

MINUTES
LANCASTER COUNTY BOARD OF COMMISSIONERS
TUESDAY, JULY 13, 2010
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
9:30 A.M.

Commissioners present: Bernie Heier, Chair
Ray Stevens, Vice Chair
Larry Hudkins
Deb Schorr
Bob Workman

Others present: Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Tom Fox, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 9:30 a.m.

1) **MINUTES: Approval of the minutes of the Board of Commissioners meeting held on Tuesday, July 6, 2010.**

MOTION: Hudkins moved and Stevens seconded approval of the minutes. Hudkins, Stevens, Schorr, Workman and Heier voted aye. Motion carried 5-0.

2) **CLAIMS: Approval of all claims processed through Tuesday, July 13, 2010.**

MOTION: Stevens moved and Workman seconded approval of the claims. Schorr, Hudkins, Workman, Stevens and Heier voted aye. Motion carried 5-0.

3) **SPECIAL PRESENTATION:**

A. **Region V Services Annual Report – Dave Merrill and C.J. Johnson, Region V Services.**

C.J. Johnson explained Region V Systems provides behavioral health and substance abuse services to people in Southeast Nebraska. He distributed the Region V Systems Annual Report (Exhibit A) and gave a brief overview. Johnson noted nearly 12,000 of 15,000 newly admitted individuals are from Lancaster County; about 90% of \$14,400,000 received annually goes to agencies in the County. He added the State legislature approved a 0.5% increase in contributions for Lancaster County.

Dave Merrill said Region V Services provides support to people with developmental disabilities in Southeast Nebraska. He distributed the Region V Services Annual Report (Exhibit B). Merrill said the agency supports around 900 people, with the sixth program around Lincoln opening. He said primary funding is through the Medicaid waiver program. County funding is less than 1% of the budget.

3) **SPECIAL PRESENTATIONS CONTINUED:**

- B. **Proclamation of July 12-23, 2010, as the annual "Campaign Against Hunger" – Scott Young and Julie Smith, Food Bank of Lincoln; Minette Genuchi, Lancaster County Administrative Services; and Rhonda Ryan, Lancaster County Grants Coordinator. (See Item 5A for correlating documentation.)**

Scott Young, Food Bank of Lincoln Executive Director, noted the following:

- The Food Bank feeds around 8,100 people per week and 33,800 different people each year.
- In 2009, 6,300,000 pounds of food were distributed. As of June 30, 2010, donations are up 44% from last year.
- Out of 203 food banks in the country, the Lincoln Food Bank is ranked tenth in terms of pounds of food distributed.
- This year's food drive theme is "1 in 5" because one in five households in Nebraska with children has food insecurity issues.
- Major food contributions come from the Federal government in partnership with the State and Feeding America. There are also around a dozen large local donors.

Young thanked all the loyal County employees for their support and Minette Genuchi for her efforts coordinating the County drive.

Minette Genuchi thanked the Commissioners for their support. She said the goal for this year's County-City food drive is \$16,000 and 16,000 pounds of food.

The Clerk read the proclamation for the record.

4) **PUBLIC HEARINGS:**

- A. **A Class I liquor license application from Ken's Liquor, Inc., d/b/a MJ Catering, located at 6305 W. Adams Street, Lincoln, Lancaster County, Nebraska. (See Item 5B for correlating documentation.)**

The Chair noted the public hearing was carried over from last week. No one appeared to testify. Per direction of the Chair, the public hearing was closed.

- B. **Adoption of the 2000 edition of the Uniform Plumbing Code and the new fee schedule for plumbing permits. (See Item 5C for correlating documentation.)**
- C. **Adoption of the 2008 edition of the National Electrical Code. (See Item 5D for correlating documentation.)**
- D. **Adoption of the 2006 edition of the International Building Code. (See Item 5E for correlating documentation.)**
- E. **Adoption of the 2006 edition of the International Residential Code. (See Item 5F for correlating documentation.)**

4) **PUBLIC HEARINGS CONTINUED:**

- F. **Adoption of the 2006 edition of the International Mechanical Code. (See Item 5G for correlating documentation.)**

The Chair opened the public hearings for Items 5B-5F. No one appeared to testify. The Chair closed the public hearings.

5) **NEW BUSINESS:**

- A. **A resolution proclaiming the period of July 12-23, 2010, as the Annual "Campaign Against Hunger". (R-10-0055)**

MOTION: Stevens moved and Hudkins seconded approval of the resolution. Workman, Schorr, Stevens, Hudkins and Heier voted aye. Motion carried 5-0.

- B. **A resolution for a Class I (beer, wine, and distilled spirits on sale only) liquor license for Ken's Liquor, d/b/a MJ Catering, and a corporate manager liquor license in connection with the Class I liquor license for Ken's Liquor, d/b/a MJ Catering, located at 6305 W. Adams Street, Lincoln, Lancaster County, Nebraska. (R-10-0049)**

MOTION: Schorr moved and Hudkins seconded approval of the resolution. Schorr, Hudkins, Workman and Heier voted aye. Stevens voted nay. Motion carried 4-1.

- C. **A resolution in the matter of adopting the 2000 edition of the Uniform Plumbing Code and the new fee schedule for plumbing permits. (R-10-0050)**
- D. **A resolution in the matter of adopting the 2008 edition of the National Electrical Code. (R-10-0051)**
- E. **A resolution in the matter of adopting the 2006 edition of the International Building Code. (R-10-0052)**
- F. **A resolution in the matter of adopting the 2006 edition of the International Residential Code. (R-10-0053)**
- G. **A resolution in the matter of adopting the 2006 edition of the International Mechanical Code. (R-10-0054)**

Stevens expressed his concerns over code violation penalties set by the City. He said the first offense includes a possibility of six months in jail, which could result in a trial and the need for a public defender, thus causing expense to the County. Stevens suggested discussing the jail penalty with the City.

MOTION: Workman moved and Hudkins seconded approval of the resolutions in Items 5C-5G. Stevens, Workman, Schorr, Hudkins and Heier voted aye. Motion carried 5-0.

5) **NEW BUSINESS CONTINUED:**

H. **Special designated license applications from Ken's Liquor, Inc., to provide liquor beverage service at Country Pines, 6305 W. Adams Street, Lincoln, Lancaster County, Nebraska, for events on Friday, July 23, and Saturday, July 24, 2010.**

MOTION: Stevens moved and Workman seconded approval of the special designated license applications. Schorr, Hudkins, Workman, Stevens and Heier voted aye. Motion carried 5-0.

Schorr clarified with the County Clerk's Office that the special designated license applications were necessary as it can take the State 10-14 days to process the liquor license following County Board approval.

I. **A request from United Farm & Ranch Management for a refund of real property taxes.**

Rob Ogden, Deputy County Assessor/Register of Deeds, said the property listed several acres as irrigated; it has since been discovered the land has not been irrigated for several years. He recommended denial of the refund request since the owners have been given notice of the assessed value and have done nothing to notify the Assessor's Office of any changes. Hudkins questioned using Farm Security Agency (FSA) property reports and aerial maps. Ogden said they no longer have access to these reports and maps.

Keith Carlson, property manager, said he discovered the error a month ago when Natural Resources Conservation Service (NRCS) asked to certify irrigated acres on the farm. At that point, he checked the Assessor's web site and noticed 99.49 acres still listed as irrigated. He explained a well had been capped on the property in 1996, which changed the acres from irrigated to dry.

Hudkins discussed making landowners aware of their responsibility to notify the Assessor's Office of any land changes. He questioned how far back a refund could occur. Tom Fox, Deputy County Attorney, said the State Statute refers to refunds based on clerical errors; since this is an appraisal error, it would not apply.

Workman questioned the tax dollars involved with the error. Ogden said the land value is \$2,138 per acre for irrigated land versus \$1,612 for dry land. He said their current tax rate would result in an approximate difference in taxes of \$905. Ogden noted the valuation was corrected for 2011.

MOTION: Stevens moved and Schorr seconded denial of the refund based on the recommendation of the County Assessor's Office. Workman, Schorr, Stevens, Hudkins and Heier voted aye. Motion carried 5-0.

J. **A recommendation from the County Engineer to award a bid to Hawkins Construction Company, in the amount of \$4,892,266.53, for Project No. C55-S-401(6), the South 68th Street viaduct. (B-10-0041)**

Don Thomas, County Engineer, said five bids were submitted for the project. Construction will start in August and should be completed in 15 months.

5) **NEW BUSINESS CONTINUED:**

MOTION: Schorr moved and Hudkins seconded approval of the recommendation. Schorr, Stevens, Hudkins, Workman and Heier voted aye. Motion carried 5-0.

- K. **A recommendation from the Purchasing Agent and the County Engineer to award a bid to Kerford Limestone and Martin-Marietta for the annual production and supply of Type A rock and Type B rock at an estimated cost of \$20,800 each. (B-10-0039)**

Don Thomas noted the cost of gravel decreased.

MOTION: Hudkins moved and Workman seconded approval of the recommendation. Stevens, Workman, Schorr, Hudkins and Heier voted aye. Motion carried 5-0.

- L. **A recommendation from the Purchasing Agent and the County Engineer to award a bid to Concrete Industries, Bluff Gravel and Lyman-Richey Sand & Gravel, for the annual production and supply of road gravel at an estimated cost of \$19,000 and for the annual production and supply of ice control gravel at an estimated cost of \$10,000. (B-10-0040)**

MOTION: Workman moved and Schorr seconded approval of the recommendation. Workman, Schorr, Hudkins, Stevens and Heier voted aye. Motion carried 5-0.

- M. **An amendment to the unit price contract between Progressive Electric, the City of Lincoln, Lancaster County and the Lincoln-Lancaster County Public Building Commission, found at County Contract No. C-08-0395, for electrical services. The amendment renews the contract for an additional term from August 1, 2010, to July 31, 2011. (C-10-0345)**

MOTION: Stevens moved and Schorr seconded approval of the amendment. Schorr, Hudkins, Stevens, Workman and Heier voted aye. Motion carried 5-0.

- N. **An amendment to the unit price contract between Innovative Electrical Technologies, Inc., the City of Lincoln, Lancaster County and the Lincoln-Lancaster County Public Building Commission, found at County Contract No. C-08-0396, for electrical services. The amendment renews the contract for an additional term from August 1, 2010, to July 31, 2011. (C-10-0346)**

MOTION: Hudkins moved and Stevens seconded approval of the amendment. Hudkins, Stevens, Schorr, Workman and Heier voted aye. Motion carried 5-0.

- O. **An amendment to an agreement between First Choice Vending, the City of Lincoln, Lancaster County and the Lincoln-Lancaster County Public Building Commission, found at County Contract No. C-08-0257, for snack food vending service at various locations. The amendment adds several additional locations with no additional cost to the County. (C-10-0347)**

MOTION: Stevens moved and Workman seconded approval of the amendment. Hudkins, Stevens, Schorr, Workman and Heier voted aye. Motion carried 5-0.

5) **NEW BUSINESS CONTINUED:**

- P. **An amendment to an agreement between Sapp Bros. Petroleum, Inc., the City of Lincoln and Lancaster County, found at County Contract No. C-08-0290, for annual fuel requirements. The amendment renews the contract for an additional term from July 1, 2010, to June 30, 2011. (C-10-0348)**

MOTION: Workman moved and Hudkins seconded approval of the amendment. Schorr, Hudkins, Workman, Stevens and Heier voted aye. Motion carried 5-0.

- Q. **An amendment to an agreement between TooFast Supply Company, the City of Lincoln, Lancaster County and the Lincoln-Lancaster County Public Building Commission, found at County Contract No. C-09-0351, for the annual supply of power and hand tools. The amendment renews the contract for an additional term from August 11, 2010, to August 10, 2011. (C-10-0349)**

MOTION: Stevens moved and Schorr seconded approval of the amendment. Workman, Schorr, Stevens, Hudkins and Heier voted aye. Motion carried 5-0.

- R. **An amendment to an agreement between Total Tool Supply, the City of Lincoln, Lancaster County and Lincoln-Lancaster County Public Building Commission, found at County Contract No. C-09-0359, for the annual supply of power and hand tools. The amendment renews the contract for an additional term from August 11, 2010, to August 10, 2011. (C-10-0353)**

MOTION: Workman moved and Hudkins seconded approval of the amendment. Schorr, Stevens, Hudkins, Workman and Heier voted aye. Motion carried 5-0.

- S. **An amendment to an agreement between Precision Delta Corp., the City of Lincoln and Lancaster County, found at County Contract No. C-09-0353, for the annual supply of ammunition. The amendment renews the contract for an additional term from June 1, 2010, to May 31, 2011. (C-10-0350)**

MOTION: Hudkins moved and Stevens seconded approval of the amendment. Stevens, Workman, Schorr, Hudkins and Heier voted aye. Motion carried 5-0.

- T. **An amendment to an agreement with Hornady Manufacturing Co., the City of Lincoln and Lancaster County, found at County Contract No. C-09-0355, for the annual supply of ammunition. The amendment renews the contract for an additional term from June 1, 2010, to May 31, 2011. (C-10-0351)**

MOTION: Schorr moved and Hudkins seconded approval of the amendment. Workman, Schorr, Hudkins, Stevens and Heier voted aye. Motion carried 5-0.

- U. **An amendment to an agreement with Accuracy, Inc., d/b/a Ultramax Ammunition, the City of Lincoln and Lancaster County, found at County Contract No. C-09-0370, for the annual supply of ammunition. The amendment renews the contract for an additional term from June 1, 2010, to May 31, 2011. (C-10-0352)**

5) **NEW BUSINESS CONTINUED:**

MOTION: Hudkins moved and Stevens seconded approval of the amendment. Schorr, Hudkins, Stevens, Workman and Heier voted aye. Motion carried 5-0.

- V. **An amendment to an agreement with The Hub, Inc., found at County Contract No. C-09-0496, for the Lincoln Education and Academic Program (LEAP). The amendment decreases the amount of grant funds provided from \$40,000 to \$36,800. (C-10-0354)**

MOTION: Workman moved and Stevens seconded approval of the amendment. Hudkins, Stevens, Schorr, Workman and Heier voted aye. Motion carried 5-0.

- W. **An amendment to an agreement with The Hub, Inc., found at County Contract No. C-09-0497, for the Building Up Interdependence and Leadership Development Program (BUILD). The amendment decreases the amount of grant funds provided from \$50,000 to \$46,000. (C-10-0355)**

MOTION: Stevens moved and Schorr seconded approval of the amendment. Hudkins, Stevens, Schorr, Workman and Heier voted aye. Motion carried 5-0.

- X. **An interlocal agreement between the City of Lincoln and Lancaster County, on behalf of Lancaster County Corrections, for roadside litter pickup. The City will pay the County \$50 per mile of roadside litter pickup along county roads, not to exceed \$3,000. The term of the agreement is from April 15, 2010, to November 30, 2010. (C-10-0356)**

Item was held per the request of the County Attorney's Office.

- Y. **An agreement with the University of Nebraska, Board of Regents, on behalf of the Department of Psychology. Under the agreement, the University will provide the services of a licensed clinical Ph.D. psychologist for four hours a week at the Community Transition Program at the Heather. Term of the agreement is July 1, 2010, to June 30, 2011. The County will pay \$8,246.90 for the services. (C-10-0357)**

MOTION: Stevens moved and Workman seconded approval of the agreement. Workman, Schorr, Stevens, Hudkins and Heier voted aye. Motion carried 5-0.

- Z. **An agreement between Parallels and Lancaster County, on behalf of the Lancaster County Drug Court, for substance use evaluation services for persons placed in the Adult Drug Court. Term of the agreement is July 1, 2010, to June 30, 2011. The County will pay \$150 per evaluation. (C-10-0358)**

MOTION: Schorr moved and Stevens seconded approval of the agreement. Schorr, Stevens, Hudkins, Workman and Heier voted aye. Motion carried 5-0.

6) **CONSENT ITEMS:** *These are items of business that are routine which are expected to be adopted without dissent. Any individual item may be removed for special discussion and consideration by a Commissioner or by any member of the public without prior notice. Unless there is an exception, these items will be approved as one with a single vote of the Board of Commissioners. These items are approval of:*

- A. **Receive and place on file the following monthly reports for June, 2010:**
 - 1. **County Assessor/Register of Deeds**
 - 2. **Clerk of the District Court**
 - 3. **County Records & Information Management**

- B. **Right-of-way contracts between the County Engineer and the following:**
 - 1. **Darin Schwaninger, in the amount of \$3,009.25, located at SW 42nd Street and W. Gage Road. (C-10-0359)**
 - 2. **Shawn and Shereen Schwaninger, in the amount of \$1,147.50, located at SW 42nd Street and W. Gage Road. (C-10-0360)**

- C. **Setting of a public hearing for Tuesday, July 27, 2010, at 9:30 a.m. in the County Commissioners Hearing Room, Room 112, on the first floor of the County-City Building, regarding Street Name Change No. 10002 for a new connector from S. 148th Street to Hwy 2 and a portion of the extension of S. 158th Street.**

MOTION: Stevens moved and Schorr seconded approval of the consent items. Stevens, Workman, Schorr, Hudkins and Heier voted aye. Motion carried 5-0.

7) **PUBLIC COMMENT:**

Kim Kaspar, President of American Federation of State, County & Municipal Employees (AFSCME), discussed census numbers at Lancaster Manor. She expressed concern over the County losing money on the sale of the Manor.

Melvin Moore discussed the importance of providing a good home for the residents of Lancaster Manor.

John Austin asked when the property for Lancaster Manor was obtained by the County. Hudkins said in 1976 the County Board purchased the land which held the Lincoln Orthopedic Center. It was torn down and the ground became the new location for Lancaster Manor when it was built in 1985. He stated this was the only time tax dollars were used for Lancaster Manor.

Commissioner Stevens exited the meeting.

8) **ANNOUNCEMENTS:**

- A. **The Lancaster County Board of Commissioners will hold a staff meeting on Thursday, July 15, 2010, at 8:00 a.m., in Room 113 on the first floor of the County-City Building.**

8) **ANNOUNCEMENTS CONTINUED:**

- B. A public hearing will be held on Tuesday, July 20, 2010, at 9:30 a.m. in the County Commissioners Hearing Room, Room 112, on the first floor of the County-City Building, regarding the application for a Class CK liquor and catering license from Jasper, LLC, d/b/a Jasper's, located at 13940 O Street, Lincoln, Lancaster County, Nebraska.
- C. The Lancaster County Board of Commissioners meeting is broadcast live at 9:30 a.m., on Tuesdays and rebroadcast at 1:30 p.m., and 6:30 p.m., as well as on Saturday afternoon on 5 City-TV, Cable Channel 5. In addition, this meeting may be viewed on Nebraska On Demand Time Warner Channel 101 and is available on the internet 24 hours a day at www.lancaster.ne.gov. Click on 5 City-TV Video on Demand.

9) **ADJOURNMENT:**

MOTION: Schorr moved and Hudkins seconded to adjourn the Board of Commissioners meeting at 10:40 a.m. Workman, Schorr, Hudkins, Stevens and Heier voted aye. Motion carried 4-0. (Stevens absent from vote.)

/s/Dan Nolte

Dan Nolte
Lancaster County Clerk

MINUTES
LANCASTER COUNTY BOARD OF EQUALIZATION
TUESDAY, JULY 13, 2010
COMMISSIONERS HEARING ROOM, ROOM 112
FIRST FLOOR, COUNTY-CITY BUILDING
IMMEDIATELY FOLLOWING THE LANCASTER COUNTY
BOARD OF COMMISSIONERS MEETING

Commissioners present: Bernie Heier, Chair
Larry Hudkins
Deb Schorr
Bob Workman

Commissioners absent: Ray Stevens, Vice Chair

Others present: Scott Gaines, Deputy County Assessor/Register of Deeds
Kerry Eagan, Chief Administrative Officer
Gwen Thorpe, Deputy Chief Administrative Officer
Tom Fox, Deputy County Attorney
Dan Nolte, County Clerk
Cori Beattie, Deputy County Clerk
Angela Zocholl, County Clerk's Office

The location announcement of the Nebraska Open Meetings Act was given and the meeting was called to order at 10:40 a.m.

1) **MINUTES: Approval of the minutes of the Board of Equalization meeting held on Tuesday, July 6, 2010.**

MOTION: Schorr moved and Hudkins seconded approval of the minutes. Hudkins, Schorr, Workman and Heier voted aye. Motion carried 4-0.

2) **ADDITIONS AND DEDUCTIONS: Approval of nine additions and deductions to the tax assessment rolls per Attachments "A" and "B".**

MOTION: Hudkins moved and Schorr seconded approval of the additions and deductions. Schorr, Hudkins, Workman and Heier voted aye. Motion carried 4-0.

3) **MOTOR VEHICLE TAX EXEMPTION APPLICATIONS:**

The American Legion
Church of Jesus Christ of Latter-Day Saints
Fellowship Baptist Church
Nebraska Wesleyan University
School Sisters of Christ the King

MOTION: Workman moved and Schorr seconded approval of the motor vehicle tax exemption applications. Workman, Schorr, Hudkins and Heier voted aye. Motion carried 4-0.

4) **NOTICE OF TAXABLE STATUS**

City of Lincoln (two parcels)

Scott Gaines, Deputy County Assessor/Register of Deeds, said the City purchased the properties with the intent to demolish the houses on them and resell the land. Notices need to be sent to the City on the property's taxable status.

MOTION: Workman moved and Hudkins seconded approval to send the notices. Schorr, Hudkins, Workman and Heier voted aye. Motion carried 4-0.

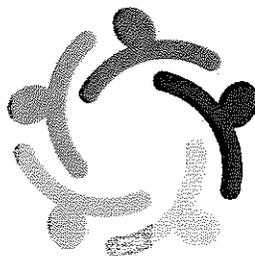
5) **ADJOURNMENT:**

MOTION: Schorr moved and Hudkins seconded to adjourn the Board of Equalization meeting at 10:43 a.m. Workman, Schorr, Hudkins and Heier voted aye. Motion carried 4-0.

/s/Dan Nolte

Dan Nolte
Lancaster County Clerk

Lancaster County Annual Report FY 08-09



REGION V SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

Our Mission

The mission of Region V Systems is to encourage and support the provision of a full range of mental health, alcoholism, and drug abuse programs and services to the youth and adults of Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, and York counties in Nebraska.

1645 N St., Lincoln, Nebraska 68508
Phone: 402-441-4343 • Fax: 402-441-4335
www.region5systems.net



This logo represents Region V Systems' commitment to promote comprehensive partnerships in behavioral health. Partnerships with providers, consumers, DHHS, and other stakeholders are ever evolving through evaluation, assessment, and implementation of programming to best meet the needs of behavioral health systems and its consumers.

Dear Colleagues,

First of all, we would like to thank the Regional Governing Board members, Behavioral Health Advisory Committee members, Network Providers, Department of Health and Human Services representatives, legislative representatives, consumers, and many other stakeholders for their ongoing support and advocacy in the behavioral health system. Promoting comprehensive partnerships in behavioral health among our partners makes our mission possible. Through collaboration with many partners, we are able to be responsive to the behavioral health needs of both children and adults in our systems of care.

Fiscal year 08-09 has been an ongoing year of changes, planning, service, and training. Here are some highlights of our year:

- The creation of a client-centered, community-based recovery pilot initiative called the Recovery Voucher Project. This project is designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' network capacity waiting list.
- Second-year funding from the Administration for Children and Families for the Let's Build program, a program designed to build organizational capacity of both faith-based and community organizations.
- The addition of Transition-Age Professional Partners (TAPP) to our traditional Professional Partner Program (FYI). The TAPP program was added based on community stakeholders input and data showing a lack of primary prevention targeted towards youth aging out of the children's behavioral health system.
- Closing of the Integrated Care Coordination Unit (ICCU) as a result of Nebraska Department of Health and Human Services out-of-home reform.

Fiscal year 09-10 is sure to show more challenges, planning, and collaborations as we work with all stakeholders to continue efforts to establish behavioral health systems of care for both adults and children in southeast Nebraska.

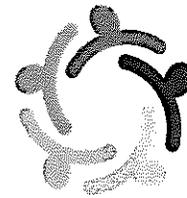
Sincerely,



C.J. Johnson
Regional Administrator



Doris Karloff
RGB Chair



REGION V SYSTEMS

Promoting Comprehensive Partnerships in Behavioral Health

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Regional Governing Board

Per Nebraska state statute, each Region is governed by a Regional Governing Board (RGB), which is comprised of an appointed county commissioner from each of the counties it serves. The current membership for Region V's geographical area is as follows:

Butler County.....	Larry Zadina	Pawnee County.....	Kay Laun
Fillmore County.....	Jerry Galusha	Polk County.....	LeRoy Gerrard
Gage County.....	Dennis Byars (Vice Chair)*	Richardson County....	Bill Ely, Jr. (Treasurer)*
Jefferson County.....	Marvin Yost	Saline County.....	Janet Henning
Johnson County.....	Terry Keebler	Saunders County.....	Doris Karloff (Chair)*
Lancaster County.....	Deb Schorr (Secretary)*	Seward County.....	Scott Stuhr
Nemaha County.....	Monty Lovelace	Thayer County.....	Lawrence Traudt
Otoe County.....	Carol Crook	York County.....	Eugene Bergen

* Executive Committee members

Thanks to the members of the Regional Governing Board, past and present, for your dedication and support towards the Regional System of Care.

Behavioral Health Advisory Committee

The RGB appoints a Behavioral Health Advisory Committee (BHAC), comprised of 15-20 members, responsible for advising the Board on behavioral health issues and funding allocations. Consideration for membership is given to geographic location, direct and indirect consumers, cultural diversification, and the community at large. Current membership is as follows:

Janet Coleman	Gail Lorenzen (Chair)*
Jacob Colling	Rev. Brenda Pfeifly
Joel Gajardo	Wayne Price (Vice Chair)*
Don Harmon	David Rea*
Robin Henderson	Tammy Sassaman
Wilma Jackson*	Stacy Werth-Sweeney
Halee Jones	Debra Williams
Cindy Kadavy	Janice Walker
Terry Keebler (RGB Rep.)	Joe Wright

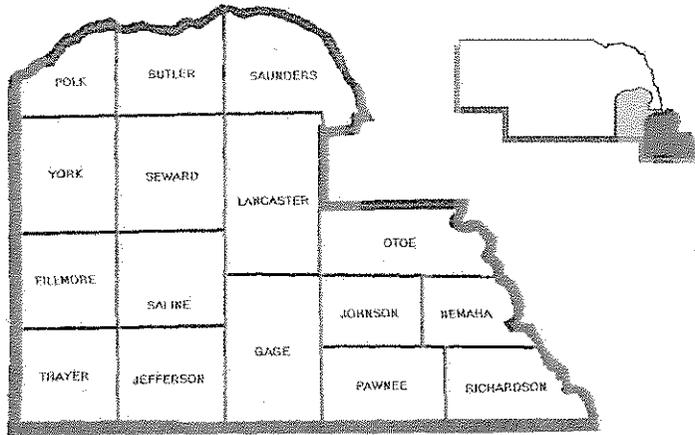
* Executive Committee members

Region V Systems' Provider Network

Region V Systems contracts and works in collaboration with a network of behavioral health providers to deliver an array of behavioral health services to meet the needs of consumers. Following are the providers in Region V Systems' provider network:

Blue Valley Behavioral Health	Lincoln Council on Alcoholism and Drugs
CenterPointe	Lincoln Medical Education Partnership
Child Guidance Center	Lutheran Family Services
Community Mental Health Center of Lancaster County	Mental Health Association of Nebraska
Cornhusker Place	O.U.R. Homes
Houses of Hope	St. Monica's

Region V Systems' Geographical Area



Region V is located in southeast Nebraska and covers approximately 9,308 square miles. According to *U.S. Census 2008 Population Estimates*, the Region has a population of 436,512, constituting approximately 24 percent of the state's population.

Our Organization

Region V Systems was originally created by state statute in 1974 with the responsibility of coordinating and overseeing the delivery of publicly funded mental health services for the 16 counties making up the Region V geographical area. Two years later, the responsibility for the development and coordination of substance abuse services was added. In 2004, LB 1083, the Behavioral Health Services Act, was passed, repealing the original statutes but re-establishing and renaming the Regions as "Behavioral Health Authorities."

Region V Systems is responsible for the development and coordination of publicly funded behavioral health services within its service area. Region V Systems:

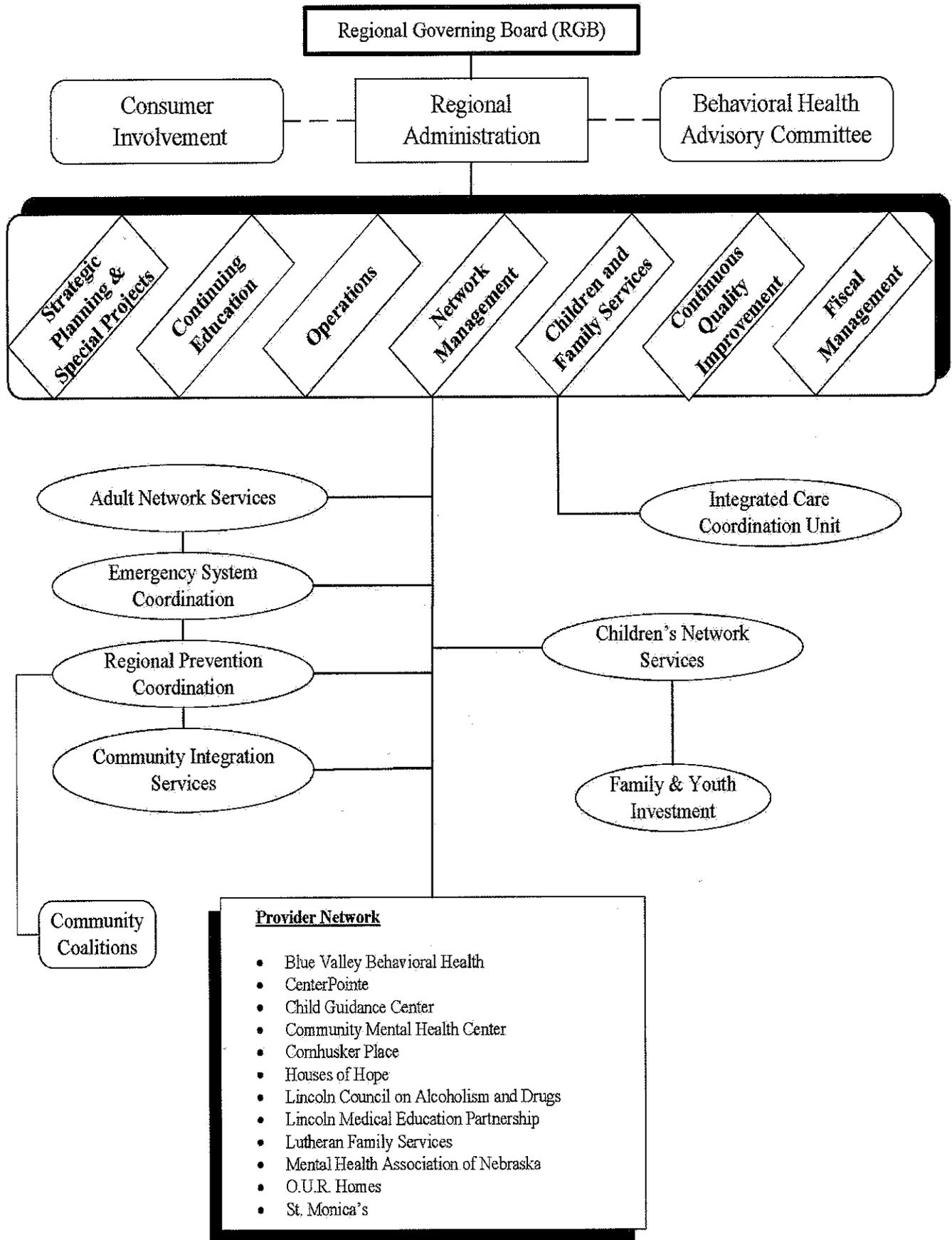
- ◆ Performs comprehensive planning activities;
- ◆ Integrates and coordinates the delivery of services;
- ◆ Prepares and administers budgets;
- ◆ Monitors the system's performance; and
- ◆ Takes corrective action when necessary.

Through these responsibilities, Region V Systems contributes to accomplishing the purpose of the goals of LB 1083, which are to ensure:

- ◆ The public safety and health of consumers;
- ◆ Consumer access to services;
- ◆ Availability of high-quality behavioral health services; and
- ◆ Cost-effective behavioral health services.

The Region's major functions and critical areas of support are described in this report. For more information on Region V Systems, please visit our website at www.region5systems.net.

Our Organization cont...



Support to the Organization

Continuing Education

Purpose: Responsible for the planning, development, coordination, and evaluation of the training, education, and technical assistance services for Region V Systems' staff, providers, and community stakeholders.

How: Develops quality training opportunities to meet Region V Systems' CARF national accreditation requirements, develops opportunities for Region V Systems' staff to further their professional development, and offers consultation for workshop/conference planning to providers and the community.

Continuous Quality Improvement

Purpose: Ensures each of Region V Systems' departments and programs are monitored, evaluated, and enhanced on a continual basis, through a team-driven process.

How: Annually, Region V Systems produces a Performance Improvement Plan (PIP). The PIP identifies goals and evaluates and monitors the performance of each department.

Striving to achieve and sustain an environment which has open communication and problem solving from all levels within the organization, Region V Systems has internal and external processes for expressing and resolving concerns/requests. This "CQI Concerns/Request" process is meant to serve as a means for providers, consumers/customers, and staff members to initiate suggestions or address a concern or issue. Each CQI Concerns/Request is reviewed and acted upon by the Region V Management Team and shared with internal and/or external partners.

Operations

Purpose: Ensures the organization runs smoothly and efficiently, allowing staff and customers to access services and supports in the most effective manner.

How: Supports the organization in the following areas: human resources; administrative support; front office customer and staff support; ICCU support; information technology; health and safety compliance; corporate compliance; and compliance with CARF (Commission on Accredited Rehabilitation Facilities) national standards.

Strategic Planning and Special Projects

Purpose: Responsible for the development, implementation, and evaluation of Region V Systems' strategic plan. The department is also responsible for the management of various special projects.

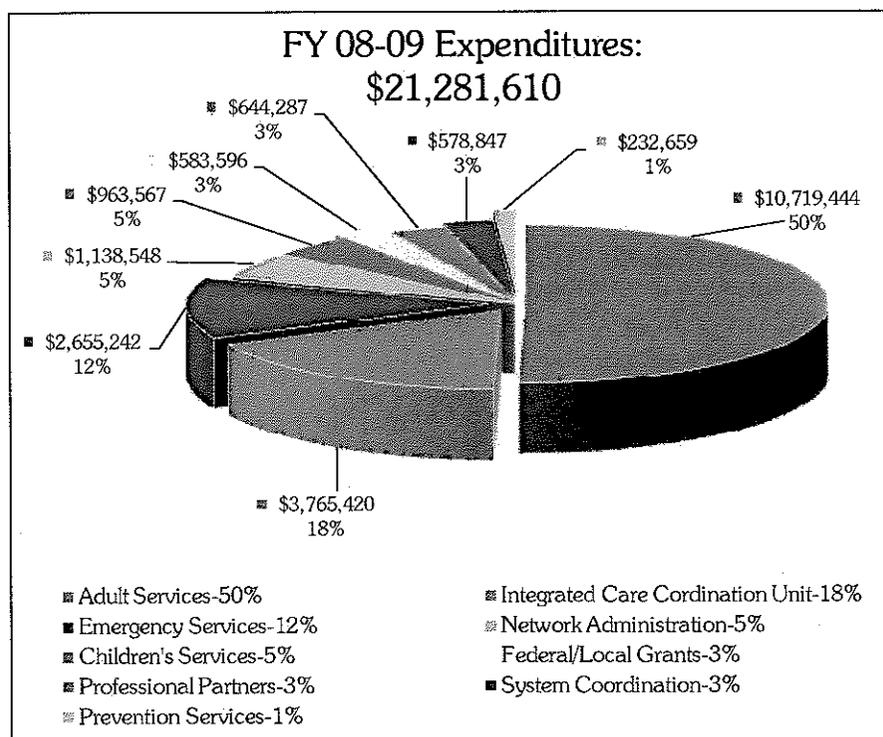
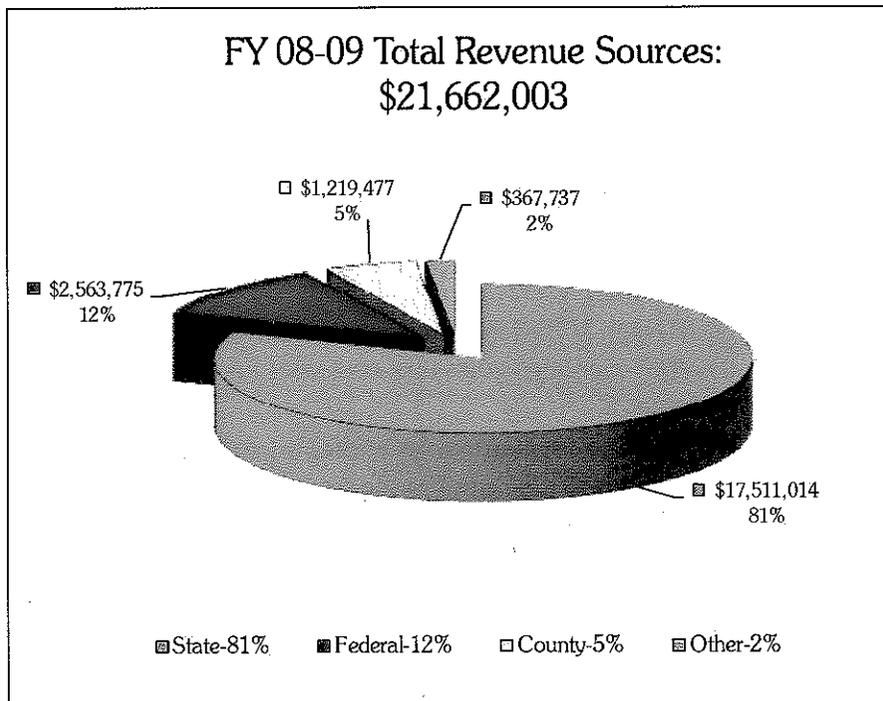
How: The strategic planning process includes three major components: conducting an assessment of the current operating environment of the organization; creating a shared vision for the future; and establishing the goals and objectives that best utilize Region V Systems' strengths to sustain and improve performance, ensure quality services, and guarantee financial viability.

Support to the Organization cont...

Fiscal Management

Purpose: Provides financial management that ensures the effective use of financial resources, transparency, and accountability.

How: Federal, state, and county funds are allocated to providers and other contractual entities. Staff conduct contract performance reviews and fiscal audits to confirm compliance with financial requirements of each Region V Systems' contracts.



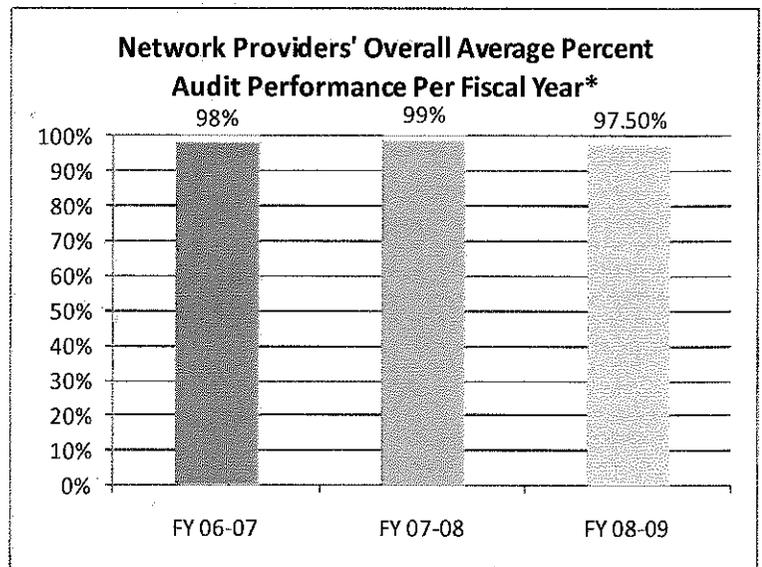
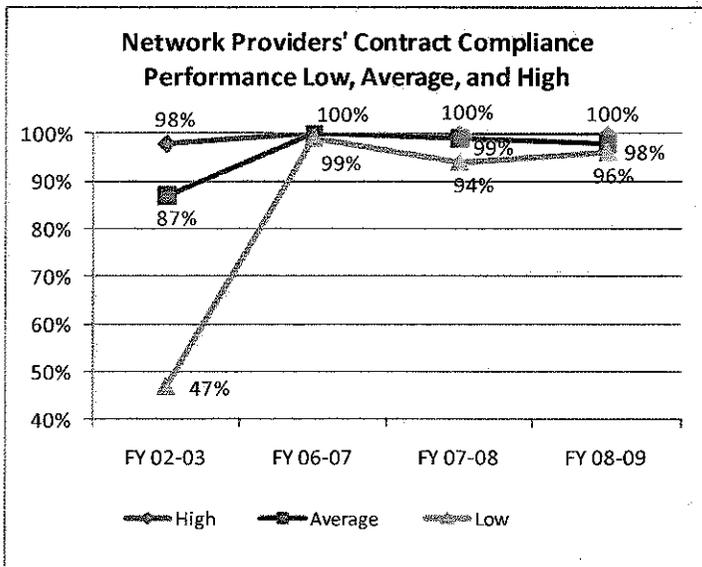
Network Management

Purpose: Establish an efficient and organized community-based system of public behavioral health care for the delivery of adult and children's services in the Region V geographical area.

How: Region V Systems plans, organizes, contracts for, evaluates, and monitors a regional behavioral health system of care. This is accomplished through contracting and collaborating with a network of behavioral health providers, consumer and family partners, and community stakeholders.

Goal: Ensure consumers have access to an array of quality behavioral health services that are integrated, consumer focused, and achieve positive outcomes consistent with the principles of recovery.

Funding: Region V Systems receives county, state, and federal funds. Funds are contracted to network providers and other contracting entities to support the Region V system of care.



It is the responsibility of Region V Systems to perform **Services Purchased and Program Fidelity Audits**. The annual Services Purchased Audit verifies that units of service claimed for reimbursement have been delivered and are billed accurately. A Program Fidelity Audit reviews program plans and service delivery to ensure consistency and compliance with Nebraska-specific service definitions, regulations, and Federal Block Grant Program requirements. These audits occur on a 1-3 year performance cycle.

Together, these audits demonstrate and support fiscal accountability, organizational management, and continuous quality improvement for the network.

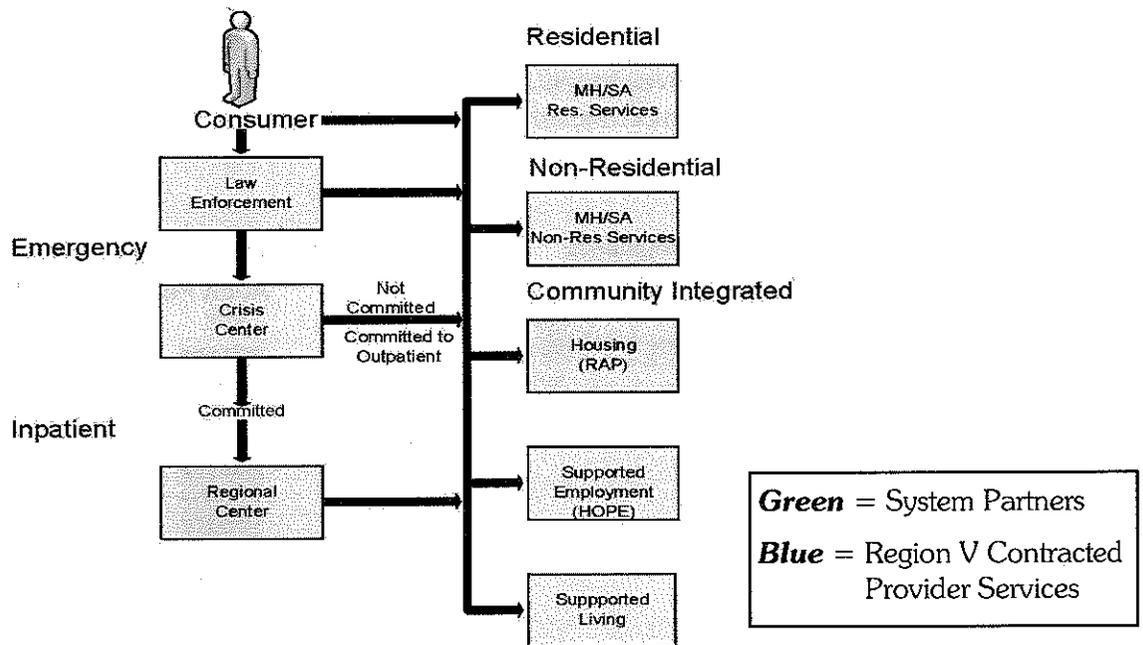
***Note: The audit performance graph only reflects annual Services Purchased Audit Performance.**

Network Management cont...

Adult Network Services

Region V Systems contracts with a network of behavioral health community providers that offer a broad array of services designed to assist adults reach their goal of recovery and to live, work, and be full participants in their communities.

Navigating the Adult Behavioral Health System



Emergency Services

- 24-Hour Crisis Phone
- Crisis Assessment (LADC)
- Crisis Response Teams
- Crisis Respite
- Emergency Community Support
- Social Detox
- EPC Services – Crisis Center (Involuntary)
- Civil Protective Custody (Involuntary)
- Hospital Diversion

Residential Services

- Psychiatric Residential Rehabilitation
- Dual-Disorder Residential
- Short-Term Residential
- Therapeutic Community
- Halfway House
- Intermediate Residential

Non-Residential Services

- Day Treatment
- Intensive Outpatient Assessment
- Outpatient Therapy (Individual, Family, Group)
- Intensive Care Management
- Assertive Community Treatment (ACT)
- Community Support
- Day Rehabilitation
- Supported Employment
- Medication Management
- Transition Age Professional Partner (TAPP)
- Benefits Analysis
- Peer Support
- Recovery Support
- Bilingual/Bicultural Service Coordination

Network Management cont...

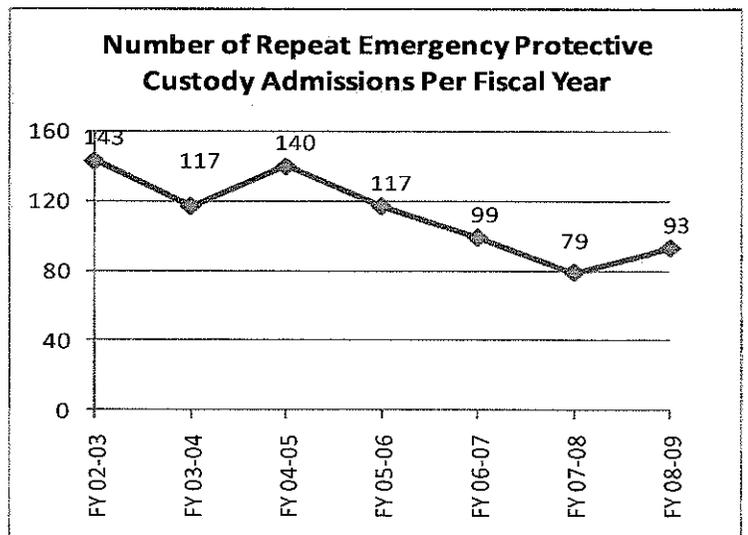
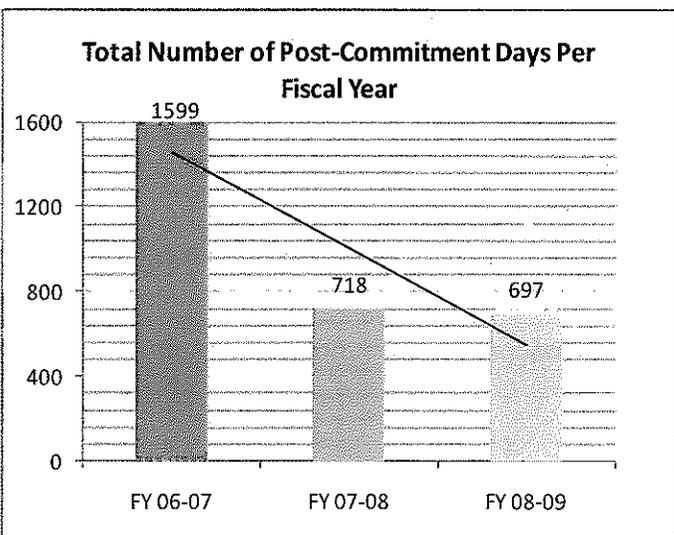
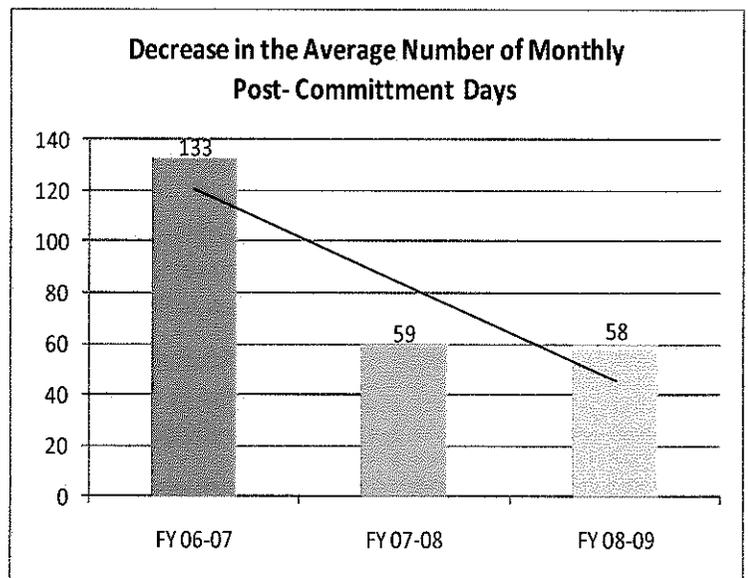
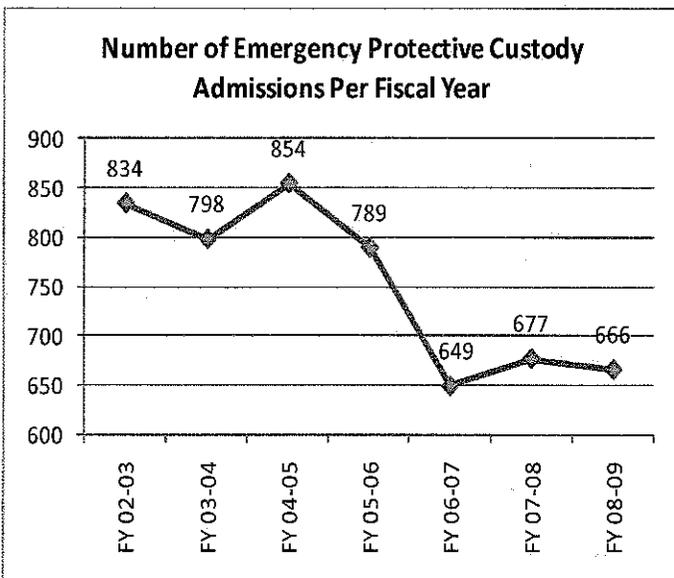
Adult Network Services cont...

Emergency System Coordination

Purpose: Provides a behavioral health emergency system to ensure the safety of consumers and the public.

How: Coordination is provided through contracts and partnerships with the Lancaster County Crisis Center, law enforcement, mental health boards, providers, psychiatric hospitals, and state-operated inpatient psychiatric facilities.

Goal: Ensures consumers have access to services and multiple alternatives for support while experiencing an acute behavioral health crisis.



Network Management cont...

Adult Network Services cont...

Inpatient Level of Care

As outlined in the Department of Health and Human Services' LB 1083 Implementation Plan, the Lincoln Regional Center provides inpatient psychiatric services for Region V Systems' service area.

Purpose: Hospital-based acute and sub-acute psychiatric services designed to stabilize acute psychiatric conditions for individuals under a Mental Health Board commitment order.

How: Provides intensive multidisciplinary assessment and treatment planning, psychiatric interventions, and recovery supports to stabilize an individual's psychiatric condition.

Goal: Acute psychiatric symptoms are stabilized, and the individual is transitioned to community-based residential or non-residential services for continued recovery.

Residential Level of Care

Purpose: Residential services provide less-intensive or restrictive treatment than inpatient care and are intended to help the individual overcome or compensate for issues caused by mental illness or substance use disorders.

How: Residential services provide 24-hour supervision with varying mental health, substance abuse, co-occurring, and/or rehabilitation services depending on the individual's need.

Goal: Individuals overcome or compensate for problems produced by mental illness and/or chemical dependency so they can be referred to less-intensive levels of care or return to community living with appropriate supports.

Non-Residential Level of Care

Purpose: Provides non-residential treatment, rehabilitation, and support services intended to reduce episodes of: relapse, crisis, and emergency room utilization; shorten lengths of stay at inpatient and residential levels of care; and promote the recovery and resiliency of the individual.

How: A number of varied and flexible service options are available to meet the individual's needs.

Goal: Individuals maintain or return to independent or supported community living.

Network Management cont...

Adult Network Services cont...

Community Integration Services

Rental Assistance Program (RAP)

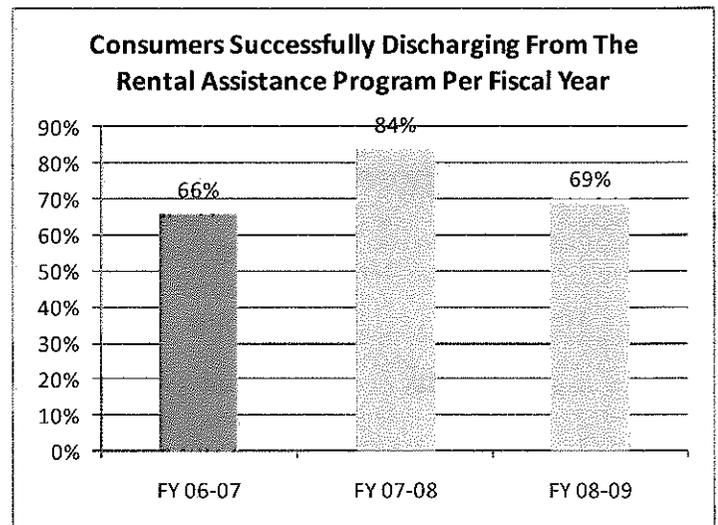
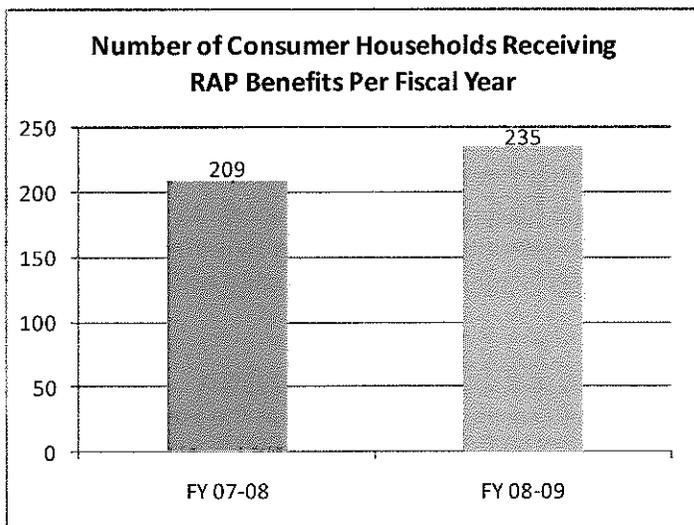
Purpose: Provides safe, secure, affordable housing—together with support services—so that consumers can begin to work towards recovery. RAP also assists consumers in preventing a reoccurrence of inpatient mental health treatment so they can remain in their own home. The target population are consumers with serious and persistent mental illnesses, who are indigent or have extremely low income, and who are on an inpatient Mental Health Board commitment or those that are at risk of an inpatient commitment.

How: RAP builds a network of housing providers and facilitates consumers in finding appropriate housing. Staff screen consumers for eligibility as well as provide housing inspections.

Goal: Consumers achieve independent living, bridge to more permanent housing, or maintain their current living situations.

“Thank you so much for allowing me to be a part of your program. With your help, I’ve gained the confidence and necessary tools to get my life back on track.”
—Consumer of RAP Services

“Things are going well and I want to thank you for your continued help. It’s greatly appreciated.”
—Consumer of RAP Services



Successful discharge is identified as bridging to permanent housing; bridging to economic self-sufficiency (consumer exceeds allowable 30 percent of median family income guideline); or consumer choice in housing (consumer chooses to move out of Region V Systems’ service area or chooses to move in with a roommate).

Network Management cont...

Adult Network Services cont...

Community Integration Services cont...

Supported Employment

- Purpose:** A best-practice approach to helping individuals with behavioral health disorders find and keep competitive employment within their communities.
- How:** Referrals are received through Region V Systems' network providers. Employment specialists work with individuals, treatment providers, and employers to integrate supported employment with behavioral health services. Services are provided by the Mental Health Association of Nebraska, a consumer-run organization. Service enhancement in FY 08-09 included adding Benefits Analysis to service provision.
- Goal:** Individuals seek and sustain competitive and meaningful employment.

Supported Living

- Purpose:** Assists consumers in transitioning from more intensive levels of care or from unstable living situations to permanent and independent living.
- How:** Provides site-specific housing, intensive case management support, and teaches independent living skills that will assist consumers in moving to a more permanent and independent living arrangement.
- Goal:** Reduce or prevent institutional placements and assist the consumers in transitioning to permanent housing.

Voucher Project

- Purpose:** The Region V Systems Recovery Voucher Project is a client-centered, community-based recovery pilot project designed to increase access to substance abuse treatment services for individuals currently on Region V Systems' Network Capacity Waitlist and is intended to reduce time on waitlists.
- How:** The project supports participant choice and delivers funds through a voucher method of payment. Treatment services covered under the voucher project are initially limited to Intensive Outpatient (ASAM Level II.1) and Short-Term Residential Treatment (ASAM Level III.5).
The Region contracted with two voucher providers and issued vouchers to 13 consumers in FY 08-09.
- Goal:** Decrease wait times and increase access to treatment.

Network Management cont...

Behavioral Health Admissions

Data for Region V-Funded Services

New Admissions by County of Residence		
	FY 07-08	FY 08-09
Butler	128	102
Fillmore	96	132
Gage	589	616
Jefferson	159	145
Johnson	58	48
Lancaster	10,557	11,657
Nemaha	120	142
Otoe	194	274
Pawnee	32	46
Polk	39	47
Richardson	124	167
Saline	186	242
Saunders	160	163
Seward	246	282
Thayer	75	58
York	271	291
Out of Region	676	857
Total New Admissions	13,710	15,269

New Admissions by Age	
FY 08-09	
0-12 3%	433
13-18 6%	885
19-29 36%	5,460
30-39 21%	3,247
40-49 20%	3,112
50-64 13%	1,989
65-74 <1%	119
75+ <1%	27

New Admissions by Income	
FY 08-09	
\$0-4,999 49%	7,467
\$5,000-\$9,999 12%	1,862
\$10,000-19,999 17%	2,538
\$20,000-29,999 10%	1,486
\$30,000-39,999 6%	884
\$40,000-49,999 3%	473
\$50,000+ 4%	559

New Admissions by Disorder	
FY 08-09	
Attention deficit and disruptive disorders	224
Alcohol use disorders	6,778
Other drug use disorders	1,058
Alcohol and other drug induced disorders	1,818
Schizophrenia and other psychotic disorders	906
Major depressive disorders	1,331
Bipolar disorders	1,012
All other mood disorders	164
Panic disorders	40
All other anxiety disorders	405
Adjustment disorders	788
All other diagnosis	682
Unknown	63

New Admissions by Race	
FY 08-09	
African American 4%	630
American/Alaskan Native <1%	93
Asian <1%	59
Multi-Racial <1%	67
Native American 2%	355
Nat. Hawaiian/Pacific Islander <1%	15
White 46%	7,090
Other/Unknown 46%	6,960

New admissions do not reflect the number of consumers who are already receiving services and were registered in a previous fiscal year. Data is maintained by Magellan Behavioral Health Services, the state of Nebraska's system management agent.

Network Management cont...

Children's Network Services

Contracted Provider Services

Region V Systems contracts with and coordinates a network of community providers which ensure integrated behavioral health services designed for youth.

- Purpose:** Region V Systems' contracted services focus on addressing behavioral health needs of youth and families with complex needs, resulting from a child's serious emotional disturbance or substance use disorder.
- How:** The system of care for children encompasses a broad array of behavioral health services ranging from community-based treatment interventions to inpatient care.
- Goal:** To enhance the children/youth continuum of services and promote collaboration and integration of services to better meet the behavioral health needs of youth and their families in southeast Nebraska.
- Services:** The Region's contracted services include:
- ◆ Residential Substance Abuse;
 - ◆ Therapeutic Consultation;
 - ◆ Youth Assessment; and
 - ◆ Outpatient Therapy Services.



Accredited Program

Family & Youth Investment (FYI) Programs



Region V Systems administers the Professional Partner program, known as Family & Youth Investment (FYI). In FY 08-09, FYI included two program components, the Traditional Professional Partner and the Transition-Age Professional Partner (TAPP) programs. The Traditional Professional Partner program serves individuals up to the age of 21. The Transition-Age Professional Partner program serves youth ages 17-25 who are transitioning from the children's to the adult behavioral health system.

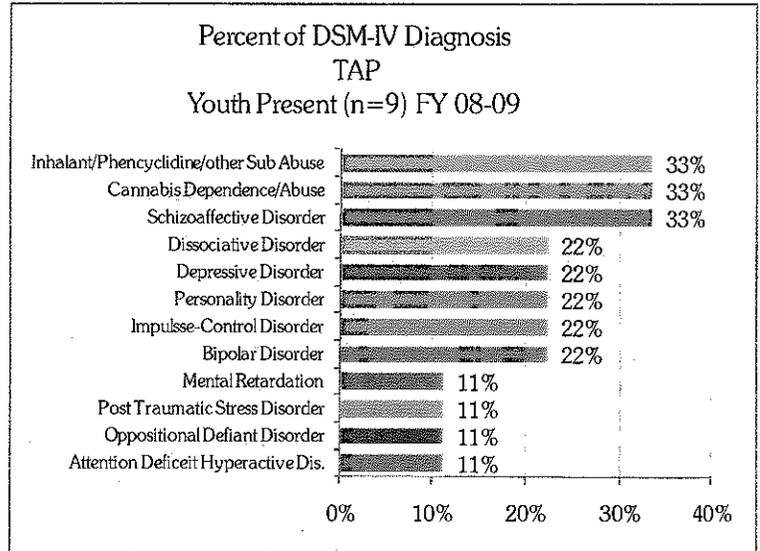
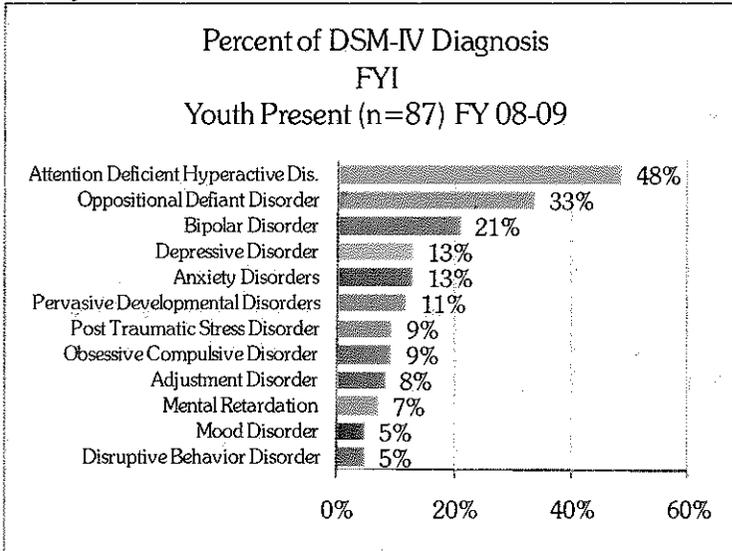
- Purpose:** Improve the lives of youth/young adults who are diagnosable with a mental illness under the current edition of the *Diagnostic and Statistical Manual* (DSM) published by the American Psychiatric Association by: averting children from becoming state wards for the purpose of receiving services; preventing expensive out-of-home placements or involvement in emergency services; reducing juvenile crime or contact with adult criminal justice systems; increasing school performance; and facilitating seamless transition from the youth to adult behavioral health system.
- How:** Professional Partners serve as case managers and work with families or young adults who voluntarily ask for assistance. Professional Partners help families and young adults to identify outcomes, strengths, needs, informal supports, and to create individualized plans. Through a team effort, they coordinate and facilitate formal and informal services and supports necessary to assist youth and their families/young adults in meeting their established goals.

Network Management cont...

Children's Network Services cont...

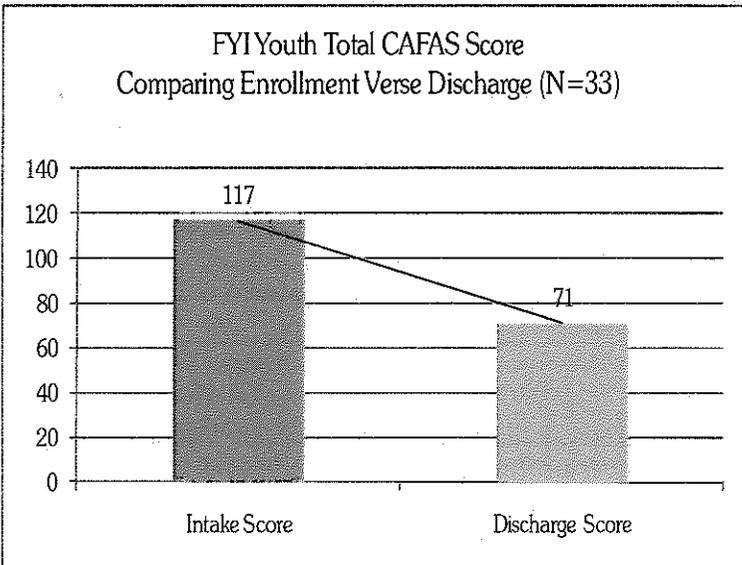
Professional Partner Programs

Traditional PP program: average length of case management was 19 months; 94 percent of youth lived in their parent's home while being served in the program; number of youth served was 92. **TAPP program:** number of youth served was 9.



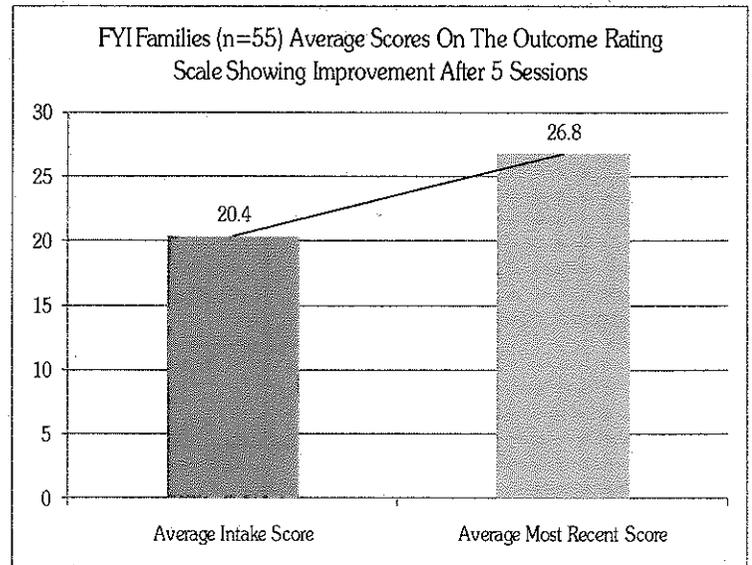
DSM-IV Graphs

Youth who were served within the FYI programs presented with the above mental health diagnoses according to the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)*. The percentage of youth are broken into twelve categories of diagnosis, with the most prevalent diagnosis starting at the top then declining to the least prevalent diagnosis at the bottom of the graph.



CAFAS Graph

Youth served through FYI were administered the Child and Adolescent Functional Assessment Scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse functioning, and the impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for the youth. This graph compares youth total CAFAS scores at enrollment, compared to their total CAFAS scores at discharge from FYI. The cumulative score covering all eight domains of a youth's life showed statistically significant improvement and less impairment.



Outcome Rating Graph

Dr. Scott Miller assisted in founding the Institute for the Study of Therapeutic Change (ISTC). Dr. Miller's theory is based on the premise that when the client's voice is privileged as the source of wisdom and solution, and helps purposefully form strong partnerships, that interaction with a client can be client-directed and outcome-informed.

According to Dr. Miller, a score of 25 points is the clinical cutoff. Clients that score under 25 are in need of and could benefit from treatment. On average, the families are progressing/improving (Standard Effect Size 0.9).

Network Management cont...

Regional Prevention Coordination

Accredited Program

- ◆ 100 percent (16/16) of counties in southeast Nebraska have active community prevention coalitions.
- ◆ Technical assistance was provided to 100 percent of all coalitions and contracted prevention providers in southeast Nebraska in FY 08-09.
- ◆ 75 percent of Region V Systems' counties are represented on the Youth Action Board.

Purpose: Prevent the abuse of alcohol and other drugs, for all ages, through forming and supporting local/county community coalitions which sustain a statewide prevention system.

How: Prevention staff provide or identify local resources to offer training, technical assistance, and coordination to community coalitions to implement evidence-based regional programs and practices. Staff work collaboratively with a wide variety of state and local agencies, law enforcement, civic groups, universities and colleges, the media, youth groups, and parents to achieve national outcome measures (NOMs). (See chart below.)

A Youth Action Board (YAB), comprised of high school and college youth, develop youth leadership within their home communities. YAB sponsors three annual events: June Jam, Red/White Tailgate, and Youth Leadership Day, which includes over 1,000 youth and 100 sponsors.

Goal: Prevent, delay, and/or reduce the health and social problems related to substance use.

Substance Abuse and Mental Health Services Administration National Outcome Measures (NOMs)

DOMAIN	OUTCOME	REGION V SYSTEMS-STATUS UPDATE
Reduced Morbidity	Abstinence from Drug/Alcohol Use	The Risk and Protective Factors Survey (NRPFS) has been completed 2003, 2005, 2007. Local county data and regional data allows communities to build and succeed with their strategic prevention plans for underage drinking concerns.
Employment & Education	Increase/Retain Employment or Return to/Stay in School	Prevention providers offer ATOD workshops in businesses. Regional effort for all counties to incorporate responsible beverage service trainings (4 of 16 counties have this in place). Prevention information available in different languages.
Crime and Criminal Justice	Decreased Criminal Justice Involvement	Partners in prevention include: NE Highway Safety, reporting line, State Patrol, and Sheriff Departments involved on a coalition level, prevention media messages, statewide methamphetamine board, compliance checks, highway check points education, and education.
Social Connectedness	Increased Social Supports/Connectedness	Regional Coalition is supporting SAFE Homes Strategy. Building Faith-based partners across the Region. Ongoing use of evidence-based programming for youth and adults as data deems necessary.
Access/Capacity	Increased Access to Services	Nebraska Prevention Information Resource System collects demographics on all populations served.
Retention	Increased Retention in Treatment-Substance Abuse	Relapse prevention strategies following treatment; pre and post diversion; school intervention-problem identification and referral.
Cost Effectiveness	Cost Effectiveness	Evaluation of all prevention strategies are ongoing.
Evidence-Based Practices	Use of Evidence-Based Practices	Over 100 strategies have been utilized over this fiscal year. Community needs assessments and review of previous strategies and resources occur annually.

Children and Family Services

Integrated Care Coordination Unit (ICCU)*

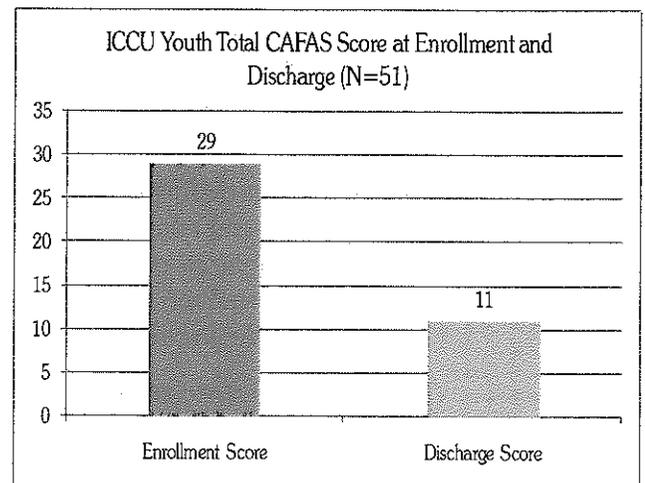
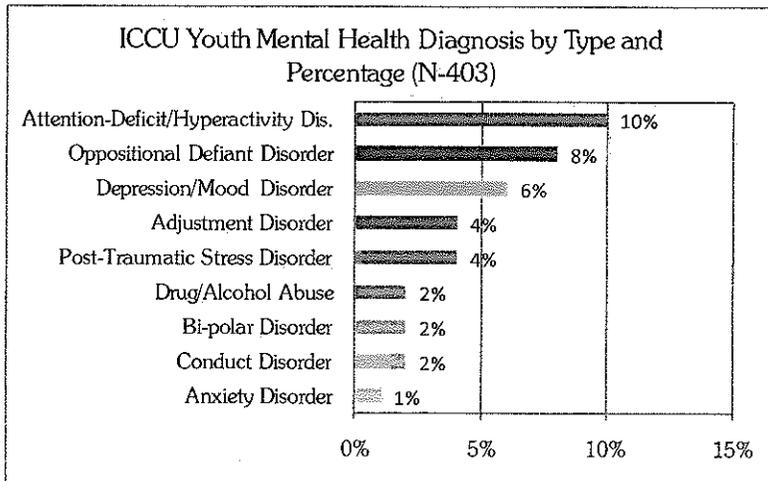
Purpose: The ICCU worked in partnership with other groups/systems to make sure abused, neglected, dependent, or delinquent children/youth were safe from harm or maltreatment, in permanent healthy nurturing environments, were with a stable family, were helped to heal from the harmful effects on their lives, and were not a threat to their community.

How: Care coordinators served as case managers and worked with families who had children committed to the temporary custody of the Nebraska Department of Health and Human Services by a court system. Care coordinators helped families identify the outcomes they wanted to achieve. They identified strengths, needs, informal supports, created an individualized plan, and coordinated/facilitated formal and informal services. This was done by utilizing a family-centered approach with the guiding principles of compassion, outcome-focused, needs-driven, individualized, flexible, unconditional, normalized, strength-based, family/person driven, culturally competent, community-based, and team-developed and supported.

Goal: Keep youth safe from harm or maltreatment and help youth attain a permanent, healthy, nurturing, and caring environment.

◆ Average length of case management was 18 months.

◆ 414 youth and their families were served in FY 08-09.*



DSM-IV Graph

Youth who were served in the ICCU program presented with the above mental health diagnoses according to the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV)*. The percentage of youth are broken into nine categories of diagnosis, with the most prevalent diagnosis starting at the left then declining to the least prevalent diagnosis to the right of the graph.

CAFAS Graph

Youth served in the ICCU program were administered the Child and Adolescent Functional Assessment Scale (CAFAS). The CAFAS evaluates emotional, behavioral, substance abuse, functioning, and their impact on eight psychosocial areas of a youth's life. The lower the score, the more improvement and less impairment exists for youth. This graph compares ICCU youths' CAFAS scores at enrollment compared to their CAFAS score at discharge. The cumulative score of youths' lives showed improvement and less impairment.

* The ICCU contact ended in June 2009 due to NDHHS—Children and Family Services' out-of-home reform.

Business Network

In its role as the Behavioral Health Authority, Region V Systems invests considerable resources in building partnerships with consumers, providers, and other stakeholders.

Region V Systems has established a number of business partnerships, some of which are co-located within Region V Systems' office, who provide support, promote behavioral health services, and assist consumers and their families. These businesses/contractual relationships include:

Families Inspiring Families (FIF)

A chapter of the Federation of Families for Children's Mental Health. ***This organization is located at Region V Systems and had a contract with Region V Systems to conduct quality assurance (QA) reviews and ICCU data collection.***

Healthy Families Project (HFP)

Supports families with youth who have behavioral, emotional, or substance abuse issues or are at risk of involvement in the child welfare system. ***Region V Systems had a contract with HFP to work with families in the FYI and ICCU programs.***

Human Services Federation (HSF)

A membership of 120 nonprofit agencies dedicated to providing quality health and human services in Lincoln and Lancaster County. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide HSF office space, administrative support, and information technology support.***

Mental Health Association of Nebraska (MHA-NE)

A consumer-run education and advocacy organization bringing service recipients, families, professionals, advocates, and concerned citizens together to address all aspects of mental health and mental illness. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide MHA-NE office space, information technology support, and fiscal support. Region V Systems also contracts with MHA-NE to provide supported employment, hospital diversion, and benefits analysis for consumers.***

National Association of Case Managers (NACM)

A national not-for-profit membership organization which provides case managers, service coordinators, supervisors, and administrators opportunities for professional growth and the promotion of case management. ***NACM contracts with Region V Systems to provide fiscal support, administrative management, and event coordination.***

Nebraska Department of Health and Human Services (NDHHS), Division of Behavioral Health

NDHHS contracted with Region V Systems to provide event planning and administrative support for NDHHS, Division of Behavioral Health-sponsored events. NDHHS also has a contract with Region V Systems to provide consultation, technical assistance, and Managed Care/Medicaid liaison services to NDHHS, Division of Behavioral Health.

Southeast Nebraska Behavioral Health Information Network (SNBHIN)

Works to promote quality patient care and access, from multiple locations, by developing and implementing a Behavioral Health Information Exchange between behavioral health providers in southeast Nebraska. ***This organization is located at Region V Systems and has a contract with Region V Systems to provide SNBHIN office space, administrative support, and information technology support.***

Initiatives

Region V Systems is committed to promoting partnerships through various initiatives, special projects, coalitions, and grants. These partnerships include providers, consumers, Department of Health and Human Services, and other stakeholders through evaluation, assessment, and implementation of programming. Following are examples of some of these initiatives.

Capital Compassion Grant (Let's Build)



Purpose: Region V Systems was awarded a federal Demonstration Grant (\$500,000 each year for three years). The program, *Let's Build*, is designed to build organizational capacity, increase sustainability, promote partnerships/collaboration, and improve the overall health of faith- and community-based organizations in the Region V service area. *Let's Build* is in the second year of grant funding.

How: The *Let's Build* initiative provides grant funding, technical assistance, and training to eligible faith- and community-based organizations in southeast Nebraska in the following areas:

- ◆ Leadership Development
- ◆ Organizational Development
- ◆ Program Development
- ◆ Revenue Development Strategies
- ◆ Community Engagement

In FY 08-09, 39 applications were received for grant awards; 23 agencies received monetary awards as well as technical assistance; three agencies received technical assistance only awards. Monetary awards ranged from \$3,593.00 to \$27,408.00.

In FY 08-09, 703 hours of technical assistance was provided to the 26 agencies. Technical assistance is provided by professional consultants and is based on the individual assessment/plans of the agency.

Per federal grant guidelines, training is offered to these agencies as well as the community—free of charge. A total of 134 hours of training was provided in FY 08-09.

Client Directed/Outcome Informed Care

Purpose: Designed to ensure consumer involvement in planning, delivery, and evaluation of treatment services, focusing on whether treatment is working and then building on successes.

How: This process was piloted with Region V Systems and included its ICCU and FYI programs. CenterPointe is piloting this process with its housing project. Staff members ask consumers to fill out an outcome-rating scale when they first meet in order to hear the consumer's perspective of how things are going in their life. At the end of the session, staff members ask consumers to fill out a session-rating scale to hear the consumer's perspective of how well the staff member listened, worked on the consumer's goals, was respectful, and if the staff member's approach was a good fit. Professional partners consult with Dr. Scott Miller on a monthly basis for clinical consultation.*

* See the Outcome Rating graph on page 15 for further information.

Initiatives cont...

Consumer Involvement

Purpose: In 2004, Nebraska's State Legislature adopted LB 1083, the Nebraska Behavioral Health Services Act, which identified the following purposes:

- ◆ Ensure services are consumer focused;
- ◆ Create services that emphasize beneficial outcomes based on recovery principles; and
- ◆ Ensure consumer involvement in all aspects of service planning and delivery.

How: In 2007, a consumer specialist position was funded for each Region. In Region V, the consumer specialist developed and coordinates a "Consumer/Family Coalition"; it is through these activities that Region V Systems ensures reform is consumer led. Recovery principles are also adopted at all levels of the system.

Consumer involvement coordination works to:

- ◆ Increase consumer and family involvement;
- ◆ Support the interests and development of consumers;
- ◆ Provide new opportunities for consumers to learn leadership skills; and
- ◆ Gain experience in developing partnerships.

Coalition Achievements in FY 08-09 were:

The Coalition:

- ◆ met monthly and created a work plan for the fiscal year.
- ◆ trained peer facilitators and sponsored a leadership and empowerment training for consumers. Graduates of the program are active in the community.
- ◆ selected two peers to facilitate monthly meetings.
- ◆ co-sponsored Artists on the Edge project.
- ◆ co-sponsored Children's Mental Health Week.
- ◆ co-sponsored a recovery picnic/event through Partners in Recovery.
- ◆ members participated in the creation of a public service announcement for KZUM.
- ◆ sponsored 10 individuals to attend the Alternatives Conference in Omaha. A pre-conference seminar was conducted for interested participants.

In addition:

- ◆ Eighteen individuals were trained by The Copeland Center as Wellness Recovery Action Plan (WRAP) facilitators. Currently, there are three WRAP groups in the Lincoln community, and dates for workshops in smaller communities.
- ◆ Fourteen peers were trained in Intentional Peer Support. Many of the participants will utilize the training while conducting WRAP groups. Others were either employed or volunteered in a peer specialist role.
- ◆ The Regional Consumer Specialist is involved with Lincoln Regional Center's Consumer Advisory Team and attends the Nebraska Women's Treatment Coalition.

Initiatives cont...

Culturally and Linguistically Appropriate Services (CLAS)

Purpose: Establish an organized and coordinated system to build support services that ensure culturally and linguistically appropriate services in the Region V geographic area. The outcome is improved behavioral health services in Region V for those consumers with culturally and linguistically specific needs.

How: Region V Systems hosts a CLAS Coalition that meets monthly to address cultural and linguistic issues. The coalition membership is open to anyone interested in cultural and linguistic services and supports.

In FY 08-09, funds were disbursed to the following:

Interpretation Reimbursement for Network Providers:

Blue Valley Behavioral Health
CenterPointe
Child Guidance
Community Mental Health Center
Lincoln Council on Alcoholism and Drugs
Lutheran Family Services

Recipients of CLAS Grants:

El Centro de las Americas
Lancaster County New Americans Task Force
Lutheran Family Services
People United for Families
St Monica's

Statewide Conference

In July 2008, the CLAS Coalition partnered with the Nebraska Department of Health and Human Services, Office of Minority Health to host "Missing Links II: Improving Health Care Through Empowerment of Diverse Communities." Over 94 people attended the one-day, statewide conference.

Behavioral Health and Primary Care Integration

Purpose: Establish integrated behavioral health care and primary health care at People's Health Center (PHC).

How: In the first phase, primary care services will be provided for persons who are receiving behavioral health services through Region V Systems' providers. In the second phase, a model for the integration of primary care and behavioral health services at People's Health Center (PHC) will be developed and implemented.

Goals: The first goal is to establish PHS as the "medical home" for persons receiving behavioral health services from Region V Systems' funded providers. The second goal is to make behavioral health care available to all persons who access PHC for primary health care.

Initiatives cont...

Special Populations Project

Purpose: Develop comprehensive approaches to meet the needs of special population priority areas as they relate to behavioral health. Grants are awarded to initiate programs, organizations, and community coalitions to meet needs of the special populations they serve.

How: Region V Systems awards grants to agencies/organizations/individuals that meet special populations criteria. The special populations are:

- ◆ Cultural Competency;
- ◆ Elderly;
- ◆ Families with children with severe emotional disturbances;
- ◆ Hearing impaired;
- ◆ Race and ethnicity; and
- ◆ Women.

Recipients of Special Populations Grants

Region V Systems awards approximately \$6,000 annually in special population grants. In FY 08-09, funds were awarded to the following:

- ◆ Families Inspiring Families
- ◆ Harvest Project / Lincoln/Lancaster County Community Health Center
- ◆ Sac and Fox Nation
- ◆ St. Monica's

Lancaster County Consumer Demographics

Unduplicated Count of Persons Served		MH	SA
		4,214	4,125
Demographic Information		# Persons Served - MH	# Persons Served - SA
Service Type			
ACT		16	0
ACT Alt		72	0
Acute Psy Inpatient		70	0
Assess/Eval-MH		13	0
Assess/Eval-SA		0	5
Assessment		0	21
Assessment Addendum		0	3
Ch CS-SA		0	1
Ch Day-Tx		2	0
Ch Halfway House		0	2
Ch IOP-SA		0	3
Ch O/P-MH		899	0
Ch O/P-SA		0	153
Ch Partial		0	1
Ch Prof Partners		97	0
Ch Respite		1	0
Ch Ther Comm		0	19
Ch Youth Assess-SA		0	8
Comm Supp - MH		216	0
Comm Supp - SA		0	72
CPC		0	3,988
Crisis Assess/Evl-MH		1	0
Crisis I/P-Youth		1	0
Crisis Stabliz./Tx		4	0
Day Rehab - Full Day		78	0
Day Supp		3	0
Day Treatment - MH		65	0
Detox		0	254
Dual Dis Res/MH		27	0
Dual Dis Res/SA		0	23
Emergency Comm Supp		140	0
EPC		429	0
Family Therapy w/Clt		0	5
Group Therapy		0	44
Half-way House - SA		0	110
Int Case Mngt - MH		62	0
Int Case Mngt - SA		0	13

Lancaster County Consumer Demographics cont...

	Int O/P - SA	0	197
	Int. Res - MH	9	0
	Int. Res - SA	0	53
	Medication Mgmt	3,718	0
	Meth Maint	0	10
	O/P Dual Dx	3	0
	O/P-ASA	0	50
	O/P-MH	3,550	0
	O/P-SA	0	759
	Post Com Trt Days/MH	98	0
	Post Com Trt Days/SA	0	13
	Psych Res Rehab - MH	19	0
	Psych Respite	42	0
	Secure Resident - MH	80	0
	Short-term Res - SA	0	265
	Supported Employment	104	0
	Therapeutic Com - SA	0	39
	Total	9,819	6,111
Sex	Female	4,918	1,538
	Male	4,901	4,573
	Total	9,819	6,111
Race	Alaska Native	75	31
	American Indian	233	391
	Asian	180	52
	Black or African American	725	542
	Native Hawaiian	12	12
	Other Pacific Islander	14	164
	Unknown	441	83
	White	8,139	4,836
	Total	9,819	6,111
Age	0 - 5 Years Of Age	117	2
	6 - 10 Years Of Age	421	0
	11 - 15 Years Of Age	353	77
	16 - 17 Years Of Age	77	134
	18 Years Of Age	46	136
	19 - 20 Years Of Age	422	465
	21 - 25 Years Of Age	1,102	1,187
	26 - 44 Years Of Age	4,199	2,560
	45 - 64 Years Of Age	2,844	1,512

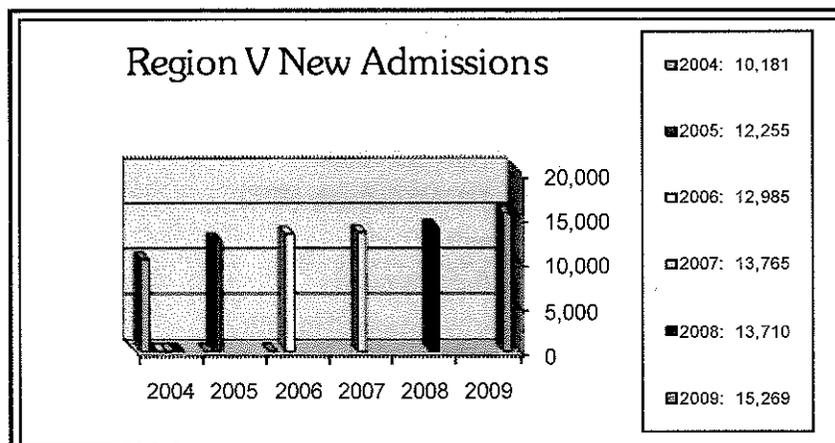
Lancaster County Consumer Demographics cont...

	65+ Years Of Age	238	38
	Total	9,819	6,111
Employment Status at Admission	Active/Armed Forces(35+ Hrs)	8	16
	Disabled	1,088	128
	Employed Full Time (35 hrs +)	1,412	1,909
	Employed Part Time (<35 Hrs)	1,165	867
	Homemaker	54	8
	Resident of Institution	6	6
	Retired	61	15
	Sheltered Workshop	16	1
	Student	502	126
	Supported Employment	7	2
	Unemployed(Laid off/looking	2,892	1,215
	Unemployed/Not Seeking	472	657
	Unknown	2,131	1,161
	Volunteer	5	0
	Total	9,819	6,111
Insurance Coverage	Child Welfare	0	2
	HMO	606	345
	Medicaid	1,646	371
	Medicare	1,079	84
	No Insurance	5,173	4,006
	Other Insurance	1,283	1,231
	PPO	9	30
	Priv.Self Paid	22	42
	Veterans Admin	1	0
	Total	9,819	6,111
Legal Status at Admission	Civil Protective Custody (CPC)	40	3,988
	Court Order	74	261
	Court: Competency Evaluation	3	3
	Court: Juvenile Commitment	1	5
	Court: Mentally disordered sex offender	4	0
	Court: Presentence Evaluation	1	55
	Emergency Protective Custody (EPC)	555	9
	MHB Commitment	688	104
	MHB Hold/Custody Warrant	161	15
	Not responsible by reason of insanity	16	0
	Parole	76	11
	Probation	82	203

Lancaster County Consumer Demographics cont...

	Voluntary	7,062	1,304
	Voluntary by Guardian	1,056	153
	Total	9,819	6,111
Reason for Admission			
	Dual Diag/Prim.MenHlth/Pri.S/A	484	193
	Prim.Compulsive Gambling	6	0
	Prim.Mental Hlth/Secondary S/A	435	53
	Prim.S/A/Secondary Mental Hlth	108	76
	Prim.Sex Offender	202	4
	Primary Mental Health	7,168	523
	Primary Substance Abuse	1,415	5,262
	Total	9,818	6,111
Diagnostic Categories			
	Adjustment Disorder	814	29
	Anxiety Disorder	919	34
	Child/Adolescent Disorder	395	10
	Cognitive Disorder	38	1
	Deferred, Unspecif, Other	310	345
	Dissociative Disorder	6	0
	Eating Disorder	10	0
	Medical related Disorder	2	0
	Mood Disorder	4,460	148
	Other Conditions	18	0
	Other Impulse-Control	64	1
	Personality Disorder	3	0
	Schizophrenia & Psychosis	2,050	44
	Sexual & Gender Identity	172	0
	Sleep Disorder	3	0
	Somatoform Disorder	7	0
	Substance-Related Disorder	543	5,499
	Unidentified	5	0
	Total	9,819	6,111

Note: The numbers reported in the Persons Served columns are a duplicated count.



REGION V SYSTEMS

COUNTY CONTRIBUTION (Proposed FY10-11)

(MENTAL HEALTH)	2000 POPULATION	FY 09-10	PER POP.	Increase 0.50%	FY 10-11	PER POP.
COUNTY						
Butler	8,767	\$ 12,387	1.4129	\$ 62	\$ 12,449	1.4200
Fillmore	6,634	\$ 9,373	1.4129	\$ 47	\$ 9,420	1.4200
Gage	22,993	\$ 32,487	1.4129	\$ 162	\$ 32,649	1.4200
Jefferson	8,333	\$ 11,774	1.4129	\$ 59	\$ 11,833	1.4200
Johnson	4,488	\$ 6,342	1.4129	\$ 32	\$ 6,374	1.4200
Lancaster	250,291	\$ 626,367	2.5026	\$ 3,132	\$ 629,499	2.5151
Nemaha	7,576	\$ 10,705	1.4129	\$ 54	\$ 10,759	1.4200
Otoe	15,396	\$ 21,752	1.4129	\$ 109	\$ 21,861	1.4200
Pawnee	3,087	\$ 4,362	1.4129	\$ 22	\$ 4,384	1.4200
Polk	5,639	\$ 7,968	1.4129	\$ 40	\$ 8,008	1.4200
Richardson	9,531	\$ 13,466	1.4129	\$ 67	\$ 13,533	1.4200
Saline	13,843	\$ 19,560	1.4129	\$ 98	\$ 19,658	1.4200
Saunders	19,830	\$ 28,016	1.4129	\$ 140	\$ 28,156	1.4200
Seward	16,496	\$ 23,307	1.4129	\$ 117	\$ 23,424	1.4200
Thayer	6,055	\$ 8,556	1.4129	\$ 43	\$ 8,599	1.4200
York	14,598	\$ 20,625	1.4129	\$ 103	\$ 20,728	1.4200
Total	413,557	<u>\$ 857,047</u>		<u>\$ 4,287</u>	<u>\$ 861,334</u>	

(SUBSTANCE ABUSE)	2000 POPULATION	FY 09-10	PER POP.	Increase 0.50%	FY 10-11	PER POP.
COUNTY						
Butler	8,767	\$ 2,228	0.2542	\$ 11	\$ 2,239	0.2554
Fillmore	6,634	\$ 1,686	0.2542	\$ 8	\$ 1,694	0.2554
Gage	22,993	\$ 5,844	0.2542	\$ 29	\$ 5,873	0.2554
Jefferson	8,333	\$ 2,118	0.2542	\$ 11	\$ 2,129	0.2554
Johnson	4,488	\$ 1,140	0.2542	\$ 6	\$ 1,146	0.2554
Lancaster	250,291	\$ 245,915	0.9825	\$ 1,230	\$ 247,145	0.9874
Nemaha	7,576	\$ 1,925	0.2542	\$ 10	\$ 1,935	0.2554
Otoe	15,396	\$ 3,913	0.2542	\$ 20	\$ 3,933	0.2554
Pawnee	3,087	\$ 785	0.2542	\$ 4	\$ 789	0.2554
Polk	5,639	\$ 1,433	0.2542	\$ 7	\$ 1,440	0.2554
Richardson	9,531	\$ 2,422	0.2542	\$ 12	\$ 2,434	0.2554
Saline	13,843	\$ 3,519	0.2542	\$ 18	\$ 3,537	0.2554
Saunders	19,830	\$ 5,040	0.2542	\$ 25	\$ 5,065	0.2554
Seward	16,496	\$ 4,193	0.2542	\$ 21	\$ 4,214	0.2554
Thayer	6,055	\$ 1,539	0.2542	\$ 8	\$ 1,547	0.2554
York	14,598	\$ 3,711	0.2542	\$ 19	\$ 3,730	0.2554
Total	413,557	<u>\$ 287,411</u>		<u>\$ 1,439</u>	<u>\$ 288,850</u>	

GRAND TOTAL	<u><u>\$ 1,144,458</u></u>	<u><u>\$ 5,726</u></u>	<u><u>\$ 1,150,184</u></u>
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Region V Services

2009 Annual Report



Advisory Committee

Susan Browne
Sue Bunde
Hazel Cummins
Terry Dittmer
Clarence Hupka
Nell Cople Johnson
Tim and Mary McAlpine
Beth Sposato
Wilbert Weldon
Gene Zitek
Donna Zidko
Leonard Glenn

Personnel Advisory Committee

Darcy Hinrichsen - Auburn
Lori Gottfried - Central Office
Diane Usher - Crete
Dawn Filbert - David City
Jeanette Englebrecht - Fairbury
Phyllis Nelson - Lincoln 1
Rosaline Shimerda - Lincoln 3
Betty Finck - Lincoln 4
Jim Hedrick - Lincoln 5
Karen Ohnmacht - Nebr. City
Billy Eltiste - ServiceLinc
Carey Shanahan - Wahoo

Foundation Board

Larry Bohlken
Julianne Spatz
Dean Heermann
Dave Merrill
Mike Shandera
Kevin Jeppson
Bob Kinghorn

ARVAD

Bruce Cudly
Lisa Obermier
Kevin Jeppson
Bob Kinghorn
Jack Knickman
Victoria Perry
Kal Lausterer
Dave Merrill
Joanne Nolting
Traci Ryba-Grant
Linda Plagerr
Michele Scholz
Tammy Hinrichs
Karen Wolf
Leon Schiermeyer
Kierstin Reed
Tina Dykes
Todd Scholz

Program Ethics Committee

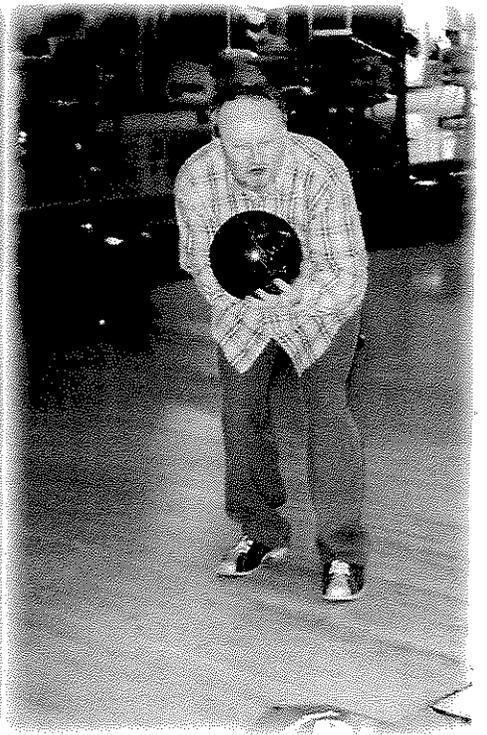
Pat Cottingham
Bruce Cudly
Carol Cunningham
Bob Lassen
Loveda Mitchell

Public Education and Information Committee

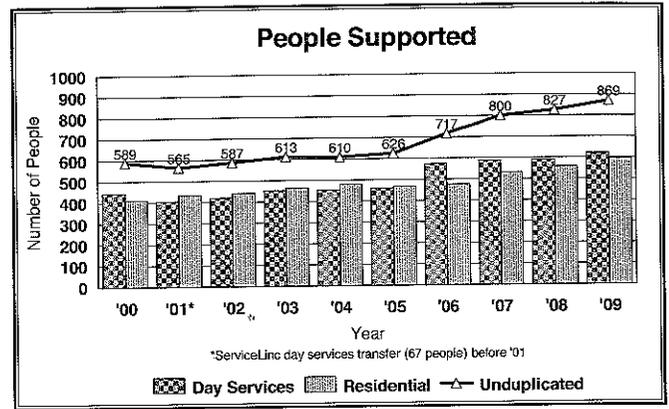
Sonia Kistner - Auburn
Roni Gabel - Central Office
Joanne Nolting - Crete
Margo Hlavac - David City
Johnita Patterson - Fairbury
Dusty Hegwood - Lincoln 1
Ann McNemar - Lincoln 2
Tengorn Phaisan - Lincoln 3
Tina Luellen - Lincoln 4
Deb Barnhill - Nebr. City
Heidi Blair - ServiceLinc
Joyce Koranda - Wahoo
Lisa Obermier - York/Seward

Governing Board

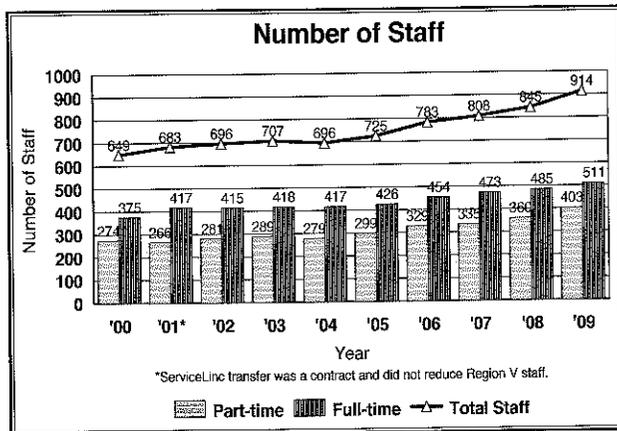
Butler County
Larry Ziebra
Fillmore County
Jerry Galusha
Gage County
Dennis Byars
Jefferson County
Marvin Yost
Johnson County
Terry Keebler
Lancaster County
Deb Schorr
Nemaha County
Monty Lovelace
Otoe County
Carol S. Crook
Pawnee County
Kay Laun
Polk County
LeRoy Gerrard
Richardson County
Bill Ely, Jr.
Saline County
Janet J. Henning
Saunders County
Doris M. Karloff
Seward County
Scott Stuhl
Thayer County
Lawrence Truitt
York County
Eugene Bergen



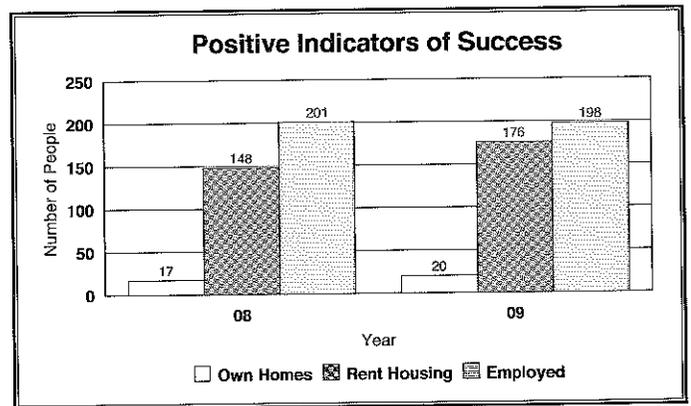
Central Office



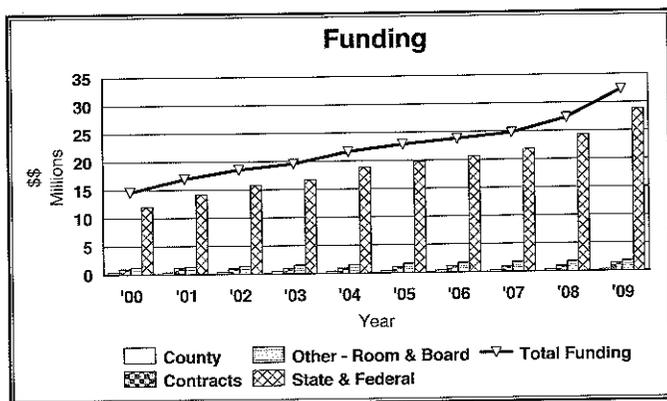
Thanks to the legislature, the waiting list was addressed with over 1,100 people offered services in Nebraska. We were pleased that so many people in southeast Nebraska chose Region V Services.



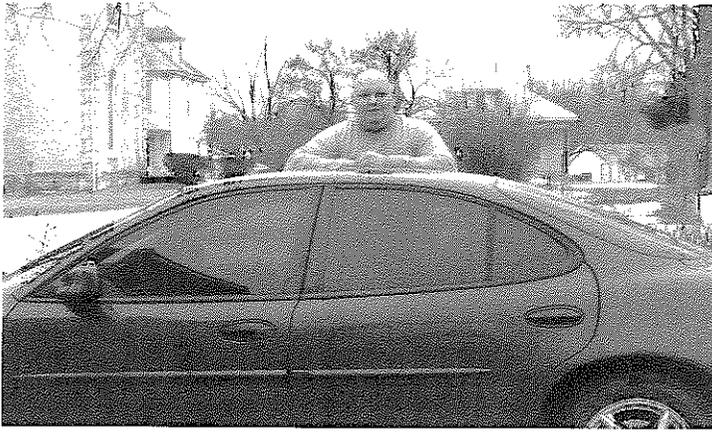
Addressing the waiting list meant hiring staff to provide the services. Many of the new people we support have requested supported services, meaning we need more part time staff to provide short periods of support at key times.



While our employment numbers show a slight decrease, we believe this was due to inaccurate data last year. It took us a while to develop consistent interpretations of employment and eliminate duplicated counts. We are pleased that three more people own their own home.



Funding increases are primarily medicaid waiver increases and the state match that was used to address the waiting list, bringing more Federal money into Nebraska's economy..



Auburn SENDS

"The Roles People Play"

Jason Scott has been employed at Falls City Care Center for 6 years. He is a member and officer of the local Jaycees, where he enjoys volunteering for the fireworks and Christmas tree stands. Jason also volunteers at a consignment auction, nursing home, and demolition derby. Jason purchased his home in 2009. Jason has been a licensed driver since he was 16.



The Auburn People First chapter recently celebrated their 10th anniversary. They currently have 28 members. Since joining People First, 15 members have become registered voters.

Agency Highlights:

- Gary moved to Auburn
- Hollie is on the state board for People First
- Jason bought his home
- Kernal Krazy received a USDA grant to purchase new equipment
- Kernal Krazy expanded sales sites into Kansas
- Brian started working as a detailer at Brinkman's Auto Center
- Dana started a new job at Auburn Public Schools
- Sheri's memorial service was held in February
- Beth and Joel participated on a panel at the Employment Symposium
- Susie was recognized for 10 years of employment with Region V Services
- 6 people attended the Senatorial Dinner
- Carlos moved to an apartment

Agency Goal:

To assist people in reaching desired outcomes through experiencing a variety of social roles.

Employee	Family Member	Home Owner
Volunteer	Church Member	Retiree
Mentor	Board Member	Club Member

Auburn currently serves:

- 68 people who receive day services
- 44 people who receive residential services
- 28 people who receive 24 hour assisted services
- 8 people who receive respite services
- 6 people who have a drivers license
- 10 people who own their own home
- 8 people who rent a house or apartment
- 15 people who live with their family
- 5 people who live in extended family homes
- 21 people who are competitively employed

Auburn currently has:

- 47 full-time employees
- 18 part-time employees



Crete/ Beatrice

Making a Difference

Agency Highlights:

- Seven people were offered competitive employment opportunities
- Several people attended the People First Convention in Kearney
- A fund raising event organized by people supported and staff raised over \$2,000.00 for food and Christmas gifts for children/families in need
- Eleven people qualified for State in Special Olympics Bowling
- Eleven people attended Husker Fan Day at Memorial Stadium
- Seven people received new or additional services
- One person purchased a new laptop to help her with classes at Southeast Community College

Crete/Beatrice currently serves:

- 1 person through private pay
- 5 people who receive in-home services
- 55 people who receive day services
- 54 people who receive residential services
- 34 people who receive 24 hour assisted services
- 1 person who has a drivers license
- 1 person who owns their own home
- 10 people who rent a house or apartment
- 13 people who live with their family
- 5 people who live in extended family homes
- 8 people who are competitively employed
- 11 people who volunteer in their community

Crete/Beatrice currently has:

- 54 full-time employees
- 37 part-time employees

After living in a wide range of places, including the Omaha School for the Deaf, BSDC and a nursing home, Denise has made Crete her home for the past 16 years.

Denise shares a house with 2 other ladies. Denise enjoys waking up early and getting the coffee on and breakfast ready for her house mates. She then packs her lunch and prepares for an active day. Denise works several part time jobs. She is part of a work crew providing cleaning services for local businesses and churches. During the summer she works with a crew on maintenance for the Crete city parks. In February 2009 she was hired by Our Lady of Guadalupe Seminary in Denton as a dishwasher. They are more than pleased with her work and cheerful attitude. She works three days each week from 11:00 - 2:15. She loves the job and the kindness from those at the seminary.

Denise is very talented. She sews many of her own clothes. Although she has a sewing machine, she prefers to make her clothes by hand stitching. She is also an excellent crocheter. She can turn out a hot pad, scarf, or blanket in hardly any time. She donates many of her items for the agency fund raiser and gives them as gifts.

This past summer she took her first vacation to Cape Cod. She had a wonderful time, taking many photos with her digital camera. She is already considering her next trip.

With the help of the Barkley Center, she started using a Say it Sam speaking device to communicate. Her Region V Services staff work with her on becoming proficient with it. She has pages set up for home, work, shopping, travel and as new needs occur, her staff adds a page for that event too!

Denise is a quick learner and is always open to new experiences. She takes in the good life one opportunity at a time.

Agency Goals:

- To provide supports that enrich people's lives, promoting desired outcomes.
- To increase work opportunities and meaningful day services.
- To encourage healthy life styles.



Shana Perdew living the american dream with a job she loves and recently becoming a home owner.

Shana Perdew had plenty of experiences since graduating from David City high school in 1996. She worked with Job Corp. in Chadron then lived in Grand Island before returning to David City. Hoping to find a job, she decided to move to Columbus when residential services were offered.

Shana is thankful for her move. She has had a great job for over a year. Last summer her dad suggested she buy a house. After taking a class offered to first time home buyers through Neighborhood Works, she decided to go for it. After touring many houses she found one near her job. She qualified for a USDA loan and will receive the stimulus credit, which she'll use to continue with making updates.

Her dad was a huge help throughout the entire process. Shana chose one word to describe her entire past year with the wonderful job and now the new house - "exciting".

Agency Goals:

- To increase integration, social roles & outcomes for people supported.
- To provide quality training opportunities for staff and individuals supported.
- To celebrate successes & make work fun for everyone.
- To improve overall wellness of individuals supported & staff.
- To strengthen relationships within the agency at all levels through positive communication.
- To organize & update facilities making them more welcoming.
- To meet & exceed regulatory standards - maintain 2 year certification.

David City Columbus

Promoting the use of Best Practices

Agency Highlights:

- One young lady purchased a house, becoming a first time home owner.
- The agency was the recipient of the Point of Light award from the governor.
- One young lady received her driver's license and purchased a car while others continue to work on this goal.
- Several individuals obtained or maintained competitive employment.
- The agency sponsored a team for the "Relay for Life" and assisted with the event.
- Several individuals volunteered throughout the community.
- Three ladies moved from assisted to supported residential services.
- All staff continue to work to improve by working toward individual "SMART" goals to enhance the quality of services provided.

David City/Columbus currently serves:

- 1 person who is served through private pay
- 54 people who receive day services
- 47 people who receive residential services
- 20 people who receive 24 hour assisted services
- 7 people who receive respite services
- 2 people who have their driver's license
- 21 people who rent a house or apartment
- 15 people who live with their family
- 9 people who live in extended family homes
- 14 people who are competitively employed

David City/Columbus currently has:

- 35 full-time employees
- 16 part-time employees

Fairbury Hebron

Unite to move Forward



Sandra Meyer enjoys her family, her job and the contributions she is able to make to her community.

Sandra Meyer is a busy lady and she likes it that way. Most of her free time is used writing articles for her own newsletter, called Sandra's Newsletter. Since she likes to write and wants to keep in touch with her family and friends, she thought this was the perfect idea.

During Developmental Disabilities Awareness Month in March, Sandra is well known in the community as she is a guest at several organizations reading her speech on developmental disabilities.

Although she has had a variety of jobs throughout the years, Sandra really wanted to work at Runza. She applied many times with no results. Finally, early in the year, she got her wish and was hired.

Sandra does an exceptional job and has learned many new tasks since starting. The manager says that Sandra makes the best onion rings. Sandra's favorite duties are tearing lettuce, filling the portion cups and putting bacon on the trays. Sandra considers her co-workers to be friends. They feel the same way.

Sandra looks forward to spending the weekend with her mother. They go to Lincoln to visit her sister and other family members, they grocery shop and just hang out.

Sandra enjoys walking around town, meeting friends for movies and games, drawing, reading and singing with a group for the 4th of July, to name a few. She has a true love of life and makes the most of each day.

Agency Goals:

- Focus on Employment First
- Let our staff know they are appreciated
- Writing better programs will be a high priority
- Improve writing the Assessment Summary
- Through teamwork, communication and leadership, continue to build strong programs in Fairbury and Hebron

Agency Highlights:

- Four gentlemen moved into apartments
- Started cleaning the Hebron Faith Lutheran Church
- Partnered with the FBLA at Fairbury High School
- Improved our agency budget
- Partnered with Fairbury Public Schools and Lincoln Food Bank for the area Backpack Program
- Hebron Day Services is donating money from recycling cans to the Hebron Community Center

*"Progress is the activity of today
and the assurance of tomorrow"*

Ralph Waldo Emerson

Fairbury/Hebron currently serves:

- 30 people who receive day services
- 4 people who receive supported residential services
- 21 people who receive 24 hour assisted services
- 2 people who receive respite services
- 2 school contracts
- 1 person who owns their own home
- 7 people who rent a house or apartment
- 5 people who live with their family
- 1 person who lives in an extended family home
- 7 people who are competitively employed

Fairbury/Hebron currently has:

- 31 full-time employees
- 24 part-time employees

Lincoln 1

Enriching People's Lives

Agency Highlights:

- Several individuals went on vacations throughout 2009. Trips included Colorado to a baseball game, California to Disneyland, multiple trips to Kansas City to baseball games and World's of Fun, camping trips to Twin Rivers & Mahoney State Park and Branson, MO for shopping and shows.
- Russell Big Boy hosted Christmas dinner at his mother's apartment with his immediate and extended family. He was very proud to be able to do this for his family.
- Abby Christiansen & Melody Young organized a New Years Eve Party on their own. This party was attended by several friends and neighbors.
- LEAP has settled in to its' new office space in Williamsburg Village.
- Lincoln 1 administratively has welcomed a new Area Director, MSA, Secretary & Receptionist.

Lincoln 1 currently serves:

- 88 people who receive day services
- 32 people who receive residential services
- 8 people who receive 24 hour assisted services
- 15 people who receive respite services
- 1 person who owns their own home
- 9 people who rent a house or apartment
- 15 people who live with their family
- 5 people who are competitively employed

Lincoln 1 currently has:

- 55 full-time employees
- 49 part-time employees



Lee Jiskra on the job at Walmart.

Moving into to a new place is an exciting time. Moving out on your own is even more exciting. Eight years ago Lee Jiskra lived in the same apartment he is renting now, but he wasn't quite ready to be on his own. He was working several jobs and struggled with holding his jobs while managing the responsibilities of living on his own. At that time Lee decided to move back into an Extended Family Home. He moved a few times over the years that followed. Moving from place to place...things just weren't clicking. Lee decided to take another shot at his own apartment.

In September, Lee moved into an apartment with a roommate. After a few months, Lee feels like this is a good fit. He recently celebrated his 7th year of employment at Wal-Mart. Lee works 20+ hours a week. He still receives some support from his job coach. He independently uses the city bus to get where he needs to go. Living in different housing situations, Lee has seen the advantages to living on his own.

He enjoys spending time with friends and he regularly attends local events. This past year he attended the WWE Live wrestling and the PRCA Championship Rodeo. Lee also finds time to give back. Every Wednesday, Lee volunteers at the American Red Cross where he has helped out for over 7 years. He recently purchased new bedroom furniture and continues to shop for items to make his apartment a home. Lee says his life is going great.

A meaningful life means different things to different people.

Agency goal: To listen, communicate & take actions to support people in living the meaningful life of their choice.

Lincoln 2

Providing Quality Supports within
Extended Family Homes and Day Services

Jason Crane grew up in Plattsmouth and graduated from Plattsmouth High School in 2006. Jason was busy in the Plattsmouth area. He worked at the local bakery for nearly four years, he learned to quilt at the downtown fabric store, rode horses with his family, and learned to crochet from his sister in law.

This summer Jason moved into an Extended Family Home in Waverly. This was the first time living out of the Plattsmouth area. Jason interviewed and chose the family he'd be living with. He is very pleased with his choice, and thankful that Jim and Tammy Greenlee offered him this opportunity.

He fits in well with the family. Tammy has horses. Jason plans to be riding on one this summer.

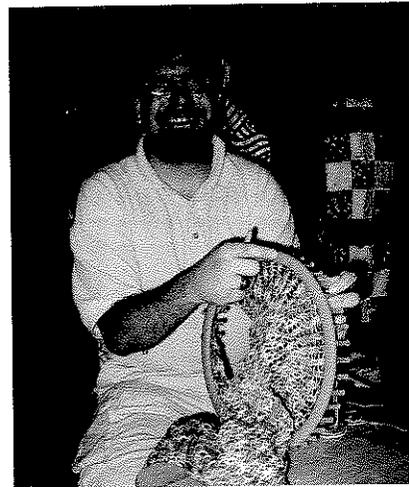
Jason has his own area of the house where he can watch t.v., exercise and work on his hobbies. He hopes to have a quilt ready to enter in the county fair. Jason loves to cook and is proud to make supper for Jim and Tammy, on special occasions. He likes to read cook-books to get new ideas.

In November Jason started working as a dishwasher for Panera Bread in Lincoln. He loves this job. He was recently selected as their "WOW" employee. He is excited to be adding more kitchen responsibilities to his duties.

Jason's life has changed a lot during the past months and he accepts these new opportunities with a great attitude and willingness to find success.

Agency Goals:

Provide opportunities for competency enhancement and achievement of desired goals for people receiving subcontracted supports.



Jason Crane relaxes after work by working on his hobby of crocheting. He is currently working on a blanket.

Agency Highlights:

- Numerous people selected Lincoln 2 for their Extended Family Home (EFH) services.
- Started another supported day services sub contract and initiated our first assisted day services subcontract.
- Implemented many changes to meet a variety of new State processes affecting subcontractors.
- After 50 years of living at BSDC, Richard moved to an L2 EFH and has experienced some fantastic changes.
- Steve went to the Black Hills and enjoyed the ski lift ride. He also went camping and caught a lot of fish.
- Remington had wonderful vacations with his EFH traveling to Florida, Utah, Minnesota and Costa Rica.

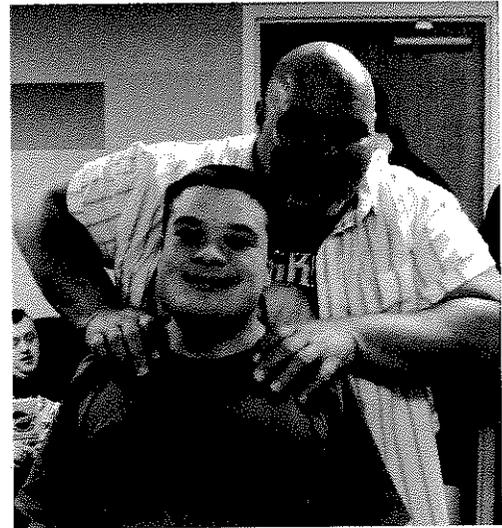
Lincoln 2 currently serves:

- 2 people who receive supported day services
- 1 person who receives assisted day services
- 13 people who receive respite services
- 1 person who lives with their family
- 59 people who live in extended family homes

Lincoln 2 currently has:

- 6 full-time employees
- 2 part-time employees
- 46 extended family home providers

Lincoln 3



Blake Loos volunteers to demonstrate wrestling moves with guest presenter, former WWE wrestler Cannon Ball Grizzly.

Agency Goals:

To focus on educating others to better understand and respect people who experience a disability.

Our day service program, the Plaza Connection, officially opened two years ago when we hired a coordinator to facilitate day services for 15 people. We currently provide assisted and supported services to 34 people. The focus of services at the Plaza Connection is adult education activities. We offer a wide range of classes that can be general, seasonal or event specific. Our philosophy is to "Keep it Real" while offering the adults we support a flexible schedule to plan their day around their own interests and preferences.

Our staff and individuals teach and learn together as we bring our own passions and talents to the Plaza. An example is Football 101, which meets weekly during football season. We discuss the approaching game, rules, the opponent and other common football jargon that will be heard throughout the community. Other class topics have been; employment, fishing, shopping skills, cooking, appearance, professionalism and being a good neighbor. We also invite guest presenters for topics that are unique. One instance is when former WWE wrestler Paul Neu (aka Cannon Ball Grizzly) discussed with an attentive group what it is like to be a professional wrestler. Many people volunteered to help him demonstrate different holds. There was a lot of laughter during that class.

This past fall, 15 staff and people supported worked together to plan and put on the fashion show for the Region V Services Employment Symposium. The fashion show taught many how to dress for success in a variety of employment situations. We also provide supported employment services and job coaching. Eight people are competitively employed. Many people we support are volunteers. Most of all, we expect our services to be out in the community, learning by participating in real life activities and at the end of the day, people feel good about their accomplishments.

Lincoln 3 currently serves:

- 37 people who receive day services
- 74 people who receive residential services
- 37 people who receive 24 hour assisted services
- 15 people who receive respite services
- 4 person who has a drivers license
- 1 person who owns their own home
- 2 people who rent a house or apartment
- 18 people who live with their family
- 9 people who are competitively employed

Lincoln 3 currently has:

- 69 full-time employees
- 62 part-time employees

Agency Highlights:

- Our Day Service Program, the Plaza Connection has completed a successful 2nd year
- Several individuals participated and completed the Leadership Advocacy group
- Our management team has created many new services for folks coming off the waiting list
- Individuals had the opportunity to learn about the voting process and vote in their first Presidential election

Agency Goal:

To provide supports to help people improve the quality of their lives.

Lincoln 4

Helping people improve the quality of their life.

It has been the year of a lifetime for Jenni Connick. After saving for years, Jenni took her dream vacation to California. She originally started saving to go on a group trip through the ARC but then decided she wanted to be in charge of her daily activities. With that decision, she and her support staff got busy with choosing Jenni's trip itinerary. Jenni and Joyce enjoyed each day of soaking in the sun and experiencing each of Jenni's hand picked attractions. Jenni had the perfect vacation - exactly as planned.

Jeremy Lamprecht has a long time passion for reading books, watching movies and listening to audio books. While he was looking for opportunities to become more connected with his community, Bruce, a staff person, mentioned that he would be applying as a volunteer with the Nebraska Library Commission. Jeremy decided to apply there as well. They were both accepted as volunteers and now work together as coworkers, updating the audio books by transferring them from cassettes to compact discs.

This has been great for Jeremy. He is able to utilize his degree in Business, benefit the community, while at the same time nurturing his love of technology, audio books and reading.



Jenni and Joyce enjoying fun in the sun.

Agency Highlights:

- Alan purchased a new Toyota Tundra
- People supported traveled to Florida, California, Missouri, Nevada and South Dakota
- A group of wrestling fans have both gone to the Quest Center to see wrestling events and had multiple parties together to enjoy pay per view
- Lincoln 4 hosted 3 evening potlucks that include all people supported, staff and families
- Lincoln 4 began a training for all staff on emotional energy

Lincoln 4 currently serves:

- 2 people who are served through private pay
- 6 people who receive day services
- 78 people who receive residential services
- 15 people who receive 24 hour assisted services
- 3 people who have a drivers license
- 2 people who own their own home
- 18 people who rent a house or apartment
- 39 people who live with their family
- 8 people who live in extended family homes
- 15 people who are competitively employed

Lincoln 4 currently has:

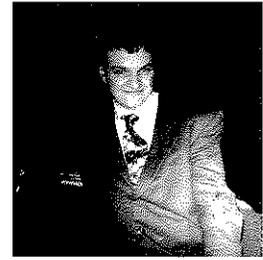
- 28 full-time employees
- 18 part-time employees

Nebraska City

"Enhance and Live The Dash"



Crystal and her daughters.



Mark



Above: Patty and Right: Paul

"The poem "The Dash" by Linda Ellis has been used throughout the year to help focus on a meaningful life for people supported and for the staff who provide the supports. This year, we highlight four people who have had a significant change in their lives – whose Dash has been Enhanced!

Patty Fallon moved from Wahoo to Nebraska City. She quickly made many new friends and has become an active member of her church. She volunteers to help with bulletins and other tasks.

Crystal Hopper is a single mother of two young daughters. She is learning to juggle care of the girls, her home, work, and social activities. Crystal is happy with her life and her ability to "do it all".

Mark Loseke wanted a more independent life style. He moved from his parent's home to a RVS residence. Before the move, he picked a paint color and painted his bedroom. Mark works part-time at McDonald's, volunteers at the Ambassador Nursing home and assists with worship services at his church.

Paul Stribling has learned the joys of life with a purpose. With support of his staff, he has become involved at a local church where he helped paint Sunday School rooms, and assists with some clerical tasks. He recently began attending Wednesday night dinners, and is now operating the dishwasher at the end of the evening.

For these four and for all people supported by RV-NC, we continue to define "work" and recognize individual differences. Work is the reason we get up every morning, it is the thing that gives purpose to our lives. It is the primary means to "Enhance Our Dash" – "What matters is how we live and love and how we spend our Dash."

Nebraska City currently serves:

- 46 people who receive day services
- 37 people who receive residential services
- 16 people who receive 24 hour assisted services
- 2 person who receives respite services
- 2 people who have a drivers license
- 13 people who rent a house or apartment
- 14 people who live with their family
- 2 people who live in extended family homes
- 10 people who are competitively employed

Nebraska City currently has:

- 38 full-time employees
- 29 part-time employees

Agency Highlights:

- Bonnie and Lydia attended "Cats" at the Orpheum Theater
- Lydia received a Vice President's Award at the State Jaycees Convention
- Teri visited a shopping mall for the first time, helped make a presentation to the Otoe County Commissioners, and was a panel member at the Employment Symposium
- Charles danced for the first time at the Annual Dinner and Dance
- Karen, Patty and Bonnie attended the Trans Siberian Orchestra Concert
- David and Mark moved from Texas to be near family in Nebraska City
- Ryan volunteers at the Eagle's dinners every month
- Tim led his IPP meeting and was instrumental in writing his own training programs
- November 10, 2009 – the last day a tool bag was produced. (Still waiting for orders) Creative staff have discovered new ways to "Enhance the Dash" without the help of the tool bag project.
- Fundraisers for Hearts United for Animals, Toys for Tots and SENCA (Back-to-school and Christmas)

Agency Goal:

RV-NC has a Vision of EXCELLENCE

Better today than yesterday,

Better tomorrow than today.

ServiceLinc

Employment Services

This year, Huong celebrated her five year employment anniversary at Bryan LGH. During this five year period, Huong has overcome many obstacles to maintain her employment including speaking English and transportation. Huong worked with her Job Coach and a mentor from Lincoln Literacy Council to improve her English skills. Now Huong speaks fluent English and has more confidence in her communication with co-workers and friends. Huong uses the after hours service provided by Transport Plus to get home from work after the busses stop running.

Huong's work has improved so much that she is able to perform many jobs in the kitchen at Bryan. She has also been asked by her supervisor to be a trainer for new staff on the dish line. Huong enjoys her job and her co-workers.

Agency Highlights:

- 12 new job placements this year!
- 8 people supported vocationally received residential service funding
- Karry celebrated her 10 year employment anniversary at Wal-Mart
- Andrew received a paid position where he had been volunteering and overcame many health obstacles this year
- Zach has worked at LBL for 9 years
- ServiceLinc moved into a new, larger office in December 2009
- Gregory Hasselman was added as a Community Support Coordinator
- ServiceLinc doubled the number of staff working for the agency

Agency Goals:

- Everyone who wants a job finds a job.
- Everyone supported has a quality of life equal to that of the people supporting them
- Everyone supported is empowered and educated on advocating for themselves
- Each person's needs are approached with a sense of urgency



Huong Nguyen celebrates 5 years at Bryan LGH.

ServiceLinc currently serves:

- 94 People who receive Supported vocational funding
- 28 people who receive Supported Employment funding
- 19 people who receive Vocational Rehabilitation funding
- 32 People who receive residential services
- 9 People who receive respite services
- 70 People who are competitively employed
- 6 People who have a driver's license
- 23 People who rent a house or apartment
- 9 people who live with their family

ServiceLinc currently has:

- 28 full-time employees
- 18 part-time employees

Wahoo

Promoting the "Good Life"



**Matt Jansa on the job at
Saunders Medical Center**

It didn't take Matt Jansa long to "get on with his life". After graduating from Wahoo High School in May, Matt set goals to find a "real job" and move out of his parents home and into his own apartment.

After applying for a job at the Saunders Medical Center and doing trial runs at SMC he secured a part time job there working 20 hours a week. He is doing great!

He then put in an application at the Koch Apartment complex in Wahoo and moved out of his parents home and into his own apartment. He loves it!

Agency Goals:

Identifying "Priority Outcomes" to focus on for each person.

To provide supports which help people improve the quality of their lives and enjoy the "Good Life" in Nebraska.

Wahoo currently serves:

- 49 people who receive day services
- 69 people who receive residential services
- 34 people who receive 24 hour assisted services
- 5 people served through school contracts
- 2 people who have a drivers license
- 1 person who owns their own home
- 22 people who rent a house or apartment
- 11 people who live with their family
- 4 people who live in extended family homes
- 14 people who are competitively employed

Wahoo currently has:

- 66 full-time employees
- 23 part-time employees

Agency Highlights:

- CJ applied for a job online and secured the job.
- Folks involved with community jobs start their day at 5:00 a.m. and end at 11:00 p.m. or so, six days a week.
- Folks enjoyed vacations to Colorado, Branson, California, Florida and a Caribbean cruise.
- Continuing case management of health and medical services for 53 individuals to help insure the highest possible medical services
- Several individuals volunteer at their church, the nursing home and the veterinary clinic



Amy, cheerfully and independently using her gait trainer.

Agency Goal:

To support people in identifying their goals and making them a reality

Taking steps towards interdependence, that's what it's all about! To take those important steps, Amy uses a gait trainer to assist her with balance and to allow her to walk without putting all of her weight on her legs. For years, Amy has enjoyed walking downtown when the weather cooperates. Other times, we open up the office space so that she doesn't have to miss her walk. Although the gait trainer is not small, and it takes some finesse to navigate, just recently Amy confidently maneuvered the course through the office with a big smile and without any staff assistance!!!

Five years ago, Karen Splittgerber moved from another community into an assisted home in Seward, with the hope of having a place of her own in the future. During the past five years, Karen has worked on her independent living skills by getting a job and doing volunteer work in the community, as well as managing her daily living tasks at home. With support from her family and staff, Karen decided it was time to get a place of her own. She moved into her own apartment for the first time. Karen will comment that she likes to be by herself and not have so many people around. Her staff have also noticed that Karen seems happier in her own place. Karen continues to be very involved in her community by attending local events, participating in Special Olympics and organizing her schedule around two part-time jobs. We are all very proud of her commitment and success toward meeting her goal.



Karen Splittgerber

York/Seward currently serves:

- 2 people are served through private pay
- 55 people who receive day services
- 59 people who receive residential services
- 25 people who receive 24 hour assisted services
- 5 people who have a drivers license
- 1 person who owns their own home
- 19 people who rent a house or apartment
- 14 people who live with their family
- 3 people live in extended family homes
- 27 people who are competitively employed

York/Seward currently has:

- 45 full-time employees
- 63 part-time employees

York/ Seward

Focusing on Quality Outcomes

Agency Highlights:

- Joe got his driver's license and bought a nice car
- Many people enjoyed wonderful vacations
- People supported and staff participated in relay for life and Buddy Walk as captains and team members
- A new location was purchased for the Revue Consignment store. We applied for a Federal USDA grant, and were one of two from Nebraska, who were awarded funding for renovations.
- Our Coordinator from Seward was promoted to Area Director in Lincoln, our new Coordinator was promoted from ServiceLine

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

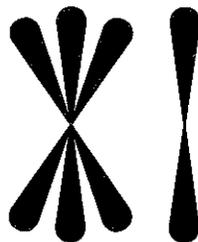
We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

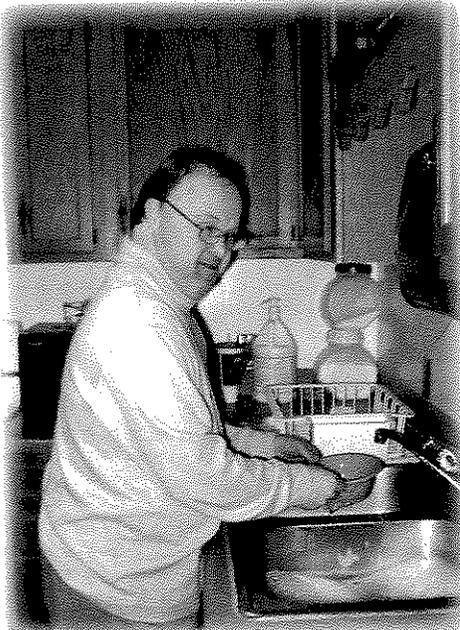
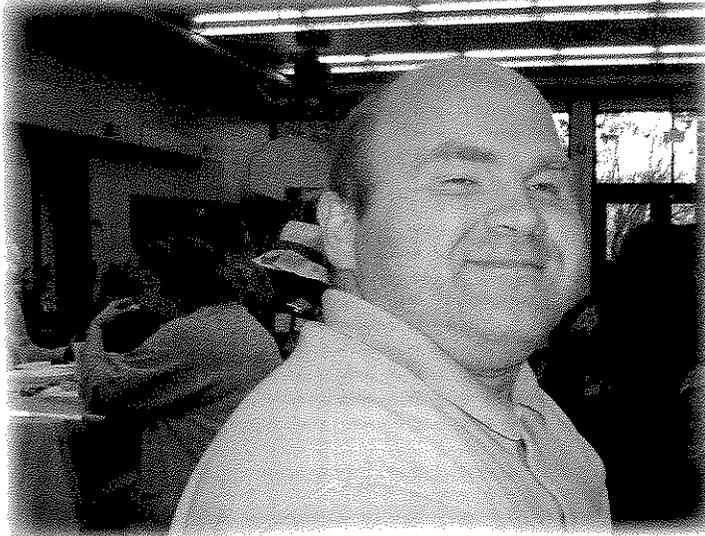
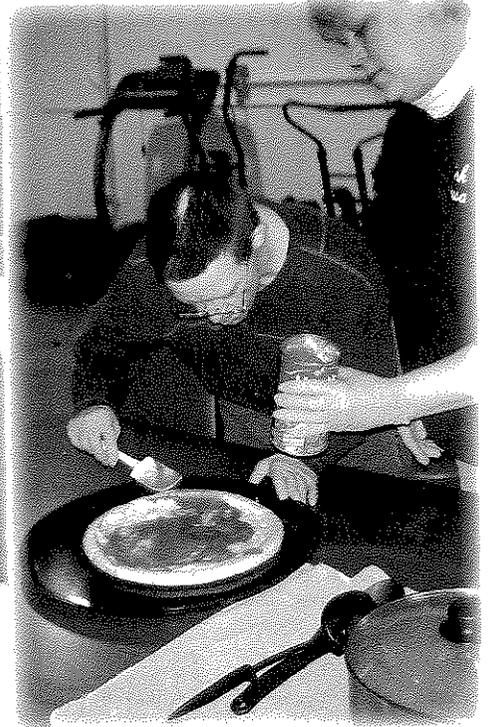
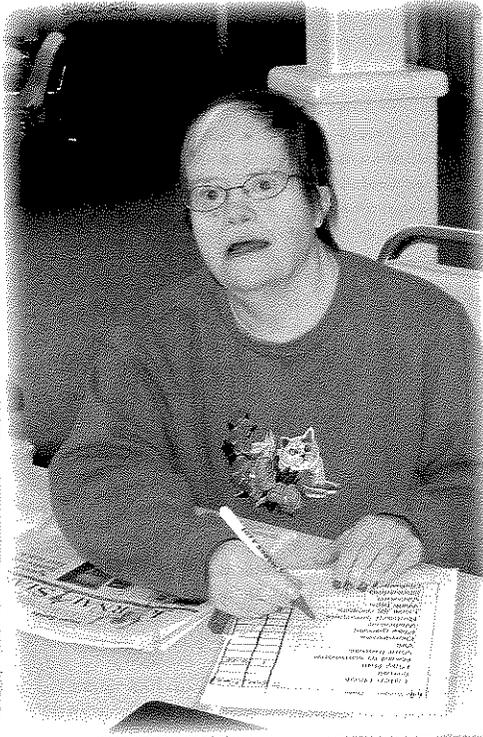
1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.

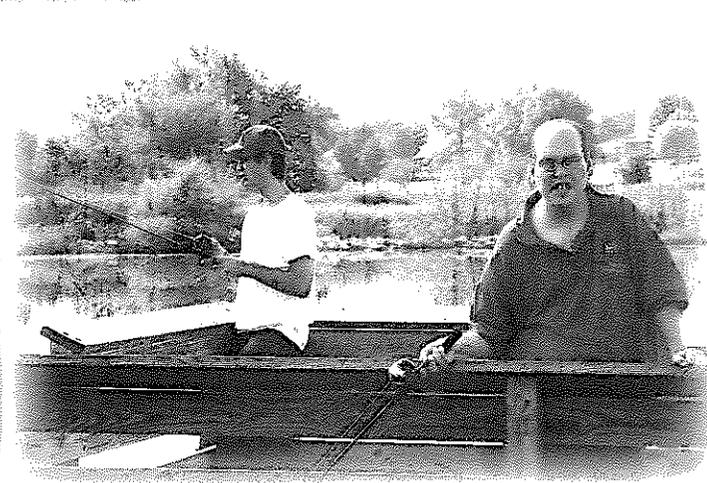
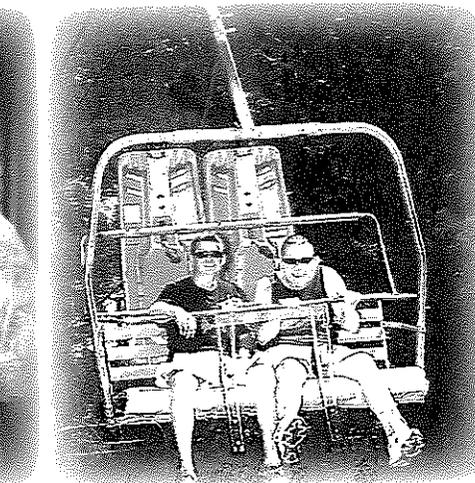
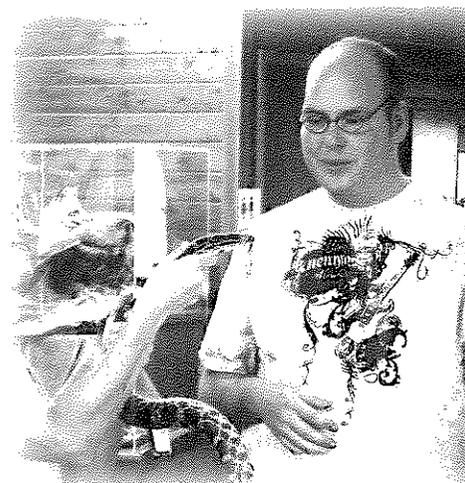
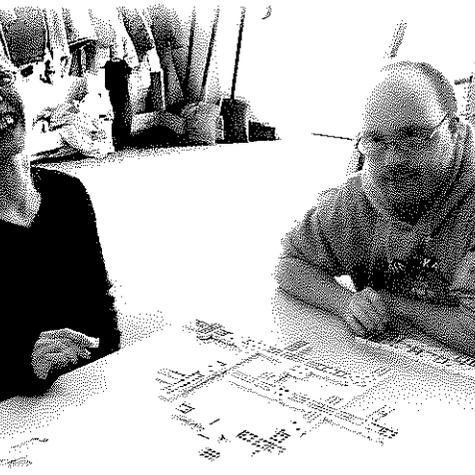




Summary of Revenues and Expenditures

For the Period July 1, 2008 - June 30, 2009

	CO	LIN 1	LIN 2	LIN 3	LIN 4	SERVLINC	WAHOO	NEB CITY	AUBURN	CRETE BEATRICE	DAVID CITY COLUMBUS	YORK SEWARD	FAIRBURY HEBRON	Region V
Revenues:														
STATE & FEDERAL HHS	1,150,152	2,893,243	2,633,725	3,143,163	2,048,980	824,573	3,162,243	1,392,269	2,284,882	2,740,890	2,088,136	2,937,271	1,467,865	28,767,392
State : Other	35,992	0	0	45	0	15,930	470	350	5,686	1,290	6,773	250	0	66,786
County : Per Capita (\$1.78)	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	22,355	290,615
County : Direct Contributions	0	0	0	0	0	0	6,708	0	0	0	0	0	0	6,708
Sales & Production Revenue	0	0	0	5,928	0	0	163,447	994,194	75,029	18,287	63,092	70,623	3,000	1,393,600
LB 403	0	0	0	0	0	0	40,907	18,774	33,753	72,104	0	0	1,361	166,899
Board and Room	0	56,591	0	218,656	83,573	0	209,790	111,789	187,909	221,208	59,271	165,402	129,782	1,443,971
Transportation	0	0	0	0	0	0	4,476	0	0	825	3,770	0	0	9,071
Cash Contributions	0	0	0	0	0	0	0	685	0	0	0	0	0	685
Contracts with Others	0	7,916	0	0	676	18,372	0	73	2,160	3,401	3,775	55,416	0	91,789
Interest	5,572	0	0	0	0	0	55	2,852	77	83	0	0	38	8,677
Non-Model Revenue	3,150	2,956	0	0	0	0	47,427	3,775	10,994	10,353	16,056	7,346	4,335	106,392
TOTAL REVENUE	1,217,221	2,983,061	2,656,080	3,390,147	2,155,584	881,230	3,657,878	2,547,116	2,622,845	3,090,796	2,263,228	3,258,663	1,628,736	32,352,585
Expenditures														
Salaries & Wages	738,419	1,842,946	270,383	2,256,235	1,212,507	618,268	2,222,296	1,087,896	1,629,276	1,756,968	1,264,841	2,093,809	1,106,978	18,100,821
N/R Production Payroll	0	0	0	0	0	0	0	134,303	0	0	0	0	0	134,303
N/R Client Salaries	0	0	691	10,953	0	0	101,269	48,529	40,515	10,960	24,049	3,939	8,431	249,336
Employee Benefits	188,541	518,149	85,094	636,139	352,730	207,998	703,076	388,960	519,517	560,262	409,290	587,200	294,800	5,451,756
Program Supplies	50,352	52,149	9,097	104,622	38,709	8,224	117,127	52,887	70,813	139,793	27,737	69,627	61,161	802,298
Contract Supplies	0	0	0	0	0	0	111,224	594,755	16,063	3,663	19,023	0	0	744,728
Program Operations	185,103	274,372	31,518	298,891	133,900	29,399	147,544	182,241	219,319	243,136	140,385	321,486	165,568	2,372,862
Travel: Staff & Client, O/S	24,956	114,114	6,473	125,925	78,031	69,078	72,178	14,534	26,351	67,380	43,954	63,574	37,526	744,074
Board & Committee	3,191	0	0	0	0	0	0	0	0	0	0	0	0	3,191
Production & Sales	0	0	0	0	0	0	0	700	0	0	0	0	0	700
Staff Development	4,452	5,515	0	34	2,673	1,697	2,743	2,225	2,627	2,878	3,187	4,982	682	33,695
Contracted Services	7,909	44,031	2,264,072	30,940	292,978	24,282	106,562	19,793	88,673	331,788	337,576	160,400	34,793	3,743,777
Depr.	11,076	47,177	0	5,658	16,842	0	27,262	6,816	20,612	24,747	10,884	18,138	12,234	201,446
TOTAL EXPENDITURES	1,213,998	2,898,453	2,667,328	3,469,397	2,128,370	958,946	3,611,281	2,533,639	2,633,766	3,141,555	2,280,926	3,323,155	1,722,173	32,582,987
REV. OVER/(UNDER) EXP.	3,223	84,608	(11,248)	(79,250)	27,215	(77,716)	46,597	13,477	(10,921)	(50,759)	(17,698)	(64,492)	(93,437)	(230,402)





1430 South Street, Suite 203
Lincoln, Nebraska 68502-2446
Phone (402) 471-6400
Fax (402) 471-2978

Memo to : Region V Services Governing Board, Advisory Committee,
all stakeholders
From : *Dave* Dave Merrill, Executive Director
Date : June 30, 2010
Re : JULY Director's Report

As we begin a new fiscal year, we anticipate that this year may see continued growth as new services are offered to people who remain on the waiting list. The Division of Developmental Disabilities (DDD) has indicated this may occur in September or October instead of this summer as we had thought. We will see people choose more supported services and we will be challenged to be creative in our responses to what people want.

There are many changes going on at the state level in the field of developmental disabilities. While we are sometimes concerned that we are not included in the early discussions about these changes, it seems that DDD does take our feedback seriously and incorporate many of our ideas.

A work group from the Nebraska Providers' Network met with DDD to discuss the move to a per diem system of payment for assisted services, (those services where a person needs support most if not all of each day). We are trying to figure out the minimum amount of time a person needs to be receiving supports in order to receive the daily rate. A decision by DDD will need to be made by September so that it can be included in the waiver amendments that need to be submitted to Center for Medicare and Medicaid Services (CMS) with potentially a January 1, 2011 implementation date.

DDD is also looking to automate systems around critical incident reporting and billing that we believe can save many hours of staff time that we spend with the current system that is heavy on the paper.

— Serving individuals with developmental disabilities —

Counties: Butler, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York

Financial Update

At the end of April our revenues were \$28,267,584 and our expenses were \$27,999,526. Revenues exceeded expenses by \$268,058. The mini grants fell in our financial cycle about as well as we could hope for and it appears our cash flow is sufficient to meet the five week pay period in June.

As we start the new fiscal year, we will be watching closely to see whether the number of people we support and the number of hours we deliver are sufficient to sustain our operations and work to adjust quickly when people leave our services or pass away. We know that the first few months of the fiscal year we must accrue some additional cash to weather the number of days we will lose in November and December due to holidays and weather. In addition, we experienced a larger than expected increase in the cost of workers' compensation insurance.

It is difficult to predict the impact of the changes in the supported employment rate structure and additional waiver amendments which will almost certainly have more families moving to the Community Supports Program where they hire their own staff directly.

Waiting List

We thought that more people would be offered services in July or August. It appears that may be as late as September or October. We are hopeful that the sobering economic forecasts for state government will not affect the commitment that legislators made two years ago to address the waiting list. I will be updating the white papers for the Nebraska Providers' Network this month and should have new numbers for the people receiving services and those still waiting for services.

The Arc of Nebraska is collecting stories and pictures of people who were approved for service due to the waiting list appropriation. If you know of someone with a good story for them please contact Marla Fischer-Lempke at the Arc of Nebraska, 475-4407.

Legislation and Regulation

The regulations have been returned to the Governor's Policy Research Office for review. We are unsure how much of the input that we provided has been included but Tricia Mason, Director of Community Services for DDD, has indicated she will send us a draft of what they sent.

We will be looking at changing the statute for criminal background checks to include any criminal background check company approved by DDD. We expect to partner with DDD and the State Patrol as we believe they do not want to be in the employment background check business. DDD has also indicated that they may pay for these background checks directly without the cumbersome system that is currently in place for reimbursement.

The rate methodology study approved by the legislature is moving forward. Proposals have been received and rated. A recommendation has been made to the department that has final approval for awarding contracts. We expect the study to compare the Nebraska system of reimbursement with other systems and to make recommendations on how to improve the funding system in Nebraska.

Upcoming Events

July 17-25 – National Special Olympics – Lincoln, NE.

October 2nd – Region V Services Dinner Dance – Pershing Auditorium – Lincoln, Ne.

Region V Foundation

The Region V Foundation Board meets on July 12th. The Foundation currently owns 34 homes and 48 vehicles that are leased to Region V Services.

Page 4 is the calendar for July.

July 2010

Calendar is tentative and subject to change. Last Update: June 30, 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Person Centered Planning 9:30 am	2	3
4	5 OFFICE CLOSED 4TH OF JULY!	6	7 Staff Development 9:30 am	8	9	10
11	12 Foundation Board 12:00 noon	13 Lancaster County 9:30 am Pawnee County 11:30 am	14 Medication Class 8:30 am Employment Action Committee 9:30 am	15 ARVAD 9:30 am	16 Medication Class 8:30 am PAYROLL CUTOFF	17
18 National Special Olympics	19 Butler County 10:00 am National Special Olympics	20 National Special Olympics	21 National Special Olympics	22 BART 9:30 am National Special Olympics	23 National Special Olympics	24 National Special Olympics
25	26 Orientation Day 1 St Matthew's Church 9:00 am	27 Otoe County 9:00 am	28 CPR 9:30 am ??? Gage County 8:45 am ???	29	30 SS PAYDAY SS	31

Region V Services

The mission of Region V Services is to provide desired training and supports that promote interdependence and relations within community and lessen reliance upon agency services

Provide desired training and supports

We will use the personal outcome measures from The Council on Quality and Leadership as our guide to process and measure what people desire. The process of discovering what a person truly desires involves listening to the person whether they communicate in traditional ways or not, listening to others who know the person well, and asking questions to determine the reasons behind the expressed desire.

Promote interdependence and relationships within community

We will use principles from Social Role Valorization and Universal Enhancement as we support individuals to achieve their desired outcomes. This includes, but is not limited to:

1. Showing respect through tone of voice and active listening.
2. Providing people with experiences that offer both image and competency enhancement opportunities.
3. Making sure that our habilitation programs reflect a person's desires.
4. Remembering we work FOR the individual and their family and we do not employ direct care staff, we have Community Support Professionals.
5. At all costs, people must look as good as possible.

Lessen reliance upon agency services

We will utilize teachable moments. Virtually every daily activity provides an opportunity to teach something new.

We will promote less dependency upon Region V Services, including the creation, facilitation, and utilization of natural supports from family, friends, co-workers, etc.



(Logo is Biological Symbol for a New Beginning)



Region V Services' Mission Guidelines

January 2008

Purpose

The purpose of the Mission Guidelines is to provide direction for Region V Services. It replaces the Position Papers that originated in 1995 and were most recently updated in the summer of 2000. The guidelines provide direction of where we are going and what we should be doing. They also indicate how we will act, why we are moving in this direction, and who we are as part of Region V Services.

Our mission is our guidance for how Region V Services can move towards our vision, which will also involve change in our communities and culture. **Our vision** is that each Nebraskan who experiences disability will be so valued as a member of the community that resources will be available to provide integrated, personalized supports that will enable each person to have control of his/her own life.

Desired Training and Supports

We will customize supports to meet the needs and desires of each individual. We will build on the strengths and desires of each person by providing opportunities to experience life in a way that allows for informed choice.

Outcome Based Performance Measures will be used to identify the desired supports for the person.

Many times people we support will tell us they want something because they believe that's what we want to hear or perhaps what their parent wants to hear. Outcomes cause us to delve deeper to see if what an individual does reflects what she/he says.

We will recognize that people may change their minds about what they desire, and that this is a natural reflection of getting new information. When people change their minds, we must respect their new choices.

We will be an "Employment First" and "Authentic Living" organization. This means that the first options considered must be for job placement and least restrictive living environment.

We should seek answers to these questions:

- What job and living experience has the person already had?
- What is the person interested in doing?
- Who does the person know who might help?
- Can other providers be involved (Vocational Rehabilitation, Local Housing Authority, League of Human Dignity, etc.)?
- What typical community services are available that we can support the individual to access?



Promote interdependence and relationships within community

Once we have identified desired training and supports, we will utilize principles of social role valorization and universal enhancement to design and deliver the supports.

We will identify valued social roles that reflect the individuals goals and desires: The program will be designed to develop image and competency enhancement. Habilitation (teaching) will reflect the person's desires and enhance the valued roles each person holds.

We will respect each individual and expectations will be high.

- Are the activities in which he/she participates challenging and interesting?
- Do these activities make efficient use of his/her time?
- How were supports and activities selected for this person?
- What benefits will these provide for this person?
- Has the person made progress? If no, why not?
- What has been done to customize the activities to the person?
- Is the person involved in all decisions affecting his or her life?

We will provide each person with the experience of a meaningful day.

- Employment is the first option to be considered for day services (though employment can include night and weekend jobs as well).
- Supported Living is the first option to be considered for residential supports.
- We recognize that work and non work time are important parts of self perception and how a person is perceived and valued by others. We must demonstrate that we value each individual's time and life.
- We help create and align natural supports, using a "place-train" model with employment consultants (job coaches).

Lessen Reliance on Agency Services

All supports will emphasize the establishment of natural supports.

Natural Supports are types of assistance that are typically available to individuals who are not disabled to help them access and participate in the **employment** and community **environment of their choice**.

- Our mission commits us to "lessen reliance upon agency services." This can only be accomplished if people utilizing supports become more independent and interdependent. Family, friends, co-workers and acquaintances make up the support we all need to lead a happy and fulfilling life.
- We know it works. Long-term success on the job and at home is many times more likely to occur when natural supports are in place.
- A person's pride and self-esteem are enhanced when he/she is more interdependent. We, as individuals and as an agency, should do whatever we can to increase each other's self-esteem.
- Living supports will be customized with the organization in the role of supporter/facilitator.

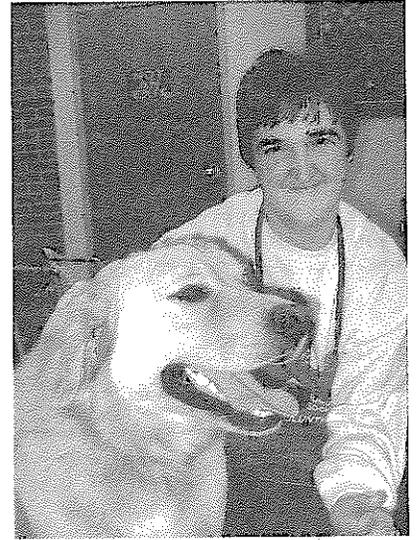


Valued Social Roles

Employee



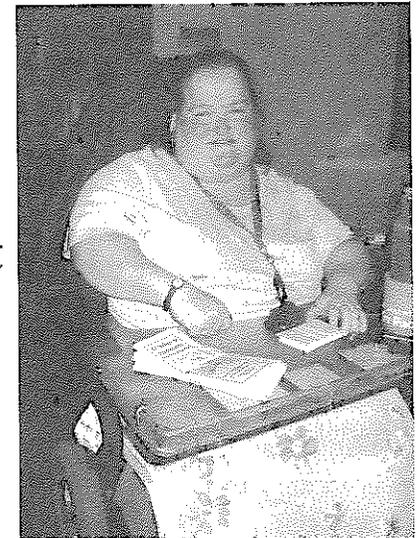
Volunteer



Spouse



Consultant



Mother





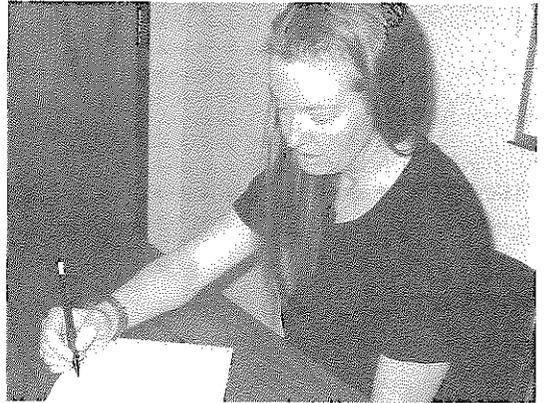
College Student



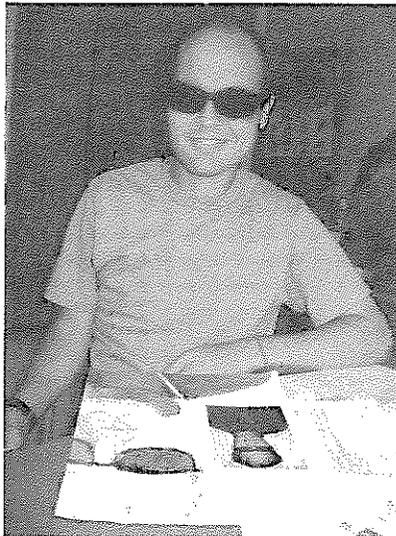
Homeowner



Board Member



Artist



Musician





Definitions and Acronyms

Personal Outcomes - Personal outcomes are centered on the individual, not programs or program categories. The measure of success moves from how well the professionals and programs are doing to how well the individual is doing in those areas that are most important to him or her. We learn about personal outcomes only when we talk to the person and learn about what is important and why. Personal outcomes are not measures of program efficiency or effectiveness.

Social Role Valorization - A framework for understanding that people are seen and judged by the social roles they occupy, realizing that people can learn the behaviors, duties and responsibilities of desired roles and offering methods for designing appropriate supports. Illustrated by pictures on pages 4 and 5.

Acronyms/Organizations

AAIDD - American Association on Intellectual and Developmental Disabilities - A national organization focusing on research, best practice, and professional networking.

ACP - Association of Community Professionals - An organization for people who work in the field of developmental disabilities.

Arc of Nebraska - An advocacy organization for people who experience developmental disabilities and their families. It has local, state, and national affiliation.

DDD - Division of Developmental Disabilities - Division of HHSS devoted to specialized services for people with developmental disabilities.

HHSS - Health and Human Service System - State of Nebraska organization for human services.

NAS - Nebraska Advocacy Services - A federally mandated advocacy organization.

NASP - Nebraska Association of Service Providers - An association of providers affiliated with the national organization American Network of Community Options and Resources, ANCOR

NPN - Nebraska Providers' Network - A voluntary association of Nebraska public and private providers with no fees or staff.

People First - A self advocacy organization for people with a developmental disability, that teaches members that they are the experts. It is the person with the disability that lives day to day, twenty-four hours a day, with their disability and the decisions regarding their life come from them.



Resources

Desired Training and Supports

For additional information on personal outcome measures contact:

The Council on Quality and Leadership in Supports for People with Disabilities.

The Council
100 West Road, Suite 406
Towson, MD 21204
(410)583-0060
www.thecouncil.org

Promote Interdependence and Relationships within community

For additional information on Social Role Valorization contact:

Syracuse University Training Institute for Human Service Planning, Leadership and Change Agency.
800 South Wilbur Avenue, Suite 3B1
Syracuse, New York 13204
(315)473-2978
www.socialrolevalorization.com

For additional information on Universal Enhancement contact:

Universal LifeStiles
8126 Wellsbrook Drive
Indianapolis, Indiana 46278
(317)871-2096
tpomer@aol.com
www.universallifestiles.com

Lessen Reliance on Agency Services

For more information on Region V Services and our mission contact:

Region V Services
1430 South Street, #203
Lincoln, Nebraska 68502
(402)471-6400
regvs1@ix.netcom.com
www.regionvservices.com



Notes

Region V Services

1430 South St., # 203

Lincoln, NE 68502

Office: (402) 471-6400

Fax: (402) 471-2978

www.regionvservices.com

-Serving individuals with developmental disabilities-

Locations: Auburn, Beatrice, Columbus, Crete, David City, Fairbury, Hebron, Lincoln, Nebraska City, Seward, Wahoo and York