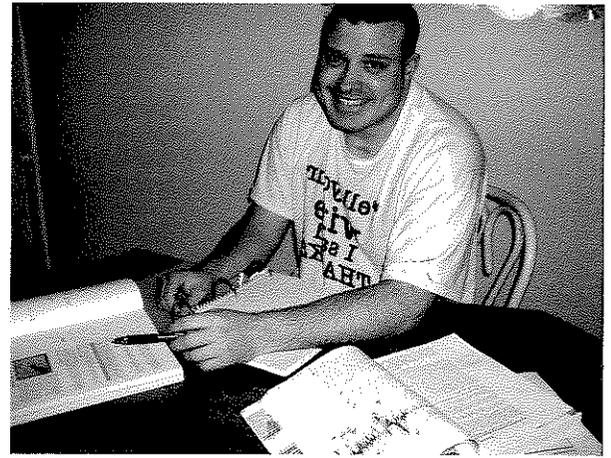
#### Lincoln 2 currently supports:

- 2 people who receive supported day services
- 2 people who receive assisted day services
- 20 people who receive respite services
- 1 person who lives with their family
- 62 people who live in extended family homes

#### Lincoln 2 currently has:

- 6 full-time employees
- 2 part-time employees
- 50 extended family home subcontractors
- 4 dayservice subcontractors

# Lincoln 3



**Russ Ostentowski, college student, works hard to manage his job, his homework and his fun.**

## Agency Goals:

To focus on educating others to better understand and respect people who experience a disability.

Growing up and living in small communities his whole life, Russ Ostentowski knew he was ready for a move to a larger city. A couple of years ago he made the choice to move to Lincoln and he hasn't looked back. His plans went into motion when he was able to get transferred to a Lincoln Walmart. He found a nice apartment in a nice part of town, much larger than the one he had in his other town.

Russ had another goal. He wanted to prove some nay sayers wrong and attend college. He is enrolled at Southeast Community College with an eye on a business administration major. He successfully completed his first quarter and will take classes each quarter next year. His homework is difficult and he puts several hours aside in his day to be at the campus tutoring center. He works with his advisor to schedule his courses around his work hours. Everyone has been supportive and helpful to him. He appreciates that. He remembers being told that he could never attend college. Those memories drive him to work harder.

Russ loves monster trucks. He looks forward to the annual trip with his father to the Mid America Center for the Monster Jam each January. A while back, he and a former staff attended a big Monster truck event in Las Vegas. He has an apartment full of pictures to prove it!

Russ also follows some local bands and some big names. He looks on the internet for their schedules, and if it works out, he goes. While he was at Pizza Hut for lunch one afternoon, a group of men noticed a concert T-shirt he was wearing. When they went to meet him, Russ learned it was the band members who happened to be in Lincoln that day. What a great surprise. Russ is making the best of every day. He loves living in the City.

## **Lincoln 3 currently supports:**

- 37 people who receive day services
- 64 people who receive residential services
- 24 people who receive 24 hour assisted services
- 3 people who live in Extended Family Homes
- 17 people who receive respite services
- 4 people who have a drivers license
- 19 people who rent a house or apartment
- 24 people who live with their family
- 8 people who are competitively employed
- 2 people who attend college
- 7 people who attend public school

## **Lincoln 3 currently has:**

- 53 full-time employees
- 44 part-time employees

## Agency Highlights:

- We transferred 22 people to start the new Lincoln 5 program
- New services were started for 27 people
- Created Extended Family Home services
- Individuals participated the the State and National Special Olympics
- The Lincoln Area Directors met regularly to provide new referrals with prompt and meaningful services

**Agency Goal:**

To provide supports to help people improve the quality of their lives.

# Lincoln 4

Helping people improve the quality of their life.

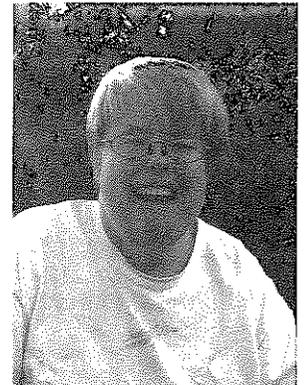
Long time residents Emily Carpenter and Jenni Connick live in Region V Services Foundation homes supported by Lincoln 4. They are each hearing impaired and qualified for a grant in conjunction with the Lincoln Fire Department to receive hearing impaired fire alarm systems. The fire alarm systems consist of a strobe light that flashes to alert and a pillow device that vibrates when the alarm is activated. Emily and Jenni's information is then kept on file at the fire department to assist them in case of an emergency. The fire department will maintain the systems to insure continued support for the future.

Jenni and Emily were thrilled to meet the fire department members as they arrived at their residences to install the systems with Fire Engine Number Seven. The bond created by this opportunity has left a positive impression on everyone involved.

A grant by the Nebraska Commission for the Deaf and Hard of Hearing paid for the entire system of several hundred dollars each. The program was established to improve residential fire safety and survivability to the hearing impaired community. Emily and Jenni will be safer because of this life saving technology.



**Emily Carpenter**



**Jenni Connick**

Emily and Jenni have benefited from these partnerships that strengthen our community.

Lincoln 4 values the importance of connecting community resources with people we serve.

**Agency Highlights:**

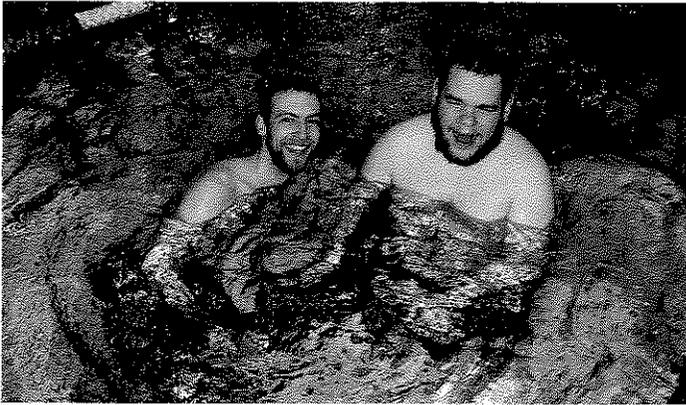
- People have traveled to Arkansas, Minnesota (both for fishing and shopping), Kansas City for the George Lopez concert, and Colorado
- Three people are using new technologies to further their communication abilities and to participate on the internet.
- Several people participated in the national special Olympics, one individual received several medals including a gold. Many hours of training were put into qualifying and competing in this event.
- Coordinators go to SCC and do presentations to classes about our Services both as an educational process and to select good potential employees.
- One woman had a personal visit from Joseph Hall at her IPP. For her, this was a dream come true.

**Lincoln 4 currently supports:**

- 6 people who receive day services
- 79 people who receive residential services
- 15 people who receive 24 hour assisted services
- 3 people who have a drivers license
- 2 people who own their own home
- 15 people who rent a house or apartment
- 36 people who live with their family
- 9 people who live in extended family homes
- 14 people who are competitively employed

**Lincoln 4 currently has:**

- 28 full-time employees
- 44 part-time employees



**Jeremy Massing swims with Denton at the YMCA. They met when Denton was a life guard for the YMCA.**

Some people just don't like crowds. Jeremy Massing is one of those people. With that in mind, Jeremy's team decided to try a new approach to how he spends his days.

Jeremy seldom enters the day services building. Instead, his days are spent experiencing his community.

How does he spend that much time each week in the community, you ask? His support staff's answer: "It's easy."

Jeremy enjoys swimming at the YMCA where he has met some people who have become his friends. In fact, a former YMCA lifeguard keeps in contact with him and they make arrangements to meet for a swim or for lunch. Jeremy also volunteers once a week for Meals on Wheels. He goes to a movie once a week and likes to see what is going on at the local parks.

Every morning he likes to listen to his favorite radio show. He has even delivered donuts to the studio and met his morning host in person and had a tour of the station.

There was an unexpected outcome from this new plan. Jeremy was using a wheelchair and would occasionally walk independently or with a walker. This has reversed. Now he is walking independently and occasionally using a wheelchair.

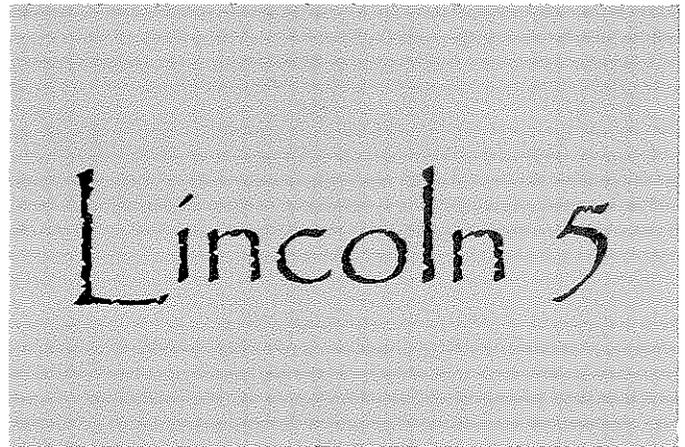
Jeremy is much happier with his services and he looks forward to the adventure of each day.

**Lincoln 5 currently supports:**

- 54 people who receive day services
- 42 people who receive residential services
- 8 people who receive 24 hour assisted services
- 1 person who owns their own home
- 9 people who live with their family
- 3 people who live in extended family homes
- 5 people who are competitively employed
- 13 people who receive respite services

**Lincoln 5 currently has:**

- 38 full-time employees
- 33 part-time employees



**Agency Highlights:**

- Focusing on facility free supports and person centered planning
- Courtney moved into her own apartment after living in Extended Family Homes for many years.
- Lori started two additional home based businesses in addition to her day care
- We increased supports to 75 people up from 64 during our first year of existence
- Erin took a weekend trip with his staff to enjoy the Kansas City Royals and a day at Worlds of Fun
- More volunteer and contract positions were added for people at LEAP which include dog walking, office work and Meals on Wheels

**Agency Goal:**

"To provide quality supports in the capacity the individuals desire"

# Nebraska City

“Enhance and Live The Dash”



**James Johnson selects a healthy alternative from Snack Attack employees Mindy Moyer and Loren Stubbendeck.**

“One of our Highlights from the 2009 Report reads, “November 10, 2009 – last day a tool bag was produced. Creative staff have discovered new ways to “Enhance the Dash” without the help of the tool bag project.” In 2010, the “Snack Attack” was born as a result.

The “Snack Attack” is a small business owned and operated by the people supported, with staff guidance and support. This business offers both healthy snacks and goodies for purchase at two break times each day. They also prepare and serve a noon meal once a month for those wanting to participate.

Everyone participated in planning for the business. They developed a concept, selected a business name, researched prices, wrote a business plan and requested start-up funding. People wanting to work completed an application and an interview. On the job training is provided for each position with staff support as needed.

Day to day operations are handled by the Board of Directors. Candidates campaigned for a position on the board and all people supported voted. Current directors are Bob Bacon, John Janssen, Tim Lawton and Jerry Vest.

The main purpose of the business was to provide learning experiences. A pleasant surprise is that the business is profitable! To date, the business has contributed \$175 to local families at Christmas and has purchased a 42” flatscreen TV and mount for the break area and a basketball hoop. Over \$200 is available for the next project. Spending is recommended by the Board of Directors and approved by all members.

Everyone enjoys having snacks available each day. The business is successful and serves as a reminder that change can have very positive results!

## Nebraska City currently supports:

- 48 people who receive day services
- 42 people who receive residential services
- 21 people who receive 24 hour assisted services
- 2 people who have a drivers license
- 12 people who rent a house or apartment
- 15 people who live with their family
- 1 people who live in extended family homes
- 5 people who are competitively employed

## Nebraska City currently has:

- 39 full-time employees
- 26 part-time employees

## Agency Highlights:

- 2010 was “The Year of Moves”! Two new homes were purchased by the Foundation and one by the local parent group. Four households moved to new locations!
- “Mini Grants”!! 36 people supported benefited from the State of NE Mini Grant program. Total value of all items was nearly \$30,000. Thank you!!
- Loren, Mark B, David and James “flagged down” the KNCY Radio Truck and received free tickets to the Sidney, IA Rodeo. They attended the rodeo along with friends Austin and Mark L.
- Alex has returned to school and especially enjoys the music classes. He performed at the school Christmas program and then sang a solo at a local Church.
- Deb and Loren have become members of a Lincoln group of people with hearing impairments and participate in their social activities.
- Stephanie helped RV staff test drive a new wheelchair accessible van. She gave her approval and with the help of the Foundation, the van was purchased. She takes great pride in “her” van and reminds staff to keep it clean.

## Agency Goal:

Provide Amazing, Excellent Experiences  
by living the Values of:  
Excellence Pride Integrity Enthusiasm

### Agency Goals:

- Everyone who wants a job finds a job.
- Everyone supported has a quality of life equal to that of the people supporting them
- Everyone supported is empowered and educated on advocating for themselves
- Each person's needs are approached with a sense of urgency

# ServiceLinc

## Employment Services



Rick and Karry relaxing at home.

Rick has been employed at Stanley Senior Technologies for 10 years and Karry has been employed at Walmart for 9 years. Rick and Karry have known each other most of their lives. They met while attending Elliot elementary school, went on to Lefler Junior High and both graduated from Lincoln High. During the years they sparked a romance that has endured over time.

One day last year, Rick surprised Karry at work and proposed to her - in front of her coworkers.

Last summer, Rick and Karry decided to share an apartment together. They enjoy spending time together, watching movies, football, cooking, camping and going on walks. They both participate in Special Olympic. Karry recently returned from a trip to Hawaii and they are now making plans to take a trip together.

They have a cat and enjoy babysitting for their friend. Both enjoying eating out at CiCi's.

### Agency Highlights:

- 17 new job placements this year.
- 10 individuals participated in the National Special Olympic games.
- David has worked at the government soil lab for 8 years with minimal support.
- ServiceLinc opened a learning lab, we offer math, reading, sign language, healthy cooking, music appreciation and yoga.
- Billy Elltise was promoted to Community Support Coordinator
- Nancy Bates was promoted to Employment Consultant

### ServiceLinc currently supports:

- 129 People who receive Supported/Vocational and Residential funding
- 12 people who receive Vocational Rehabilitation funding
- 68 People who are competitively employed
- 5 People who have a driver's license
- 41 People who rent their own house or apartment
- 69 People who live with their family
- 13 People who receive respite services
- 19 People live in an EFH or group home setting

### ServiceLinc currently has:

- 32 full-time employees
- 24 part-time employees

# Wahoo

Promoting the "Good Life"



**Julian and Jennifer Morgan celebrated their 35th wedding anniversary on December 28, 2010.**

Congratulations to Julian and Jennifer Morgan for beating the odds and celebrating 35 years of marriage. A huge accomplishment these days.

They met in the 1960's while living at the Beatrice State Home. They began dating in 1972, after they both moved to Ashland for the "new" community based services. With the support and help of Julian's mother and other family and friends, they were married on December 28, 1975.

They had a nice church wedding and a reception filled with family, friends and neighbors.

After being married a few years, they moved to Lincoln for several years and then to Omaha. They moved to Wahoo in 1983 and have called Wahoo home ever since.

Jennifer said the secret to staying married for this long is "to keep loving each other". She also chuckled as she remembered that people thought they'd stay together for just a few years, "we proved people wrong". Julian said the best thing about moving from Beatrice was that he was able to date Jennifer.

## Agency Goals:

Identifying "Priority Outcomes" to focus on for each person.

To provide supports which help people improve the quality of their lives and enjoy the "Good Life" in Nebraska.

## Wahoo currently supports:

- 51 people who receive day services
- 57 people who receive residential services
- 34 people who receive 24 hour assisted services
- 6 people served through school contracts
- 2 people who have a drivers license
- 2 person who owns their own home
- 28 people who rent a house or apartment
- 14 people who live with their family
- 4 people who live in extended family homes
- 18 people who are competitively employed

## Wahoo currently has:

- 66 full-time employees
- 23 part-time employees

## Agency Highlights:

- We received an award from the National Guard for supporting employees who are in the Reserves or National Guard units.
- Folks involved with community jobs start their day at 5:00 a.m. while others work up to 11:00 p.m. at different community businesses.
- Supported the National Special Olympics by cheering for athletes and participating in events
- Established a local Program Ethics Committee with seven citizens serving as members
- Kristy met Governor Heinemann when her father was honored for a rescue mission during WWII.
- The Omaha Ronald McDonald house gave us an award in appreciation for the donation of one million pop tabs to their organization
- We sponsored a Recycling Art Contest for K - 5th grade students, promoting the benefits of recycling.
- People's vacations included a Caribbean cruise, trips to Florida, Disney World, Galveston, Branson, the Ozarks, Colorado, South Dakota, and locations around Nebraska.
- Approximately 270 people attended our annual Christmas Dinner where awards were presented to people we support.



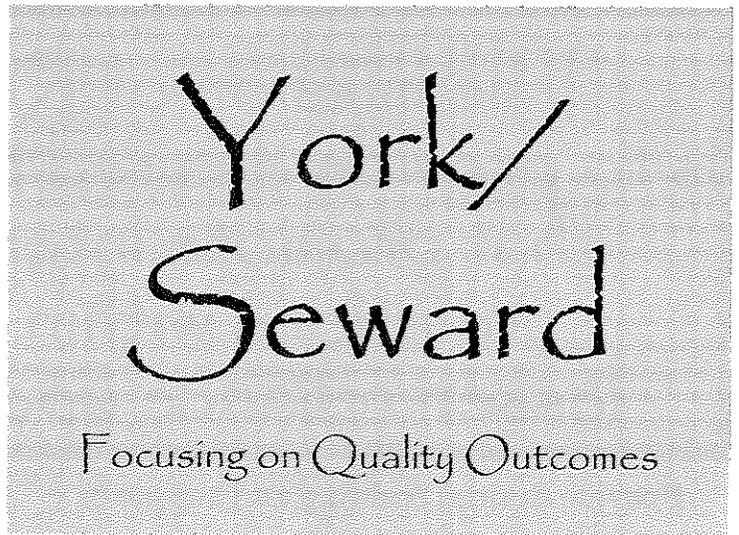
**Joe Ponec of Seward recently received a diploma for professional lock smithing.**

Joe enjoys tinkering. He likes to see how things work. He likes to take things apart and put them back together. With those interests and experiences on his mind, Joe thought that if he were a locksmith, he could use those skills and interests and help out his community at the same time, and that is when Joe decided to take classes to become a locksmith.

Joe received a diploma from the Foley Belsaw Institute. He is now a professional locksmith and a member of the National Locksmith Association. His course work included reading and practice assignments.

He bought a car lock tool kit and picks for residential locks. The services he can provide are: re-key building locks, open car locks and reset safe combinations. In the future he hopes to purchase a key duplication machine to expand his services.

Joe is currently building his locksmith business around his job at Concordia University, where he has worked for 12 years. He also likes to spend time with his girlfriend and surf the internet.



*Agency Goal:*  
To support people in identifying their goals and making them a reality

**York/Seward currently supports:**

- 2 people served through private pay
- 46 people who receive day services
- people who receive residential services
- 29 people who receive 24 hour assisted services
- 5 people who have a drivers license
- 1 person who owns their own home
- 21 people who rent a house or apartment
- 14 people who live with their family
- 3 people live in extended family homes
- 28 people who are competitively employed

**York/Seward currently has:**

- 54 full-time employees
- 63 part-time employees

**Agency Highlights:**

- April's dream came true. She moved out of her family's home to live with two roommates.
- Mini grants changed people's lives!
- A young man who lived in a South Dakota hospital for the last 8 of his 12 years, made his home in York. He is doing wonderfully although the professionals said this could not happen.
- Mike took his first trip out of Nebraska to ride with his nephew who was biking across the Continental US. Thanks to the mini grant, Mike was able to buy a specialized bike. His nephew provided the pedal-power as they crossed the South Dakota line together.
- Some people from Seward took a fabulous vacation to Puerto Rico and stayed in a dream home, thanks to Ryan, the Seward Coordinator and his family.
- The ReVue consignment store is in it's new and permanent home, thanks to a grant from the USDA.

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

### **Provide desired training and supports**

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

### **Promote interdependence and relationships within community**

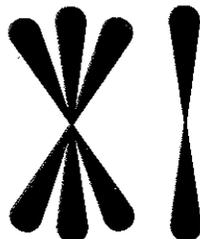
We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

### **Lessen reliance upon agency services**

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

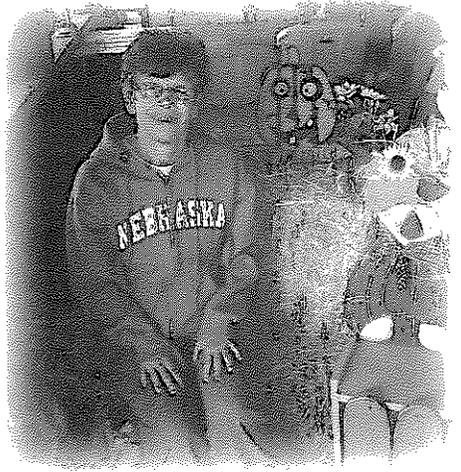
We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



# Summary of Revenues and Expenditures

For the Period July 1, 2009 - June 30, 2010

	CO	LIN 1	LIN 2	LIN 3	LIN 4	LIN 5	SERVLINC	WAHOO	NEB CITY	AUBURN	CRETE BEATRICE	DAVID CITY COLUMBUS	YORK SEWARD	FAIRBURY HEBRON	Reglon V
<b>Revenues:</b>															
STATE & FEDERAL HHS	1,285,618	2,659,499	2,789,934	3,216,913	2,172,049	962,828	1,375,177	3,188,929	1,670,396	2,436,353	2,894,665	2,146,635	3,125,476	1,599,554	31,524,026
Share/Cost	0	3,079	21,757	2,202	55,705	2,086	2,314	12,640	555	1,361	3,135	4,041	12,220	13,314	134,409
Voc Rehab	0	0	0	1,145	0	0	13,589	2,555	0	6,770	0	1,455	0	0	25,514
County : Per Capita (\$1.78)	21,557	21,557	21,557	21,557	21,557	10,379	21,557	21,557	21,557	21,557	21,557	21,557	21,557	21,557	290,620
County : Direct Contributions	0	0	0	0	0	0	0	6,708	0	0	0	0	0	0	6,708
Sales & Production Revenue	0	0	0	2,647	0	0	0	126,198	273,978	66,652	18,059	46,943	83,311	3,000	620,788
LB 403	0	0	0	0	0	0	0	36,842	52,840	26,198	109,128	3,270	2,532	2,840	233,650
Board and Room	0	58,388	0	223,419	81,661	21,038	0	202,815	138,956	202,059	248,214	59,023	172,163	151,860	1,559,596
Transportation	0	0	0	0	0	0	0	3,277	0	0	900	4,978	0	0	9,155
Cash Contributions	27,605	0	0	0	0	0	0	0	649	0	0	0	0	0	28,254
Contracts with Others	0	1,045	0	0	764	0	6,017	0	370	2,513	3,414	3,542	64,831	0	82,496
Interest	247	0	0	0	0	0	0	56	1,192	48	52	0	29	33	1,657
Non-Model Revenue	0	1,911	0	0	0	0	0	27,944	3,093	7,959	8,230	12,841	3,739	6,081	71,798
<b>TOTAL REVENUE</b>	<b>1,335,027</b>	<b>2,745,479</b>	<b>2,833,248</b>	<b>3,467,883</b>	<b>2,331,736</b>	<b>996,331</b>	<b>1,418,654</b>	<b>3,629,521</b>	<b>2,163,586</b>	<b>2,771,470</b>	<b>3,307,354</b>	<b>2,304,285</b>	<b>3,485,858</b>	<b>1,798,239</b>	<b>34,588,671</b>
<b>Expenditures</b>															
Salaries & Wages	754,290	1,663,787	275,549	2,313,911	1,213,078	600,678	889,741	2,232,790	1,228,203	1,627,940	1,912,737	1,259,076	2,131,195	1,122,946	19,225,921
N/R Production Payroll	0	0	0	0	0	0	0	0	33,074	0	0	0	0	0	33,074
N/R Client Salaries	0	0	1,361	10,207	0	0	0	102,394	26,563	36,017	8,225	23,029	1,900	8,834	218,530
Employee Benefits	199,742	493,457	85,163	660,004	348,048	275,005	295,696	760,097	432,112	542,619	645,036	406,828	605,828	350,267	6,099,902
Program Supplies	48,429	68,700	7,674	100,534	41,768	17,458	9,583	113,526	61,603	61,356	124,653	27,091	76,021	60,996	819,392
Contract Supplies	0	0	0	0	0	0	0	57,100	117,844	16,863	3,485	13,652	0	0	208,944
Program Operations	135,682	211,488	27,064	277,773	118,484	63,980	68,570	144,284	165,780	219,485	254,947	128,367	273,465	136,301	2,225,670
Travel: Staff & Client, O/S	17,062	103,513	6,468	127,171	98,458	32,711	92,298	65,128	19,488	36,376	68,598	44,872	80,372	35,401	827,916
Board & Committee	2,585	0	0	0	0	0	0	0	0	0	0	0	0	0	2,585
Production & Sales	0	0	0	0	0	0	0	0	958	0	0	0	0	0	958
Staff Development	2,660	3,946	0	1,205	3,061	256	633	2,658	2,237	1,717	2,431	2,107	3,511	443	26,865
Contracted Services	18,729	30,525	2,425,887	26,445	433,215	8,150	30,115	130,478	25,526	94,031	223,223	332,265	195,315	40,343	4,014,247
Depr.	7,266	25,739	0	5,448	15,996	17,340	0	29,781	5,250	15,852	22,404	7,208	12,438	10,321	175,043
<b>TOTAL EXPENDITURES</b>	<b>1,186,445</b>	<b>2,601,155</b>	<b>2,829,166</b>	<b>3,522,698</b>	<b>2,272,108</b>	<b>1,015,578</b>	<b>1,386,636</b>	<b>3,638,236</b>	<b>2,118,638</b>	<b>2,652,256</b>	<b>3,265,739</b>	<b>2,244,495</b>	<b>3,380,045</b>	<b>1,765,852</b>	<b>33,879,047</b>
<b>REV. OVER/(UNDER) EXP.</b>	<b>148,582</b>	<b>144,324</b>	<b>4,082</b>	<b>-54,815</b>	<b>59,628</b>	<b>-19,247</b>	<b>32,018</b>	<b>-8,715</b>	<b>44,948</b>	<b>119,214</b>	<b>41,615</b>	<b>59,790</b>	<b>105,813</b>	<b>32,387</b>	<b>709,624</b>





1430 South Street, Suite 203  
Lincoln, Nebraska 68502-2446  
Phone (402) 471-6400  
Fax (402) 471-2978

Memo to : Region V Services Governing Board, Advisory Committee,  
all stakeholders  
From : *Dave* Dave Merrill, Executive Director  
Date : April 30, 2011  
Re : MAY Director's Report

Some Central Office staff have been involved in the Central Office Listening Tour, visiting each area program to hear about celebrations, challenges and how we can improve our support to area programs. We have gathered many ideas and have addressed items and issues along the way. I want to thank the area programs for the many accomplishments of the past year, for making time to share their successes and concerns with us, and for their candor in helping us identify where we can best focus our efforts.

We will be conducting staff and family satisfaction surveys in May. We will be using the internet tool "survey monkey" for families and staff who prefer electronic submissions and providing hard copies to be completed and sent to central office for those who don't. This is the first time that we have attempted to gather as much of the information as possible through electronic means, so please be patient as we identify and work out any glitches along the way.

We will be having Dr. Niese come to Region V Services on May 11th to provide training on positive behavioral supports using our forms and examples. Dr. Niese is highly regarded in Nebraska and we seek to have all of our Coordinators and Directors attend this training. We have been tweaking our system in anticipation of the new regulations, which we assume will be adopted in the next couple of months, and this training will support that effort and can help us improve our supports.

Our Fine Arts Festival and dance was a success with approximately 325 people in attendance, and our artists were able to sell their work. Our next event will be the picnic and Advisory Committee meeting at Pioneers' Park in Lincoln on June 4 at 11:00 am. We will be trying individual chicken dinners rather than serving lines as we have used in the past. Roni Gabel, (Public Education and Information Coordinator), who is responsible for organizing these events, has also completed the 2010 Annual Report.

— Serving individuals with developmental disabilities —

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

## **Financial Update**

At the end of February, our revenues were \$25,051,415 and our expenses were \$23,934,322, with revenue exceeding expenses by \$1,117,093. We have established a cash position where we are able to meet five week pay periods without carrying over bills. We are looking at 0% increases for the next two years in the current appropriations bill so the only additional income we may have will be from supporting more people. Health insurance costs will not rise as much as we expected, so we will be recommending to the Governing Board a two percent increase in the salary scale. This is the first change in the salary scale in three years.

## **Waiting List**

We were please that the Appropriations Committee of the legislature kept the transition money in the budget for the next two years to support individuals who reach their 21<sup>st</sup> birthday and are eligible for services. We were concerned that the Division of Developmental Disabilities (DDD) would try to absorb the transition amount in their budget resulting in fewer people receiving supports.

It appears that a little less than \$7 million is being returned to the General Fund by DDD. While we understand the challenges of predicting how many people from the waiting list will accept supports and the need to continue those supports, it makes us sad that we aren't able to offer more supports to people from the waiting list. The economic impact is that we also aren't able to capture the Federal match for that money, so there is less money in Nebraska's economy than if we had used more of the appropriated money.

## **Legislation and Regulation**

LB 140, a transportation bill that we supported passed last week. It makes it clear that we are not under the commercial carrier provisions when we transport people to the doctor and other incidental transportation.

The criminal background check bills are likely to remain in Committee. It's unfortunate because we believed we had provided a method for the State to save money and improve the overall effectiveness of the system.

The appropriations bill was released this week and while we are concerned of the impact of no rate increases in the next two years, we were pleased that the transition funding for kids leaving high school remains in the budget proposal that will be considered by the full legislature in the next month.

## **Upcoming Events**

June 4<sup>th</sup> – 11:00 am to 1:00 pm – Region V Services picnic and Advisory Committee meeting – Pioneer’s park – Lincoln

September 8<sup>th</sup> and 9<sup>th</sup> – Self Advocacy Symposium – Each day is a “stand alone” to reach as many people within Region V Services as we can.

October 1<sup>st</sup> – Dinner Dance – 5:00pm to 10:00 pm – Pershing Auditorium - Lincoln

## **Region V Foundation**

We have received a few more “\$20 for twenty years” donations. Did you know that the Foundation has no paid staff and all money raised is able to be targeted to the people we support?

Did you know that the Foundation leases 60 vehicles and 35 homes or buildings to Region V Services?

Have you ever imagined how differently the lives of the people we support would look without the Foundation to assist with housing and transportation?

Please consider a tax deductible contribution of \$20 to the Region V Foundation this year!

**Page 4 is the calendar for May.**

# May 2011

*Calendar is tentative and subject to change. Last Update: April 29, 2011*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Staff Development 9:30 am  Advisory Committee 7:00 pm	5 BART 9:00 am	6	7
8	9 Governing Board 9:30 am	10 Fillmore County	11 Nemaha County  Dr Niese Training 9:30 am	12 PAC/PEI 10:00 am	13	14
15	16 Butler County PEC 7:00 pm	17 ACP 8:00 am Registration 9:00 am Program	18 Medication Class 8:30 am	19 ARVAD 9:30 am	20 Medication Class 8:30 am	21
22	23 Orientation Day 1 9:30 am	24	25 CPR Recertification & Class	26	27	28
29	30 OFFICE CLOSED  Memorial Day	31 Lancaster County  \$ PAYDAY \$				

# White Paper on the Status of Developmental Disability Services in Nebraska

November 1, 2010

## Number of people needing support as of October 31, 2010.

\* There are approximately 4627 people receiving specialized developmental disability services in the community including 122 people in the community supports program and 341 who were service coordination only. 172 people reside in state institutions at Beatrice State Developmental Center (BSDC) and the Bridges program in Hastings. There are also 244 people living in three private ICF-MRs in Beatrice, Axtell, and Grand Island.

\* There are 2785 people on a registry waiting for services across the state now or sometime in the future. Of those, 1708 are past their requested date of need. Some people on the list have been waiting since January of 2007. Recent waiting list efforts have greatly reduced the length of time people have been waiting. It is difficult to estimate the number of people who are not receiving services or are not on the registry.

## How specialized services are provided.

\* This white paper applies to specialized services provided by certified providers of supports to people with developmental disabilities. There also exists a Community Support Program where families or individuals can be funded up to \$20,000 annually or their Objective Assessment Process amount, whichever is lower. They are then responsible for their own hiring and provision of supports.

\* Nebraska uses "means testing" to determine fees for individuals or families with minor children to determine ability to pay. These fees are collected by HHS, though providers must collect Medicaid spend down amounts or not be paid those funds.

\* HHS determines eligibility and funding for each individual. The individual and his/her family choose a provider who must be certified by HHS for specialized services. HHS contracts with the chosen provider for the services determined by the person supported, his/her family, service coordination and provider staff through the Individual Program Plan. The person's funding follows the person if he/she moves to another provider.

\* The Medicaid Waiver provides a match for Medicaid waiver eligible people in the system. The match is 60.56 % Federal, 39.44 % state and local. The enhanced Medicaid match as part of the economic recovery plan is being funneled to the overall Medicaid program. These Federal funds have provided the bulk of the increases to the system over the last decade.

\* Providers are required to provide documentation of habilitation and must meet specified service needs that are driven by an Individual Program Plan (IPP) in order to bill for services.

\* Accountability is provided by a system of certification, regulation, complaint investigation, service coordination monitoring as well as oversight by local boards and advisory committees, advocacy groups and consumer satisfaction surveys.

\* Fiscal accountability is provided by statute and regulation which requires an annual independent audit.

## **Issues needing attention by the administration and legislature.**

- \* **Waiting list** – Recent funding as recommended by the Governor and the legislature have made great strides in addressing the number of eligible people who have been waiting for services to be approved. It is important that the administration and the Legislature continue to address the waiting list and not have people waiting for years for the supports they need. We have seen more individuals and families choosing supported services rather than assisted services, indicating that families do not choose more than they need and support the least restrictive alternative when it is available, though this could also be a result of funding being inadequate for assisted services.
- \* **The funding methodology** was originally based on 90% of a beginning wage at Beatrice State Developmental Center that is no longer the base wage because of an inability to recruit staff into that position. The major increase in the cost of human services has been in the area of benefits due to increased cost of health insurance and training to maintain a competitive wage in order to attract and retain qualified professional staff. Staff at BSDC have received larger increases that have not translated into comparable increased rates and salaries in community programs.
- \* **The Legislature appropriated money** in the Developmental Disability Division's budget to study the funding methodology. The basic assumptions of the funding methodology need to be examined. Changes in the last 19 years include increased transportation costs, medical services support, sleep time and increased regulation especially in the area of medication administration but other areas as well. The support needs of persons receiving services have increased due to changes in eligibility criteria. In addition, benefits originally computed at 20% of salary in the model are closer to 50% today. Supported services for employment and community living need to be revised to take away financial disincentives to have people work and live as independently as possible.
- \* **There needs to be a clearly understandable and fair way** to determine the amount of support that the state will provide to an individual. While there is no perfect Objective Assessment Process (OAP), we need to agree on an effective assessment process that is flexible and changes with the needs of the individual.
- \* **Quality needs to be defined** by people receiving supports and families, as well as by officials.
- \* **The requirement for an elected official to be on the boards or advisory committee of certified providers** needs to be eliminated. Public agencies are governed by county commissioners or supervisors and need no additional representation on an advisory committee that has only the power to make recommendations. Private providers find it cumbersome and ineffective to recruit an elected official.
- \* **The white papers have been developed** by the Nebraska Providers' Network using data provided by the Division of Developmental Disabilities as a means of providing a brief description of the history and status of supports in the state of Nebraska.

## **Brief History**

Prior to the late 1960's, mental retardation (now called intellectual disability) was the term used to describe individuals with significant learning disabilities. The only option to families was the Beatrice State Home which is now called the Beatrice State Developmental Center (BSDC). The population at BSDC grew to over 2200 people and an investigation and lawsuit (Horacek vs. Exon) led to the development of community based services.

The state established 6 regions from Region I in the Panhandle to Region VI in the Omaha area. Governed by boards of county commissioners from each of the respective areas, they provided options for families across the state. In addition, Martin Luther Home and Bethphage Mission expanded their options from ICF-MRs, (small private institutions) to community based options. Changes in the laws governing special education occurred, giving families the right to have their children remain in the community and receive an appropriate education.

In the past decade the number of certified providers has expanded to include over 30 different providers giving people with disabilities and their families significant choice of providers while retaining efficiency and the option of public community supports.

## **Acronyms**

AAIDD - American Association on Intellectual and Developmental Disabilities - (A national organization focusing on research, best practice, and professional networking.)

ACP - Association of Community Professionals - (An organization for people who work in the field of developmental disabilities focusing on statewide training.)

The Arc of Nebraska - (An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.)

APSE – Association for Persons in Supported Employment – (organization dedicated to employment.)

CDS – College of Direct Support – (national online training system for community services.)

CMS – Center for Medicare and Medicaid Services – (Federal funding and regulating agency.)

DDD - Developmental Disability Division - (Division of HHSS.)

HHSS - Health and Human Service System - (State of Nebraska organization for human services.)

NAS - Nebraska Advocacy Services - (A federally mandated advocacy organization.)

NASP - Nebraska Association of Service Providers - (An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR)

NPN - Nebraska Providers' Network - (A voluntary association of Nebraska public and private providers with no fees or staff.)

People First – Self advocacy organization for people who experience developmental disabilities.

## **Chronology**

1950s - Families begin to form programs to support their family members to fill the void between sending their children to Beatrice State Home and the lack of special education in the school system and other supports in the community. In 1968, the Douglas County Plan formalizes this "grass roots" family movement.

July 1969 - LB 855 transfers the Office of Mental Retardation to the Department of Public Institutions from the Health Department, moving away from a medical model.

1972 - The Horacek vs. Exon federal civil rights class action lawsuit is filed against the State of Nebraska. Due to this lawsuit, the population of the Beatrice State Home is reduced and the legislature appropriates funds for the development of community services and deinstitutionalization.

May 1973 - LB311 creates the six mental retardation regions in Nebraska, modified by LB302 in April 1974.

1974-1975 - Regions form governing boards of county commissioners. Advocacy groups feel county commissioners are able to offer local control and accountability and that public services are necessary to assure that low population areas of the state are adequately served.

Fall 1987 - Nebraska implements the Medicaid Waiver, capturing available Federal funds to supplement the State General Funds that had funded the system.

1991 - LB 830, the Developmental Disabilities Services Act is passed. After a study and much discussion, provider based case management services is transferred to state administered Service Coordination. It also transfers responsibility for waiting lists to the State of Nebraska. The state must authorize and approve funding prior to placement for a provider to receive state and Federal funding. In addition the federal definition of developmental disability is adopted, expanding the definition from the narrower mental retardation category.

1992 - State adopts the Touche-Ross funding methodology.

1994 - LB 1136 provides additional funding to serve people in the community waiting for funding.

June 1995 - The Governor's Blueprint for Action contains a plan for eliminating the waiting list by requiring HHS to submit a plan to see that people leaving high school are offered supports. HHS interprets this to cover just day services so the waiting list continues to grow.

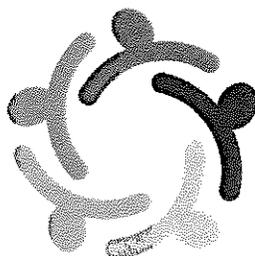
1996 - Medical service supports transfers back to providers from service coordination.

1998 - Administration and supervision of service coordination transfers from Developmental Disability Services (DDS) to the Health and Human Service System (HHSS) service areas.

2008 - Responsibility for Service Coordination returns to the Division of Developmental Disabilities.

2009 - The decertification of BSDC and movement into community services demonstrates the need to adequately fund supports for people who experience developmental disabilities in the community.

# Lancaster County Annual Report FY 09-10



## REGION V SYSTEMS

*Promoting Comprehensive Partnerships in Behavioral Health*

### **Our Mission**

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.



This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of behavioral health systems and its consumers.

Dear Colleagues,

We would like to extend a **sincere appreciation** to the Regional Governing Board members, Behavioral Health Advisory Committee members, Network Providers, Department of Health and Human Services representatives, legislative representatives, consumers, and many other stakeholders. Without them, we would not be able to achieve our mission, "promoting comprehensive partnerships in behavioral health." Following are a few highlights from Fiscal Year 09-10.

The American Recovery and Reinvestment Act of 2009 was signed into law by President Barack Obama on February 17, 2009. This bill brought \$1,472,278 to Lincoln to assist individuals and families who are at risk of becoming homeless or who are already homeless. Region V Systems was selected by the Lincoln Homeless Coalition/Continuum of Care to be the lead agency for this funding.

In October 2009, Region V Systems received its third consecutive three-year CARF accreditation. A letter from the CARF President stated: "The 2009 site visit is especially **commendable in that this survey resulted in no recommendations**, which signifies that they [surveyors] did not identify any areas of nonconformance to the standards. This is an extraordinary accomplishment, as only three percent of CARF surveys result in no recommendations." <sup>1</sup>

This year marks the **last year of the Compassion Capital Fund program** called "Let's Build." During the three years of the project, over 60 organizations received funding and/or technical assistance for capacity-building efforts. Region V Systems plans to continue these efforts through partnerships with other entities that promote capacity building for nonprofits as well as creating a Community Benefit Center to house and support nonprofit agencies.

Linking Individuals/Families in Need of Community Supports (LINCS) was developed as an **innovative assessment and referral process** designed to bring together community resources for the purpose of helping families who are in need of supports and access to services for their children. LINCS was developed as part of LB 603 to address the gap in services for children with behavioral health issues. LINCS strives to reduce formal juvenile justice and child welfare involvement by working to increase families' awareness and access to community supports and services. During the first year of implementation, 110 referrals were received from system partners comprised of families, county attorneys, schools, the Nebraska Family Helpline, Family Navigator Services, and other community partners. The LINCS process was nominated by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) as a "best practice" for assessment and referral. Please see page 22 for more information.

In Fiscal Year 10-11, Region V Systems will continue to work with our partners and stakeholders to improve the behavioral health system of care for both adults and children in southeast Nebraska.

Sincerely,



C.J. Johnson  
Regional Administrator



Doris Karloff  
RGB Chair



# REGION V SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

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Region V Systems accredits its programs through the Commission on Accreditation of Rehabilitation Facilities.

<sup>1</sup> Letter from CARF President/CEO dated 10-26-09

# Regional Governing Board

Per Nebraska state statute, each Region is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. The current membership as of December 2010 for Region V's geographical area is as follows:

Butler County.....Larry Zadina	Pawnee County.....Kay Laun
Fillmore County.....Jerry Galusha	Polk County.....LeRoy Gerrard
Gage County.....Dennis Byars (Vice Chair)*	Richardson County.....Bill Ely, Jr. (Treasurer)*
Jefferson County.....Marvin Yost	Saline County.....Janet Henning
Johnson County.....Terry Keebler	Saunders County.....Doris Karloff (Chair)*
Lancaster County.....Bob Workman (Secretary)*	Seward County.....Scott Stuhr
Nemaha County.....Monty Lovelace	Thayer County.....Lawrence Traudt
Otoe County.....Carol Crook	York County.....Eugene Bergen

\* Executive Committee members

*Thanks to the members of the Regional Governing Board, past and present, for your dedication and support towards the Regional System of Care.*

## Behavioral Health Advisory Committee

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the Board on behavioral health issues and funding allocations. Consideration for membership is given to geographic location, direct and indirect consumers, cultural diversification, and the community at large. Membership as of December 2010 is as follows:

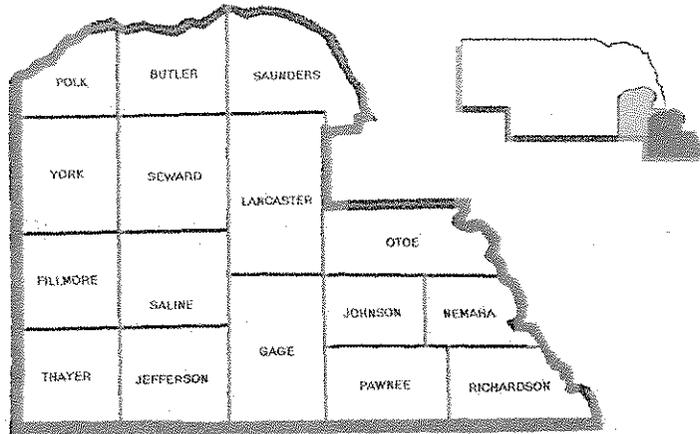
Jennie Cole-Mossman	Gail Lorenzen (Chair)*	
Janet Coleman	James Pennington	
Jacob Colling	Wayne Price (Vice Chair)*	
Don Harmon	David Rea*	
Robyn Henderson	Tammy Sassaman	
Sara Hoyle	Stacy Werth-Sweeney	
Wilma Jackson*	Debra Williams	
Cindy Kadavy	Janice Walker	
Terry Keebler (RGB Rep.)	Constance Zimmer	* Executive Committee members

## Region V Systems' Provider Network

Region V Systems contracts and works in collaboration with a network of behavioral health providers to deliver an array of behavioral health services to meet the needs of consumers. Following are the providers in Region V Systems' provider network:

Blue Valley Behavioral Health	Lincoln Council on Alcoholism and Drugs
CenterPointe	Lincoln Medical Education Partnership
Child Guidance Center	Lutheran Family Services
Community Mental Health Center of Lancaster County	Mental Health Association of Nebraska
Cornhusker Place	O.U.R. Homes
Houses of Hope	St. Monica's

# Region V Systems' Geographical Area



Region V is comprised of 16 counties in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2009 Population Estimates*, the Region has a population of 437,999, constituting approximately 24 percent of the state's population.

## Our Organization

Region V Systems was originally created by state statute in 1974 with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the responsibility for the development and coordination of substance abuse services was added. In 2004, LB 1083, the Behavioral Health Services Act, was passed, repealing the original statutes but re-establishing and renaming the Regions as "Behavioral Health Authorities."

Region V Systems is responsible for the development and coordination of publicly funded behavioral health services within its service area. Region V Systems:

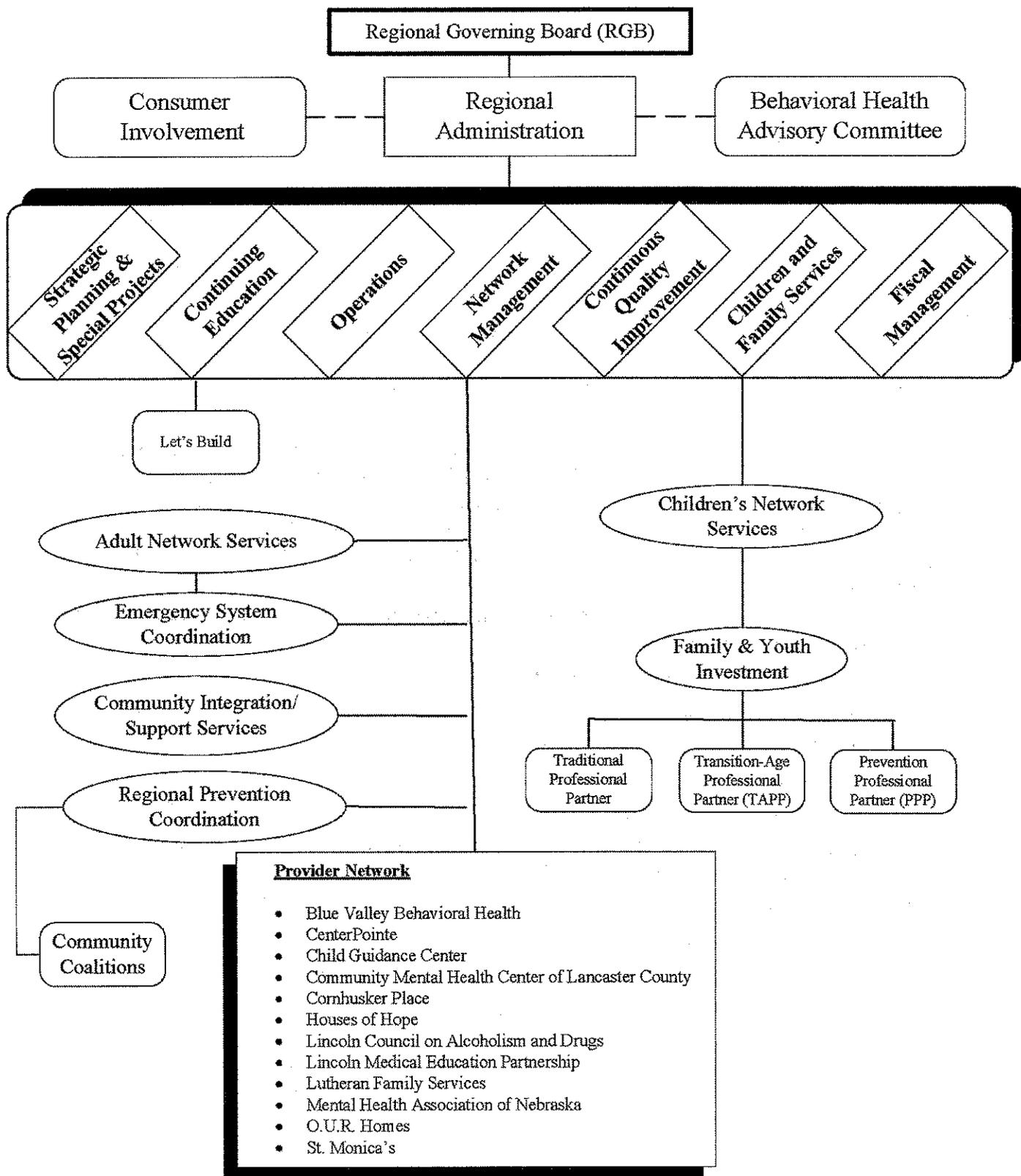
- ◆ Performs comprehensive planning activities;
- ◆ Integrates and coordinates the delivery of services;
- ◆ Prepares and administers budgets;
- ◆ Monitors the system's performance; and
- ◆ Takes corrective action when necessary.

Through these responsibilities, Region V Systems contributes to accomplishing the purpose of the goals of LB 1083, which are to ensure:

- ◆ The public safety and health of consumers;
- ◆ Consumer access to services;
- ◆ Availability of high-quality behavioral health services; and
- ◆ Cost-effective behavioral health services.

The Region's major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at [www.region5systems.net](http://www.region5systems.net).

# Our Organization cont...



# Support to the Organization

## Continuing Education

*Purpose:* Responsible for the planning, development, coordination, and evaluation of the training, education, and technical assistance services for Region V Systems' staff, providers, nonprofit agencies, and community stakeholders.

*How:* Develops quality training opportunities to meet Region V Systems' CARF national accreditation requirements, develops opportunities for Region V Systems' staff to further their professional development, and offers consultation for workshop/conference planning to providers and the nonprofit community.

## Continuous Quality Improvement

*Purpose:* Ensures each of Region V Systems' departments and programs are monitored, evaluated, and enhanced on a continual basis, through a team-driven process.

*How:* Annually, Region V Systems produces a Performance Improvement Plan (PIP). The PIP identifies goals and evaluates and monitors the performance of each department.

Striving to achieve and sustain an environment which has open communication and problem solving from all levels within the organization, Region V Systems has internal and external processes for expressing and resolving concerns/requests. This "CQI Concerns/Request" process is meant to serve as a means for providers, consumers/customers, and staff members to initiate suggestions or address a concern or issue. Each CQI Concerns/Request is reviewed and acted upon by Region V Systems' Management Team and shared with internal and/or external partners.

## Operations

*Purpose:* Ensures the organization runs smoothly and efficiently, allowing staff and customers to access services and supports in the most effective manner.

*How:* Supports the organization in the following areas: human resources; administrative support; front office customer and staff support; information technology; health and safety, corporate compliance; and compliance with CARF (Commission on Accredited Rehabilitation Facilities) national standards.

## Strategic Planning and Special Projects

*Purpose:* Responsible for the development, implementation, and evaluation of Region V Systems' strategic plan. The department is also responsible for the management of various special projects.

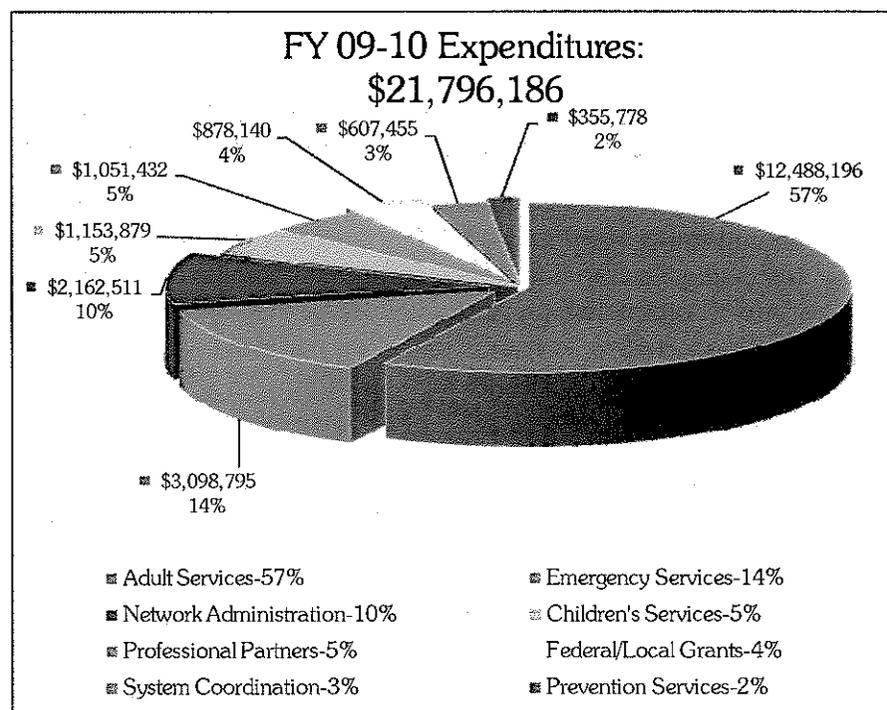
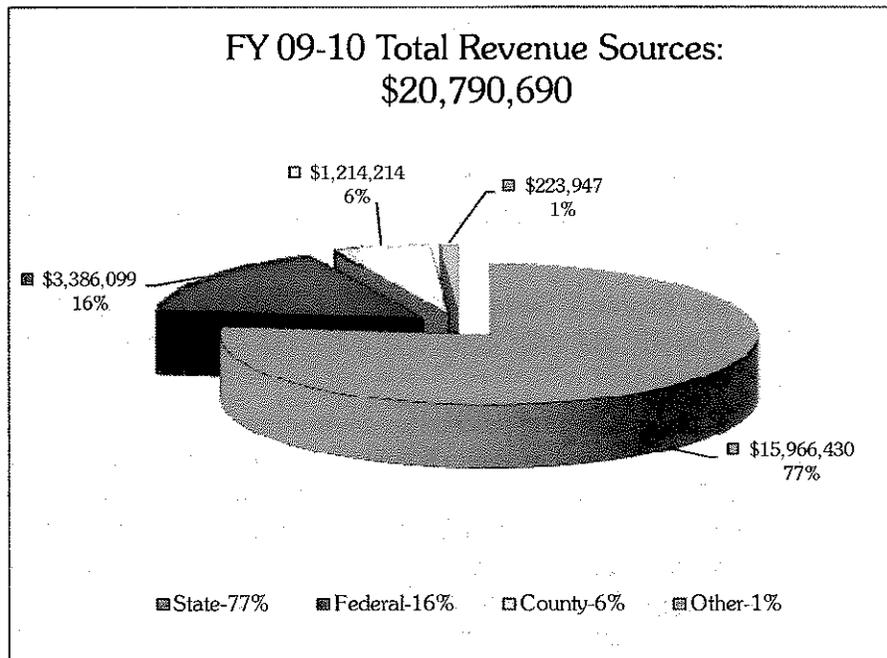
*How:* The strategic planning process includes three major components: conducting an assessment of the current operating environment of the organization; creating a shared vision for the future; and establishing the goals and objectives that best utilize Region V Systems' strengths to sustain and improve performance, ensure quality services, and guarantee financial viability.

# Support to the Organization cont...

## Fiscal Management

**Purpose:** Provides financial management that ensures the effective use of financial resources, transparency, and accountability.

**How:** Federal, state, and county funds are allocated to providers and other contractual entities. Staff conduct contract performance reviews and fiscal audits to confirm compliance with financial requirements of each Region V Systems' contracts.



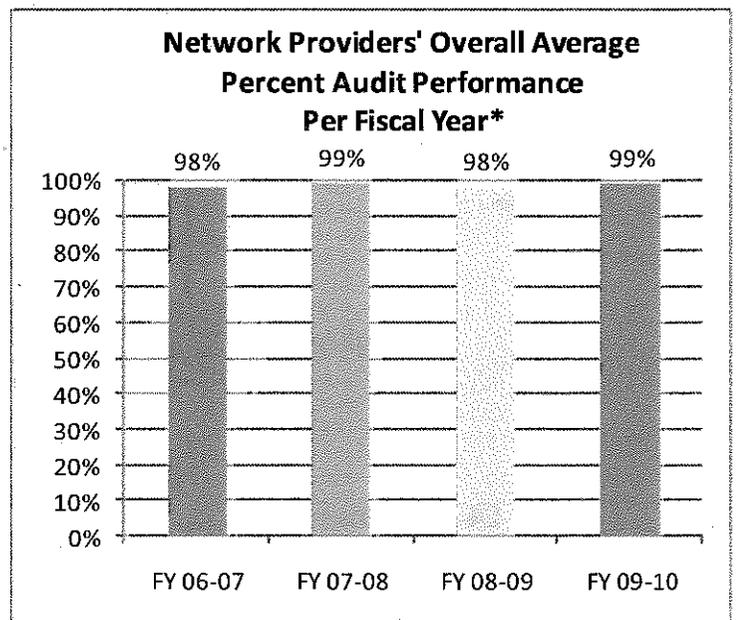
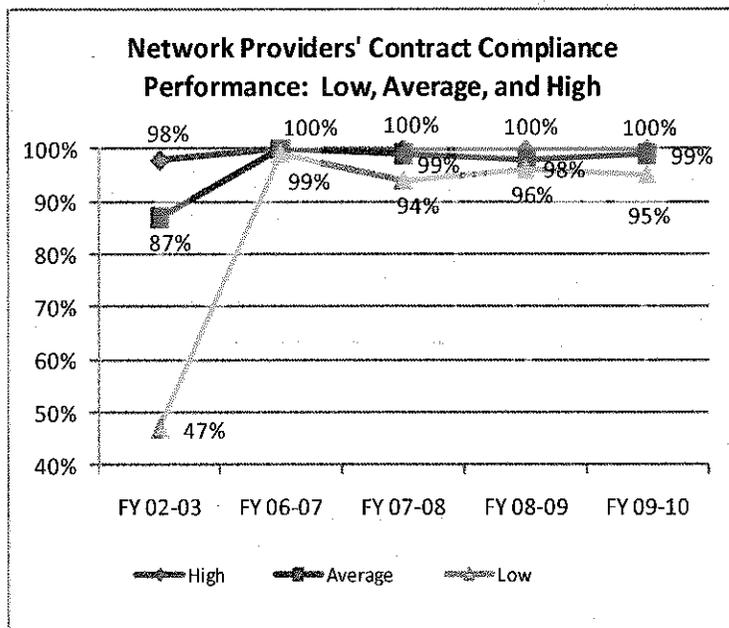
# Network Management

**Purpose:** Establish an efficient and organized community-based system of public behavioral health care for the delivery of adult and children’s services in the Region V geographical area.

**How:** Region V Systems plans, organizes, contracts for, evaluates, and monitors a regional behavioral health system of care. This is accomplished through contracting and collaborating with a network of behavioral health providers, consumer and family partners, and community stakeholders.

**Goal:** Ensure consumers have access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.

**Funding:** Region V Systems receives county, state, and federal funds. Funds are contracted to network providers and other contracting entities to support the Region V system of care.



It is the responsibility of Region V Systems to monitor, review, and perform programmatic, administrative, and fiscal accountability functions. The annual **Services Purchased Audit** verifies that units of service claimed for reimbursement, whether on a fee for service (FFS – unit verification) or on a non-fee for service (NFFS – expense verification) have been delivered and billed accurately. A **Program Fidelity Audit** reviews program plans and services delivery to ensure consistency and compliance with Nebraska-specific service definitions, regulations, and Federal Block Grant Program requirements. Program Fidelity Audits occur on a one to three-year performance cycle.

Together, these audits demonstrate and support fiscal accountability, organizational management, and continuous quality improvement for the network.

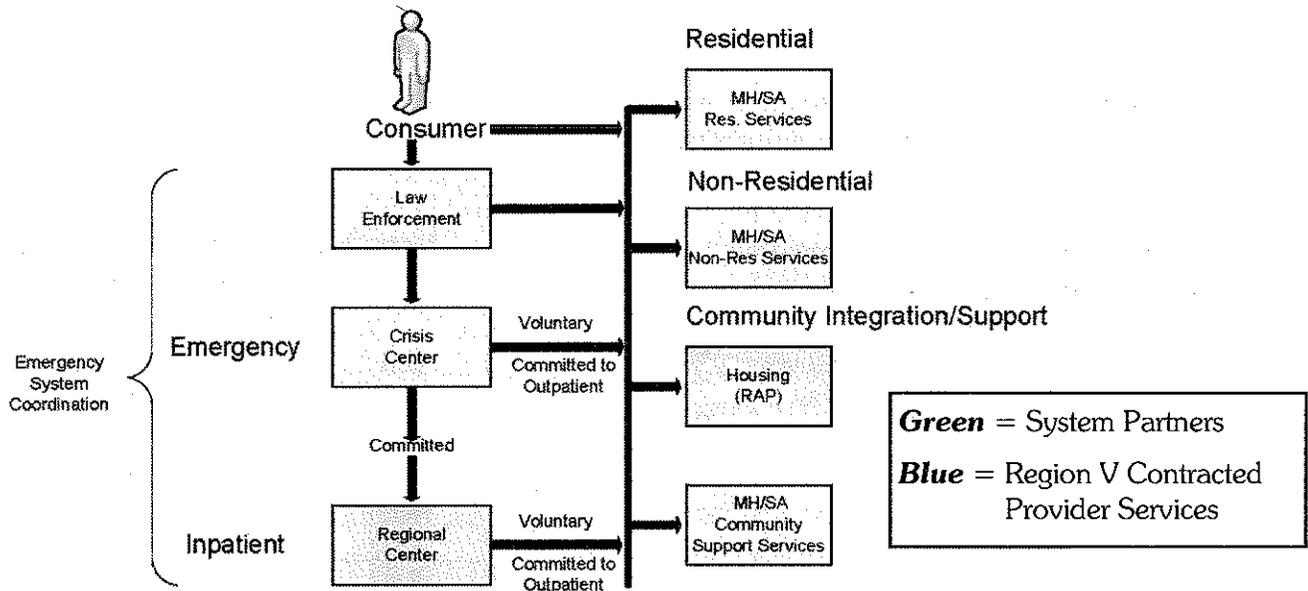
**\*Note: The audit performance graph only reflects annual Services Purchased Audit Performance.**

# Network Management cont...

## Adult Network Services

Region V Systems contracts with a network of behavioral health community providers and works with System partners that offer a broad array of services designed to assist adults in reaching their goal of recovery to live, work, and be full participants in their communities.

### *Navigating the Adult Behavioral Health System*



#### *Emergency*

- 24-Hour Crisis Phone
- Civil Protective Custody (Involuntary)
- Crisis Assessment (Substance Abuse)
- Crisis Respite
- Crisis Response Teams
- EPC Services – Crisis Center (Involuntary)
- Emergency Community Support
- Hospital Diversion
- Social Detox

#### *Residential*

- Dual-Disorder Residential
- Halfway House
- Intermediate Residential
- Psychiatric Residential Rehabilitation
- Short-Term Residential
- Therapeutic Community

#### *Non-Residential*

- Assessment
- Day Treatment
- Intensive Care Management
- Intensive Outpatient
- Medication Management
- Outpatient Therapy (Individual, Family, Group)

#### *Community Integration/Support*

- Assertive Community Treatment (ACT)
- Benefits Analysis
- Bilingual/Bicultural Service Coordination
- Community Support
- Day Rehabilitation
- Peer Support
- Recovery Support
- Supported Employment
- Supportive Living
- Transition Age Professional Partner (TAPP)

Contracted services available through Region V Systems' Provider Network

# Network Management cont...

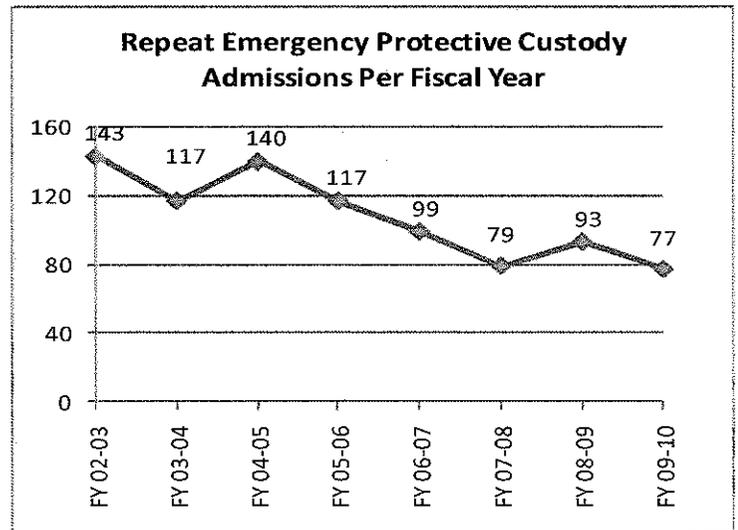
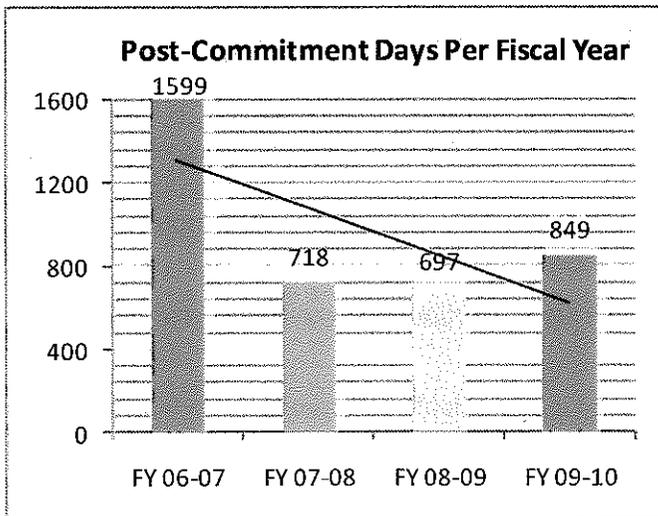
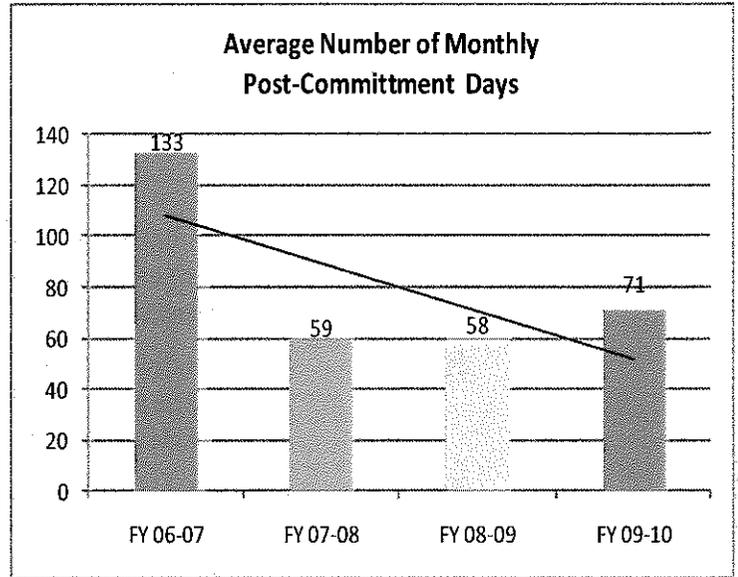
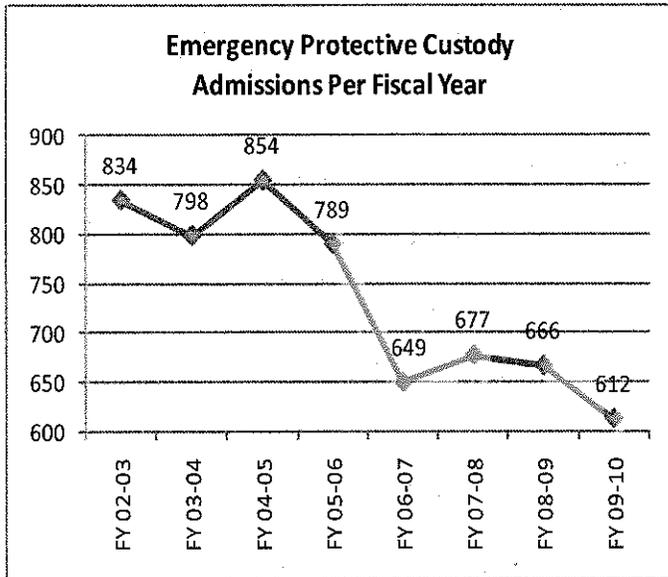
## Adult Network Services cont...

### Emergency System Coordination

**Purpose:** Provides a behavioral health emergency system to ensure the safety of consumers and the public.

**How:** Coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities.

**Goal:** Ensures consumers have access to services and multiple alternatives for support while experiencing an acute behavioral health crisis.



# Network Management cont...

## Adult Network Services cont...

### Inpatient Level of Care

As outlined in the Department of Health and Human Services' LB 1083 Implementation Plan, the Lincoln Regional Center provides inpatient psychiatric services for Region V Systems' service area.

- Purpose:** Hospital-based acute and sub-acute psychiatric services designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment order.
- How:** Provides intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports to stabilize an individual's psychiatric condition.
- Goal:** Acute psychiatric symptoms are stabilized, and the individual is transitioned to community-based residential or non-residential services for continued recovery.

### Residential Level of Care

- Purpose:** Residential services provide less-intensive or restrictive treatment than inpatient care and are intended to help the individual overcome or compensate for issues caused by mental illness or substance use disorders.
- How:** Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.
- Goal:** Individuals overcome or compensate for problems produced by mental illness and/or chemical dependency so they can be referred to less-intensive levels of care or return to community living with appropriate supports.

### Non-Residential and Community Integration/Support Levels of Care

- Purpose:** Provides non-residential treatment, rehabilitation, and support services intended to reduce episodes of: relapse, crisis, and emergency room utilization; shorten lengths of stay at inpatient and residential levels of care; and promote the recovery and resiliency of the individual.
- How:** A number of varied and flexible service options are available to meet the individual's needs.
- Goal:** Individuals maintain or return to independent or supported community living.

# Network Management cont...

## Adult Network Services cont...

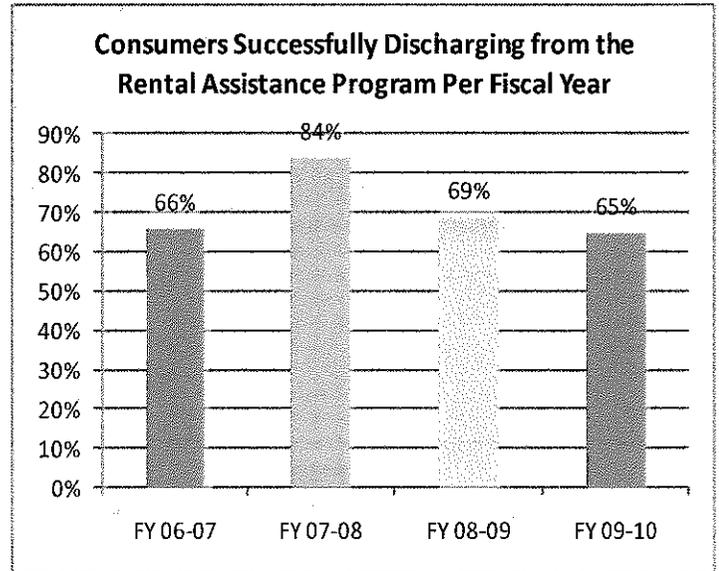
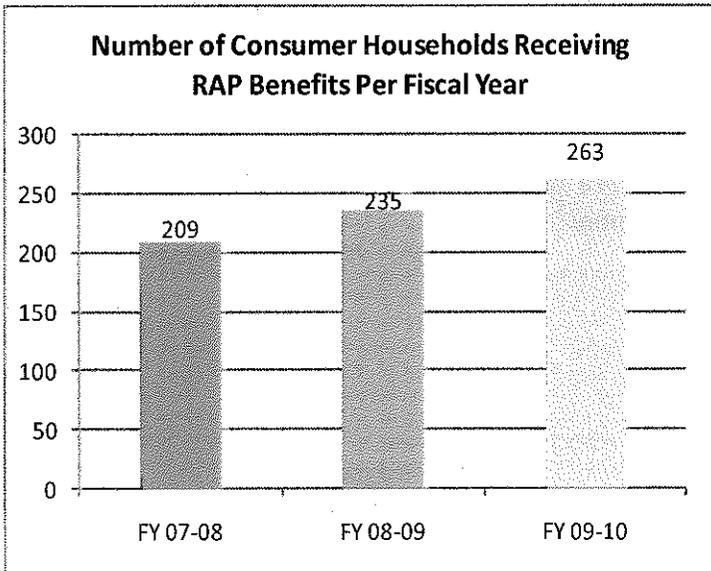
### Community Integration/Support Services

#### Rental Assistance Program (RAP)

**Purpose:** Provides safe, secure, affordable housing—together with support services—so that consumers can begin to work towards recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own home. The target population are consumers with serious and persistent mental illnesses, who are indigent or have extremely low income, and who are on an inpatient Mental Health Board commitment or those that are at risk of an inpatient commitment.

**How:** RAP builds a network of housing providers and facilitates locating appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections.

**Goal:** Consumers achieve independent living, bridge to more permanent housing, or maintain their current living situations.



Successful discharge is identified as bridging to permanent housing; bridging to economic self-sufficiency (consumer exceeds allowable 30 percent of median family income guideline); or consumer choice in housing (consumer chooses to move out of Region V Systems' service area or chooses to move in with a roommate). The availability of Section 8 Housing vouchers impacts discharges to permanent housing.

# Network Management cont...

## Adult Network Services cont...

### Community Integration/Support Services cont...

#### Homeless Prevention and Rapid Re-housing Program (HPRP)

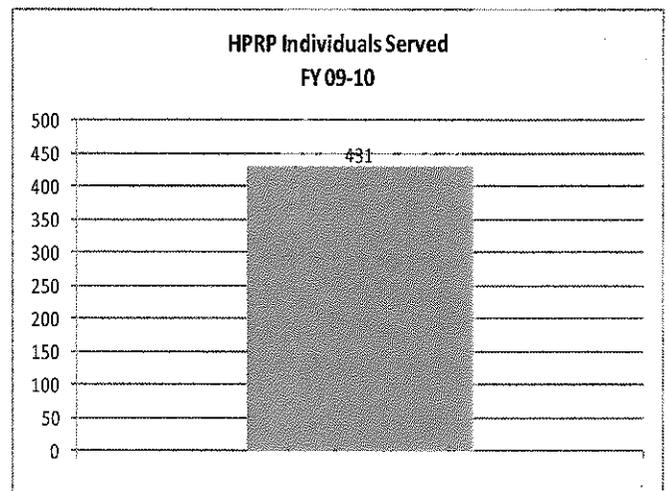
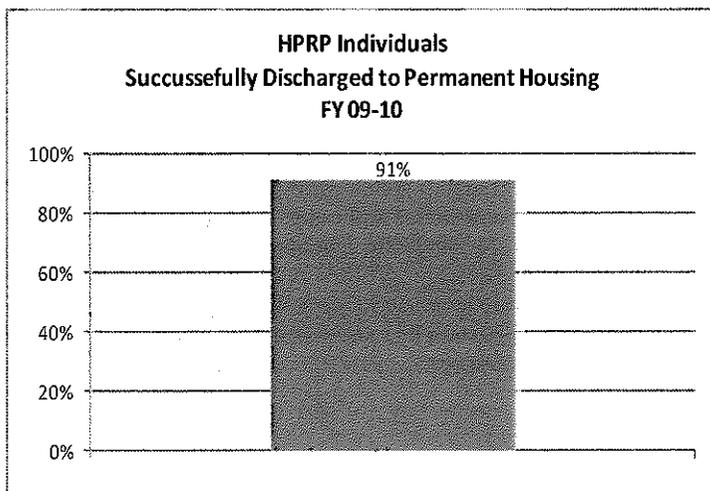
**Purpose:** HPRP is a three-year program (beginning July 2009 and ending July 2012) established by the American Recovery and Reinvestment Act of 2009, often known as stimulus funds. **Prevention** addresses individuals and families that are currently in a residence but are at risk of becoming homeless and need temporary rent or utility assistance to prevent them from becoming homeless. **Re-housing** addresses individuals and families that are experiencing homelessness and need temporary assistance in order to obtain and retain housing.

**How:** An initial assessment of the consumer occurs through rent and utility assistance providers, and, if eligible, a referral is sent to Region V Systems' HPRP Program. An intake is completed and a case manager is assigned to guide the consumer through the process.

**Goal:** Prevent people from becoming homeless, help people who become homeless to quickly move into permanent housing, and help people stabilize their housing situation.

*"I am so excited that I have a place for my family to call home. This is a home that fits us to a 'T.' I don't have any dislikes about the program. What an awesome program for individuals like myself! I've tried so hard to make ends meet but could not do it without HPRP. Thank you for giving me so much help to get my feet back on the ground!"*

—Consumer of HPRP Services



# Network Management cont...

## Behavioral Health Admissions

Data for Region V-Funded Services

Unduplicated Count of Persons Served by County of Residence FY 09-10		
	<b>Mental Health</b>	<b>Substance Abuse</b>
Butler	99	91
Fillmore	124	81
Gage	479	349
Jefferson	119	70
Johnson	43	28
Lancaster	4,959	5,003
Nemaha	138	80
Otoe	233	145
Pawnee	47	22
Polk	32	23
Richardson	143	71
Saline	227	145
Saunders	162	133
Seward	229	139
Thayer	60	29
York	281	116
<b>Total Admissions</b>	<b>7,375</b>	<b>6,525</b>

Diagnostic Demographics FY 09-10*	
Adjustment Disorder	1,716
Anxiety Disorder	1,978
Child/Adolescent Disorder	860
Cognitive Disorder	60
Deferred, Unspecif, Other	859
Dissociative Disorder	10
Eating Disorder	14
Medical Related Disorder	7
Mood Disorder	8,490
Other Conditions	39
Other Impulse-Control	166
Personality Disorder	6
Schizophrenia and Psychosis	3,398
Sexual and Gender Identity	253
Sleep Disorder	5
Somatoform Disorder	8
Substance-Related Disorder	10,531
Unidentified	104

Age Demographics FY 09-10*	
0-10	918
11-18	1,769
19-20	1,562
21-25	4,075
26-44	11,789
45-64	7,820
65+	571

Race Demographics FY 09-10*	
Alaska Native	123
American Indian	971
Asian	383
Black or African American	1,966
Native Hawaiian	42
Other Pacific Islander	438
Unknown	460
White	24,121

Insurance Coverage Demographics FY 09-10*	
Child Welfare	3
HMO	926
Indian Hlth Svc	4
Medicaid	4,171
Medicare	2,471
No Insurance	15,945
Other Insurance	3,731
Other Direct Fed	3
Other Direct Sta	7
PPO	599
Priv. Self Paid	620
Unknown	10
Veterans Admin	14

\* **Duplicated counts of persons served for FY 09-10.**

Data is maintained by Magellan Behavioral Health Services, the state of Nebraska's system management agent.

# Network Management cont...

## Children's Network Services/Children and Family Services Contracted Provider Services

Region V Systems contracts with and coordinates a network of community providers that ensure integrated behavioral health services are designed for youth.

- Purpose:** Region V Systems' contracted services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.
- How:** The system of care for children encompasses a broad array of behavioral health services ranging from community-based treatment interventions to inpatient care.
- Goal:** Enhance the children/youth continuum of services and promote collaboration and integration of services to better meet the behavioral health needs of youth and their families in southeast Nebraska.
- Services:** The Region's contracted services include:
- ◆ Residential Substance Abuse
  - ◆ Therapeutic Consultation
  - ◆ Youth Assessment
  - ◆ Outpatient Therapy

fruit

### Family & Youth Investment (FYI)



#### Accredited Program

Region V Systems administers the Professional Partner program, known as Family & Youth Investment (FYI). In FY 09-10, FYI included three program tracks: the **Traditional Professional Partner**, the **Transition-Age Professional Partner (TAPP)**, and **Prevention Professional Partner (PPP)**. The Traditional Professional Partner track serves individuals up to the age of 21; the Transition-Age Professional Partner track serves youth ages 17-25 who are transitioning from the children's to the adult behavioral health system; and the Prevention Professional Partner track, which focuses on prevention, serves children and youth ages 7-19 and their families who are at risk of formal juvenile justice and child welfare involvement and are in need of intensive (90 days) case management and service coordination.

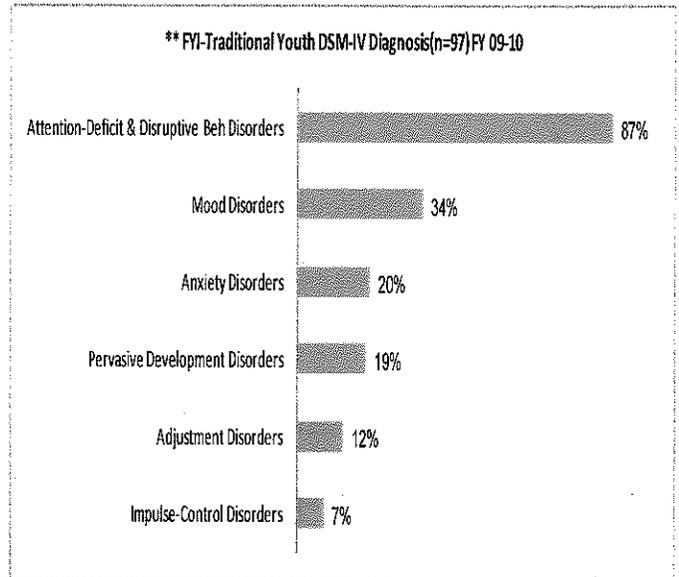
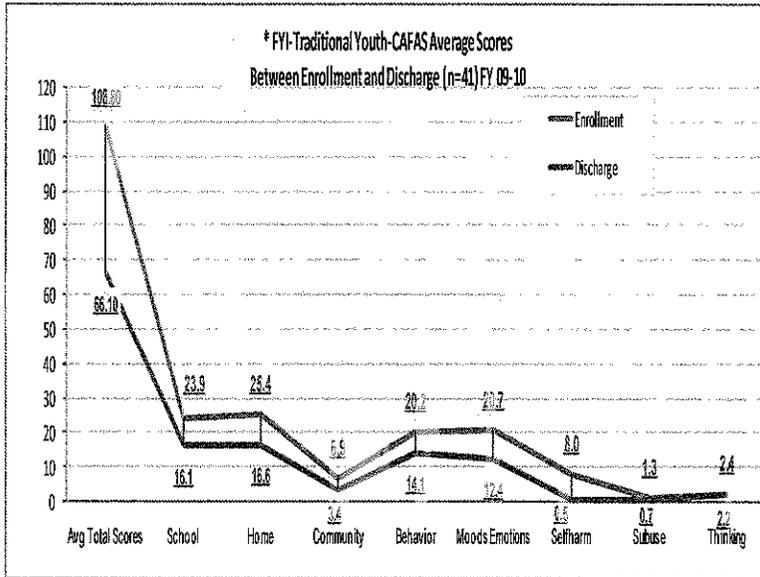
- Purpose:** Improve the lives of youth/young adults who are diagnosable with a mental illness under the current edition of the *Diagnostic and Statistical Manual (DSM)* published by the American Psychiatric Association by: averting children from becoming state wards for the purpose of receiving services; preventing expensive out-of-home placements or involvement in emergency services; reducing juvenile crime or contact with adult criminal justice systems; increasing school performance; and facilitating seamless transition from the youth to the adult behavioral health system.
- How:** Professional Partners serve as case managers and work with families or young adults who voluntarily ask for assistance. Professional Partners help families and young adults identify outcomes, strengths, needs, informal supports, and create individualized plans. Through a team effort, they coordinate and facilitate formal and informal services and supports necessary to assist youth/young adults and their families in meeting their established goals.

# Network Management cont...

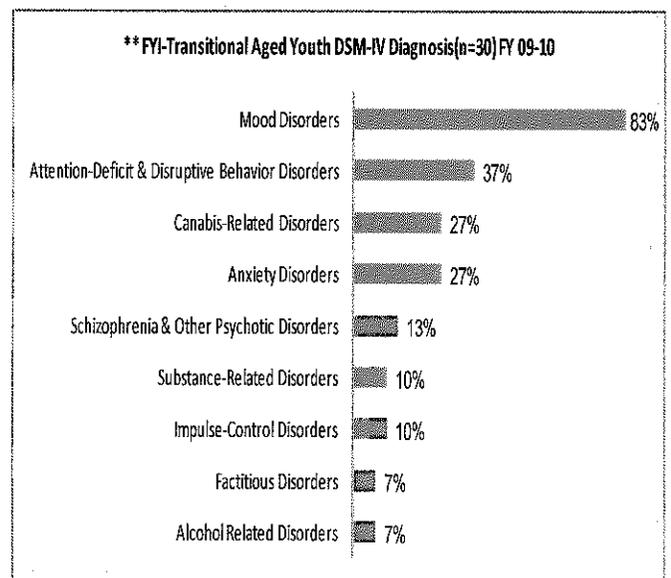
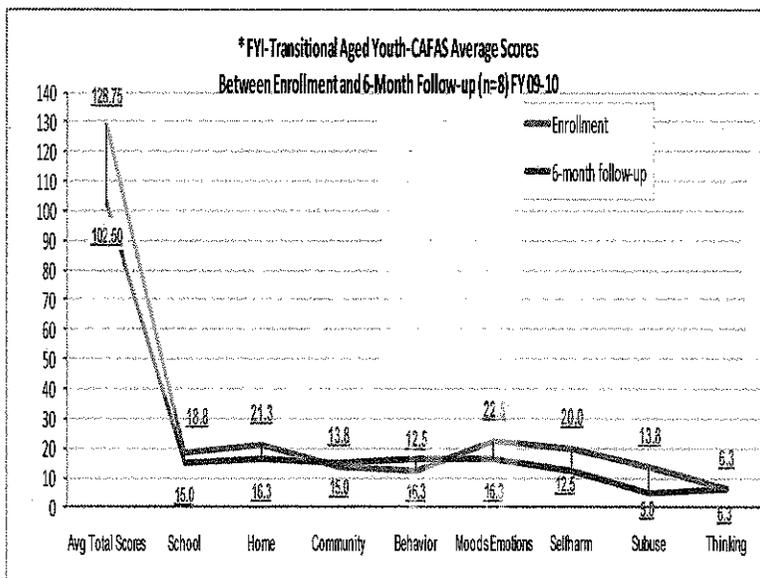
## Children's Network Services/Children and Family Services cont...

### Family & Youth Investment (FYI) cont...

**Traditional Professional Partner track:** average length of case management was 18.9 months; 98 percent of youth lived in their parent's home while being served in the program; number of youth served was 98.



**Transition-Age Professional Partner track:** average length of stay was six months; number of youth served was 30.



#### \* CAFAS Graph

Youth served through FYI were administered the Child and Adolescent Functional Assessment Scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. This graph compares youth total and eight domain CAFAS scores at enrollment, compared to their CAFAS scores at discharge. The cumulative score and all eight domains of a youth's life showed statistically significant improvement and less impairment.

#### \*\* DSM-IV Graphs

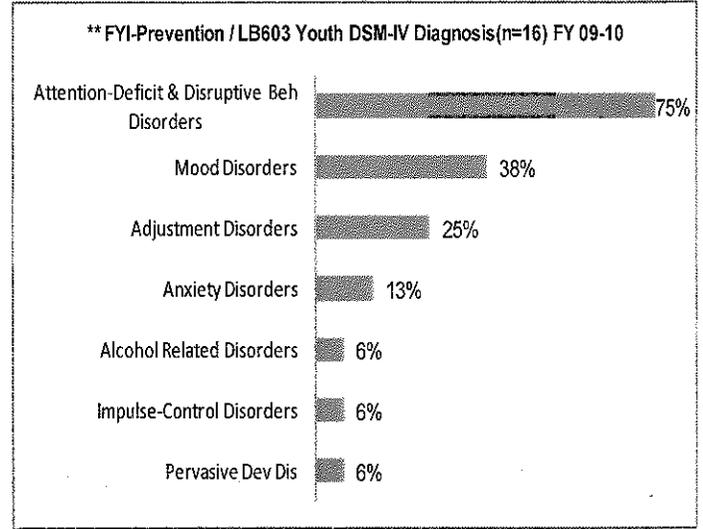
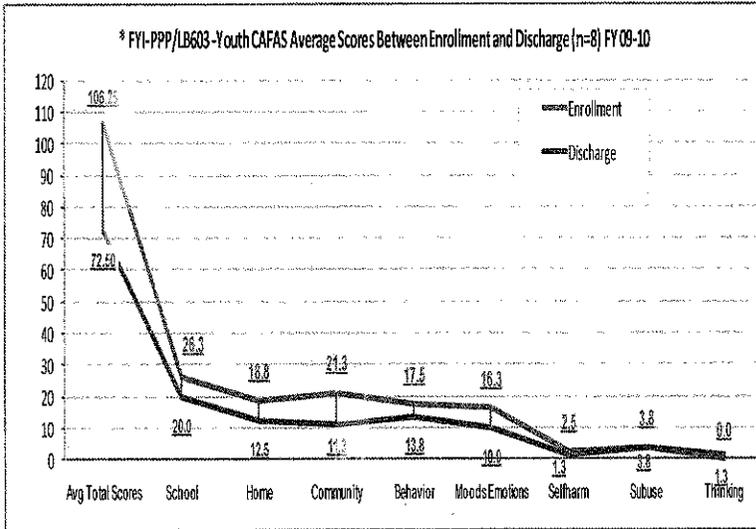
Youth who were served within the FYI programs presented with the above mental health diagnoses according to the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)*. The percentage of youth are broken into twelve categories of diagnosis, with the most prevalent diagnosis starting at the top then declining to the least prevalent diagnosis at the bottom of the graph.

# Network Management cont...

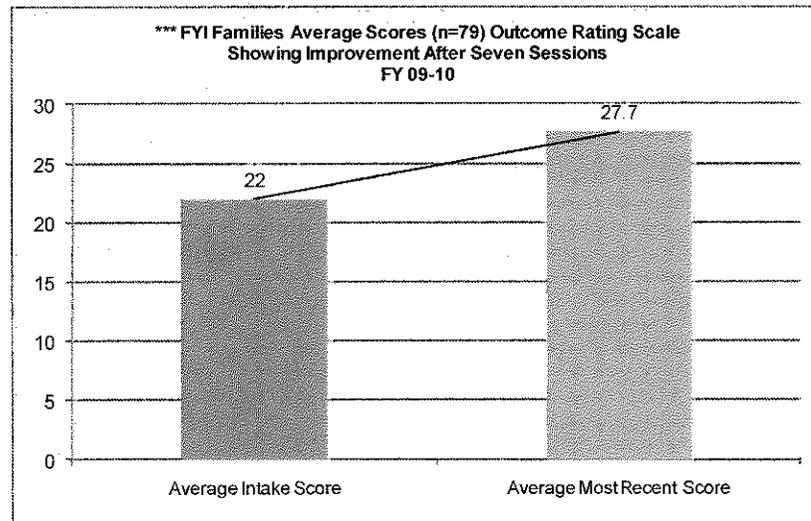
## Children's Network Services/Children and Family Services cont...

### Family and Youth Investment (FYI) Program...

**Prevention Professional Partner track:** number of youth served was 17.



**All three FYI Program tracks:**



#### \* CAFAS Graph

Youth served through FYI were administered the Child and Adolescent Functional Assessment Scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. This graph compares youth total and eight domain CAFAS scores at enrollment, compared to their CAFAS scores at discharge. The cumulative score and all eight domains of a youth's life showed statistically significant improvement and less impairment.

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#### \*\*\* Outcome Rating Scale Graph — All three FYI Program tracks

Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, that interaction with a client can be client-directed and outcome-informed.

According to Dr. Miller, a score of 25 points is the clinical cutoff. Clients that score under 25 are in need of and could benefit from treatment. On average, the families are progressing/improving (Standard Effect Size 0.9). See page 19 for Client Directed/Outcome Informed Care Initiative.

# Network Management cont...

## Regional Prevention Coordination

Accredited Program

- ◆ 100 percent (16/16) of counties in southeast Nebraska have active community prevention coalitions.
- ◆ Technical assistance was provided to 100 percent of all coalitions and contracted prevention providers in southeast Nebraska in FY 09-10.
- ◆ 69 percent of Region V Systems' counties are represented on the Youth Action Board.

**Purpose:** Prevent the abuse of alcohol and other drugs, for all ages, through forming and supporting local/county community coalitions which sustain a statewide prevention system.

**How:** Prevention staff provide or identify local resources to offer training, technical assistance, and coordination to community coalitions to implement evidence-based regional programs and practices. Staff work collaboratively with a wide variety of state and local agencies, law enforcement, civic groups, universities and colleges, the media, youth groups, and parents to achieve national outcome measures (NOMs). (See chart below.)

A Youth Action Board (YAB), comprised of high school and college youth, develop youth leadership within their home communities. YAB sponsors three annual events: June Jam, Red/White Tailgate, and Youth Leadership Day, which includes over 1,000 youth and 100 sponsors.

**Goal:** Prevent, delay, and/or reduce the health and social problems related to substance use.

### Substance Abuse and Mental Health Services Administration National Outcome Measures (NOMs)

DOMAIN	OUTCOME	REGION V SYSTEMS-STATUS UPDATE
<b>Reduced Morbidity</b>	Abstinence from Drug/Alcohol Use	Among 6th, 8th, 10th, and 12th graders in Region V, alcohol use has consistently decreased from 2003-2005-2007. Data would indicate in 2007 8th and 10th graders' use was still higher than the state average. The next NE Risk Protective Factor Survey will be completed Fall 2010.
<b>Employment &amp; Education</b>	Increase/Retain Employment or Return to/Stay in School	Coalitions and SCIP (School Community Intervention Program) have assured all schools have alcohol, tobacco, and drug policies in place and are enforced. During FY 09-10, 85 schools in Region V received SCIP services and 10 out of 16 counties utilize SCIP.
<b>Crime and Criminal Justice</b>	Decreased Criminal Justice Involvement	Partnerships with NE Highway Safety, reporting line, State Patrol, sheriff, and local law enforcement entities are involved in 13 of the 16 coalitions. Ten of 16 coalitions are involved in Responsible Beverage Service. Sixteen of 16 coalitions have media campaigns, with law enforcement involvement.
<b>Social Connectedness</b>	Increased Social Supports/Connectedness	Ten of the 16 county coalitions utilize the environmental strategy SAFE HOMES, promoting parent involvement in prevention efforts, alcohol/drug free youth social activities, and support for Social Hosting law.
<b>Access/Capacity</b>	Increased Access to Services	The Nebraska Prevention Information Resource System collects demographics on all populations served.
<b>Retention</b>	Increased Retention in Treatment-Substance Abuse	Five individual evidence-based programs are being utilized in schools in 8 of the 16 counties in southeast Nebraska.
<b>Cost Effectiveness</b>	Cost Effectiveness	Coalitions are leveraging and braiding prevention funding streams locally, and regionally. Prevention Coordination training funds brought five national trainers to Nebraska.
<b>Evidence-Based Practices</b>	Use of Evidence-Based Practices	Over 110 strategies have been utilized over this fiscal year. Ten of 16 coalitions have completed a needs assessment. Review of previous strategies and resources occurs annually for all coalitions.

# Business Network

In its role as the Behavioral Health Authority, Region V Systems invests considerable resources in building partnerships with consumers, providers, nonprofit agencies, and other stakeholders.

Region V Systems has established a number of business partnerships, some of which are co-located within Region V Systems' office, who provide support, promote behavioral health services, and assist consumers and their families. These businesses/contractual relationships include:

## ***Electronic Behavioral Health Information Network (eBHIN)***

Works to promote quality patient care and access, from multiple locations, by developing and implementing a Behavioral Health Information Exchange between behavioral health providers in southeast Nebraska. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide eBHIN office space, administrative support, and information technology support.***

## ***Families Inspiring Families (FIF)***

A chapter of the Nebraska Federation of Families for Children's Mental Health. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide FIF office space, fiscal support, and information technology support.***

## ***Healthy Families Project (HFP)***

Supports families with youth who have behavioral, emotional, or substance abuse issues or are at risk of involvement in the child welfare system. ***Region V Systems has a contract with HFP to work with families in the FYI program.***

## ***Human Services Federation (HSF)***

A membership of 120 nonprofit agencies dedicated to providing quality health and human services in Lincoln and Lancaster County. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide HSF office space, administrative support, and information technology support.***

## ***Mental Health Association of Nebraska (MHA-NE)***

A consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide MHA-NE office space, Continuous Quality Improvement (CQI) support, information technology support, and fiscal support. Region V Systems also contracts with MHA-NE to provide supported employment, hospital diversion, and benefits analysis for consumers.***

## ***National Association of Case Managers (NACM)***

A national not-for-profit membership organization which provides case managers, service coordinators, supervisors, and administrators opportunities for professional growth and the promotion of case management. ***NACM contracts with Region V Systems to provide fiscal support, administrative management, and event coordination.***

# Initiatives

Region V Systems is committed to promoting partnerships through various initiatives, special projects, coalitions, and grants. These partnerships include providers, consumers, Department of Health and Human Services, and other stakeholders through evaluation, assessment, and implementation of programming. Following are examples of some of these initiatives.

## Capital Compassion Grant (Let's Build)



**Purpose:** Region V Systems was awarded a federal Demonstration Grant (\$500,000 each year for three years). The program, *Let's Build*, is designed to assist faith-based and community organizations to increase their effectiveness and enhance their ability to provide social services by building their capacity in the Region V service area. *Let's Build* finished its third year of funding in September 2010.

**How:** The *Let's Build* initiative has provided grant funding, technical assistance, and training to eligible faith- and community-based organizations in southeast Nebraska in the following areas:

- ◆ Leadership Development
- ◆ Organizational Development
- ◆ Program Development
- ◆ Revenue Development Strategies
- ◆ Community Engagement

In FY 09-10, 30 applications were received for grant awards; 18 agencies received monetary awards as well as technical assistance; 12 agencies received technical assistance-only awards. Monetary awards ranged from \$43 to \$26,000.

In FY 09-10, 1,298 hours of technical assistance was provided to the 30 agencies. Technical assistance is provided by professional consultants and is based on the individual assessment/plans of the agency.

Per federal grant guidelines, training is offered to these agencies as well as the community—free of charge. A total of 84 hours of training was provided in FY 09-10.

## Client Directed/Outcome Informed Care

**Purpose:** Designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes.

**How:** This process was piloted in 2008 with Region V Systems, FYI programs, and CenterPointe's housing project. Staff members ask consumers to fill out an outcome-rating scale when they first meet in order to hear the consumer's perspective of how things are going in their life. At the end of the session, staff members ask consumers to fill out a session-rating scale to hear the consumer's perspective of how well the staff member listened, worked on the consumer's goals, was respectful, and if the staff member's approach was a good fit. Professional Partners consult with Dr. Scott Miller for clinical consultation.\*

\* See the Outcome Rating Scale graph on page 16 for further information.

# Initiatives cont...

## Consumer Involvement

*Purpose:* In 2004, Nebraska's State Legislature adopted LB 1083, the Nebraska Behavioral Health Services Act, which identified the following purposes:

- ◆ Ensure services are consumer focused;
- ◆ Create services that emphasize beneficial outcomes based on recovery principles; and
- ◆ Ensure consumer involvement in all aspects of service planning and delivery.

*How:* In 2007, a Consumer Specialist position was funded for each Region. In Region V, the Consumer Specialist develops and coordinates a "Consumer/Family Coalition;" it is through these activities that Region V Systems ensures reform is consumer led. Recovery principles are also adopted at all levels of the system.

Consumer involvement coordination works to:

- ◆ Increase consumer and family involvement;
- ◆ Support the interests and development of consumers;
- ◆ Provide new opportunities for consumers to learn leadership skills; and
- ◆ Gain experience in developing partnerships.

### Coalition Achievements in FY 09-10 were:

- ◆ Met monthly and created a work plan for the fiscal year.
- ◆ Trained peer facilitators and sponsored a leadership and empowerment training for consumers. Graduates of the program are active in the community.
- ◆ Elected two peers to facilitate monthly meetings.
- ◆ Co-sponsored "Artists on the Edge" project.
- ◆ Co-sponsored a recovery picnic/event through "Partners in Recovery."
- ◆ Members participated in the creation of a public service announcement for KZUM, a radio station in Nebraska.
- ◆ Sponsored 10 individuals to attend the Alternatives Conference in Omaha. A pre-conference seminar was conducted for interested participants.
- ◆ Eighteen individuals were trained by The Copeland Center as Wellness Recovery Action Plan (WRAP) facilitators.
- ◆ Twenty-six peers were trained in Intentional Peer Support. Many of the participants will utilize the training while conducting WRAP groups. Others were either employed or volunteered in a peer specialist role.
- ◆ The Regional Consumer Specialist is involved with Lincoln Regional Center's Consumer Advisory Team.

# Initiatives cont...

## Culturally and Linguistically Appropriate Services (CLAS)

**Purpose:** Establish an organized and coordinated system to build support services that ensure culturally and linguistically appropriate services in the Region V geographic area. The outcome is improved behavioral health services in Region V for those consumers with culturally and linguistically specific needs.

**How:** Region V Systems hosts a CLAS Coalition that meets monthly to address cultural and linguistic issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

In FY 09-10, funds were disbursed to the following:

### **Interpretation Reimbursement for Network Providers:**

CenterPointe  
Child Guidance  
Community Mental Health Center  
Lincoln Council on Alcoholism and Drugs  
Lutheran Family Services

### **Recipients of CLAS Grants:**

Asian Center/Lancaster County New Americans Task Force  
Community Mental Health Center of Lancaster County  
Family Service  
Lutheran Family Services  
Nebraska CASA Association  
People United for Families  
Tri-Mentoring Partnership—Foundation for Lincoln Public Schools

### **Statewide Conference**

In August 2009, the CLAS Coalition partnered with the Nebraska Department of Health and Human Services, Office of Minority Health to host “Missing Links III: Improving Health Through Creative Care.” One hundred fourteen people attended the one-day, statewide conference.

## Behavioral Health and Primary Care Integration

**Purpose:** Establish integrated behavioral health care and primary health care at People’s Health Center (PHC).

**How:** In the first phase, primary care services will be provided for persons who are receiving behavioral health services through Region V Systems’ providers. In the second phase, a model for the integration of primary care and behavioral health services at PHC will be developed and implemented.

**Goals:** The first goal is to establish PHC as the “medical home” for persons receiving behavioral health services from Region V Systems’ funded providers. The second goal is to make behavioral health care available to all persons who access PHC for primary health care.

# Initiatives cont...

## Linking Individuals/Families in Need of Community Support (LINCS)

**Purpose:** In July 2009, Region V Systems, in collaboration with key community stakeholders, including the Lancaster County Attorney's Office, Lancaster County Human Services Federation, Lancaster Youth Assessment Center, and Child Guidance Center, implemented **LINCS** (Linking Individuals/Families in Need of Community Supports). LINCS offers assessment, services, and supports to families that have acknowledged a need for assistance with their children who are demonstrating difficulties in their homes, schools, and communities. The voluntary process also responds to youth with serious/complex needs who are at risk of a juvenile court filing and becoming state wards by applying the wraparound approach, including prevention, intervention, and coordination designed to address the behavioral health needs of youth and their families. The **primary goal of LINCS** is to reduce formal juvenile justice involvement and child welfare involvement while generating community support and service for the youth and their families.

**How:** Eligibility for the LINCS process includes:

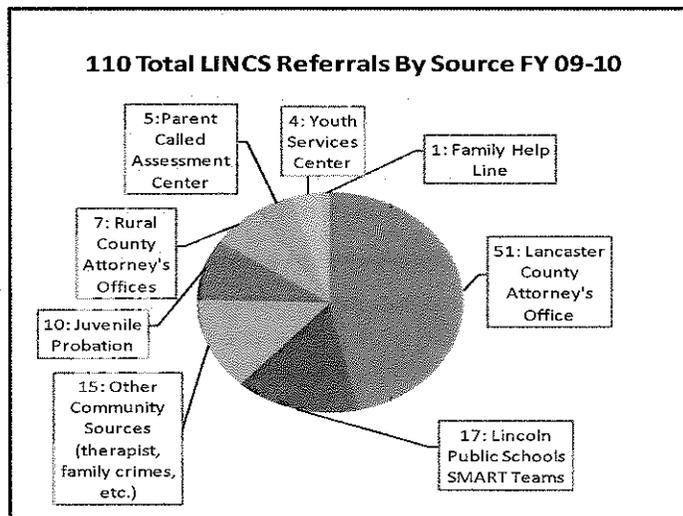
- ◆ Youth who are referred by the County Attorney or Lancaster County Youth Assessment Center.
- ◆ Youth referred from Healthy Families Project Family Navigation Program.
- ◆ Youth who are between the ages of 7-18 years.
- ◆ Youth who are at risk for substance abuse.
- ◆ Youth who are diagnosed with a mental illness under the current edition of the *Diagnostic and Statistical Manual (DSM)* published by the American Psychiatric Association.

The process begins when families contact the County Attorney's Office or the Lancaster County Youth Assessment Center and report that their family is in need of services due to their child's high-risk behaviors.

**Step 1:** Families complete a comprehensive family and system assessment.

**Step 2:** Upon completion, the youth assessment clinician reviews the assessment recommendations with the family and assists the family with making connections to appropriate community resources.

**The LINCS process was nominated by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) as a "best practice" for assessment and referral.**



# Initiatives cont...

## Special Populations Project

**Purpose:** Develop comprehensive approaches to meet the needs of special population priority areas as they relate to behavioral health. Grants are awarded to initiate programs, organizations, and community coalitions to meet needs of the special populations they serve.

**How:** Region V Systems awards grants to agencies/organizations/individuals that meet special populations criteria. The special populations are:

- ◆ Cultural competency
- ◆ Elderly
- ◆ Families with children with severe emotional disturbances;
- ◆ Hearing impaired
- ◆ Race and ethnicity
- ◆ Women

### ***Recipients of Special Populations Grants***

Region V Systems awards approximately \$6,000 annually in special population grants. In FY 09-10, funds were awarded to the following:

- ◆ CASA for York County Nebraska
- ◆ El Centro de las Americas
- ◆ Family Service
- ◆ Harvest Project / Lincoln/Lancaster County Community Health Center
- ◆ Indian Center, Inc.
- ◆ Lincoln Literacy Council
- ◆ Lutheran Family Services

## Trauma-Informed Care Initiative

**Purpose:** To ensure that all network providers providing behavioral health services are informed about the effects of psychological trauma, consistently screen for trauma symptoms and history of traumatic events, provide ongoing assessment of trauma symptoms and problems related to trauma, offer services that are recovery-oriented and trauma-sensitive and understand that re-traumatization may occur if safe, effective, responsive services are not available.

**How:** In FY 09-10, Region V surveyed network provider staff across all services and then conducted on-site visits and surveys using Roger Fallot and Maxine Harris' Trauma-Informed Services: A Self-Assessment and Planning Protocol with eight different providers and programs. Furthermore, Region V provided and supported a variety of trauma trainings and provided technical assistance to providers to further their quality improvement efforts in regard to provision of trauma-informed services.

# Initiatives cont...

## Recovery Voucher Project

**Purpose:** Region V Systems' Recovery Voucher Project is a client-centered, community-based recovery pilot project designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' Network Capacity Waitlist and is intended to reduce time on waitlists.

**How:** The project supports participant choice and delivers funds through a voucher method of payment. Treatment services covered under the voucher project are initially limited to Intensive Outpatient (ASAM Level II.I) and Short-Term Residential Treatment (ASAM Level III.5).

Region V Systems contracted with two voucher providers, Summit Care and Wellness and Better Living Counseling Services, and issued vouchers to 22 consumers in FY 09-10.

**Goal:** Decrease wait times and increase access to treatment.

# Lancaster County Consumer Demographics

County of Residence : Lancaster		Unduplicated Count of Persons Served ▶	4959	5003
	Demographic	Category	MH	SA
	Service Type	ACT	5	
		ACT Alt	84	
		Acute Psy Inpatient	4	
		Assess/Eval ONLY -MH	16	
		Assess/Eval ONLY -SA		11
		Assessment		30
		Assessment Addendum		1
		Ch Day-Treatment	1	
		Ch Halfway House		2
		Ch IOP-SA		2
		Ch O/P-MH	1184	
		Ch O/P-SA		124
		Ch Prof Partners	143	
		Ch Respite	1	
		Ch Ther Comm		22
		Ch Yth AssessONLY-MH	8	
		Comm Supp - MH	967	
		Comm Supp - SA		120
		CPC		5611
		Crisis I/P-Youth	1	
		Crisis Stabiliz./Tx	1	
		Day Rehab - Full Day	151	
		Day Treatment - MH	76	
		Detox		431
		Dual Dis Res/MH	27	
		Dual Dis Res/SA		32
		Emergency Comm Supp	161	
		EPC	601	
		Family Navigator	3	
		Family Therapy w/Clit		2
		Group Therapy		41
		Half-way House - SA		106
		Int Case Mngt - MH	93	
		Int Case Mngt - SA		40
		Int O/P - SA		192
		Int. Res - SA		66
		Medication Management	5341	
		O/P Dual Dx	6	
		O/P-MH	5319	
		O/P-SA		1083
		OpioidRplace-MethBup		12
		Post Com Trt Days/MH	99	
		Post Com Trt Days/SA		3

# Lancaster County Consumer Demographics

	Psych Res Rehab - MH	20	
	Psych Respite	83	
	Recovery Support	100	
	Secure Resident - MH	4	
	Short-term Res - SA		289
	Sub Acute	1	
	Supported Employment	132	
	Supported Living	31	
	Therapeutic Com - SA		53
<b>Service Type Total</b>		<b>14663</b>	<b>8273</b>
<b>Sex</b>	Female	7319	2021
	Male	7336	6245
	Unknown	8	1
<b>Sex Total</b>		<b>14663</b>	<b>8267</b>
<b>Race</b>	Alaska Native	80	11
	American Indian	377	482
	Asian	296	72
	Black or African American	1093	784
	Native Hawaiian	25	16
	Other Pacific Islander	44	360
	Unknown	387	29
	White	12361	6513
<b>Race Total</b>		<b>14663</b>	<b>8267</b>
<b>Age</b>	101-0 - 5 Years Of Age	140	1
	102-6 - 10 Years Of Age	529	
	103-11 - 15 Years Of Age	496	58
	104-16 - 17 Years Of Age	115	139
	105-18 Years Of Age	69	197
	106-19 - 20 Years Of Age	611	606
	107-21 - 25 Years Of Age	1511	1681
	108-26 - 44 Years Of Age	6310	3320
	109-45 - 64 Years Of Age	4485	2173
	110-65+ Years Of Age	397	92
<b>Age Total</b>		<b>14663</b>	<b>8267</b>
<b>Employment Status at Admission</b>	Active/Armed Forces(<35 Hrs)		1
	Active/Armed Forces(35+ Hrs)	4	28
	Disabled	1974	157
	Employed Full Time (35 hrs +)	1652	2029
	Employed Part Time (<35 Hrs)	1780	1196
	Homemaker	98	8
	Resident of Institution	8	10
	Retired	146	13
	Sheltered Workshop	33	
	Student	1191	174
	Supported Employment	35	21

# Lancaster County Consumer Demographics

	Unemployed(Laid off/looking	5363	1897
	Unemployed/Not Seeking	1822	2689
	Unknown	546	41
	Volunteer	11	3
<b>Employment Status at Admission Total</b>		<b>14663</b>	<b>8267</b>
<b>Insurance Coverage</b>	Child Welfare		1
	HMO	501	109
	Indian Hlth Svc	1	
	Medicaid	2584	577
	Medicare	2061	106
	No Insurance	7859	5888
	Other Insurance	1546	1464
	Othr Direct Fed	1	
	PPO	29	47
	Priv.Self Paid	65	71
	Unknown	8	1
	Veterans Admin	8	3
	<b>Insurance Coverage Total</b>		<b>14663</b>
<b>Legal Status at Admission</b>	Civil Protective Custody (CPC)	46	5607
	Court Order	88	324
	Court: Competency Evaluation	1	4
	Court: Juvenile Evaluation		1
	Court: Mentally disordered sex offender	6	
	Court: Presentence Evaluation		75
	Emergency Protective Custody (EPC)	659	10
	MHB Commitment	947	114
	MHB Hold/Custody Warrant	151	2
	Not responsible by reason of insanity	25	
	Parole	102	16
	Probation	89	170
	Voluntary	11098	1813
Voluntary by Guardian	1451	131	
<b>Legal Status at Admission Total</b>		<b>14663</b>	<b>8267</b>
<b>Reason for Admission</b>	Dual Diag/Prim.MenHlth/Pri.S/A	1723	389
	Prim.Compulsive Gambling	5	
	Prim.Mental Hlth/Secondary S/A	1057	16
	Prim.Mental Retardation	1	
	Prim.S/A/Secondary Mental Hlth	166	107
	Prim.Sex Offender	275	
	Primary Mental Health	10998	104
	Primary Substance Abuse	313	7505
	Unknown	125	146
<b>Reason for Admission Total</b>		<b>14663</b>	<b>8267</b>
<b>Diagnostic Categories</b>	Adjustment Disorder	983	21
	Anxiety Disorder	1482	57

# Lancaster County Consumer Demographics

	Child/Adolescent Disorder	548	10
	Cognitive Disorder	43	2
	Deferred, Unspecif, Other	542	254
	Dissociative Disorder	9	1
	Eating Disorder	12	
	Medical related Disorder	1	
	Mood Disorder	6629	172
	Other Conditions	27	
	Other Impulse-Control	96	4
	Personality Disorder	2	
	Schizophrenia & Psychosis	3073	48
	Sexual & Gender Identity	244	
	Sleep Disorder	5	
	Somatoform Disorder	4	
	Substance-Related Disorder	862	7698
	Unidentified	101	
<b>Diagnostic Categories Total</b>		<b>14663</b>	<b>8267</b>
<b>Note: The numbers reported in the Persons Served columns are a duplicated count</b>			

# REGION V SYSTEMS

## COUNTY CONTRIBUTION (Proposed)

(MENTAL HEALTH)	2000			2010		
	POPULATION	FY 10-11	PER POP.	POPULATION	FY 11-12	PER POP.
COUNTY						
Butler	8,767	\$ 12,449	1.4200	8,395	\$ 12,201	1.4534
Fillmore	6,634	\$ 9,420	1.4200	5,890	\$ 8,560	1.4534
Gage	22,993	\$ 32,649	1.4200	22,311	\$ 32,427	1.4534
Jefferson	8,333	\$ 11,833	1.4200	7,547	\$ 10,969	1.4534
Johnson	4,488	\$ 6,374	1.4200	5,217	\$ 7,582	1.4534
Lancaster	250,291	\$ 579,499	2.3153	285,407	\$ 629,499	2.2056
Nemaha	7,576	\$ 10,759	1.4200	7,248	\$ 10,534	1.4534
Otoe	15,396	\$ 21,861	1.4200	15,740	\$ 22,876	1.4534
Pawnee	3,087	\$ 4,384	1.4200	2,773	\$ 4,030	1.4534
Polk	5,639	\$ 8,008	1.4200	5,406	\$ 7,857	1.4534
Richardson	9,531	\$ 13,533	1.4200	8,363	\$ 12,155	1.4534
Saline	13,843	\$ 19,658	1.4200	14,200	\$ 20,638	1.4534
Saunders	19,830	\$ 28,156	1.4200	20,780	\$ 30,201	1.4534
Seward	16,496	\$ 23,424	1.4200	16,750	\$ 24,344	1.4534
Thayer	6,055	\$ 8,599	1.4200	5,228	\$ 7,598	1.4534
York	14,598	\$ 20,728	1.4200	13,665	\$ 19,861	1.4534
Total	413,557	\$ 811,334		444,920	\$ 861,334	

(SUBSTANCE ABUSE)	2000			2010		
	POPULATION	FY 10-11	PER POP.	POPULATION	FY 11-12	PER POP.
COUNTY						
Butler	8,767	\$ 2,239	0.2554	8,395	\$ 2,195	0.2615
Fillmore	6,634	\$ 1,694	0.2554	5,890	\$ 1,540	0.2615
Gage	22,993	\$ 5,873	0.2554	22,311	\$ 5,833	0.2615
Jefferson	8,333	\$ 2,129	0.2554	7,547	\$ 1,973	0.2615
Johnson	4,488	\$ 1,146	0.2554	5,217	\$ 1,364	0.2615
Lancaster	250,291	\$ 247,145	0.9874	285,407	\$ 247,145	0.8659
Nemaha	7,576	\$ 1,935	0.2554	7,248	\$ 1,895	0.2615
Otoe	15,396	\$ 3,933	0.2554	15,740	\$ 4,115	0.2615
Pawnee	3,087	\$ 789	0.2554	2,773	\$ 725	0.2615
Polk	5,639	\$ 1,440	0.2554	5,406	\$ 1,413	0.2615
Richardson	9,531	\$ 2,434	0.2554	8,363	\$ 2,187	0.2615
Saline	13,843	\$ 3,537	0.2554	14,200	\$ 3,713	0.2615
Saunders	19,830	\$ 5,065	0.2554	20,780	\$ 5,433	0.2615
Seward	16,496	\$ 4,214	0.2554	16,750	\$ 4,379	0.2615
Thayer	6,055	\$ 1,547	0.2554	5,228	\$ 1,367	0.2615
York	14,598	\$ 3,730	0.2554	13,665	\$ 3,573	0.2615
Total	413,557	\$ 288,850		444,920	\$ 288,850	

**GRAND TOTAL**

**\$ 1,100,184**

**\$ 1,150,184**